



FOURWAYS GARDENS

Residential Estate

November 2018

**FWG'S BEER FESTIVAL
WAS A HOOT**

Quiz Night Winners

30 November:

Last Monthly Draw for 2018

Brand New Book Club Launched!

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Cover photograph: Ravi Nadasen

IMPORTANT NUMBERS

Estate Office 011 465 7731
(operating hours 08h00 - 16h00 Mon to Fri)
info@fwg.co.za

Estate Security 24/7 011 465 5465/66
Main Control Room

Emergency and 011 467 1400
Medical Response 011 444 2237
Netcare 911 082 911

Council Service 011 375 5555
and Enquiries:

Clubhouse 011 465 0937

In case of emergency:
Douglasdale Police Station 011 699 1300

ER 24 Emergency 084 124

Police/ Flying squad 10111

Life Hospital 011 875 1000

Eskom 086 003 7566

City Power 011 375 5555

Joburg Water 011 375 5555

Water/Sanitation/
Sewer problems 011 375 5555

Fraud & Corruption Hotline 0800 002 587

JHB Metro Police 011 490 1600

Fire and Ambulance 10177

16

24

42



too much space?

We are on hand and ready to use our expert knowledge of your area and our extensive network to find the home or buyer that matches your individual needs.



Martina 083 260 1562 • martina.forsyth@pamgolding.co.za

Tracey-Lee (rentals) 083 654 2729 • traceylee.savage@pamgolding.co.za

Fourways Office 011 467 4119 • fourways@pamgolding.co.za



MESSAGE FROM THE GENERAL MANAGER

Summer has arrived!

We can be thankful for the cooler spell we have had during October, which has given our newly planted verges time to recover from the hot spell in September.

As you are aware, my theme for the past two months has been on the beautification/upliftment of the verges and common area in the Estate. Management and Turfnet have received many complements for our new Phase 2 Camdeboo verge project. We have taken the initiative to go full-steam ahead with this project (Phase 1 included) to try and return Fourways Gardens to the exclusivity it was once well-known for. I would like to also thank all those residents who have seen our verges initiative, and who have bought into the beautification of our much loved Estate.

I have taken the liberty of including a few photos of the verges that have been upgraded.

Isn't it amazing how such a small initiative



Phase 2 Camdeboo verge 1



Phase 2 Camdeboo verge 3

can make such a huge impression on the visible impact when entering of the Estate. After all, Camdeboo Road is the window into both phases of our Estate!

All this takes a great team effort, and I would like to take this opportunity of thanking Sharon Cardoc Davis for her valuable input as a member of our gardening and landscaping committee.



Phase 2 Camdeboo verge 2



Phase 2 Camdeboo verge 4

Now it is time to return to the reality of the coming festive season!

It is common knowledge that October to December is a high crime period in the South African security industry, so we must all take the necessary precautions to keep families safe during this period.



start off by checking the following safety tips:

- Have your house alarm serviced and tested with the control room.
- Ensure that all doors can lock, and broken windows are repaired.
- Book a kennel for your pet if you have not yet done so. Do not wait until November, as you will not find an

available opening.

- Before going on holiday, make sure your home is recorded in the "Holiday Register" at the control room, so our officers are aware that you are away.
- If going abroad on holiday, ensure that there is a contact person appointed for security to contact in case of an emergency.

We must always remember that security begins at home, so you can

NB - Security doesn't take a holiday!

The Fourways Gardens Estate Magazine focuses on the Fourways Gardens Residential Estate. The magazine is distributed to all residents at the guardhouses. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd on behalf of Fourways Gardens Homeowners Association. The opinions of workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of the Fourways Gardens Residential Estate.

PUBLISHER: Nico Maritz nico@eiapublishing.co.za SALES MANAGER: Martin Fourie 072 835 8405 martin@eiapublishing.co.za

EDITOR: Kathy Thersby 082 446 8456 kathy@eiapublishing.co.za

ADVERTISING SALES: Jeff Malan jeffm@nowmedia.co.za 079 369 9121; Candice Hammond candiceh@nowmedia.co.za 066 412 2288

PRODUCTION CO-ORDINATOR: Anna Sawa, eiaads@nowmedia.co.za DESIGN: Diane van Noort, d2vn@mweb.co.za

EIA PUBLISHING OFFICE: Tel: 011 327 4062 Fax: 011 327 4094
32 Fricker Road, Illovo, Johannesburg
www.eiapublishing.co.za



1. September 2018 – Guard of the Month



Mbulaheni Netshikweta

Mbulaheni is consistent in executing his duties. Whenever he is posted using the Bloodhound device, there is a constant achievement of 100%

Stay in touch

We look forward to suggestions and recommendations via the General Manager, Gary Haynes, which we will address accordingly.

2. Domestic Forum

On the 3rd of October 2018, 24/7 Security together with the SAPS hosted a Domestic Forum for domestics and gardeners.

The following topics were covered:

- The latest crime trends and how the crimes are committed.
- The CPF system.
- Who to contact with information on crime in the area.
- What to do about crime in the areas where they live.
- How to deal with criminal activity.
- Which tricks are being used by criminals to get onto and into the property.
- Protection of information of the homeowner, place of work and their own homes.
- What not to talk about and share with others.
- What is considered as suspicious activity.
- How to identify suspicious people and vehicles.
- Tips on how to handle strangers that come calling.
- What to do when they are involved in criminal activity.
- How to handle various other emergencies, medical etc.

Safety tips for domestic staff

It is important that domestic workers are alert at all times.

- When alone at home cleaning or working, make sure that all doors and windows are closed and locked.
- Do not allow anyone onto the property before confirming with the homeowner that they are expected, for example electricians, meter readers, Telkom technicians, etc.
- Do not go out to the gate when someone is on the intercom or calling, rather talk over the intercom or through a window from inside the house.
- Be careful when putting out or fetching rubbish bins. Look around for any suspicious people and close and lock the gate immediately.
- Be careful when hanging up or bringing in washing, as suspects can jump over the wall and attack you. Be quick when you are outside and go back into the house, LOCKING the door behind you.
- Do not leave keys in doors or security gates.
- If there is a panic button, carry it at all times, preferably where it is not visible.
- Make sure you always know an emergency number and the address where you are in case of an emergency.
- DO NOT TRUST ANYONE AND DO NOT GIVE OUT ANY INFORMATION ABOUT THE PROPERTY OR YOUR EMPLOYERS.

3. Stranger Danger

24/7 Security Endorses Manners4Minors Stranger Danger Workshops.

In light of recent events relating to the abduction and attempted abduction of learners, Manners4Minors would like to make you aware of the "Stranger Danger" workshops they offer.

The workshop aims to make children aware of stranger danger and how to attract attention and defend themselves, in a manner that does not create fear through awareness and empowerment. The workshop covers the following:



What is a stranger?

What to do if I find myself lost amongst strangers?

What to do if I am approached by a stranger?

By using puppets and through role play and positive empowerment and

education, the children are equipped with knowledge and awareness of how to handle this very difficult situation.

For further information, please contact:

Caroline Carter

Tel: +27 (0)72 267 8822

caroline@manners4minors.co.za



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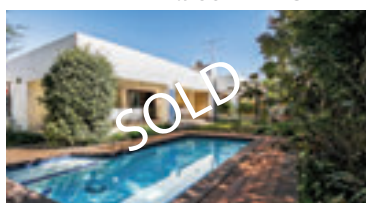
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Glenda

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Sue

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 **EIA publishing**

To advertise in this publication, please contact:

eia publishing

 **Martin Fourie**
Sales Manager
072 835 8405
martin@eiapublishing.co.za

 **Candice Hammond**
Sales Executive
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Tel: 011 327 4062 / 011 214 7300
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Monthly Draw – 28 September

Kid's prize winner: Gift voucher
Jenn from 7 Golden Ash

Lucky draw prizes:

First prize: A Bubbly Hamper
Elke Oellermann,
7 Raintree,

Second prize: Bottle of Bubbly
Ronald Oellermann,

Main draw is a rollover of R9,000 to R10,000 at end of October, as Craig Shelley from 56 Coral Tree was not present!

The 30th of November will be the last Monthly Draw for 2018! Our generous sponsors, Century 21 have once again agreed to a guaranteed draw on the night!! If the pot is not won in October, our November draw will be for R11,000!!!!

First draw will be for R11,000

Second draw for R7,000

Third draw for R5,000. We will continue drawing until someone wins this pot.

What a lovely year end present!

All homeowners are automatically entered into the cash draw with your stand number. Only members in good standing are eligible to win the cash prize. All patrons on the night may enter the lucky draw to win!

Hope to see you at the next Monthly Draw!



These Fine Properties For Sale!

FOR SALE



SOLE MANDATE

R4 995 000

Web Ref: 21DN-2920

Spacious interior featuring a formal and informal lounge plus a private entertainers room with built-in wooden bar and TV lounge. Formal dining room opening onto the patio. Japanese styled garden courtyard off the study. A covered patio overlooks the large sparkling pool surrounded by wooden decking, set in a spacious private and walled garden. Modern fitted kitchen with breakfast nook including high-gloss fitted cabinets and granite work tops; space for a double-door fridge and a separate scullery. Upstairs rumpus room, home office or gym. A separate wing hosts the spacious 4th guest bedroom with Victorian en-suite bathroom. All family bedrooms are on the same level and the master en-suite bedroom has a sliding door opening onto the exterior. Large 3rd bedroom or optional granny flat, complete with kitchenette and en-suite bathroom. Double garaging, and off street parking for guests.

FOR SALE



SOLE MANDATE

R5 200 000

Web Ref: 21DN-2978

Large family home in mint condition with 5 bedrooms and 3 bathrooms. The home has a private self-contained flatlet complete with kitchen, bathroom, spacious lounge and a bedroom which could also convert into a home office. The interior of the home has been refurbished boasting contemporary finishes, modern fitted bathrooms and a superb kitchen featuring built-in cabinetry with granite and a breakfast nook. The front entrance lead into an expansive double volume reception area, fitted with a wood burning fireplace; separate lounge or home office and dining room adjacent to the modern kitchen with separate scullery. The family bedrooms are situated in a private wing including 4 bedrooms and 2 full bathrooms (MES) plus a guest toilet. A large covered patio ideal for outdoor entertainment, also features a bar.

FOR SALE



R4 499 000

Web Ref: 21DN-2656

Spacious contemporary family home with lots to offer. Included are 3 bedrooms and a study or 4th bedroom, plus 3 bathrooms (MES). The master bedroom has a walk-in wardrobe and full bathroom plus access to a north facing balcony offering views of the surrounds. 3 Reception rooms consisting of a double volume lounge with sliders leading to the covered patio overlooking the large pool and mature garden; dining room adjacent to the solid wood built-in bar and a family lounge with sliding doors offering access to the garden. Modern eat-in kitchen with plenty of cupboard space with granite tops; double eye-level oven and a gas hob with overhead extractor fan and a separate scullery. Deluxe staff accommodation with kitchenette. Double automated garage with direct access to the home and ample off-street parking for guests.

FOR SALE



R5 500 000

Web Ref: 21DN-2973

Private Home set on a corner stand with a walled garden, ensuring total privacy to the family. This 3 bedroom home has been newly renovated and perfect for the family who enjoys entertaining. This home opens into the interior featuring two large reception areas plus a spacious dining room. Included is a state of the art, temperature controlled wine cellar. An open plan modern kitchen fitted with granite tops and ample cabinets for storage and scullery. 3 Bedrooms and 3 bathrooms, 2 en-suite, with modern fitted vanities in the bathroom and a walk-in closet in the master bedroom. A gym or optional 4th bedroom and a separate study. The entertainment areas all open up onto a large sunny covered patio that offers ample space for an outdoor dining and lounge area, featuring built-in braai. The patio overlooks the sparkling pool and garden. Double automated garage and driveway parking.

If you are considering selling or renting your property contact Century 21 Lifestyle Team for a qualified evaluation. We welcome your call and will be pleased to discuss your property needs at any time.

Our experienced team will provide you with the best professional service!

Tania Heurtaux 082 550 2222

Joep Rijntjes 083 462 2756

Tel: 011 460 1599 | Email: lifestyle@century21.co.za | www.century21.co.za

FWG ACTIVITY PROVIDERS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:00	Outdoor		Outdoor Fitness Classes		Outdoor Fitness Classes
08:30	Fitness Classes		(8:00-10:00)		(8:00-10:00)
09:00	Rhona Williams	Pilates - Tracey	Rhona Williams	Pilates - Tracey	Rhona Williams
09:30	083 600 1868	(8:30-9:30)	083 600 1868	(8:30-9:30)	083 600 1868
10:00	Yoga - Wendy	082 894 6096			
10:30					
11:00	Nunu's and Nannies			Nunu's and Nannies	
11:30	(10:30 - 12:30)			(10:00-12:00)	
12:00	Vanjee Smith 079 1800 330			Vanjee Smith 079 1800 330	
12:30	vanjeeleigh@gmail.com			vanjeeleigh@gmail.com	
13:00					
13:30					
14:00					
14:30					
15:00			Helen O'Grady	Ballet (15h00-15h30)	
15h30	Jazz		Drama Academy	Nicky Ridley 072 238 8063	Yogabats (15:30-16:30)
16:00	(15:45-16:45)		(15:00-18:00)	nickyridley33@gmail.com	Desley White
16:30	Debbie 082 425 6098		Kerry Holbrook		011 465 1939 /
17:00	Flamenco Dance (17:00-18:00)	Goju-Ryu	083 410 2940	Goju-Ryu	084 465 1939
17:30	Cristina 076 521 8750	(16:30-19:30)	www.dramafrica.com	(16:30-19:30)	
18:00	Yoga (18-19:15)	Stef and Roberta		Stef and Roberta	Boxing lessons
18:30	Wendy 011 465 7155 /	083 384 3026 /	FWG Running Club	083 384 3026 /	(17:00-18:00)
19:00	083 400 6211	083 309 5352	secretary@frfa.co.za	083 309 5352	Sean 076 854 8650
19:30			Mandy	FWG Running Club	
20:00			083 462 2725	secretary@frfa.co.za	
				Mandy	
				083 462 2725	

Clubhouse Phase 2 Outside Phase 2 Tennis Gazebo

All fees and times to be confirmed with the activity provider concerned.



Please join us for our annual

CHRISTMAS MARKET

Saturday 10 NOVEMBER

10 am to 4 pm.

FWG Clubhouse

for stall bookings, please contact
littlefieldmousemarket@gmail.com

TREES AND THEIR CARE

– CURRENT THREAT TO OUR TREES FROM THE SHOT HOLE BORER BEETLE

The FWG Gardening Club met for a presentation from Charles Verster on the care and treatment of pests in our trees and about the current major threat to Johannesburg trees from the POLYPHAGOUS SHOT HOLE BORER BEETLE (PSHB)

Charles is a vegetation management specialist, a horticulturalist offering services in the maintenance of vegetation along railway lines, airports, power stations and commercial and residential estates, rehabilitation and revegetation of disturbed vegetation to return the environment to a natural state. He relocates plants, trees and succulents all over South Africa. He is also a horticultural facilitator, assessor and moderator; teaching courses such as tree identification, pest control operators etc.

We learned that trees have natural defences against pests, e.g. secretory cavities (where secretions are stored to repel pest insects or mites – lemon and bottle brush leaves are examples and can be rubbed on human skin as a natural remedy to prevent mosquito attacks).

There are 3 main reasons trees get attacked by pests:

1. Alien, exotic pests. There are no local natural enemies, for example the Shot Hole Borer beetle.
2. Poor biodiversity – where the natural balance does not exist e.g. where a small tree is planted in an atrium and no natural enemies are present.
3. Stress – caused by e.g. drought, heat, flooding, fire, frost, strangled roots.

The Shot Hole Borer beetle comes from South East Asia, imported to South Africa possibly by ships in wooden pallets inhabited by the pest. It is a tiny beetle 2mm long and can fly short distances to host trees, where it breeds and literally bores cavities throughout the tree. It carries a fungus which it inoculates the wood for a source of food and this fungus is what kills the tree. There are probably more than 600 species of wood borer



beetles worldwide, most attack dead wood but approximately 20 attack live wood. It has caused extensive damage around the world – and has arrived in South Africa some time in the last decade.

Stressed trees have a higher chance of infestation by PSHB, it is therefore advantageous to maintain your trees in a healthy state.

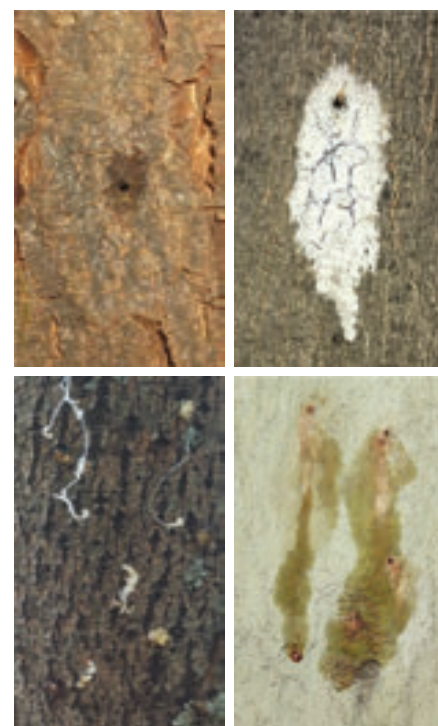
It has been found around the Ports such as Richards Bay. Once infected, there is no tried and tested remedy as yet. There are ongoing trials to find solutions to this challenge.

Infected trees must be destroyed by burning or chipping for composting.

The trees most likely to attract this pest are:

1. Host trees in which both the beetles and the fungus establish, and where the beetle successfully reproduce. In most cases the reproductive hosts will eventually be killed by the fungus.
2. Host trees that are attacked by the beetle and where the fungus establishes, but where the beetle does not successfully breed. The fungus might, or might not cause disease and kill the trees.

What to look for in your trees is gum/sap/white powder/fine saw dust/stains from small holes in the bark. Another symptom is if part of the tree appears leafless, dead branches, die-back of trees or branches. To further investigate, take a knife and expose the area of the hole if an area around the 1mm diameter hole is discoloured, this may be a sign of infection by PSHB. Seek advice from a professional in your area.



REPRODUCTIVE HOST TREES1

Exotic species		Native SA species	
Latin name	Common name	Latin name	Common name
<i>Acacia melanoxylon</i>	Blackwood	<i>Combretum krausii</i>	Forest bushwillow
<i>Acacia mearnsii</i>	Black wattle	<i>Erythrina caffra</i>	Coast coral tree
<i>Acer buergerianum</i>	Trident (Chinese) maple	<i>Podalyria calypttrata</i>	Water blossom pea
<i>Acer negundo</i>	Boxelder	<i>Psoralea pinata</i>	Fountain bush
<i>Acer palmatum</i>	Japanese maple	<i>Salix mucronata</i>	Cape willow
<i>Brachychiton discolor</i>	Pink flame tree		
<i>Gleditsia triacanthos</i>	Honey locust		
<i>Liquidambar styraciflua</i>	American sweetgum		
<i>Magnolia grandiflora</i>	Southern magnolia		
<i>Pearsea americana</i>	Avocado		
<i>Platanus x acerifolia</i>	London Plane		
<i>Quercus palustris</i>	Pin oak		
<i>Quercus robur</i>	English Oak		
<i>Ricinus communis</i>	Castor bean		
<i>Salix alba</i>	White willow		

NON-REPRODUCTIVE HOST TREES2

Exotic species		Native SA species	
Latin name	Common name	Latin name	Common name
<i>Bauhinia purpurea</i>	Butterfly orchid tree	<i>Bauhinia galpinii</i> *	Pride of De Kaap
<i>Betula pendula</i>	Silver birch	<i>Buddleja saligna</i> *	False olive
<i>Camellia japonica</i>	Common camellia	<i>Calodendrum capense</i> *	Cape chestnut
<i>Carya illinoensis</i>	Pecan nut	<i>Calpurnia aurea</i> *	Geelkeurboom
<i>Ceiba pentandra</i>	Kapok	<i>Combretum erythrophyllum</i> *	River bushwillow
<i>Cinnamomum camphora</i>	Camphor	<i>Cordia caffra</i> *	Septe tree
<i>Citrus limon</i>	Lemon	<i>Cussonia spicata</i> *	Cabbage tree/ Kiepersol
<i>Citrus sinensis</i>	Orange	<i>Diospyros dichrophylla</i> *	Star apple
<i>Eriobotrya japonicum</i>	Loquat	<i>Diospyros lycioides</i> *	Monkey plum
<i>Erythrina livingstoniana</i>	Aloe coral tree	<i>Ekebergia capensis</i> *	Cape ash
<i>Eucalyptus camaldulensis</i>	River red gum	<i>Erythrina lysistemon</i> *	Common coral tree
<i>Ficus carica</i>	Common fig	<i>Ficus natalensis</i> *	Natal fig
<i>Fraxinus excelsior</i>	European ash	<i>Grewia occidentalis</i> *	Cross berry
<i>Jacaranda mimosifolia</i>	Jacaranda	<i>Gymnosporia buxifolia</i> *	Spike thorn
<i>Melia azedarach</i>	Syringa	<i>Halleria lucida</i> *	Tree fuschia
<i>Morus sp.</i>	Mulberry	<i>Harpephyllum caffrum</i> *	Wild plum
<i>Platanus occidentalis</i>	American plane	<i>Melanthus major</i> *	Honey flower/ Kruidjie-roer-my-nie
<i>Platanus racemosa</i>	Californian plane	<i>Nuxia floribunda</i> *	Forest elder
<i>Plumeria rubra</i>	Frangipani	<i>Olea europea subsp. africana</i> *	Wild olive
<i>Populus nigra</i>	Lombardy poplar	<i>Podocarpus falcatus</i> *	Outeniqua yellowwood
<i>Prunus nigra</i>	Black plum	<i>Podocarpus henkelii</i> *	Henkel's yellowwood
<i>Prunus persica</i>	Peach	<i>Protea mundii</i> *	Forest sugar bush
<i>Psidium guajava</i>	Guava	<i>Rapanea melanophloeos</i> *	Cape beech
<i>Schinus molle</i>	Pepper tree	<i>Schotia brachypetala</i> *	Weeping boerbean/ Huilboerboon
<i>Taxodium distichum</i>	Swamp cypress	<i>Senegalia galpinii</i> *	Monkey-thorn
<i>Ulmus minor = procera</i>	English elm	<i>Vachellia karoo</i> *	Sweet thorn
<i>Ulmus parvifolia</i>	Chinese elm	<i>Vachellia sieberiana var. woodii</i> *	Paper bark thorn
<i>Viburnum sinensis</i>	Viburnum	<i>Virgilia divaricata</i> *	Keurboom
<i>Vitis vinifera</i>	Grapevine		

For advice and assistance call Charles on 082 653 6081 or email to: charles@ulwando.co.za



The occurrence of PSHB can also be reported via the APP, Tree Survey, this will aid in the research and study into the future.



FRANCESCA Beattie
properties



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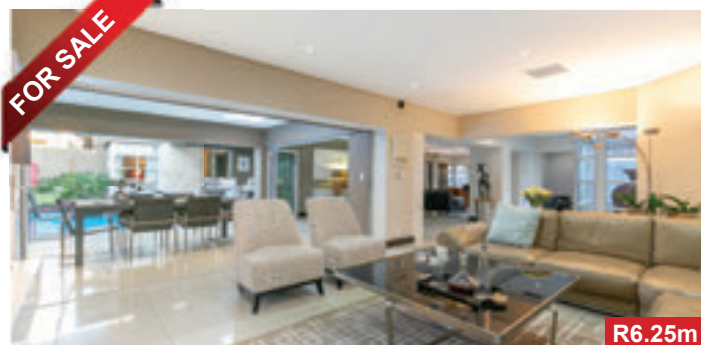
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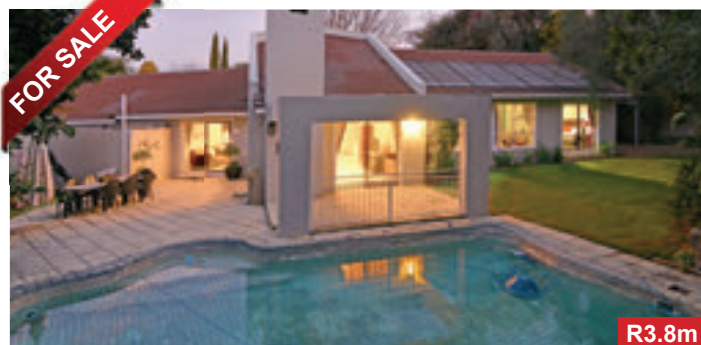
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FOURWAYS GARDENS
Residential Estate

GARDENING

In October, Mother Nature goes into overdrive and turns this promise into colourful reality when gardens and veld alike burst into full bloom. This is the time where you enjoy the beauty around you, while feeding, pruning, watering, keeping a watchful eye on pests, and planting in earnest for summer.

Try our new product:

ORGsome – Colloidal Nutrient Formula for plants

- All natural ingredients
- Non- toxic
- Bird and wild life friendly
- Economical

Plastic bags pose a serious danger to birds and marine mammals that often mistake them for food. Buy a few reusable bags and leave them in your car.

All the gardeners...

FOR THE PLANTS ENTHUSIAST

– Store the seeds you've saved from spring annuals, like calendulas, poppies, forget-me-nots, Virginian stocks and indigenous flowers like Namaqualand daisies, in a paper bag or envelope and label them, add the date and keep them in a cool, dark area until sowing time. Continue feeding and watering your spring-flowering bulbs until the foliage has died down; you can leave indigenous bulbs in the ground providing the drainage is good. Stop pinching out the tips of

fuchsias so they'll flower in 6-8 weeks; feed them fortnightly with our fine or contour compost and boost with our new ORGsome – colloidal nutrient formula for plants. Take cuttings of impatiens, trim them below the bottom node and put them in water in a clear glass bottle.

FOR THE KITCHEN GARDENER

– Continue planting seedlings of carrots, radishes, beans, spring onions in small quantities every fortnight. Sow seeds of cabbages, tomatoes and basil in seed trays. Transplant seedlings of

tomatoes, brinjals, lettuce, swiss chard and peppers. You can also put our ORGsome on your vegetables

FOR THE TIME-PRESSED GARDENER

– Have a blitz on weeds before they take hold. Mass plant spreading groundcovers which are hardy and drought-tolerant, in your beds and borders. They'll require less feeding and watering than high-maintenance annuals. Mulch the whole garden to keep the soil cool and reduce evaporation so you need to water less often.

Get Contour compost

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- Mulch

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SEEING IS BELIEVING

Come celebrate with us!



THE DOORS TO CELEBRATION RETIREMENT ESTATE IS NOW OPEN

For the past two years the site across the road from Northgate Mall has been a hive of construction activity gradually transforming from a bare piece of land into Celebration Retirement Estate – the largest upmarket lifestyle estate for over 50s in Gauteng.

Anticipation grew as the massive earth works started to give way to cranes going up and buildings slowly but surely rising from the ground. When the show house village opened in August 2017 and marketing started in earnest, the response from the public was overwhelming with 100 units sold in the first 14 days! To date an unprecedented 280 units have been sold.

After this long, exciting journey, the big day had finally arrived. On 1 August 2018 Celebration Retirement Estate proudly opened its doors to its first 181 residents, with the second phase of residents who moved in on 1 September. If you have been curious about what has been happening behind those construction barriers for the past two years, come see for yourself, because you won't believe your eyes!

Lifestyle facilities and frail care fully operational

Celebration Retirement Estate is Central Developments' 12th retirement estate and has the best facilities and services to date capitalising on all the lessons learnt at the previous 11 retirement developments. The magnificent 3 000m² lifestyle centre and 30-bed frail-care facility, is fully operational from phase one as promised. It consists of a restaurant and dining room, recreation hall, games room, indoor heated swimming pool, doctor's consulting room, hair and beauty salon, convenience store, coffee shop and deli, library and more – all within a beautifully designed and decorated space which will leave you feeling like you're in a five-star resort.



Besides these beautiful, world-class facilities, Celebration also offers 24-hour, state-of-the-art security and for added peace of mind each resident has a mobile panic button connecting them directly to the frail-care unit and guard house 24 hours a day.

60% SOLD OUT Next phase now selling



Celebration Retirement Estate's next phase is selling now still offering a choice of 19 different floor plans ranging from one and two bedroom apartments to spacious two and three bedroom cottages and houses with quality finishes throughout. They are also packed with special new features which

were added due to lessons learnt at the previous developments, such as mid-level ovens, covered patios, low maintenance garden fences, PV thermal solar panels and LED lighting.

The largest upmarket lifestyle estate for over 50s in Gauteng

Other exciting new features include the fact that Celebration is the first retirement development in Gauteng to be registered for EDGE (Excellence in Design for Greater Efficiency) certification by the Green Building Council of South Africa. This will ensure 20% more energy savings than the norm resulting in lower water and electricity bills for you at the end of the month.

Furthermore the entire estate has fibre to each unit, ensuring fast, reliable and affordable internet connectivity enabling residents to easily work from home, stay connected with family and friends, make more affordable phone calls and enjoy the latest in internet entertainment services.

Units are selling from R820 000, but rentals starting from as low as R6 800 per month are also available for those who don't want to buy, but would also like the care-free, active and secure retirement lifestyle that Celebration offers.

HUGE DEMAND, LIMITED SUPPLY, EXCELLENT INVESTMENT

The sales figures speak for themselves. There is a huge demand for these retirement properties due to the very limited supply, which also contributes to the fact that they are the best performing residential property investments in the market with achievable investment returns of up to 20% per annum (up to 8% rental return and up

to 12% capital growth). Since these are full ownership properties, and not life rights only, like most other retirement developments, the owner gets the full benefit of the property's capital growth. Many investors of all ages buy these properties and let them out until they themselves are ready to retire and live there, or purely to expand their investment portfolio.

Seeing, however, is believing, so come see for yourself why everyone is raving about this new flagship retirement estate in the north of Johannesburg. Come experience Gauteng's premier retirement estate first-hand. You are invited to tour our brand-new lifestyle centre and show village and enjoy a lunch in our first class restaurant. Our show house village is open 7 days a week from 09:00 to 17:00. Do not delay. Secure your investment or future retirement property today!

Apartments selling from

R820 000

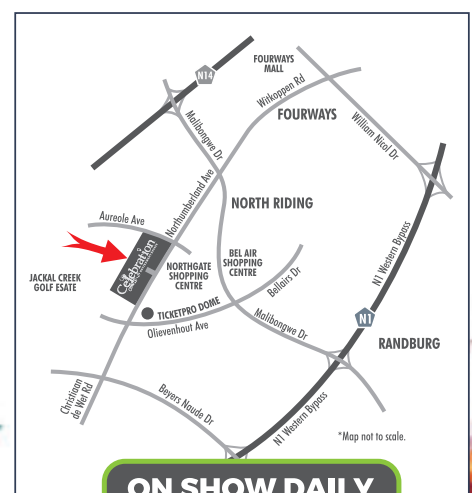
Free-standing houses from

R1 870 000

Rentals available from

R6 800 p.m.

Visit www.retirenow.co.za or phone 0861 73 84 73 for more information.



**ON SHOW DAILY
09:00 - 17:00**

How to recycle your waste in three easy steps

1. SEPARATE

Separate the items that you wish to recycle and ensure that the products you have selected can indeed be recycled.



2. RINSE/ WASH

It's advisable that all recyclables be rinsed/ washed, preferably with used water.



3. DRY

Once rinsed/ washed, allow the item to air dry.



DID YOU KNOW?

SQUASHING YOUR PLASTIC BOTTLES, TINS AND CANS MAKES THEM SMALLER AND MORE CAN FIT IN YOUR BAG

WHAT YOU NEED TO KNOW ABOUT RECYCLING

PLASTIC ✓

Plastic that we CAN recycle

- Plastic buckets
- Plastic bags
- Plastic bottles
- Foam/polystyrene packaging
- Plastic trays/ tubs

PLASTIC ✗

Plastic that we CAN not recycle

- Chip packets
- Sweet wrappers
- Washing powder bags
- Sauce sachets
- Dirty clamshell packaging

THERE ARE MANY DIFFERENT TYPES OF PLASTIC AND EACH ONE HAS A NUMBER THAT CAN BE SEEN ON THE PRODUCT. THESE NUMBERS MUST BE COLLECTED SEPARATELY. CHECK BELOW FOR THE CODES:

<p>Soft drink, juice and water bottles.</p> <p>Common white or coloured plastic, like milk bottles and shampoo/detergent containers.</p> <p>Hard, rigid, clear plastic, like water bottles and cordial bottles.</p>	<p>Soft, flexible plastic bottles, like squeezable sauce bottles and plastic film products such as bread bags.</p> <p>Hard but flexible plastic, like ice cream tubs and lunch boxes.</p> <p>Rigid, brittle plastic, like margarine tubs, yoghurt tubs & foam/polystyrene containers.</p>	<p>Multi-layered packaging, such as sauce sachets, soup packets and crisp packets. Unfortunately number 7 plastics will not be accepted.</p>
---	---	--

PAPER ✓

Paper that we CAN recycle

- Cardboard of any kind (dry food, cosmetic & medicine boxes, toilet roll cores)
- Office paper
- Magazines and brochures (including glossy kinds)
- Newspapers
- Envelopes
- Liquid packaging (milk and juice cartons, paper cups)
- Old/damaged hard cover and paperback books



PAPER ✗

Paper that we can NOT recycle

- Tissues, toilet paper and paper towels
- Dog food bags
- Wax-coated or foil-lined boxes
- Used cement bags
- Wet or dirty paper or cardboard
- Disposable nappies
- Dirty paper plates
- Carbon Paper

GLASS ✓

Glass that we CAN recycle

- Cool drink, juice and water bottles
- Food and sauce bottles and jars
- Wine and liquor bottles
- Alcohol beverage bottles
- Clear drinking glasses
- Beer bottles



GLASS ✗

Glass that we can NOT recycle

- Light bulbs
- Crystal
- Ceramic cups and plates
- Heat-resistant ovenware
- Crystal drinking glasses & tumblers
- Mirrors and windscreen glass
- Window pane glass
- Clay pots



CANS ✓

Cans that we CAN recycle

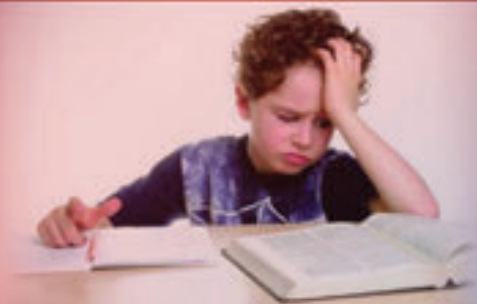
- Aluminium and steel cans
- Food cans
- Beverage cans
- Aerosol cans


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Email:
info@witkoppen.co.za
Website:
www.witkoppen.org

24 July 2018

Annie Grealy

Email: abgrealy@iafrica.com

Dear Annie and knitting team

The management, staff and patients of Witkoppen Health and Welfare Centre would like to express their heartfelt appreciation for your generous donation of 250 beautiful well-knitted blankets on 20 July 2018. These were distributed to our indigent beneficiaries in the Orphans and Vulnerable Children's program, which is part of our Social Service Department.

At Witkoppen Health and Welfare Centre we provide primary integrate health and Social Services. Most of the beneficiaries of the service provided by Witkoppen live in the informal settlements close to the Centre and most are unemployed and live in poverty without the basic necessities. Accordingly, one of our core social services interventions is that of poverty alleviation and providing necessities to the destitute people.

We are grateful to you and the knitting team for thinking of the needy in this Mandela Month. The warm blankets were given out on Monday 23 July 2018 and will go a long way to keep the child recipients warm. Below are a few pictures of the happy beneficiaries. You met a need through your good deeds and big hearts. We are honoured by your support we are looking forward to working with and you further.

Best Wishes,

DR JEAN BASSETT (MBCNB UCT)
EXECUTIVE DIRECTOR

J:\Letters\Thank you\2018\Individuals\Annie Grealy - Mandela
Day Blanket - July 2018.doc

Directors:
P Thabo (Chairperson), G Nkomo, D Kula, A Christie,
N Gungah, AB Hofford, BBA Khanyile, P Bessent
(Executive Director)

Randburg SPCA

The FWG Charity Club will be collecting for the Randburg SPCA from now until 21 December 2018. Please deliver any of the items listed below to the HOA or contact abgrealy@iafrica.com or sheila@evers.co.za to collect from your home! Thank you Fourways Residents for always assisting us to make our community a caring one.

Kennels

- Cat/Dog food (We accept any brand of pet food however we prefer Bob Martin puppy for the puppies and pedigree adult dog for large and small breeds. For cats we prefer Whiskers or Friskies adult food and Royal Canin Kitten for our kittens)
- Tick and Flea powder for cats and dogs
- Blankets/Towels
- Toys for cats and dogs
- Catnip for cats
- Crystal Cat Litter

Office

- Printing paper
- Pens
- Tippex
- Staples
- Packaging tape (Clear and opaque)
- Printer Cartridges: Canon 510, Canon 511, HP 122XL (Black and Tricolour)
- Tea
- Coffee
- Milk
- Sugar

Cleaning

- Dishwashing liquid
- Bleach
- Toilet paper
- Dish Towels
- Jeyes Fluid
- Domestos
- Mr Min
- Air Freshner
- Windowlene
- Sponges
- Mops
- Brooms
- Black Bags



Join

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AT

CHRIST
MAS

in the park

25
NOV
2018

Carols with PJ POWERS
3pm - Santa
& Magician
5pm - Carols
See you at
the clubhouse



Gaye
Cawood
realty



FOURWAYS GARDENS SOCIAL CLUB LAUNCHES A BRAND NEW BOOK CLUB!

The Fourways Gardens Social Club enjoyed its first evening book club recently. The evening began with informal introductions and then book recommendations made ranging from bestsellers, old favourites to brand new novels. Pizza and drinks were enjoyed after the book exchange and a name for the book club decided upon; *A Novel Idea*. A fun evening of chatting and catching up was enjoyed by all. The evening book club will be held at the FWG clubhouse on every 2nd Monday of the month. Please follow updates on the FWG Social Club Facebook Page or Residents Page for updates and reminders.

All welcome!





Shop 14, Upstairs, Fourways Gardens Shopping Centre,
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Tel: 011 465 8165

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OOH FRIDAY YOU SEXY THING!
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OUR SEXY BARMEN AND SHOOTER LADIES

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**MOLLY
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MOVING • STORAGE • RELOCATIONS

FWG Wine Club – Brampton Wines

The Fourways Gardens Wine Club will be ending the year with a wonderful evening of Bubbles and Canapés on the 7th of November 2018, so we hope to see you all there!

This meant that our October tasting was the last Wine Tasting of 2018 and we were fortunate to have Brampton Wines presenting. Brampton is a range of premium wines for those inspired individuals who see the spark of possibility in everything around them. This urban wine brand celebrates colourful thinking, doing, seeing, tasting, and living and is produced by a team of dynamic wine creatives who believe that wine should be an extension of your style.

Their philosophy is that if you are one of those people who likes to strum to the rhythm of your own sound and live out loud, then Brampton is for you. This came across in the lively and very amusing presentation by DGB's Sommelier Germain Lehodey. He was not only knowledgeable about the Brampton Wines but provided interesting facts about the wine industry globally (as well as a broad range of other topics).

The Brampton Wine Studio sits in the heart of Stellenbosch's vibey town village. At this unique urban winery, you can taste and buy Brampton's award-winning range, nibble on delectable tapas or their famous flat breads, and sip some refreshing in-house beer on tap. It's a place that is always buzzing with creativity and fun! If you happen to be in the area over the festive season, why not pop in and sample all they have to offer. Their "show-stopper" wine is the Roxton which we got to taste on the night, along with their Sauvignon Blanc, Unoaked Chardonnay, Rosé and Pinotage. All of their wines were very well received, and the best part is that they are very well priced.

Thank you to Tyson Properties for again sponsoring the dinner wines as well as the lucky draw prizes. Three lucky people walked away with Cabernet Sauvignon Magnums to enjoy at home.

We would like to remind all Fourways Gardens residents that the Wine Tastings are open to all residents and tickets go on sale after the first Wednesday of each month. We look forward to seeing all the regulars as well as some new faces in the New Year when we kick off in February 2019.



Fourways Gardens
Wine Club





**Upcoming tastings
– Book early – tickets go fast!**

**Please make
your bookings
and payment
directly at the
Clubhouse.**





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FWG BEER FESTIVAL



Our 2018 Beer Festival was once again a great success. This event was the first big event hosted since the HOA and Clubhouse staff had taken over the management. Francois and his team at the Clubhouse had a great spread of food, beer and gin on sale for the enjoyment of our residents and friends.

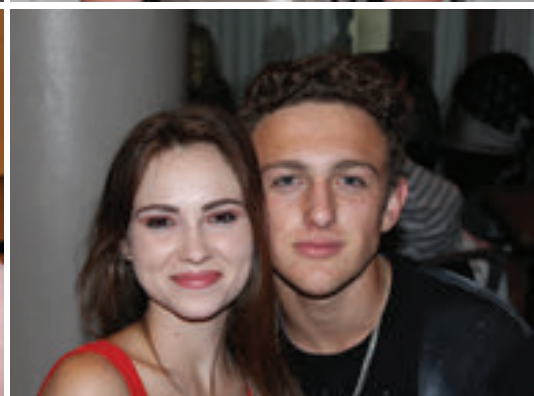
The Dixie Hillbillies performed throughout the afternoon and the band seemed to have enjoyed the gig as much as the patrons did. A great and lively performance was enjoyed by all.

Even though there were threats of rain throughout the week leading up to the Beer Fest, a few drops did not deter Fourways Gardens! Once the drops began to fall, everyone just simply moved indoors as the hall and restaurant was already set up.



**Thanks to
everyone who
joined us on the
day!**







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KIDS' CINEMA

23 NOVEMBER



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QUIZ NIGHT – 14 September



The winners of our Quiz Night were:

1. MONKEY BRAINS
2. EVERS
3. SEPTEMBER IN SPRING



The Quiz Night hosted on the 2nd of November 2018 was generously sponsored by:
Francesca Beattie Properties,
Denoon Sampson Ndlovu Attorneys
and The FWG Clubhouse!





Wonderland

Sweets



R139.90
12 slabs

Cadbury Chocolate Slabs
All flavours



R14.50

Pringles
All Flavours



R19.50

Hersheys Bark Thins Coconut, Blueberry, Almond 113g



WAS: R29.90

Now R19.90

Mini Oreo Tub



R179.90
case of 12

Vanilla Coke, Cherry Coke, American Cola
Fanta Berry, Strawberry, Peach & Apple



WAS: R22.90

Now R19.90

Tabasco Popcorn
Big Bag



R49.90

Nutella Spread 350g



R39.90

Assorted Jelly Gums
800g



R19.90

Hershey's Kisses



R9.90

Eve Aloe Vera Juice 500ml
All Flavours

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Follow us on facebook @WonderlandSweetsSA

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GREEK EVENING



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EXTENDING THE CURRICULUM FOR THE 21ST CENTURY



In its continued endeavours to offer relevant and cutting-edge instruction to its students, Dainfern College has now introduced its own cross-curricular programme for Grade 8s and 9s, known as Xtend-it.



The College's teaching staff are constantly researching international educational trends and evaluating them within the South African context. One of the most recent international trends is the integration of various subjects in the senior education phase. An integrated curriculum connects different areas of study and emphasises unifying concepts, allowing students to engage in relevant, meaningful activities. This integration also leads to less assessment and teaches skills more than content.

Dainfern College's Xtend-it programme has been developed by its own High School staff to embrace these 21st Century educational trends. Teachers have spent many hours being stretched and extended themselves as they designed and perfected programme modules, wrote materials and workbooks and created innovative lessons that incorporate active learning for the students.

The Xtend-it programme takes place at certain times during the academic year. When following this innovative new programme, Grade 8s and 9s still attend their core subjects. Other subjects combine under the umbrella of Xtend-it into modules that seek to harness

the students' unique potential and offer a discovery-driven approach that is designed to awaken their curiosity, and to make them question, not for the sake of answers but so that they might better understand the questions facing all of us at this particular point in our history.

There are three modules for the Grade 8 students and four for Grade 9s:

- iMe, which probes the nature of artificial intelligence and its place in our world.
- StratSci, which offers an inside look into strategic planning.
- Nervis Terrae, which delves into the core issues of ownership of our planet.
- Second Sight (Grade 9 only), which introduces the students to the amazing concept of biomimicry.

Dainfern College's High School head of Academics, Karen Cosh, comments "These modules are cross-curricular and focus more on 21st Century core skills and less on specific subject content. They emphasise collaboration, creativity, collection of information, critical thinking, character development, reflection and communication. There is far less assessment and all tasks are completed in class, thus alleviating the need for homework. Students may be asked to do some pre-reading or

Advertorial



"The teachers involved in Xtend-it have seen tremendous growth in this short time and we are confident that our students are being enriched by the process."



Xtend-it launch packs for the students



Xtend-it staff collaboration

thought preparation but there is no actual homework as they know it."

Change is never easy and for some students there has been a measure of discomfort as they have adapted to the new curriculum. Says Mrs Cosh: "The notion of work not being for marks is uncommon and some students have struggled to apply themselves to these tasks; however, other students have found the modules challenging and thoroughly enjoyed the different context of learning."

DAINFERN
College



For further information about Dainfern College please contact the marketing manager Mrs Deidré Proxenos at 011 469 0635 or dproxenos@dainferncollege.co.za.

BROADACRES ACADEMY: THE LEGACY OF VISION LIVES ON

The Legacy

Broadacres Academy has been an integral part of the larger Broadacres community since its inception in 1982. The original owner, Wendy Mathers, purchased the farm in Syringa Avenue with a vision of providing an education for children from the city in a natural farm environment.

Broadacres Farm Nursery School, as it was known for 33 years has played a significant role in the lives of families and children in the Broadacres Community – and beyond.

The Vision

In 2016, Broadacres Farm Nursery School was acquired by two visionary educators André de Coning and Dylan Cavanagh who wanted to continue the ethos of the Farm Nursery School which was aligned to their philosophy of natural learning – but extend the vision to a full Preparatory School solution for the community.

And so it was at the start of 2016 that the Broadacres Farm Nursery School was rebranded as Broadacres Academy, a school “Where children learn, naturally”. A Vision Realised

In just under three years, huge and exciting developments have taken place as the school takes strides towards providing a full school solution for the families of the greater Broadacres Community.

Our Broadacres Academy vision to create a world-class learning environment to support our philosophy of learning is well on its way to being realised. The first phase of construction is on track and the new Preparatory School will be open by January 2019.

What will be on offer?

The new Preparatory School will offer an unparalleled experience for families and children of the community as well as the teachers who will be nurturing learning in this amazing new and visionary environment.



Owners of Broadacres Academy Dylan Cavanagh (Left) and André de Coning (Right) share a light-hearted moment with Wendy Mathers (Centre), founder of the original Broadacres Farm Nursery School, during a recent visit to the school.

The school has been designed around our learning philosophy and will provide an optimal environment for natural learning to take place.

The reconfigurable learning spaces have a natural flow onto outdoor learning environments. This means that the learning spaces extend into nature, and

that facilitation offers flexibility for the enjoyment of learning.

The buildings support the constructivist learning philosophy we believe is the natural way children learn.

Enrolments are Open

Our new Admin block, Preparatory



Admin Block North-facing View

School and Sports Field will be operational in January and we are taking enrolments up to Grade 4. We plan to be a fully functional preparatory school, up to Grade 7, by January 2020.

Our competitive and realistic fees can be viewed on our website.

Where are we situated?

Broadacres Academy is conveniently situated in the heart of the Broadacres community, one road down from Cedar road in Syringa Avenue.

We have retained the unique farm-feel in the city, ensuring the children who attend our school have a natural and happy learning environment. The essence of Broadacres Academy's 36-year history, from a small farm nursery school to the new developments happening today, is being kept and nurtured to ensure the legacy remains intact.

Community Assets

Broadacres Academy is of great benefit to the community and we believe in creating values for a supportive and caring community. We strive to be an affordable and accessible school, with exceptional facilities and a dedicated teaching staff who ensure children are fully engaged in learning.

Wednesday Walkabouts

We welcome anyone to come visit us on our Wednesday morning walkabouts to experience the Broadacres magic. These tours take place every Wednesday morning during term time at 08:30. No booking required. Just report to the Pre-school Reception area.



Prep School North-facing View



Grade 1 Learning Area



Communal Learning Area - Junior Preparatory



Contact Details:

Phone: 011-4653810
Email: info@broadacres.com
Web: www.broadacres.com
Facebook: [@broadacres.academy](https://www.facebook.com/broadacres.academy)
Instagram: [@broadacresacademy](https://www.instagram.com/broadacresacademy)

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Newly wed? Have kids? Lost a pet? Need a companion?

Did you know owning a dog can decrease depression, stress and anxiety, lower your blood pressure, improve your immunity, as well as decrease the risk of heart attacks.

Getting a puppy or dog is the simple way to expand your family. Dogs are eternally loyal, loving, protective, playful and intelligent. They only add to the family dynamic, and research shows that dogs actually lower a child's chance of becoming

allergic to pets by up to 33 percent. Owning a dog also increases your social circle. A 1999 Canadian study found that pet owners were more 'socially engaged' than non-pet owners..

At Ark Animal Centre we take huge responsibility and pride in listening to what you're looking for, and matching you up to a pet that will suit your family and home. All the aspects are taken into consideration; newly married, planning to have kids,

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www.arkanimalcentre.co.za

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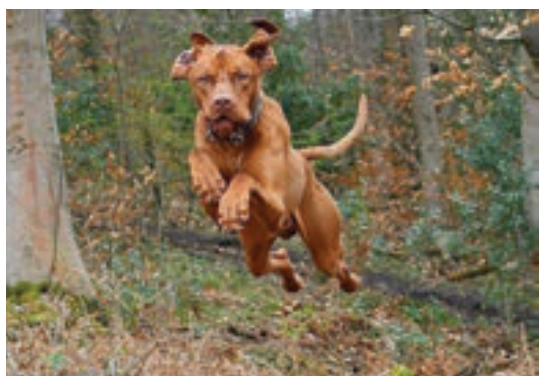
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EXERCISE FOR EVERY PET #GetMoving



Let's face it – not every furkid conjours up visions of athleticism. But looks can be deceiving. Recently we've featured Scottie agility champions and a group of English Bulldogs who are pro-surfers and skateboarders on the Twisted Whiskers facebook page! Where there's a will, there's a way. The point is that ALL pets need exercise, whether they end up being sporty, or it's all just a bit of fun with their humans.



October is Pet Obesity Month, and together with our partners in the fight against pet-flab, **Hills Pet Nutrition**, we're making it our mission to help every podgy Petunia and flabby Fido to reach their ideal weight and enjoy many more years with their families, free of obesity-related health problems. Bring your dog or cat to a Twisted Whiskers store anytime for a free weight check, body condition assessment and diet and exercise advice from our trained staff. We'll introduce you and your pet to the **Hills Pet Slimmer Programme** and get your pet on the road to looking and feeling great. And we'll teach you some handy tips along the way to prevent the pounds from piling back on.

WHAT ROLE DOES EXERCISE PLAY?
Much has been written about the role of diet in weight loss for pets, and with

good reason. By far the biggest factor in losing pounds is the correct weight-loss diet. Exercise is the other vital piece of the puzzle and this is what we're going to be focussing on here.

A common concern of parents of sedentary pets is that they battle to get them moving at all. The truth is that an overweight animal very likely suffers some kind of joint pain or stiffness, as fat tissue, itself, is a source of inflammation in the body. So it's not just the extra weight that makes moving painful; the problem is two-fold. Our advice in these cases is to start the Hills weight loss programme and get some of the excess weight off first. The low-calorie, joint-support diet, **Hills Metabolic + Mobility**



helps pets with joint problems to begin light exercise. You'll be surprised at how much keener your furball is to follow you out to the garden when he has less weight to drag there with him!

Initiating that movement can be as easy as placing his kibbles in a line leading away from his resting place, so that he has to move around to finish his meal. Rather like Hansel and Gretel following breadcrumbs in the old fable. Then call him to follow you each time you move from one room to another. Animals respond well to a system of reward, so use a low-calorie treat like **Hills Metabolic Treats** or grated **carrot** or **apple** for dogs, or maybe a **catnip biscuit** for kitties, to encourage and reward them for getting up and moving about.

As movement becomes easier, introduce a favourite toy such as a **ball** or **plushy** for dogs or a **laser light** or **feather dangler** for cats, to engage them in short games. From here you can progress to brief, low intensity walks around the garden on a lead, or around the block. Gradually add time and distance to the walk, as your pet becomes fitter. For cats, build up to longer and faster games of chase with their toys, gently encouraging them to jump on and off of furniture, low counters, etc. It's vitally important not to push your pet too hard, too quickly. Allow older pets, or those with joint problems, to show you when they're tired. And don't confuse reluctance with laziness. Make exercise as much fun as possible and soon your pet will look forward to being able to move around and share activities with you.

WHAT OTHER EXERCISE OPTIONS ARE THERE FOR PETS?

The sky is literally the limit when it comes to exercise and outdoor activities one can participate in with pets. Social media is peppered with stories of people who take their pets (even cats!) mountain climbing, surfing, or hiking. Provided your furbaby is properly secured, eg. in a suitable harness or life-jacket and eager to join you on your adventures, simply strap him into his car safety harness or car crate and off you go!

It's a good idea to ensure that places you plan to visit are pet-friendly. **The South**

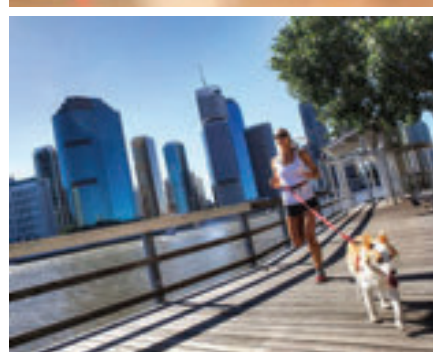
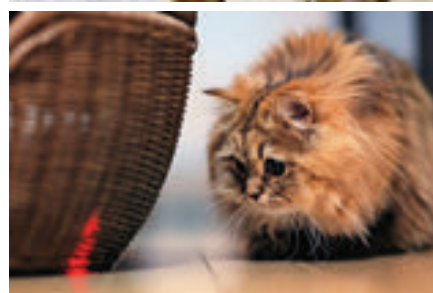
African Pet Friendly Directory (<https://www.petfriendly.co.za/>) is a wonderful resource, listing accommodation and restaurants, nature trails, etc. that welcome furry visitors. Remember to pack all your pet essentials: collapsible water bowls will squeeze into the tiniest corner of your bag, and the non-spill variety are fab for the car. Ball launchers are a must and don't forget the all-important treats and poop bags. And a comfy blanket or travel bed to sprawl out on.

Join local breed groups on social media – many advertise organized events specifically for different breeds. Hunting and herding breeds, for example, find drag hunting (together with horses and riders, where dogs follow an artificial scent laid down in advance by a runner and no animals are harmed), or sheepdog trials, hugely stimulating. It's a great day out for you and your dog to catch up with like-minded individuals. What could be cooler than seeing a Gathering of the Clans at the annual terrier club get-together? Or a perfect pack of Pointers at the local gundog outing?

There's plenty of fun to be had in your back garden at home. Many dogs (and even some cats) enjoy **swimming**, and this is an excellent form of exercise, particularly for overweight pets, as it burns plenty of calories, but doesn't place the stress on sore joints that walking does. Ensure pets only enjoy the water under supervision if they cannot get out of the pool easily on their own. **Swimming harnesses** sport a convenient "handle" on the back so that you can monitor your pet's movement in the water, and are ideal for smaller pets. Get your animals used to the water when they're youngsters and invest in a **Skamper-Ramp** so that your pets can always get themselves out safely if they fall in by accident.

If you're a **keen runner** and would like to take your dog out with you for exercise, check first with your vet what distance your running buddy can manage. If the two of you run often and your dog is burning off loads of calories, it might be worth looking at a sporting dog diet that includes joint support. **Eukanuba Premium Performance Working and**





Endurance, or Hills Performance Adult are superb options.

Twisted Whiskers stocks **hands-free, shock-resistant leads** that are perfectly suited to runners' needs. Or check out the **Gismo** range, which features a **comfort grip handle with attachments** for all those must haves out on a run with Max: **poop-bag holder, flashlight** for night runs, **treat-dispenser, multi-lead anti-swivel carbine** for a comfortable outing with more than one dog – all on a single item to hold!

Large or giant breed puppies should not be taken on runs until their growth plates have closed at around the age of 15-18 months, as this can irreversibly damage young joints and set your dog up for a lifetime of pain and discomfort. Always **pay close attention to brachycephalic dogs** like Pugs, Boxers and Bulldogs and **check for heat stress** when doing any form of activity with them. They should only be exercised **in the cool of the day**, and remember to **take plenty of water** with you. A **cooling collar** is a super idea for them, or a **cooling mat** to chill out on as soon as they get back home.

Cats aren't exactly "sporty", but this doesn't mean that they don't enjoy bounding around and burning off energy, albeit informally. Outdoor cats tend to amuse themselves all day, stalking, hunting and climbing, but if your kitty is an indoor child, ensure that he or she has plenty of exercise options like **cat trees, shelves** placed at different levels along the walls for aerial entertainment, and perhaps an enclosed outdoor area (fondly known as a "**catio**") to be able to appreciate the fresh air and sunshine. We stock beautiful ranges of kitty fur-niture, as well as "entertainment stations" like **CatIt**, for hours of feline fun indoors. And your purrson will enjoy the boxes they come in just as much!

Whatever outdoor activities you plan to enjoy with your pets this summer, Twisted Whiskers has the goodies and gadgets to get you going. We stock the **Ezydog** and **PetBound Julius K9** ranges, offering stunning **heavy-duty harnesses, life-jackets, reflector lights** and everything your pet needs for über outdoor adventures. And don't forget those car-comfort items, essential for your own peace of mind when travelling with the hounds: **seat protectors, window-spacers**, and **car harnesses** that secure your dog safely and prevent him from distracting you as you drive. What about a "**booster seat**" for the little furies so they get to peek out of the window and watch the world race by? Our range of **toys, training treats** and **travel accessories** is second to none and our friendly staff will help you select products that will really blow your furchild's whiskers back!

The bottom line is that our animals enjoy being with us. They like to be involved in all that we do, and this includes sharing our active lifestyle. Provided they're healthy and fit for the activity (a veterinary check-up is recommended for older pets), and you're set up with all the fun gear that you need, your favourite furball can accompany you just about anywhere and will love the chance to experience new sights, sounds and smells.

Get out there and get moving with your pets. Allow them the opportunity to explore the world with you.

#GetMoving
#HillsPetSlimmer



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WHERE HAVE ALL THE TREES GONE?

Simbithi (North Coast) homes surround surviving pocket forest.

Next year marks the 150th anniversary of the worst natural disaster in Southern Africa's history. In 1869, following a five year drought, a series of devastating forest fires swept from the Hottentots Holland mountains above False Bay, right across to the east coast. Timber stacked along the forest edges fueled the conflagration and only the forest around the Knysna/Tsitsikamma survived.

There's a saying, *Memento fit cinis; diu silva*. It means, "In a moment the ashes are made, but a forest is a long time growing".

Jan van Riebeeck, in his journal of September 1652, said the Cape had "the finest forests in the world".

Mary and I were recently in some of the last "pocket forests" left along the KwaZulu/Natal coast – mostly inside the Simbithi Eco Estate north of Ballito. These patches of forest are the remnants of a coastal forest belt that once stretched from the Wild Coast to Mozambique and beyond. They missed the 19th century great fire but were to fare badly in the century that followed.

We mused about how much indigenous forest might be left in South Africa.

Back home I took out a book I wrote on the state of the South African environment for the 2002 Earth Summit in Rio de Janeiro having remembered writing a chapter or two on our forests.

To quickly digress, I recalled in that book how, in the 1970s, Wits archaeologist, Professor Revil Mason, brought to public attention the presence of the biggest Iron Age foundry so far unearthed in Africa – at the foot of Lonehill in Sandton.

It was in full production for centuries providing spear blades and hoes for the region. The ore was right there under the foundry workers' feet: nodules of ferricrete (iron-rich pellets) that still, to this day, crunch underfoot at the base of Lonehill.

But the fuel? Where, on the treeless highveld, did they find the fuel to make all that charcoal for the furnaces?

Mason demonstrated that to make each spear blade or hoe needed the trunks of two mature trees – trees 10cm wide at breast height.

Conclusion: the Highveld used to be a vast open forest. Lots of grass, lots of game and trees everywhere: karee trees (*Rhus sp.*); bushwillows (*Combretum sp.*) protea and cabbage trees (*Cussonia*). These have

always been the most popular native trees in Gauteng's landscaped estates.

But, surprisingly, it was not the blacksmiths who denuded the Highveld, it was the influx of people and the mushrooming of towns from about 1850. Runaway veld fires became more frequent and the new farmers needed the termite-resistant karee trees for fence posts and buildings.

Until a couple of centuries ago South Africa was 40 percent covered in natural forest.

Today? Only a quarter of one percent (0.25%) is forested.

The great fleets of Voortrekker ox wagons that sailed north across the stony Karoo to settle the interior, were made from the giant yellowwoods, stinkwoods and assegai trees of the southern and eastern Cape. So were the pioneers' homes and churches.

The diamond diggings around Kimberley spelt the end of the open forest of hardwood acacias of the Northern Cape. The Rand's gold mines cleared away tens of thousands of Highveld trees for buildings and railway sleepers.

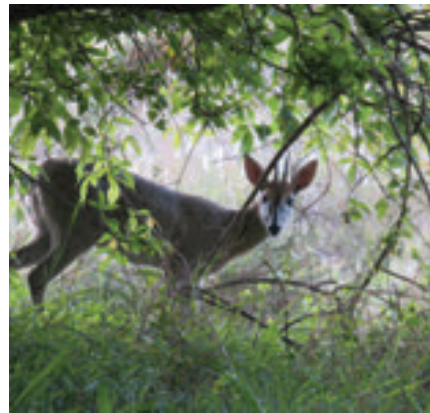


reoccupying the green monoculture of the canefields.

We walked for hours along paths, at times getting the impression of being in a dense virgin forest and getting a surprise when suddenly emerging from a green and gloomy tunnel beneath the forest canopy on to a tarred thoroughfare or coming across a house with a manicured garden.



Red Duiker



Grey Duiker

Throughout these estates there are a few surviving big trees such as the waterberry (*Syzygium*) the flatcrown (*Albizia*) and different species of wild fig (*Ficus*). Everywhere we heard the calls of the arboreal purple-crested loerie and, in the dense, botanically-rich understory of the forest, the melodious Natal robin and, higher in the trees, the white-browed robin practicing its extraordinary repertoire.

We came across a clearing in a dense forest caused by the collapse of a giant tree. It had the effect of a bomb because it left a wide gap in the vegetation allowing the sun to come through thus encouraging various species of saplings, previously suppressed under the shadow of the giant tree, to flourish and fill the gap and so generate a vigorous new forest community.

Several times we caught sight of the diminutive red duiker and grey duiker and, more often, bushbuck. We noticed the droppings of porcupine and the white-tailed mongoose which we were lucky enough to see one night.

Forest trees are sustained by their own detritus, the soft leafy litter of the forest floor infused with nitrogen from the decomposition of the forest's wondrous variety of creatures. This is why self-sustaining rainforests are the most stable of all ecosystems.

Their secret lies in their unrivalled species diversity, diversity being the fundamental need of any healthy ecosystem. The areas with the least species diversity are, of course, deserts. Those with the most diversity are the tropical forests. While a desert produces almost nothing, a rain forest such as the Amazon, annually produces something like 1 100 tons of compost per hectare.

Natal's iconic "pocket forests" are important witnesses to the original South Africa.



South Africa's pocket forests are rich in species of fig trees.

KwaZulu-Natal's great tracts of forest were depleted in the 18th and 19th centuries when a single Zulu beehive hut needed 400 saplings. Records indicate that by 1900 there were probably about 100 000 of these huts – that's around 4 million young trees destroyed. The larger beehive huts of royalty needed between 3 000 and 4 000 saplings. Zulu cattle kraals used stouter timber, and hardwoods were necessary. The structures would probably have needed replacing at least every 10 years and the Zulu population soon numbered millions.

In the existing remnant forest patches one finds magnificent specimens of giant ancient trees – extremely rare

in South Africa today yet common in Congo Basin indicating how the forests were once joined.

Sixty years ago came the eradication of many of Natal's remaining pockets of primitive forest – to make way for sugar cane. Fortunately the farmers were obliged to leave some patches of native forest. Then, as the sugar price fell, so the industry turned the now unprofitable canefields into gated estates.

Throughout coastal Natal tens of thousands of expensive houses now stand among the cane. In places the surviving pockets of forest are slowly, ever so slowly, spreading and

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HEDGEHOGS PLAYSCHOOL: This is a small and nurturing Educational Playgroup run by a qualified teacher in Fourways Gardens Estate, Phase 1. Ages 18 months to 3 years. Weekly themes and creative activities form part of the curriculum. REGISTER NOW FOR 2019! For more information, or to make an appointment to visit the school, contact Debbie Hutchinson on 083 253 1414.

HERBALIFE INDEPENDENT DISTRIBUTOR: Free Delivery. Call Carin on 082 557 4638 for a free wellness evaluation.

HOUSE AND PET SITTING: Going away for a few days or on holiday? There is no need to be concerned about your beloved pets. Entrust them to us, a mature couple. We will love and care for them in the security of your home. Our years of home and pet sitting will provide you with peace of mind. We will also care for the pool and garden if you wish. Please call Henry 082 565 9317 or call Deirdre on 082 335 5096 deidredevine89@gmail.com References available on request.

HOUSE / PET SITTING: Going Away? No Worries! As a mature woman with many years of experience, I will feed & walk them, take them to the vet if necessary, & even keep them company in the comfort of their own home. Areas: Lonehill, FWG, Fourways, Dainfern & Cedar Lakes. Many references available. Call Nicky on 072 129 0698.

HOUSE AND PET SITTER: Why leave your pets alone and away from home in an impersonal kennel? Rather leave them in their own loving home in my competent hands; Mature Lady with 20 years' experience will fill the gap that you leave. Please call Dee-Jean 076 035 6908 / djb160453@yahoo.com, references upon request...NB (including Dainfern, 4WG, Cedar Lake)

LAWN CARE PLUS: All year round lawn care, 14 year's experience, winter lawn root-boost in preparation for spring, all lawn problems sorted, weeds, insects, disease, shade, aeration, rats, de-thatching, new lawn, tree felling, irrigation etc. Contact Philippa on her cell 072 208-3587 / lan on 084 888-1632 / 011 704 4614.

INTERNET & TELEPHONE: Need Faster Internet, contact Travis Copley@Centracom and get a free Feasibility done! Currently running promotions on Fibre, wireless and LTE services. Get a competitively priced quote across 15+ providers within 24hrs. Centracom cloud services and implementation. Centracom Do Voip, Cloud Solutions and Connectivity services. Contact Travis Copley on 083 600 4439 / travisc@centracom.co.za

IRRIGATION – SOFT RAIN: I have gone solo after 4 year's and I have two partners each with over 12 years' experience. All sorts of irrigation from maintenance repairs to new installations call Isaac on 078 658 4371.

IML SERVICE: We specialize in Housekeeping, wall, carpet, Brasso, Silvo, tile cleaning, window washing, contact Isaac for more info. 084 846 6336 / Nthabiseng 074 610 0582 / isaacpty01@gmail.com

KARATE: Goju-Ryu Classes are conducted in a fun environment while learning a form of martial arts. Benefits are discipline, strength building, bilateral integration, co-ordination and focus to mention a few. As an instructor I have more than 15 years of teaching experience with Children through to Adults. Ages welcomed from 4 years to 18+ years. A Free Introductory lesson is provided should you be interested. Contact Sensei Roberta 083 309 5352 5th Dan Goju-Ryu Instructor.

MOKOPANE ELECTRICAL: Installation, Maintenance repairs: Energy efficient solutions, emergency call out, tripping problems, garden and security lights, Geysers – no hot water, Timer switching, Fault finding, Lights and Plugs, Pool & Spa motors, Certificate of Compliance, Under floor Heating, Call Ronald: 072 154 9735 / mokopane.electrical@hotmail.com

MOBILE PET GROOMERS: Soapy smooches – the best in town! Give us a try – we conveniently come to your home to pamper your pets in our fully equipped pamper van and animal loving, professionally trained, caring staff. Collect your loyalty smooches every time, 10th wash is free! All we require is a connection to an electricity point and a tap and then...a booking, call or WhatsApp us on 061 087 8247.

MGUNI GREEN FINGERS: Garden maintenance, Garden refuse removal, Tree felling service, call Isaac on 083 582 0636 / isaac@mgunigreenfingers.co.za / www.mgunigreenfingers.co.za

OUTDOOR CREATIONS & LANDSCAPES: Lawn maintenance, Irrigation, Home & Garden renovations, organic rich lawn dressing and Instant Lawn services. Garden revamping, contact the team that offers more than just a service but after service as well, contact Jared on 076 668 2188 / outdoorcreations@mailbox.co.za

OSAM CARPENTRY: Door Hanging, Wood laminate flooring, built in cupboards, Kitchens, Ceilings, Cornices, Skirting, Dry walls, Painting & Varnishing. Call Ozy on 073 058 0464 / osamakwera@gmail.com

PAINTING / DAMP-PROOFING / WATERPROOFING: Owner supervision. All work guaranteed. Call 082 352 6382.

PATSONS PAVING: For all you're paving and tiling requirements – no job too big or small. Everyone is welcome. There are various designs available to suit your individual taste. Call Patson on 082 676-2668 or 084 288 6149.

PAINTER: John and team of painters are doing all types of painting jobs, specializing in transforming kitchens using Annie Sloane Chalkpaint, please call John on 071 113 1331, for references call 082 817 1978.

PAINTING: IML Service specialize in Painting, Renovation, Waterproofing, Plastering, Skimming, Rhinolit and Building, contact Isaac on 084 846 6336 / Nthabiseng 074 610 0582 / isaacpty01@gmail.com

PHYSIOTHERAPY: Vanessa Fourie Physiotherapy, 30 years of experience, treatment for headaches, neck and back pain, post op rehabilitation, sports injuries, home visits within 3 km, medical rates charged, 26 White Ash Street FWG, call Vanessa on 083 458 4720.

POOL SERVICES: Maintenance, repairs, re-marblite, pumps, sand changes etc. For all pool requirements call Jackie or Martin on 072 132 5703.

POOL REPAIRS: Since 1989 / Winter is the best time to give your pool attention! We design and build new pools as well as renovate, repair and improve existing pools. We have a dedicated team and long standing suppliers which, together with our commitment to using only the best materials and proven techniques, enables us to create beautiful swimming pools and provide quality solutions we can be proud of. Contact Dereck Wood on 082 552 8470, you can also check HelloPeter to see what people say about us.

PAUL POOLS SERVICES: Repair pump filters monthly charge- R550.00 Including chemicals. Contact Paul on 072 193 0680.

PLUMBER: (RC PLUMBING) Reliable professional local plumber for all your plumbing maintenance needs at reasonable rates. Please contact Ryan on 082 598 4881 or 011 465 5198.

PROFESSIONAL TAX PRACTITIONER (SA):

Registered caring tax practitioner with a proven track record to sort out all your SARS problems and TAX returns, contact Sharon on 072 248 0198 / sharonaley@yahoo.com

QUICK SERVICE I.T.: QUICK SERVICE INFORMATION TECHNOLOGY. We provide quick, quality, onsite I.T. services. Hardware and software technical support, repairs, sales, networking etc. Contact us for all your I.T. requirements, call 083 600 2533 / www.quickserviceit.co.za / quickserviceit@icon.co.za

RELOCATING: Or just clearing your cupboards? Make cash from your second hand clothes, shoes, handbags, bed linen, towels, toys,

crockery, baby stuff, etc. We buy and collect. Please contact Lindy on 072 656 0470 or email: silindenid@gmail.com.

SUBA INSTRUCTOR: Just in time for the Holidays! Please contact Dino for all your Scuba needs! I can renew certification, give Discover Scuba classes for kids, Open water and even Technical Diving! PADI and GUE certification. Please call me on 079 548 2838.

TENNIS FOR LIFE: Professional tennis coaching for beginners to advanced players, adults and children, individual and group lessons. Contact Ina on 082 859 8565 / info@tennisforlife.co.za or www.tennisforlife.co.za

TKPILATES: Balance, Health and Wellness. Improve breathing, core strength and muscle tone. Private and small classes. Wednesday afternoon sessions held at Fourways Family Health Centre cnr. Granite & Uranium. For info or bookings contact Tamrin Kirk REPSSA Qualified Pilates Mat instructor: tkpilates@icon.co.za or 072 321 3848.

TRABLE TREE FELLING: Tree Felling, Trimming & Pruning, Stump Removal & Rubble Removal, Free Quotation, do you need to cut the Wood? Call Pascal on 081 055 4089.

TREE CARE: Tree felling, stump removal, rubble & garden refuse removal, palm trimming & irrigation maintenance & installation, contact Frank on 076 669 1918.

WONDERS CONSTRUCTION & RENOVATIONS PTY LTD: NHBRC registered, we specialize with new construction, extensions & alterations, bathroom renovations. Contact: 011 050 7264 / 084 333 0267 / 073 110 3590 / emmanuel@wondersrenovation.co.za / www.wondersrenovation.co.za

EMPLOYMENT:

DEBTORS: As I will be retiring at the end of the year, due to company policy, I will be looking for a new job. For the past 23 years I have worked on Debtors and related Financial administration at Deloitte. I have been a resident in FWG for 28 years, if I can be of any assistance to you please let me know. Joanne Ashcroft 082 924 3724 / 011 465 3262 / joanneashcroft@telkomsa.net

DOMESTIC WORK:

Beauty: Is available on Tues & Thurs, a true angel, Beauty is brilliant at her job and a gifted child carer and very hardworking, she will quickly become an essential member of the family, call Gill for reference 079 477 8306 or Beauty on 083 952 4713.

Joyce: Fabulous for all domestic work and highly recommended. Joyce will often notice what needs cleaning before I do, and will take initiative to get it done beautifully, she communicates well and is a pleasure, open to full or part time work, call Robyn for a reference on 083 324 1521 or Joyce on 084 397 6312.

Thandi: Our wonderful, gentle domestic helper is looking for full or part time work due to us relocating to Durban. She is wonderful with babies, children and animals. Has a driver's license and has done CPR and first aid courses, an excellent worker, call Bronwyn on 071 602 4236 for a reference or Thandi on 072 815 2284.

Juliet: Due to relocation our domestic who has been with us for 6 years is looking for live in or live out position as a domestic or child minder, she is currently studying a course in child minding, she is very trustworthy, Juliet 078 260 0930 or Barry 082 909 0200 for ref.

Everlyne: Has worked with us for many years taking care of our disabled child who has since passed, she has become a great part of our family but due to financial reasons she is looking for more day's work, highly recommended, for a reference please call 060 750 9773 or Everlyne on 078 421 8007.

Mpho: Full time live in position required for my honest, reliable, hardworking home helper, she loves animals and has a quiet happy nature, we are downsizing and are unable to employ her further, Mpho has been working in FWG for me for 24 years, please call Wendy on 083 604 0931 for a reference & interview.

Privilege: Looking for domestic work for Mon to Fri, she is an excellent worker, honest and reliable, she speaks excellent English and is pleasant to have around, call Privi on 079 142 6317 and for references call Nicola on 082 782 9702 or Freddy on 082 882 4857.

Martha: She has been working for me for more than a year, she is reliable, trustworthy, honest and hardworking, we are relocating and she is available on Tues & Fri, for a reference call 074 367 8516 or call Martha on 082 868 6184.

Elsie: Looking for part time live out employment, she is reliable & hardworking, she has worked in Fourways Gardens for 6 years, please call Wendy on 083 604 0931 or Elsie 076 973 3916.

Mallium: Due to relocation my domestic worker is looking for full time work Mon to Fri, for a reference call Deenash on 078 149 1672 or call Mallium on 073 750 7930.

Subusiwe: Looking for work as a care giver, she is loving and caring, manages to administer medication, can work day or night shift, reliable and trustworthy to leave patient with, contact 062 262 5346 or for more information call Melissa 083 417 6204.

Karen: Looking for part time domestic work, she has 20 year's experience in child care and a driver's license also computer literate, please call Valmal on 082 964 7349 / Dane on 082 925 0156 for references.

Tholakele: Looking for full time domestic work, live in, Mon to Fri, she is brilliant hardworking lady and excellent with kids, with 10 years' experience. She can cook and clean as well as take care of the kids, she can also drive, call her on 076 015 0506 or call Tammy on 076 307 5535 for a reference.

Precious: Is a fabulous, hardworking and honest domestic worker, she is looking for one or two days a week, we have her employed full time but with children going to school no longer need her full time. Contact Andrea 078 658 6824.

Anna: Our lovely housekeeper is looking for full time position from Nov 2018 due to relocation, trustworthy, hardworking and proactive. First Aid qualification, fantastic with kids. Contact Anjali 081 877 8113 / Anna 063 077 0046.

Helen: Our family is emigrating and we would love to find a live in position for our nanny who has been with our family for last 6.5 years. Helen will be available from 1 October 2018, she loves kids and pets, is friendly, reliable and a hard worker. For further details, please message me on 082 880 3006.

Mandiswa: Has been working for me for 4 years as a Char, she is hardworking, reliable and good with small children and animals, she is looking for live in position or live out, please call Mandiswa on 078 202 6803 or for a reference call 081 496 2701.

Christina: Our domestic helper of 6 years is looking for full time live in work as we are emigrating at the end of the year, she is honest, polite and attentive and highly competent carrying out all household duties. Please contact Carrol for a reference on 082 490 9764 or Christina on 082 392 1660.

Cecilia: Looking for full time live in domestic work, she has previous work experience with cooking and is great with children, she would be an asset to any home, call Cecilia on 061 275 1455 or for a reference call 084 083 9634.

Hilda: Looking for part time or full time domestic work, she is S.A. She is honest and is good at ironing, loves kids and animals, she has been with me for 5 years, does not need live in position, call Hilda on 076 786 6594 or Cindy 082 378 3440.

Hilda: Due to relocation, Hilda is looking for new employment, she is friendly, trustworthy, independent and very patient with kids, she has hands CPR training and takes very good care of the house, she has been working in FWG for past 15 years with expat families, call Martha 079 017 6779 for a reference or call Hilda directly on 082 099 1080.

Thokozile: Looking for domestic work any day of the week, she is reliable, honest and hardworking, call 073 687 9372 / Liz for a reference on 083 280 6400.

Christine: Mature lady looking for clients who need alterations of male and female clothes, curtains or linens. Also looking for domestic work on Tues & Fri, contact Christine on 084 650 6661.

Annastacia: Has worked for me for 10 years & is available for Tues, Wed, Sat, is SA citizen, honest & reliable, I would recommend her without hesitation, please call Sharon Caradoc 082 560 7042 or Annastacia on 078 188 6016.

GARDENERS:

Frank: Looking for extra jobs, a reliable and thorough person, who is filling in during my gardener's absence. References from H Enoch 083 276 3369 or Kristina 082 900 7238, or Frank on 083 359 7270.

Joseph: Malawian gardener of 5 years is looking for work on Mon, Wed, Fri & Sat, he is hardworking and reliable, for reference call Lara on 072 673 3714 or call Joseph 063 469 3430.

Gripsy: Malawian looking for gardening work on Tues, Thurs & Fri, can also do house work as well, call Gripsy on 071 792 8058 or Jess on 083 274 4821.

Christopher: Gardener & Handyman requires work on Mon, Wed & Thurs, reliable, competent and hardworking, references available, call Christopher 083 359 7270 or Wendy on 083 604 0931.

Masabane: A reliable, hardworking, handyman / gardener / swimming pool maintenance is available on Mon, Tues, Fri & Sat, for a reference call Norman 082 452 1671 or Masabane 076 745 0576.

Philip: Malawian seeks part time garden work on Tues, Thurs & Sat, he is honest and efficient as well as dedicated, highly recommended, call Philp on 073 721 8097 or Elizabeth on 084 391 3517.

Anthony: Malawian looking for part time work as a gardener on Mon, Wed, Thurs & Sat, totally honest, hardworking, please call 064 402 1 704 for more information.

Aleck: Has worked for us for 14 years, he is reliable, friendly, good worker and always on time, highly recommended, he can also do house work, call Aleck on 083 773 7749 or Eva on 083 882 5610.

Sam: Our wonderful gardener of 6 years is looking for work on Tues & Thurs as we are emigrating, he is kind reliable and hardworking, we will miss him greatly, he can paint and do a few odd jobs, please call Carroll for a reference on 082 490 9764 or Sam 072 896 7761.

Nelson: My gardener is looking for additional work on Tues. Nelson has worked for us for the past 3 years and is cheerful, reliable, trustworthy and helpful. Dogs and kids love him! Please contact myself for a reference Caryn 082 460 4074 or Nelson on 074 248 4219.

Dickson: Malawian gardener works for me on Mon, Wed, Fri, is looking for work on Tues, Thurs & Sat, he is honest, very hardworking & enthusiastic, for a reference call Allyson on 082 461 5893 or Dickson on 078 687 7853.

Sangwangi: Looking for gardening work on a Mon, he has worked for us for many years and is very honest and trustworthy, please call Sangwangi on 071 068 7204 or call Caroline on 083 287 1486 for a reference.

Simon: Looking for part time work on Mon, Wed & Thurs as a gardener, painter or driver, honest and hardworking, Simon 074 405 8944 for a reference call Christina 083 660 8944.

Andrew: A reliable, hardworking gardener, has been helping me 3 x per week while my gardener took 6 weeks leave, he is now looking for week and is available Mon to Sat, call Nikki on 082 418 6681.

Joseph: Extremely hardworking, honest and reliable Malawian available Mon to Fri or Sun call Joseph on 078 442 5492 or Debbie on 083 253 1414 for a reference.

Giddias: Is a hardworking, honest & reliable person available on Mondays, call Gill for a reference on 079 477 8306 / 078 576 7446.

Joseph: My gardener is looking for additional work on Mon, Fri or Sun, he has worked for us for the past 3 years and is reliable, cheerful, resourceful and takes great care of our garden equipment. He also walks our dogs and looks after the pool. Please contact myself for a reference, Caryn 082 460 4074 or Joseph directly 063 824 7511.

Joffrey: Malawian gardener, intelligent, hardworking & reliable, working in FWG for 5 years, available Wed & Sun, call 074 784 1666 or 083 703 2600 for a reference.

Isaiah: Malawian, excellent gardener, working in FWG for 12 years, knowledgeable with plants, sunny personality, great with kids & pets, will have your pool & garden looking its best, available Mon & Sat, call 073 160 3128 or 083 703 2600 for a reference.



APPROVED ESTATE AGENTS FOR 2017/2018

Please remember that only Fourways Gardens Approved Estate Agents are allowed to list and sell houses in Fourways Gardens.
You may contact any of the following agencies to sell or let your home:

Agency	Agent	Cell Number	E-mail	Website
	Tania Heurtaux Joep Rijntjes	082 550 2222 083 462 2756	tanialh@century21.co.za joep.rijntjes@century21.co.za	www.century21.co.za
	Brian Falconer	082 651 7890	brian.falconer@everitt.co.za	www.chaseveritt.co.za
	James Le Bihan	082 777 3543	james.lebihan@engelvoelkers.com	www.engelvoelkers.com
	Geoff Mander	073 251 1206	geoff.m@fineandcountry.com	www.fineandcountry.com/sa
	Ingrid Manni Maureen James	083 601 5521 082 882 0228	info@fourwaysgardensrealty.co.za	www.fourwaysgardensrealty.co.za
	Francesca Beattie	083 678 8001	info@fbproperties.co.za	www.fbproperties.co.za
	Denalee Droskie	082 874 5828	denalee@frankiebells.co.za	www.frankiebells.co.za
	Gaye Cawood Susan de Boer	083 601 1593 082 452 0086	gaye@gcr.co.za sue@gcr.co.za	www.gcr.co.za
	Philip Myburgh	079 241 1245	philipm@sothebysrealty.co.za	www.sothebysrealty.co.za
	Martina Forsyth Tracey-Lee Savage (rentals)	083 260 1562 083 654 2729	martina.forsyth@pamgolding.co.za traceylee.savage@pamgolding.co.za	www.pamgolding.co.za
	Charmaine Rousseau	071 331 5944	charmaine@remaxexec.co.za	www.remaxexecutivegroup.co.za
	Michele Zuccollo Trish Walton	082 850 8356 082 442 9112	michele.z@seeff.com trish.walton@seeff.com	www.seeff.com
	Dee Thomas Sally d'Hotman	083 375 5646 082 442 7693	dee.thomas@tysonprop.co.za sally.dhotman@tysonprop.co.za	www.tysonprop.co.za

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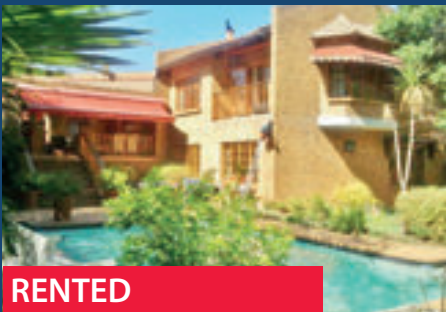
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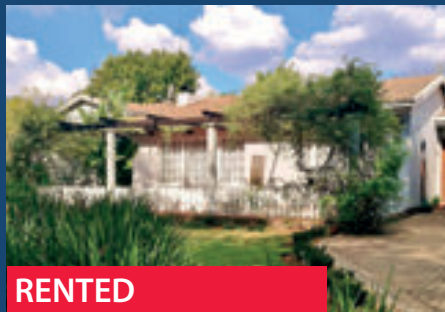
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email: info@fourwaysgardensrealty.co.za

website: www.fourwaysgardensrealty.co.za



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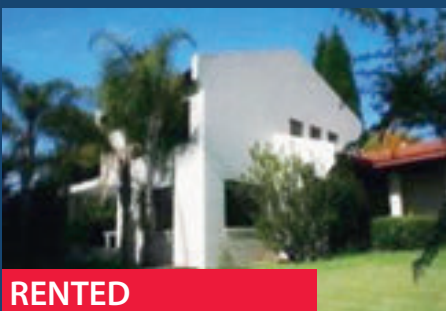
RENTED



FOR SALE R4,3mil



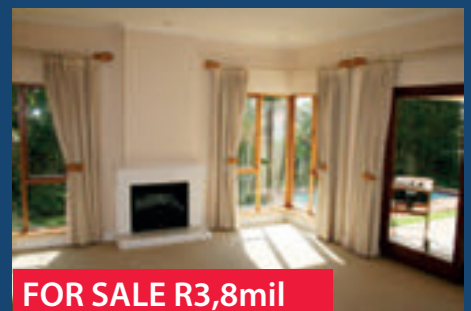
FOR SALE R5,3mil



RENTED



RENTAL R7 000pm



FOR SALE R3,8mil



Nothing says summer quite like al fresco dining. This easy to make Avocado Ritz recipe makes for the perfect light snack before the sun goes down.

This easy and full of flavour Avocado Ritz recipe serves 4 guests.

INGREDIENTS

16 large deveined, unshelled prawns
1 small gem lettuce (quartered)
2 avocados (halved and peeled)
2 limes
Sea salt, freshly ground black pepper and paprika

For the MARIE ROSE sauce, mix:

½ cup good-quality mayonnaise
2 tablespoons tomato sauce
1 tablespoon Worcestershire sauce
1 tablespoon lemon juice
1 teaspoon creamed horseradish
Season with sea salt and freshly ground black pepper, to taste.

INSTRUCTIONS

Steam the prawns in batches for 3 minutes on each side, or until firm.

Divide the lettuce among four bowls and add the avocado.

Top with the prawns, squeeze a little lime juice over them and season to taste. Add the Marie Rose sauce.

Sprinkle with paprika for extra flavour and decoration.



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Retail Price (incl. VAT)	R942 440
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Balloon Payment (30%)	R282 732
Total Cost of Credit	R952 246

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For Sale

R9 999 000 | Web Ref: 324036



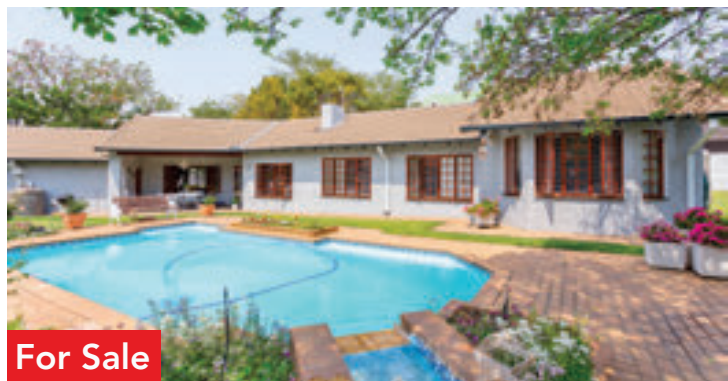
For Sale

R6 250 000 | Web Ref: 481937



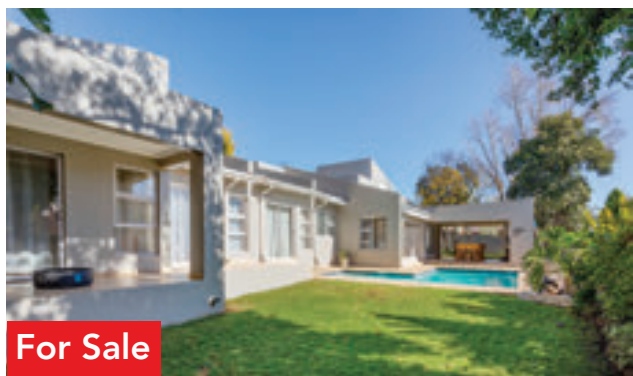
For Sale

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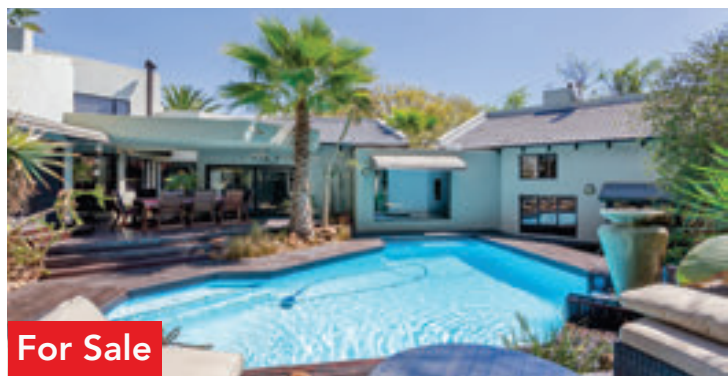
For Sale

R3 750 000 | Web Ref: 481370



For Sale

R5 695 000 | Web Ref: 392475



For Sale

R4 995 000 | Web Ref: 480538

Contact us for any residential Sales, Rentals and Market Related Estimates



Michele Zuccollo

082 850 8356 | 011 467 3233
michele.z@seeff.com



Trish Walton

082 442 9112 | 011 467 3233
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