



# FOURWAYS GARDENS

*Residential Estate*

May 2018



**MEET OUR  
WATTLED CRANES,  
ELVIN AND AMANZI**

**Treating your  
winter garden**

**Easter Egg Hunt  
– see if your child is  
in the magazine!**

**TRAVEL:**

**The last Tour de Farce,  
by James Clarke**



# LIFESTYLE

The location, the style, the feeling you get when you walk through the front door – every aspect of your home should be a reflection of who you are, where you've been, and the life you aspire to live.

Your best life begins with a home that inspires you. With modern, splendid proportions, this 5 bedroom, 4.5 bathroom family home in Fourways Gardens Phase 2, is perfect for entertaining. The living areas are a sanctuary of comfort and relaxed elegance, and are best experienced in person.

Lew Geffen | **Sotheby's**  
INTERNATIONAL REALTY

Fourways Gardens Specialist

Shop 11, Dainfern Square, Broadacres Drive, Dainfern  
[dainfernooffice@sothebysrealty.co.za](mailto:dainfernooffice@sothebysrealty.co.za)

• 011 469 4950

Each office is independently owned and operated

[sothebysrealty.co.za](http://sothebysrealty.co.za)  
Web Ref. 2465923



# CONTENTS

## May 2018

- 03 From the General Manager
- 04 Security
- 06 Monthly Draw
- 08 FWG Activity Providers
- 10 FWG Gardening Club
- 12 Turfnet
- 15 Wattled Cranes
- 25 Easter Egg Hunt
- 30 Quiz Night!
- 32 Wine Club
- 35 The Last Tour de Farce
- 42 Graeme Butchart
- 44 Classifieds
- 48 Humour



# 42

Cover photograph: Elmine Durandt

## IMPORTANT NUMBERS

Estate Office 011 465 7731  
 (operating hours 08h00 - 16h00 Mon to Fri)  
 info@fwg.co.za

Estate Security 24/7 011 465 5465/66  
 Main Control Room

Emergency and 011 467 1400  
 Medical Response 011 444 2237  
 Netcare 911 082 911

Council Service 011 375 5555  
 and Enquiries:

Clubhouse 011 465 0937

### In case of emergency:

Douglasdale Police Station 011 699 1300

ER 24 Emergency 084 124

Police/ Flying squad 10111

Life Hospital 011 875 1000

Eskom 086 003 7566

City Power 011 375 5555

Joburg Water 011 375 5555

Water/Sanitation/  
 Sewer problems 011 375 5555

Fraud & Corruption Hotline 0800 002 587

JHB Metro Police 011 490 1600

Fire and Ambulance 10177

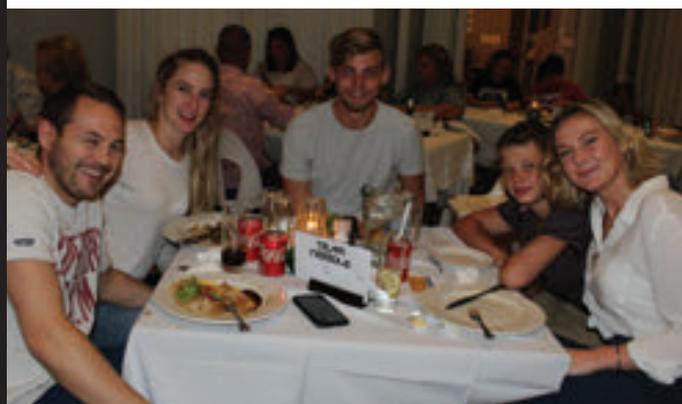
# 6



# 25



# 30





## OUR LEGACY

---

It's certainly no easy feat bottling the unique warmth, captivating personality and wit of one remarkable woman, whose vast array of social connections was only matched by her unusual determination. But this almost mythical essence - this Pam magic - is our legacy.

It has and always will be our heart.

# P A M G O L D I N G

*1928 - 2018*

---

IN OUR HEARTS AND MEMORIES

**Natalia Atanassov** 084 783 3010 • [pamgolding.co.za/natalia-atanassov](http://pamgolding.co.za/natalia-atanassov)  
**Tracey-Lee Savage** (Rentals) 083 654 2729 • [pamgolding.co.za/traceylee-savage](http://pamgolding.co.za/traceylee-savage)

# MESSAGE FROM THE GENERAL MANAGER



I trust all our residents had a festive and safe Easter.

Before moving on to my article on the 1% VAT increase, I would like to update you on the following changes:

## 1. Gardening and landscaping

Turfnet, our new service provider, took over from RealGreen effective 1 April 2018. We wish them all the best for the future, and trust that with their knowledge and experience, we will soon see an improvement in the state of our gardens and common areas. Look out for their informative articles in the monthly newsletter.

## 2. Access Control

As you all know, our new access control system went live over the Easter Weekend. While the change-over was not as smooth as anticipated due to the very short implementation period (EntryPro had less than 3 weeks to capture all the residents, contractors, and other service providers' fingerprints), we must all agree that the speed of egress and ingress has significantly improved at our gates.

## WHAT DOES 15% VAT MEAN FOR YOUR BUDGET?

The Finance Minister delivered his budget speech for 2018 and announced a 1%-point increase in VAT – this will be the first increase since 1993 – taking VAT from 14% to 15%. So, what will this mean for the average South African household?

This means that your cost of living is going up and saving will become more difficult. The cost of groceries will most likely increase by around 1% (depending on whether producers will absorb the cost or decide to pass it on to consumers). For instance, if 1kg of yoghurt costs you R28 at a VAT rate of 14%, it will cost you R28,25 at a VAT rate of 15%.

### Here's a list of some other food price increases you can expect:

Pasta	R15.00	R15.13
Chicken	R65.00	R65.57
Chocolate	R14.00	R14.12
Tea	R27.00	R27.24
Toilet Paper	R85.00	R85.75

Cutting back on takeaways, luxury food items like cold drinks and wine, and wasting food will be essential. Certain basic food items will still be zero-rated; this means that the government doesn't tax the retail sale.

### Here are the food items that won't be affected by the VAT increase:

Brown bread	Mealie rice
Dried mealies	Fresh fruit and vegetables
Dried beans	Vegetable oil
Lentils	Milk
Pilchards or sardinella in tins or cans	Milk powder
Rice	Cultured milk
Eggs	Dairy powder blend
Edible legumes and pulses	Samp

The new VAT rate of 15% will take effect on 1 April 2018. So, use this time to change habits, modify your household budget and re-think your grocery list for a hopefully easier transition. We might not be able to control the increase, but we can try our best to minimise the hit by changing what and where we buy.

Plus, 5 other things that will cost you more money (and when these increases will be implemented):

### 1. Alcohol and tobacco

A pack of 20 cigarettes will cost R1.22 more and 25g of pipe tobacco will cost 38 cents more. Wine lovers will pay 30 cents more for a 1-litre bottle, and when you're celebrating with a bottle of sparkling wine you'll need an extra 97 cents. Spirit drinkers will pay R4.80 more for a 750ml bottle of their favourite tippie. Beer and cider drinkers need deeper pockets too. 340ml cans of malt beer and cider increase by 14 cents.

### 2. Sugary beverages

Sugary drinks will be taxed if they contain more than 4g of sugar per 100ml. You can find the sugar content on the drink's nutrition label. A 340ml can of a well-known soda contains 10g of sugar per 100ml. For every gram over the 4g limit, an extra 2.1c is levied. Your can that costs R10 will cost R10.12 from 1 April 2018.

### 3. Petrol and diesel

On 4 April the price of petrol increased by 52 cents a litre. 30 cents of this is for the road accident fund levy and 22 cents for the general fuel levy. This will most likely affect individual drivers as well as people who rely on public transport.

### 4. Plastic bags and incandescent light bulbs

The plastic bag levy increases to 12 cents a bag on 1 April, and there's an increase from R6 to R8 on incandescent light bulbs. Switching to energy efficient light bulbs will save you some money.

5. Luxury goods such as electronics, cosmetics, smartphones and golf balls. These goods incur tax between 5 and 7%, this will increase to 7– 9%. It won't impact your everyday life but it's still good to know.

The Fourways Gardens Estate Magazine focuses on the Fourways Gardens Residential Estate. The magazine is distributed to all residents at the guardhouses. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd on behalf of Fourways Gardens Homeowners Association. The opinions of workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of the Fourways Gardens Residential Estate.

PUBLISHER: Nico Maritz nico@eiapublishing.co.za SALES MANAGER: Martin Fourie 072 835 8405 martin@eiapublishing.co.za  
EDITOR: Kathy Thersby 082 446 8456 kathy@eiapublishing.co.za ADVERTISING SALES: Marc Adrian LaHoud marcl@nowmedia.co.za 076 749 6531  
PRODUCTION CO-ORDINATOR: Anna Sawa, eiaads@nowmedia.co.za DESIGN: Diane van Noort, d2vn@mweb.co.za

EIA PUBLISHING OFFICE: Tel: 011 327 4062 Fax: 011 327 4094  
32 Fricker Road, Illovo, Johannesburg  
www.eiapublishing.co.za



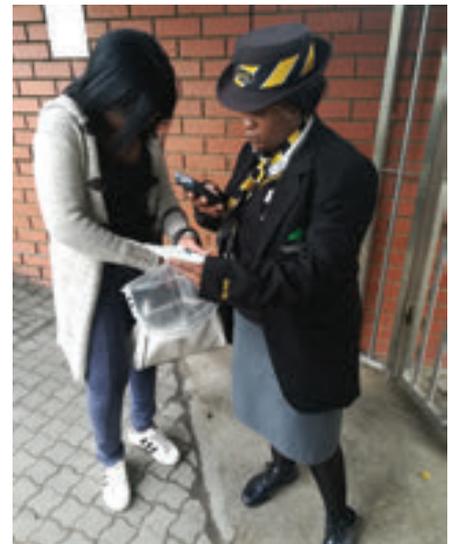
# New access control system faster and reliable!

**G**ood day, fellow FWG residents, my name is Elekanyane Mudinda. I am a 24/7 Security Officer and have been with the Estate for more than three years.

My main function at FWG is that I'm posted at the main gate. Over the many years here I have seen good, bad and strange things take place at the gate!

As you are aware, the access control system has recently been changed with a switchover that took place over the Easter Weekend. I think that the new system is much faster and reliable which helps me do my job a lot better. Some of the improvements to the system include new biometric readers to all the vehicle lanes and turnstiles. Our gatehouses have a computer with software which enables us to query a code if it does not work for a visitor or contractor. The code system also means that if your visitor or contractor does not get a code he will not be able to enter the Estate. We also do not have to make calls to verify a visitor or contractor, which is more accurate.

I have seen that in a very short period the interaction at access/egress has been streamlined, which has resulted in less traffic congestion, and my fellow officers and I can perform a better security function by looking for suspicious vehicles and people. It also means that visitors and contractors are



processed much quicker, which equals more smiles and fewer frowns.

The switchover did not come without its challenges for the security team, residents and domestic workers to FWG. We had the system periodically going off-line, residents not being able to generate access codes, or these codes not working and lastly, fingerprints not being read by the new readers. These hiccups during the handover period were the cause of several incidents of unfortunate verbal abuse towards us. When someone shouts at us because the system is not working properly it makes us sad and it becomes very difficult to concentrate and perform our

job of protecting you and your families.

All these minor problems are in the past now. The new system has settled down, residents are now used to the new procedures, and I can see it is more user-friendly and efficient. And happy residents mean happy officers!

I look forward to the upcoming security improvements for the Estate with the new camera systems being installed and Control Room being built over the next few months.

Thank you again.

*24/7 Security Team*

## Stay in touch

We look forward to suggestions and recommendations via the General Manager, Gary Haynes, which we will address accordingly.



# FLUFFS & TUFTS

**DOGGY DAYCARE**

**CATTERY & BOARDING**

**GROOMING & VET SHOP**

**ADULT DOG OBEDIENCE CLASSES**

**PRIVATE DOG TRAINING**

**073 322 1743**

**011 463 0296**

**office@fluffs-n-tufts.co.za**



MAINTENANCE & CONSTRUCTION  
EST 1992

**YOUR LOCAL PLUMBER**

WASHING MACHINE CONNECTIONS //

FRIDGE WATER CONNECTIONS

STORMWATER DRAINS // BLOCKED DRAINS //

LEAKING VALVES

ROOF FLASHING // LEAKS & DRIPS

// GEYSERS

**ALL WORK GUARANTEED**

CALL STEVE // 011 705 2145 // 082 440 5111 // 082 795 8088

[WWW.FOURWAYSPLUMBING.CO.ZA](http://WWW.FOURWAYSPLUMBING.CO.ZA)



**Gayle  
Cawood**  
reality

**Call Us**

*For Sale* R6.499 MILLION



*For Sale* R6.999 MILLION

*For Sale* R6.500 MILLION



*For Sale* R5.595 MILLION

*For Sale* R5.500 MILLION



*For Sale* R4.500 MILLION



*For Sale* R4.500 MILLION

*For Sale* R4.395 MILLION



Sales and rentals specialists • (011) 469 4070 • [www.gcr.co.za](http://www.gcr.co.za)



*Gayle*

083 601 1593  
[gaye@gcr.co.za](mailto:gaye@gcr.co.za)



*Glenda*

072 186 0600  
(Intern Agent)  
[glenda@gcr.co.za](mailto:glenda@gcr.co.za)



*Sue*

082 452 0086  
[sue@gcr.co.za](mailto:sue@gcr.co.za)

# Monthly Draw – 23 March

Three lucky draw winners walked away with beautiful gift hampers, sponsored by Century 21. All adults in attendance qualify to enter the lucky draw!

3. Damele Railey
2. Mandy Scrutton
1. Lara Eichhan



**Rules for the Monthly Draw:**  
Anyone in attendance stands a chance to win one of the lucky draw prizes.  
Simply complete your details on an entry form and you can win one of three beautiful lucky draw prizes.

Our cash prize is for homeowners only and all owners in good standing are automatically entered into the draw. You have to be in attendance on the night to claim your prize. If not, Century 21 will donate another R1,000 that rolls over to the next month!

Remember, you have to be there to win!

The Monthly Draw takes place on the last Friday of every month in the Clubhouse at 19h00!

## Find your Dream Home!



**SALE: R6 500 000**

Web Ref: 21DN-2434

### FRESHLEY REFURBISHED 6 BEDROOMED HOME

This home offers an inviting entrance hall, playroom, guest cloakroom leading to a large open plan living area comprising of a fitted bar, lounge, dining room and enclosed patio with stacking doors to the outside. Farmstyle kitchen with granite tops, separate scullery and laundry. 2 bedrooms downstairs and a full bathroom. Upstairs are 4 bedrooms (2 en suite) and 3 bathrooms. The main bedroom is huge with a lounge area and bright, sunny bathroom. A spacious lounge/office or gym opening onto a balcony with lovely views of Fourways Gardens. Garden with pool and a fire pit with built in seating. Staff suite and double garage.



**DUAL MANDATE**

**SALE: R3 800 000**

Web Ref: 21DN-2721

### NEW RELEASE | EXCELLENT VALUE WITH ENDLESS OPPORTUNITIES!

Hidden away behind a north facing walled 1129m<sup>2</sup> stand, lies this inviting family home surrounded by a beautiful mature garden. The large entrance hall sets the tone for an elegant home, leading to the lounge, with wood-burning fireplace and dining room. The home comprises three spacious bedrooms and two full bathrooms. The kitchen lead off to a private sunny courtyard. North facing terrace overlooking the garden. Sash windows throughout the home. Staff accommodation. Double automated garage and ample secure off street parking for guests.



**SALE: R4 499 000**

Web Ref: 21DN-2656

### LARGE, MODERN & SPACIOUS FAMILY HOME!

Great family home with entrance hall plus stairway to first floor. Guest bathroom with shower servicing the downstairs study or 4th bedroom. Three reception areas consisting of a double volume lounge with sliders leading to patio overlooking the large pool and garden; dining room; TV / family; separate solid wood fitted bar; modern eat-in kitchen with plenty of cupboard space and double eye-level oven; gas hob with overhead extractor fan; separate scullery; space for double fridge plus two appliances; microwave shelf and walk-in pantry. Upstairs 3 bedrooms, 2 bathrooms, main bedroom with walk-in dressing area and full bathroom en-suite. The main bedroom has access to a large balcony with views of the surrounds. Staff accommodation consisting of a reception room, bedroom and bathroom. Large double auto garage leading into entrance hall and ample off-street parking space on the forecourt of the home.

If you are considering selling or renting your property contact Century 21 Lifestyle Team for a qualified valuation. We welcome your call and will be pleased to discuss your property needs at any time.

Our experienced team will provide you with the best professional service.

**SMARTER. BOLDER. FASTER!**

**Tania Heurtaux**  
082 550 2222

**Joep Rijntjes**  
083 462 2756

# FWG ACTIVITY PROVIDERS

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:00		Outdoor Fitness Classes (8-10) Rhona Williams 083 600 1868		Outdoor Fitness Classes (8-10) Rhona Williams 083 600 1868		Outdoor Fitness Classes (8-10) Rhona Williams 083 600 1868
08:30			Pilates - Tracey (8:30-9:30) 082 894 6096		Pilates - Tracey (8:30-9:30) 082 894 6096	
09:00		Yoga - Wendy (9-10:15) 011 465 7155 083 400 6211				
09:30	Yoga with Virusha Gowrie 072 500 7215 virusha.gowrie@gmail.com					
10:00				Cristina (10:00-11:00)	Nunu's and Nannies (10:00-12:00) Vanjee Smith 079 1800 330 vanjeeleigh@gmail.com	
10:30				Flamenco Dance 076 521 8750		
11:00						
11:30						
12:00						
12:30						
13:00						
13:30						
14:00					Ballet (14h00-14h30) Nicky Ridley 072 2388 063 nickyridley33@gmail.com	
14:30						
15:00				Helen O'Grady Drama Academy (15:00-18:00) Kerry Holbrook 083 410 2940 www.dramafrica.com		
15h30		Debbie (15:45-16:45) Jazz - 082 425 6098				Yogabats (15:30-16:30) Desley White 011 465 1939 / 084 465 1939
16:00						
16:30			Goju-Ryu (16:30-19:30) Stef and Roberta 083 384 3026 / 083 309 5352		Goju-Ryu (16:30-19:30) Stef and Roberta 083 384 3026 / 083 309 5352	
17:00		Cristina (17:00-18:00)				
17:30		Flamenco Dance 076 521 8750				
18:00		Yoga - Wendy (18-19:15) 011 465 7155 / 083 400 6211		FWG Running Club secretary@frra.co.za Mandy 083 462 2725	FOR HOA AND AGM MEETINGS	FWG Running Club secretary@frra.co.za Mandy 083 462 2725
18:30						
19:00						
19:30						
20:00						

Clubhouse

Phase 2 Outside

Phase 2 Soccer Nets

All fees and times to be confirmed with the activity provider concerned.

**Bergen's**™  
Appliance  
Repairs & Spares

"We keep them working"

SHOP 5  
FOURWAYS GARDENS  
SHOPPING CENTRE  
CNR URANIUM STR &  
BUSHWILLOW AVE  
FOURWAYS  
011 467 9474



**Ian** 0832503736  
**Office** 011 469 4300

WE TAKE CARE  
**CARE CONSTRUCTION  
AND PAVING**

We specialise in new houses, additions and alterations, paving, painting and all your building requirements, no matter how big or small. Over 30 years experience.

Web site; [www.careconstruction.co.za](http://www.careconstruction.co.za)  
Email; [ian@careconstruction.co.za](mailto:ian@careconstruction.co.za)



**EMIGRATING,  
DOWNSIZING,  
RELOCATING,  
DECEASED ESTATES ...**

We are a leading auctioneer of quality movable household items including furniture, appliances, decorative art, silverware, jewellery, militaria & collectables.

**Evaluations given.  
Collection arranged.**



[www.bryanstonauctioneers.co.za](http://www.bryanstonauctioneers.co.za)

For more information contact us on:

**011 463 4666 • 011 463 4619 • 083 417 8231**  
**Main Rd, Bryanston**  
**[info@bryanstonauctioneers.co.za](mailto:info@bryanstonauctioneers.co.za)**



When is a bed more than a bed?  
*When it's la différence!*

Neither words nor pictures can adequately describe what it's like to lie on a la différence bed, because you have to feel the difference to believe la différence!

An incomparable la différence experience awaits at Sealy Mattress Gallery.

*la différence*  
ESSENSUAL LUXURY  
MADE BY SEALY

[www.sealy.co.za](http://www.sealy.co.za)

A member of BRAYD GROUP The home of famous furniture

**MATTRESS GALLERY**

FOURWAYS | WILLIAM NICOL, CNR LESLIE RD | 011 465 7315

[WWW.MATTRESSGALLERY.CO.ZA](http://WWW.MATTRESSGALLERY.CO.ZA)



**PREMIUM GROOMING &  
SHOPPING EXPERIENCE**

VET OWNED AND MANAGED

**OFFER**

Receive **10% off a grooming treatment** and **5% off all merchandise**



We offer cat-only mornings

One per client or family of pets. Offer valid until 31 December 2019 on presentation of this advert.



**FERNDALE** | Ferndale Village Shopping Centre  
011 326 3626 | [spa@twistedwhiskers.co.za](mailto:spa@twistedwhiskers.co.za)



**HOBART** | Hobart Grove Shopping Centre  
011 463 5957 | [hobartspa@twistedwhiskers.co.za](mailto:hobartspa@twistedwhiskers.co.za)

To view our range of products and services, visit [www.twistedwhiskers.co.za](http://www.twistedwhiskers.co.za)

## TREATING YOUR WINTER GARDEN

Susan – The Victorian Tea Garden, Nicholas Nursery, Witkoppen Road

**S**usan, who is an ex-apprentice at the British Royal Horticultural Society and now a seasoned landscaper in Fourways, talked to us about our winter garden.

Gardens, like any living thing, need their rest. They work hard in spring and summer and need to rest in winter. The best way to ensure an enlivened spring garden is to let the garden rest. Cut down perennials and mulch the soil and beds to 6cm.

Bedding plants need a lot less attention in winter providing they get planted into soil that is well prepared and this is where compost is the basis of your gardening regime. Only add organic fertiliser, then your layer of mulch. Do not worry too much about watering. Mulch will hold the moisture in the soil. Do not dig. Let the worms do their job. Use a hoe to weed. Plant your garden densely. Throw carrot seeds in flower beds and enjoy their lovely frond leaves. Plant a few blue and grey succulents.

Focus on certain areas of your garden, verge and patio for splashes of colour.

Eckards Garden Pavillion in Bedfordview recommend planting poppies, pansies, primulas, Dianthus or Calendulas. In full sun spots towering above the rest grow some poppies. Poppies are special because they attract bees to the garden. The same as we help feed the birds in winter it is important to consider planting to encourage bees. More and more reports are coming out on the plight of bees and we are all becoming more aware of the importance of bees in the environment as part of our food production.

Plant poppies in the most sun you can. They will grow in a bit of shade but flowering is best when they get sun. Once



in, nip out the first couple of flowers so that the strength goes into the plant and it grows stronger. Once the poppies start to flower keep more flowers coming by dead-heading them as much as possible. This will keep them in full flower longer. Poppies are also great cut flowers. To make them last longer in the vase dip the newly cut stem in a bit of boiling water and then straight into the vase.

Pansies and Violas are a must in the winter and spring garden, flowering for months on end. Planted anytime from autumn through to spring they will be in flower well into October and even early November making them incredible value for money. Pansies through winter want full sun to most of the day sun to perform at their best. If you give them too much shade they will produce fewer flowers through the coldest months and only provide a mass show at the end of spring.

**TIP:** Keep your winter pansies slightly on the dry side and keep dead-heading them to produce more flowers.

Violas look just like pansies but have a smaller flower. Violas are for semi-shade and have the added fun element that their flowers are often fragrant and make a pretty addition to salads and on top of cupcakes for lazy winter afternoon high teas.

Primulas and Primroses are our

recommendation for shady garden beds or containers. The Primulas are available in white and shades of purple and last for months in well prepared soil. It is especially important to prepare the soil well for Primulas if you are planting them under trees. The past summer would have had the trees take all the extra food out of the soil. Plant them with BioGanic and Bone Meal and then keep them well watered. Feed them with Multifeed Classic regularly to get the best show over the next few months.

Primroses look like giant buttons and grow flat. Plant them in light shade where you can look at them from close up. Perfect for a shady patio container or along a pathway you use every day.

Choosing winter bedding plants is so much more fun than it is for summer as there are so many more to choose from and there are more colours and mixes in each variety. If you don't have much space winter plantings are fun to mix up and experiment with. This year plant some combos in the pots and around the garden for a cheerful uplifting display.

**Idea:** Under plant your bedding plants with Bulbs. That way you get a layered display of colour that changes as spring gets here.

CALL SUSAN ON 078 445 8598 for a landscaping quote: Eckards on 011 453 8573.



# YOUR RESIDENT Property Specialist!

*"I have been living and selling property  
in Fourways Gardens for 14 years!  
Your asset is important to me."  
Francesca Beattie*

**DEAR RESIDENTS – WE HAVE SOLD OR LET MOST  
OF OUR STOCK IN FOURWAYS GARDENS  
PLEASE LET US DO THE SAME FOR YOU !!!**



**On the Nature Reserve! R6.5m**



**Onto the Park! FOR SALE R5.5m RENT R42 000pm**



**PHASE 1 DUPLEX: R16 000pm**



 011 705 2384 / 083 678 8001

 [info@fbproperties.co.za](mailto:info@fbproperties.co.za)

## TESTIMONIAL

We are delighted that Francesca Beattie Properties sold our house in Fourways Gardens, Francesca, being a Fourways Gardens Approved Agent, is very knowledgeable about the area and does extensive research into property sales, both there and in the surrounding suburbs. She was extremely thorough, professional, diligent, supportive, helpful and friendly to both the buyer and seller in guiding us both through this complicated process and handled the various problems that arose so gracefully. We have no hesitation in recommending Francesca to anyone else and have recommended her to friends. We would certainly ask her to do any future house sales that we may have

Yours sincerely

Andrew and Norma Johnston  
CAPE CHESTNUT ROAD



[www.fbproperties.co.za](http://www.fbproperties.co.za)



  
**FRANCESCA Beattie**  
properties  
property • art • gardening • diy



## 10 must do's this month

- 1. Continue deadheading annuals and feed** fortnightly with organic liquid fertilizer or vermiplus pellets. Spray the plant leaves with OBUNDANCE, it's a liquid fertilizer from Turfnet. Fill sunny gaps in the garden with cool coloured annual like white and lilac petunias and alyssum and blue lobelia
- 2. Prepare beds or 50cm-deep,trenches for sweet peas** at the end of the month; do this in march in warm frost free areas. Add old manure, compost, vermiplus and bone meal and add shredded newspaper.
- 3. Top up mulches** to keep the soil cool and preserve moisture. Organic mulches also improve the structure of the soil. Use rough compost, straw or bark chips. Bark chips are good for acid lovers.
- 4. Deadhead and divide** overcrowded agapanthus after flowering. Break off the faded flowers from lily stem tips; the more foliage left the better the following year's bulbs.
- 5. If the water in your pond is green** immerse a net bag, filled with straw from a pet shop as this slows the growth of algae. If the water is shaded by water lily leaves and water blometjie, this is less likely to happen, but they shouldn't cover more than 50% of the water's surface.
- 6. Start feeding cymbidium orchards** with flower indulging, low-nitrogen/high-potassium food like Starke ayres flowering orchids. This and the cooler temperatures and shorter days, will encourage new flower spikes. Do this monthly until October. Rinse out accumulated nutrients once a month.
- 7. Cut back old flowers stalks of perennials** like penstemon, shasta daisies, salvia leucantha and achillea; mulch with old manure or compost to encourage another flush of flowers, pull out canna stalks. Keep camellias and azaleas moist.
- 8. Trim evergreens**, including tibouchinas that have finished flowering, in the hot sub tropical areas of kzn and Mpumalanga. Neaten hedges
- 9. Feed autumn and winter-flowing plants** like plecranthus, chrysanthemums, poinsettias and indogenous plants like barleria, hypoestes (ribbon bush) and Leonotus (wild dagga). Apply epsom salt to acid-loving plants that have yellowing leaves such as gardenia and mackaya bella. Follow up with iron chelate.
- 10. Take cuttings** of plants that need pruning; pelargoniums, heliotropes, lavender, daisy bushes and hedging plants like myrtle and westringia.



## The veggie garden

**Spread mulch** Around vegetables and rows of beans and carrots; water early in the morning

**Make a last planting of bush beans.**

**Try something new for salads** Such as blood sorrel and fennel bulbs.

**Harvest** herbs for drying and freezing.

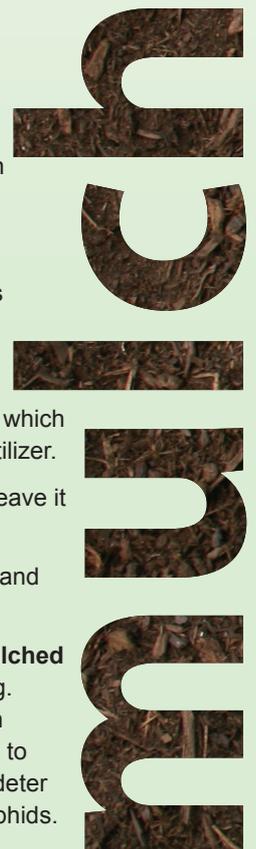
**Feed fruit trees** like plums and apricots which have finished fruiting with an organic fertilizer.

**If you haven't harvested your garlic**, leave it in the open air to dry out before storing.

**Feed and mulch** cabbage, cauliflowers and broccoli seedlings.

**Water citrus trees and keep well mulched** now the fruit is swelling.

Underplant with wild garlic to help deter aphids.





# FAMILY FUN RUN

*13 May 2018*

*Phase 2 Park  
Tennis Gazebo*



Registration from 09h00  
Race to start at 10h00  
Fun prizes on the day!  
First 130 entries get free water bottles!

**Jumping castle and balloons for the kids!  
Prize for the most original family dress-up!**

Lew Geffen

**Sotheby's**  
INTERNATIONAL REALTY

Enrol  
NOW  
for  
2019!

# CURRO Academy Riverside

- English-medium primary and high school
- Grades RR to 9 with Grades 10 to 12 phasing in annually
- Excellent sports facilities
- State-of-the-art computer labs
- Robotics

SCHOOL  
TRANSPORT  
AVAILABLE



Blue Crane Road, Riverside View | info.riverside@curro.co.za  
087 086 4645 | www.curro.co.za



## CHRISTIAN ETHOS CAMBRIDGE CURRICULUM

- **GRADE R - GRADE 7**
- **GRADE 8 - Grade 12**  
(CHECK POINT - AS & A LEVEL)

TEL: +27 11 704 1148  
+27 11 7 04 1073

Email: [info@acaciaschools.co.za](mailto:info@acaciaschools.co.za)  
Website: [www.acaciaschools.co.za](http://www.acaciaschools.co.za)  
200 Blandford Road, Northriding JHB, 2188  
cnr Bellairs Drive & Blandford Road

Like us on Facebook | Follow us on Twitter



TILL END  
OF MAY

# 2018 GARDEN DESIGN SHOW

Get inspired by the 9 fully integrated gardens which take visitors on a gardening journey, that showcases pertinent and innovative garden designs easily replicated in your home and garden.

When: 10 February to end May 2018  
Where: Lifestyle Home Garden

Free entry, pre-arranged guided tours and interesting talks and events accompany the show.

Proudly brought to you by  
**LIFESTYLE HOME GARDEN** | **LIFESTYLE COLLEGE**  
[www.lifestyle.co.za](http://www.lifestyle.co.za) | [www.lifestylecollege.co.za](http://www.lifestylecollege.co.za)



Cnr. Beyers Naudé Drive & Ysterhout Ave, Randpark Ridge, Randburg  
• Tel: 011 792 5616

# FOURWAYS GARDENS HAS TWO WATTLED CRANE

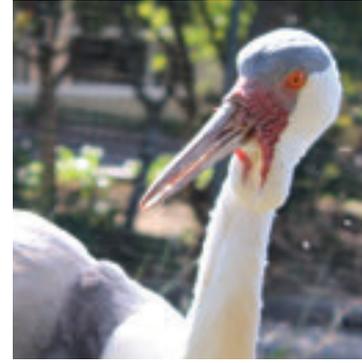
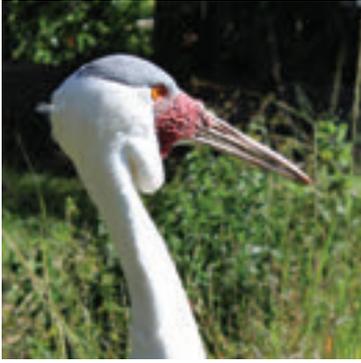
On 25 April we were incredibly fortunate to receive two Wattled Cranes from the Johannesburg City Parks department.

**B**oth these birds had been injured and cannot fly, therefore it would not be possible to release them into the wild. Phillip Mkhombo, who is also managing our Blue Cranes with the help of resident Irene Howard, suggested our estate receive the endangered Wattled Cranes for safe keeping as our Blue Cranes are doing so well.

Phillip had the following to say about our new residents:  
Johannesburg Zoo is spearheading one of the most crucial and successful Endangered Species conservation efforts in South Africa; the Wattled Crane Recovery Programme. Wattled Cranes (*Bugeranus carunculatus*) are the most highly endangered and rarest cranes on the African continent. Historically, Wattled Cranes were far more abundant and widely distributed throughout South Africa.

Sadly, a decline over just two decades has left the population





Critically Endangered and facing a high risk of extinction in the wild. About 350 individuals remain in South Africa with the most significant population residing in isolated pockets in KwaZulu Natal. Wattle Cranes are already locally extinct in the neighbouring countries, Lesotho and Swaziland.

In July 2000, concern over the decline of the species in South Africa, and its potential genetic uniqueness, led to the initiation of a Population and Habitat Viability Assessment Workshop, where it was determined that a captive breeding and release programme could play a significant role in ensuring the long-term survival of the species and thus the Wattle Crane Recovery Programme was initiated.

The Wattle Crane Recovery Programme (WCRP) aims to prevent the local extinction of the Wattle Crane in South Africa by breeding Wattle Cranes in captivity and releasing their offspring into existing wild flocks. A captive breeding flock of Wattle Cranes was created by collecting abandoned eggs from the wild and costume rearing the resultant chicks to prevent human imprinting. Once the breeding flock begins producing a significant number of chicks, their offspring, along with any additional chicks produced from abandoned wild eggs will be costume-reared at the Bill Barnes Crane and Oribi Nature Reserve in KwaZulu-Natal and subsequently released into existing Wattle Crane flocks in an effort to bolster the wild population.

While the vast majority of Wattle Cranes lay one egg per clutch, a small percentage of females will lay a two egg clutch. In such cases, however, the second egg merely serves as an insurance policy in case the first egg does not hatch. Soon after hatching, Wattle Crane parents will lead the first chick away from the nest to avoid predation, abandoning the remaining egg in the process. Ezemvelo KwaZulu Natal Wildlife, the provincial conservation authority issues an annual permit to the WCRP for the collection of these "second eggs", as this has no known detrimental effect on the productivity of the wild population. The process begins with an annual aerial survey of known nest sites conducted by Ezemvelo KZN Wildlife with assistance from the Endangered Wildlife Trust. The annual survey is then supplemented by monthly aerial surveys throughout the breeding season. A fieldworker visits the double egg nest sites on foot and measures the length, breadth and weight of the eggs.

A mathematical equation is then used to determine potential hatch dates. The soon to be abandoned second egg is only removed from the nest when its older sibling has begun hatching. The rescued egg is hatched in an incubator and flown to Johannesburg through the generous support from Airlink. Once the egg arrives at the Johannesburg Zoo it will be incubated until it hatches then a lady by the name of Thoko Masina would hand rear the cranes from the day the egg hatch inside the incubator until



## Welcome to our new neighbours, Elvin and Amanzi!



they are fully grown where they can be on their own.

The Wattle Crane Recovery Programme is a not-for-profit conservation initiative managed by the Johannesburg Zoo in partnership with the Endangered Wildlife Trust, the Ezemvelo KwaZulu Natal Wildlife and the African Association of Zoos and Aquaria and is aimed at preventing the local extinction of the Wattle Crane in South Africa through the release of puppet-reared Wattle Crane chicks into Critically Endangered wild populations in South Africa. Please help us ensure that Wattle Cranes continue to grace the skies and wetlands of South Africa.

Over the past thirty-three years, researchers in North America have been successfully saving endangered crane populations through the release of captive-reared crane juveniles using a method referred to as puppet-

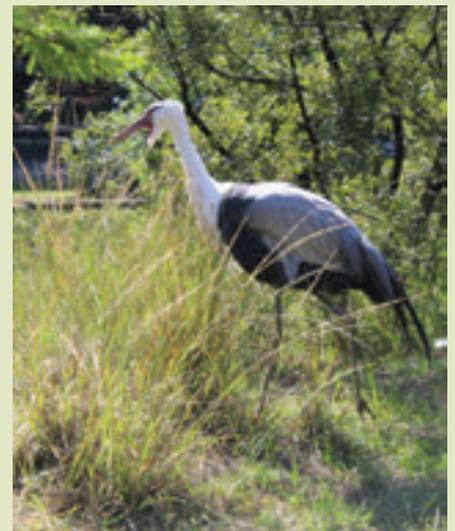
rearing or costume-rearing. A human caretaker dresses in a crane costume with a crane puppet-head on the end of one arm and acts as a surrogate parent for the juvenile cranes.

Costumed caretakers introduce the young cranes to life in the wild and teach them appropriate life skills such as, where to find food and how to avoid being eaten by predators. The Wattle Crane Recovery Programme is currently making plans to utilize the costume-rearing technique to rear and release Wattle Cranes in the KwaZulu Natal midlands.

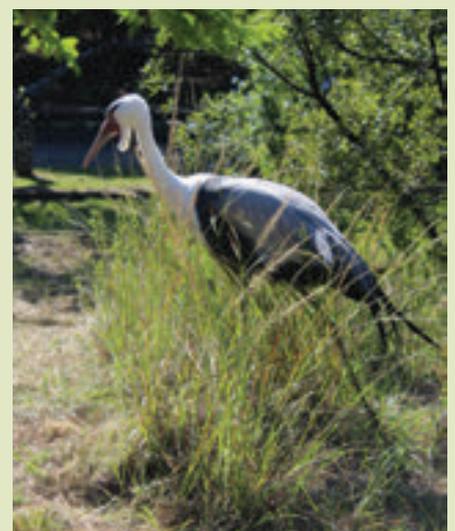
Feasibility trials to assess the potential success of using this technique South Africa were conducted during which 7 costume-reared Wattle Cranes were released into wild flocks in KwaZulu Natal. A year after release, 100% of the chicks were still surviving and living with the wild flock and one of the birds released in 1999 is still alive today!



**The Wattle Crane Recovery Programme and the KwaZulu Natal Crane Foundation are working together to create a rearing for release site on the foundation's Bill Barnes Crane & Oribi Nature Reserve in Nottingham Road.**



Elvin (female) was born in Hlathikhulu Crane and Wetland Sanctuary on the 9th of September 1998 (19yrs old). Elvi was hand reared using puppet costumes to mimic their adult parents at the Johannesburg Zoo. Last known weight was 5.45kg weighed in February 2018



Amanzi (male) was born in Hlathikhulu Crane and Wetland sanctuary on the 24th of August 2001 (16yrs old). Amanzi was hand reared using puppet costumes to mimic their adult parents at the Johannesburg Zoo. Last known weight was 6.6kg weighed in February 2018.

# LOOKING FOR THAT WARM FUZZY FEELING?

Look no further than Andiccio24 to beat the winter blues



As we head into the colder months, comfort food is bound to be top of mind for most of us. Wholesome soups, delicious wood-fired oven pizzas or warming, authentic Italian pastas will go down very well, rounded off with a selection of delightful cupcakes and divine Illy coffee.

Whether it's eat-in or eat-out, Andiccio24 is the place where you will find the most delicious meals and snacks, 24/7. And even if it's teeth-chatteringly cold, who can resist those freezoccos, decadent milkshakes and Haagen-Dazs ice creams?

The most awesome feature of Andiccio24 is that you're the boss. You can mix and match ingredients to your heart's content. Banting, gluten-free, vegan? They cater for these dietary requirements too –

and not with the odd token substitute - they have really taken everyone's nutritional needs seriously and come up with some superb choices for you. For example, in addition to their traditional pizza bases, they now offer ten different banting bases, such as coriander and basil, pumpkin and zucchini, to name a few. You can choose your own pasta combinations and build your own salads as well. And if you would like to pop in merely for a refreshing beverage (they also offer a wide selection of ciders, beers, wines and cold drinks), and you feel like something to nibble, they have added a selection of breadsticks and dips to their menu, just for you.

Andiccio24 currently has 19 stores in and around Gauteng, with their 20th store opening soon in Centurion. You can enjoy using their free Wi-Fi while you're there – and remember, they deliver free of charge

within a 5km radius of each store until midnight, if the order is over R65,00.

You'll find Andiccio24 at the Kyalami on Main shopping centre. For deliveries and take-away pre-orders, call 011 466 0151. [www.andiccio24.co.za](http://www.andiccio24.co.za)

**Don't forget!** The friendly staff at Andiccio24 are great at organising parties, both in-store, or at a local venue of your choice.

To make your party arrangements, email [Clara@Andiccio24.co.za](mailto:Clara@Andiccio24.co.za) at least 2 weeks ahead.

## COMING SOON

Andiccio24 will soon be offering an online ordering platform. Watch this space for more details!



# Discover the Dainfern difference



**DAINFERN**  
*College*

## Growing leaders since 1997

- 21 years of excellence in education and innovation

## Member of the Round Square network of schools

- International opportunities to grow global citizens

## 100% invested in your child

- Proudly independent & not for profit

## Proven track record

- 100% IEB Matric pass every year

## Open Days:

- 10 May 09h00-10h00
- 7 June: 09h00-10h00
- 5 July: 09h00-10h00

011 469 0635  
[info@dainferncollege.co.za](mailto:info@dainferncollege.co.za)  
[www.dainferncollege.co.za](http://www.dainferncollege.co.za)



# YOUNG GOLFING TALENT ON DISPLAY

Tricky weather conditons in the Prep School competition



## Prep School Golf Challenge

The Dainfern College Prep School Golf Challenge, hosted on 8 March at Dainfern Country Club this year, has become a high-status event for preparatory school players. This event saw the largest field ever participating, with 77 golfers from 18 schools all over Gauteng and a pleasing increase in the number of female entries.

The competition caters for all levels of golfers, offering both a competitive and non-handicap section. The conditions this year were tough and extremely challenging, with the day beginning and ending in heavy downpours and gusty winds. The event concluded

with a prize-giving and dinner and was once again deemed a huge success by the young players and accompanying staff.

In the individual handicap section, first place went to Rorisang Nkosi from Pecanwood, while Amilkar Bhana (Crawford Sandton) and Luc Gavagnin (Pecanwood) came second and third respectively. Pecanwood placed first in the team event, represented by Rorisang Ndlovu and Luc Gavagnin, with Crawford Sandton's pairing of Amilkar Bhana and Cayden Laserow the runners-up. Third place went to Peter Watt and Jake Schraader of St Stithians.



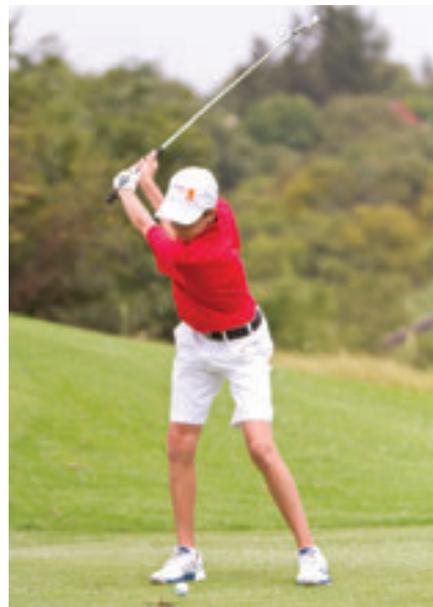
Pecanwood's winning team of Rorisang Nkosi and Luc Gavagnin, with Dainfern College's Tessa Shellard, deputy principal for sport, and Brendan Quinn, Senior Preparatory principal.



The winning team from St Alban's.



Runners-up Miles and Marcus Taylor of Dainfern College.



### National College Golf Champs

Dainfern College then hosted its annual National College Golf Championship from 11 to 13 March, also at Dainfern Country Club. This is one of the premier high school golfing events in South Africa and always attracts top golfing talent. With schools from all over the country as well as one school from Harare participating, it was a tough three days for all the players. The weather was perfect and the feedback was that they thoroughly enjoyed the tournament.

The St Alban's A-team pairing of Warwick Purchase and Kyle Campbell won the Dainfern College National Golf Champs for 2018. The Dainfern College A-team of Miles and Marcus Taylor were the worthy runners-up, having led on the first two days and coming in only two points behind. Third place went to Emerson Bam and Jacques van der Merwe, representing The School of Golfing Excellence.

The following golfers placed in the

### Individual Tournament of the National College Golf Champs:

- 1st: Warwick Purchase - St Alban's A
- 2nd: Shaun Jones - Trinity A
- 3rd: Ryan van der Klis – Invitational team
- Tied 4th: Miles Taylor - Dainfern College A and Liam van Deventer - Woodhill A
- 6th: Marcus Taylor - Dainfern College A

### Acknowledgements

Dainfern College was generously supported in these events by sponsors Sun International, Col'Cacchio's Dainfern Square, the Indaba Hotel,

Checkout Travel and Sportsman's Warehouse. The Dainfern Golf Club provided a superb experience in all aspects for both events while The Golf Guys and ScoreCapture provided expert assistance with planning, logistics and scoring.

For further information about Dainfern College, please contact marketing manager Mrs Deidré Proxenos on 011 469 0635 or [dproxenos@dainferncollege.co.za](mailto:dproxenos@dainferncollege.co.za).

DAINFERN  
College



# BREAKING NEW GROUND BUILDING OUR FUTURE

We are very excited about the development that is about to begin at Broadacres Academy! The architect team, along with the engineers and building contractors are furiously working towards the official ground breaking date, and in celebration of this, we are hosting a Ground Breaking Ceremony at Broadacres Academy on the 19th of May 2018.

## **A vision realised**

Since taking over the Broadacres Farm Nursery School in 2016, we have laid the foundation for the development of



*Breaking New Ground*



Broadacres Academy Preschool and Preparatory School. Our Preparatory school started in January 2016 with a Grade 1 class of 17 pupils and a vision of having a complete preparatory school by January 2020. We are currently up to Grade 3 and have 110 pupils in the preparatory school.

## **An enabling partnership**

Skye Education has bought into our vision and has partnered with us to assist with the development of our facilities. This partnership will enable us to build a full school solution by January 2020. We see this as an opportunity to allow our natural learning education philosophy to succeed beyond our wildest expectations.

## **Exciting facilities**

The learning spaces and educational facilities that are to be developed will be in line with our belief in constructivist learning, and our commitment to ensuring that the love of learning for each child is never lost.

We believe in education for the individual, and in creating an environment that enhances natural learning. Our classrooms will be movable learning spaces and will be equipped to deal with the way that children learn naturally. We have had remarkable success with our education philosophy over the past two years, and with the purpose-built classrooms and learning spaces, we are sure to continue to even greater heights.

## **Communal Learning Areas**

Our communal learning areas (CLA) are a very exciting initiative that we believe will enable children to drive their own learning and ensure they remain engaged in the learning process. These CLAs will incorporate areas for reading, IT research or extended learning and Design and Technology. Included are areas where children can collaborate; or spaces where they can be alone and involved in an activity that excites them.

## **A Natural Learning Environment**

We are proud of our natural learning



*Admin Block North-facing View*



*Prep School North-facing View*



*Paddock Approach to Admin Block*



*Preschool Meadow Learning Area*



*Prep School looking on to eco-pond*



*View from Admin Block toward Prep School*

environment and will retain this feel throughout the new development. The trees that will be removed from site for the development will be replaced with indigenous trees; and for every tree removed, we plan to plant two more in its place.

There are plans for outside learning spaces and a walking trail around the school between our animal enclosures and the landscaped gardens. The classrooms will have a natural flow to the outdoor learning areas. Our farm animals will remain a feature of the school, with bunny hutches, aviaries, chicken runs, a

duck pond and of course, our ponies. The children love their daily interaction with farm animals and the wonderful learning opportunities they create.

### **Ground Breaking Ceremony & Open Day**

Join us on Saturday 19 May for our Ground Breaking Ceremony and Open Day. Come and experience this exciting development, see the plans and enjoy a morning of excitement and discovery. Bring a blanket and a picnic basket and let your children interact in the planned construction-themed activities designed to celebrate our Ground Breaking.

**Where:** Broadacres Academy, 28 Syringa

Avenue, Broadacres

**Date:** Saturday 19 May

**Time:** 09:00 – 12:00

**Bring:** Your Family Picnic Basket

**Info:** [info@broadacres.com](mailto:info@broadacres.com)



Contact Details:

Phone: 011-4653810

Email: [info@broadacres.com](mailto:info@broadacres.com)

Web: [www.broadacres.com](http://www.broadacres.com)

Facebook: [@broadacres.academy](https://www.facebook.com/broadacres.academy)

Instagram: [@broadacresacademy](https://www.instagram.com/broadacresacademy)

### **Broadacres Academy offers the community a:**

- Crèche for children aged 9 – 18 months;
- Preschool for children aged 2 to 5 years old;
- Junior Preparatory School for children in Grade 0 – 3 (up to Grade 6 by 2019) and a
- Tutor Centre for registered homeschoolers from Grade 7 – Grade 12.

If it's your desire for your child to love learning and stay curious in a nurturing environment, then arrange a visit Broadacres Academy today and experience the joy of a natural learning community!



4WAYS UNITED CHURCH

I have come into the world as a *light*  
so that no one who believes  
in me should stay in darkness.  
If anyone hears my words  
but does not keep them,  
I do not judge that person.  
For I did not come to judge the world,  
but to save the world.

**4ways United Church**

**Indaba Hotel Auditorium  
9h30 every Sunday**

for more information visit [www.4waysunited.org.za](http://www.4waysunited.org.za)



# BILTONG

**Great  
lunch box  
snack!**

**LOOKING FOR A PROTEIN SNACK?  
TRYING TO AVOID CARBS?**

- Beef Biltong snap sticks 650g pack @ R195 (chilli sticks also available)
- Dry wors 650g packs @ R195
- Sliced biltong @ R225 per kilo Grade A meat



**VANESSA 074 179 5558  
biltong@hotmail.co.za**



*Samples are available*

**Delivery FREE  
in close proximity to Fourways**

*Established 2006*

**DEVELOPING THE NEXT GENERATION  
OF INNOVATORS AND LEADERS WHO WILL  
SHAPE THE FUTURE**

**JOIN US AT OUR OPEN DAY**

**2 JUNE 2018 & 14 JULY 2018**

**Nova Pioneer Paulshof**  
9 Stone Haven Rd, Sandton  
Pre-Primary and Primary

**Apply today**  
[www.novapioneer.com](http://www.novapioneer.com)



**NOVA PIONEER**  
SCHOOLS FOR INNOVATORS & LEADERS

# FOURWAYS GARDENS EASTER EGG HUNT



A very exciting morning was enjoyed by our Estate's little ones on Sunday, 25 March 2018. The Easter Bunny came to visit the Estate and lots and lots of Easter Eggs were hidden in the park!

**S**ome of our very young residents were a little apprehensive of the giant bunny at first, but when they realised that the bunny handed out chocolate eggs, they soon warmed up to her.

As has now become tradition in our Estate, the egg hunt was followed by fun games for the kids. We divided the children up in age groups and had fun prizes for the winners.



Well done to the children who came first and second in the various races!

### Egg and Spoon race winners

1st Greg Blackburn (7)  
2nd Toby Howard (6)

1st Madison James (8)  
2nd Lagar Leisher (10)

### Three-legged race winners

1st Bradley Bowen and Jean-Luc Du Plessis (5)  
2nd Ava Bruce (6) and Alice Haynes (4)

1st Nathan Marshall (8) and Luke Hayward (7)  
2nd Greg Blackburn (7) and Cameron Bowen (7)

1st Jase Hinton (10) and Bongani Ncube (10)  
2nd Isabella Norris (9) and Neave Norris (9)

### Sack race winners

1st Ellis Haynes (4)  
2nd Nala Shah (4)

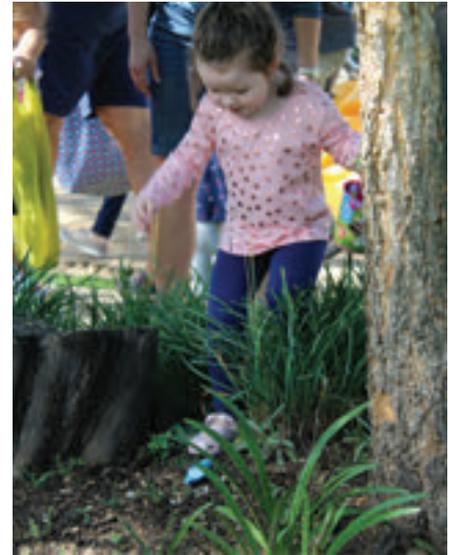
1st Scarlet Howard (6)  
2nd Cameron Bowen (7)

1st Lagar Leisher (10)  
2nd Jace Hinton (10)

The last competition for the morning was the Egg Throwing Competition and here parents could team up with the kids! Our winners were Fiona and B Peterson, they have moved from Denmark to join us here in Fourways Gardens Estate!

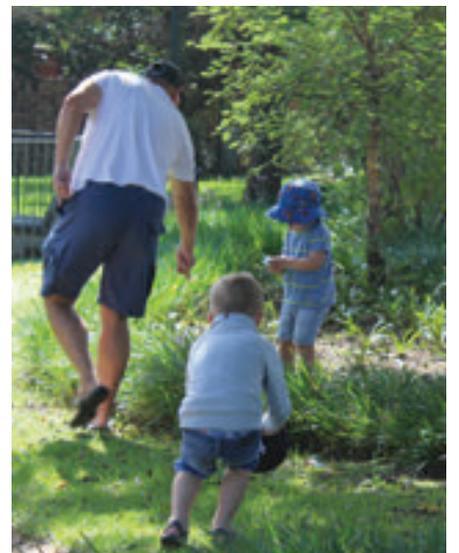
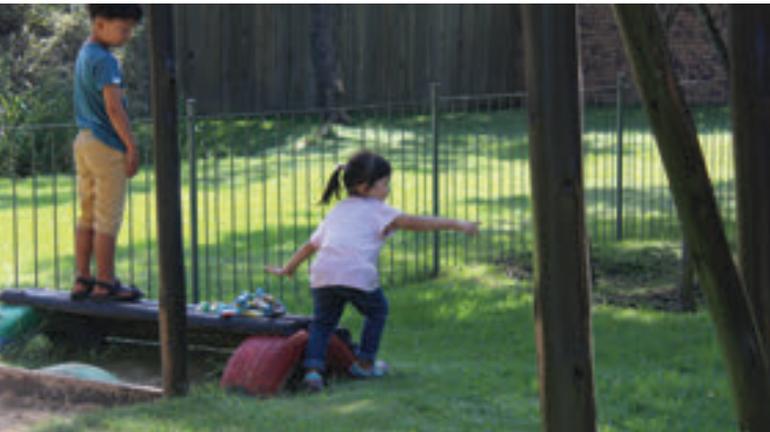
Three-year-old little Dominique du Plessis won the "guess how many eggs in the bucket" competition! Who said you have to be able to count to be right?!

We wish to thank Engel & Völkers who co-sponsored the morning with the Estate for our young residents to have a great time!





*Estate News*



# MATRIX™

WAREHOUSE



HP 123  
Tri-Colour  
Cartridge  
F6V16AE

**R189**

HP 123 Black  
Cartridge  
F6V17AE



**R169**

HP Officejet 3830  
4-IN-1 Printer  
F5R95C

**R949**



Dell Inspiron 15 3000  
Series (3576)

IS3576-I78550-81000

- Intel® Core™ i7-8550U Processor
- Windows 10 Home • 8GB Memory
- 1TB Hard Drive • 2GB Radeon GPU
- 15.6" Screen • DVD Writer



Windows 10

**R12999**

**NEW  
8TH GEN  
DELL  
CORE I7  
NOTEBOOK**



Essential  
15.6" Laptop  
Backpack  
DELL-BACKPACK

**R349**



Wireless Mouse  
VM126

**R249**



**WE DO TECHNICAL CALL-OUTS!!**

FOURWAYS CROSSING  
**010 593 2453**

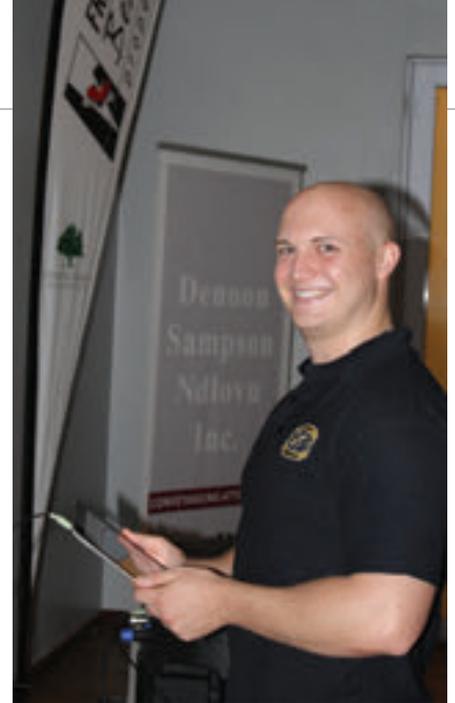
FOURWAYS MALL  
**011 467 8903**

**CONTACT  
US TO BOOK  
YOUR  
CALL-OUT  
TODAY!**



# QUIZ NIGHT AT THE CLUBHOUSE

Our April Quiz Night was as much fun as ever. Francesca Beattie Properties, our official sponsor, brought her Conveyancing Attorneys, Denoon, Sampson, Ndlovu Inc based in Sandton, on board and Andrew Smith one of the Directors represented on the evening. He also made a cash prize available for the second runners up!

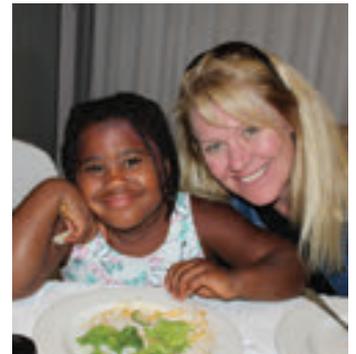


### The prizes for the evening were:

- First prize – R1,000 sponsored by Francesca Beattie Properties
- Second prize – R500 sponsored by Denoon, Sampson, Ndlovu Inc
- Third prize – R400 meal voucher from the Clubhouse, who also sponsored the Quiz Master for the evening.

### The winning teams were:

- 1 SPEEDY GONZALEZ
- 2 BRAIN BUFF
- 3 TEAM EVERS



**Our next Quiz Night is scheduled to take place on Friday, 1 June.**  
Please keep an eye out for the announcement in our weekly newsletter.



## Our April wine tasting was presented by



Fourways Gardens  
Wine Club



Star Hill wines may be not too well known at the moment, but I think the 80 attendees at our monthly tasting will all agree that the estate should soon be on the map due to the wonderful wines they are producing. Presenter Harry Dare is the marketing manager in Gauteng and his relaxed address was well received – his belief is that a good wine is one that you enjoy drinking! We tasted 8 wines in all, including 2 vertical tastings, prior to dinner being served by our restaurant. Our thanks to Francois and his team for helping with the smooth running of the evening.

As usual Tyson Properties' generous donation was used to purchase wine to accompany the meal as well as sponsor 3 prizes in the lucky draw.





**Book early – tickets go fast!**

Keep a lookout in the weekly newsletters and on our Facebook page for upcoming tastings.  
• 4 July • 1 August • 5 September

**Please make your bookings and payment directly at the Clubhouse.**

## SPECIALISING IN UNIQUE ONCE OFF ITEMS

Sourced directly from  
factories & importers; job-  
lots, factory over-runs, end  
of ranges & samples.

Unpacking new containers  
& consignments weekly.

If you are looking for unique and functional  
**QUALITY FURNITURE &  
DECORATIVE ACCESSORIES**  
ready to go and at the most competitive prices.

**Blairgowrie:** Tel: 011 326 2508  
**Kyalami:** Tel: 011 466 0072  
**Northriding:** Tel: 011 704 0524  
[www.lotsandcrates.co.za](http://www.lotsandcrates.co.za)

 [facebook.com/pages/Lots-Crates](https://facebook.com/pages/Lots-Crates)

# lots & crates

# THE LAST TOUR DE FARCE

BY JAMES CLARKE

Not long ago I succeeded in persuading half-a-dozen of my one-time colleagues to take part in a 500km cycle ride. It was to be the tenth, and last, of our annual cycle rides exploring darkest Europe. After all, some of us were getting on a bit. Harvey had passed 80.



*One of many long hills along the route.*

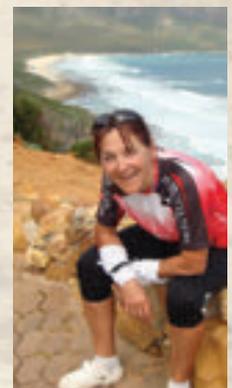
**O**ur Tours de Farce had begun by cycling down the Danube from Passau in Germany to Budapest. One year we crossed France; then Italy; we cycled the length of the Thames; we crossed Switzerland... but where to go for Tour de Farce X – our final expedition?

Then somebody said, “To hell with exploring Darkest Europe again, let’s explore Lightest Africa!” and so we decided to follow the Cape coast from Knysna to Cape Town. No need for passports; no more having to shout at

foreigners to be understood.

We turned to Liz Szabo, champion long-distance cyclist and proprietor of Escape Cycle Tours, for advice. She organises cycling tours in Africa and Europe with her business partner, Chris Murray, who supplies the transport - an immaculately kept luxury bus towing a 14-bike trailer.

Harvey and I would be using electrically-assisted bikes despite being called “a couple of bloody Hell’s Angels”.



*Liz Szabo of Escape Cycle Tours - our organiser*



Roadside cottage



The last Tour de Farce team with guests. On the far right: Chris Murray known as the "Bike whisperer".

The group at George Airport ready to set off.

We drove in the bus to overnight at Knysna but, because two of us could only fly down the next day, we decided to start cycling only when we all met at George airport. The route from there was a switchback of climbing and freewheeling but even with an e-bike I was getting some healthy exercise.

We dipped down to the mouth of the Klein Brak River and up the other side to our B&B, Soekie's Ocean Guest House in Hartenbos on the east side of Mossel Bay. Next morning, we skirted Mossel Bay and headed west along a very quiet gravel road that cut through the heart of what is known throughout the botanical world as the "Cape Floristic Region" – at 90 000 square kilometres, it is the smallest of the world's seven floral regions but, size for size, the richest in variety. At times, it was a bit like cycling through the Chelsea Flower Show.

We were to overnight at Stilbaai, a neat but rather sterile village of 6 000 people. Tourists come there from the other side of the world to be lowered beneath the waves to watch monster sharks nudging the bars.

Our B&B that evening was in an annex of the suburban home of a former Springbok cyclist, Abie Botha who,

daily, in his younger years, used to cycle from Pretoria to Krugersdorp and back – 140km before work on a bike without gears.

The next day, we continued westwards through the uplands for Witsand and the Breede River where we were to spend the night well inland. We stopped for a coffee break at a derelict pleasure resort near the hamlet of Vermaaklikheid (it translates to "joyfulness"). It looked as joyful as a Bagdad air raid shelter. Although the site had been open to the elements for years and reclaimed by Flora Capensis, it is still treated on maps with a respectably-sized typeface.

Here was the fundamental difference between cycling in Europe and cycling in South Africa. In Europe every six or seven kilometres there's a reason to stop - so many antiquities, interesting villages, markets, cafés... By contrast, routes in the Cape often continue strait, dipping and climbing and the only antiquities we saw were each other. But there's an unsurpassed tranquillity and, often, exhilaration. The landscape changes from golden grassland to cropland; from montane to seascapes with frequent glimpses of wildlife.

On day five my notes read "a mere

35km covered today but some heart-breaking climbs on gravel roads. My battery only just coped with one or two of the steepest gradients". Nevertheless, Liz or Chris, depending whose turn it was to cycle with us rather than drive the bus, would cycle alongside and chat and then spurt forward to those up front. We were headed for Malgas, a hamlet on the Breede River. The Breede is quite a grown-up river in South African terms and we used a hand-hauled pont to cross it.

On the sixth day, after cycling over hummocky countryside densely cloaked in fynbos, we found ourselves on a high ridge looking down a steep winding road that plunged into a wide fynbos valley. To the south, there was a line of high coastal dunes of snow white sand. To our right, we could make out a collection of 19th century Cape colonial buildings and, about 16km beyond, a bird's eye view of de Hoop Nature Reserve, one of South Africa's most attractive game reserves where we spent the night and enjoyed, at the Fig Tree restaurant, one of the best dinners we'd experienced on all 10 tours.

Next day we cycled on smooth tar and level ground towards L'Agulhas, a small



The bus crossing the Breede River

pizza-dispensing town of tasteless architecture but within a pleasant ride of Cape Agulhas itself where we paid our respects to the African penguin colony on the bottom tip of Arica.

We stayed over at L'Agulhas where we reached the stage of no longer being able to separate clean clothes from ones we'd worn, not even by smell – but at least I had cleverly folded away a clean set for our last night which was to be in Stellenbosch, South Africa's most elegant city where Liz had negotiated a good tariff at a most splendid 18th century hotel, the Oude Werf.

Cycling over the rolling countryside towards the coast we were irresistibly drawn into a winery, the Black Oyster

Catcher, partly because it was there. There are many circular wine routes in the region for cyclists whether athletic or . . . like us.

By now I was shamelessly using my bike's electric motor even when I did not have to. Thus I was first to arrive at Elim – a quaint 250 year old, very faded mission station, deep inland. Here we had a plain but wholesome lunch (pickled snoek) in the church hall and waved aside their apologies for having only three wine glasses.

We then "racked" our bikes and drove back to the coast, to Gansbaai which looked more attractive than the usual rather mundane Cape coastal towns. This was the penultimate day of the

last of our 10 tours and as Harvey lived in nearby Hermanus not far from Rex who'd cycled with us the first five Tours de Farce, we hired a private room in the Burgundy restaurant. We told Rex of the vicissitudes of our Cape ride - of the hills and how we were forced to drink wine from beakers.

"Why do we do it?" wailed Harvey in mock despair. "Adventure before dementia" suggested Rex.

Next day, we used the bus from Hermanus to Betty's Bay for we wanted to cycle the long way round hugging the coast to reach Gordon's Bay by lunch time. The ride from Betty's Bay took us first to Pringle Bay and then along the eastern shore of False Bay, one of South Africa's most beautiful routes. Across the water we could see Table Mountain.

So ended the last Tour de Farce – an idea that began on a whim and took us many thousands of kilometres through a dozen countries and, last of all, our own. I recalled Joel Chandler Harris' Uncle Remus saying:  
I journeyed far, I journeyed fas';  
I glad I foun' dis place at las'.



The original Tour de Farce team. From the left: Rex Gibson, Richard Steyn, James Clarke, Peter Sullivan, Harvey Tyson. All but Rex made the last tour. Not in the picture is Alan Calenborne who took the photo.

# PETCARE 911, WHAT'S YOUR EMERGENCY?

## 10 SYMPTOMS TO SEE THE VET ABOUT A.S.A.P.



Many of us grew up hearing that as long as our pet had a wet nose, he or she was in good health. In truth, there are many signs that we as pet parents need to be aware of in order to ensure our furkids are happy, healthy and comfortable.

It can be difficult to decide whether or not to rush off to the vet immediately, or if it's okay to leave something until the next day. Twisted Whiskers has put together a list of 10 pet emergencies that can't be ignored and that need veterinary attention as a matter of urgency. We've also made a handy list of essentials for your home Pet First Aid Kit.

### EYES

Dogs and cats may suffer injury to their eyes in a variety of ways, like



running into twigs in the garden, fights or tumbles with other pets, etc. Any damage to the structure of the eye, be it a scratch or a visible ulcerated area on the cornea, needs to be seen by a vet immediately, as your pet's sight may be permanently affected if not taken care of as a matter of urgency. Corneal injuries are also very painful, and pets usually keep the eye closed. NEVER be tempted to use eye drops prescribed previously, no matter how similar the symptoms. There are a couple of reasons for this. Using the incorrect medication for a condition may do more harm than good. Eye drops have a shelf life and need to be stored correctly (some require refrigeration), or used up and thrown

away within a prescribed time period, after which they are no longer safe to use.

Eye infections, too, are very painful and pets can cause further trauma to the eye by rubbing or scratching. The worst form of eye injury, and one that requires emergency attention, is where the eye-ball pops out of its socket as a result of a blow to the head.

### A SUDDENLY SWOLLEN ABDOMEN

The most serious cause of a suddenly swollen abdomen is gastric torsion (also known as GDV or "bloat"), where the stomach sometimes twists on itself, closing off the entrance or exit to the gut. The contents ferment and gas and fluid build-up rapidly, distending the stomach to a dangerous size, affecting breathing and blood circulation. This is one of the most common causes of death in dogs, second only to cancer! Most at risk are large breeds, and those with deep chests. If your dog's chest and tummy are very tight to the touch,

he is trying to vomit (unsuccessfully, managing only to get rid of foamy saliva), if he's pacing and whining and visibly anxious, or looking weak, GET TO THE VET IMMEDIATELY. This is 'blue lights and sirens' stuff, as time is crucial!

Bloat can be prevented by feeding your dog smaller portions of food (ideally twice or 3 times per day, instead of one big meal), and ensuring that he doesn't drink lots of water or run around madly before or after eating. Good quality premium veterinary diets are best as they contain more protein and the types of carbohydrates that are less likely to absorb a lot of water and bulk out in the stomach. The recommended portion sizes are also lower in good quality diets, making them safe for dogs in the At Risk categories.



## DOG BITE WOUNDS AND BLEEDING

Any bleeding that doesn't stop within 5 minutes of careful pressure applied to the wound should be seen by a vet. The cause of the injury also affects how serious it is: a torn nail or a cut on the ear or tail may bleed a lot but these wounds are not serious. However any puncture wounds can be a lot more dangerous than they look. They may not bleed much, and puncture wounds are often dismissed as less serious than wounds that spurt fountains of blood. However, the shearing damage done by teeth, powerful jaws, or a foreign object to

the tissues and structures under the skin are invisible from the outside and are often life-threatening. Any deep puncture wounds introduce bacteria and may affect internal structures like muscles and organs. They need prompt expert evaluation, cleaning and usually antibiotics to prevent abscesses and death of the tissue, besides pain management. Bleeding from nose, ears or rectum should be treated as an emergency too.



## VOMITING AND DIARRHOEA

Many tummy upsets are caused by dietary indiscretion, not so fondly known as "garbage disease" and should resolve within 24 hours.

Any vomiting or diarrhoea that happens multiple times in a day and is accompanied by pain, prevents the pet from keeping water down, or has blood in it, needs to be treated as an emergency, especially if the pet seems listless.

If your pet is a young pup or kitty, or a "golden oldie" with some other health concerns like heart and kidney issues, vomiting and diarrhoea should always be viewed as serious.

## NOT EATING OR DRINKING



No dog or cat will voluntarily go on a hunger strike for a prolonged period – there is always a good reason for inappetence. Even pets who are picky eaters tend to have a routine and they seldom miss meals or snacks all day without sampling a little of what's

on offer. Some pets might regularly miss a meal or two but if they are otherwise perky and behave normally and aren't losing weight as a result, it may not be cause to worry. If the disinterest in food is accompanied by other symptoms like lethargy, vomiting, diarrhoea (especially if both occur together), pain or other unusual behaviour, you guessed it, off to the vet immediately!

## NOT PASSING URINE

Blood in the urine, or reddish-brown urine may be a symptom of a number of different health concerns, including biliary, prostatitis or a bladder infection. Straining to urinate is of particular concern and needs to be treated as a life-threatening emergency in male dogs and cats!

## COUGHING/DIFFICULTY



## BREATHING

This may be the result of your pet choking on something, exercising to a level that is too taxing for his weight or age, a throat infection or possibly an underlying heart condition. If you have a brachycephalic breed like a bulldog, pug or peke, or a Persian cat, be extra-vigilant about any difficulties in breathing – your pet's airway is extremely cramped, making breathing a lifelong challenge. Anything outside of the normal snorting and snuffling should be treated as serious and warrants a veterinary visit. It goes without saying that no dogs should be exercised strenuously in the heat of the day, as heatstroke is a very real danger. If you notice that your dog is panting excessively with a purplish tinge to the tongue and gums after exercise or on a very hot day, has a rapid heart-rate, a high temperature (above 40 degrees C) and is clearly distressed, hose him down immediately with cool water and cover him with cold, wet towels. Have a fan or air-conditioning unit blow over his

body and get him to the vet at break-neck speed.

## LAMENESS



If your pet favours a leg or is unable to get up after lying down, get him checked out at the earliest opportunity. Mobility problems as a result of osteoarthritis are common in older pets and, sadly, they're often passed off as "part of getting old". Your vet will be able to differentiate between arthritis and possibly something more sinister.

Regardless of their age, our pets deserve to be pain free and given the opportunity to participate in all the activities they enjoy. There is an array of pain management options and therapeutic diets which can make the world of difference to your furkid's quality of life.

Lameness in younger animals is usually the result of some sort of injury, a developmental bone issue or over-enthusiastic play. If the lameness persists past a few days without improvement, your pet can't carry any weight on the limb or the symptom appears to come and go in the same limb, a vet visit is called for.

## POISONING



If you suspect your dog or cat has eaten or been exposed to something poisonous or harmful, get them to the vet immediately. Take the packaging with you, if possible, or let your vet



know what the active ingredients in the product are. Signs that your pet may have been poisoned include vomiting, frothing at the mouth, bleeding from the nose or mouth, disorientation, rapid heartbeat or difficulty breathing. Apart from the obvious chemicals, pesticides and cleaners, a number of everyday household products and foodstuffs that we may not automatically consider problematic, are dangerous to our pets. These include chocolate, algacide, xylitol,

caffeine and human medication.

## INJURY/TRAUMA

If your pet ever experiences blunt trauma, eg. being bumped by a vehicle, falling from a height or accidentally whacked with a cricket bat, no matter how slight, visit the vet immediately for a check-up. Depending on the area/s of the body affected, serious underlying damage may have occurred.

### Now that we've looked at some of the serious stuff, what should every pet-parent have in their Pet First Aid Kit for everyday bumps and scrapes?

- A probiotic veterinary powder to treat mild diarrhoea
- A few tins of food formulated for pets with diarrhoea
- Burnshield hydrogel
- Antiseptic cream like betadine or fucidin
- Wound disinfectant that is safe for pet skin, such as hibitane. Don't use Savlon or Dettol as it isn't formulated for the pH of pet skin .
- Buffered eye-wash to rinse out eyes
- Sterile non-adherent dressings to place onto open wounds
- Gauze swabs for wound cleaning or to absorb fluids
- Adhesive bandage, like self-adhering wrap in 50mm and 75mm width
- A litre of pouring saline to flush wounds
- Soothing skin spray
- Tweezers
- Gloves



Keeping our furry family members safe from every danger is impossible. But knowing what emergency signs and symptoms to look out for, having a great pet medical savings plan in place to give you options in the event of unforeseen veterinary expenses, and keeping your home Pet First Aid Kit well-stocked for those day-to-day mini-dramas, will give you the peace of mind that you've done everything in your power to manage problems and you can relax and enjoy the millions of non-stress-inducing moments of being a pet parent.

Africa's **Largest** Selection of Patio Furniture & Accessories

**PATIO**  
**WAREHOUSE**

Divano June Lounge Set



When Outdoor meets

*Indoor...*



Divano Ego Lounge Set

| WHOLESALE PRICES | [WWW.PATIOWAREHOUSE.CO.ZA](http://WWW.PATIOWAREHOUSE.CO.ZA) | OPEN 7 DAYS A WEEK |



## Whistle while you work

I am exceptionally fortunate; the work I am involved in requires high levels of creative thinking.

As a business and innovation coach there is a continuous need for me to be present for the client, abreast of new approaches, thinking and techniques. As a facilitator for business leadership it is imperative I am up-to-speed with leading trends. Perhaps, more critically, that I can invent learning interventions that lead to learning breakthroughs for the teams I work with.

So, I get to play, a lot. Which I argue, is the way it should be for all of us.

Late last year a good friend of mine, who owns a leadership development practice, asked me to design a learning engagement around customer centricity for one of his clients.

We had an initial chat and shared our immediate thoughts around some of the 'experiences' they could be involved in. Experiential learning is a well-established practice for creating an impact of learning, typically outside our normal working experience. We were looking for an engagement that would demonstrate customer service from an entirely different perspective, than the group would normally be exposed to.

In that moment that the thought occurred to me – what if they collected rubbish. That's an entirely different kind of customer service.

Imagine, I thought, going on a Pikitup truck, emptying dustbins?

Once the seed was planted in my mind, it was impossible to let it go. I had to find a way to persuade Pikitup to allow me to have teams of business executives hanging on the back of dustbin trucks, while whistling through the suburbs.



I thank Pikitup here. Their leadership team were outstanding. They saw my vision for the learning experience, and they immediately began the process of approval.

There is of course a key point to setting up a learning experience for others – how could I ask someone to do something, I haven't done myself?

So, early one Monday morning I reported for duty at the Randburg depot of Pikitup, along with two hundred other men and women, dressed in blue.

As I stood in the large briefing hall, with many curious eyes looking at me, perhaps rightly wondering what was this old uMlungu doing here, the depot manager spoke to everyone.

He had told me creating clarity was his intent and I stood to one side as he explained my presence. This of course was all conducted in Sotho (I presumed). It felt a bit tense at first and then when he finished, he asked for questions. Three were raised; the first two brought a general murmuring of agreed response, the last one brought

the house down. Clearly something hilarious, most likely about me.

Until that point, I had butterflies in my stomach, the first time in many years. But once laughter filled the hall, all the tension had gone. There's a great lesson there for us all.

Now outside, two gentlemen with clipboards were assigning teams and routes. Before I could catch my breath, I was marching along with a group of six others, introducing themselves as we hustled toward our truck for the day.

I climbed up into the cab along with the driver and three others. Directly behind the cab is a small seating area for additional passengers, which is where my other two colleagues found themselves.

We were off, and so was the immediate chatter, in strong competition with the radio. Our route today was the leafy suburb of Douglasdale and its many clustered communities.

Within what felt like minutes we were pulling up at our first collection of dustbins. Lined up outside the entrance of a complex. I was now outside and had intuitively fallen into my place of drawing dustbins from the bunch and pulling them toward the loading end of the truck and then ferrying away the empties. My desire for neatness kicked in, but I was immediately brought back to the required pace of operations...

"Jump up" was the urgent call I heard next.

I then found myself where we come to expect dustbin collectors to be, hanging from the back of a moving truck, accompanied by the high-pitched whistles of work.

I was then up and down, running from bin to bin, as is the practice of the dustbin man or woman.

We were moving at a good pace, just like Pac-Man gobbling up dustbins as we turned and twisted through the maze of suburban streets.

Then a hand on my shoulder guided me to a lever at the back of the truck. I had been promoted to lifting and emptying bins.

This role requires focused and consistent concentration. There is a rhythm required here. It goes like this...

Lever down – lock edge of incoming bin – lift lever – shake bin at top – lower lever – disengage bin – next bin. Repeat, repeat, repeat, move on, repeat, jump, move on, run, jump and so it goes. It felt as if time was suspended, I was in a mesmerising focus of choreographed actions.

I began to realise and appreciate that this process is actually a splendid dance, in fact a ballet. Each one of the team has a coordinated role of timed movements, orchestrated to align with each other and in sync with the moving truck. I had, with the guidance of my colleagues, gracefully aligned my actions to that music. I was part of the whole.

We swept through the streets of Douglasdale, by now the sticky nasty smells of wet garbage, dust, ash and everything else we throw away had mingled with the sweat of my exertions, no longer bothering me. I was now one with the garbage.

By nine-thirty the truck was full, six hundred dustbins emptied, between the five of us.

At this stage, the team takes a break as the driver heads off to a landfill to offload. They set up on the curb, under shade, and take out a bite to eat and a well-deserved drink.

To embrace the experience fully, I stayed with the driver to experience the landfill sights.

Oh boy – I witnessed a harsh reality as we began to climb up the side of the Mooiplaas landfill. For in the shadow of the landfill is a squatter camp and waiting for us at the top were teams of residents who scrambled to scour through the rubbish we were emptying. They live and work on the site. It was completely

sobering to witness human beings living off the waste of the more fortunate.

But life moves on. And we moved on, the unloading was done in a flash and it was back to Douglasdale to pick up the team and carry on.

By 12.30 the truck was once again full. Our round was at an end and we had emptied well over a thousand dustbins. I was hot, tired, outrageously smelly, but strangely satisfied and with a sense of collective pride we headed back to the depot. This time, apart from the radio, which had been muted, the cab was quite. Exhaustion and reflection had kicked in.

As I disembarked from the truck one final time, saying thank you and goodbye to my colleagues, who in turn thanked me and vanished into a sea of blue overalls, off to do a second shift.

I was so overwhelmed by the experience, the feelings and ideas.

But one instant remained uppermost in my mind.

In one of those clinging to the side of the truck moments, one of the guys had said to me... "Many of the public think we are lazy, stupid and incapable of doing anything else." He went on to say... "But we don't worry what people think of us, we know the value of what we do, we know the importance of our work – we perform a higher purpose." He said calmly and with pride.

So please, next time you see a Pikitup crew – say "thank you" wave and whistle, spare a thought to those who clean up your rubbish.

Till next time,

*Graeme*



*Graeme Butchart*  
Developer of Great People  
082 897 1463  
[www.graemebutchart.com](http://www.graemebutchart.com)

# Classifieds

## SERVICES PROVIDED:

### AA AIRPORT SHUTTLE, TOURS AND TRANSFERS:

Fourways Gardens resident owner / driver. Personal, reliable transfers to / from ORT from R420 & Lanseria from R200, Free in car Wi-Fi connection, half & full day tours arranged. For all your transport or driving requirements contact Mike on 072 284 0340 / 011 465 3262 or mikeashcroft@telkomsa.net

**ABSOLUTELY IRONING:** Local hand ironing service now available - clothing R20 per kg, Full double bedsets R50. Open Mondays to Saturdays - 7am to 7pm - "We iron out all your problems" Contact Leila on 076 012 7039.

**A JOLLY JUMPER INFLATABLES:** For all your party's / events, please give us a call for safe, clean and well-priced castles and slides. We deliver & collect, www.jollyjumperinflatables.co.za / Jane on 083 326 6255.

**ACCOMMODATION:** SUN CITY - Vacation Club. Phase 2 Luxury 2 Bedroom unit (sleeps 6) is available for rental period 24 to 28 September 2018 - R10 000. Please contact Tracey on 083 297 9057 (FWG Resident)

**ANYTIME HOME IMPROVERS PAINTERS:** House painting, Waterproofing, Rhinolite, Damp - proofing, contact 072 395 6727 or email: info@anytimehomeimprovers.co.za / www.anytimehomeimprovers.co.za

**ALL BUILDING:** New renovation, Repair work, call Sally 074 881 5137 or email: AllBuilding20@gmail.com

**APPLIANCES REPAIRS:** To all makes and models, AEG, Bosch, Whirlpool, Siemens, Samsung, LG, Defy, Kelvinator, Miele. Contact Gwentech Appliances on 072 952 8183 / 073 947 2447 or email: gwentech7@gmail.com same day service (26 yrs experience)

**ARMSTRONG TENNIS ACADEMY:** Professional Tennis coaching from beginners to National players, private lessons, groups & squads. Duane Armstrong USPTA & TSA certified, 082 456 5441 / duane@armstrongtennisacademy.co.za

**ALARM QUOTES / INSTALLATIONS:** For professional Alarm & Security installations, we specialize in alarm installation, CCTV, gate automation, electric fence, intercom etc. Call Suresh on 060 380 4653 / 064 500 4963 / email: sun@sss108.co.za (www.sss108.co.za)

**AVOID THE CCMA AND LABOUR LAW FRUSTRATION IN YOUR BUSINESS:** I can provide you with advice on Labour Issues, Contracts of Employment, Disciplinary Action, Hearings and the CCMA. Let me assist you with the necessary knowledge to make the right decisions that fall within labour legislation. Call me, more than 20 years experience. Bradley Ferraris 082 446-7625.

**AU PAIR - HOME AND PETS:** Home and Pets - Stay in or daily visitation - feed and walks, reliable, trustworthy caregiver, frequent sitter in FWG, reasonable rates, references available, contact Deirdre on 083 319 2220 or email on dee.vanheerden@gmail.com

**AU PAIR:** Child Day Diploma, Age 20, living in Fourways Gardens, experienced with special needs children and planning creative activities, homework supervision, license and transport. Call Shannon 082 493 6446.

**B4 ELECTRICAL:** For all your Electrical installations, Repairs, Maintenance, and Certificates of Compliance, Fast, Friendly and Reliable. We offer a 24hrs Emergency call out service. Contact Peter on 083 452 0635/6 or email: b4electrical@mweb.co.za

**BODY STRESS RELEASE:** Is a complimentary health technique pioneered in SA 30 years ago, which gently assists the body in releasing stored tension. BSR is particularly effective in the relief of headaches, migraines, latent whiplash, lower back pain, neck & shoulder pain or tension amongst others. Contact Greg at BSR Fourways on 082 780 8486 / www.bodystressrelease.co.za

**BOREHOLE DRILLING:** Small rig. Easy access. Good prices. Also supply pumps and water filtration if needed. Contact Robin on 061 447 7543 or info@randwaterboring.co.za for an on-site quote / www.randwaterboring.co.za

**BEREAVEMENT SUPPORT GROUP:** Lost a loved one? Join a warm caring intimate support group to assist you and your family through this difficult time. Held on Thursdays 6pm. Langham's Lifestyle Estate. Bridget Westwood - Chetty (Clinical psych.) 083 242 4766.

**BIN CLEANING:** Get your dust bins washed and sanitised professionally by KLEEN BIN. Did you know that a bin that is not properly cleaned remains bacteria ridden and, when washed, the contaminated water with maggots are discharged onto your lawns/premises? We scrub and

wash the bins with a sanitiser on our trailer; then wipe it dry and brush it with an insect repellent deodoriser. Contact : randburg@kleenbin.com; 083 298 7806; www.kleenbin.com

**BLINDS:** Vertical, block out, bass wood or aluminium Venetian, panel blinds and more, competitive prices. Please contact Tony on 083 290 1757 or tony@bonetts.co.za, www.bonetts.co.za

**CANDICE INTERIORS:** Painting houses interior / Exterior, Blinds, Curtaining, Upholstery etc. Get the right design advice and quality products to suit your requirements. Professional Service. Contact Candice - 082 363 0542. Interior Decorator established in 2005 www.candiceinteriors.com candice@candiceinteriors.com

**CARPET CLEANING:** All your Carpet / Upholstery / Rug / Mattress Cleaning as well as Pre and Post Occupation Cleaning, please contact Spotless: Cindy on 074 149 4089 / www.spotlesscleaning.co.za

**CARPETS & FLOORING:** (vinyl planks, laminates, solid & engineered wood) 37 years in the business, workmanship guaranteed, all brands, competitive prices. Contact Tony on 083 290 1757 or tony@bonetts.co.za, www.bonetts.co.za

**CHARTWELL STABLES:** Beautiful, friendly yard, Beginners to advanced - all ages, Inter school's success, Four arenas, Affordable half baiting option, Convenient location near Fourways, 30 year's experience, Super ponies, qualified instructor's, Fun days & Pony Camps, Full Livery. Call us mornings: 073 952 8572 or cstables@netactive.co.za / www.chartwellstables.co.za

**CHILDREN'S PLAYGROUND:** "Higo" we offer Indoor and Outdoor playground, please call 011 397 1390 / 076 296 6666, you are welcome to visit our showroom - unit 15 Jan Smuts Park, Jet Park.

**CLINICAL PSYCHOLOGIST:** Individual, couple, family therapy. Areas of speciality: Teens, loss / bereavement, stress and burnout, Depression and Anxiety, Chronic illness. Contact Bridget Westwood - Chetty on 083 242 4766. Medical aid rates apply.

**CLEANING:** As a family run business, we understand the importance of a clean and safe home environment. Allow us to offer you a professional, safe and time efficient home cleaning solution. Contact us on 079 999 9705 / info@frontrowcleaners.co.za

**DAMP - PROOFING / WATER PROOFING / PAINTING:** Owner supervision. All work guaranteed. Call Richard on 082 352 6382.

**DOCTOR:** Dr Vicki Schutte - General Practitioner in Stratford Office Park, Block 3, Valley Road, Broadacres, contact details: 011 465 6715 or 073 729 0959 / www.drickschutte.co.za

**DRY FIREWOOD:** "Razor sharp service" email: brightfirewood@gmail.com / 082 786 3225.

**DSTV DOCTOR:** Approved DSTV - all installations, Aerials, Sales & Repairs, Multi choice accredited installer. Call Junior on 078 228-3182 / 011 072 6791 or email: 4wayssat4@gmail.com, www.dstvdoctor.co.za, address: Plot 79 Cedar Rd, Chartwell.

**EB CONSTRUCTION:** All renovations, Additions & Extensions and Paving. Full Turnkey and Project Management, call Ben on 078 872 8844.

**ELECTRICIAN:** (Lazis Electrical) Certificate of Compliance, New Installations, Tripping & Fault Finding, Power Failures, Geysers, Stoves, Plugs, Lights, Installation of Generators, call 078 739 6773 / 073 127 3921.

**EYE TESTING:** Optometrist - Family Vision - in medical centre just outside Fourways Gardens, Contact Lenses, Spectacles and package deals for Domestic and Gardeners, call 011 467 3925.

**FOOT REFLEXOLOGY:** Fine tunes the body to achieve a natural equilibrium in every organ, gland, muscle, tissue & cell through stimulation of reflexes on the feet which release blockages & restore wellness. It assists with the release of toxins, stress, supporting the immune system, alleviating sinus problems, headaches, hormonal, respiratory & sleep disorders, for an appointment, call 073 223 9715, resident of FWG Phase 2.

**FIXIT FOX HANDYMAN SERVICE:** (FWG Resident) general home repairs & installations including cupboards & shelving, wood & steelwork, minor electrical & plumbing, picture hanging etc. All work done personally. Contact Andre Le Cordeur on 011 465 8902 or 083 473 9362 / fixitfox1@aol.com

**FOURWAYS PLUMBING:** Resident plumber for all plumbing requirements, reasonable rates and same day service, 011 705 2145 or call Steve on 082 440 5111.

**GATE MOTOR REPAIRS:** Alarms, CCTV, Gate Motors & Intercom System Repairs & Installations. Call Ninja 011 071 0773 or Quinton on 084 354 5596 / 7.

**GARAGE DOORS & GATE MOTORS:** Contact Razz 011 465 7094 / 063 376 3377, for all your repairs, replacement, new installation, service and quotations.

**GARDEN REFUSE REMOVAL SERVICE - GARDENDRUMS:** Garden refuse picked up weekly - service agreement with monthly fees. Options: Steel drum with lid OR 6 standard household plastic bags per week. Email us: gardendrums@mweb.co.za / Philip 082 782 4864.

**GENGROW - LANDSCAPING:** Garden maintenance, installations, Clean-ups. Irrigations-installations, repairs, Water-feature installations and repairs. Tree felling, Compost, Lawn dressing, Pool maintenance and repairs, Lawn care program, Rubble removal - contact Doane - 083 456 3480 or email: doane@gengrow.co.za

**GARDEN MANAGEMENT SERVICES:** Top class garden and pool service at affordable rates. We also specialize in clean-ups, instant lawn, irrigation, tree felling. Contact Rob 082 778 5566.

**GOLD THATCHERS:** For all thatching requirements, New Installations & Repairs, Painting, Decking, Fire Retardant, contact Moses on 083 726 6353.

**HANDYMAN:** For all your building requirements done to your satisfaction. Professional, Honest and Reasonable. Specialize in Painting, Waterproofing, Damp-proofing, Damp rising, Rhinolite, Tiling, Paving, Roof Leaks, Building, Plastering, Pool Repairs and House renovations, call Alex on 073 836 5049 / 071 836 2601, references available in FWG.

**HANDYMAN:** British tradesman for all the jobs you hate!!! Building, Total house renovations, Wooden Flooring, Painting, Cupboards, Damp proofing, Tiling, Plumbing, Roofing, Ceilings, Kitchen & Bathroom renovations and electrical work, plastering, paving & alterations...No job too small..Offers a friendly and reliable service, contact Steve - 076 823 6847 / 082 955 5642.

**HANDYMAN EMMANUEL:** We do renovations, plumbing, tiling, ceiling repairs & installations, cornices & skirting, painting, building work and paving, call Emmanuel on 073 110 3590 / 084 333 0267 / 011 050 7264 / email: emchikati@yahoo.co.uk / www.wondersrenovation.co.za

**HERBALIFE INDEPENDENT DISTRIBUTOR:** Free Delivery. Call Carin on 082 557 4638 for a free wellness evaluation.

**HOUSE CLEANING SERVICES:** Moving out and need your blitz!!! We specialize in cleaning homes before new tenants take occupation or after a house becomes vacant. Ready for new owners or tenants. House Cleaning - including cupboards, windows, floors and carpets. Contact Elmarie and her team on 082 955 5642.

**HOUSE AND PET SITTER:** Why leave your pets alone and away from home in an impersonal kennel? Rather leave them in their own loving home in my competent hands; Mature Lady with 20 years' experience will fill the gap that you leave. Please call Dee-Jean 076 035 6908 / djb160453@yahoo.com, references upon request...NB (including Dainfern, 4WG, Cedar Lake)

**HOUSE AND PET SITTING:** Going away for a few days or on holiday? There is no need to be concerned about your beloved pets. Entrust them to us, a mature couple. We will love and care for them in the security of your home. Our years of home and pet sitting will provide you with peace of mind. We will also care for the pool and garden if you wish. Please call Henry 082 565 9317 or call Deirdre on 082 335 5096 deidredevine89@gmail.com References available on request.

**HOUSE / PET SITTING:** Don't put your pets behind bars when you go away! As a mature woman with many year's experience, I will feed, walk and keep them company in their own home, even living in, call Nicky on 072 129 0698.

**LAWN CARE PLUS:** All year round lawn care, 14 year's experience, winter lawn roof-boost in preparation for spring, all lawn problems sorted, weeds, insects, disease, shade, aeration, rats, de-thatching, new lawn, tree felling, irrigation etc. contact Philippa on her cell 072 208-3587 / Ian on 084 888-1632 / 011 704 4614.

**INTERNET & TELEPHONE:** Need Faster Internet, contact Travis Copley@centracom and get a free Feasibility done! Currently running promotions on Fibre, wireless and LTE services. Get a competitively priced quote across 15+ providers within 24hrs. Centracom manage services and implementation. Centracom Do Voip, Cloud Solutions and Connectivity services. Contact Travis Copley on 083 600 4439 / travisc@centracom.co.za

**IRRIGATION – SOFT RAIN:** I have gone solo after 4 years and I have two partners each with over 12 years' experience. All sorts of irrigation from maintenance repairs to new installations call Isaac on 078 658 4371.

**KARATE:** Goju-Ryu Classes are conducted in a fun environment while learning a form of martial arts. Benefits are discipline, strength building, bilateral integration, co-ordination and focus to mention a few. As an instructor I have more than 15 years of teaching experience with Children through to Adults. Ages welcomed from 4 years to 18 + years. A Free Introductory lesson is provided should you be interested. Contact Sensei Roberta 083 309 5352 5th Dan Goju-Ryu Instructor.

**MOKOPANE ELECTRICAL:** Installation, Maintenance repairs: Energy efficient solutions, emergency call out, tripping problems, garden and security lights, Geysers – no hot water, Timer switching, Fault finding, Lights and Plugs, Pool & Spa motors, Certificate of Compliance, Under floor Heating, Call Ronald: 072 154 9735 / mokopane.electrical@hotmail.com

**MOBILE PET GROOMERS:** Soapy smooches has special winter pricing! Give us a try – we conveniently come to your home to pamper (wash, dry, clip, teeth and ear cleaning, nail clipping) your pets in our fully equipped pamper van and animal loving, professionally trained, caring staff. Collect your loyalty smooches every time, 10th wash is free! Special winter pricing, all we require is a connection to an electricity point and a booking! Call us on 061 087 8247.

**OSAM CARPENTRY:** Door Hanging, Wood laminate flooring, built in cupboards, Kitchens, Ceilings, Cornices, Skirting, Dry walls, Painting & Varnishing. Call Ozzy on 073 058 0464 / osamakwera@gmail.com

**PAINTING / DAMP-PROOFING / WATERPROOFING:** Owner supervision. All work guaranteed. Call 082 352 6382.

**PAINTER:** Need a professional, perfectionist, skilled, neat and tidy painter, please contact Clement on 078 756 8013. I have completed many painting projects in FWG and pride myself in the standard of my work, my reliability and trustworthiness. I am also skilled in Varnishing, Waterproofing, Damp Sealing, Plastering and Wall Paper hanging. For a reference contact Stuart on 083 653 2251.

**PATRICK PAVING:** 078 920 3481 / 076 484 5043. Reference G Gary 072 532 9042, all forms of paving. Great attitude. Works Hard.

**PHYSIOTHERAPY:** Vanessa Fourie Physiotherapy, 30 years of experience, treatment for headaches, neck and back pain, post op rehabilitation, sports injuries, home visits within 3 km, medical rates charged, 26 White Ash Street FWG, call Vanessa on 083 458 4720.

**POOL SERVICES:** Maintenance, repairs, re-marblelite, pumps, sand changes etc. For all pool requirements call Jackie or Martin on 072 132 5703.

**PLUMBER:** (RC PLUMBING) Reliable professional local plumber for all your plumbing maintenance needs at reasonable rates. Please contact Ryan on 082 598 4881 or 011 465 5198.

**PLUMBER:** 40 years' experience FWG resident, call Stan on 082 552 8155.

**QUICK SERVICE I.T:** We supply quick, quality onsite I.T. services, support, service, networking printers etc. Contact us for all your I.T requirements, call 083 600 2533 / www.quickserviceit.co.za / quickserviceit@icon.co.za

**SQUEAKY CLEAN:** Specializes in eco-friendly internal & external window cleaning. Our waterfed pole system will reach where you can't, leaving windows professionally cleaned and streak free. Contact SQUEAKY CLEAN on 076 656 1708 or visit our website: www.squeakycleanservices.co.za

**SIYAKHISIZWE BUILDERS:** Available to do all alterations (major or small extensions) driveways, tiling, patios and rubble removal, and garden refuse guaranteed quality and professional workmanship. Please call Alfred on 082 407 7022 / 078 417 5151.

**TENNIS COACHING:** Private and group tennis coaching available, cardio tennis training as well for adults, for your fitness needs, contact Philip on 071 095 2689.

**TRABLE TREE FELLING:** Tree Felling, Trimming & Pruning, Stump Removal & Rubble Removal, Free Quotation, do you need to cut the Wood? Call Pascal on 081 055 4089.

**TUTOR:** High school English teacher in Fourways Gardens offering English tuition. All ages, all levels, matric & beyond, particular interest & experience in learners with ADD/ADHD. Contact Heidi on 082 557 2036.

**TUTOR:** Available - Grades 0 – 7 All subjects, flexible days and times, R150 / hour. Contact Marisa 079 528 9366.

**WONDERS CONSTRUCTION & RENOVATIONS PTY LTD:** NHBRC registered, we specialize with new construction, extensions & alterations, bathroom renovations. Contact: 011 050 7264 / 084 333 0267 / 073 110 3590 / emmanuel@wondersrenovation.co.za / www.wondersrenovation.co.za

## OTHER:

**FOR SALE:** 2 X DSTV Explora Decoders for Sale, asking price R1000 for both. Call 072 045 0771.

**RUMMIKUB / RUMMILILES:** I am new to living in Lonehill (from Cape Town) having played rummikub for about 10 years. I am keen to join a group here in Lonehill and surrounding areas. I am also happy to introduce beginners to the game at my home in Crestwood Drive, thereby starting my own group if need be. I would love to meet new people and faces in Johannesburg. If you are interested or require further information, please contact me Jasmine on 082 575 4601 / 071 475 0121 / notedbytoni@gmail.com

## DOMESTIC WORK:

**Laizah:** Has been employed by me for 10 years, looking for work on Tues, Wed, Thurs or Sat, she is an excellent worker, punctual and very willing, Call Melissa 082 593 3708 for a reference or Laizah on 060 861 2128.

**Vinolia:** Reliable, hardworking, proactive and very diligent and thorough domestic worker is looking for full time or part time, live out position. References for past 8 years available on request, call Vinolia on 071 716 7396bor 078 985 2163.

**Precious:** Has a Tues free and would to fill her day cleaning your home. Precious previously worked for my mom in law for over 20 years, she has been with me for 4 years and is part of the family! Fantastic at cleaning, proactive, very reliable, honest and hardworking. Please contact Debbie on 084 581 5633 or Jane 082 406 4711 or Precious on 062 254 1173.

**Zodwa:** Due to downsizing, I am having to reduce Zodwa's days from 3 days to 2 days per week. Zodwa has worked for us for the past 7 years and is cheerful, reliable, trustworthy, helpful and has a good command of English, both written and spoken, she is looking for additional work on Wed – you will be delighted if you take her on. Please contact myself for a reference, Caryn 082 460 4074 or Zodwa on 078 569 4077.

**Goodness:** South African looking for domestic work on Tues, Wed & Fri, she has been working in FWG for 5 years and we are relocating. Highly recommended, hardworking, trustworthy and reliable. Fantastic at ironing and cleaning and brilliant with pets, call Goodness on 072 793 0435 or call Chris on 072 623 9148 for a reference.

**Sarah:** We are relocating overseas and our domestic Sarah is looking for a full time live in position, she is a mature, pleasant, hardworking, reliable and trustworthy person, also very good with children, call Sarah on 072 159 6666, for a reference call Tahira on 072 045 0771.

**Romi:** Malawian looking for work as a domestic lady or child minder or house cooking or office lady. She has certificates for all, also has police clearance, can live in / out part time or full time. Reference 071 643 5069, Romi 071 800 9806.

**Precious:** Looking for full time work as a house keeper live in position if possible, she is very hardworking, honest and reliable, excellent with following recipes for cooking and baking, great with kids and pets, call Precious on 078 133 6984 or Lindsay on 083 308 8410 for a reference.

**Florence:** Looking for Sat & Sun part time work as a cleaner or baby sitter call Florence on 071 092 7792 or Kim on 072 109 7455 for a reference.

**Susan:** Looking for part time work on Tues, Wed & Thurs, she has been working for us for past 7 years, she is very good at cleaning, call her on 083 872 2775 or call Claus on 082 564 0806 for a reference.

**Happiness:** Has been working in FWG for the last 20 years, she is honest, reliable & trustworthy person, excellent with cleaning, looking for work Mon to Fri, call her on 082 596 9263, for a reference call Pierre on 074 909 5094.

**Rosemary:** Has worked for myself and my family for 20 years, she is a perfectionist and extremely capable in all aspects of domestic work, she is absolutely reliable, dependable, honest & hardworking & a pleasure to have in your home, I recommend her with absolute sincerity in every

regard, call Rosemary on 076 176 2531 or Penny 071 685 8866 for a reference.

**Christina:** Looking for part time work on Mon, Thurs & Fri, she is excellent cleaner and wonderful with children, she has a child minder certificate, call Christina on 082 755 8459, call Debbie on 083 253 1414 for a reference.

**Patience:** A super cleaner and great with the kids, loves animals, she is looking for extra work on Tues & Thurs, for a reference call Lindy on 083 212 2698 or Patience on 078 866 6101.

**Emily:** Seeking domestic work – 1 to 2 days a week, excellent at cleaning and ironing, very good with elderly people, call Emily on 073 163 2381 or Gillian on 083 737 5263 for references.

**Ivy:** She has been employed by me for 10 years, we no longer need her full time, she is excellent worker, punctual and always willing to go the extra mile, available Tues & Thurs (neg) Call Cathy on 082 300 9235 for a reference.

**Eggnieter:** Looking for work on Mon, Wed & Thurs, hardworking and trustworthy, for reference call Alison 083 327 4938 or Eggnieter 081 066 6947.

**Winnie:** Due to relocation, our wonderful nanny / domestic is looking for full time, live in work. She is an extremely caring, hardworking and honest person and took great care of our house and 2-year-old son. Call Winnie on 076 045 8311 or for a reference call Annabel on 072 483 6622.

**Margaret:** The best domestic helper I ever had Margaret has worked for me for 18 months and is diligent, punctual, self-motivated and huge asset to any household, she seeks employment for Tues & Thurs, call her on 072 298 7435 or Deidre 083 264 5098.

**Pretty:** Hardworking, honest and reliable is looking for part time work on Mon, Wed & Fri, call Pretty on 078 572 5363, for a reference call Ash on 074 558 4796.

**Patience:** She is a super cleaner, great with kids and loves animals, looking for extra work on Tues & Thurs, for a reference please call Lindy 083 212 2698 or Patience on 078 866 6101.

**Mallium:** Due to relocation my domestic worker is looking for a full time job Mon to Fri, for a reference call Deenash on 078 149 1672 or call Mallium on 073 750 7930.

**Mery:** Malawian looking for domestic work full / part time basis, please contact her on 083 684 3120 or for a reference call Bernadette on 082 857 7114.

## GARDENERS:

**Bongani:** Seeks gardening work, he is enthusiastic pleasant person, cheerful and hardworking, good with pets, call Heidi 082 557 2036 for a reference.

**Tyson:** Malawian looking for part time work as a gardener on Tues & Fri, 10 year's experience, please call 078 607 1107.

**George:** Malawian looking for part time gardening or house work on Mon, Wed, Thurs, Fri, Sat, call George on 078 320 0553 or for a reference call Richard on 082 889 5117.

**Gracious:** Has been working for our family for about 11 years, an amazing hard, loyal and polite worker, he is currently looking for work on Wed & Sun, he can clean house, gardening or anything else that is required, call Gracious on 078 816 4067 or 011 205 7000 for reference.

**Joseph:** Malawian, excellent gardener, hardworking, reliable and honest, looking for work Mon to Fri, for a reference call Debbie 083 253 1414 or Joseph on 078 442 5492.

**Yona:** Malawian Gardener seeks part time work in the week, he is hardworking and trustworthy, willing to do any type of work, call Yona on 078 769 7245 or Neill on 083 281 1871 for a reference.

**Winfred:** Looking for work on Tues, Wed, Thurs or Sat as a gardener, painter or driver, call 078 106 2377.

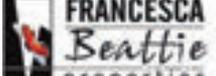
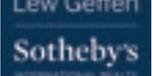
**Frank:** My gardener & handyman is looking for work on Sun & Mon, trustworthy & reliable, Frank has been working for me in FWG for the past 11 years. Please call Frank on 071 866 3355 or Alison Munro on 083 626 3476 for reference.

**Moses:** Efficient gardener is looking for work on Mon, Tues & Fri, he is punctual, diligent and is highly recommended, call 078 761 0214 or for a reference call 082 677 5004.



APPROVED ESTATE AGENTS FOR 2017/2018

Please remember that only Fourways Gardens Approved Estate Agents are allowed to list and sell houses in Fourways Gardens. You may contact any of the following agencies to sell or let your home:

Agency	Agent	Cell Number	E-mail	Website
	Tania Heurtaux Joep Rijntjes	082 550 2222 083 462 2756	tania.h@century21.co.za joep.rijntjes@century21.co.za	www.century21.co.za
	Brian Falconer	082 651 7890	brian.falconer@everitt.co.za	www.chaseveritt.co.za
	James Le Bihan	082 777 3543	james.lebihan@engelvoelkers.com	www.engelvoelkers.com
	Geoff Mander	073 251 1206	geoff.m@fineandcountry.com	www.fineandcountry.com/sa
	Ingrid Manni Maureen James	083 601 5521 082 882 0228	info@fourwaysgardensrealty.co.za	www.fourwaysgardensrealty.co.za
	Francesca Beattie	083 678 8001	info@fbproperties.co.za	www.fbproperties.co.za
	Denalee Droskie	082 874 5828	denalee@frankiebells.co.za	www.frankiebells.co.za
	Gaye Cawood Susan de Boer	083 601 1593 082 452 0086	gaye@gcr.co.za sue@gcr.co.za	www.gcr.co.za
	Philip Myburgh	079 241 1245	philipm@sothebysrealty.co.za	www.sothebysrealty.co.za
	Natalia Atanassov Tracey-Lee Savage (rentals)	084 783 3010 083 654 2729	natalia.atanassov@pamgolding.co.za traceylee.savage@pamgolding.co.za	www.pamgolding.co.za
	Leanne Peterkin	082 832 6585	lee@remaxexec.co.za	www.remamaxexecutivegroup.co.za
	Michele Zuccollo Trish Walton	082 850 8356 082 442 9112	michele.z@seeff.com trish.walton@seeff.com	www.seeff.com
	Dee Thomas Sally d'Hotman	083 375 5646 082 442 7693	dee.thomas@tysonprop.co.za sally.dhotman@tysonprop.co.za	www.tysonprop.co.za

# Find us in cyberspace



[www.Facebook.com/FWGEstate](https://www.facebook.com/FWGEstate)  
<https://twitter.com/Fourways Gardens>



## Fourways Gardens always at your fingertips

[www.fwg.co.za](http://www.fwg.co.za)

Fourways  
Gardens  
Realty

*Life keeps moving along...*

Tel: INGRID 083 601 5521

email: [info@fourwaysgardensrealty.co.za](mailto:info@fourwaysgardensrealty.co.za)

website: [www.fourwaysgardensrealty.co.za](http://www.fourwaysgardensrealty.co.za)



RENTED



RENTAL R25 000pm

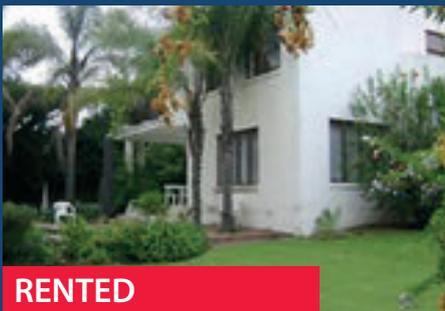


SOLD



Lonehill 15 Matika

RENTED



RENTED



RENTED



RENTAL R18 500pm

Part Two – McCormack's Insider's Guide to Executive Travel

# How to hit the ground sprawling!

Threnody! THRENODEEEEE! THRENO...  
Threnody Higginbottom is my secretary (I call her Miss Smith) who files everything under M for Miscellaneous.

**T**HRENODEEEEE! Ah, there you are, filing your nails under M. Did you book that Cape Town flight for me for Thursday?  
Cape Town, Sir? You said Harare! And you said Friday.

I have told you before, never listen to what I SAY, listen to what I THINK. This is why this firm is getting nowhere.

Dear reader, as I explained last month (if only you'd been paying attention) I had to fly from Johannesburg to Cape Town and, having just read Mark H McCormack's book *Hit the Ground Running: The Insider's Guide to Executive Travel*, I decided to emulate him.

From the moment I leapt from my bed I said to myself (in a determined sort of manner): "This day, I shall hit the ground running!" I could not start running immediately of course because first I had to shower and shave and put a little Mum (for Men) under the armpits.

In no time I got the thick end of my tie to hang lower than the thin end and enjoying a light McCormack-style breakfast. No bread, he advises. Bread is full of air and air expands at altitude inflating you internally, thus the hostess may have to cut you loose from your seatbelt allowing you to float against the ceiling until the aircraft loses altitude.

McCormack makes a big thing of what the Busy Executive should carry and says he always has a pre-packed "executive survival kit" on standby. I usually pack half an hour before I leave. I never need much: on this occasion I packed my conference papers, string (I always carry string), safety pin (ditto), banana (in case I am held up by a robber –always- have something to give the man), air ticket, wallet and loose cash (minimum R2) for tips.

I was at the airport by 7.45am and found a sign reading "Try lower parking" so I did. First mistake. Seeing I was about to be propelled to 30 000 feet into the air, the sensible thing would have been to save time by parking nearer the sky on the upper deck.

I was flying with a small airline that, because it was a rival to the national carrier, was relegated to the far end of the airport next to the dustbins.  
I began my ascent from the parking basement taking the



steps two at a time to the upper parking level; then up some steps marked "C terminal" where I ran up against some glass doors. They were chained and padlocked. The airport management in those days was run by practical jokers. Undismayed I skippety-skipped back down the steps, entered "foreign departures", descended to "foreign arrivals" and found the "local departures" sign pointing to the dustbin end. I thought that if McCormack had come to Johannesburg he would have hit the ground sprawling.

I paced up and down the transit lounge (McCormack says the Busy Executive should get as much exercise as possible while waiting for planes) until we were shepherded on to a bus. There followed a long bus journey on a north-easterly bearing to what looked like a quarantine section for infected airliners. The ride to the aircraft was free despite the distance and no comfort stops were made.

We flew in to Cape Town on time and having avoided putting anything in the aircraft hold, I was able to run pell-mell across the tarmac (Cape Town airport was still saving up for buses at the time), through the doors into the arrivals hall, and, panting ever so slightly, right up to the driver who was holding the conference sign.

I had hit the ground running!

He told me to relax – he was picking up three others and they all had luggage in the hold and there was trouble with the carousel.

**Moral:** Hitting the ground running is fine, but don't rush it.

For more James Clarke, visit Blogsite:  
<http://stoetalk.wordpress.com> or [www.jamesclarke.co.za](http://www.jamesclarke.co.za)

JAGUAR F-PACE

**BIRDS FLY, FISH SWIM,  
JAGUARS ROAR.**



**WINNER**

**WORLD CAR AWARDS**

2017 WORLD CAR OF THE YEAR  
2017 WORLD CAR DESIGN OF THE YEAR

The Jaguar F-PACE speaks for itself. With a muscular stance and responsive, agile handling, it's no wonder it was voted World Car of the Year 2017. It brings together our latest Ingenium engines, Lightweight Aluminium Architecture and styling cues from the remarkable F-TYPE sports car. And with rear seat flexibility that offers up to 1,740 litres\* of loadspace, the F-PACE can adapt to wherever your lifestyle takes you. A car this practical shouldn't feel this exhilarating.

Call or visit to find out more:

**Jaguar Waterford**

Cnr of Witkoppen and Waterford Dr, Fourways  
011 6581445

[waterford.jaguar.co.za](http://waterford.jaguar.co.za)

**THE ART OF PERFORMANCE**



**HOME  
IS OUR  
STORY**



**For Sale**

Wild Pear | R5 799 000  
web ref: 416009



**For Sale**

Cape Chestnut | R5 595 000  
web ref: 457494



**Rental**

Karob Crescent | R30 000 p/m  
web ref: 462481



**Rental**

Celtis Crescent | R50 000 p/m  
web ref: 463401

**Contact us for any residential Sales, Rentals and Market Related Estimates**



**Michele Zuccollo**  
082 850 8356 | 011 467 3233  
michele.zuccollo@seeff.com



**Trish Walton**  
082 442 9112 | 011 467 3233  
trish.walton@seeff.com



Expertise Built Through Generations of Trust

[www.seeff.com](http://www.seeff.com)