



FOURWAYS GARDENS

Residential Estate

July 2018

CHARITY BEGINS AT HOME FOR THESE KIND LADIES

Travel:

The West Coast National Park

The positive effect of music on baby's development

Getting your driver's licence



LIVE CHARMING

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Cover photograph: Sian Clark

IMPORTANT NUMBERS

Estate Office 011 465 7731

(operating hours 08h00 - 16h00 Mon to Fri)

info@fwg.co.za

Estate Security 24/7 011 465 5465/66

Main Control Room

Emergency and 011 467 1400

Medical Response 011 444 2237

Netcare 911 082 911

Council Service 011 375 5555

and Enquiries:

Clubhouse 011 465 0937

In case of emergency:

Douglasdale Police Station 011 699 1300

ER 24 Emergency 084 124

Police/ Flying squad 10111

Life Hospital 011 875 1000

Eskom 086 003 7566

City Power 011 375 5555

Joburg Water 011 375 5555

Water/Sanitation/
Sewer problems 011 375 5555

Fraud & Corruption Hotline 0800 002 587

JHB Metro Police 011 490 1600

Fire and Ambulance 10177

8



24



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Fourways Gardens

Kyle Ebben (Sales) 082 483 5861 • pamgolding.co.za/kyle-ebben

Tracey-Lee Savage (Rentals) 083 654 2729 • pamgolding.co.za/traceylee-savage



FOR SALE

Ref# FW1342722

5 Bedrooms / 4.5 Bathrooms

R5.95 million



FOR SALE

Ref# FW1375040

4 Bedrooms / 2 Bathrooms

R4.45 million



TO LET

Ref# FYL1368628

5 Bedrooms / 5.5 Bathrooms

R50 000 pm



TO LET

Ref# FYL1377843

6 Bedrooms / 4 Bathrooms

R47 500 pm



TO LET

Ref# FYL1367575

4 Bedrooms / 4.5 Bathrooms

R45 000 pm



TO LET

Ref# FYL1375727

4 Bedrooms / 2 Bathrooms

R31 000 pm



TO LET

Ref# FYL1371565

2 Bedrooms / 2 Bathrooms

R25 000 pm



TO LET

Ref# FYL1374133

2 Bedrooms / 1.5 Bathrooms

R16 000 pm

Fourways Office 011 467 4119

pamgolding.co.za/fourways

MESSAGE FROM THE GENERAL MANAGER



Gary Haynes

Dear Residents

Winter is here.

The drop in temperature the past few weeks is proof enough.

Myth about cold: You lose body heat through your head. There's nothing special about your head. You'll lose body heat from any part of your body that is exposed. It's a good idea to wear a hat, but other parts of your body must also be covered to keep you from getting cold, experts say.

The amount of heat you can lose through your head depends on a number of factors, including how thick your hair is and how much energy you use in the cold. The ratio of the surface area of a child's head relative to the child's body surface area is much greater than that of an adult. Children lose proportionally more heat through their heads. Hoods and hats are more important to children because of this.

Onto June. It was a month of activity and events, and there is definitely an atmosphere of drive and energy amongst Management.

The new year has also brought with it changes in the Security, as you have probably experienced.

It was once heard that the concept of security is like an onion, the more layers you put between yourself and the criminal the safer you are? The down side is that each layer added causes more input into your hectic daily living. Wind down your window, stick your finger on the

reader, wind the window back up, wait for the boom to go up, go through the next boom, get home alarm your vehicle, deactivate your house alarm, forget to do it so the alarm is triggered, your phone rings, answer the call, yes sorry, enter passcode and so it goes.

So is it worth it? Why can't the gates just open automatically like you have seen on other Estates? You are expected to pay extra for security and you don't always see the benefits?

The good news is that your common criminal will find it very difficult to circumvent the system. The time it takes for you to roll down the window and put your finger on the reader, was enough for the low light CCTV cameras to accurately recognise you, for the guards to have a quick look into your vehicle to check for anything that is amiss. Your finger print tells us that you have entered.

Slowing down vehicles before the boom opens is important. It prevents the vehicle behind you from tailgating. With other systems it is possible to beat the boom. Sure, these systems have their place and they function well in certain circumstances, however, it is worth noting the maintenance required to keep these systems operational.

The much debated Contractor's gate side, will result in all tradesmen having to enrol. Each person fingerprinted/ counted, placed per erf number etc. A report will be generated at the end of each day notifying us that all the people who entered, have actually left the premises. If you are a Contractor working for just a day, it is logged into the system as such. After 24 hours have passed the turnstile will not open for their fingerprint, in essence access will be denied. In

order to reduce the accessibility to Contractors, should tradesmen not enter the property for a period of time their access will expire, thus enforcing them to re-enrol. This also will apply to visitors at the main gate.

The new bio-metric access control system has the facility to be linked to a data base that verifies whether or not the subject has a criminal record or not within 24 hours. This facility will be implemented in the next phase of the security upgrade.

I would say one of the best mechanisms you have at your disposal, is yourselves. Make sure you comply with the rules. Make sure that your domestics comply, note suspicious activity on the Estate, call the Supervisor, and tell him to investigate strange noises at night. I would prefer the security officers to be focusing on matters pertaining to tradesmen, labourers, trade vehicles, visitors, securing the perimeter and gates than spending time trying to catch the speedsters, those who flaunt the rules of the road in general, etc however as long as it is happening - attention will have to be paid thereto.

The more layers the harder the target becomes, the more difficult it is to penetrate. The criminals as a result tend to look elsewhere i.e. softer targets. Mission Accomplished. All this comes at a financial monthly cost to the levy payer and an increase in property values if one gets it right.

It must be said that you as residents have shown a lot of patience throughout this security upgrade (guarding, access control, and CCTV), and Management and the Board would like to take this opportunity of thanking you, and for your constructive feedback.

The Fourways Gardens Estate Magazine focuses on the Fourways Gardens Residential Estate. The magazine is distributed to all residents at the guardhouses. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd on behalf of Fourways Gardens Homeowners Association. The opinions of workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of the Fourways Gardens Residential Estate.

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Power Outage/Load Shedding Safety Tips

When the power is out, it could take your alarm, and other security features down with it.

Here are some tips for keeping safe when the power is down.



Alarm Batteries

Make sure all batteries are charged and working. An alarm's backup battery will power the system for eight hours on average. However, this is dependent on several factors such as how many devices are linked to the panel, the age of the battery and how many power failures or power spikes are experienced in the area. Power outages can dramatically reduce the lifespan of the alarm battery.

Electric Fence

Ensure that your electric fence continues to function during power outages. Your electric fence battery should have a backup battery.

Generators

If you are using a generator, never operate it anywhere inside your home, including the garage or any confined area, as it produces carbon monoxide which can be fatal.

Arriving/Leaving Home

Ensure that you are especially alert

when arriving or leaving your home in the evenings, as the street lights and your outside lighting may not be functioning during power outages. Keep a torch in your car.

At Home

- Ensure that all automated gates and doors are secured and that all other gates and doors are locked.
- With candles, gas and other lighting devices being used more often, these can result in an increased fire hazard. Therefore, home fire extinguishers should be on hand.
- Install battery operated lights in strategic places in your home.
- Keep the keys to motorised gates in an accessible location and have good quality padlocks available to use as a backup.
- Programme your security provider number in your cell phone in case of emergency.
- Keep your cell phone fully charged.

The Control Room is very busy during power outage periods, and we request clients to be patient - emergency calls will be prioritised.

Guard of the Month – May 2018



Congratulations to Johannes Letsoalo!

Johannes Letsoalo is employed as one of the night shift patrollers at Fourways Gardens Estate. Johannes has been consistent in his patrols and has played a huge role in FWG ranking in the top 5 nationally for Bloodhound Patrols.

Stay in touch

We look forward to suggestions and recommendations via the General Manager, Gary Haynes, which we will address accordingly.



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Glenda

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(Intern Agent)
glenda@gcr.co.za



Sue

082 452 0086
sue@gcr.co.za

FWG ACTIVITY PROVIDERS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:00	Outdoor Fitness Classes (8-10)		Outdoor Fitness Classes (8-10)		Outdoor Fitness Classes (8-10)
08:30	Rhona Williams 083 600 1868	Pilates - Tracey (8:30-9:30) 082 894 6096	Rhona Williams 083 600 1868	Pilates - Tracey (8:30-9:30) 082 894 6096	Rhona Williams 083 600 1868
09:00	Yoga - Wendy (9-10:15) 011 465 7155				
09:30	083 400 6211				
10:00			Cristina (10:00-11:00)	Nunu's and Nannies (10:00-12:00) Vanjee Smith 079 1800 330 vanjeeleigh@gmail.com	
10:30	Nunu's and Nannies with Vanjee 10:30 to 12:30		Flamenco Dance 076 521 8750		
11:00					
11:30					
12:00					
12:30					
13:00					
13:30					
14:00				Ballet (14h00-14h30) Nicky Ridley 072 2388 063 nickyridley33@gmail.com	
14:30					
15:00					
15h30	Debbie (15:45-16:45) Jazz - 082 425 6098		Helen O'Grady Drama Academy (15:00-18:00) Kerry Holbrook 083 410 2940 www.dramafrica.com		Yogabats (15:30-16:30) Desley White 011 465 1939 / 084 465 1939
16:00					
16:30		Goju-Ryu (16:30-19:30) Stef and Roberta 083 384 3026 / 083 309 5352		Goju-Ryu (16:30-19:30) Stef and Roberta 083 384 3026 / 083 309 5352	
17:00	Cristina (17:00-18:00)				
17:30	Flamenco Dance 076 521 8750				
18:00	Yoga - Wendy (18-19:15) 011 465 7155 / 083 400 6211		FOR HOA AND AGM MEETINGS		
18:30					
19:00					
19:30					
20:00					

Clubhouse Phase 2 Outside Phase 2 Soccer Nets

All fees and times to be confirmed with the activity provider concerned.

Just Listed!

FOR SALE



SOLE MANDATE

R3 800 000

Web Ref: 21DN-2721

Hidden away behind a north facing walled 1129m2 stand, lies this inviting family home surrounded by a beautiful mature garden oozing tranquillity and harmony. The large entrance hall sets the tone for an elegant home and lead to the lounge with a wood-burning fireplace with a dining room adjacent to the kitchen. The home comprises three spacious bedrooms and two full bathrooms. The kitchen lead off to a private sunny courtyard. North facing terrace overlooking the garden. Sash windows throughout the home. Separate laundry room. Double automated garage and ample secure off street parking for guests.

FOR SALE



R4 200 000

Web Ref: 21DN-2816

This charming and comfortable family home comprises 4 spacious bedrooms and 3 bathrooms (MES), with a large self-contained cottage as an added feature. The lavish sunny master suite boast a private lounge area and a double-sided gas fireplace plus large, modern bathroom. The home has lots of character featuring a country style kitchen with gas hob and a separate spacious laundry/scullery room; formal and family lounge plus a .cosy dining room, with access to the covered patio and walled garden. Built-in braai. Pool Storeroom. Double automated garage. The self-contained cottage include a bedroom, bathroom, kitchen and a lounge or study, ideal as a teenage pad or home office. Within walking distance to the estate parks.

RENTAL



R60 000 PM

Web Ref: 21DN-2761

Elegant 5 bedroom home in a prime position close to the park with double volume entrance hall for the family who enjoys entertaining. Spacious kitchen with modern finishes and separate scullery. Family room, dining room and large bar/entertainment area with fireplace and a cinema room. Guest cloakroom. A sweeping staircase lead to 5 spacious upstairs bedrooms with access to a balcony. 3 Contemporary bathrooms (two en-suite). Study and large balcony offering views of the garden. Included is an expansive covered veranda with space for a dining and lounge suite, overlooking the mature garden with sparkling swimming pool and a tennis court. Staff suite with kitchen and bathroom. Garaging for 4 vehicles.

RENTAL



R47 500 000 PM

Web Ref: 21DN-2216

Spacious family home offering an inviting entrance hall, playroom, guest cloakroom leading to a large open plan living area comprising a fitted bar, lounge, dining room and enclosed patio with stacking doors to the outside. Farmstyle kitchen with granite tops, separate scullery and laundry. 2 bedrooms downstairs and a full bathroom. Upstairs are 4 bedrooms (2 en suite) and 3 bathrooms. The main bedroom is huge with a lounge area and bright, sunny bathroom. A spacious lounge/office or gym opens onto a balcony with lovely views of Fourways Gardens. Garden with pool and a fire pit with built-in seating. Staff suite and double garage.

If you are considering selling or renting your property contact Century 21 Lifestyle Team for a qualified evaluation. We welcome your call and will be pleased to discuss your property needs at any time.

Our experienced team will provide you with the best professional service!

Tania Heurtaux 082 550 2222

Joep Rijntjes 083 462 2756

Tel: 011 460 1599 | Email: lifestyle@century21.co.za | www.century21.co.za

FOURWAYS GARDENS GARDENING CLUB MEETING 21 JUNE 2018



Colleen Wessels,
a club member and
resident of Fourways Gardens
shared with us her broad
knowledge of the benefits of
complementary treatments,
specifically AROMATHERAPY.

A registered Aromatherapist, Colleen became interested in the study due to her own allergies to medication and found the complementary modality very helpful. Her treatment works on the body's lymph system using essential oils. Basically, the one-hour treatment of gentle massage/pushing and cupping helps the lymph system move and expel debris from the body. It is an excellent health maintenance

treatment for all
and not at all
painful. Colleen
suggests a regular
treatment every six
to eight weeks. She makes
house calls and has her own plinth
and equipment. The treatment should
precede relaxation – you won't feel like
going to work afterwards and people
often fall asleep!
Colleen's clients are encouraged to
increase their intake of water and
to mindfully strive for emotional and
physical equilibrium and protect
our bodies from preservatives
whenever possible to avoid disease
and allergies. Read the labels of
cosmetics, shampoos, conditioners
and deodorants and avoid those which
contain Paraben, a preservative linked
recently to the cause of certain cancers.

Anxiety opens the door for
disease and this treatment
can assist in handling
stress, developing
harmony and
opening our
eyes to living
holistically.

Essential oils should
never be used on the skin directly.
Certain oils are used for various
conditions and the therapist must take
care to apply the correct oils as some
can be dangerous for some conditions.
Oils have different shelf lives – they
must be kept in dark glass. The oils
from flowers have the shortest shelf life
and those made from plants and bark
the longest. Colleen makes her own
carrier oil using lavender and sweet
almond oil, also geranium oil – fun to
do but not economical!

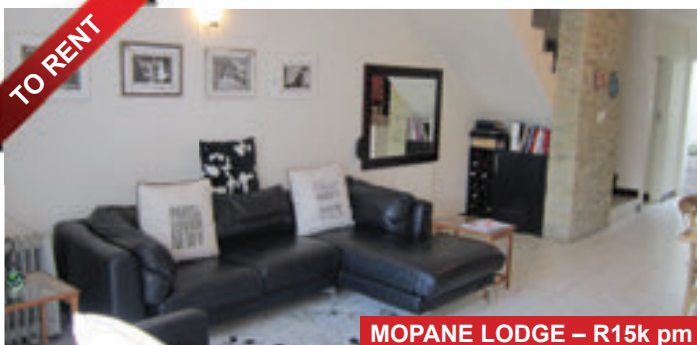
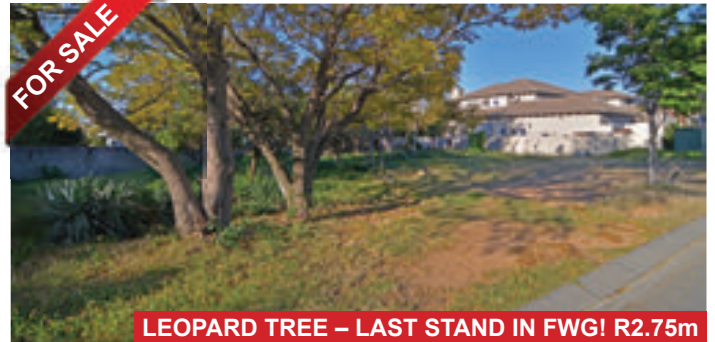
To contact Colleen email
colsbk@gmail.com or call her
on 082 773 8961.



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Magdalena Coeli - MOPANE LODGE



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FOURWAYS GARDENS
Residential Estate



July is a month to do hard landscaping maintenance, but also some gentle pruning and planting. July gardening would not be complete without the breathtaking beauty of camellias, as they add such life to the winter garden. Their flowering season starts in early autumn and goes right through to spring. Be sure to water camellias deeply once a week.

Gardening in the Shade

Virginia stocks are probably one of the easiest of all to grow from seed, thriving in part shade to full sun. This delightful little annual is hardy and deserves a place in every winter and spring garden. Not only does it flower profusely in delightful shades of pink, rose red, lilac and creamy-white, but it also smells heavenly. It must be the easiest annual to grow and quickly produces small bushes 20 to 30 cm tall and 10 to 15cm wide.



As part of the xeriscape or drought tolerant garden, the stunning Geraldton wax plant (*Chamelaucium*) can't be beat! When in full bloom it looks like a billowing cloud of cotton candy as the branches sway in the breeze. The needle-thin leaves can be bright to dark-green, depending on the season, and contrast beautifully in texture and colour with the shiny berry-like buds arranged in open sprays along the ends of the stems, and the lush clusters of waxy, star-shaped flowers. If you crush the leaves, they emit a sweet, honey fragrance, oozing nectar and attracting butterflies, bees and other pollinating insects, particularly on warm, late winter or spring days.



Boxwood (*Buxus sempervirens*) has been modernized and is seen in almost any style of garden today. They are popular with gardeners for their attractive, compact, and low-spreading growth habit. Their versatility is renowned, and these garden plants can be pruned successfully into just about any shape you desire.



The firebush (*Hamelia patens*) is a voluptuous tropical beauty which produces flowers and berries all year round. It is a reliable tropical plant that has found its way into many landscapes because of its proven drought and soil tolerance - it can basically grow anywhere. It is the member of the coffee (*Rubiaceae*) family.

Contact us for your mulch and organic fertilizer orders.

The butterfly bush (*Rotheca myricoides*) will bloom almost continuously from spring to autumn. It is strikingly beautiful, and because blue remains the most rare and sought-after flower colour for gardens, this plant fits the bill perfectly with its heavenly blue to purple flowers which resemble fanciful butterflies, hence its common name "blue butterfly bush" the fluttering flower panicles sprout from the ends of long arching branches, and each flower has one violet-blue petal and four pale blue ones, framed by long purple anthers which bend elegantly upwards, hence its other common name "blue cats whiskers"



For more information on how to be eco-friendly, contact Turfnet on:
Tel no: (011) 464-5088 Mobile no: 073 935 9754 Fax no: 086 768 7838
Email: Jerida@mweb.co.za Website: www.turfgreen.co.za

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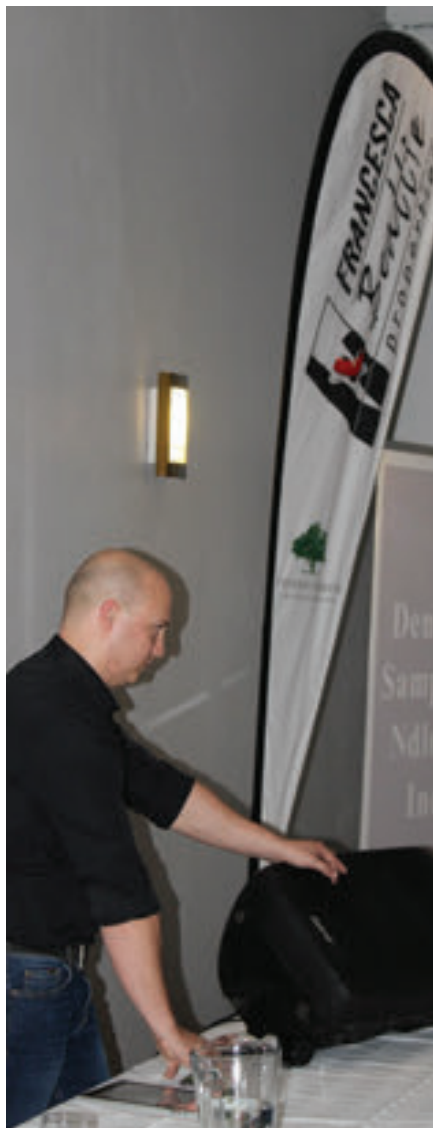
• Tel: 011 792 5616 • GPS Co: 26° 5' 44" S 27° 56' 39" • www.lifestyle.co.za



QUIZ NIGHT – 1 JUNE!

The winners of Quiz Night were :

- 1 Lambtoys
– Jane Lamprey
- 2 Whalley Wonders
– Sue Smith
- 3 Happy Feet
– Colleen Wessels









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African Pride Irene Country Lodge, AUTOGRAPH COLLECTION®

This haven of peace and tranquillity has recently undergone the royal treatment amongst which is the new stylishly decorated Sunset Bar. With indoor, under roof and deck seating options, this inviting bar offers the famous Highveld sunset views that the Lodge is so well known for.

The Meadow Green Restaurant has also enjoyed some attention with an extension to allow for additional guests whilst still retaining its romantic, luxurious feel.

To the right of the restaurant is a gorgeous new conference room with its own deck overlooking the beautiful lake? Seating up to 220 guests, African Pride Irene Country Lodge, AUTOGRAPH COLLECTION® is looking forward to welcoming existing and many new clients to enjoy this state-of-the-art facility.

Nestled on the edge of the Lodge's natural forest, 48 new Superior Rooms boast the creature comforts that the Lodge is renowned for with relaxing forest facing views. With a new total of 123 rooms, African Pride Irene Country Lodge, AUTOGRAPH COLLECTION® is excited to welcome more guests to enjoy this haven of peace and tranquillity.

Pop in for a visit or better yet, book an overnight stay. Experience the royal treatment first hand.



BROADACRES ACADEMY A VISION REALISED

Vision 2020 has been the buzz at Broadacres Academy for the past few months. From the humble beginnings of Broadacres Farm Nursery School, 37 years ago, the school is now entering an exciting chapter with the development of the new facilities.

The building of Phase One has commenced in all earnest and should be completed in the first week of December. Phase One of the development includes:

- the Admin Block
- the Preparatory School up to Grade 7
- the Sports Field
- the New entrance and parking

A Dynamic Partnership

Skye Education is our investment partner and they are committed to building an exceptional education facility at Broadacres. The new development is based on and aligned to the Broadacres Academy educational philosophy of learning naturally. Natural learning is facilitated through delivering the curriculum in a constructivist way.

The design of the facilities focuses on movable learning spaces, outdoor learning spaces and communal learning areas. The design of the facilities and the delivery of the curriculum is in aid of nurturing individual learning and ensuring children are always engaged, and never lose their natural love of learning.

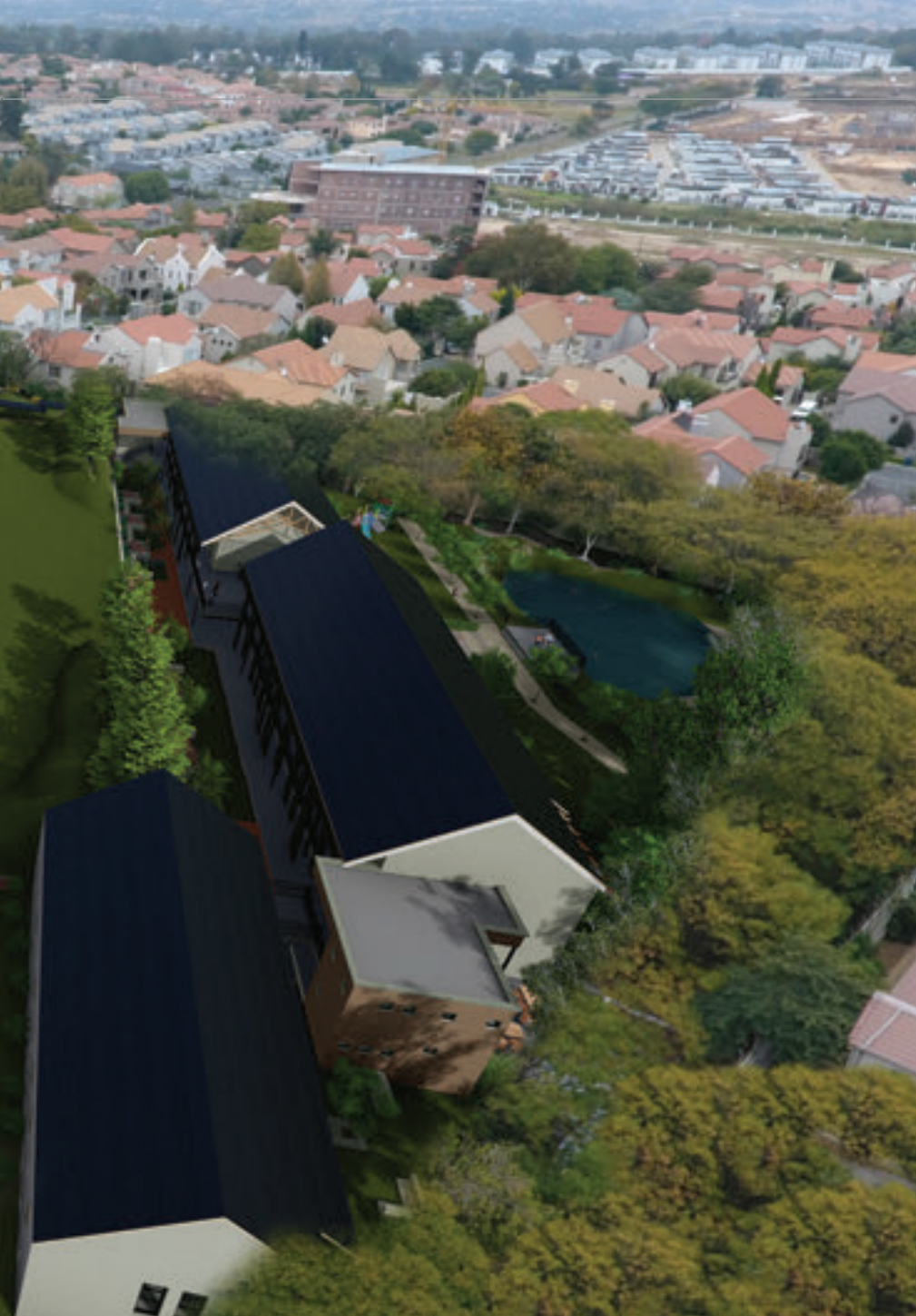
After researching and investigating over 30 schools around the country, Skye Education is backing the education model at Broadacres Academy. The directors of Skye Education were astounded at the level of engagement of the children in our classrooms and at the dynamic learning taking place every day. They are determined to develop the facilities that best suit our philosophy and keep

the natural feel that makes Broadacres Academy unique.

Dedicated and Professional Staff

Driving our educational vision is our dedicated and professional staff. We pride ourselves in continually developing our staff to enhance their facilitating of natural learning. The professional team of teachers at Broadacres Academy is certainly our greatest asset. With their commitment and leadership, we are well positioned to engage children in learning to the best of their natural ability.

The strong and dynamic leadership team, the outstanding teachers, the constructivist curriculum delivery, and the future facilities are the four pillars of success at Broadacres Academy.



Contact Details:

Phone: 011-4653810

Email: info@broadacres.com

Web: www.broadacres.com

Facebook: [@broadacres.academy](https://www.facebook.com/broadacres.academy)

Instagram: [@broadacresacademy](https://www.instagram.com/broadacresacademy)

Realistic and competitive fees

We are committed to achieving our success in a way that affords parents the opportunity to provide the best education they can for their children. Our school fees are the most competitive in our community; and we are determined to deliver a world class education within a realistic and competitive price range for each grade.

Visit the Admissions page of our website to get a breakdown of the school fees.

Preschool Upgrade

Phase Two of the facilities development will be focused on the new Preschool facility. This is very exciting, and we have included a practical and interactive design, that allows preschool children

to be focused on learning through play, developing fine and gross motor skills, and to be involved in the natural learning philosophy of the school. The new playgrounds will be focused on sensory development and the gross motor development of the children.

A big part of the preschool children's learning is the interaction with the ponies, the bunnies, the bird aviary and the other animals at the school. The children love their farm walks and their weekly pony rides. This is a part of the school we could not compromise on and have ensured the natural feel flows throughout.

Sporting Facilities

Between Phase One and Phase Two, we will be developing the sporting facilities

– specifically the sports field, the cricket nets and the tennis/netball courts. This is vital to get the children involved in the physical literacy required for their development into high school. By the end of 2019, and the completion of Phase Three, we plan to have the multi-purpose hall and the swimming pool completed, to add to the range of amenities for physical interaction for the children.

Vision 2020 is well on track and we are very excited to be making the start to developing our beautiful school. We encourage you to visit us for a walk around and so we can share our vision with you. Tours take place every Wednesday during the term at 08:30. We will be opening classes up to Grade 6 in 2019, and enrolments are welcome.

FWG CHARITY CLUB

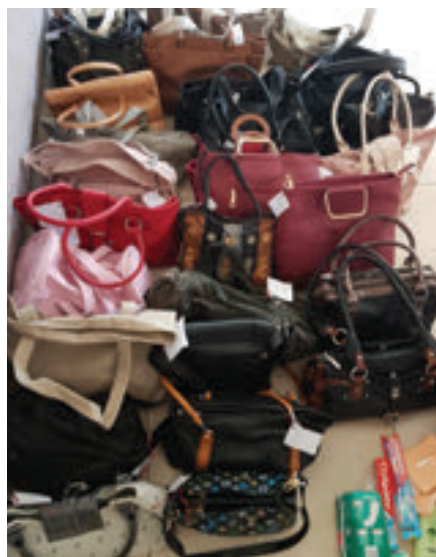
Durbanite Jes Foord became a heroine to many South Africans when she showed courage and selflessness by establishing The Jes Foord Foundation (JFF), following her traumatic rape in 2008.

One of her initiatives is the Handbag Project. New or used handbags are donated, containing items that can assist a rape victim during the initial reporting process at the police station. These are things such as a face cloth, soap, deodorant spray, new underwear, etc.

Typically, any item of clothing with forensic evidence on it must be taken from the rape victim, at a time she already

feels so vulnerable. She then must undergo physical examination before being allowed to shower. A handbag with 'comfort' items in it can go a long way in helping the victim feel a little better. The most important item in the bag however, is a letter with a few words of encouragement to restore some hope to the victim during this traumatic time.

"Jess Foord had been on 702 and I thought it was such a good initiative. So I started filling up bags myself and let Fourways neighbours know about it. Lots of bags and goodies were donated and everyone was very generous. There were over 60 bags full complete!" – Cindy Maddern



The next project these kind ladies are taking on is Witkoppen Clinic.

Witkoppen Clinic - post natal department 0-18 months and OVC - orphans and vulnerable children from Diepsloot.

They have 545 families in OVC programme.

Wish list: All for new babies and up to 18 months

- Warm clothes, jerseys, beanies, gloves – anyone with babygros, etc
- Non-perishable food items

1. Non-perishable food items

- Canned food
- Fortified maize meal
- Long life milk
- Peanut butter
- Legumes: Lentils/Dried beans/ Split peas/Soup mix
- Soya mince
- Milk formula for babies under 18 months (Nan, Lactogen/ Infacare 1 and 2)
- Fortified porridge/ cereals for kids up to 18 years
- Cereals for babies eg Nestum, Cerelac or Purity Rice Cereal

2. Sanitary pads

We need as much as possible of the above, no specific quantities as our provision to the community is ongoing. – Annie Grealy

You are welcome to deliver any of these items to the HOA until 2 August, or contact either Sheila, Annie or Cindy for them to collect or for you to drop at their homes.

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BRESCIA HOUSE SCHOOL

Brescia House School is an independent Catholic day school for girls, situated in the heart of Bryanston.

Steeped in the Ursuline tradition, the school is at the same time a trailblazer when it comes to incorporating technology in the classroom. Brescia House School has been a Microsoft Showcase School for a number of years, working closely with Microsoft to lead innovation in education.

The students embrace mobile and cloud technology daily in order to better prepare themselves for future success in the workplace. The girls are taught coding from Grade 1. They learn to program Lego WeDo robots in the junior classes and move on to program Lego EV3's in the Intermediate Phase ICT lessons. The IT lab was renovated at the end of 2017 and is now a modern, fully integrated space. The floor has been turned into a large robotics floor, used as a coding space. Girls develop code to fit specific pathways and racing of robots has become a firm favourite with the younger girls. The tables were built with wheels to allow for reimagining of the layout of the room according to various needs. This year, the junior girls will be learning to code using Beebots as well as Lego WeDo2's and a variety of online applications.

The roll-out of wireless technology and laptops to all students in grades 6 to 12 ensures that the students receive a first-class education. As an introduction to using their laptops in class, the Grade 6 girls have a Digi-day training morning. The girls had to solve five problems using their IT skills and various IT applications. Each solution unlocked a lock on the Breakout EDU lockbox.



Ready to race in new IT class

For the grade 7 to 11 pupils, the school invested in Sphero balls, Microbits and iPads to expose the girls to the different areas of programming with the focus on “everyone-can-code”. For those interested in robot-technology, engineering and programming apps, a variety of programming languages are presented at the school.

Information Technology (IT) is one of the choice subjects for grades 10 to 12. Specialised programming techniques and strategies are taught using a programming language. In this subject, pupils design their own apps making use of databases and SQL (Structured Query Language). This subject qualifies them to cope with an immediate appointment after school as a junior programmer.

By providing a holistic learning environment, embracing modern technology and encouraging a spirit of independence, Brescia House School ensures the girls are grounded, giving and well-equipped for a technology-orientated future.



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A NEW INTERNATIONAL OFFER AT DAINFERN COLLEGE

Joulia Karamichael, Director of Cambridge Studies at Dainfern College

A very successful launch of the new Cambridge Studies option being offered by Dainfern College was held on 14 June 2018. The evening was attended by about 60 interested parents and students, all eager to hear about this new international education offer at the College.

Dainfern College first opened its doors 21 years ago and has established itself as a world-class independent school with excellent facilities and a superb academic record. Until now, the students at Dainfern College have written the well-respected IEB National Senior Certificate and the school boasts a 100% pass every year.

Joulia Karamichael, the Director of Cambridge Studies at the school, comments:

"We continually strive to be at the forefront of academic excellence and offerings, and we are committed to the provision of a world-class education, as our school motto "A world of education ... an education for the world" attests. Given the increasing globalisation of the world, it is vital that we continually innovate and recognise the importance of internationalism for our students.

"After extensive research into international educational opportunities, we therefore made the decision to include Cambridge Assessment International Education in our academic offering. This will give our students the option of an international qualification that benchmarks them globally."

The Cambridge Studies option is being offered as a parallel stream from Grade 11. From Grade 11 next year, students at the

College will have the option of continuing with the IEB programme to write matric at the end of Grade 12 or they can enrol in the Cambridge Studies programme and leave school with A Levels. With this option, they will study 5 or 6 subjects in Grade 11 and write the Cambridge AS Level exams at the end of the year. They then go into their A2 year, studying 3 or 4 subjects to give them the A-level qualification at the end of Grade 12.

"Our Cambridge Studies students will still benefit from the College's holistic developmental approach to education. We recognise the importance of developing every student's intellectual, emotional, social, physical, artistic, creative and spiritual potential and the Cambridge Studies student will be able to partake in all the College's offerings. The only difference will be the academic programme that they follow," explains Karamichael.



Matthew Davies, College Principal, opening the A Levels launch



The many interested parents and students at the A Levels launch



Some of the attendees at the launch with Joulia Karamichael



Dainfern College is still firmly committed to being an IEB school as they recognise that Cambridge Studies is not for everyone.

"We firmly believe that both systems have their advantages and offer significant but different benefits to our students," said Matthew Davies, College Principal at the school. "The A-level syllabus incorporates focused, in-depth and rigorous curricula and is thus best suited to the academically strong, self-motivated student who can work independently and who is committed to daily, extensive academic application. A-Level students also need to be strong exam candidates as the final AS and A-Level exam results do not include any coursework component."

The launch was also attended by Mark Barber, Senior Manager for Africa at

Cambridge Assessment International Education who answered the many queries after the presentation. The Cambridge Studies option was very well received by the parents and students present and several new families signed up immediately so that their children can take up this exciting new opportunity next year.

For further information contact Joulia Karamichael, Director of Cambridge Studies at Dainfern College on 011 469 0635 or email cambridge@dainferncollege.co.za.

DAINFERN
College



Springfield Wine Tasting Evening – June 2018

Set in the heart of the mountain-ringed Robertson Valley in the Western Cape of South Africa, Springfield Estate is a family-run wine farm owned by ninth-generation descendants of French Huguenots, who came to South Africa from the Loire in 1688 with bundles of vines under their arms.

The present generation to tend the rocky Springfield soils, brother-and-sister team Abrie and Jeanette Bruwer, are the 4th generation to do so, and are prepared to take risks to do what they love best – making wine. Assisted by a team of dedicated workers, many of whom have been with the Bruwers for decades, winemaker and viticulturist Abrie keeps a watchful eye on the vineyards and the wines, while sister Jeanette co-ordinates the marketing of the wines both locally and abroad.

Back on the estate, she's hands on, involved in everything from preparing the soil for new plantings to driving the forklift. Using a combination of sometimes risky winemaking techniques, traditional methods and modern technology, along with a sense of practicality and dogged determination borne from living off the land all their lives, the Bruwer family is able to handcraft wine true to its motto: Made on Honour.

We were privileged to have Abrie present in person at our tasting. He entertained the guests with stories of failed attempts at wine making that turned to vinegar, until they reached the level they were proud enough to share with the world. It is evident that this family is in the wine making business because of their absolute passion and it can be tasted in every bottle! Our team at the Clubhouse, led by Francoise, once again ensure a delicious meal was served and as always their friendly, helpful approach ensured everyone enjoyed the evening.

Thanks to Sharon McIntock for arranging these amazing wine makers to visit our estate and to Tyson Properties for sponsoring the lucky draw prizes and dinner wine.

Keep an eye out for our next tasting that will be advertised in the Newsletter and on Social Media!



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Wine Club





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4th July 2018 – Bellingham Estate

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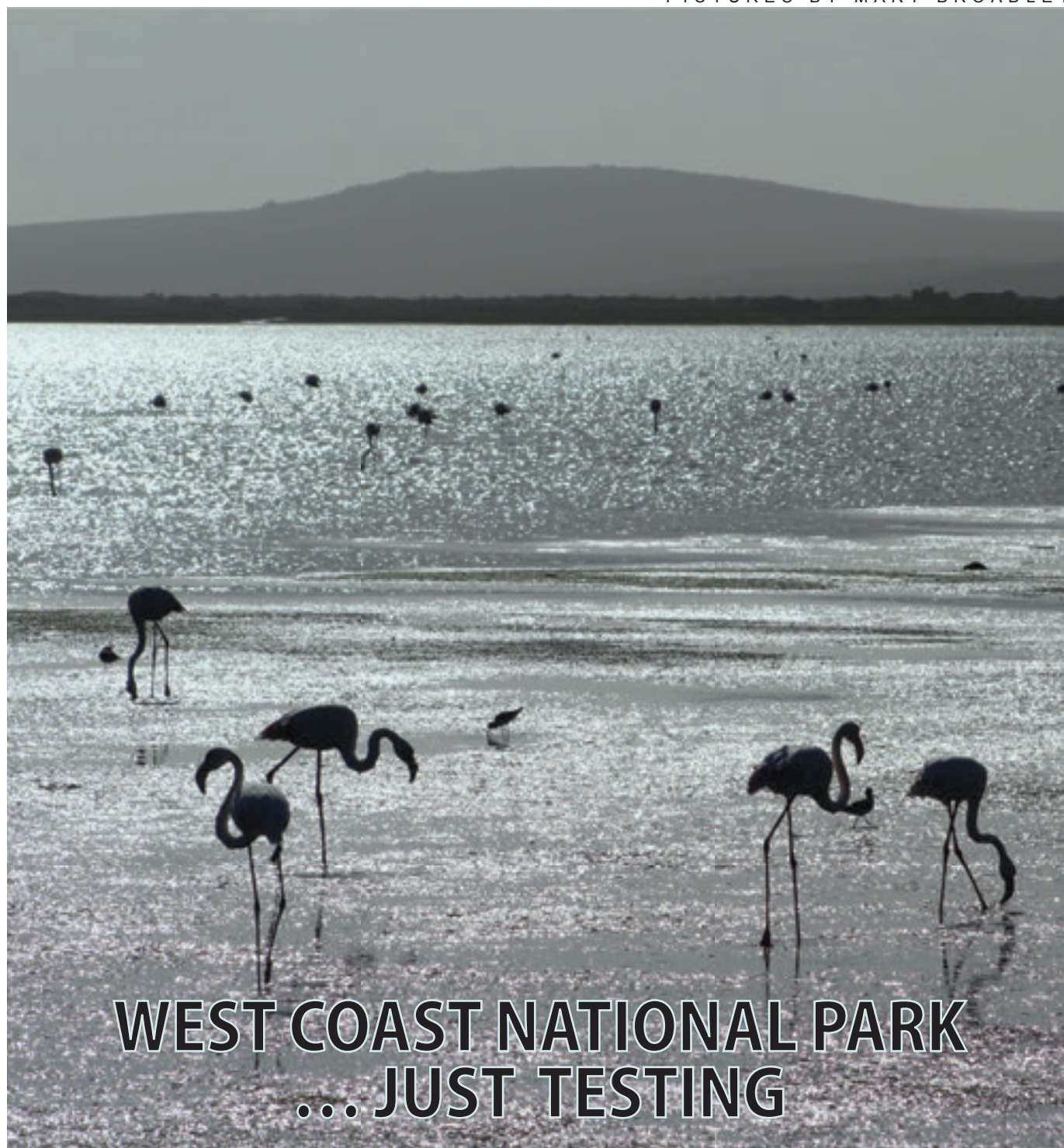
Date: 4th July 2018

Time: 19h00

Cost: R150.00

Our restaurant will provide local cheese and biscuits with the welcome wine on arrival and the main meal of Creamed Tomato Soup with Rolls, Cottage Pie with Spiced Rice, Roast Butternut and a Garden Salad with Parmesan Shavings and Croutons. Please note that numbers are limited. Please make your bookings and payment directly at the clubhouse

BY JAMES CLARKE
PICTURES BY MARY BROADLEY



At first it looked like the top of a Moorish desert settlement, its stucco finish glowing in the late afternoon sun. Its roof tops had, unexpectedly and incongruously, appeared above the low-lying Cape scrub.

This was our first glimpse of Duinepos, a huddle of a dozen square-cut 'chalets' which was to be our accommodation for two nights inside the West Coast National Park, 120km north of Cape Town.

It's a strange park to us visitors who hail from the landlocked interior: no big trees and no elephants or rhino and no big predators. You can get out anywhere and walk about quite safely without being eaten by anything interesting.

There are some serious trails – from an hour in length to six hours (14km) linking the enormous Langebaan lagoon to the seriously wild, uninhabited coast where the frigid Benguela Current, coming up from the Antarctic, makes swimming impossible unless one is a sea lion or one of the penguins that sometimes cram together on the beach like holiday crowds.

Out at sea are whales and dolphins. As for birds, one is never sure what might turn



The ancient Seeberg Lookout over the lagoon

up. The chance of surprises, especially from September when tens of thousands of migrants begin to arrive from the top half of the world, keeps one scanning not just the beach but the enormous expanse of the Langebaan Lagoon.

We were there in May. Not an ideal month. The early winter weather does things in the Cape that would not be tolerated inland. It can rain for hours – cold, wet stuff, not like the interior's short-sharp warm summer rains which at least know when to stop.

Fortunately, the weather was kind when we visited, but cold. Noticing a pile of firewood in our small chalet I quickly lit a fire in the generously-sized hearth. Alas, no matter how much I pushed the fire back, we were smoked out and gave up. We asked next day for a more amenable chalet – one with a view. Ten

of Duinespos' huts were unoccupied and the one we were moved to was excellent and we wondered why we'd been allocated an inferior chalet in the first place. So when booking, ask for a chalet with a view.

We were in the Cape for the Franschhoek Literary Festival and decided to delay our return to the Highveld so we could check out the West Coast Reserve. Just testing – for we plan to return there in spring when the migrants arrive – a seasonal wildlife phenomenon that attracts birders from across the world.

There's an added attraction in spring: an area adjacent to the north-west perimeter – the Posberg Flower Reserve – puts on a spectacular show similar to the annual spectacle of the Namaqualand daisies. August is when

the ground-hugging succulents of Posberg erupt in great splashes of vivid colour. The millions of flowers, eager to attract pollinators before the sun withers them, produce a competitive frenzy of shimmering colours.

The general impression of the West Coast Park is of a 32 000ha rolling fynbos-covered landscape in the centre of which is the huge Langebaan Lagoon.

There are frequent sightings of the world's largest antelope, the eland, and the largest bird, the ostrich. More difficult to spot are the Cape mountain zebras, gemsbok and kudu and, of course, the smaller mammals such as the bontebok, springbok, steenbok, red hartebeest, duiker, caracal, African wild cat and bat eared foxes. In summer, tortoises seem to pour from the earth.



Board walk to Seeberg hide



Misty dawn at Abrahamskraal cottage



Eland



Duinepos – like a Moorish settlement



Bay with houseboats



Flamingos – the ballerinas of Langebaan Lagoon

There are large areas of marshy wetlands where, even though it was winter, we still saw a nice variety of waders: whimbrels, grey plovers, chestnut-banded plovers, oyster catchers... plus a host of ducks: shelducks, black ducks, and yellow-billed ducks (hundreds upon hundreds of yellow bills). Scattered in groups across the water were greater flamingos, honking like geese and high-stepping like ballerinas.

The potential in summer is 250 species of birds, one of them being the curlew sandpiper which flies in from its breeding ground 15 000km away in Siberia.

The park was established in 1985 to conserve the Langebaan Lagoon which was listed as a protected marine ecosystem almost half-a-century ago. The park – including the islands in Saldanha Bay – is now a Ramsar site and therefore the whole is protected by international agreement.

For us, a major highlight was a dawn visit to Abrahamskraal Waterhole – 10

minutes from Duinepos - in the middle of a moorland. Here, in the half light, we were greeted at the start of the boardwalk by a magnificent specimen of black korhaan. We entered the hide and raised the shutter to find maybe 50 spoonbills peacefully at rest – except for two that endlessly played with a torn-off length of reed – and I mean played. They remained absorbed with it long after the rest of the flock flew off.

The best of the park's four excellent hides was, in our view, the Seeberg hide at the north-eastern end of the lagoon. One approaches it along a winding, kilometre-long boardwalk across the salt marsh. From it we watched 20 or 30 species of gulls, terns, waders, ducks and flamingos. The birds are pushed towards the park's hides as the water level rises with the tides. When it gets too deep they fly off only to return as soon as the tide recedes and they can feed in the shallow water again.

The reserve's Cape Dutch restaurant called the Geelbek (after the yellow bill duck) is a handsome piece of heritage.

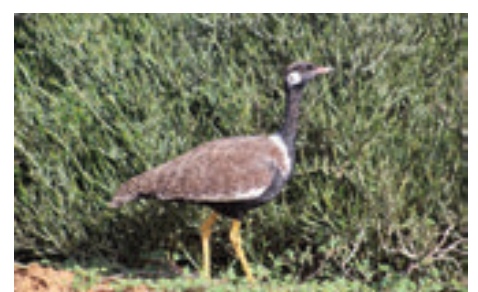


Geelbek Restaurant

It was built on the lagoon in 1744 when lions and elephants roamed the area. It's known for its traditional fare – fresh ingredients often from the local veld go into its bobotie, Cape Malay chicken curry and lamb curry, denningsvleis (an old slave recipe) and ostrich burgers, snoektaart, and dishes involving local mussels, hake and calamari – and there's pumpkin pie and cheese cake...

Geelbek is a popular wedding venue with vows being said in Churchhaven's old church on the beach across the lagoon.

FOOTNOTE: One can hire kayaks and, for the bike trails, bicycles. There are a few isolated self-catering cottages and attractive beaches for picnicking.



Southern black-bellied korhaan

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BY KATHY THERSBY

The Benefits of Music

SCEPTIC OR BELIEVER?

Does playing music in the womb create musicians?



It started just like that. What was an innocent, throwaway remark around the braai became two very divided camps. Suddenly everyone had an opinion.

Surprisingly, the ladies and the men were equally vocal.

Ah, well, we'll have to arrange another braai! Next week?

It was all about this question: **Does playing music in the womb create gifted musicians? Or is it nonsense?**

Having no expertise in this area I would have to consult the gurus.

Lori Miller from *Parents Magazine* says introducing your baby to tunes is an easy and enjoyable way to interact with your baby in his first year and can help set the stage for lifelong musical development. "Plus, playing together with music can brighten his mood, benefit his brain, and boost his language skills."

Lori says all babies are born with the potential to become musical, and they often react to songs with enthusiasm. "Infants' hearing is well developed soon after birth, so they can respond to music very early on," explains Dr Diane Bales. Encouraging your baby's natural fascination with it can strengthen your relationship with her, boost her language skills, and open the door to all sorts of exploration and fun.

■ The effect music has on development

The positive effect music has on babies and children is surprisingly diverse, encouraging babies' development in both the mental and physical spheres. Playing music to your baby can activate the neural pathways responsible for many skills, boosting general skills such as creativity or more specific skills like spatial intelligence:

• **Creativity** – A study conducted in Hungary found that 3-4 year-olds who were given music and signing lessons obtained higher grades in creativity than

children of the same age who did not receive any musical training.

• **Memory** – Three-month-old babies can use music to help them remember things they have learned. Scientists now believe that music gives significance to the learning process and helps remember it.

• **Spatial Intelligence** – This is the ability to perceive various relationships in space and understand the visual world. A study of kindergarten children in California showed that children who were given piano lessons had a 34% better success rate in completing a jigsaw puzzle than children who were given computer lessons at the same time.

• **Mathematics** – A study found that first graders who had been given intensive musical instruction demonstrated considerably more progress in mathematics than classmates who had received a standard musical education. Scientists believe that the connection between music and mathematics is partly related to the fact that music

helps children understand mathematical concepts.

- **Language** – There is a close connection between music and linguistic development. Both skills require the ability to differentiate between auditory nuances and similar sounds, such as "B" and "P". Listening to music contributes greatly to babies' development of this skill and will develop the ability to decode auditory data and sharpen your child's auditory memory - abilities which are fundamental to language comprehension.
- **Emotional Intelligence** – Music can bring on strong emotions. By listening to expressive classical music, babies hone their ability to detect moods and emotions in others, while developing awareness of their own inner processes through the nuances of feelings evoked by the music.

More evidence

The effect music has on the mind starts even before birth. Recent studies have shown that children exposed to classical music in the womb exhibit a positive change in physical and mental development after birth.

In a recent experiment, fetuses were exposed to 70 hours of classical music during the last weeks of pregnancy. At six months, these babies were more advanced in terms of motor skills and linguistic and intellectual development than babies who received no musical stimulus.

Babies are born with 100 billion loosely connected nerve cells in their bodies – various cognitive and mental experiences help establish and strengthen the inter-cellular connections in the brain. Scientists now believe that listening to music is a key experience. Children in California showed that children who were given piano lessons had a 34% better success rate in completing a jigsaw puzzle than children who were given computer lessons at the same time.

Children exposed to classical music in the womb exhibit a positive change in physical and mental development after birth





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PEARLY WHITES OR GROTTY GNASHERS?



We may know that it's important to keep our pets' teeth and gums in good health, as we do our own, but why is this so imperative?



FULL-BODY HEALTH

Unfortunately, tooth and gum disease can affect our beloved pet's entire body. That's right. It becomes difficult for your pet to eat and enjoy his food if his teeth are loose and sore. Bacteria naturally found in the mouth are able to form abscesses at the roots of affected teeth. Worse still, the bacteria present in infected gums are circulated throughout the body via the bloodstream. A diseased mouth, apart from smelling awful, can result in septicaemia, which can affect the heart valves, kidneys and, in extreme cases, even lead to death!

"DEATH BREATH"



We all remember the adorable puppy- or kitty-breath that melted our hearts when we first brought our furball home. But, these days those kisses aren't quite as pleasant... It may be that your pet's diet is a factor, eg. if he eats a high-fish diet, or one that gives him indigestion and causes burping. Or the pong may be a result

of an underlying health problem. If you follow our step-by-step guide to great dental health for your pet and his breath is still ghastly, be sure to take him for a veterinary check-up to rule out medical causes. However, the most likely cause of less-than-fresh breath, is poor dental health.

EXPENSE

We often forget that dogs and cats won't "open up and say ahhhh" for their vet, as we do when we go to the dentist. A dental scale and polish for pets therefore requires a general anaesthetic. Add to

this an hour or two of tooth extractions, and you're potentially looking at a bill of up to R7000! And who doesn't want to avoid having their pet put under anaesthetic needlessly if this can be prevented? So how can we ensure that our pets' teeth and gums stay in good health from puppy- or kitty-hood, right through to their golden years, without us having to avoid their happy panting breath, or loving licks?

BRUSHING

Regular brushing with a pet-friendly toothbrush and specially formulated toothpaste for dogs and cats is your first and best defence against pet dental problems. Provided your pets are introduced to this process slowly, and receive positive reinforcement throughout, most can be taught to accept tooth-brushing. Start by getting your dog or cat used to their muzzle, lips and the inside of their mouth being touched, using treats to reward them for allowing this contact. Once they are comfortable for you to inspect their mouth, move on to wrapping your forefinger with a





gauze pad and gently rubbing it along the outside of the teeth and gums. Next step, include a dollop of pet-toothpaste to the gauze. These are usually available in a pleasant (for pets!) malt or poultry-flavour. Never use human toothpaste as it contains fluoride and shouldn't be swallowed. Also, pets don't generally enjoy the taste of mint. From there, it's just a hop, skip and a jump to using a pet toothbrush: either one that fits over your finger, or a long handled type with two different head sizes to suit pets with various sized mouths.



FOOD

If your pet is on an exclusively soft food diet for medical reasons, or you simply prefer to feed this type of diet, you will need to pay extra attention to dental health. Soft food is sticky, tends to collect around the back teeth and forms a plaque base for the minerals in the saliva to attach. This leads to a hard mineralised mass forming on the outside of the tooth, called calculus or tartar, which cannot be removed except by professional dental scaling. Apart from the mechanical brushing effect that kibble food has on the teeth, a number of the premium veterinary diets available from Twisted Whiskers or your veterinary clinic include a polyphosphate complex, which activates on contact with saliva and coats the teeth as the pet eats, and for hours after his meal, to prevent calcium and other minerals from attaching to plaque. How amazing that your pet's teeth can be kept in good condition, just by eating his regular meals!



Daily brushing can be a bit of a pipe dream (although there are some very diligent pet-parents who do this), but aim for three times a week at least. Remember that when your pet comes to Twisted Whiskers for his grooming visit, we will happily include a complimentary tooth-brushing as part of the treatment. We keep each pet's personal brush and paste in a marked container, ready for their appointment.



DENTAL CARE CHEWS AND TREATS

There is a confusing array of these available, all promising to keep your pet's teeth clean and his breath fresh. At present, there is only one product available that has published studies to prove its benefit to dental health. Have a look on the label and avoid products that consist purely of a variety of vegetable gums, potato starch and contain no polyphosphates. Chlorophyll may help keep your fur-kid's breath fresh for a short while, but it will do nothing to reduce plaque or tartar and will have no lasting effect. Just because it's green in colour, doesn't mean it works!

The majority of treats are gobbled up in seconds, so your chosen dental care treat also needs to promote chewing. Many dried meat treats have a beneficial effect on oral health by virtue of their fibrous nature that promotes chewing and mechanically removes plaque. Ask Twisted Whiskers staff about a daily chew that either encourages chewing, or includes a polyphosphate complex, or both, to guard against plaque formation.



MOUTH-WASHES AND WATER ADDITIVES

A number of products are available that can either be squirted onto pets' gums and teeth or added to their water in order to reduce plaque formation and freshen breath. Again, beware! Ask your vet or TW staff member about a veterinary-endorsed water additive by a reputable manufacturer that can be helpful if your pet will not tolerate having his teeth brushed.

By all means, try this method, but bear in mind that many cats and dogs are put off by substances being added to their water. This can be a real problem if it discourages them from drinking the water they need to consume daily for their overall health and well-being. Keep a close eye on how much pets are drinking if you add dental care products to their water. If you're going to use a mouth-spray, ensure that it has proven antibacterial ingredients or it may just mask unpleasant odours for a short while. We stock a comprehensive range at Twisted Whiskers.

BONES

While many of us grew up considering bones as part of a healthy dog or cat's diet, this isn't necessarily so. Yes, they may help keep teeth clean but they can also help to damage tooth enamel and



fracture teeth. Even worse than this, the sharp ends of splintered bones can wreak havoc all the way down the digestive tract, puncturing tissues and organs, forming obstructions and, if they happen to travel all the way to the end, lodge in the rectum, building up into a painful mass that may need removing via enemas or even surgery. All in all, feeding bones, especially cooked ones, is a potentially costly exercise and one that has ended in tragedy for some pets. Bones are not recommended as part of a dental-care plan.



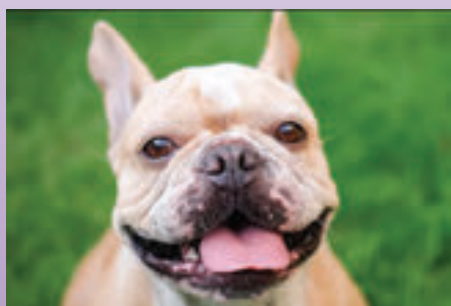
AN OUNCE OF PREVENTION...

The very best way to deal with dental health problems is to prevent them in the first place. Start your pet on a good-quality, veterinary-endorsed kibble diet from the moment he arrives home. While you're house-training and socialising him, make tooth-brushing part of his

regular routine and inspect your pet's mouth regularly for plaque and calculus formation, swollen and reddened gums, broken teeth and anything else that looks abnormal. Ask your vet to check your pet's oral health at each visit and include a quality dental chew as a daily treat. If your pet already has dental disease, visit your vet at the earliest opportunity and book a scale and polish to prevent it worsening. This will get the problem under control and you will be able to start afresh with a dedicated dental-health routine.



Here's to many years of fresh furry kisses!



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HAPPY TRAVELS

A family holiday trip to an overseas destination can be thrilling but it can also stretch your sanity to the limit, especially if you are travelling with young children for the first time.

From keeping the kids entertained and calm on a long flight to dealing with a bout of flu or worse in an unfamiliar territory, here are some handy tips to keep your family travels happy and hassle-free, and your sanity safely on the rails:

- **As a parent, you may be tempted to pack everything 'just in case'.** Try not to overpack by making a list of essentials – and sticking to it. Check with any hotels you are staying in whether they provide items such as camp cots and prams to hire as this can be much more convenient.
- **Official documents** – Research is your best friend on this aspect to ensure that you have the correct travel documents in place for your child and yourself. Do officials and border control require a passport, unabridged birth certificates, immunisation records and so on? Leave enough time to acquire any

of these before you travel. Also scan all your documentation and save it to your phone or tablet, or better still, save it in the cloud on your Google drive or Dropbox so you can access it from anywhere.

- **Flights** – Long flights are hard on children and even harder on parents when dealing with an inconsolable child who is completely out of routine. Try plan flights around your child's sleeping habits if possible. Make sure you keep handy any required medication prescribed by your doctor. And remember to make the flight part of the journey - download plenty of apps and games on your phone or tablet to keep your little one entertained.
- **Plan your accommodation** – A picturesque chalet on the side of a cliff is enough to keep any parent awake at night, so spend some time on finding locations that will work for



abroad could be a serious spanner in the works – and a very expensive exercise. To ensure the costs for any unexpected emergency medical treatment and possibly medical evacuation can be paid upfront and won't be added to your travel budget, it is essential to have travel insurance in place that covers any medical emergencies and provides support and on-the-ground assistance in a time of crisis for you and your family. Get an instant Chubb travel insurance quote that can cover unforeseen medical emergencies while on your trip.

- **Don't assume your medical aid will cover you** – It's very important to check what level of cover your medical aid provides when travelling, if any, as not all medical schemes provide cover outside the borders of

South Africa. In some cases, specific limits and exclusions subject to the local conditions of your cover will apply, so it's important to understand what these limits and exclusions are and whether it is necessary to take additional travel insurance to cover any shortfalls. You may think that R1million sounds like a reasonable amount of cover, but when you consider the Rand/Dollar or Pound Sterling exchange rate; in a medical emergency that amount can be exhausted quickly.

After the stress of planning your family holiday is done, it's time to relax and cherish the quality time with your loved ones. Make your once-in-a-lifetime opportunity a holiday to remember that you can think back on with fond memories.

you and your family in terms of ease of access and safety and security.

- **Transport** – Consider the mode of transport that you will be using while on holiday. If public transport is readily accessible, consider a compact stroller to help when your little one can't walk anymore or needs a nap. If you are hiring a car, make sure to include a car seat in your rental.
- **Medication** – Pack something that is a good all-rounder, making provision for fevers, runny tummies and coughs. A basic medical aid kit will also serve you well and should include antiseptic wipes, plasters, sting treatment and a thermometer. If the family needs special medication for the trip, such as malaria tablets, make an appointment with your physician with ample time to spare to make sure this is sorted before you leave.
- **Take care of medical emergencies**
 - A medical mishap while travelling



Thanks for the handy tips, Chubb Travel.

SERVICES PROVIDED:

AA AIRPORT SHUTTLE, TOURS AND TRANSFERS:

Fourways Gardens resident owner / driver. Personal, reliable transfers to / from ORT from R420 & Lanseria from R200. Free in car Wi-Fi connection, half & full day tours arranged. For all your transport or driving requirements contact Mike on 072 284 0340 / 011 465 3262 or mikeashcroft@telkomsa.net

ABSOLUTELY IRONING: Local hand ironing service now available - clothing R20 per kg, Full double bedsets R50. Open Mondays to Saturdays – 7am to 7pm –, “We iron out all your problems” Contact Leila on 076 012 7039.

A JOLLY JUMPER INFLATABLES: For all your party's / events, please give us a call for safe, clean and well-priced castles and slides. We deliver & collect, www.jollyjumperinflatables.co.za / Jane on 083 326 6255.

ACCOMMODATION: Relaxing break at Zebula Golf Estate and Spa, 4 bedrooms all en-suite (can sleep 8 singles), plunge pool, full DSTV, all amenities and great entertainment area. Contact: Paul Adams, 072 333 1886, discount rate for Fourways Gardens Residents, R 3000 per day.

APPLIANCES REPAIRS: To all makes and models, AEG, Bosch, Whirlpool, Siemens, Samsung, LG, Defy, Kelvinator, Miele. Contact Gwentech Appliances on 072 952 8183 / 073 947 2447 or email: gwentech7@gmail.com same day service (26 yrs experience)

ARMSTRONG TENNIS ACADEMY: Professional Tennis coaching from beginners to National players, private lessons, groups & squads, Duane Armstrong USPTA & TSA certified, 082 456 5441 / duane@armstrongtennisacademy.co.za

ALARM QUOTES / INSTALLATIONS: For professional Alarm & Security installations, we specialize in alarm installation, CCTV, gate automation, electric fence, intercom etc. Call Suresh on 060 380 4653 / 064 500 4963 / email: sun@sss108.co.za (www.sss108.co.za)

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FRUSTRATION IN YOUR BUSINESS: I can provide you with advice on Labour Issues, Contracts of Employment, Disciplinary Action, Hearings and the CCMA. Let me assist you with the necessary knowledge to make the right decisions that fall within labour legislation. Call me, more than 20 years experience. Bradley Ferraris 082 446-7625.

ART CLASSES: For adults and teens, explore your Artistic talents in a relaxing fun environment. Venue, Brynston Studio, contact Louise Twiggs: lmtwiggs68@gmail.com / 083 379 4873.

AU PAIR – HOME AND PETS: Home and Pets – Stay in or daily visitation - feed and walks, reliable, trustworthy caregiver, frequent sitter in FWG, reasonable rates, references available, contact Deirdre on 083 319 2220 or email on dee.vanheerden@gmail.com

AU PAIR: Child Day Diploma, Age 20, living in Fourways Gardens, experienced with special needs children and planning creative activities, homework supervision, license and transport. Call Shannon 082 493 6446.

B4 ELECTRICAL: For all your Electrical installations, Repairs, Maintenance, and Certificates of Compliance, Fast, Friendly and Reliable. We offer a 24hrs Emergency call out service. Contact Peter on 083 452 0635/6 or email: b4electrical@mweb.co.za

BODY STRESS RELEASE: Is a complimentary health technique pioneered in SA 30 years ago, which gently assists the body in releasing stored tension. BSR is particularly effective in the relief of headaches, migraines, latent whiplash, lower back pain, neck & shoulder pain or tension amongst others. Contact Greg at BSR Fourways on 082 780 8486 / www.bodystressrelease.co.za

BOREHOLE DRILLING: Small rig. Easy access. Good prices. Also supply pumps and water filtration if needed. Contact Robin on 061 447 7543 or info@randwaterboring.co.za for an on-site quote / www.randwaterboring.co.za

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BEREAVEMENT SUPPORT GROUP: Lost a loved one? Join a warm caring intimate support group to assist you and your family through this difficult time. Held on Thursdays 6pm. Langham's Lifestyle Estate. Bridget Westwood – Chetty (Clinical psych.) 083 242 4766.

BLINDS: Vertical, block out, bass wood or aluminium Venetian, panel blinds and more, competitive prices. Please contact Tony on 083 290 1757 or tony@bonetts.co.za, www.bonetts.co.za

CANDICE INTERIORS: Painting houses Interior / Exterior, Blinds, Curtaining, Upholstery etc. Get the right design advice and quality products to suit your requirements. Professional Service. Contact Candice – 082 363 0542. Interior Decorator established in 2005 www.candiceinteriors.com candice@candiceinteriors.com

CARPET CLEANING: All your Carpet / Upholstery / Rug / Mattress Cleaning as well as Pre and Post Occupation Cleaning, please contact Spotless: Cindy on 074 149 4089 / www.spotlesscleaning.co.za

CARPETS & FLOORING: (vinyl planks, laminates, solid & engineered wood) 37 years in the business, workmanship guaranteed, all brands, competitive prices. Contact Tony on 083 290 1757 or tony@bonetts.co.za, www.bonetts.co.za

CHARTWELL STABLES: Beautiful, friendly yard, Beginners to advanced – all ages, Inter school's success, Four arenas, Affordable half baiting option, Convenient location near Fourways, 30 year's experience, Super ponies, qualified instructor's, Fun days & Pony Camps, Full Livery. Call us mornings: 073 952 8572 or cstables@netactive.co.za / www.chartwellstables.co.za

CHILDREN'S PLAYGROUND: “Higo” we offer Indoor and Outdoor playground, please call 011 397 1390 / 076 296 6666, you are welcome to visit our showroom – unit 15 Jan Smuts Park, Jet Park.

CLINICAL PSYCHOLOGIST: Individual, couple, family therapy. Areas of specialty: Teens, loss / bereavement, stress and burnout, Depression and Anxiety, Chronic illness. Contact Bridget Westwood – Chetty on 083 242 4766. Medical aid rates apply.

CLEANING: As a family run business, we understand the importance of a clean and safe home environment. Allow us to offer you a professional, safe and time efficient home cleaning solution. Contact us on 079 999 9705 / info@frontrowcleaners.co.za

DAMP - PROOFING / WATER PROOFING / PAINTING: Owner supervision. All work guaranteed. Call Richard on 082 352 6382.

DÉCOR SPECIALIST: Whatever your style, we will help you achieve it! Full consultation, manufacture & installation services specialising in Curtains, Blinds, Upholstery, Wall treatments, Custom Furniture and much more. Contact Estelle from I on Design 082 847 1220.

DOG WALKER: Does your dog need exercise? Whether it's once off or daily walks, I am the one to call. 30 minute walks – 1 dog R60, 2 dogs R70 & 3 dogs R85. Contact Taine Bernhard: 074 870 6384 / taine@icloud.com

DRY FIREWOOD: “Razor sharp service” email: brightfirewood@gmail.com / 082 786 3225.

DSTV DOCTOR: Approved DSTV – all installations, Aerials, Sales & Repairs, Multi choice accredited installer. Call Junior on 078 228-3182 / 011 072 6791 or email: 4wayssat4@gmail.com, www.dstvdoctor.co.za, address: Plot 79 Cedar Rd, Chartwell.

EB CONSTRUCTION: All renovations, Additions & Extensions and Paving. Full Turnkey and Project Management, call Ben on 078 872 8844.

ELECTRICIAN: (Lazis Electrical) Certificate of Compliance, New Installations, Tripping & Fault Finding, Power Failures, Geysers, Stoves, Plugs, Lights, Installation of Generators, call 078 739 6773 / 073 127 3921.

ELECTRICIAN: Hassan Electrical, for any type of electrical work in commercial and industrial please call 076 711 1175 / 082 389 9880 / electric1services@gmail.com

EYE TESTING: Optometrist – Family Vision – in medical centre just outside Fourways Gardens, Contact Lenses, Spectacles and package deals for Domestic and Gardeners, call 011 467 3925.

FOOT REFLEXOLOGY: Fine tunes the body to achieve a natural equilibrium in every organ, gland, muscle, tissue & cell through stimulation of reflexes on the feet which release blockages & restore wellness. It assists with the release of toxins, stress, supporting the immune system, alleviating sinus problems, headaches, hormonal, respiratory & sleep disorders, for an appointment, call 073 223 9715, resident of FWG Phase 2.

FIXIT FOX HANDYMAN SERVICE: (FWG Resident) general home repairs & installations including cupboards & shelving, wood & steelwork, minor electrical & plumbing, picture hanging etc. All work done personally. Contact Andre Le Cordeur on 011 465 8902 or 083 473 9362 / fixitfox1@aol.com

FOURWAYS PLUMBING: Resident plumber for all plumbing requirements, reasonable rates and same day service, 011 705 2145 or call Steve on 082 440 5111.

GATE MOTOR REPAIRS: Alarms, CCTV, Gate Motors & Intercom System Repairs & Installations. Call Ninja 011 071 0773 or Quinton on 084 354 5596 / 7.

GARAGE DOORS & GATE MOTORS: Contact Razz 011 465 7094 / 063 376 3377, for all your repairs, replacement, new installation, service and quotations.

GARDEN REFUSE REMOVAL SERVICE – GARDENDRUMS: Garden refuse picked up weekly – service agreement with monthly fees. Options: Steel drum with lid OR 6 standard household plastic bags per week. Email us: gardendrums@mweb.co.za / Philip 082 782 4864.

GENGROW – LANDSCAPING: Garden maintenance, installations, Clean-ups. Irrigations-installations, repairs, Water-feature installations and repairs. Tree felling, Compost, Lawn dressing, Pool maintenance and repairs, Lawn care program, Rubble removal - contact Doane - 083 456 3480 or email: doane@gengrow.co.za

GOLD THATCHERS: For all thatching requirements, New Installations & Repairs, Painting, Decking, Fire Retardant, contact Moses on 083 726 6353.

G.E ELECTRICAL ENGINEERING: Contact Godfrey 076 561 7519 or Efram 081 472 4098 / mbatatagodfrey@gmail.com

GERMAN PLAYGROUP (1-12 YEARS): Fun activities, crafts, songs facilitate effortless learning of German. Children's brains naturally absorb languages quickly and accent free. Benefits of mastering German include improved critical thinking, advanced problem solving, mental flexibility, enhanced memory, creativity and career / travel opportunities. 082 337 4845 – tanya@fallingintoplace.co.za

HANDYMAN: British tradesman for all the jobs you hate!! Building, Total house renovations, Wooden Flooring, Painting, Cupboards, Damp proofing, Tiling, Plumbing, Roofing, Ceilings, Kitchen & Bathroom renovations and electrical work, plastering, paving & alterations...No job too small...Offers a friendly and reliable service, contact Steve – 076 823 6847 / 082 955 5642.

HANDYMAN: You buy it; I will install it. General handyman work and repairs, including installation of DSTV and TV, garage door motor, swimming pool pump, pet door, minor electrical and plumbing etc. All work done personally (Parents FWG residents). Contact Dave on 082 566 6278 or davepark2212@gmail.com

HANDYMAN: Over 15 years of reputable Handyman Services in Fourways area, specializing in Wood work – decking, woodwork repairs, custom built woodwork, oil treatment of window frames and doors. Building, damp proofing, water proofing, steel work, tiling, roofing, underfloor heating, painting, minor electrical, plumbing, solar technology, special features and odd jobs. References on request. Please contact Grant on 060 343 6626 / www.grantbarnes.co.za

HERBALIFE INDEPENDENT DISTRIBUTOR: Free Delivery. Call Carin on 082 557 4638 for a free wellness evaluation.

HOUSE CLEANING SERVICES: Moving out and need your blitz!!! We specialize in cleaning homes before new tenants take occupation or after a house becomes vacant. Ready for new owners or tenants. House Cleaning – including cupboards, windows, floors and carpets. Contact Elmarie and her team on 082 955 5642.

HOUSE AND PET SITTER: Why leave your pets alone and away from home in an impersonal kennel? Rather leave them in their own loving home in my competent hands; Mature Lady with 20 years' experience will fill the gap that you leave. Please call Dee-Jean 076 035 6908 / djb160453@yahoo.com, references upon request...NB (including Dainfern, 4WG, Cedar Lake)

HOUSE AND PET SITTING: Going away for a few days or on holiday? There is no need to be concerned about your beloved pets. Entrust them to us, a mature couple. We will love and care for them in the security of your home. Our years of home and pet sitting will provide you with peace of mind. We will also care for the pool and garden if you wish. Please call Henry 082 565 9317 or call Deirdre on 082 335 5096 deidredevine89@gmail.com References available on request.

HOUSE / PET SITTING: Don't put your pets behind bars when you go away! As a mature woman with many year's experience, I will feed, walk and keep them company in their own home, even living in, call Nicky on 072 129 0698.

LAWN CARE PLUS: All year round lawn care, 14 year's experience, winter lawn root-boost in preparation for spring, all lawn problems sorted, weeds, insects, disease, shade, aeration, rats, de-thatching, new lawn, tree felling, irrigation etc. contact Philippa on her cell 072 208-3587 / Ian on 084 888-1632 / 011 704 4614.

INTERNET & TELEPHONE: Need Faster Internet, contact Travis Copley@Centracom and get a free Feasibility done! Currently running promotions on Fibre, wireless and LTE services. Get a competitively priced quote across 15+ providers within 24hrs. Centracom manage services and implementation. Centracom Do Voip, Cloud Solutions and Connectivity services. Contact Travis Copley on 083 600 4439 / travisc@centracom.co.za

IRRIGATION – SOFT RAIN: I have gone solo after 4 year's and I have two partners each with over 12 years' experience. All sorts of irrigation from maintenance repairs to new installations call Isaac on 078 658 4371.

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KIDS PATROL: Secure transport for kids to and from crèche / school, up to 15km from Broadacres. Movies are played for your kids during trips. Professionally trained drivers. Fully equipped with tracking, safety and instant emergency features. Pricing as low as R50 per trip. Call or Whatsapp Theresa 079 396 5413 / info@kidspatrol.co.za / www.kidspatrol.co.za

MOKOPANE ELECTRICAL: Installation, Maintenance repairs: Energy efficient solutions, emergency call out, tripping problems, garden and security lights, Geysers – no hot water, Timer switching, Fault finding, Lights and Plugs, Pool & Spa motors, Certificate of Compliance, Under floor Heating, Call Ronald: 072 154 9735 / mokopane.electrical@hotmail.com

MOBILE PET GROOMERS: Soapy smooches has special winter pricing! Give us a try – we conveniently come to your home to pamper (wash, dry, clip, teeth and ear cleaning, nail clipping) your pets in our fully equipped pamper van and animal loving, professionally trained, caring staff. Collect your loyalty smooches every time, 10th wash is free! Special winter pricing, all we require is a connection to an electricity point and a booking! Call us on 061 087 8247.

OSAM CARPENTRY: Door Hanging, Wood laminate flooring, built in cupboards, Kitchens, Ceilings, Cornices, Skirting, Dry walls, Painting & Varnishing. Call Ozzy on 073 058 0464 / osamakwera@gmail.com

PAINTER: Excellent painter who is very thorough with preparation of all surfaces including wood. Also does waterproofing & minor repairs. Call Solomon 076 469 0343 or John 084 683 3366 for a reference.

PAINTING / DAMP-PROOFING / WATERPROOFING: Owner supervision. All work guaranteed. Call 082 352 6382.

PATRICK PAVING: 078 920 3481 / 076 484 5043. Reference G Gary 072 532 9042, all forms of paving. Great attitude. Works Hard.

PATSONS PAVING: For all you're paving and tiling requirements – no job too big or small. Everyone is welcome. There are various designs available to suit your individual taste. Call Patson on 082 676-2668 or 084 288-6149.

PHYSIOTHERAPY: Vanessa Fourie Physiotherapy, 30 years of experience, treatment for headaches, neck and back pain, post op rehabilitation, sports injuries, home visits within 3 km, medical rates charged, 26 White Ash Street FWG, call Vanessa on 083 458 4720.

POOL SERVICES: Maintenance, repairs, re-marblelite, pumps, sand changes etc. For all pool requirements call Jackie or Martin on 072 132 5703.

PLUMBER: (RC PLUMBING) Reliable professional local plumber for all your plumbing maintenance needs at reasonable rates. Please contact Ryan on 082 598 4881 or 011 465 5198.

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OTHER:

FOR SALE: Solid oak dining room suite, 1.350m round table, Welsh dresser and 4 chairs, dark brown in colour, R 5000, contact Jean on 082 579 4326.

DOMESTIC WORK:

Laizah: Has been employed by me for 10 years, looking for work on Tues, Wed, Thurs or Sat, she is an excellent worker, punctual and very willing, Call Melissa 082 593 3708 for a reference or Laizah on 060 861 2128.

Vinolia: Reliable, hardworking, proactive and very diligent and thorough domestic worker is looking for full time or part time, live out position. References for past 8 years available on request, call Vinolia on 071 716 7396 or 078 985 2163.

Thandiwe: As we are moving away, we are having to say good bye to our amazing domestic worker, we are hoping she can be part of a new family, she has been loyal, loving, caring & fully committed for 22 years to our family, has helped with the children and all our pets, she is looking for work on Mon, Wed & Fri, contact Thandiwe Mini 072 841 1641.

Cindy: Looking for domestic work for Tues, Wed & Thurs, she is an excellent worker, honest and reliable, she speaks excellent English and is pleasant to have around, call Cindy on 084 850 9025 / Meredith 083 326 4219.

Zondi: An employ of mine for the past 3 years as a domestic / nanny is looking for work part time or full time, I recommend her as she is good with children and pets, please call 060 8288289 or 073 713 1629 or for a reference call 078 421 1005.

Debra: Looking for a housekeeping, childcare or Au Pair job, she is amazing with children, is able to cook and has years of experience, for a reference call Taniel 083 501 0444.

Rihanna: South African looking for full time domestic work, fast learner and she displays foresight and eagerness to complete tasks, live in or out position, reliable & honest and a lovely warm nature. Please contact Rihanna on 072 542 5801 or Tiffany on twardle@rpp.co.za

Mashudu: Looking for additional work on Sat as a domestic worker, hardworking and dedicated to the work on hand, please contact 076 262 8639.

Beauty: Looking for work on Tues & Thurs, efficient and very reliable, a true gem, call Gill on 079 477 8306 for a reference or Beauty on 083 952 4713.

Christine: Mature lady looking for clients who need alterations of male and female clothes, curtains or linens. Also looking for domestic work on Tues & Fri, looking to buy sewing machine, keyboards or children's toys, contact Christine on 084 650 6661.

Molly: Has been working for us for the past 4 years, she is very attentive to her duties, hardworking, good with pets and children. We are relocating, prefers live in but could live out, call 084 305 3844, for reference call 082 459 7706.

Thandi: Soft spoken, hardworking Malawian lady looking for part time or full time work as a domestic worker. She currently lives in Fourways Gardens. Contact her on 078 646 0454 or 083 669 9028.

Taina: Looking for domestic work on a Tues & Thurs. Taina has worked for me for 7 years, she is polite, diligent, reliable, honest and hardworking. She is very good with cleaning and ironing and looks after our pets when we are away. Taina can also cook. For a reference please call 082 944 0652 or 071 609 9504 / call Taina on 063 200 5157.

Phina: Hardworking, honest, lovely lady and very reliable, she is looking for work on Tues & Thurs, she currently works in FWG, contact Vanessa on 079 497 7077.

Precious: Has a Tues free and would to fill her day cleaning your home. Precious previously worked for my mom in law for over 20 years, she has been with me for 4 years and is part of the family! Fantastic at cleaning, proactive, very reliable, honest and hardworking. Please contact Debbie on 084 581 5633 or Jane 082 406 4711 or Precious on 062 254 1173.

Romi: Malawian looking for work as a domestic lady or child minder or house cooking or office lady. She has certificates for all, also has police clearance, can live in / out part time or full time. Reference 071 643 5069, Romi 071 800 9806.

Emily: Seeking domestic work – 1 to 2 days a week, excellent at cleaning and ironing, very good with elderly people, call Emily on 073 163 2381 or Gillian on 083 737 5263 for references.

Lonely: Malawian looking for part / full time domestic work with or without accommodation, call Lonely on 074 921 3623 for a reference call Jess on 083 274 4821.

Margaret: The best domestic helper I ever had Margaret has worked for me for 18 months and is diligent, punctual, self-motivated and huge asset to any household, she seeks employment for Tues & Thurs, call her on 072 298 7435 or Deidre 083 264 5098.

Patience: Caregiver with vast experience in senior citizens having different disabilities e.g. Cancer, stroke, Parkinson's dementia, tube feeding, trachea care. Can assist with caring of the patient and hygiene, Patience can cook too, she is looking for day or night shift, good contactable references available immediately, please contact her on 065 258 2426.

GARDENERS:

Gracious: Has been working for our family for about 11 years, an amazing hard, loyal and polite worker, he is currently looking for work on Wed & Sun, he can clean house, gardening or anything else that is required, call Gracious on 078 816 4067 or 011 205 7000 for reference.

Simon: Looking for part time work Mon, Wed & Thurs as a gardener, painter or driver, honest and hardworking. Simon - 074 405 8944 for a reference call Christina 083 660 8944.

Abel: Looking for gardening work on Thurs, he currently works in FWG, highly recommended, call 084 275 5630.

Isaac: A hardworking, honest person is looking for work as a houseman or gardener, he is humble & reliable, call 072 639 1879, for a reference call Dave on 076 237 8671.

Sangwani: Looking for gardening work on Mon & Wed, comes highly recommended, call him directly on 071 068 7204 or Caroline on 083 287 1486 for a reference.

Classton: Malawian gardener looking for work on Tues, trustworthy, reliable and good with pets, call Sabine 083 260 6428 or Classton on 063 005 9947.

Augustine: Malawian with SA driver's license is an excellent driver seeks either full / part time work Mon to Fri, he has proved to be a capable and proactive driver / gardener, he is friendly, kind and honest person, if someone else or you are looking for a driver / gardener please call him on 061 726 0078, for a reference call John on 083 267 2938.




Joseph: Malawian, excellent gardener, hardworking, reliable and honest, looking for work Mon to Fri, for a reference call Debbie 083 253 1414 or Joseph on 078 442 5492.

Mike: Malawian seeks gardening work on Mon, Wed & Fri, he is hardworking, trustworthy person and comes highly recommended, if you are interested please call Mike on 063 839 5180, for a reference call 082 881 0713.



APPROVED ESTATE AGENTS FOR 2017/2018

Please remember that only Fourways Gardens Approved Estate Agents are allowed to list and sell houses in Fourways Gardens. You may contact any of the following agencies to sell or let your home:

Agency	Agent	Cell Number	E-mail	Website
	Tania Heurtaux Joep Rijntjes	082 550 2222 083 462 2756	taniamh@century21.co.za joep.rijntjes@century21.co.za	www.century21.co.za
	Brian Falconer	082 651 7890	brian.falconer@everitt.co.za	www.chaseveritt.co.za
	James Le Bihan	082 777 3543	james.lebihan@engelvoelkers.com	www.engelvoelkers.com
	Geoff Mander	073 251 1206	geoff.m@fineandcountry.com	www.fineandcountry.com/sa
	Ingrid Manni Maureen James	083 601 5521 082 882 0228	info@fourwaysgardensrealty.co.za	www.fourwaysgardensrealty.co.za
	Francesca Beattie	083 678 8001	info@fbproperties.co.za	www.fbproperties.co.za
	Denalee Droskie	082 874 5828	denalee@frankiebells.co.za	www.frankiebells.co.za
	Gaye Cawood Susan de Boer	083 601 1593 082 452 0086	gayec@gcr.co.za sue@gcr.co.za	www.gcr.co.za
	Philip Myburgh	079 241 1245	philipm@sothebysrealty.co.za	www.sothebysrealty.co.za
	Kyle Ebben Tracey-Lee Savage (rentals)	082 483 5861 083 654 2729	kyle.ebben@pamgolding.co.za traceylee.savage@pamgolding.co.za	www.pamgolding.co.za
	Leanne Peterkin	082 832 6585	lee@remaxexec.co.za	www.remaxexecutivegroup.co.za
	Michele Zuccollo Trish Walton	082 850 8356 082 442 9112	michele.z@seeff.com trish.walton@seeff.com	www.seeff.com
	Dee Thomas Sally d'Hotman	083 375 5646 082 442 7693	dee.thomas@tysonprop.co.za sally.dhotman@tysonprop.co.za	www.tysonprop.co.za

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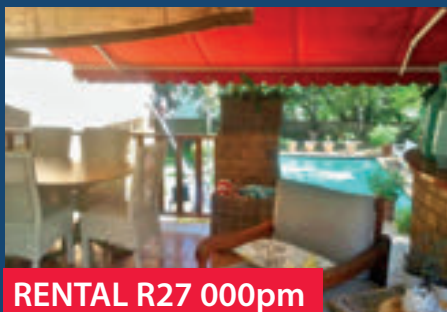
RENTAL R35 000pm



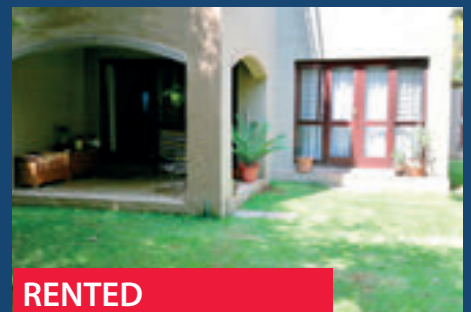
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RENTED



GETTING YOUR DRIVER'S LICENCE?

As you must have heard from your friends, there is a big percentage of those who don't pass their K53 driver's licence ... and quite a number who don't pass on their second try either.

So, what are the main reasons for people failing their driver's licence test?

There are various reasons for this, says online insurance and financial services comparison website, Hippo.co.za. The company gives some insights and tips.

So, what are the main reasons for people failing their driver's licence test?

"Many people do not research the driving school or instructor beforehand, are unfamiliar with important driver's

test rules and scoring, experience the test route for the first time when taking the test, or are simply too nervous on the day," says Derek Wilson, Head of online insurance and financial services comparison website, Hippo.co.za. "These and other factors could be demotivating and costly to drivers."

Tips to consider if you plan on getting your licence:

- 1. Pick the right teacher** — Do your research and ask around to get reviews from others to ensure you have a legitimate, ethical and experienced driving school and instructor.
- 2. Know the rules** — Avoid disappointment by familiarising yourself with the immediate fail items (on the K53 website) so that you do not fall victim to unfair failures. If, for example, the vehicle is not licensed or roadworthy, it is considered an immediate fail.

- 3. Don't rush it** — Ensure that you complete a sufficient number of lessons and can successfully complete all the manoeuvres before you even book your test date.

- 4. Practice makes perfect** — Keep practising until the test day arrives and ask your driving instructor to take you for a trial on the test route and in the test yard two or three days before your test.

- 5. Stay relaxed and focused** — Mentally reassure and remind yourself that you have done it all before and that you can do what is required. Try not to rush things and rather take your time to do it properly.

Good luck, boys and girls! And if you fail the test you can try it again.

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Call or visit to find out more:

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JAGUAR XF 16/17MY 2.0D 132kW R-SPORT

Retail price (incl. VAT)	R829 000
Principal debt	R705 858
Deposit (15%)	R124 350
Period (months)	72
Monthly Instalment	R8 899
Rate	5,76%
Balloon payment (30%)	R248 700
Total Cost of Credit	R880 533

THE ART OF PERFORMANCE

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**For Sale/
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Contact us for any residential Sales, Rentals and Market Related Estimates



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