

A treasure trove of antiques, collectables and bric-a-brac. Avid collectors can browse and meet the antique dealers - looking for that special piece to add to a collection or simply enjoy the relaxed atmosphere of the antiques fair while admiring the many treasures of yesteryear.

MALLOF



#### November 2019

03 From the General Manager

06 Security

08 Monthly Draw

10 FWG Gardening Club News

12 Turfnet: It's Summertime

14 Quiz Night

16 FWG Wine Club News

20 FWG Activity Providers

22 Young residents assist the Philile Foundation

24 Age well by using your brain

26 TheCarScene: Peugeot 3008

28 The newly renovated Indaba Hotel

30 Dainfern College: Growing confident leaders

32 What's the best braai wood?

34 Twisted Whiskers: Puppy and Kitten Fun Checklist

38 Restaurant competition

39 Approved Estate Agents

40 Classifieds

43 The collected papers of James F Clarke

44 Motoring with MotorMatters





#### Contact Numbers / Emergencies / Fault Reporting

Estate Office	011 465 7731
Clubhouse	011 465 0937
Estate Security 24/7	
Security Control Room	011 465 5466/5465/2302
	011 467 2005/1400
Site Manager	071 224 6776
Assist Site Manager	071 222 7037
FWG Mobile Site Phone	076 200 5280

#### Important Numbers

Important Numbers	
ER 24 Emergency	084 124
Netcare 911	082 911 /
	010 209 8604
Life Fourways Hospital	011 875 1000
Ambulance Fourways Life Hospital	011 875 1000 /
	010 209 8604
Douglasdale Police Station	011 699 1300
Police/Flying Squad	10111
Metro Police	011 490 1600
Fire and Ambulance	10177
Lonehill Fire Department	011 465 5792 /
	011 028 1083
Sandton Fire Department	011 375 5911
Fault Reporting and Utilities Suppliers	
Eskom	086 003 7566
City of Johannesburg Municipality	011 375 5555 /
	086 056 2874
Telkom	10210
Vumatel	086 100 8862

12

**22** 



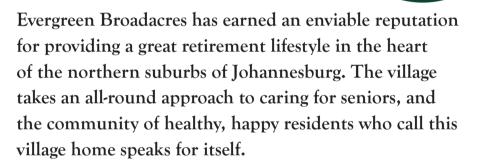














Brand new 1- and 2- bedroom apartments have recently been added to this established village and are ready for occupation.



**EXPERIENCE EVERGREEN FOR YOURSELF** 

JOIN OUR COFFEE AFTERNOONS
EVERY FRIDAY 12H00 TO 15H00
CALL MAUREEN ON 087 808 7000 FOR MORE
INFORMATION

### MESSAGE FROM THE GENERAL MANAGER



Gary Haynes

Dear Residents.

This month I am going to brief you on the important issues that need to be addressed regarding a lease agreement.

Some owners choose to do their own rentals, and elect not to make use of a Letting Agent. This option has its pros and cons. If you are not making use of a Letting Agent, then it is important to note the following with regard to the Estate Rules:

- 1. You must complete, sign, and submit the Lessor's Agreement to the Estate Office for record purposes.
- 2. Ensure that your tenant signs a copy of the Estate Conduct Rules, and submit this along with the Lessor's Agreement. NOTE that, in accordance with these rules, the homeowner is responsible

- for the actions of their tenants, and for any penalties issued as a result of any transgressions committed by them.
- 3. You need to approve and sign the tenant's Access Application form.

As a homeowner and Lessor, it is vitally important that you understand your rights and legal obligations, which will not only help you to protect yourself, but also your property. It must be acknowledged that a residential lease agreement is a legally binding document, and this is why it is so important to include the following standard contractual information in your lease agreement:

#### **Property Details**

This includes the address of the premises, together with the name and contact details of the Landlord, tenant, and (if applicable) the Letting Agent. It must also stipulate the date on which the lease is signed by both parties, the lease period (e.g. 12 or 24 months), and the amount of the annual increase. Both parties should sign and initial the lease, so that it can be referred to in the future, if any issues arise.

amount, as well as any penalty for late payment must be recorded. Rental is payable on the 1st of the month (unless



The Fourways Gardens Estate Magazine focuses on the Fourways Gardens Residential Estate. The magazine is distributed to all residents at the guardhouses. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd on behalf of Fourways Gardens Homeowners Association. The opinions of workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of the Fourways Gardens Residential Estate.

PUBLISHER: Nico Maritz nico@eiapublishing.co.za SALES MANAGER: Martin Fourie 072 835 8405 martin@eiapublishing.co.za EDITOR: Nicole Hermanson nicoleh@nowmedia.co.za ADVERTISING SALES: Wesley Massyn wesleyma@nowmedia.co.za 082 453 6599

PRODUCTION CO-ORDINATOR: Anna Sawa, eiaads@nowmedia.co.za DESIGN: Diane van Noort, d2vn@mweb.co.za

EIA PUBLISHING OFFICE: Tel: 011 327 4062 Fax: 011 327 4094 32 Fricker Road, Illovo, Johannesburg www.eiapublishing.co.za



otherwise specified and agreed) and is considered late by day two of the month. A tenant may be under the impression that they have a 7 day grace period to pay, but this is incorrect. The Landlord is permitted to place a tenant in breach if the rental does not clear in the Landlord's account on the first of the month.

#### Deposit

The damage deposit amount must be stated, and the investment details should be specified. It is advisable that the Lessor and the Lessee both take pictures of the property, and draw-up a checklist with notes stipulating the condition of the property. It is important for the Lessor to receive the property back in the same condition as it was before occupation, with the exclusion of fair wear and tear.

### Can a Landlord pass cost increases on to their tenant?

A Landlord is legally not allowed to increase the rent in any way during the lease period, unless provision for this was agreed to, and included in the lease before it was signed.

A Landlord should always make provision when calculating the monthly rental to accommodate standard annual increases such as the municipality utilities, and building insurance. There are times when there has been provision

made in a lease agreement to pass on any increases related to the property to the tenant, but, generally, this is seldom provided for.

#### Responsibility for maintenance?

A lease must always specify who is responsible for maintenance issues. Usually the Landlord is responsible for the exterior of the building, and the tenant for the interior. However, if there is any damage by the tenant to the exterior of the building, the tenant will be liable for such damages. It is therefore important to check the provisions of each particular lease agreement, to establish responsibility. It would be unreasonable, for example, for the Landlord to be responsible for plumbing costs, should the tenant block the toilet and drains with foreign objects.

### Can tenants make changes to a rental property?

Any home improvements should be done by the Landlord, unless the Landlord has given written permission to the tenant to carry out the improvements. Lease agreements usually do not permit the tenant to make any changes to the property, and should they do so, they may be held responsible for restoring the property to its original condition, before moving out.

In certain instances, a tenant may be entitled to reimbursement, where

necessary improvements and maintenance were undertaken, and agreed upon by the Landlord.

### Fair wear and tear - what is the difference?

Fair wear and tear on a property is permitted, and should not be penalised. An example of this would be carpets, which will experience normal wear and tear. However, any damage such as rips or stains, would be considered damage, and would be taken into account when refunding the deposit.

#### **Recourse for Lessor and Lessee**

If an issue between the Lessor and Lessee cannot be resolved by the Letting Agent, then they approach the Rental Housing Tribunal who will either listen to both parties and establish a fair settlement or assist in mediation. It is important to note that the Rental Housing Tribunal is an impartial organisation, and will listen to the facts, and base their decision on these facts whether in favour of the Lessor or Lessee.

I hope this article has been of benefit to those homeowners who are either renting out their property, or considering doing so in future.

Regards

Gary



Steeped in history as one of the oldest accommodation options in Fourways, Johannesburg, the charming Indaba Hotel now welcomes guests with a refreshing facelift and spruced up restaurants, including the well-established Epsom Restaurant, which remains synonymous with splendid buffet breakfast displays and excellent lunch variety.

#### **R325 PER PERSON FOR YEAR END FUNCTION**

- Buffet with all the Traditional Christmas Trimmings
  - Christmas Cracker and Hat •
  - Jugs of Juice on Tables •
  - Mowana Spa Discount Voucher •

EPSOM RESTAURANT IS IDEALLY LOCATED AT INDABA HOTEL, SPA & CONFERENCE CENTRE

Phone: +27 11 840 6658 | Email: restaurant@indabahotel.co.z.

TERMS & CONDITIONS APPLY. OFFER VALID UNTIL SUNDAY, 15 DECEMBER 2019.
SUBJECT TO RESTAURANT AVAILABILITY. BOOKINGS ARE ESSENTIAL





#### PASSION FOR PROPERTY -

Contact us on - 011 469 4070

#### PROPERTY IN A TRUST?



If you decided many years ago to form a family Trust, and you have been living in your home for 20-30 years, thinking that all the years you have been paying off your bond, you were protecting an asset that would see you through your retirement, think again! If you consider the amount of interest you have paid and the impact of CGT on selling out of a Trust, you are going to be in for a shock. The reason why it is probably worse for the homeowners that have been there for so long is that the base price goes back to 2001. If you recall, we had a 40-50% growth on property in these areas in 2003. 80% of the gain is taxed at a 41% effective rate, this may wipe out 1/3 of your wealth from your asset. Not an easy thing planning for one's future.

**SOLD BY US** 





FOR SALE R8.395 MILLION

**FOR SALE R5.999 MILLION** 







**GAYE**083 601 1593

gaye@gcr.co.za

Sales Agent

Candid.



MATT 084 602 7999 matt@gcr.co.za Candidate Agent



SUE 082 452 0086 sue@gcr.co.za Rentals Agent

# REMAIN VIGILANT DURING THE HOLIDAY SEASON



With the holidays and the Festive Season fast approaching, 24/7 Security urges residents to be extra careful when out and about.



#### **Out and About Holiday Tips**

- · Always be aware of your surroundings.
- Beware of people asking for directions or indicating that there is something wrong with your vehicle.
- Always keep car doors locked and never open the windows more than 25%.
- Know where you are going and do not go into strange areas late at night.
- When you park your car, make sure the doors do actually lock – beware of scanners that cut off the signal to your car preventing the locking of the doors.
- Always inform someone reliable of your plans, routes and destination when you do a trip that is out of the normal.
- Keep valuables in the boot of the car. Handbags must never be left on the

passenger or back seat.

- If you feel a light bump from behind do not just jump out of your vehicle. Think and look around for signs that it might be an attempted hijack.
- Attract the attention of other motorists if you suspect that you are in danger.
- If your vehicle is approached by suspicious people while stationary at a robot or stop sign, drive off quickly if it is safe to do so.
- Never leave your car door open with the engine running when you are opening your gate or garage door.
- Be careful of vendors at stops signs or robots. They distract you to enable the criminal to get to you.
- · Do not stop at a scene of an accident

if you are unsure, uneasy or the only vehicle at the scene. Drive past the scene some distance and use your cell phone to get help. Only approach when emergency vehicles or other vehicles arrive.

- Always lock the door when using public toilets and try to go with a friend that can keep a lookout or summons help if you need it.
- When approached by a stranger on the street for information etc. try to stand with your back against a wall or a shop window.
- Be careful when people bump against you, burn your clothes with a cigarette, etc. This is a distraction to enable them to pickpocket you.

#### Reminder:

Please report all security matters to the onsite Security Control Room immediately:

### 011 465 5466/5465/2302 or 011 467 2005/1400.

Should you have a negative experience with any of the security personnel in the Estate, please record their name and company number - which can be obtained from their company ID card around their neck. In the event of an incident involving

a security vehicle, take note of the number on the vehicle. Report these details, together with the time, date and nature of experience. Kindly provide this information to the Security Management, and they will investigate the incident and action corrective measures accordingly.

Please email or contact Ricardo -

sitemgrfge@24-7security.co.za / 071 224 6776 or Daniel - assistsitemgrfge@24-7security.co.za / 071 222 7037.

#### Officer of the Month

The FWG Security Officer of the Month for September 2019 is Gordon Serai.



# The World is looking for Innovative Entrepreneurs

Immigration South Africa is a firm of immigration professionals focusing on investment-based and entrepreneur-focused emigration options for re-location to various countries around the world.

The Canada SUV incubation programme is a direct route to Permanent Residency for entrepreneurs looking to emigrate to Canada. This programme is only suitable for active and experienced entrepreneurs. The cost of the 2-year SUV Programme is CAD230 000,00.

The Portugal High Qualified Activity Residency Visa is another great option for entrepreneurs wanting to launch a start-up in Europe. All these start-up businesses go through a formal 3-year incubation programme at one of the government R&D facilities, managed by a very experienced start-up management team. The cost of the 3-year incubation programme is EUR175 000,00.

While the Tier 1 Start-up and Tier 1 Innovator Visa enable entrepreneurs to launch innovative businesses in the UK, entrepreneurs are required to prove that the business is innovative, viable and scalable in order to qualify. The minimum investment required is GBP50 000,00.

For more information, please contact Natalie Williams-Ashman via email: natalie@immigrationsouthafrica.com, or call +27 21 001 2109.

# EMIGRATION OPTIONS FOR ENTREPRENEURS

UK £50 000 investment
Canada C\$230 000 SUV programme
Portugal €175 000 incubation programme



Please contact Natalie Williams-Ashman to set up a consultation natalie@immigrationsouthafrica.com +21 (0)21 001 2109

\*Additional attorneys fees may apply.



# Monthly Draw – 27 September 2019

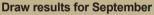




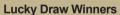




ur Monthly Draw takes place on the last Friday of every month in the Clubhouse at 7pm. All homeowners in good standing are automatically entered via their stand numbers into the cash draw. All other visitors on the evening stand a chance to win one of the lucky draw prizes.



The Kiddies prize-winner was Hanna Watson who won a Fourways Mall voucher.



Dianne Curry, who won a bottle of bubbly. Gary Freer, who won the bubbly hamper.

#### **Main Draw**

Mr Neil Hughes from 18 Camdeboo Road was drawn as the winner. Unfortunately, he was not at the Monthly Draw which means the draw amount for October now stands on R10 000!!

Thanks to Joep and Tania from Century 21 for sponsoring this fun evening!













### **CENTURY 21.**

Lifestyle Team



### These fine properties for sale!

#### **FOR SALE**



#### **FOR SALE**



R5 100 000

Web Ref: 21DN-3618

R3 700 000

Web Ref: 21DN-2332

Spacious contemporary home for sale, not to be missed! Offering the perfect living spaces for the family with 5 bedrooms and 3 bathrooms (2 en-suite) plus a guest cloakroom. Private study. Double volume entrance lead into a vast open-plan interior featuring a lounge with access to the patio and a dining room. Kitchen fitted with solid wood cabinetry and granite tops, featuring an integrated fridge-freezer, eye-level oven and a separate scullery. Staircase leading to the upstairs entertainment area which include a built-in cocktail bar. This area access a balcony with an additional braai area and offers views of the estate. Covered patio with built-in braai and a private gym area. Enclosed walled and private garden. Staff accommodation. Double automated garage and option of a 3rd garage or playroom.

Fourways Gardens large 4 bed family home plus self-contained guest suite with cottage potential. Situated in a leafy street close to one of several parks in the estate we find this undeniable bargain. The home consists of entrance portico into entrance hall, TV lounge, guest cloakroom, study, dining room, lounge with a wood fireplace opening onto an enclosed patho & built in bar, sparkling pool & a large established garden with space for kids to play. Large sunny kitchen with granite counters tops, pantry & scullery, 4 bedrooms with main bedroom en suite plus study/nursery, 2 bathrooms, staff suite & double garage, plus a self-contained guest suite with cottage potential.

#### **FOR SALE**



#### **FOR SALE**



R3 550 000

Web Ref: 21DN-3454

R3 499 000

Web Ref: 21DN-2879

Enchanting well maintained home with 3 bedrooms and a study or 4th bedroom and 2 full bathrooms (MES). This single storey home offers a formal sun drenched lounge and dining room plus an informal lounge boasting a wood burning fireplace, adjacent to the kitchen. Lovely modern kitchen with granite tops, breakfast nook, gas hob, walk-in pantry and separate scullery. The 3 bedrooms overlooks the manicured garden with the main suite featuring a walk-in wardrobe. Large sparkling pool. Double automated garage. Priced to sell!

Single storey home on a spacious 1023 sqm stand with lots of opportunity to expand with reinforced foundations for double storey, allowing you to create your dream home! 3 Bedrooms and 2 full bathrooms (MES), with 3 reception areas. Large renovated kitchen adjacent to the dining room which opens onto the garden and pool. An outdoor gazebo/ games room with built-in bar and braai area, is ideal for outdoor entertainment. Sparkling pool set in a spacious private garden. Staff accommodation. Double automated garage and additional car port for 2 vehicles.

If you are considering selling or renting your property contact Century 21 Lifestyle Team for a qualified evaluation. We welcome your call and will be pleased to discuss your property needs at any time.

Our experienced team will provide you with the best professional service!

Tania Heurtaux 082 550 2222

Joep Rijntjes 083 462 2756

Tel: 011 460 1599 | Email: lifestyle@century21.co.za | www.century21.co.za

FWG Gardening Club-

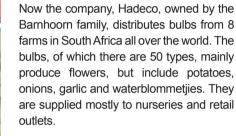
# GETTING THE MOST FROM AMAZING SUMMER BLOOMING BULBS

BY FRANCESCA BEATTIE



harles Barnhoorn, the third generation son of the family who brought bulbs from Holland came to address our Club on these wonders of nature. His Grandfather and Grandmother moved to SA from the bulb district in Holland and began by selling Gladioli to the Multiflora Flower Market.







The beautiful bulbs flowering from now and gracing our gardens include the Amaryllis, with huge trumpet blooms in reds, pinks and white; many different types of Dahlia, which are storming back into landscaping fashion; fragrant Chlidanthus; Crocosmia; Eucomis (Pineapple Flower); Gladiolus; Gloriosa (Flame Lily); Galtonia; Hemerocallis (Day Lilies); Hymenocallis (White Spider Lily); Nerine; Polianthes; Sandersonia (Christmas Bells); Sprekelia; Tigridia;







# FWG Gardening Club



Alfresco - Trio A



Zantedeschia (Arum Lilies in many different colours); and Zephyranthese.

Most types, except the Dahlia, should be planted NOW to make a wonderful show in your Christmas and early 2020 gardens. Dahlias should be planted at the end of November/December.

#### Charles taught us:

- Do not lift bulbs in South Africa, particularly the Amaryllis. Just leave them in place and they will delight you again next year.
- A garden full of blooming bulbs can lift your mood!
- Plant them close together, plant so that

the bulb is covered with the same depth of soil as the bulb's height.

- Plant in good loamy soil that has good drainage with compost over the top as a mulch.
- · Plant with bone meal.
- Plant annual seedlings over the top to give instant colour!
- Water bulbs deeply every 3 4 days, or every 2 days for potted bulbs.
- Feed with nitrogen-rich fertiliser midseason for the leaves. Stop after flowering then feed with Hadeco's bulb food (rich in potassium).
- To encourage flowering, remove dead petals NOT the flower head.



Harlequin B



Merry Christmas - Single B



For more information, visit: www.hadeco.co.za





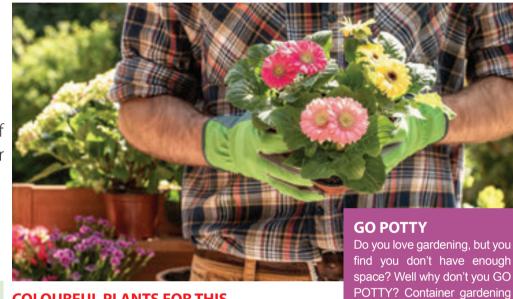


# It's Summertime

Spend more time in your garden this month to keep on feeding fast-growing plants and lawns. It's time to also add lots of summer colour to your flower beds. Pretty up your entertainment area with beautiful flowering plants.

#### WHAT TO DO IN YOUR GARDEN THIS MONTH

For a healthy garden, keep feeding your plants frequently and water your veggies and flowers to strengthen them against pests.



### COLOURFUL PLANTS FOR THIS TIME OF THE YEAR ARE:

Petunias: very pretty and perky in the flower bed
Portulaca: low growth but spreads quickly
Celosia: colourful and long-lasting summer plants
Dianthus: guaranteed to brighten any summer garden
Salvia: excellent for summer, making a bold, colourful statement
Marigolds: long-lasting and heat tolerant

Zinnia: sow seed or plant seedlings - they will add amazing colour.

#### **LAWN CARE**

decorative.

Feed your lawn with contour compost and water well. Mow regularly.

provides a chance to garden

in over-drive. It is also very







#### TACKLE THE GARDEN FLOOR

Garden floors are also a trend lately. Give your entertainment area a new look. Get ideas of garden floors or top up the gravel with a fresh load of stones after you have first weeded the area.



### GET CONTOUR COMPOST

This is the best compost on the market. It is organic, it is a natural alternative to chemical fertiliser and it is much healthier for the environment.

Other products you can get from Turfnet are:

- Worm compost
- Fine compost
- Vermin+
- Lawn dressing
- Mulch
- Vermi pellets

To purchase natural gardening products, or for more information on how to be eco-friendly, give Turfnet a call on 073 935 9754.

Address: Plot 17, School road, Diepsloot, Johannesburg





# FWG QUIZ NIGHT - 4 October 2019

Another great Quiz Night was hosted by our Clubhouse and this event, growing in popularity, was fully booked well in advance.







uiz Night is a fun night for families and friends to get together, take part in a challenging quiz and stand the chance to win great prizes.

We wish to thank Francesca Beattie Properties for sponsoring the generous R1 000 first prize on these evenings and Denoon, Sampson Ndluvo Inc for the second prize of R400!

#### Our winners for the October Quiz Night were:

1st - The Myrtle Warriors with 52 points

2nd - Friends with 49 points

3rd - Team October with 48 points

Competition is tough on the night and a vast generous knowledge is the key to winning! We look forward to hosting our next Quiz Night in 2020 and hope to see lots of new faces on the night!

















#### CARE CONSTRUCTION AND PAVING

We specialise in new houses, additions and alterations, paving, painting and all your building requirements, no matter how big or small. Over 30 years experience.

Web site; www.careconstruction.co.za Email; ian@careconstruction.co.za







- Uncapped
  Lightning Fast
- Symmetrical Home Fibre Solutions
- Choice of 6 Fibre Line Speeds
- Multiple Payment
  Options
- Local Efficient
  Technical Support
- Low Latency

#### **Call Now**

010 020 5696 or email: sales@initio360.co.za



# **Presenting Spier** 4 October 2019

Winner of nine Double Gold medals at the Veritas Wine Awards 2019 – the most medals ever awarded to a wine producer since the prestigious competition began in 1991.

uests at the October wine evening were in for a real treat. As they stepped through the door, they were offered a tasting of two sparkling wines, the Spier Secret Sparkling and the Spier Methode Cap Classique Brut. Guests tasted both and had good things to say about each one.

The other wines on the menu for the evening included the Spier Seaward Chardonnay and the Spier 21 Gables Sauvignon Blanc as the white wines and the Spier Seaward Shiraz, the Spier Creative Block 5 and the Spier 21 Gables Cabernet Sauvignon as the red wines.

Patson Mathonsi was a wonderful presenter with a vast knowledge of the Spier wines and the industry as a whole. He was one of the associate judges for the Old Mutual Wine Trophy Show in 2016, 2017 and 2018; was the Eat Out and Mercedes-Benz Sommelier in 2014; and a Head Sommelier at DW11-13 Restaurant.

Spier, near Stellenbosch, is one of South Africa's oldest wine farms with a recorded history dating back to 1692. While rooted in this heritage, the farm has a vibrant and conscious energy, and is home to one of the largest collections of contemporary South African art. The Spier wines are among the most awarded in the country.

Visitors to Spier can enjoy their wines paired with wholesome tasty food made with ingredients grown either on the farm or by



Fourways Gardens Wine Club



trusted, nearby farmers. There is also a Hotel and Conference Centre, so Spier has a complete offering.

Continuing a long-held tradition, Spier is owned and managed by the family who bought the farm in 1993. They live on the farm and work hands-on with the farming and leisure operations, together with Andrew Milne, who directs the business.

Table wines that were served with dinner were generously sponsored by the team of Jonathan, Linda, Dee and Sally from Tyson Properties.



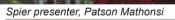
## Estate News









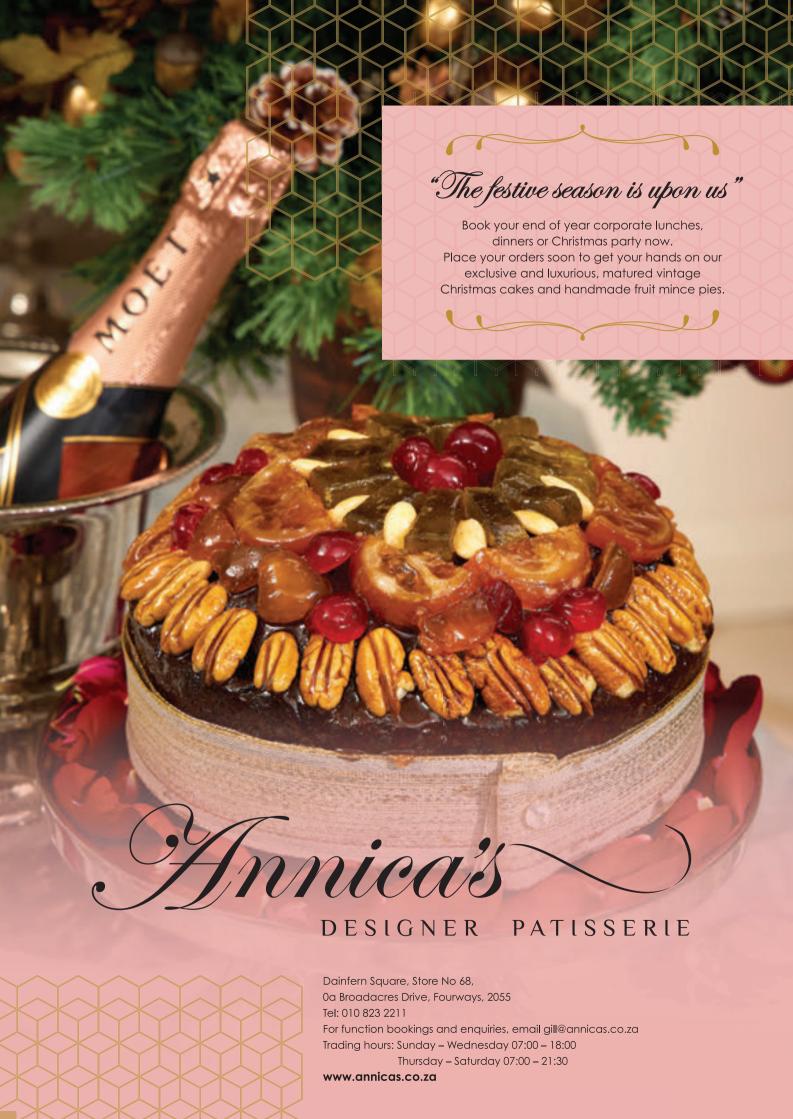














# Show someone they are loved this Christmas

Christmas Countdown

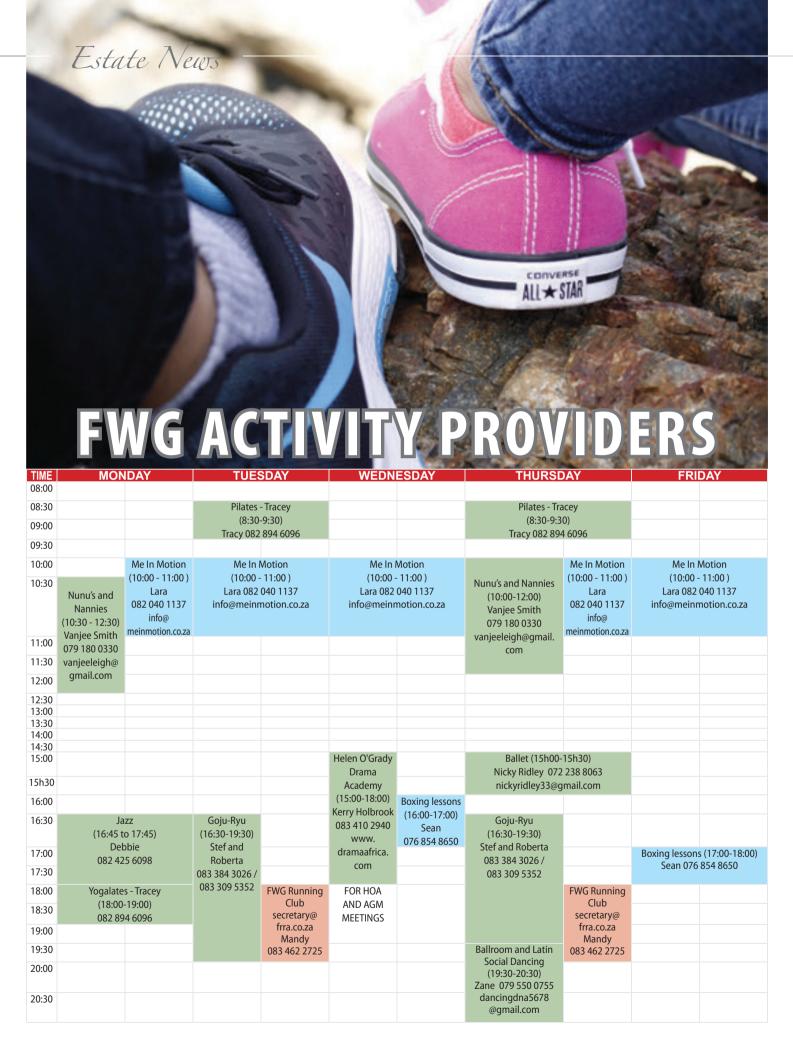
Olga's décor Specialises in Private and Corporate Christmas décor for Year-end events, we can also do up your homes in festive cheer.

Phone: +27 11 467 7870 / +27 10 001 8582 / Email: info@olgasdecor.com

www.olgasdecor.com



ELITE EVENT DECOR



Clubhouse Phase 2 Outside Phase 2 Tennis Gazebo

# lots& crates

Your home should be your haven, the place where you can be you. That's why Lots & Crates specialises in unique once off items. Sourced directly from factories & importers; joblots, factory over-runs, end of ranges & samples. Unpacking new containers & consignments weekly.



#### **CONTACT US**

Blairgowrie - Tel: 011 326 2508 Kyalami - Tel: 011 466 0072

www.lotsandcrates.co.za

f Lots-Crates

lots\_and\_crates



very Wednesday after school, high school students from the American International School in Johannesburg (AISJ) spend their afternoons with underprivileged children at Philile. Through fun, engaging activities and enjoyable interactions, Philile demonstrates a sense of togetherness never seen before anywhere else.

The Philile Foundation is a non-profit organisation that is working to transform the lives of children and communities

in South Africa through early childhood development services. The Foundation's objective is to establish pre-schools in disadvantaged communities, in addition to running programmes that are aimed at the physical, cognitive, emotional and spiritual development of children.

Unfortunately, a large number of children do not have access to pre-school and many families struggle to gain the resources for their children. However, Philile is already making much progress in encouraging school development through student education and staff training.

#### **LOTS OF FUN ACTIVITIES**

I joined Philile 3 years ago, and it still makes me feel like I am part of a special group. I can laugh, play and enjoy every second I have with the children. While there are many language barriers, which are a challenge, we overcome the problem and create special connections through drawings, songs, and even sharing meals with one another. I love being part of such an amazing community, as instantly you are being welcomed with many hugs and smiles from every child. There is nothing better than receiving a hug and giving it back, to make someone's day a little bit better.

Usually, the children, aged 4 to 8, come to our AISJ campus. We receive them with many hugs and bright smiles. Once we are all together, about 15 children and 10 students from AISJ stand together in a circle. We use our parachute and lift it as high as we can while the children go running around under it as it is being lifted up by the wind. The children run, raise their hands, try to jump high so they can reach the colourful sky of the parachute and then come running back to the circle. That is just





Through awareness and donations,
Philile will be able to be sustainable and help even more children, so please consider lending a hand.

# philile

one of the many activities that we do with the children.

We also sing songs, play with ropes, play instruments, run with hula hoops, colour with chalk, and do other fun activities that hopefully allow the children to feel free, powerful, and active throughout the hour that we, the students, get to share with them. We always try to teach the children basic knowledge such as the numbers in English, the colours, names of animals, as well as our surroundings. Though the children are shy, they try and there is nothing more important than trying to learn something new.

#### **LEND A HAND**

Every day you have the choice to make a difference. You can choose to be positive and optimistic, while others do not have the same luxury. Through awareness and donations, Philile will be able to be sustainable and help even more children, so please consider lending a hand.

Anything will be helpful: Ideas, donations, materials, anything you can think of will be truly appreciated.

Visit the Philile website at https://www.philile.org and click to donate at: https://www.philile.org/donations.







# **AGE WELL BY USING YOUR BRAIN**

BY MICHELLE L. RAYMOND

More has been discovered about the brain in the last 50 years than in the history of mankind.



euroscience has given us incredible insight into how our minds and brains work. There is still so much that is unknown, but what is known is mind-blowing.

# We are not our brain. We are just the users of it.

- Dr Deepak Chopra

The greater our understanding of how our brain works, the better we can use it. Take neuroplasticity for instance. Simply put, it is the brain's ability to learn and develop at any age. This is great news for us because it means that learning isn't exclusively for the youth (but perhaps only for the 'young at heart' then).

Neural pathways develop by the constant firing between the synapses, or connections, in the brain. These are electrical charges that send information

across the nervous system. When these changes happen continuously, a permanent link is formed, much like the way a river is carved out through the land by the consistent force of water.

The opposite is also true. If there is a link that remains unused, the 'river' dries out and the connection is broken.

We can thus physically change our brains through learning and creating habits. The old adage that it takes 21 days to instil a habit is possibly where this came from.

What then does it mean to be able to change our brain? Well, the possibilities are endless and completely determined by what we want and what we're willing to do for it. In terms of health, well-being and longevity, try incorporating some of these activities into your routine, and by doing so, you'll start to notice a difference in your thinking, attitude and energy levels:

- 1. Brush your teeth with the opposite hand.
- 2. Learn how to say 'hello' in 5 different languages.
- Stand on one leg while waiting for the kettle to boil. Building physical balance is key to a healthy nervous system.
- 4. Stir your coffee or tea in the opposite direction.
- 5. Read out loud.
- 6. Re-develop fine motor skills by throwing and catching a bouncy ball.
- 7. Learn to play an instrument.
- 8. Do some exercise.
- 9. Hone your senses by focusing on one sense at a time, i.e. close your eyes when listening to music.
- 10. Use your imagination.

The more we can constructively utilise our brains, the better our overall health and vitality will be and the more youthful we will appear.



#### Michelle L. Raymond Founder & Coach

michelleeachievegreatness.co.za 073 170 6780 www.achievegreatness.co.za



Accredited Neuro-linguistic Practitioner Neuro-Semantics Meta-Coach Level II Neurosurge accredited coach PNI and Ayurvedic consultant





# LA VIE NOUVELLE

#### LIFESTYLE ESTATE

ASSISTED LIVING - FRAIL CARE - DEMENTIA CARE

A LEADING AUTHORITY OF GERONTOLOGY

MODERN COMFORTS AND PERSONALIZED CARE SERVICES

#### **OUR OFFERING**

Comprehensive health care
Professional staff
Care companion
Meals and refreshments
Social activities
Unlimited laundry
Housekeeping
Multi disciplinary team

#### **TOTALCARE PORTFOLIO**

BELENOIS
BELLE RIO
HUIS HOËVELD
MOUNT EDGECOMBE
ST MICHAELS
WATERFALL HILLS

KRUGERSDORP UPINGTON JOHANNESBURG UMHLANGA WELTEVREDEN PARK SUNNINGHILL

Enjoy a free cappuccino and see what we have to offer!



#### HEAD OFFICE

Reception: 011 675 4208
Cornel Nieuwenhuizen: 082 802 1670

newsdesk@totalcaresa.co.za

#### LA VIE NOUVELLE

Queries: 0861 130 456 lavieadmin@totalcaresa.co.za Riverview Road, Broadacres



# PEUGEOT 3008

BY SAMUEL DA FONSECA, PROUD FOURWAYS GARDENS RESIDENT



s South Africans, we generally have a grim perception of French cars due to their pretty shaky past, but the French manufacturers have been working hard in the background trying to regain our trust and I can see, for the ones that

have decided to take the plunge, it has been one without regret.

Over the past 2 weeks I was in Scotland, and I had the chance to drive the UK's third most popular SUV – yes a popular French car! In fact, it even outsells the

largely popular Volkswagen Tiguan, and that speaks volumes.

Underneath the skin, the 3008 is barely a Peugeot, that's because it sits on the same platform as the German-made Opel Grandland X. And, if someone were



to mention the 3008 to you, you'd be completely forgiven if the first image that jumped to mind was its predecessor's bulbous body styling. However, the 3008 now is hardly mundane, it might just be one of the most attractive and quirky SUVs on sale right now. The front end is taut and the front bumper even cuts into the lights, adding to the sharpness. The lights on the rear look like they've been slashed by an angry lion. Overall, the 3008 is a bold and beautiful departure from its predecessor.

Step inside the elegant cabin of the 3008 and you are immediately greeted by the interior of what seems to be a car still in concept. There are plush materials everywhere you touch, giving you the impression that you are in fact piloting a much more premium vehicle. As standard, the 3008 comes with an 8-inch touchscreen including Apple CarPlay/ Android Auto, but there's a downside and it's that everything is controlled through the infotainment system - even the aircon - and, as such, it can feel a bit fiddly to use whilst driving.

There's no old school instrument cluster in the 3008, instead, you get a 12-inch digital driver's display which can show all the usual driving data as well as navigation, media and speed limit recognition, just to name a few features. The steering wheel is easily my favourite part of the 3008's interior. It's a small, stubby wheel that feels as if it were taken straight out of a hot hatch, making the 3008 a lot sportier to drive.

Powering the 3008 is a 1.6l-turbo petrol



outputting an admirable 121kW and 240Nm. That's impressive numbers for an SUV in this segment and it shows because the 3008 doesn't like to hang around - it'll see the 0-100km/h sprint in just 8,9 seconds. That marvelous powertrain has been paired with a 6-speed automatic transmission, it's smooth, quiet and goes about its business unnoticed. However, I did feel that at times it could do with an extra gear for highway cruising. That being said, Peugeot claims an average fuel consumption of 7,0l/100km.

The biggest surprise of the 3008 was the level of refinement it offered with ride quality, not even small deviations in the road surface seemed to upset the 3008. Sometime last year I was piloted around the Kyalami racetrack in the 3008 and, to this day, I'm still baffled by how incredibly



well it performed, breathing down the necks of a few sporty hatches.

There's a whole lot of substance to this Frenchie and, with a starting price of R388 900, it's easy to justify why.







# IN THE HEART OF FOURWAYS









Nestling on 17ha of prime Fourways real estate, the Indaba Hotel has continued to offer value-for-money accommodation and unique experiences, such as dining at the Chief's Boma which offers truly African cuisine from as far away as Morocco to the koeksisters and melktert made in the Cape; and relaxing at the Mowana Spa that has therapy rooms overlooking lush indigenous gardens teeming with bird life.

The catering and accommodation standards maintained by the Indaba Hotel consistently win them multiple hospitality and tourism awards and, now that the extensive renovations have been completed, one can anticipate even more accolades.

"The Indaba has always been a good choice for family occasions, kitchen teas, bachelorette parties, anniversaries, and corporate functions," says Sharon Hunink, Sales and Marketing Manager for the Indaba Hotel. "Our conference facilities have been a big drawcard, however, the success of our conferencing may have given locals the impression that serving the corporate sector has become our main focus. And that's not so. Whilst our conference centre has been expanded to accommodate as many as

1200 delegates, our spa, restaurant, bar facilities, Bistro 407, accommodation and amenities are just as important."

The upgrade of the accommodation has in fact seen a remodelling of standard rooms into fewer, magnificently appointed suites. The partition walls of the restaurant, bar and reception areas have been removed so there's a light, bright, interactive feel to the public areas. The swimming pool close to the reception area has been converted into a koi pond, the alfresco dining area has been extended and there's a fire pit for those guests who enjoy sitting out under the night sky swopping stories with fellow travellers.

"The Indaba Hotel is a wonderful 'escape' for Fourways residents," Sharon adds. "There's place for the kids to play, and there's place for sports fans to support their favourite teams. On Sundays, the Epsom Restaurant has a jazz brunch and the Chief's Boma has a carvery. And our Mowana Spa is an excellent place to come and unwind."

"I am pleased to say that our local support has grown since the renovations have been completed. Our aim is to keep people from our neighbourhood coming back again and again – and establish the Indaba Hotel as their go-to choice whenever they want to socialise or take a break from the stresses of city life."

For more information about accommodation, conferences and table reservations, call 011 840 6600 or visit: www.indabahotel.co.za. For more information about the Mowana Spa, visit: www.mowanaspa.co.za







# **GROWING CONFIDENT LEADERS**

Teaching the skills of leadership and what it means to lead is a critical requirement of any educational institution.

ainfern College's mission is to produce leaders of great calibre who will make a positive contribution to, and an effective investment in, their families, communities and nations.

There are so many areas in life that require astute leadership ability and the College therefore believes that it is vitally important to equip its students with relevant leadership tools and skills. The concept of 'servant leadership' is ingrained at an early age, with students encouraged to help and support each other at every opportunity.

Informal leadership opportunities begin in the Junior Preparatory when students are given small tasks and responsibilities in daily activities and group work. From Grade 3, leadership opportunities are more formalised through roles such as captaincy of House and sports teams.

The Senior Preparatory Leadership Programme introduces

still more formalised leadership opportunities and training through sports and cultural captaincy opportunities, internal and interschools leadership workshops and the Learner Representative Council.

The High School is committed to growing students to be effective and moral leaders in a challenging and dynamic environment and has thus developed the ground-breaking Leadership Academy, which gives every student the opportunity to acquire and improve their leadership skills from Grade 8 through a variety of opportunities, event participation, leadership camps and courses and an active Students Representative Council (SRC). This enables senior students to join the Leadership Programme at the end of Grade 11, providing certain criteria are met.

Unlike the traditional 'prefect' system, each student on the Leadership Programme is appointed to a specific Leadership Portfolio, and is assigned a personal mentor teacher who guides them and challenges them to grow their leadership



Leadership opportunities begin in the Junior Preparatory



Grade 6s working with Lead4Life



Leading by example - High School community service at Crèche Day

Advertorial

skills. At the end of their term of office, the leaders are assessed on their performance and how well they have managed their portfolios. Based on this, top achievers are then rewarded with a Leadership Scroll, Full Colours or Honours for Leadership, ensuring they are recognised for their performance rather than their status.

As the 2019 team's term of office came to an end, their performance as leaders was recognised with the award of Leadership Colours. The College was very proud to award Leadership Honours to two of its students this year. The first was Chloe Proxenos, who served the school with pride in the Mentorship portfolio, showing respect and kindness to all students at Dainfern College and ensuring that new students were cared for at all times. Nicholas Munro also received Leadership Honours for serving the school in the Photography portfolio, significantly raising the bar for photography at the College, mentoring young photographers, and developing a new Photography Colours policy.



Heads of School Matthew Pretorius and Skye Goss (centre) and Deputy Heads Jenna Smart and Tivo Ndlovu (far left and far right) for 2020



Dainfern College Leadership team 2019-2020



Nicholas Munro (second from right) with Photography Club members



Chloe Proxenos (centre) at the Grade 8 Welcome Camp in January

The new student leadership team has now taken office for 2019 - 2020 and is led by Heads of School, Skye Goss and Matthew Pretorius, and Deputy Heads, Jenna Smart and Tivo Ndlovu. There are 30 students who have committed themselves to serving their school in diverse portfolios ranging from the traditional heads of school and heads of house, through to heading up the SRC, as well as environmentalism, mentorship, culture, sport and outreach.

Dainfern College is very proud of these young men and women and is committed to guiding and mentoring them as they grow their leadership skills and confidence.



For further information about Dainfern College, contact marketing manager Mrs Deidré Proxenos on 011 469 0635 or dproxenos@dainferncollege.co.za.



It's spring – and spring is when a young man's fancy turns to braais and beer.

ome believe that a braaivleis is the only type of cooking that 'real' men do. When a man says, "let's ask our friends around for a braai," the following chain of events takes place:

The woman goes to the shops for the meat and rolls and other stuff. She then prepares the snacks, salad, vegetables, and the desserts. She also marinades the meat for cooking, places it on a tray along with the necessary cooking utensils and takes it out to the man. He is lounging beside the grill, beer in hand, regaling his friends about the Boks, Proteas and women. The men can talk freely about women because at this point the women are all helping in the kitchen and talking about men.

The woman checks the vegetables and then lays the table. The man now places the meat on the grill.

Later, the woman comes out to tell the man that the meat is burning. The man takes the meat off the grill and hands it to the woman.

The woman then brings the plates to the table and seats everybody. After eating, the woman clears the table and does the dishes.

Everyone praises the man for a splendid braai.

He later asks the woman how she enjoyed her day off from cooking. Upon seeing her eyes narrow to tiny slits he understandably concludes there is just no pleasing women.

Nevertheless, it has taken a woman, Dr Martina Meincken of Stellenbosch University, to introduce introspection into braaiing. As we know, lighting up a braai on the Highveld is fraught with guilt because we're a smokeless zone. But, as we have a fifth less oxygen up here compared with the coast, fires are slower to combust and, therefore, initially, give off lots of smoke. We have to be choosy in what we burn.

A few years ago, Meincken, an authority on the energy value of biomass, discussed in the research journal, *Quest 5*, what type of wood is the best for a braai. She concentrated on what they burn in the Western Cape, but actually, it is not that much different up here on the Highveld.

Her article demonstrated that, in the Cape, the camelthorn (*Vachellia erioloba*), a thorn tree common to the country west of Gauteng, has the highest wood density of those she tested, and therefore burns the hottest. A cubic metre of camelthorn is so dense it weighs nearly a ton and gives off an intense heat.

Lifestyle

Rooikrans (*Acacia cyclops*), the highly invasive Australian acacia one sees along Cape shores, came second. Blue gum (an Australian eucalyptus), is not as hot as Rooikrans but, being quite slow-growing, it's denser and, for a hot braai, it's fine. Pine, by the way, being fast-growing, is light and burns quickly, so it's the least-favoured for braaiing.

#### PROTECTING OUR INDIGENOUS WOOD

It has become important to check what wood one is buying for braaiing these days. In fact, one hopes that soon there will be legislation protecting the countryside from the growing assault by wood cutters who are feeding the market with hardwoods – labelled 'braai wood' - at great environmental cost.

There are no laws protecting South Africa's native trees – trees such as the karee (rhus), the bushwillow (combretum - except the leadwood, *Combretum imberbe*) and acacias. But there are supposed to be laws protecting our mountain ranges from freelance woodcutters who are, with impunity, marauding them for braai wood. This is happening on our doorstep, in the Magaliesberg where, daily, indigenous trees are being cut down and packed into bundles to sell at the roadside.

Along the 140 km Magaliesberg range, woodcutters, to avoid people seeing the devastation they are causing, are confining their activities to areas out of sight of roads. But they are leaving hundreds of hectares of bare hillsides now vulnerable to erosion. It's a free for all.

One can buy indigenous hardwoods by the truckload. Every weekend many tons are on sale along the road through Broederstroom. Even supermarkets are climbing in, very few declare the source of their wood.

I interpret from the *Quest 5* article that we, on the Highveld, ideally should use the prolific, thornless, Australian acacia

(wattle tree), not just because it's a prolific 'alien invasive plant' and illegal to propagate, but because it's a first class braai wood. It is often on sale in shops.

Technically, we no longer have acacias in South Africa. Although the name 'acacia' had become part of our language, we have no choice but to relinquish it and get used to calling trees by their new names.

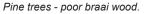
At the rather emotional 2011 International Botanical Congress in Melbourne, our acacias were all reclassified. It was 'emotional' because the scientific delegation from here had to concede that, as the 140 year-old name, 'acacia', originated in Australia it can only refer, specifically, to their wattle trees. Australia has hundreds of species.

Our acacias are now divided into two genera — *Vachellia* and *Senegalia*. The most common of our native trees, *Acacia karoo* (sweet thorn), now becomes *Vachellia karoo*. The scented-pod acacia is now *V.nilotica*; the fever tree is now *V.xanthophloea*; the paperbark becomes *V.sieberiana*; and the umbrella tree of the Lowveld is *V.tortilus*. Others of our 'acacias' such as the familiar *Acacia nigrescens* (knobthorn) *A.caffra* (hookthorn), *A.senegal* (bushy three-hook) and *A.galpini* (monkeythorn) are now *Senegalia nigrescens*, *S.caffra*, *S.senegal* and *S.galpini*.

At least that other large tree family, our handsome combretum trees – the bush willows with their characteristic 'Chinese lanterns' (four-winged fruit) and the Terminalia (with their delightful cerise clusters of pods) - keep their names.

Combretums: now there's the braai wood to end all braai woods. One cubic metre of *Combretum imberbe* (leadwood) weighs more than a Volkswagen Beetle – almost 1,3 tons. In water, it sinks like concrete. Leadwood is protected, but the rest of the combretums are not. But for how long can they remain so?







Braai wood harvesting threatens scenes like this.



e've written before on the subject of 'Must Haves' for new puppy- or kittenparents, so this puppy and kitty season, we've decided to focus on *FUN!!* If you've missed our previous articles on this and many other pet care topics, check out the Blog tab on the Twisted Whiskers website. Besides the fundamental life-supporting necessities, your puppy or kitten needs stimulation, exercise and environmental enrichment in order to develop into a healthy, well-rounded ragamuffin.

#### ANXIETY ISN'T FUN....

Those first few days in a new home, away from the comforts of mum and siblings or other kennel mates, can be scary and a bit overwhelming for pups and kittens. Don't be alarmed if your new baby doesn't appear confident and ready to explore immediately. He or she will need a few days to get used to the new surroundings. Their anxiety may also affect their appetite for the first meal or two, which isn't anything to worry about if they start eating by the third meal and don't appear listless or ill.

Like all babies, the furry ones also thrive on routine - creating a regular schedule early on for meals, sleep times, play and toilet visits will help instil trust in the new arrival and create a stable framework they can depend on.

The first night (or three) is usually a disruptive affair for everyone, with many puppies panicking and crying for mum. As tempting as it may be, trying to settle the little one into your bed isn't ideal, unless you plan to allow them to sleep on the bed forever. Your dog won't understand why he's being banished from your bed all of a sudden, once he's a bit older and the size of a small dinosaur.

Dogs like to be near their 'pack', so give puppy his own bed in your room or that of an older child. In this way, he learns that he has his own space but is also close by to his new human 'pack members' for security. You'll also want to be alerted when he wakes up and needs to be taken out to do his toilette. Crate training is a process recommended by many dog behaviour experts and is very helpful in toilet training and in giving your pup a sense of safety and security.

Kittens may favour the dark comforts of an igloo-type bed and it's best to keep them safely confined in a room, separated from other pets and where they cannot get their tiny selves lost in foreign territory. A small kitten can hide away in the most unlikely of spaces, resulting in hours of

frantic searches, so always place her in a room with food and a litter tray whenever you leave home. That way you can be sure that she doesn't get injured or lost in your absence. As solitary animals, cats don't usually enjoy being fussed over as much as dogs do and can find this overwhelming. Allow kitty her space and let her determine how much contact she'd like from her new humans, while ensuring that you spend daily quality one-on-one bonding time with her.

goes without saving introductions to other family pets should happen on the first day. Ideally, this should only be done once the new addition has had a chance to settle down and shows less defensiveness towards the existing pets in the household. When these introductions do take place, they must be closely monitored at all times. If there is any sign of stress or aggression in either party (the new baby or the resident discontinue the interaction pet/s). immediately and leave it for another day. If possible, formulate an introduction plan beforehand, with the assistance of a certified animal behaviourist. Advice from these experienced professionals can be invaluable in preventing trauma and ensuring that the process is as smooth and non-threatening as possible for all concerned. Giving this make-or-break

Advertorial

phase the time and focus it deserves can help facilitate happy pet relationships for the future. The TW Blog has some super articles devoted exclusively to this topic.

Pheromone-based anxiety-alleviating products like Feliway (cats) and Adaptil (dogs) diffusers, can also be incredibly useful in helping new babies settle in and reduce stress in resident family pets. Switch the diffuser on 48 hours before the new furkid arrives, as it needs to warm up properly to be effective.

Plush toys are a great start to help littlies feel like there's another furry body close by. They won't last long for large breed pups or power chewers but are a great comfort on the first couple of nights. The Pet Stages Purr Pillow is a delightful first toy for baby kitties.

### **SOCIAL BUTTERFLIES**

Few kitten socialisation groups exist. As natural solitary predators, they cope well in their own company, provided they have enough to keep them busy and stimulated. That said, many breeders and rescue groups won't home a single kitten to a family where the people are away all day and there are no other pets in the home. It's ideal to take two kittens together so that they have company.

As pack animals, puppy socialisation is vital for all breeds of dogs, not only to provide a foundation of manners and acceptable behaviour in the new human world they need to function in but also to master the nuances of dog-to-dog interactions. This will determine how flexible your pup will be as an adult and how many different outings and adventures you'll be able to share with him. A well-socialised dog is a pleasure to be around and welcomed in many more places and situations than an unruly, timid or aggressive one.

Doggy day-care is also a superb way of ensuring that dogs experience 'pack life' and enjoy enriching time with their own kind, away from their regular environment. Services like these, provided they are safe and professionally managed by persons well-versed in canine behaviour, are a real boon to busy pet-parents who must be away at work during the week. Twisted Whiskers has the details of the best doggy-day-care facilities in the area - ask us, we'll hook you up.



### **FUN AND GAMES**

On the days your pup doesn't go to daycare, ensure that he has a choice of 4 or 5 activity toys and chewable treats. This will keep him out of mischief and distract him from rearranging the décor or being tempted into a spot of unauthorised gardening... Choose toys that suit his size and chewing power, and avoid those like stringy rawhides, hooves, rubber balls, etc. that could pose a choking hazard. These should be offered only when you're around to supervise. Begin building up a stash of toys that can be rotated every couple of days to prevent boredom - keep the ones he isn't using in a doggy toy box. Many puppy parents make a fun game of letting their pup choose his own favourites each day before they leave for work.

Puzzle toys that dispense food are super, as the midday meal can be put inside and they provide hours of activity and reward for busy puppies.

## Advertorial







The Devon Rex



The Corner Coon





The Kilimandjaro

### **'CATIFY'**

To borrow the term from well-known cat guru, Jackson Galaxy, with many cat parents now opting to keep their babies exclusively or partly indoors for safety reasons, it's vital to 'catify' their space. Many cat species in the wild are tree or mountain dwellers, and an aerial perspective is just as important to their domestic relatives.

In the interests of saving your curtains, providing vantage points like ledges or shelves at varying heights along the wall, or giving your kittens access to the highest spots in the room, is a great idea. Tall, sturdy cat 'fur-niture' like cat trees and jungle-gyms can be a welcome addition to even the most exquisitely designed rooms.

Twisted Whiskers has recently launched a stunning range of imported, EUquality cat trees in five elite options to suit the most discerning of cats. With replaceable and heavy-duty weight-bearing parts to support the most substantial of feline physiques, they will never look shabby. Your felines will love diving on and off all the different platforms, pouncing out of hidey-holes, or lounging in the hammocks (which support up to 25kg of Maine Coon magnificence... there's even space for two!). Contact Twisted Whiskers stores for more info or, to order or browse their range of feline furniture, visit their website: www. twistedwhiskers.co.za.

The 'catio', another of Jackson's famous 'cat-isms' is a fabulous DIY project for those who own a tool belt and aren't afraid to use it. The internet abounds with designs, from super simple outdoor window boxes to elaborate moggy mansions - and everything in between. Catios provide a safe, enclosed outdoor space for kitties to bask in the sunshine and fresh air, even if they live indoors.

### **ADVENTURE**

Taking your puppy on adventures outside of the home is super-important. It's been proven that a dog can fully investigate all the scents on your property within half an hour. After that, it's all pretty uninteresting - unless someone wheels a skateboard past the gate, or a hadeda lands on the lawn, or a truck drives past. This is part of the reason your dog greets you so enthusiastically when you come home - you bring 'news' from the outside world all over your clothes and shoes. Allowing your puppy to accompany you on as many outings as possible from an early age will ensure that he's always being exposed to new sights, smells, sounds and experiences. And, of course, being able to be close to you, his human pack member, is first prize! As mentioned before, a thorough process of professional puppy socialising will go a long way to

Advertorial

setting up this type of lifestyle for your puppy and his family. TW has details for Jo'burg's best puppy socialising schools - we'll happily refer you.

Exercise is as important for our pets as it is for us, and dogs, particularly, love going running or hiking with their human 'pack'. However, if you're a serious exercise fanatic, please check first with your veterinarian that the activities you plan to share with your dog are appropriate in terms of his age and level of fitness. Large and giant breed puppies, specifically, should NEVER be run or over-exercised before their bones have stopped growing (around 18 months of age). Particular care also needs to be taken with older or overweight animals.

Cats tend to prefer exploring on their own. They aren't a 'captive audience' like dogs are and can usually find their own way out of a property. In the interests of your kitty's safety (and, from a much broader perspective, since cats are hunters, the safety of small wild animal and bird populations), it's imperative that your property is completely secure so that kitty can't venture past the garden wall, that she is kept indoors with only supervised outdoor access, or has a catio to spend her unaccompanied outdoor time in.

The world is a big place for a tiny kitten (even if the garden is secure) and we strongly recommend that all kittens be kept exclusively indoors, unless supervised, until they are 6 months old. After that, they can be trained to use the yard as their bathroom, instead of the litter tray. By this stage, they will be agile and confident enough to enjoy an enclosed garden space when they choose to, and quickly learn to come back to the comforts of home through an open window or sliding door.



Many cats have successfully been harness-trained, and their humans take them for Walkies, on occasion even together with their canine companions! Breeds like Burmese and Bengals are particularly open to being harness-trained.

If you're serious about enriching your pets' lives, all that's required is a little imagination. And online resources abound. Visit Twisted Whiskers for a stunning array of toys and accessories for kittens and puppies, great advice on all aspects of pet-care, and a range of kitty fur-niture guaranteed to blow their whiskers back!

### www.twistedwhiskers.co.za



Fourways Gardens • 37 • November 2019



## **RESTAURANT COMPETITION FOR NOVEMBER**

Don't forget to enter our monthly restaurant competition.

The question for this month's competition:

Which foundation is supported by the students of the American International School Johannesburg?

Please email your answer along with your full name, your cell number and your stand number, detailing 'Wine and Dine Competition' in the Subject line, to: info@eiapublishing.co.za. The winner will be notified by email.

Each restaurant featured in this section has been carefully chosen and we hope that you'll enjoy visiting them whenever you are looking for a memorable culinary experience.

### **Terms and Conditions:**

- 1. Vouchers cannot be exchanged for cash.
- 2. Portions of the monetary value of the voucher cannot be refunded as "change".
- 3. Bookings need to be made in advance with the restaurant detailed on the voucher.
- 4. Service charges/gratuities are not included, regardless of any balance left over after the meal.
- 5. Vouchers will be numbered. Please provide your voucher number when you make your reservation.
- 6. The competition is open to readers over the age of 18.
- 7. Indemnity: The publishers, Fourways Gardens Estate and any other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.

**WINNERS** 

### **CONGRATULATIONS TO**

Michelle Raymond, the winner of our latest Restaurant Competition, and Julie Hyams, who won beauty treatments to the value of R5 000.00 at Nix & Tee.







APPROVED ESTATE AGENTS FOR 2019/2020
Please remember that only Fourways Gardens Approved Estate Agents are allowed to list and sell houses in Fourways Gardens.
You may contact any of the following agencies to sell or let your home:

	You may contact any of the following agencies to sell or let your home:			
Agency	Agent	Cell Number	E-mail	Website
Aucor APRICATE ALCTICAL ALTHOUGHTY	William Armeseder	083 272 4556	williama@aucor.com	www.aucor.com
Century 21	Tania Heurtaux Joep Rijntjes		tania.h@century21.co.za joep.rijntjes@century21.co.za	www.century21.co.za
FINE COUNTRY	Geoff Mander	073 251 1206	geoff.m@fineandcountry.com	www.fineandcountry.com/sa
Gardens Realty	Ingrid Manni	083 601 5521	info@fourwaysgardensrealty.co.za	www.fourwaysgardensrealty.co.za
FRANCESCA Beattie	Francesca Beattie	083 678 8001	info@fbproperties.co.za	www.fbproperties.co.za
Gaye Cawood	Gaye Cawood Sue de Boer		gaye@gcr.co.za sue@gcr.co.za	www.gcr.co.za
Lew Getten   Sotheby's	Philip Myburgh	079 241 1245	philipm@sothebysrealty.co.za	www.sothebysrealty.co.za
PAM GOLDING	Martina Forsyth Kyle Ebben	083 260 1562 082 483 5861	martina.forsyth@pamgolding.co.za kyle.ebben@pamgolding.co.za	www.pamgolding.co.za
RE/NEX	Leanne Peterkin	082 832 6582	lee@remaxexec.co.za	www.remaxexecutivegroup.co.za
RE/MAX MASTERS	Greselda Smith	083 260 1663	greselda@remax-masters.co.za	www.remax-masters.co.za
Seeff	Michele Zuccolo Trish Walton	082 850 8356 082 442 9112	michele.z@seeff.com trish.walton@seeff.com	www.seeff.com
TUSON	Dee Thomas Linda Davies Sally d'Hotman Jonathan Davies	083 375 5646 082 371 4667 082 442 7693 082 568 8084	dee.thomas@tysonprop.co.za linda.davies@tysonprop.co.za sally.dhotman@tysonprop.co.za jonathan.davies@tysonprop.co.za	www.tysonprop.co.za
UNIVEST	Sue Brownlie	083 450 1600	sue@univestjhb.co.za	www.univest.co.za
VERED	James Christelis	082 416 5343	james@vered.co.za	www.vered.co.za



AA AIRPORT SHUTTLE, TOURS AND TRANSFERS: Fourways Gardens resident, owner/driver. Personal, reliable transfers to/from ORT from R420 and Lanseria from R200, Free

in-car Wi-Fi connection, half and full day tours arranged. All journeys now certified carbon neutral. For all your transport or driving requirements contact Mike on 072 284 0340 / 011 465 3262 or mikeashcroft@telkomsa.net

ABOUT PIANO LESSONS: Barbara-Ann Horsfield is

an experienced and highly qualified piano teacher residing in Fourways Gardens Phase 1. She offers tuition Mondays to Thursdays from beginners through to the advanced grades. She looks forward to sharing her passion for music with you. Please phone Barbara-Ann on 083 267 5006.

A BUILDING PROJECT TO REALISE?: Small to large alterations, additions and new builds. Concept design, Local
 Authority approval, tender and construction documentation, admin of building contract. Practising adjacent Cedar Square Shopping Centre. Contact Lance Fulton on 082 644 7843, email: architect. script@gmail.com or call 011 465 1897 / www.linkedin.com/in/lance-fulton-3154798.

A CANVAS PATIO AWNING: Impi Canvas specialises in the design of canvas awnings, blinds, luxury safari tents and much more. Contact James on 067 002 6813 or james@impicanvas.com

ACCOMMODATION: Short to medium term luxury selfcatering accommodation available to friends, relatives and colleagues of Fourways Gardens residents in a self-contained studio with separate entrance and parking for 1 car. Contact Lynda on 083 258 6431.

ACCOMMODATION: Holiday house to let. Newly refurbished, overlooking blue status beach and marine reserve in Trafalgar adjoining Southbroom. 4 Beds, 4 baths, sleeps 8. Pristine condition. Call 082 339 8949.

ACCOUNTANT AND TAX PRACTITIONER: Registered, caring tax practitioner with a proven track record to sort out all your SARS problems and tax returns. Financials provided where necessary. Contact Sharon on 072 248 0198 or email: sharonaley@yahoo.com

ACCOUNTING TUITION: Qualified and experienced Accounting Educator offering lessons for Grade 10 – 12.

Specialising in the following: In-depth understanding of content, assistance with assignments, Exam and Control test revision. When: Monday to Friday (16:00 – 18:00)
How much: R200 (I will come to you).
Contact Solaine on 081 272 6095 / solainechetty@gmail.com

ADDITIONS, ALTERATIONS & NEW BUILDS: Raycon Construction – resident of FWG for past 25 years. References in the Estate available. Call Steve on 083 601 1594 / 011 465 4547. No job too Big or Small

ALL CONREN SA DAMP: Waterproofing, damp-proofing, painting, basements, gutters, Agri drainage and inspections. Long life material (civil), professional workmanship, legal, H & S Insurance. Serving Murray & Roberts as long-term clients and all of Gauteng for over 20 years. Great Value, Long Life Guaranteed. Please contact 011 467 7600 or visit our website.

ALL WOODWORK: Installations, repairs and maintenance, door hanging, kitchen and built-in cupboards, laminate floors, skirting, ceilings, cornices etc. Email: info@osamcarpentry.co.za, or call Ozzy on 073 058 0464.

ALL AGES WELCOMED. KARATE CLASSES FROM 4 YEARS AND UP: My classes are conducted in a fun, relaxed environment. Karate nurtures focus, discipline, strength-building and co-ordination to mention a few advantages. Learning is a joy not a chore. Sound interesting? Come and enjoy a free introductory lesson to this humble art at the FWG Estate Clubhouse. Contact Sensei Roberta – 5th Dan Goju – Ryu Instructor on 083 309 5352.

ALL LAWN VARIETIES: Compost, topsoil, lawn dressing Now is lawn dressing time. Agricultural Drains and all types of Irrigation. Contact Peter at Carpet Lawns on 083 267 1756. Email: carpetlawns.petermcgee@gmail.com

L TYPES OF CONSTRUCTION PROJECTS UNDERTAKEN: Experienced Building Contractor with extensive portfolio of completed projects done in the Northern Suburbs over the past twenty years. We also undertake design build/turnkey projects. Contact Angus on 066 203 4440 or Gennaro on 082 550 5139. DELITE CONSTRUCTION (PTY) LTD.

ALPINE SKI SHOP: For all your snow skiing clothing and accessories at amazing prices.124 Acacaia Rd., Blue Hills, Midrand 083 456 8520. Season opens 1st November to March. Shop hours: Friday and Saturday 9am – 2pm. Snow Ski/
Snowboard lessons open Saturday 2nd November. Book Online
@ www.skischool.co.za. Snow Ski Instructors needed; training
provided. Call Tony 083 601 1748. Info@skischool.co.za

**APPLIANCES REPAIRS:** To all makes and models, AEG, Bosch, Whirlpool, Siemens, Samsung, LG, Defy, Kelvinator, Miele. Contact Gwentech Appliances on 072 952 8183 / 073 947 2447 or email: gwentech7@gmail.com same day service (26 yrs' experience).

ANXIOUS? STRESSED? DEPRESSED? GRIEVING?:

Ground-Dreaking Psychotherapeutic System now in SAI! Dissolve your distress!! Resolve your conflicts!! Become who you are meant to be!! And enjoy a happy and fulfilled life!! AMAZING RAPID and LONG-LASTING RESULTS!! Mature and experienced Practitioner (R.R Institute USA). Call Nicky Benson on 072 129 0698 or visit: www.resonancerepatterning.co.za

AIR CONDITIONING: Repairs, re-gas, services and new installation at affordable charges. Located in Riversands. Quality services from a qualified gas licensed technician. Call Dube on 078 522 5340 / reairtech@gmail.com

ATTORNEY: Antenuptial contracts, wills, mediation, divorce. AT I ORNEY: Antenuptial contracts, wills, mediation, divorce, parental rights, rights for unmarried fathers, maintenance, domestic violence, adoption, surrogacy, cohabitation agreements, separation agreements, parenting plans, curatorship applications, post – divorce issues and any other family law related matters. Practising in Fourways Gardens. Contact Jennifer Scholtz on 011 467 1165 or email: jennifer@jenniferscholtz.co.za or www.ienniferscholtz.co.za

AVOID THE CCMA AND LABOUR LAW FRUSTRATION IN YOUR BUSINESS: I can provide you with advice on Labour Issues, Contracts of Employment, Disciplinary Action, Hearings and the CCMA. Let me assist you with the necessary knowledge to make the right decisions that fall within labour legislation. Call me, more than 20 years' experience. Bradley Ferraris on 082 446 7625.

AVAILABLE TO TUTOR: A top IEB student from St Stithians Girls' College. Tutor in Maths, Science, Life Science, Accounting, English and Afrikaans. Grade 8 - 12. R200 an hour. Contact Dani Knight on 072 532 8703.

AU PAIR - HOME AND PETS: Contact the fur kid nanny, Dee Van Heerden on 083 319 2220 or deevanheerden@gmail.com. Regular sitter in FWG. Reasonable rates, daily walks and feeds or stay-in. References available.

**BABYSITTER:** A competent, patient, reliable matric art student available for babysitting in FWG Estate, experienced at childminding and available every night. Can also teach art if they like. Please WhatsApp Candice on 072 716 3143.

BARBER ON WHEELS: Gents Haircut, Dye, Shave, Scrub, Beard Shaping and Trim, Massage, Ear and Nose Wax. Pensioner's discount offered on Mondays and Tuesdays. 10% discount on first Haircut. Contact Jay on 074 779 0310. I come

**B4 ELECTRICAL:** For all your electrical installations, repairs, maintenance, and Certificates of Compliance. Fast, friendly and reliable. We offer a 24hrs Emergency call-out service. Contact Peter on 083 452 0635/6 or email: b4electrical@mweb.co.za

**BLINDS:** Vertical, block-out, bass wood or aluminium Venetian, panel blinds and shutters at competitive prices. Please contact Tony on 083 290 1757 or tony@bonetts.co.za, www.bonetts.co.za

BOOKKEEPER: Qualified Bookkeeper with over 30 years' experience. Competitive rates, Fourways/Dainfern area. Contact Verona on 079 763 4551.

BUSY BEEZ GARDEN REFUSE REMOVAL: Let us do the dirty work. Contact Justin Delaney on 060 997 4744 for your everyday garden refuse removal needs.

**CAREGIVER:** I am a professional caregiver available for Day or Night Shifts. References are available. Contact Noma Dube on 078 757 6000.

**CANDICE INTERIORS:** I offer the right design advice and quality products to suit your requirements. Blinds, curtaining, upholstery, shutters, painting, house renovations, etc. Interior Designer, established since 2005. Contact Candice on 082 363 0542. Candice@candiceinteriors.com / www.candiceinteriors.com

CARPETS & FLOORING: (Carpets, vinyl planks, laminates, solid and engineered wood). 40 years in the business, workmanship guaranteed, all brands, competitive prices. Contact Tony on 083 290 1757 or tony@bonetts.co.za, www.bonetts.co.za

**CARPET CLEANING:** All your carpet/upholstery/rug/mattress cleaning as well as Pre-and Post-occupation cleaning.

Please contact Spotless: Cindy on 074 149 4089 / www.spotlesscleaning.co.za

CARPET CLEANING: Furnishings and mattresses. MASTERGUARD SPECIAL: latest quick-drying Karcher machines. Owner supervision, competitive rates. Call or WhatsApp Wyn on 084 052 6400, www.justcleanit.co.za

CHARTWELL STABLES: Looking for a riding school?
Chartwell Stables in Fourways is the place to bel Lessons for all ages and levels, Healthy and well-schooled horses/ponies.
Safety is our first priority. Child-friendly facilities, interschools success. Regular shows held at yard, holiday camps, workshops and fun days. Ponies available for half bait. Contact our Stable on 073 952 8572 or Shirley on 083 500 0103 / www.chartwellstables.co.za

**COMPOST:** We deliver organic compost to Fourways Gardens at R 500.00 for a bakkie load which is 2 cubic metres. It is weed-free and does not smell. For orders contact Dieneke on 083 326 3007 or Dieneke@donnybrook.co.za

DAMP-PROOFING / WATERPROOFING/ PAINTING: Owner supervision. All work guaranteed. Call Richard on 082 352 6382

**DELANEY PROJECTS:** We are a comprehensive turnkey building and maintenance contractor for both your commercial and residential property needs. We specialise in renovations, alterations, painting, waterproofing and damp-proofing, tiling, concrete, laminate and screed flooring, kitchen renovations and improvements, bathroom renovations and improvements, plumbing contractor, retaining and boundary walls, decking installation and maintenance (composite and timber), carport construction, garage door installations (wooden and aluminium), aluminium windows and doors, woodwork and carpentry (maintenance and installations excluding furniture), pool building and maintenance. Call Justin Delaney for a comprehensive quote on 060 997 4744.

**DRY FIREWOOD:** "Razor sharp service" email: brightfirewood@gmail.com / 082 786 3225.

**DSTV DOCTOR:** Approved DSTV – all installations, aerials, sales, Wi-Fi Extender/Booster over cat 6E and repairs, Multichoice accredited installer. Call Junior on 078 228 3182 / 011 072 6791 or email: 4wayssat4@gmail.com, www.dstvdoctor.co.za, Address; Plot 79 Cedar Rd, Chartwell.

**D.S CARPENTERS AND HANDYMAN SERVICES:** Ceilings of all types, doors/repairs and hanging etc. dry walling painting/general building/rubble removals/home maintenance/ painting/general building/rubble removals/nome maintenance/ plumbing/flooring/cupboards of all types/tree felling/tiling and paving/welding/plastering and rhinoliting. We have very high skilled personnel to offer you quality services at affordable rates. Call us now for a quotel Call Dumisani on 078 266 2299 / 083 441 1112 / dscarpenters60@gmail.com

**EARTH ELECTRICAL:** Do you require Reliable and Qualified electricians for any electrical work? We specialise in new installations, alterations, maintenance, garden lighting and inverter/battery back-up systems. Contact: Etienne Mitton on 082 924 0580 or repairs@earthelectrical.com

EASY CARPET CLEANERS: The home people. We clean carpets, lounge suites, cushions, Persian rugs - you name it we clean it! Call 082 211 8492 or WhatsApp us on 082 290 6469.

E4 CONSTRUCTION: We are a full service/turnkey construction company specialising in high end quality projects. Highly recommended by our clients, many of whom are repeat customers. Call us for any renovations or alterations you're considering. Contact Grant Noakes on 084 600 0900 / grant@e4construction.com to discuss your requirements

**E & J GAS INSTALLER:** Maintenance, repairs, installations. Call Eddie (Cert Gas Installer) on 079 885 2528 or Julio on 082 654 4888 / eduardocasanoves@gmail.com / jzw@telkomsa.net

ELECTRICIAN: (Lazis Electrical) Certificate of Compliance, new installations, tripping and fault finding, power failures, geysers, stoves, plugs, lights, installation of generators. Call 078 739 6773 / 073 127 3921.

**ELECTRICIAN:** Electrical Installations and Maintenance. Generator and change over switch connection, house wiring, tubing and connection, meter installation and connection, fault finding and fixing the fault, geyser and stove connection, day and night/timer switch, Certificate of Compliance, street lights, garden lights, down lights, chandeliers installation and connection, E thulani.gumbi2@gmail.com or call Thulani on 063 456 7879 / 067 111 5009 / WhatsApp 063 456 7879 for a reference

ETHNIC HAIRDRESSER: I will come to you in Fourways Gardens Estate, Call 062 118 4895.

FHUMY MAINTENANCE: General house maintenance, paving, ceiling, tiling, painting, minor building, minor electrical, plumbing, and irrigation. We do professional work with reasonable rates. Please contact: 071 427 2938 / 084 723 5385 / ozzyfhumy@gmail.com

FIXIT FOX HANDYMAN SERVICE: (FWG Resident).
General home repairs and installations including cupboards and shelving, wood and steelwork, minor electrical and plumbing, picture hanging etc. All work done personally. Contact Andre Le Cordeur on 011 465 8902 or 083 473 9362 / fixitfox1@aol.com

FOURWAYS PLUMBING: Resident plumber for all plumbing requirements, reasonable rates and same day service. Call 011 705 2145 or call Steve on 082 440 5111.

GATE MOTOR REPAIRS: Alarms, CCTV, gate motors and intercom system repairs and installations. Call Ninja Office: 084 354 5596 or Quinton on 084 354 5597.

GARDENBOYZ: For all your garden needs: landscaping, irrigation, lawn cutting, garden clean-ups, composting/lawn dressing, garden maintenance, weeding and tree felling, pool services. Call Jordan on 073 849 0927 / 068 083 5393.

**GERT IRRIGATION & PROJECTS:** (New installations and Repairs) Projects include paying, tilling, painting, plumbing, plastering, fish ponds, swimming pools, koi ponds, water features, and electrical repairs. Contact Gert directly on 074 387 5493 / 083 377 8323 or email: gertprojects@gmail.com

GENERAL PRACTITIONER: Dr Vicki Schutte, Stratford Office Park, Corner Valley and Cedar Roads, Broadarces. Contact 011 465 6715 / 073 729 0959 / www.drvickischutte.co.za **GENGROW – LANDSCAPING:** Garden maintenance, installations, clean-ups. Irrigations installations, repairs, water feature installations and repairs. Tree felling, compost, lawn dressing, pool maintenance and repairs, lawn care program, rubble removal. Contact Doane on 083 456 3480 or email: doane@gengrow.co.za

GREG ROBERTS CONSTRUCTION: Need a builder you can trust? Construction projects have a reputation for being overwhelming, but we pride ourselves in delivering stunning results without the stress. We've been working in Fourways Gardens and the northern suburbs for the past 30 years. References and a Portfolio available. Call Greg Roberts on 083 326 8818 / gregrobertscontruction@gmail.com

**GEORGE LANDSCAPING SERVICES:** WE OFFER THE PERSONAL TOUCH TO ALL GARDENS. With our experience and knowledge, we can assist with your maintenance, installation, irrigation and lawn requirements. This will be specific to your needs to ensure your garden looks beautiful/ We will give ongoing advice and recommendations on all essentials! Contact Tracy Dedlow on 083 625 9573.

HANDYMAN: British tradesman for all the jobs you hate!!! Building, total house renovations, wooden flooring, painting, cupboards, damp proofing, tilling, plumbing, roofing, ceilings, kitchen and bathroom renovations and electrical work, plastering, paving and alterations...No job too small. Offers a friendly and reliable service. Contact Steve on 076 823 6847 / 082 955 5642.

HANDYMAN EMMANUEL: We do renovations, plumbing, tiling, ceiling repairs and installations, cornices and skirting, painting, building work and paving. Call Emmanuel on 073 110 3590 / 084 333 0267 / 011 050 7264 / email: emchikati@yahoo.cc.uk / www.wondersenovation.co.za

**HANDYMAN:** I specialise in roof repairs, re-roofing, damp and waterproofing ceiling, guttering, insulation, skylights and painting. References available, 19 years' experience. Call Stephen on 072 292 8245.

HERBALIFE INDEPENDENT DISTRIBUTOR: Free Delivery. Call Carin on 082 557 4638 for a free wellness evaluation.

HEDGEHOGS PLAYSCHOOL: 2 SPACES AVAILABLE AT HEDGEHOGS PLAYGROUP FROM THE BEGINNING OF JANUARY 2020 This is a full and nurturing Educational Playgroup run by a qualified teacher in Fourways Gardens Estate. Ages 18 months to 3 years. Weekly themes and creative activities form part of the curriculum. For more information, or to make an appointment to visit the school, contact Debbie Hutchinson on 083 253 1414.

HOMEWORK HOTSPOT: After years of tutoring, we have found that most students don't need one-on-one tutoring as they end up relying on the tutor to do all their work and don't push themselves. Rather, they need an assisted space to work at their own pace, challenge themselves and ask for help when they need it. Join our Homework Hotspot on Monday afternoons from 3pm – 6pm at Piatto, Valley Shopping Centre for R899 per month (limited subjects). Contact Jodie Currie on 060 682 5709 for more information.

HOUSE / PET SITTER: Going Away? No Worries! As a mature woman with many years of experience, I will feed and walk your pets, take them to the vet if necessary, and even keep them company in the comfort of their own home. Areas: Lonehill, FWG, Fourways, Dainfern and Cedar Lakes. Many references available. Call Nicky on 072 129 0698.

HOUSE AND PET SITTER: Why leave your pets alone and away from home in an impersonal kennel? Rather leave them in their own loving home in my competent hands. Mature Lady with 20 years' experience will fill the gap that you leave. Please call Dee-Jean on 076 035 6908 / djb160453@yahoo.com. References upon request...NB (including Dainfern, FWG, Cedar Lakes)

HOUSE AND PET SITTING: Going away for a few days or on holiday? There is no need to be concerned about your beloved pets. Entrust them to us, a mature couple. We will love and care for them in the security of your home. Our years of home and pet sitting will provide you with peace of mind.

We will also care for the pool and garden if you wish.

Please call Henry on 082 565 9317 or call Deidre on

We will also clear to the poor and galden myod wish. Please call Henry on 082 565 9317 or call Deidre on 082 335 5096 deidredevine89@gmail.com References available on request.

IRRIGATION – SOFT RAIN: I have gone solo after 4 years and I have two partners each with over 12 years' experience. All sorts of irrigation from maintenance repairs to new installations. Call Isaac on 078 658 4371 or Thabiso on 079 946 2906 / softrainirrigation@gmail.com

**INTERSAT SYSTEMS:** DSTV installation and repairs, cameras installation and repairs, Netflix set-up. Call Casper on 074 071 4949.

**LEERAY COLLECTABLES:** Make instant cash from your used clothes, shoes, bed linen, kitchen stuff, toys etc. I buy and collect. Please contact me on 072 656 0470 / silindenid@gmail.com

LOAD SHEDDING? WATER CUTS? Are you ready?: Give us a call, we have the right solution to suit your budget, from back-up to off grid solutions. Owner supervision. Please contact Dave on 082 566 6278 or George on 084 663 1124 or davepark2212@gmail.com for a free quote. (German Electronics cc) MASSAGE THERAPTIST: I am a fully qualified SPORTS and RELAXATION MASSAGE THERAPIST with an internationally recognised diploma from Australia. I operate the business out of tent in my front garden that is surrounded by indigenous shrubbery which is unique. My hours are from 8am to 8pm. My services include pre- and post-sports massages, injury treatments/ stress relief, deep tissue massage, lymph drainage and full body massage which is similar to Swedish massage. My rates are R190 for 30 min, R360 for 60 min, R500 for 90 min. Please contact Leila Kelly for an appointment on 062 117 4347 / 076 012 7039.

MY NAIL LADY: Inside Fourways Gardens. Manicures and pedicures with paint, Gelish or Bio Sculpture. Call Lindsy on 082 739 9347 to book your appointment.

MGUNI GREEN FINGERS: Garden maintenance, garden refuse removal, tree felling service. Call Isaac on 083 582 0636 / isaac@mgunigreenfingers.co.za / www.mgunigreenfingers.co.za

MOKOPANE ELECTRICAL: Installation, Maintenance repairs: Energy-efficient solutions, emergency call-out, tripping problems, garden and security lights, geysers – no hot water, timer switching, fault finding, lights and plugs, pool and spa motors, Certificate of Compliance, underfloor Heating. Call Ronald on 072 154 9735 / mokopane.electrical@hotmail.com

MOBILE PET GROOMERS: Soapy smooches – the best in town! Give us a try – we conveniently come to your home to pamper your pets in our fully equipped pamper van and animal loving, professionally trained, caring staff. Collect your loyalty smooches every time, 10th wash is free! All we require is a connection to an electricity point and a tap and then...a booking! To make a booking, call or WhatsApp us on 061 087 8247.

MR TREE FELLING: We specialise in tree felling, trimmings, pruning, instant lawn, Kukuhuya and LM grass. We also supply compost and lawn dressing. Fully Insured. Contact Wisdom on 071 793 0825.

ORGANIC RAW HONEY: Straight from our hives at avomacadamia-blue gum-jacaranda farms in Brits. 0.5kg honey @ R95, limited quantities. Collection at 58 Karob Crescent Phase 2, Mon to Fri between 12:00 to 18:00. Please send your order with pick-up date and contact details to 072 924 5593.

PANDA TENNIS ACADEMY: Coaching for all Beginners to Advanced. Meet new friends, learn new skills and improve your fitness! Morning, afternoon and evening classes available every day, Monday to Sunday for all ages. Weekend and holiday camps also available. Book your free trial session on 074 111 6757 with Brandon.

PAINTED KITCHENS: Want to renew your kitchen without the huge expense and hassle? We will transform your kitchen with minimal disruptions, we have been painting kitchen/furniture for over 20 years. Call for a free quote. Petra Dewar on 083 625 1278.

**PAINTING & SKIMMING:** We are a company of six men doing good work of painting and skimming. Free Quotation, please contact Robert on 064 802 1254.

PATSONS PAVING: For all you're paving and tiling requirements – no job too big or small. Everyone is welcome. There are various designs available to suit your individual taste. Call Patson on 082 676-2668 or 084 288 6149.

PAINTING / DAMP-PROOFING / WATERPROOFING: Owner supervision. All work guaranteed. Call 082 352 6382.

PHYSIOTHERAPY: Vanessa Fourie Physiotherapy, 30 years' experience, treatment for headaches, neck and back pain, post-op rehabilitation, sports injuries, home visits within 3km, medical rates charged, 26 White Ash Street FWG. Call Vanessa on 083 458 4720.

**PSYCHIC TAROT READINGS:** 31 years' experience. For an appointment call or WhatsApp Sarah on 072 808 7795.

POOL REPAIRS: Since 1989. We design and build new pools as well as renovate, repair and improve existing pools. We have a dedicated team and long-standing suppliers which, together with our commitment to using only the best materials and proven techniques, enables us to create beautiful swimming pools and provide quality solutions we can be proud of. Contact Dereck Wood on 082 552 8470. You can also check HelloPeter to see what people say about us.

**POOL SERVICES:** Maintenance, repairs, re-marblelite, pumps, sand changes etc. For all pool requirements, call Jackie or Martin on 072 132 5703.

**PAUL POOL SERVICE:** Specialising in repairing of Pump Motor Filters and Re-marbling. Please call 072 193 0680.

PURE ORGANIC CBD: Highly innovative company committed to rigorous pharmacological standards to deliver the highest quality CBD products on the market with unmatched level of purity, quality and efficacy. 99.7% Pure Organic CBD, IN CBD CBG CBV, THC Free, non-psychoactive, non-toxic, non-GMO, 100% Absorption, third party analytics on every batch. Natural drug-free anti-inflammatory pain management, enhanced homeostasis, enhancing sports injury recovery and stress relief. Chad 076 424 8224 (WhatsApp or call for info)

PLUMBER: Sandton Plumbers & Solar. Maintenance, Renovations & New Installations. Solar Geysers/Heat Pumps, Back-up Water Systems, Drain cleaning. Over 30 years' experience. Call 083 460 9870.

PLUMBER: (RC PLUMBING) Reliable professional local plumber for all your plumbing maintenance needs at reasonable rates. Please contact Clayton / Ryan on 082 598 4881 or 011 465 5198.



QUICK SERVICE I.T: QUICK SERVICE INFORMATION TECHNOLOGY. We provide quick, quality, onsite I.T. services. Hardware and software technical support, repairs, sales, networking etc. Contact us for all your I.T. requirements. Call 083 600 2533 / www.quickserviceit.co.za / quickserviceit@icon.co.za

RUBBLE REMOVAL: Building rubble, garden refuse, building material deliveries, compost/manure deliveries. Call Ozzy on 073 058 0464

REFRIGERATION & APPLIANCE REPAIRS: Fridge repairs, re-gas, at affordable rates. I am a qualified gas licensed technician, fully registered, quality service with 10 years' experience. Please call Dube on 078 522 5340 / reairtech@gmail.com

SEWING / ALTERATIONS: Overalls/dressmaking/curtains, anything you may need done. Call Lorita on 076 878 0566 / 084 619 3995.

**SECOND HAND KITCHENS:** Buy, removing and selling of used kitchens and cupboards. Call Ryan on 084 871 9624.

SMALL BUSINESS OWNER?: Bogged down by reporting, administration, staff and operations over site? Do you not have time to get out there to grow your business and service your customers? Need an experienced CFO/CEO to come in on a part-time basis to help, providing experience and insight at a fraction of the cost? Contact Pierre on pierre@cleardirection.co.za, www.cleardirection.co.za 083 600 1388.

SIYAKHISIZWE BUILDERS: Available to do all alterations (major or small extensions) driveways, tiling and patios. We also do rubble and garden refuse removal. Guaranteed quality and professional workmanship. Please call Alfred on 082 407 7022 / 078 417 5151.

SPOT ON: We specialise in residential and commercial floor tile cleaning and sealing. We also do re-grouting and pre- and post-cleaning. Contact us on 063 301 7171 or 066 449 0092 or email us on gabreil.spoton@gmail.com

TENNIS FOR LIFE: Professional tennis coaching for beginners to advanced players, adults and children, individual and group lessons. BOOK A FREE GROUP LESSON USE PROMO CODE FWG032. Contact Ina on 082 859 8565 / info@tennisforlife.co.za or www.tennisforlife.co.za

TEDDY TENNIS (2 ½ TO 6YEARS): This is a curriculum-based sports programme that inspires children aged 2½ to 6 to get active and learn to play Tennis. It works by combining music, pictures and "Teddy Bear" stories into a totally interactive learning adventure that children love. Contact 074 505 3182 / wilfredattennis@yahoo.com / www.teddytennis.co.za / Instagram: Teddy Tennis Fourways.

THE CLASSICE BOUTIQUE & CLEANERS: Tailoring and alterations, commercial and Industrial laundry, shoe Rrpairs, carpet, upholstery and curtain cleaning, dry-cleaning. We collect and deliver at Fourways Gardens in the Car wash area, 7 days a week, from 7 to 7/ Call 011 074 9918 / 074 622 0735. Shop n. 40 Uranium and Granite, Fourways Gardens.

THE WINDOW LADY: We specialise in window cleaning for Estate household, companies, hotels and restaurants/Personal services, offering monthly, quarterly, twice a year and once-off service. Contact Thabang on 082 927 0081.

**TRANQUILLITY FIRES:** We do installations of wood burning fires (closed combustion stoves) and servicing (all makes). We also convert old built-in fires to closed combustion stoves, we do installation on gas piping and gas appliances. We also do servicing on gas units (all makes). Call Markus on 074 532 3839 or email: markus@transquillityfires.co.za

TREE CARE: Tree felling, stump removal, rubble and garden refuse removal, palm trimming and irrigation, maintenance and installation. Contact Frank on 076 669 1918.

**TREE FELLER:** Offering tree felling services as well as refuse removal. We can also do handyman work, painting and paving. Contact Samuel on 072 414 7585 / 082 817 5614.

**THE VISITING VET:** Get your pet treated in the comfort of your own home. Annual vaccinations, consultations, food deliveries and more. Contact Dr Christine on 0736044799 or email at drchristine@thevisitingvet.co.za

THE ULIMATE PROFESSIONAL: Painting and varnishing, waterproofing/damp sealing/plastering/rhinolite/wall paper hanging. Call Clement on 078 717 8732. For a reference please call Linsel on 082 600 1271.

**TUTOR:** Grades 1 – 9 all subjects, flexible days and times. Contact Marisa on 079 528 9366.

VOICE AND PIANO MUSIC TEACHER: Experienced music teacher in Lonehill offering tuition in piano/voice. Award-winning studio both locally and overseas. I love my profession and happy to teach from 5 years onwards. Beginners and adults welcome. Please call 082 575 4601 (Trinity exams / Theory / Eisteddfods & Talent competitions)

WILFRED TENNIS ACADEMY: Professional Tennis coaching for all ages. Free 30-minute Assessment Lesson - book yours today! Contact 074 505 3182 / wilfredattennis@yahoo.com

VUKUZENZELE CLEANING: We specialise in cleaning offices, shops/supermarkets, malls. Contact Sarah on 073 561 4136 / 081 838 6688 / ntsoakisarah4@gmail.com



**WONDERS CONSTRUCTION & RENOVATIONS PTY** 

LTD: NHBRC registered. We specialise with new construction, extensions and alterations, bathroom renovations. Contact: 011 050 7264 / 084 333 0267 / 073 110 3590 / emmanuel@wondersrenovation.co.za / www.wondersrenovation.co.za /

### DOMESTIC WORK:

**Faith:** Looking for part-time work, good with cleaning and ironing. For a reference call 084 465 1939 or call Faith on 078 498 6775.

**Nobuhle:** Looking for a great domestic worker, you have found one. Call Nobuhle on 074 768 2749, she is looking for work on Tues, Thurs and Sat. She has a valid work permit.

**Thobekile:** Is looking for domestic work full-time or part-time. Call her on 072 627 0557.

**Sarah:** Honest and reliable, shows initiative when required, she is well spoken and extremely pleasant, works 2 days per week for me and is looking for work for the other 3 days. She has certificates for various qualifications. Call 063 155 5618 for a reference or Sarah on 076 567 6109 / 061 672 2929.

Rachel: Is a punctual, hardworking and kind hearted lady. She is excellent with children and animals. She is looking for full or part-time work. Please call Shelly on 083 601 8555 for a reference or call Rachel on 074 916 1117.

Katherine: Looking for work on Mon, Wed and Fri. She has worked for me for 8 years, she is exceptional, hardworking, reliable and honest. Call Bea on 083 627 7840.

**Rebecca:** Due to relocation, Malawian lady is looking for new employment, she is friendly, trustworthy, independent and very patient with kids. She has basic CPR training and takes very good care of the house; she can also cook. She has been working for us for 10 years. For a reference call Huges on 082 466 8418 or call Rebecca on 073 880 5810.

**Modester:** Malawian seeking for full-time or part-time work liveout. She has experience with caring for children and she is honest, trustworthy and very hardworking. Please contact 073 898 0056. **Doreen:** Looking for part-time work, she is flexible with the days. She works diligently and has been known to me for 8 years and worked for me for 6 months. For a reference call Marilyn 083 753 6544 or Doreen on 078 116 4666.

Rebecca: Has worked for us for 25 years We are moving and she has now 3 days available, she is very reliable and honest, a very pleasant person. Please call her on 072 647 1865 or Marianne on 082 445 9521

**Glory:** Malawian lady looking for full-time domestic work live-in or out, she knows how to cook and bake, excellent at household chores and taking care of pets, trustworthy and honest. Call Glory on 068 281 3836 / 065 980 1451.

Thandi: Highly recommended domestic worker/house keeper, she has worked for me for past 18 years, she is friendly, polite and extremely reliable, she takes pride in her work and is always available when needed, I am relocating and Thandi needs work. Please call 083 260 5058 / gwallace@wrgs.co.za should you have more questions or call Thandi on 072 948 9656.

**Angel:** Hardworking, pleasant and eager, living in FWG, looking for domestic work. Call 062 118 4895, for a reference call Marisa on 082 600 7509.

**Silizani:** Malawian lady looking for work on Tues, Thurs and Sat. She is diligent and reliable. Call 063 827 3545 / 064 988 5747. For a reference please call Johnny on 072 992 3695.

Milliam: Malawian, seeking full or part-time work as a housekeeper live-in or out. She has experience with children and is trustworthy, reliable and hardworking. For more information call Milliam on 061 097 5828.

Joyce: Is an extremely friendly, appreciative, trustworthy, hardworking and helpful domestic worker! She is fantastic with children and has worked in our family for about 15 years! We think she is wonderful! Joyce is looking for a 'char' or 'piece' job in Fourways Gardens or even just ironing work. Joyce is available on a Tuesday, Wednesday & Friday and can start on Tuesday, 1 October. Please contact me for a reference: Lindsy on 082 739 9347.

Jael: A highly experienced and recommended domestic worker with great energy and initiative. She is great with kids and has worked in homes for over 25 years including many expats. She is looking for work on Tues & Wed. Call Jael on 082 071 4061 or Christianne on 079 466 6023

**Norma:** Due to relocation our domestic is looking for full-time, liveout work. She has worked for us diligently for the past five years and it was with a heavy heart we could not take her when we relocated overseas. She is trustworthy, reliable and efficient. She is good with children and dogs and can manage a large house. She helped us move locally once and was an invaluable part of our household. She is available immediately. For more information, please contact Norma directly on +62 923 5052 or for a reference Kresta on WhatsApp at +34 628 923 342.

### **GARDENERS:**

**Joseph:** He is currently working for me part-time and is looking for gardening work on a Wed. He is a hard worker, reliable and honest. Please contact Sally on 083 445 9888 for a reference or Joseph on 078 442 5492.

**Simon:** Looking for part-time work as a gardener or painter, available on Mon, Wed or Thurs. Please call him on 074 405 6004 or call Christina for a reference on 083 660 8944.

**Sankhani:** Due to relocation, our helper is looking for a job. He has been working for us for the past 8 years, he is very modest and of a quiet demure, pleasant, very diligent and reliable, great with general cleaning, gardening and housekeeping. Please call 078 489 3469.

**Shadrak:** My gardener for the last 20 years is looking for work on Tues & Fri, he is very reliable, hardworking, honest and very good with painting and odd jobs. Call Shadrak on 079 104 7004, for a reference call Judy on 083 630 4205.

**Derick:** Looking for part time or full-time gardening or handyman work, he is fantastic at using his own initiative, is very hardworking and has a passion for gardening. He lives in FWG and for a reference please call Shelley on 083 601 8555 or Derick on 078 285 4399.

Centry: My gardener of 12 years who works once a week is very honest and reliable. He is needing gardening work 3 days a week. Please call him on 083 981 6077 or call Yvette for a reference on 083 586 8862

Clement: Malawian looking for work on Mon, Tues & Sat. He has 3 years gardening experience. Call 063 386 4499 or for a reference call 072 293 8868.

Philip: Hardworking, knowledgeable and reliable gardener available. He is meticulous and has many skills including; planting, garden maintenance, painting and handyman skills, he is trustworthy and friendly. For more information please contact Kelly on 076 931 2153 or Philip on 084 961 7532.

**Joseph:** Reliable, extremely honest and hardworking Malawian gardener is looking for work on Mon & Wed. For a reference please contact Debbie on 083 253 1414 or call Joseph on 078 442 5492.



The Ultimate in Sleep Satisfaction

# THE COLLECTED PAPERS OF JAMES F CLARKE

BY JAMES CLARKE

ome years ago, I read that Princeton University in the United Sates was working on the collected papers of Albert Einstein. Time said it was "one of the most ambitious publishing ventures ever undertaken in the history of science".

My head fell back as I imagined somebody assembling "the collected papers of James F Clarke". Actually, my papers are already in a collected condition - piled high in cupboards, on shelves and in boxes in the garage. Finding material that might prove remotely interesting would be the challenge.

I can see it now – in the far distant future, a twoman team from the new University of Umbogintwin's

English department, headed by Professor Fanie Phello, accidentally comes across where my papers are stored and somebody says, "Ah yes, Clarke – he was a writer whose name became a household word – at least in his own house. Especially around the kitchen area."

The Prof stands, scratching his head. He is dwarfed by a mountain of paper - cuttings, tear sheets, bills, shopping till slips and lists headed "things to do" and inscribed, "fix back door, replace hall light, sharpen knives, get Band Aid, get car serviced; pick up pants at dry cleaners; cholesterol check; pick up post; black bin bags; Marmite; cheese; superglue; fix kitchen tap..."

Prof Phello speaks to his assistant, Thola Izibi: These lists of 'things to do' are endless and obviously Clarke never got around to doing them. Take 'Fix kitchen tap' - it appears on lists spread over many years.

Izibi: Prof, look over here! Cupboards full of files all labeled

**Prof:** Yes, that would be his secretary, Threnody Higginbottom whom he insisted on calling 'Miss Smith'. She filed everything under M for Miscellaneous.

Izibi: It's mostly letters from readers. It appears they used



to write his columns for him - at least that's from where most of his ideas came. And piles of letters from his medical aid fund.

**Prof:** Medical aid? That could be interesting – they might tell us something about his health.

Izibi: The letters are mostly to inform him that his medical fund is not prepared to pay his Wine Club bills and that he must desist from trying to claim them each month. It appears he read somewhere that red wine was good for the heart and he felt it should be considered as 'chronic medicine'. He also used to send them his bills for All Bran and for roast chickens from his local deli.

Prof: Chickens?

Izibi: Yes, he claimed if you ate a chicken a week – what with all the antibiotics and

other muti that producers feed them - you would be immune from any diseases known to man. He also tried to charge them for an apple a day and...

**Prof** (interrupting): Ah, what have we here? A letter from Buckingham Palace! It's from the Queen's assistant deputy private secretary, Sir Percy Snodfellow, begging Clarke to stop asking the Queen to write a foreword for his proposed book titled *Prince Charles and Me*. It appears he once met Prince Charles only once and shook his hand and said "How d'you do?" That, for a journalist of Clarke's calibre would have been the basis for a ganglion-flattening book.

**Izibi:** We must surely find something that gives an insight into what sort of fellow he was. He rose, after all, to head the biggest society in South Africa - Densa, the club for those too stupid for Mensa, the society for the highly intelligent.

Prof: Yes, that figures.

**Izibi:** But, Prof, when you examine these cuttings, Densa had some great ideas. Imagine if Densans had taken over South Africa! He planned to take over Eskom and make it profitable. SAA too and SABC. He planned to get traffic cops to come out from their hiding places and help fill in potholes...

Prof: You seem to be impressed by Densa.

**Izibi:** (Cough. Cough.) My great grandfather was a closet member.



## FROM THE MOTORING EDITOR'S DESK

Welcome to our first Motoring Feature brought to you in conjunction with MotorMatters.

MotorMatters was born as a weekly radio show, and since then has expanded into the production of You-Tube videos, has established a solid social media presence and is a regular guest on both Ignition TV and Buyers Guide. I've been honoured to be included on the panel of judges for the annual Gumtree Used Car Awards and I am a full member of the SA Guild of Motoring Journalists.

In printed format, MotorMatters has become an integral part of the Motoring element of EIA Publishing's estate magazines and has done many reviews of well-known brands over the years for these quality coffee table publications.

We have always striven to approach our reviews from the perspective of the man, or woman, in the street - less technical jargon and easier to read information that you can understand. The approach to testing the cars is to see how they fit into our normal lifestyle – in other words, if this was my car that I used every day, would it suit my specific needs and requirements?

Safety is paramount and being responsible is a duty. You may notice that acceleration times, top speeds and such are seldom even mentioned. More important is how the car concerned behaves and is suited to

real world driving conditions. From my side, I have a general preference for automatic gearboxes which purists may decry.

Safety features in all test cars are always stressed, on the basis that the safety of you and your loved ones should be your most important consideration when choosing your next car.

Take your time to read through this feature - we've tried to include a wide range and variety of cars that suit all your various needs.

I would like to extend my thanks to the manufacturers and the many dealers for your ongoing support and faith in getting us to this new milestone.



Alan Rosenmeyer

Your feedback and comments are valuable to us, feel free to email me on alanr@motormatters.net.



here have been cars through motoring history that could be described as legends, but then a few go on to achieve cult status. The Toyota Supra definitely falls into this category.

First launched in 1978, 4 generations were produced through to 2002, with the last (A80) version still fresh in the memories of petrol heads worldwide. This was a car that allowed endless modification of both body and engine to absolute extreme levels.

During a long gestation period of the new A90 version, many purists were shocked to hear of twins in development that were separated before birth. Toyota were determined to continue the Supra bloodline of a straight 6 engine under a long bonnet with rear wheel drive. They found a natural partner in BMW who have worked long and hard at the same formula. And so, the non-identical twins were conceived.

The platform was co-developed, the engine and drivetrain were from the

German parent. The interior is largely German too, with some Toyota cues. Then came the separate development. BMW will be convertible only and the tintop is reserved for Supra . . . big cheer from the performance purists. Chassis tuning and handling specifications were also the responsibility of the separate teams.

Enter the A90 Supra coupe. Long bonnet and short tail in the best traditions. Flowing lines and WIDE rear haunches. Low and sleek. Everything



about the styling screams sports coupe.

The 3L straight 6 with turbo provides 250kW and 500Nm to give electrifying performance to accompany the superb handling. (I had the opportunity of a few laps around the Kyalami Race Track to prove this fact). The Supra has an official 0-100km time of 4,3 seconds and a 250km/h top speed.

Of course, the question is how practical is the Supra for everyday use? The 8-speed automatic transmission is ultra

smooth and can be docile in traffic. Then you can awaken the beast within by simply pressing the SPORT button alongside the gear shifter.

The GR version Supra comes with all luxuries and specification that one would expect. The standard sports seats are very comfortable and electrically adjusted once you have eased yourself in. Another surprise is the very large 294L luggage space under the rear hatch, which is certainly large enough for a set of golf clubs or luggage for a weekend away.

First and foremost, this is a car for driving. The on-road experience certainly delivers in every aspect. Then you just have to look at it... beauty may be in the eye of the beholder but I personally believe they have it spot-on.

For more information, visit the Toyota website at: www.toyota.co.za.

And watch our full video review on this link: https://www.youtube.com/watch?v=USIVIBioUr8

# COME ON HOME TO SUZUKI KYALAMI



uzuki Bramley have always been known for their warm, friendly service and treating customers as family. Its new sibling, Suzuki Kyalami located in Barbeque Downs, was born specifically to bring the same Bramley Family ethos to the Kyalami, Waterfall, Sunninghill and Midrand areas.

Having achieved great success at Suzuki Bramley, as well as achieving the Suzuki Dealer of the Year award on 5 occasions, CEO Clive van Kerckhoven matched the desire to expand the Suzuki business with the opportunity he spotted at the perfect site located on Woodmead Drive in Barbeque Downs.

According to Clive, the decision and need for growth was top of mind and this was cemented when one morning he turned left at Waterfall instead of right on his way to work. Ending up at the site now known as Suzuki Kyalami, the rest is history. The largest Suzuki Dealership in SA sparked into life based on that decision to follow another route to work with the aim of exploring the opportunity in the Waterfall/Kyalami area and the urge to turn left. He calls it serendipity.

With the site and the franchise secured, the next and hardest step was putting















together the right Team that would live the ethos and culture that has been built at Suzuki Bramley over the years. Through coaching, nurturing and caring, that Team is now in place - their aim is to serve their customers' needs first and foremost.

Another of Clive's philosophies is "A happy service customer becomes your next sale". The practice of providing expert and friendly service in the servicing and parts departments at highly competitive rates supports their goal of always looking after and retaining their customers and establishing a long term relationship with them.

Interestingly, in a car market where nationally 3 used cars are sold for

every 1 new, the ratio at Suzuki Bramley and Kyalami is 5 new cars to each used car sold. This demonstrates the fantastic value for money and reputation the Suzuki product represents and the willingness of the Suzuki Kyalami Team to do the best deal possible.

Sales in the first 5 months at Suzuki Kyalami have already exceeded all expectations.

Come home to Suzuki Kyalami and meet their friendly, professional team to find out for yourself!

### Suzuki Kyalami

127 River Rd, Barbeque Downs, Kyalami. Tel: 010 541 0700



SuzukiKyalami.co.za

Promotional 5 year/200 000km warranty valid until 31 August 2019.



## MAZDA3 HATCH 1.5L INDIVIDUAL AUTO

Powerful and seductive with compelling sporty appeal

rue to the Mazda 'Kodo' design style, the latest generation Mazda3 1.5L version in hatchback guise is extremely edgy and sharp looking.

The engine gives 88kW and 153Nm, certainly plenty for general driving and urban use. The 6-speed automatic transmission is generally smooth although I prefer to avoid the Sport button as this tends to change the shift points to a stage where I feel the engine is revving a bit too high and holding the ratios a touch longer than I prefer. The easy answer is to simply avoid Sport and stay in standard mode.

Our fuel economy for the test period was 7.3L/100km and I'm certain that most owners will be able to match this in overall use.









Over the past few years, Mazda have made clear their intentions to move upmarket and compete in the more prestigious section of the market. There are many signs of this intention as soon as you enter the vehicle - with soft-touch materials throughout and luxury finishes and quality immediately evident.

The Mazda3 is offered in four trim and specification levels with the top Astina level being offered exclusively with the larger 2L engine.

The test car was the top spec 1,5 Individual version. All versions offer items such as head-up display and

many other items, with the test car adding leather trim and a larger infotainment screen.

As always, with so many model options available, a buyer needs to investigate very carefully what is important to the individual. Once you are settled on the brand and engine, then look at the spec level. Personally, I found that there are a few items that are standard on the Astina that I would want on my car. These include a rear camera (especially with the wide C-pillars on the hatch body) and standard navigation. Then the Astina adds further safety items such as lane-departure, blind-spot warning and cross-traffic warning. I can't

stress the importance of all extra safety specifications enough.

Looking at the range, I feel that my personal choice would be to go for broke with the Astina priced at only R40 000 more than the test car yet adding all the extras as mentioned. Otherwise, I would sacrifice some spec and simply choose the Dynamic version at R50 000 less.

The Individual version is currently priced at R434 700 and includes the unique Mazda 3 year/ unlimited mileage service plan.

Watch a full video review on this link: https://www.youtube.com/watch?v= NrfQUec3AIM





### THE NEXT-GENERATION MAZDA3.

Introducing the elegant, stylish and sensational Mazda3 crafted with the impressive KODO design made to turn heads. The Mazda MZD Connect system with Apple CarPlay™ and Android Auto™ complemented with the 12 Speaker BOSE® sound system, aims to entertain while the Head-Up Display helps you keep your eyes firmly on the road. For an even better driving experience, the Next-Generation Mazda3 also comes with Blind Spot Monitoring and Rear Cross Traffic Alert to expand your view all around your car and beyond. The Next-Generation Mazda3, a drive you need to feel to believe.

Visit mazda.co.za for more information.







The new colour scheme and fascia showcasing the Citroën branding.



Gary Bakos with Xavier Gobille of Peugeot SA



Ashleigh Venter and Garv Bakos with Sasha Martinengo of LM Radio



Ashleigh and Gary with Robert Weimand of Citroën



## **NEW PEUGEOT PRIDE CAMPAIGN UNVEILED**

Fully committed to their involvement in the community, Peugeot-Citroën Fourways is going another extra mile for their customers as they embrace the new Peugeot philosophy embodied in the Peugeot PRIDE campaign unveiled recently.

As of 1 September 2019, Peugeot Pride is offered across the entire Peugeot passenger car range for all new Peugeot vehicles purchased from that date and covers:

- 5-year/100 000 km warranty and service plan across the range.
- · Peace of Mind: courtesy car, Peugeot parts basket, complimentary vehicle health check.
- · Customer Experience: a personalised service customers can enjoy.
- · Safety: 6 airbags across the range, Microdot, dedicated Apps connected to the car, and optional safety film and tracking solutions.
- · 360° Service: licence renewal reminder, roadside assistance, my Peugeot App.

The benefits of the five-year 100 000km warranty and service plan will allow

Peugeot new car owners to plan their motoring budget accurately with no hidden costs to worry about during the plan period. Peugeot Pride also extends to ensuring that every Peugeot vehicle is professionally maintained, using only Peugeot original parts which will enhance the ownership experience through product and service excellence and also boost resale value.

"Peugeot has geared its whole philosophy towards customer retention," says Dealer Principal of Peugeot-Citroën Fourways, Gary Bakos. "They have put a lot of effort into rebuilding the brand and we are backing them up through our social involvement and commitment from our staff."

"Now that we have welcomed Citroën back, there are exciting times ahead," he continues. "We did major alterations to our premises to accommodate Citroën and the response from the marketplace has been phenomenal."

"In September, we launched the eagerly awaited Peugeot 108 and Peugeot 5008 and in October, we welcomed Citroën back at an exclusive launch event," adds Ashleigh Venter, General Sales Manager the Peugeot-Citroën Fourways dealership. "We believe there's a good synergy between the two brands and there's a lot of interest in the new models unveiled for both brands."

Celebrating 10 years of revival in SA and Mozambique, LM Radio has also enjoyed a good synergy between themselves and Peugeot-Citroën Fourways since March, when two Peugeot vehicles were presented to the radio station for use by their executives.

Anyone who would like to enjoy the new Peugeot-Citroën Fourways vibe, be sure to pop into their dealership on 9 November and 14 December when LM Radio will be broadcasting live from their showroom.

Contact: 011 467 9340/1 for more information or to book your car in for a service. Open Mondays - Fridays from 7.30 am - 5.30 pm, and Saturdays from 9.00 am - 1.00 pm.

### PEUGEOT 108 1.0 ACTIVE IMPRESSIONS

As part of the new Peugeot Pride marketing offensive, Peugeot have just launched the 108 city car. Powered by a 1L 3-cylinder petrol engine with 53kW, it's a typically peppy and buzzy little car on the road, making it perfect for urban use at less than 4.5m in length.

Peugeot have packed this little car with big features - from 6 airbags to hill-start assist and up-to-date connectivity on the large touchscreen, as well as Apple Carplay and Android Auto included. The 5 year/100 000km warranty and service plans are also unique in this market segment.

Boot space of 196L can be expanded by dropping the split rear seats for loading ability.

The 5-speed manual gearbox is typically light and smooth, making the 108 a cinch to drive around town.

The current price of R179 900 makes this an interesting new alternative in the market segment.







### PEUGEOT PRIDE: you're not just buying a Peugeot, you're joining the PRIDE!

### PEUGEOT 5008 2.0HDi AUTO GT-LINE IMPRESSIONS

The 5008 has just been added to the local SUV line-up as the largest member of the family, now offering a 7-seater option.

Powered by the tried and tested 2L 4-cylinder diesel engine giving 110kW and 370Nm, it's no slouch as I proved on a quick cruise through the twisties to Hartebeespoort. Handling is also excellent for a larger SUV. The 6-speed automatic transmission is seamless in operation with flappy paddles if you want to indulge.

The exterior styling has a strong family resemblance to the 3008. Internally, the top spec GT-line provides all possible items there for your safety and comfort-from the distinctive i-cockpit configurable dash and its stubby, small flat-bottomed steering wheel, to the large infotainment screen and overall feel of quality throughout.

The middle row provides separate aircon vents and provides 3 separate seats instead of the traditional bench. Access to the 2 small seats in the third row is achieved by dropping one of the outer





seats in the middle. Legroom for the rearmost seats may be limited but they are certainly comfortable for kids.

With all 7 seats in use, boot space is limited as in all similar cars. But as a





5-seater, you have access to a massive 780L boot capacity.

The GT-Line is currently priced at R599 900 including a 5 year/100 000km service plan and warranty.



ith Ford's new 2L bi-turbo diesel under the bonnet and the sublime 10-speed auto transmission as standard, the new Ford Ranger Raptor lives up to its name. You need to see it in real life to perceive its sheer bulk and presence on the road. Raised ground clearance and ride height, wider tracks and, of course, the upgraded suspension with Fox shocks give it supreme off-road ability.

For the road test, we decided to take the Raptor into the Magaliesberg for the weekend and we arranged to spend a few nights at Steynshoop Mountain Lodge. The venue was chosen once we discovered that it required over 7km of poor quality dirt roads plus a climb up the mountainside to reach the lodge. That was absolutely no challenge for the Raptor. The occasional use of '4 high' was not even necessary – but I certainly wouldn't want to take my sedan up there!

The first factor that actually stood out on the trip was the quality of the onroad ride. I would rate this as one of the quietest double cabs that I have experienced in terms of tyre noise, which was much less than expected thanks

to the special BF Goodrich tyres that have been specifically developed for the Raptor.

The cab is spacious and fully equipped to almost executive car level. Sports seats in front, Ford's Sync 3 infotainment and connectivity system and many other features stand out.

The engine delivers 157kW and 500Nm and pulls excellently in all circumstances while still delivering average fuel economy of around 10L/100km. This can obviously increase when doing the type of off-road driving that the Raptor is so capable of.

The 10-speed automatic box seems far better suited to the bi-turbo version than it did in the slightly lower-powered single turbo Ranger double cab that we tested

Fourways Gardens • 54 • November 2019

recently. Then don't forget the selectable modes that are available depending on terrain and conditions. I don't think I will ever forget 'Baja' mode during the launch!

Currently priced at R786 400 including a 6 year/90 000km service plan, the Raptor may not be for everybody, but it easily fulfils its role as a halo model for Ford South Africa. Alternatively, if you have any plans for some off-road racing, then this is the one for you!

Check out our initial impressions from the launch using this link:

https://www.youtube.com/watch?v=ma PNm

Watch our full video review on this link: https://www.youtube.com/watch?v=CnKveJvA7I8





supa guick(

TYRE EXPERTS | CLOSER TO YOU

SUPA QUICK KYALAMI Kyalami Downs Shopping Centre, Midrand Cnr Main Rd & Kyalami Boulevard 011 466 6076

FLEET ACCREDITED **BRIDGESTONE** Firestone



Magwa Crescent, Waterfall City, Midrand Parkade Level C3, Entrance C, Next to Entrance 11 011 805 0847 | 072 561 2029 mallofafrica@sparklingauto.co.za | www.sparklingauto.co.za



## r Services



Auto detailing

Dent repair

**Paint** repair

Headlight renewal

Respray

Paint polish

Odour removal

1 Bradfield Drive, Off Monte Casino Boulevard, Fourways

Auto Body Mag repair



















Chassis & engine

Wheel Align & balance

Paint

Stainless steel protect

rental

Windshield repair

Smash & grab

Windshield replacement

Training

W/eb café





















### **Terms and Conditions Apply**



Only available at selected outlets Some services are outsourced. Highly acclaimed training centre at Potchefstroom head office











### **FOURWAYS GARDENS R5 995 000**

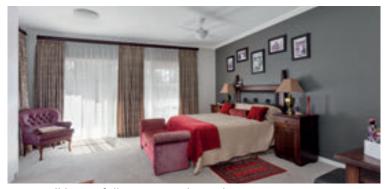
WEB Ref: 3676168

THIS SUPERB, SUNNY HOME IS SITUATED IN ONE OF THE BEST POSITIONS IN FOURWAYS GARDENS.

It offers: large open plan entertainment rooms with feature fireplace, brand new kitchen opening onto entertainer's patio and large, level, very private garden with pool. 4 Sumptuous bedrooms and 4 elegant bathrooms. Separate study, guest cloakroom, large playroom/work from home/guest suite with en-suite bathroom and kitchenette.







All beautifully renovated. Fresh & new! A must see!





