

October 2017

QUIZ NIGHT HOTS UP! Create a Vertical Garden 12 Years of Drama Dog Walk & Kite Day

Travel: Wakkerstroom

Published in close co-operation with the Fourways Gardens Home Owners Association

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Emergency and Medical Response Netcare 911	011 467 1400 011 444 2237 082 911
Council Service and Enquiries:	011 375 5555
In case of emergency: Douglasdale Police Station ER 24 Emergency	011 699 1300 084 124
Police/ Flying squad	10111
Life Hospital	011 875 1000
Eskom	086 003 7566
City Power	011 375 5555
Joburg Water Water/Sanitation/ Sewer problems	011 375 5555 011 375 5555
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FOURWAYS GARDENS Residential Estate

Thank you to all who joined us for the Dog Walk & Kite Day event.



FOURWAYS GARDENS

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Estate News

FROM THE FWG HOA GENERAL MANAGER

Interesting trend reflecting the property market right now

HIVING ON THE RISE AGAIN

For both economic and security reasons, households made up of several generations of the same family are on the rise again in South Africa, and estate agents are reporting a marked rise in multi-generation home purchases, with parents and children or parents and grandparents pooling resources to buy a residential property that will accommodate them all.

There has recently also been a rise in demand for homes with multiple granny flats or separate cottages to accommodate retired parents, newlyweds or working singles in the same family. "At the same time, many retirees who already own large properties are now building themselves a retirement cottage on the same stand while one or more of their adult children move into the original family home."

One of the main drivers of this trend is declining affordability in the current economic climate, especially for the young and the elderly, as well as concerns over crime and personal security.

"But multi-generational housing also delivers many social benefits for the families concerned. For example, retired parents who live on the same property as their children might do it primarily to stay close to their grandchildren – but at the same time may also be relieving the pressure on scarce state housing for the aged.

"In any case, we expect hiving to continue gain ground in SA, and to see specific home designs begin to emerge to meet the demand."

Sometimes a Bark Can Feel Worse Than a Bite Bites eventually go away, but barking can go on, and on, and on. Sometimes, it seems



that there's almost nothing you can do. But take heart! There are some steps you can take to put a civil end to all that noise. First, don't blame the dog. It's not his fault. Second, don't automatically blame the neighbour.

They may be at work all day (or night), completely unaware that the dog is barking at all. The very best thing you can do is to politely remind your neighbour that the dog is barking incessantly while s/he is away. If the owner is aware, and just doesn't seem to care, there are legal steps that you can take. If you're the owner of a barking dog, try to remember that your neighbours really don't want to report you. They just want some peace and quiet. The sound of your barking dog may make you feel secure, but it's nerve-wracking to others. There are lots of reputable dog trainers who can teach you how to quiet even the most boisterous barkers. Responsible pet owners make great neighbours!

Dogs

With the number of residents increasing, barking dogs and dogs messing in the roads and parks are coming to the fore. We would ask anyone bothered by the first to approach the "botherer" in the first instance in as friendly a way as possible before the HOA intervenes. As for the latter, please take a plastic bag or suitable equipment and pick up your dogs' mess from any common area.

Keeping Your Home Safe from Burglary

Here are a few tips that you can use to help decrease the chances that your home will be burglarized:

- Give your home a lived-in look to deter burglars. Inexpensive timers set to turn on lights in different rooms at different times usually work best.
- Close drapes and shades so that it would be impossible to detect interior motion from

the outside, especially in high-traffic areas such as the front room and kitchen.

- Place lamps close to windows to obscure the view into a room.
- Leave a radio on. It signals a burglar that someone is home. Also, turn the volume adjustment on your telephone bell down so a prowler will be less likely to hear the ringing of an unanswered bell.
- Secure windows and doors with secondary locks.
- Get to know your neighbours and let them know when you are going out of town so that they can keep an eye on your home while you are gone.
- Don't open your door to anyone you can't identify or can't verify their identity.
- Don't wear expensive jewellery out in everyday situations – don't advertise.
 Someone might spot you in a store, mall, etc. and follow you to find out where you live.
- If you notice someone walking around your community wearing a uniform, overalls, or a clipboard, and they (or the uniform) doesn't look familiar, don't hesitate to ask for identification. Many burglars will "research" prospective victims by using this approach knowing that very few people will ever question them.

House Alarms

We would encourage you to regularly review your own security arrangements and so that you have a sense of what the Estate provides if you don't already know, have a word with Noel Hans, our Xone Supervisor. Then you will be in a good position to decide what you should do with Securerite. They in turn will be conducting house calls either in person or by phone in the not too distant future and we need to get the numbers of subscribers up to the magic number of 100 so that we can get a dedicated vehicle.

Kind regards Gary Haynes General Manager

The Fourways Gardens Estate Magazine focuses on the Fourways Gardens Residential Estate. The magazine is distributed to all residents at the guardhouses. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd on behalf of Fourways Gardens Homeowners Association. The opinions of workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of the Fourways Gardens Residential Estate.

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SECURITY RISK ASSESSMENT

24/7 Security Services has been appointed as the security service provider for Fourways Gardens effective the 1st of September 2017. We have conducted an extensive Security Risk Assessment of the entire Estate, which has been submitted to the Committee. The Assessment not only covers the current risks but includes recommendations to minimise the areas of concern.

Following the Introduction Evening that was held at Fourways Gardens on the 20th of September 2017, we would like to share some information with residents:

BACKGROUND

24/7 Security was established 14 years ago by the current owner, David de Lima, who has developed the organisation, combined with an extremely competent directorship, and management team, to currently be a force to be reckoned with. The Head Office is based in Wynberg. There are two regional offices, one in Pretoria and one in Pinetown, KZN.

Our current portfolio of clients is diverse – it comprises of guarding of individual residences, 40+ residential estates, most of the prestigious private schools in Joburg and Pretoria, and monitoring and armed reaction to businesses, homes, industrial areas and more. 24/7 Security is also active in the Hotel and Gaming Sector, as well as securing the Bakwena toll roads in Gauteng.



Stay in touch

FOURWAYS GARDENS FOCUS

At the onset of the assessment of Fourways Gardens, the following areas of concern were noted and are currently being addressed:

- 1. Poor control of subcontractors onto the Estate.
- Outdated access control systems – this is currently being addressed by the Committee.





- 3. Inadequate CCTV and monitoring infrastructure, both internal, perimeter and at the access and egress gates.
- 4. The inaccurate data with regards to the residents being linked to the Fourways Gardens Control Room.
- The inadequate layout of the current offices which contains the permit office, control room, and surrounding area.

24/7 Security, in conjunction with the Committee, are committed to addressing the above areas of concern in order to store, supply and extract data as and when it is required. This will mean a mind shift regarding the increase of both on- and off-site technology and the consistent monitoring thereof.

We have appointed Patrick Bhebe as site manager who joins us from OR Tambo International Airport and has extensive experience within the security industry. We have retained Ricardo Naidoo as the Assistant Site Manager – he has extensive knowledge and experience of Fourways Gardens and the day to day flow of business.

All other staff has been selectively recruited, or transferred from other estates, to add value to your Estate. All Special Operations Teams (SOT) have undergone stringent training with regards to reaction, and all are trained as per SASSETA firearm requirements.

The Fourways Gardens Control Room will soon undergo an upgrade, with the main 24/7 Security Command Centre being in control of the Estate, in conjunction with the on-site Control Room.

24/7 Security's medical response partner is Netcare 911, which will respond to site in the case of a medical emergency.



We look forward to suggestions and recommendations via the Estate Manager, Gary Haynes, which we will address accordingly.

TUSON PROPERTIES

In an ever-changing property market, it's good to know where you stand. For assistance with both sales and rentals,

please call Dee Thomas 083 375 5646 or Sally d'Hotman 082 442 7693.







LET'S TALK... REFERENCES

Tyson Properties and special mention to their rental team have surpassed all our expectations with securing a rental for our house in today's depressive market. From start to finish we cannot fault their excellent service! Tiffany Wardle

We highly recommend both Dee / Sally and Tyson Properties for their professionalism in renting our house. Nic Scheijde and Maria Vall-Serra Dee and Sally can be highly recommended for their professionalism in securing tenants for our 2 rental properties, and have made the whole process easy for us in such a short space of time. Lori Pinnick

Dee and Sally, of Tyson Properties were true to their word. They found us a tenant for our house, in these difficult times, and manage the property for us, leaving us totally stress free. They have eradicated all the pitfalls that we have experienced in the past when renting properties. John Pledger



DESPITE A TOUGH MARKET, THE TYSON RENTALS TEAM CONTINUES TO EXCEL! THESE PROPERTIES HAVE BEEN RENTED IN THE PAST 6 WEEKS



Estate News

FWG ACTIVITY PROVIDERS

TIME	SUNDAY	MON	IDAY	TUES	SDAY	WEDNESDAY	THUR	SDAY	FRIDAY
08:00		Outdoor				Outdoor Fitness Classes			Outdoor Fitness Classes
08:30		Fitness Classes		Pilates - Trace	ey (8:30-9:30)	(8-10)	Pilates	- Tracey	(8-10)
09:00		(8-10) Rhona	Yoga - Wendy	082 894 6096		Rhona Williams 083 600 1868	(8:30-9:30)		Rhona Williams 083 600 1868
		Williams 083	(9-10:15)			005 000 1000	082 89	4 6096	005 000 1000
09:30	Yoga with Virusha Gowrie 072 500 7215 virusha.gowrie@gmail. com	600 1868	011 465 7155 083 400 6211						
10:00						Cristina (10:00-11:00)	Nunu's an	d Nannies	
10:30						Flamenco Dance 076 521 8750	(10:00-12:00) Vanjee Smith 079 1800 330		
11:00							vanjeeleign	@gmail.com	
11:30									
12:00									
12:30									
13:00									
13:30									
14:00						SmartPlay Soccer	SmartPlay	Ballet	
14:30						(14:00-15:00) Vincent 078 1223 944	Soccer (14:00-16:00) Vincent 078 1223 944	(14h00-14h30) Nicky Ridley 072 2388 063 nickyridley33@ gmail.com	
15:00						Helen O'Grady Drama			
15h30		Debbie (1	5:45-16:45)			Academy (15:00-18:00)			Yogabats (15:30-16:30)
16:00		Jazz - 082 425 6098				Kerry Holbrook 083 410 2940 www.dramaafrica.com			Desley White 011 465 1939 / 084 465 1939
16:30				Goju-Ryu (16:30-19:30)			Goju-Ryu (16:30-19:30)		
17:00		Cristina (1	7:00-18:00)	Stef and			Stef and		
17:30		Flamenco Dano	ce 076 521 8750	Roberta 083 384 3026 /			Roberta 083 384 3026 /		
18:00		3	dy (18-19:15)	083 309 5352	FWG Running	FOR HOA	083 309 5352		
18:30		011 465 7155	/ 083 400 6211		Club secretary@	AND AGM MEETINGS		Club secretary@	
19:00					frra.co.za			frra.co.za	
19:30					Mandy 083 462 2725			Mandy 083 462 2725	
20:00									
Clubh	iouse Pt	ase 2 Outsic	le Pha	se 2 Soccer	Nets All	fees and times to be	confirmed wi	th the activity	provider concerned.

Fourways Gardens • 8 • October 2017



12 Years of DRAMA!

At the age of 22 years old, a young lady named Kerry Chapman left the comfort of her parents' home in Durban and made the great move to the BIG CITY! Her goal was to open her very own franchise of The Helen O'Grady Drama Academy in Johannesburg's northern suburbs, an academy she had found her passion in. We chat to Kerry to find out a little more about her Academy.



How did you get involved with The Helen O'Grady Drama Academy?

Dean and Kerry

I started teaching drama classes in 2005. I was starting my Drama and Performance Studies Honours year at UKZN and I needed a part-time job that could pay for my social life (oh to be young again). I thought I wanted to act and become a "star"! Then I started teaching for the Academy and my whole world changed. The amount of passion, joy and energy teaching had sparked inside of me... I just felt like I was in the right place. Don't get me wrong, I love performing, but, jeepers, teaching for me is so much more fun! The Academy has the most wonderful internationally developed programme – I saw how it was changing students right before my eyes.

What made you want to teach instead of pursuing an acting career?

Teaching drama gives me the best of both worlds... I get to feel the joy and pride of watching a student grow as an individual, but I don't need to spend hours and hours marking. That's why I've stuck around with this Academy for so long. There is something so beautiful in the activity of drama without having to be judged, or graded on it. Without that added pressure students can open their minds up to being more creative and not worry about the outcome; it's the process that's more important than the product!

Do you think anyone could teach drama?

No. In our Academy you have to have a Degree in Drama or teaching, but I still don't think that is enough. When I interview for teachers, I look for certain qualities that show me the

person is not in it to just carry them over to the next audition. Not everyone can teach and just because you're a great actor does not mean you are a great teacher. If I can offer any advice to anyone who's just graduated with their Drama Degree... go and teach part time. It is a humbling experience and you will very quickly see if you're meant to be acting, or teaching acting.

You have been with the academy for 12 years – what keeps you motivated?

I'm in my 12th year of teaching for the Helen O'Grady Drama Academy... and every day I get to feel that same joy and excitement I felt on Day 1; to me it's like that moment you walk on to stage full of readiness, only my audience is up close and personal and I can directly see the impact I make on their lives. I know that I can get other jobs, I know I could probably make more cash working a solid 8-5 job... but where's the fun in that. I've

watched my students grow from teeny tiny self-conscious 7-year olds, to overly confident and determined 17 year olds. The privilege of watching them grow is priceless! When I'm exhausted after a full term of teaching I remind myself of this quote by Maya Angelou "When you get, give. When you learn, teach."

In 2008, Principal Kerry Chapman launched the Helen O'Grady Drama Academy in Fourways Gardens Estate. The Academy runs in several estates, schools, recreational centres and activity facilities across Johannesburg and South Africa. Kerry is passionate about the benefits drama can bring to individuals, both young and old. The academy has an international curriculum that is targeted at students as young as toddlers all the way up to adults. Through the actionpacked, fun lessons students develop life skills such as social and communication skills.





Monthly Draw – August 2017

Mr John Pledger, stand 56 Karob Crescent, was drawn as the lucky draw cash pot winner, but he was not in attendance. The September draw will therefore be for R2,000!

Our lucky draw prize winners for the evening were:

1st Lucky Draw – Kelly-Gene Guerin 2nd Lucky Draw – William Dwyer 3rd Lucky Draw – Gillian Miller Anyone in attendance stands a chance to win the lucky draw prizes! Our cash prize is for homeowners only and all owners in good standing are automatically entered into the draw. You have to be in attendance on the night to claim your prize. If not, Century 21 will donate another R1,000 that rolls over to the next month!

Remember, you have to be there to win!

The Monthly Draw takes place on the last Friday of every month in the Clubhouse at 19h00!





Rules for the monthly draw: Anyone in attendance stands a chance to win one of the lucky draw prizes. Simply complete your details on an entry form and you can win one of three beautiful lucky draw prizes.



HAPPY HALLOWEEN!



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Web Ref: 21DN-2441



Web Ref: 21DN-2511





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Our Specialist Fourways Gardens Estate Agents:

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Tania Heurtaux	&	Joep Rijn
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FWG Gardening Club

FOURWAYS GARDENS GARDENING CLUB

Source: University of California Cooperative Extension: Sonoma County Master Gardeners

Create a Vertical Garden Using Succulents



he ultimate form of vertical gardening is the living wall. Many large scale living walls are grown in soilless environments using hydroponics, a system that provides a constant nutrient rich water supply. However, given their cost and complexity, these are not really suitable for the home gardener. Nevertheless, a small picture-sized version of a living wall can be made easily using a vertical planter box, cuttings and offsets or 'pups' from succulent plants or small herb starts.

Below are directions for creating a living artwork using succulents. However, the same procedures can be followed using small herb, grass and perennial starts. Succulents are easy to use as they have shallow root systems and can grow in a small amount of soil. They also are able to go for long periods of time without water – something to consider in our current water crisis. These properties make succulents ideal plants to use when creating living art.

Step 1: Collect your materials and tools 1. Planter boxes

Planter boxes can be constructed. However, it is easier to use an existing box, such as a



wine or apple crate. Preassembled frames or planting bags can be purchased on line. It is advised to stick with smaller boxes - no larger than 45x60 cm and approximately 5 cm deep, as the soil in larger boxes may slump down.

- 2. Wire hardware cloth
- 6 mm wire mesh is advised.
- 3. Cactus planting mix
- 4. Cuttings or small rooted succulent plants
- 5. Cutting preparation

Succulent cuttings are prepared by removing offsets of rosette type plants. Alternatively, stem cuttings can be taken from other succulents. All stems should be 6-13 mm long. Prepare enough cuttings to fill the entire space to be planted. For example, a 30x30 cm box will require approximately 100 plants. Store the cuttings in a cool, shady place for several days until a callus forms over the end, as this prevents rot.

- 6. Wire cutters
- 7. Old spoon, fork or small trowel
- 8. Screw driver

9. Hardware for hanging the planter Hooks, screws etc.

Step 2: Prepare the planter

1. Attach the hardware cloth to the front of the planter box

The wire cloth can be attached to the front edge or, for a neater appearance, cut and folded to fit inside the box. Secure it with screws.

2. Fill the box with planting mix

Pour a small amount of dry mix on top of the mesh, working it through with your fingers or a spoon.

3. Lift the hardware cloth

Gently use the fork to allow the soil to fall through, then shake the box to distribute the soil evenly.

Vertical gardens provide an opportunity to use every bit of space available in a small garden. They are also a way to create living artworks. Vertical gardens can be made using all types of low-growing or cascading plants including herbs, grasses and groundcover perennials. However, the most popular forms of vertical gardens are those using succulents.

Step 3: Plant your box

Arrange plants within the frame
Place larger plants as focal points and gently
push the stems through the wire mesh, cutting
it to make larger holes if necessary.
 Don't water the plants until roots form
This will take 2 to 3 weeks, or even longer,
depending on the type of plant. Once roots
begin to form, start watering using sufficient
water to dampen soil all the way through. Take
care not to over water.

Hang your planter

In approximately 8 to 12 weeks, when the plants are well-rooted in the planter, it can be hung vertically.

Step 4: Maintenance

1. Ensure adequate sun Hang your living picture where it will receive filtered sun.

2. Rotate the frame occasionally This is necessary because the plants at the top receive more light and can shade those planted below.

3. Water once a week

Remove the planter from the wall and lay it horizontally. Use sufficient water to dampen soil all the way through, taking care to not over water.

4. Fertilize once a month

Use liquid fertilizer at 1/4 strength.

5. Trim and thin plants as needed

Replace plants that are not thriving.

6. Replant if necessary

If the soil becomes compacted or slumps to the bottom of the frame, it is time to replant your living picture.





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"Choosing a goal and sticking to it changes everything" Scott Reed

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f in

FRANCESCA Beattie properties property • art • gardening • diy



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Realgreen joined in the fun of Spring tree planting at Fourways Gardens on 07/09/2017. We bought two Combretum trees which were planted at Phase 1 and 2.

The residents and children all joined in the action and assisted the RealGreen team with planting these two trees. A lot of fun was had by all, especially the kiddies who were keen participants.

Arbor Day is a special day that is set aside throughout the world to raise awareness of trees and the important role that they play in our environment and the importance and benefits of keeping our environment as green as possible and emphasis placed on the important role they play in the circle of life.

Trees can no longer be taken for granted and it is important that we all learn more about trees and the role that they play in order to fully appreciate their place in our environment.





Trees create an ecosystem to provide habitat and food for birds and other animals. Trees absorb carbon dioxide and potentially harmful gasses, such as sulfur dioxide, carbon monoxide, from the air and release oxygen. One large tree can supply a day's supply of oxygen for four people.

Thus, trees play an important role in our life and we should preserve trees and plants with great care.

RealGreen are proud to have been part of this special occasion.







COME JOIN US FOR A BIG SCREEN EVENT



FOURWAYS GARDENS Residential Estate

Fourways Gardens Movie Night

Saturday, 7 October 2017 18:30 at Phase 1 Park

Bring your camping chair and a picnic basket and enjoy a movie under the stars.

Please submit your favourite movie to the FWG Facebook Page and vote!

Natalia 084 783 3010 / natalia.atanassov@pamgolding.co.za Tracey 083 654 2729 / tracylee.savage@pamgolding.co.za



pamgolding.co.za/fourways

Estate News

September Overview

At the beginning of September we began with our Social Coffee and welcomed a number of new people. From next month the Social Coffee will be taking place in the afternoon on the first Tuesday of the month.

Saxenburg Wine Estate presented their wines to the FWG Wine Club on the 6th September. It was a superb evening and some great wines were enjoyed by all. Thank you to Tyson Properties for sponsoring the event. **The last wine tasting of the year will be the 1st November and will be presented by Warwick Estate.**

The Book Club met on the third Tuesday at the Clubhouse. Over a drink and a slice of cake, we discussed which books we had been reading. Recommendations were made and books were swapped. If other members wish to borrow books we keep a record of this, so we are able to keep track of who has borrowed which book.



The Charity Club has been making soaps as Christmas Gifts to be given to the ladies and gents living in the Eventide Salvation Army Home for the Aged. If anyone can help with toiletry bags or donations toward the purchase of them, please contact Jen on jen.joburg@ gmail.com. Alternatively if you have any spare airline toiletry bags with or without contents, they would also be much appreciated.

More jumpers have been knitted for by the Charity Group for Witkoppen Clinic. Rita is happy to carry on knitting, but needs wool. If you have spare wool for this project please contact Morag on morag@vlaming.co.za.









Fourways Gardens Social Club



The very popular Bridge Club meets every Friday at 1pm in the Clubhouse Restaurant. New players are always welcome if you would like to come along.

The Ceramic Painting Group meet on the fourth Tuesday at 10am in Phase One. Please contact Kim (kimbarnard28@ gmail.com) if you would like to join in. There have been some really stunning pieces of artwork created.

The Tennis Group has been playing at 7.30am every Tuesday morning. We are trying to get a regular group together so we always have enough people for a doubles game. You don't need to play every week but if you are keen, please join us.

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st	2nd	3rd Tennis – 7h30-8h30 Social Coffee – 14h30	4th	5th	6th Bridge – 13h00	7th
8th	9th	10th Tennis – 7h30-8h30	11th	12th	13th Bridge – 13h00	14th
15th	16th	17th Tennis – 7h30-8h30 Book Club – 10h30	18th	19th	20th Bridge – 13h00	21st
22nd	23rd	24th Tennis – 7h30-8h30 Ceramic Painting – 10h30	25th	26th	27th Bridge – 13h00	28th
29th	30th	31st Tennis – 7h30-8h30				



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Sue

Estate News

Our September wine evening was presented by Saxenburg



Kerry Sutherland returned to the FWG Wine Club for the second time and on this occasion presented wines from Saxenburg Estate. It is a well-known estate and the wines tasted were exceptional.

The welcome wine, Guinea Fowl Chenin Blanc 2016, complemented the cheese platters on each table and ensured a great start to what was a very enjoyable evening.

Kerry is a very experienced presenter with a vast knowledge of wines and is able to share this knowledge whilst still maintaining an element of fun. In all, six different wines were tasted, the highlight being their sought-after flagship Private Collection Shiraz 2015.

Francois and his team from the restaurant are now very well versed in ensuring the evening runs smoothly, and the supper of Beef Pie with Vegetables and a salad was tasty and well complemented by bottles of Saxenburg Guinea Fowl Red 2015, which was sponsored by Tyson Properties. Again, our thanks to them for their ongoing support.

As always, a most enjoyable evening.







Fourways Gardens Wine Club

















Estate News

Our November wine evening will be presented by

WARWICK

Warwick Estate is a family-owned and run winery. Managing Director Michael Ratcliffe is the 3rd generation family member to oversee this high quality boutique operation. Stan Ratcliffe purchased Warwick on April 1st 1964 after an extensive search for the best 'terroir' in the Cape. Together with his wife Norma, they soon realized the potential of the extraordinary property and began planting Cabernet Sauvignon. In 1984 the first Warwick Cabernet Sauvignon called 'La Femme Bleu'- the Blue Lady - was released. Norma had a natural talent for making great wines and in 1986 Warwick Trilogy was released, a Bordeaux style blend which has since become a flagship of the South African Wine Industry.

 Date:
 1 November 2017

 Time:
 19h00

 Cost:
 R130.00

Our restaurant will provide Local cheese and biscuits with the welcome wine on arrival. Dinner will be Roast lemon and herb chicken, roast potatoes and a green salad, served with rolls. A vegetarian option is available - please let us know when making your booking if that would be your preference. Numbers are Limited. Please make your bookings and payment directly at the

Please make your bookings and payment directly at the Clubhouse.

Numbers are Limited.

Clubhouse.



Quiz Night at Fourways Gardens Estate

he Quiz night hosted on 8 September was the biggest hosted to date. Our generous sponsors, Francesca Beattie Properties and the Friendly Plant, came on board once again to ensure that the FWG residents and friends enjoyed a fantastic night.

Our quiz master challenged the crowd once again with some very "off the wall" trivia questions! As many of the teams have returned to compete in every quiz night hosted in the Clubhouse, it was no wonder that the winners were, "The team that won the first quiz night!" Just to remind everyone that this was not their first rodeo!



The competition was very tight on the night and "The Fluffy Penguins" came second when they beat "The Pettit Family" with a sudden death question!

It is wonderful to see so many families, friends and people from nine to 90 take part in this fun evening. But with R1,000 as a prize for the winning team, it is no surprise that the team members are selected carefully!

We also wish to thank the Clubhouse Restaurant for sponsoring our second and third prize of generous meal vouchers for the night!

















LADIES NIGHT

Bubbly, Beauty & Style

How to dress your summer body! Lucky draws, prizes and gift bags.

Elegance

Date:	20 October	
Time:	19h00	it's rem
Venue:	Clubhouse	l'en.
Tickets:	R100pp,	
	available from the	Clubhouse

Finger food and welcome drink. Cash bar available for any additional requirements!



FWG DOG WALK AND KITE DAY

ur annual dog walk and kite day took place on 10 September 2017. We were blessed with beautiful spring weather and our residents and their furry friends enjoyed the park and the outdoors on the day. As usual, our sponsor for the day, Pam Golding Properties made sure everyone had a great day! With lucky draw prizes and a jumping castle for the kids, it was wonderful to see everyone enjoy the day.

We had a few other residents who supply pet orientated products join in the fun and they also presented their products on the day. Chefs4Pets gave sample meals and you can read more about them further in the article.

Identipet came on board with a fantastic special on micro-chips for pets and Elna from Palm Gardens Vet inserted the chips on the day. The HOA have also negotiated a fantastic price for dog owners who wish to have their pets chipped with Identipet and Palm Gardens Vet until





the end of the year. The cost will only be R300 per pet and anyone who has had a pet chipped will know this is a fantastic price. In addition, the Fourways Gardens HOA has purchased a scanner from Identipet. Security or the Estate Office will now be able to scan lost pets and return them home. Please contact Palm Gardens Vet for an appointment and please state that you wish to make use of the Identipet / Fourways Gardens Estate promotion! Palm Gardens Veterinary Clinic Tel: 011 465 6914 Fax: 011 465 6915 Email: palmgvet@mweb.co.za

We also wish to extend our thanks to the following companies for the prizes that were sponsored:

Pam Golding Properties – 6 goodie bags that included a cooler bag, boot liner, memory stick and a canvas bag. Chefs4Pets who donated three food vouchers on the day. Palm Gardens Vet who donated dog treats, beds and 5 R200 grooming vouchers

Animal Rebels who donated a percentage of their sales to ARK as well as beautiful jewellery as a prize

Thanks to all the residents who supported the day and who donated dog food to ARK on the day. They were truly thankful for your donations and look forward to your continued support throughout the year!



Fourways Gardens • 22 • October 2017



















































Producers of Raw Dog Food

Chefs4Pets was founded by Dilene and Kevin in 2017 as a by-product of their shared love and passion for their "furkids" and realisation of the benefits of switching to a raw diet for their pets. Dilene – with 25 years' experience in the culinary industry - including working under such well known Chefs as Ruben Riffle and Gordon Ramsay, to name a couple – along with input from a pet nutritonist– have created premium quality raw dog food product using only human grade produce with no added grains, starches or additives.

Our products are of premium quality and we have gone to great lengths to ensure our menu's and ingredients are of exceptional standards. To this end, we have had our products tested by a registered laboratory and they are Salmonella free. We are currently in the process of applying for registration of our product with the Department of Agriculture, Forestry and Fisheries.

Our portions are currently produced as individual 100g easy to eat sausages, in one of four flavours, all containing the following base ingredients – Chicken, Turkey, Beef, Lamb, Salmon, Ostrich and / or Venison.

Please see our website www. chefs4pets.co.za for more information on our products and the benefits of a Raw Diet for your pet.

For us to compile a specific meal plan for your dog, please contact us on info@chefs4pets.co.za and we will get back to you with the meal plan and a quote.



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Your Fabulous New Summer Body Could Begin with a Body Consultation

There can be very few people who have not, at some time, wished for a slimmer or more muscular appearance.

In most cases, however, such aspirations tend to remain as mere wishes. Human beings can be very skilled in the art of avoidance and, for instance, despite being visibly overweight and clearly unfit, will invariably be able to supply a string of good reasons as to why joining a gym or adopting a diet is simply not feasible at the moment.

On the other hand, it is also true that many of those who have actually embarked on these routes have still failed to achieve their physical goals. While some of these failures may have been due to a lack of determination, most will have been the result of following an inappropriate programme.

Although all human beings share certain characteristics, each is a unique individual and, when it comes to fitness programmes, there are really no one-size-fits-all solutions. For this reason, the first step to getting fit should be a professional body consultation. By determining the extent to which a given individual's physique and bodily composition may differ from the accepted norms, a personal trainer is better positioned to devise an exercise programme that is just right to meet the needs of that individual.

For this purpose, in addition to physical inspections, Body20 Studios employ an innovative new technology known as Bioelectric Impedance Analysis (BIA) or simply called Inbody assessments. Further examination is conducted by means of an electronic device that resembles a weighing machine and which is known as "InBody". Far from merely measuring a person's weight, in practice, the InBody apparatus is designed to determine the ratio of extracellular to total body water (ECW/ TBW), the dry muscle mass, body fat and total bone mass just to name a few.

This is not the only way in which Body20 Studios make use of advanced technology. Armed with the findings of the body consultation, the Body20 trainer is able to compile a personalised exercise programme. This, however, will not consist of the circuit training provided in conventional gyms. Instead, it will make use of a technology known as Electro-Muscular Stimulation (EMS).

Pulsed electrical current is applied via electrodes placed on the skin above the targeted muscles, causing them to contract with each pulse and simulating voluntary action. The device allows the trainer to make the necessary adjustments for any given programme, which might be designed to achieve fat loss, cellulite reduction, toning or muscle building as required.

With five times the efficiency of conventional resistance training, A Body20 EMS programme requires just one 20-minute session per week, but includes round-the life-clock support from Body20. A complementary trial session and a body consultation could be a life changer.

THE FOURWAYS GARDENS COMMUNITY PORTAL

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FOURWAYS GARDENS Residential Estate

JUST WHEN YOU THOUGHT **ESTATE LIVING** CANNOT GET ANY BETTER....**THINK AGAIN!**

How to download the Fourways Gardens Estate Mobile App:

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- O After installing the App "FWG Mobile App" a message will pop up asking if the app is allowed to send you notifications?

Select Allow, this is in order to receive notifications from your Mobile App

- \odot Open the FWG Estate Mobile App and enter your mobile number.
- \odot Enter the OTP (One Time Pin) that was smsed to your phone into the available box
- Select your Profile, as it is possible you may have other properties on estates running the same software

Scan the QR Code below it will take you directly to the relevant store, or navigate to the store manually to download the App







For more information please contact your HOA



Lifestyle for kids

A FUN, INTERACTIVE COMPETITION FOR YOU AND YOUR KIDS

For expectant and new parents, Kids Emporium in The Gantry at Pineslopes is definitely the go-to store in Fourways.



art of an international chain of children's boutiques, Kids Emporium Fourways stocks the latest ranges of maternity wear, nursery and children's furniture, décor, travel systems, children's wear, toys, gifts and so much more. Not only is it their mission to source products that have both style and longevity, they strive to deliver service excellence, to give parents (and aunties, uncles, grandparents and friends!) peace of mind, knowing that they're getting the best in terms of quality and price.

Adding to the irrepressible energy at the store, they have introduced their innovative hair care and entertainment concept – Maddy Magoo.

Not only has children's hairdressing



been transformed into a fun-filled, animated adventure at Maddy Magoo, kids can also enjoy fun glamour parties, spa treatments, or simply visit for an interactive afternoon of fun.

Swing by for a kid's haircut, whether a fringe trim or something completely different. Each station is kitted with loads of entertainment, and a place for mom or dad to perch.

For something completely different and super special, enquire at Maddy Magoo about their unforgettable glamour party package.

Maddy Magoo and Kids Emporium are host to a wide variety of child-friendly, innovative products that are simply awesome – too good to miss out!

IT'S COMPETITION TIME!

It's time to travel in style with Kids Emporium Fourways this spring. One lucky customer will stand a chance to win a Bugaboo by Niark1 Limited Edition stroller by popping in store and taking a photo in front of their customised graffiti wall. Simply post your pic onto the Kids Emporium Fourways' Facebook and Instagram pages and be sure to include #kefourways #iambornfabulous and #bugaboo. Bugaboo takes pride in dreaming up game-changing travel systems that help move freely while you explore the world around you in unparalleled comfort and unmistakable style. You do not want to miss this awesome opportunity. To add to the excitement, if you complete your details in store, you will also receive a Maddy Magoo Fourways Voucher.

1st Prize:Bugaboo Bee5 by Niark Limited Edition Stroller2nd Prize:Hamper worth R25003rd Prize:3 x R500 Kids Emporium Fourways Vouchers

T&C's Apply. Competition closes 15 October 2017. Winner to be announced 20 October 2017.



The Maddy Magoo party-in-a-box caters for groups of 6 to 20 girls, from ages 5 and up. To keep things special, the Birthday Girl receives a CD of photos to remember the special occasion as well as a stunning birthday gift.

GLAMOROUS PARTY PACKAGE:

Kids Champagne Mini Manicures Face Painting/Make-up Colour Streaks for each guest's hair Creative Art Activity Mini Photo Shoot Party Packs Cupcakes

Shop 4 The Gantry, Cnr Witkoppen and The Straight, Fourways, Johannesburg, Gauteng

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fourways@kidsemporium.co.za for



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Stand a chance to WIN a Maddy Magoo Mommy & Me Experience and a R1000 Kids Emporium Voucher!

How to enter?

Pop into Kids Emporium Fourways, jot down your details and pop them into the raffle!



Maddy Magoo 065 991 1153 fourways@maddymagoo.co.za ■@maddymagoofourways 4, the Gantry, Cnr. Witkoppen and The Straight, Fourways

Kids Emporium 011 467 1153 fourways@kidsemporium.co.za @@kefourways 4, the Gantry, Cnr. Witkoppen and The Straight, Fourways



Gas Safety Tips

Have your gas appliances serviced on an annual basis

Blocked jets can cause the appliance to leak, cause a gas smell or burn the bottom of your pots – getting these cleaned out annually helps to prevent further damage to the appliance.

Lazy yellow flames on an appliance could mean that your gas appliance is being starved of air

Either bring it in for a service or call us to send an installer out to service the appliance.

Only buy gas with a branded seal

Officially-filled gas cylinders have an authorised shrink-wrap seal around the valve, each with a unique and traceable serial number. This communicates to you that these cylinders have gone through a stringent set of quality checks to ensure that they conform to the South African LPG industry safety standards. If your cylinder has a clear or unbranded shrink-wrap seal, you are potentially in possession of an illegally filled cylinder and could expose yourself and others to safety risks.

Only use a registered gas installer to install and/or repair your appliance

The old saying "you get what you pay for" – it might cost you more in the long run! To check if your installer is registered, you can visit the LPG association's website: www.lpgas.co.za

If you have a fixed gas appliance, MAKE SURE you have a COC for that installation!

By law, you are required to have a Certificate of Compliance for any fixed appliance that you have in your home – if there's a fire caused by this appliance and you don't have one, insurance will not cover you.

www.westerngas.co.za

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For more information on La Vie Nouvelle, please contact Guy & Zelda on 071 640 4832 fourways@pamgolding.co.za



www.pamgolding.co.za/la-vie-nouvelle

CELEBRATING 20 YEARS WITH DAINFERN COLLEGE ALUMN

he role of past pupils at any school is important, but particularly so for students who have been an integral part of the early milestone years. 2017 marks the 20th year since Dainfern College first opened its doors, and celebrating with past pupils was therefore one of the highlights of the 20-year calendar of special events.

Advertorial

All of the previous 16 Matric year groups were invited to attend a combined Alumni Sports Day and grand 20-year Alumni Dinner on 7 July.

The Sports Day is an annual event and yet again was a great success, with the alumni participating in hockey, rugby and cricket events against the College first teams. The games were really well contested and the skills and energy that the alumni brought to the day were most impressive. The alumni achieved a clean sweep, winning all three sporting codes quite comprehensively.



The afternoon of sport and high spirits was then followed by the 20-year Alumni Dinner, held in the school's Multipurpose Hall, beautifully decorated for the occasion. Old school magazines, photographs and other memorabilia on show were the source of much

Fourways Gardens • 34 • October 2017

interest and amusement. Several of the College's long-standing staff also attended the dinner and together with the alumni shared the journey that is Dainfern College.

Mr Matthew Davies, the College Principal, welcomed everyone and spoke of his experience, as a relatively new staff member. of what the Dainfern College alumni stand for and what an important part of the College they continue to be. High School Deputy Principal, Mrs Cheryl Coetzee, who has taught at the school since 2003, had everyone in stitches with her 'memorable moments' of some students who had made a lasting impression on her. Ms Paige Albyn, Head Girl of the Class of 2008, then introduced the alumni to the Dainfern College Foundation and explained how they could get involved.

What a wonderful celebration of the past, present and future of Dainfern College!

For further information about Dainfern College, please contact marketing manager Mrs Deidré Proxenos on 011 469 0635 or dproxenos@ dainferncollege.co.za.




Dress Parade Phase 1 Park Ages 0 – 12 at 17h00

Trick or Treat from 17h30 to 20h30

Please enter for Sweetie Spot and or Best Decorated Home with elmine@fwg.co.za









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BY BEV HERMANSON

Lifestyle

EXCLUSIVE AND BESPOKE FURNITURE THAT'S UNIQUE

While browsing around the shops at Dainfern Square recently I found a charming store called Unique Wood that sells all sorts of interesting table lamps, ornaments and real wood furniture. I was particularly drawn to the store as I'm busy revamping my house and one or two statement pieces of furniture would be ideal to bring in the wow-factor.



hile chatting to Tiekie Matthysen, a coowner of the store, I realised that there's a lot more to Unique Wood than meets the eye. The store is part of a family business that started 10 years ago making custom-made sleeper furniture at their factory. They then moved away from using railway sleepers and started using other reclaimed wood, as well as harvested teak, kiaat, rosewood and French oak for their furniture.

The next step came when they branched out into doing shop fitting and joinery, supplying doors, staircases, balustrades, and built-in and freestanding bars. Then came their contracts division that handles refurbishments and new installations, with services including painting, tiling, carpeting, drywalling for offices, carports, guard rooms, as well as supplying boardroom tables and other office furniture.

Actually, the list of what they do is endless, as Tiekie also mentioned that they even handle kitchen designs and installations, built-in cupboards and even bathroom vanities.

Walking around the store, I could see that their furniture is good quality products. As Tiekie says, it's the type of furniture that lasts a lifetime – you can pass it on to your children and eventually your grandchildren.

"We have a wide selection of furniture in our store, but if you are looking for something specific that we don't have on display, come and discuss it and we'll either design it and make it or source it for you. We're always available and happy to help you choose the right furniture and accessories to suit your home," she says. "If you don't know what to do in a particular area of your home, send us a photo and we'll give you advice."

"We like to build relationships with our customers and give them personal service so that they know that whatever we design and make for them will be truly unique and special."

Over and above the furniture and décor products, Unique Wood also sells interesting gifts that are ideal to sending to family and friends – and quirky scatter cushions, wood wick candles available in various fragrances and even ornaments for the bar. Make sure you pop in next time you're at Dainfern Square – it's well worth the visit!

Unique Wood currently has 2 shops one in Dainfern Square and another in Lifestyle Garden Centre, Randparkridge. Hoping to open a 3rd store in 2018.

For more information, call Tiekie Matthysen on 071 675 4208 or Janco Boonzaaier 079 401 9994 Or Email Us - dainfern@uniquewood.co.za • www.uniquewood.co.za

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Advertorial

IT'S ITCHY AND SCRATCHY SEASON... 3 reasons your pet might be uncomfortable this summer

We may be pleased to welcome the warmer weather after winter, but it unfortunately brings with it a number of factors that can cause your pet to feel itchy and miserable.

PARASITES

Parasite-control should be a year-round regime, but the summer months take tick, flea, fly and mosquito infestations to another level entirely. Ensure that you're using a veterinary-endorsed anti-parasite product (either an oral preparation, or a spot-on application) and be sure to follow the package instructions or your vet's advice religiously – these preparations must be used correctly and regularly to be effective. Remember to check what age they can be used from, the weight recommendation (giant breeds, for example, may require additional doses), as well as the species they're meant for - some products contain ingredients that are lethal to cats, or may be problematic for aquatic life if your dog likes to take a dip in the local dam.

SHEDDING AND SHAMPOOING

This is the time of the year when your pet sheds his winter coat. If you're not brushing the dead hair away regularly using the correct tools for the job (on a daily basis for double-coated breeds like Chows, Labs and Huskies, and long-haired cats), you'll end up with a 'dreadlocked' pet. Unfortunately the unkempt appearance isn't the worst of it – your furkid runs the risk of the dead hair forming uncomfortable, itchy mats that clog up with dirt and parasites and, in extreme cases, form a "straitjacket", limiting movement and ripping at the underlying skin. Twisted Whiskers staff will happily advise on the grooming requirements for any type of pet for this season, as well as the proper tools and methods for managing shedding at home.

Over-zealous bathing, or using the incorrect type of shampoo can also dry out your pet's skin and cause itching and discomfort. NEVER use a human shampoo on your pet – their skin pH is completely different to ours and even mild baby shampoos are not suitable for use on animals. Twisted Whiskers is a specialised grooming Spa and can give you advice on which skin- and coat-care products are best suited to your pet's particular needs, and how often they



should be bathed. Alternatively, book Max or Bella in for a pampering Spa Day (including aromatherapy massage,

Advertorial



hydro-bath and styling), or even a quick "wash-n-go". We use the best coat-care products in the biz and, regardless of the treatment you opt for, your pet will leave us looking glossy and gorgeous!

ALLERGIES

Skin allergies are common these days and may be the result of nutritional or environmental factors, or a combination of both. While skin irritations are serious, and a veterinary check-up is always advised to diagnose the cause, there are a few things you can try first, to see if the symptoms improve:



Dietary change - the easiest thing to do is to eliminate some of the biggest allergy culprits from your pet's diet. Many people are convinced that grains are problematic for pets but this isn't necessarily the case. Unlike humans, very few dogs and cats are allergic to grains. Dogs are much more likely to be sensitive to proteins like chicken, beef and lamb. And cats? Shock-horror, the Number One feline allergen is fish!! If you suspect one of these proteins is causing a "break out" of itchiness, scratching, licking at paws or excessive hair-loss, try eliminating it from your pet's diet altogether for 8-12 weeks and see if there's an improvement. Remember to exclude any treats or chews your pet enjoys that may contain this protein (even bones and hooves....). The Twisted Whiskers Team regularly advises pet-parents on dietary changes for their furries, and can recommend food

products that are formulated to be used in an Exclusion Diet to eliminate possible food allergies. And if you'd really prefer not to feed grains to your pets, we stock Grain Free ranges too.



Environmental factors - not quite so easy to pin-point, environmental factors that contribute to itchiness are pretty much limitless. They may include anything from grasses and pollens in the garden, to household products, or even cigarette smoke and deodorant. Rather than trying to find the proverbial needle in a haystack, a dietary change may, again, prove helpful in this case. If limiting potentially problematic proteins is unsuccessful, consider a diet which contains natural antihistamines and works on strengthening the skin barrier to protect against environmental allergens. Diets like these have proven exceptionally useful to those who have literally been tearing their hair out over their pet's allergy issues, and Twisted Whiskers has stacks on shelf, ready for summer.

Interestingly, skin allergies are often accompanied by repeated ear infections and/or tummy upsets. The ear canals and the digestive tract, if you think about it, are the animal's "inner skin". If you notice these symptoms as well, your pet is very likely to be allergic, and a veterinary visit and diet change are imperative.

A final word on nutrition – protein

allergies aren't the only dietary cause of skin issues. In many cases, simply changing to a quality veterinary-endorsed food containing animal proteins of the highest quality and the correct ratio of Omega 3 and 6 fatty acids can make all the difference to your pet's skin and coat condition. A poor diet can result in flaky skin or a dull, greasy coat...



Summer need not be an unhappy time for your pet – visit Twisted Whiskers for advice on nipping itchy and scratchy problems in the bud and ensuring that the season is filled with nothing but fun, games and adventures with the family.



Look out for the Twisted Whiskers advert in this publication. On presentation thereof, you'll receive 10% discount on a grooming appointment for your pet/s, as well as 5% off merchandise purchased at our stores. (T's & C's apply)







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WORDS: JAMES CLARKE PICTURES: MARY BROADLEY

BOUND FOR WAKKERSTROOM

We set out at dawn one cold September Sunday, heading out of Sandton onto the N3 towards Durban. We were bound for Wakkerstroom, three-hours away and off to the southeast. "Wackers" – a small town 27km south of Volksrus and noted for its huge wetland and golden hills.



The Bistro

ary and I had been there before but, having just spent the best part of three days there in brilliant spring weather, we came to appreciate it for what is was – a classic example of an unspoiled 19th century South African dorp, unsullied by time. As Rupert Brooke wrote of somewhere else, "there's a peace and holy quiet there".

Its steepled, sandstone kerk stands high above a scattering of tin-roofed houses like a mother hen watching over her scattered chicks. There are cattle and sheep, even in town, and backyard poultry and sometimes guineafowl scurrying across the road.



Recycled throne

Wakkerstroom is the 2nd oldest town in Mpumalanga. It used to fall within "die Ou Transvaal" and was established in 1859.



Wakkers' grand bioscope

The small widely dispersed houses are mostly well-kept, lending the town an air of prosperity whose denizens take a pride in the place. Several homes belong to city dwellers, mostly professional people, who come down for weekends.

The town is surrounded by rich grassland and high, rounded hills. At their base are extensive vleis shining in the sun and fringed with bright green willows. The system is fed by a lively stream – lively even during the driest part of the year. We watched three otters playing right on the edge of town.

Town? Wakkerstroom, technically, only just qualifies as a town but is,



nevertheless, famous among a certain category of people from the Far East and Europe and across to the Americas. This is because the wetland, one of South Africa's last major unspoiled wetlands, rates among the world's richest in birdlife.

There's nearly always somebody standing on the side of the quiet main road leading from the town which links Volksrus to an enigmatic little place called Braunschweig. They are scanning the surrounding vlei hoping to catch a glimpse of a Red-chested Flufftail, Purple Swamphen, African Shelduck or some other rarity, many unique to South Africa.

I recall many years ago standing there with Peter Sullivan, later chairman of BirdLife SA, and ornithologist Ken Newman. Peter was dreaming up a scheme to train out-of-work men in the neighboring township to become bird guides. We found binoculars for them and today some are nationally respected for their ability to find bird species that people have travelled half the world to find. On this visit we were guided by one of them – Lucky Sibya.



Bipedal warthog



Preserved locomotive. Note church in background

Wakkers thrives on tourism.

We were there to bird but we became enamored by the quiet town whose main shopping street is, maybe, less than a hundred yards long. It has small, centuryold shops and a pub and restaurant on

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one side and the church on the other. In between was a sign saying the ancient "Bioscope" was re-opening that week. The picture house was in a small, isolated, barn-like building round the corner. The gala movie? *Grease*.

The highlight of our three days was not necessarily seeing two Crowned Cranes doing their high-stepping "dancing" ritual or a group of four Blue Korhaans – a rare species confined to a small region of South Africa. Our highlight was finding a restaurant hidden behind a rough hedge and a modest little sign reading, "Bistro".

It was obviously once a rambling house and is set in an equally rambling garden with two or three scattered tables outside.

It is the interior that entrances. I had not noticed another sign outside otherwise I would not have been so surprised. The sign read Metamorphis Gallery and Bistro – a deliberate misspelling the reason of which was explained but went over my head.

The walls are covered in framed paintings – not local hopeful work but high quality and seriously professional stuff – and at prices so reasonable they must astonish the overseas visitors who visit Wakkerstroom throughout the year.

There was so much to delight the eye in every room including some highly original sculptures; there's an amusing human-



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Wakkerstroom Wetland Reserve

sized, bipedal warthog wearing size 10s and a dazzling throne made of recycled odds and ends.

The cheerful restaurateur's name is Lizzie Lack, a former political scientist and diplomat who was stationed in South America but who resigned to do what she'd always wanted to - cook. She founded restaurants in Cape Town and the Western Cape as well as in Clarens, before discovering "Wakkers". For somebody who lived in Spanish-speaking Argentina the food – prepared by Lizzie and her sous chef, Paul Graoblert – is more Portuguese, especially the huge imported prawns. At lunchtime the Bistro serves tapas. The wine prices are not far off Johannesburg's retail prices and the menu and food quality would prove popular in any big city, anywhere.

There is so much about the bistro that is unique: the table lighting, the table decorations – even the table tops, even the windows...



The Bistro's rhubarb crumble



Lizzie Lack

Being spring, the weather hadn't quite dispensed with winter so the restaurant had blankets over the backs of the chairs and a hearth fire.

- Wakkerstroom's founders shot an eland bull in the 1850s and cut from it an unbroken thong 137 metres long. They used this to measure out the streets and erven and when, in 1941, the town was properly surveyed there was only a slight difference between the new pegs and the old.
- The Transvaal Republic deemed the settlement should be named after the President – Marthinus Wesselstroom – and, officially, it still is. But by 1904 the name Wakkerstroom became entrenched.
- Fair enough a wakkers stroom means lively stream and that stream is the life blood of this famous wetland.





Broadacres Centre Cedar Road, Fourways 011 465 0081





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SERVICES PROVIDED:

AA AIRPORT SHUTTLE, TOURS AND

TRANSFERS: Fourways Gardens resident owner / driver. Personal, reliable transfers to / from ORT from R420 & Lanseria from R200, Free in car Wi-Fi connection, half & full day tours arranged. For all your transport or driving requirements contact Mike on 072 284 0340 / 011 465 3262 or mikeashcroft@telkomsa.net

ACHAAR PROJECTS: Building, Plastering, Plumbing, Paving and all Electrical work, call Achaar on 082 952 6392.

ACCOMMODATION: Holiday Fun at Zebula Golf Estate & Spa, sleeps 8, 4 bedrooms en-suite with aircon, full DSTV. fully equipped kitchen, maid service optional / flexible, splash pool, R4000 per day negotiable – length of stay, please contact Paul Adams on 072 333 1886.

ACCOMMODATION: Holiday House, Selborne Golf ACCOMMODATION: Holiday House, Selborne Golf Estate, Pennington, house sleeps 8, 4 Bedrooms all en-suite, fully equipped kitchen, dishwasher, washing machine and tumble drier. TV in lounge and all bedrooms – full DSTV bouquet, housekeeper daily 8:30am – 15:30pm, use of electric golf cart, private swimming pool and access to beach club and secure parking. August school holidays R4000 per day and December school holidays R 6000 per day, contact Tina on 081 017 0582.

ACCOMMODATION: Lovely, Bright and Light open plan studio / flatlet, above double garage (upstains), very quiet with pretty garden & pool, suitable for a single person, located in Lonehill furnished or unfurnished, occupation 1 September 2017, rent R6500 neg. including water & lights, optional DSTV and internet, call Toni on 082 575 4601.

AFRIPUMPS: Rainwater storage tanks, water backup solutions, household pressure boosting & borehole installation / maintenance. Free quotes, products & installation guaranteed, great prices, contact Richard Afripumps (Pty) Ltd on 011 465 3240 / 072 591 6595.

ALARM QUOTES / INSTALLATIONS: For professional Alarm & Security installations, we specialize in alarm installation, CCTV, gate automation, electric fence, intercom etc. Call Suresh on 060 380 4653 / 064 500 4963 / email: sun@sss108.co.za (www.sss108.co.za)

APPLICANCE REPAIRS: To all makes and models, AEG, Bosch, Whirlpool, Siemens, Samsung, LG, Defy, Kelvinator, Miele. Contact Gwentech Appliances on 072 952 8183 / 073 947 2447 or email: gwentech7@gmail.com same day service (26 yrs experience)

ARMSTRONG TENNIS ACADEMY: Professional Tennis coaching from beginners to National players, private lessons, groups & squads, Duane Armstrong USPTA & TSA certified, 082 456 5441 / duane@armstrongtennisacademy. co.za

ASK AMANDA: To look after your home and pets. This reliable relative of a resident in FWG will make sure you have peace of mind while you're away from home, call Amanda on 083 400 8112, FWG resident is Barbara Ann 083 267 5006.

ATTORNEY: Ante nuptial contracts, wills, mediation, divorce, parental rights, rights for unmarried fathers, maintenance, domestic violence, adoption, surrogacy, cohabitation agreements, separation agreements, parenting plans, curatorship applications, post – divorce issues & any other family law related matters. Practicing in Fourways Gardens, Contact Jennifer Scholtz on 011 467 1165 or email: jennifer@jenniferscholtz.co.za or www.jenniferscholtz.co.za

AVOID THE CCMA AND LABOUR LAW FRUSTRATION IN YOUR BUSINESS: I can provide you with advice on Labour Issues, Contracts of Employment, Disciplinary Action, Hearings and the CCMA. Let me assist you with the necessary knowledge to make the right decisions that fall within labour legislation. Call me, more than 20 years' experience. Bradley Ferraris 082 446-7625.

AU PAIR – HOME AND PETS: Home and Pets – Stay in or daily visitation - feed and walks, reliable, trustworthy caregiver, frequent sitter in FWG, reasonable rates, references available, contact Deidre on 083 319 2220 or email on dee.vanheerden@gmail.com

B4 ELECTRICAL: 24 Hour call out, Prompt, efficient, personal service, call Peter on 083 452 0635.

BANTING COACHING: Successful Weight loss (coach accredited by Sally-Ann Creed). Improve your health and let food be your medicine. Qualified Nutritional Therapist. elise@bantingbuddies.com / 083 455 7500.

BEST TILING: Simba & Tinos Tiling. Likely the most beautiful tile job you've seen. Punctual, efficient, honest. References in FWG available upon request. We do tiling, paving, laminates, ceilings. Call us immediately to tile you up, 073 211 6640 or 079 987 7348. BOOK A BAKKIE: Do you need help moving furniture or other items too large to do yourself? We can help you, reliable, trustworthy team with 1.4 ton bakkie – 011 465 4547, Wendy on 083 604 0931 or Steve on 083 601 1594.

BLINDS: Vertical, block out, bass wood or aluminium Venetian, panel blinds and more, competitive prices. Please contact Tony on 083 290 1757 or tony@bonetts.co.za, www. bonetts.co.za

CANDICE INTERIORS: Blinds, Curtaining, Upholstery and more. Get the right design advice and quality products to suit your requirements. Contact Candice – 082 363 0542. Interior Decorator established in 2005 .www.candiceinteriors. com candice@candiceinteriors.com

CARPET CLEANING: All your Carpet / Upholstery / Rug / Mattress Cleaning as well as Pre and Post Occupation Cleaning, please contact Spotless: Cindy on 074 149 4089 / www.spotlesscleaning.co.za

CHANDRAI YOGA: Gentle and Integrative Hatha Yoga classes in Fourways Gardens – beginner to intermediate practise, "Yoga takes you to the present, the only place where life exists" ...contact Virusha Gowrie on 072 500 7215 or virusha.gowrie@gmail.com

CHILDRENS YOGA: Ages 3,5 to 12. Interactive, creative and fun classes suited to your children's specific goals and needs. Private / in-house classes offered. Contact Yolandie on 082 889 4266.

CARPETS & FLOORING: (vinyl planks, laminates, solid & engineered wood) 37 years in the business, workmanship guaranteed, all brands, competitive prices. Contact Tony on 083 290 1757 or tony@bonetts.co.za, www.bonetts.co.za

CAREER GUIDANCE AND ASSESSMENT: By registered educational psychologist, contact Gillian IIsley 083 414 0869.

CONSTRUCTION: V.V Grilg – construction for all your renovations, big or small, we do building, tiling, painting & plastering, references available, contact Vuyiswa on 071 030 2048 / 078 702 4038.

DOCTOR: Dr Vicki Schutte – General Practitioner in Stratford Office Park, Block 3, Valley Road, Broadacres, contact details: 011 465 6715 or 073 729 0959 / wwwdrvickschutte.co.za

DSTV DOCTOR: Approved DSTV – all installations, Aerials, Sales & Repairs, Multi choice accredited installer. Call Junior on 078 228-3182 / 011 072 6791 or email: 4wayssat4@gmail.com, www.dstvdoctor.co.za, address; Plot 79 Cedar Rd, Chartwell.

DISCOUNT PET FOOD AND FREE DELIVERY IN FWG: Milmac Feeds is offering SPECIAL PRICES UP TO 15% OFF on pet food and accessories, PLUS FREE DELIVERY IN FWG every Tuesday and Thursday! We feed a wide range of pets, including dogs, cats, fish, rabbits, domestic and garden birds. To take advantage of this unbeatable offer contact Helen or Kirsten on 086 100 1182 unbeatable offer contact Helen or Kirsten on 086 100 1182 to place order or WhatsApp 076 983 8455 / 072 715 1271. Terms & Conditions apply.

EARTH ELECTRICAL: Do you require Reliable and Qualified electricians for any electrical work? We specialize in New installations, Alterations, Maintenance, Fault finding, Garden and Security lighting. Contact Etienne 082 924 0580 or repairs@earthelectrical.com

EDUCATIONAL PSYCHOLOGIST: Counselling, full educational assessments, contact Gillian IIsley 083 414 0869

EXECSECURE: Gate motor, Garage door motor and intercom. We manufacture gates, palisades and do, the installations and repairs to all makes. We have been a service provider for FWG for the past 5 years, Office: 011 446 2017, Operations: 071 363 9229.

ELECTRICIAN: (Lazis Electrical) Certificate of Compliance, New Installations, Tripping & Fault Finding, Power Failures, Geysers, Stoves, Plugs, Lights, Installation of Generators, call 078 739 6773 / 073 127 3921.

FUN TUTOR: Experienced, friendly Kumon tutor available in Lonehill for extra lessons after school: English, Reading and Mathematics, from 5 years of age up until Grade 6, call 073 978 7368 or email: ckaps10@gmail.com. Can do sessions in your home, references avail.

FIXIT FOX HANDYMAN SERVICE: (FWG Resident) general home repairs & installations including cupboards & shelving, wood & steelwork, minor electrical & plumbing, picture hanging etc. All work done personally. Contact Andre Le Cordeur on 011 465 8902 or 083 473 9362 / fixitfox1@ aol com

FLEXIROAM: Do you often travel abroad and would love to save up to 66% (or more) on data roaming without a change of SIM card? For more information, call Daliso on 076 766 7684 or visit / www.flexiroam.co.za

FOURWAYS PLUMBING: Resident plumber for all plumbing requirements, reasonable rates and same day service, 011 705 2145 or call Steve on 082 440 5111.

FURNITURE MAKERS: Can't find the furniture you are looking for? Furniturespot.co.za has collected the best furniture makers on one platform. Your furniture idea, custom made for you, your piece, your colour, your style, your budget, send your idea to Wouter via WhatsApp on 071 308 6379, or wouter@furniturespot.co.za / www.furniturespot. co.za

GARDEN MANAGEMENT SERVICES: Top class garden and pool service at affordable rates. We also specialize in clean-ups, instant lawn, irrigation, tree felling. Contact Rob 082 778 5566.

GATE MOTOR REPAIRS: Alarms, CCTV, Gate Motors & Intercom System Repairs & Installations. Call Ninja 011 071 0773 or Quinton on 084 354 5596 / 7.

GUITARS FOR SALE: New, Pre-owned & Vintage Acoustic Guitars for the discerning player, collector & investor, www.hughsfineguitars.co.za or contact Melanie on 082 658 2895.

HANDYMAN: Looking for weekend work for any maintenance around the house, including building, painting, waterproofing, paving contact Samuel on 074 883 3780 / 072 414 7585.

HANDYMAN: For all your building requirements done to your satisfaction. Professional, Honest and Reasonable. Specialize in Painting, Waterproofing, Damp-proofing, Damp rising, Rhinolite, Tiling, Paving, Roof Leaks, Building, Plastering, Pool Repairs and House renovations, call Alex on 073 836 5049, references available in FWG.

HANDYMAN: A British Tradesman for the jobs you hatel!! Total House Renovations, Wooden flooring, painting, cupboards, damp proofing, paving & alterations... no job too small!!! Offers a friendly & reliable service. Contact Steve on 076 823 6847

HERBALIFE INDEPENDENT DISTRIBUTOR: Free Delivery. Call Carin on 082 557 4638 for a free wellness evaluation.

HOUSE / PET SITTING: Don't put your pets behind bars when you go away! As a mature woman with many year's experience, I will feed, walk and keep them company in their own home, even living in, call Nicky on 072 129 0698.

HOUSE AND PET SITTING: Going away for a few days or on holiday? There is no need to be concerned about your beloved pets. Entrust them to us, a mature couple. We will Devoted pets. Entrats them to by, a matter couple, we will love and care for them in the security of your home. Our years of home and pet sitting will provide you with peace of mind. We will also care for the pool and garden if you wish. Please call Henry 082 565 9317 or call Deidre on 082 335 5096 deidredevine89@gmail.com References available on request request.

HOUSE AND PET SITTER: Why leave your pets alone and away from home in an impersonal kennel? Rather leave them in their own loving home in my competent hands; Mature Lady with 20 years' experience will fill the gap that you leave. Please call Dee-Jean 076 035 6908 / djb160453@ yahoo.com, references upon request...NB (including Dainfern, 4WG, Cedar Lake)

HOUSESITTER: Need someone to look after your place at the last minute? A reliable someone to take care of your beloved pets? Well I may just be the house sitter for you! Contact Jason on 079 496 1227.

IRRIGATION - SOFT RAIN: I have gone solo after 4 years and I have two partners each with over 12 years' experience. All sorts of irrigation from maintenance repairs to new installations call Isaac on 078 658 4371 or Gert on 074 387 5493.

KIRASPA: Body massage, body exfoliation, manicure, pedicure, waxing, facials, LPG, lipo massage (slimming body) call 079 806 6555, 011 465 1319 / kiraspa02@gmail.com / Facebook: kiraspa / www.kiraspa.co.za, Agora Shopping Centre.

LITTLE SMART~IES: (Private Tutoring for children 2 - 6 years) Give your child a head start in education, qualified nursery school teacher. For more information, contact Michelle 083 395 5672.

LAWN CARE PLUS: All year round lawn care, 14 years' experience, winter lawn root-boost in preparation for spring, all lawn problems sorted, weeds, insects, disease, shade, aeration, rats, de-thatching, new lawn, tree felling, irrigation etc. contact Philippa on her cell 072 208-3587 / lan on 084 888-1632 / 011 704 4614.

LIFESTYLE COACH: Is Fitness and a Healthy Lifestyle on your mind? Come and train with us, tennis training mixed with intensive cardio fitness, individual, groups and semi-private slots available, bring a friend. Deuce International Sports Institute, call 071 095 2689.

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LIFE COACH: I am a Life Coach in training and looking for volunteers to practice my techniques on, August to September, I give 2 free sessions. Contact Ireen on coachireen52@gmail.com or 083 261 3889.

MOKOPANE ELECTRICAL: Installation, Maintenance repairs: Energy efficient solutions, emergency call out, tripping problems, garden and security lights, Geysers – no hot water, Timer switching, Fault finding, Lights and Plugs, Pool & Spa motors, Certificate of Compliance, Under floor Heating, Call Ronald: 072 154 9735 / mokopane.electrical@ vodamail.co.za

MUSIC LESSONS: Experienced music teacher offering tuition in piano / keyboard, voice, guitar and recorder – from beginners to advanced, age 5 yrs. upwards. Music is my passion and I would love to teach you in my happy studio on Lonehill, please call Toni on 082 575 4601 / notedbytoni@ gmail.com

OSAM CARPENTRY: Door Hanging, Wood laminate flooring, built in cupboards, Kitchens, Ceilings, Cornices, Skirting, Dry walls, Painting & Varnishing. Call Ozzy on 073 058 0464 / osamakwera@gmail.com

OMEGA WEALTH: A qualified independent financial advisor will assist you with your retirement, estate planning, medical aid and life insurance requirements. Omega Wealth is based in Fourways Gardens Phase 1, and we have a team of specialists in all fields of financial services. For a no-obligation, no-cost financial needs analysis, contact us on 011 465 8650 or email: admin@omegawealth.co.za

PAINTER: Solomon has worked for me as a painter when required for 20 years, he is an excellent painter, honest & reliable, highly recommended, call John for a reference on 084 683 3366 or Solomon on 076 469 0343.

PARKWAY GARDENS: Garden Redesign, weekly garden maintenance, general house maintenance, weekly pool service, contact Tino Musasa on 073 967 8953 or email: parkwaygardenservice@gmail.com

PATSONS PAVING: For all you're paving and tiling requirements – no job too big or small. Everyone is welcome. There are various designs available to suit your individual taste. Call Patson on 082 676-2668 or 084 288-6149

PLUMBER: (RC PLUMBING) Reliable professional local plumber for all your plumbing maintenance needs at reasonable rates. Please contact Ryan on 082 598 4881 or 011 465 5198.

PLUMBER: 40 years' experience FWG resident, call Stan on 082 552 8155.

PHYSIOTHERAPY: Vanessa Fourie Physiotherapy, 30 years of experience, treatment for headaches, neck and back pain, post op rehabilitation, sports injuries, home visits within 3 km, medical rates charged, 26 White Ash Street FWG, call Vanessa on 083 458 4720.

PROFESSIONAL CARE NURSE: Christen has been in the industry, taking care of people at home anywhere, dealing with old people or toddlers with trachea, feed via peg, diabetic to count, give an insulin, recover at home from hospital, doing exercise together and taking vital signs, has driver's license and has traceable references, please call 078 132 8874.

Q.G CONSTRUCTION: Building renovation, pool renovation, painting, tiling, paving call Givemore on 071 349 7486.

QUICK SERVICE I.T: We supply quick, quality onsite I.T. services, support, service, networking printers etc. Contact us for all your I.T requirements, call 083 600 2533 / www. quickserviceit.co.za / quickserviceit@icon.co.za

RAYCON CONSTRUCTION: Additions & New builds, resident builder, we specialize in up market houses – new and alterations, contact Steve on 083 601 1594 / office on 011 465 4547.

SIYAKHISIZWE BUILDERS: Available to do all alterations (major or small extensions) driveways, tiling, patios and rubble removal, and garden refuse guaranteed quality and professional workmanship. Please call Alfred on 082 407 7022 / 078 417 5151.

SUBJECT CHOICE ASSESSMENTS: By a registered educational psychologist, contact Gillian IIsley 083 414 0869.

THE CLEANING MEDIC: Fourways offering a variety of dry cleaning services from carpets, upholstery, mattresses to a full day complete deep clean. For more information or a free site inspection and quote, contact Phillig on 082 453 2151 or Morne on 083 408 7715 or info@thecleaningmedic.co.za

TRANSPORT HIRE: 3 Cube Tipper truck for hire, for building materials, rubble removal or garden refuse, call Ozzy on 073 058 0464. **TREE CARE:** Tree felling, stump removal, rubble & garden refuse removal, palm trimming & irrigation maintenance & installation, contact Frank on 076 669 1918.

TRABLE TREE FELLERS: Tree Fellers & Palm tree tidy up, trimming & pruning, tree felling stump removal, professional work done, call Pascal on 081 055 4089 or Naoko on 079 940 9488.

TREE FELLERS: Tree Felling & Palm Tree tidy up, Stump removal, Trimming and pruning, Instant lawn / Compost, LM & Kikuyu supply and lay, Lawn Dressing, Bush Clearance, garden refuse, contact Wisdom on 071 793 0825 / 011 029 4622.

TREE FELLING & RUBBLE REMOVAL: Experienced and skilled tree fellers! Call Richard on 073 631 1241.

OTHER:

FOR SALE: 2 Bed Home in Hibberdene River Resort (South Coast. Perfect for retirement or for holiday home. R450K NEG. Pictures available. Call Gary on 082 569 6449.

FOR SALE: Dining / outdoor table and six chairs with cushions, table has a glass top with Meranti surround. R4000, call Kathy on 083 327 0621.

FOR SALE: Jameson Select Reserve Whiskey + 2 Glasses Gift Box R450, unwanted gift, call Anne on 083 292 2266.

EMPLOYMENT WANTED: Driver seeks employment, has a code 10 & 14 driver's license with DGP and 4 years' experience, FWG resident, contact Rodwell on 073 604 7596.

DOMESTIC WORK:

Grecious: My fantastic domestic worker is looking for part time work on Mon, Wed & Thurs, she is trustworthy, hardworking and reliable, call Eve on 082 456 2456 for more information or call 082 393 5775.

Ellen: Looking for part time work on Saturday as a babysitter, call 071 806 3332.

Melody: Looking for full time work live in / out, good with children and excellent with domestic chores, call Yvette on 082 858 5920 for a reference or call Melody on 073 412 7750.

Sandra: Looking for part / full time work on Tues, Thurs & Sat, has a valid work permit, can also sew curtains, call 083 238 2774 or Dawn on 083 281 9036 / Calla 083 720 6267.

Loveness: Malawian looking for work as a domestic full / part time, she is a hard worker and a reliable person, call 074 757 1431 or call 076 881 7832 for a reference.

Maureen: Malawian looking for part time work on Tues, Wed & Fri, good with kids and animals, call 074 821 3584 or Samira on 082 174 1171 for a reference.

Lucia: Looking for domestic work on Thurs, Fri & Sat, she has been with us for a few months, she works well on her own and is a thorough cleaner, please call Lucia on 073 213 4092 or Paddy on 082 575 3023 for a reference.

Kelly: Looking for part / full time work as a domestic, excellent worker who loves pets, also has CPR certificate, trustworthy and reliable, call Kelly on 061 098 8320 or Jackie on 083 597 6993 for a reference.

Noluvuyo: Seeks employment, has experience in kitchen duties including preparation of meals and domestic work (cleaning and ironing of a high standard) references on request, call 078 282 5392.

Orpha: Looking for part time work, very honest and faithful, been working part time for past 10 years, she is quiet and highly recommended, call Caroline on 082 345 2677 or Orpha on 073 244 2395.

Pearl: Looking for domestic work, part / full time, hard worker, good with child minding, excellent at cleaning and ironing, also in gardening, call 071 775 8224 / 078 990 3773.

Normaeza: Looking for domestic work part / full time, hardworking, good with children and excellent at cleaning. Call 083 631 8589.

Maletsase: Looking for domestic work part / full time, excellent at all domestic work, call 078 530 2616.

Tryness: My fantastic domestic is looking for a job on Tues, Thurs & Sat, she is Malawian, she is trustworthy, honest and reliable, call 084 710 7030 or Omega on 071 812 1948 for a reference.

Caroline: Malawian seeks work as a domestic worker on Tues, Wed & Thurs, call 062 413 3821 / 071 997 1250, for a reference call 084 318 5750.

Jennifer: Domestic / Childminder available immediately due to family relocating, Mon – Fri, live out, she is hardworking and trustworthy, speaks excellent English, call Jennifer on 078 240 1160 or for references call Candice 082 302 0559 or Vivienne 082 810 8420.

Gloria: Looking for part time work as a domestic / housekeeper, hardworking and friendly, honest and loyal with a strong work ethic, currently working in FWG, please call Gloria on 073 224 8063 or Tish for a reference on 083 380 3002.

Patience: Looking for cleaning / ironing work for Wed, for a reference call Zoks on 082 551 1613 or call 072 141 5382.

Philani: Domestic worker looking for full / part time work, highly reliable, hardworking Zimbabwean lady, sadly we are down scaling and no longer need 2 x domestic workers, call Philani on 083 638 7923 or Daniela on 082 323 8039 for a reference.

Christabel: My very sweet and kind domestic worker is looking for part time domestic work in Fourways Gardens Estate from Aug – Dec 2017, she is trustworthy, hardworking and thorough, please call Christabel on 062 975 6795 or myself Sonet on 082 349 5252 for a reference.

Phindile: Looking for part time work on Mon, Tues, Thurs & Fri, she is very hardworking, honest and reliable, for a reference call Gaye on 083 308 8610 or Phindile on 076 545 4948.

GARDENERS:

George: Malawian looking for garden work on Mon, Thurs, Fri & Sat, very hardworking and reliable, five years' experience, call 063 181 1281, for reference call Dorin 078 188 0786.

Thomson: Looking for work as a gardener on Mon to Sat, 9 year's experience, also good at cleaning the pool, call 073 405 0678, for reference call Vanessa on 083 661 6852.

Legson: Malawian looking for work as a gardener, housekeeping or if a painter is required, former employed lived in FWG and has now emigrated, please call 073 120 2665 or 073 452 3345 for a reference.

Progress: Looking for work on Mon, she is reliable and trustworthy, she has worked for us for 3 yrs, call 073 531 1270 / 064 160 4394 or for a reference call Colleen on 082 773 8961.

Gentry: He is reliable & experienced gardener who can work independently and follow instructions if need be, can do pool care and is good with children, current employer is relocating, contact Gentry on 073 471 6592 or 083 981 6077 or Sue on 082 377 0243, he is Malawian.

Vingstone: Seeking for garden work on Mon & Thurs, call him on 072 958 4731, for a reference call 083 295 2060 / 011 465 9986.

Emmanuel: Handyman and gardener looking for work on Mon, Tues or Thurs, contact 076 819 9108, for reference call Bernadine on 083 457 4070.

Lyford: Looking for work on Mon & Wed as a gardener, 13 year's experience in gardening, for a reference call Mr Kitt on 083 326 3525 or Jenny 083 325 8678 or Lyford on 078 143 0954.

Nkosi: Our excellent & experienced gardener is looking for work on Mon, Tues & Sun, call him on 061 112 4009 or Catherine on 082 820 0492.

Tuson: Looking for part time work as a gardener on Mon, Tues & Fri, 10 year's experience, call 078 607 1107 or 082 556 5883 for a ref.

Manwel: Has lived in our property for the past 8 years and has worked for us as a driver, as our family is emigrating he will be looking for a new position, he is trustworthy, dependable, kind and hardworking, good work ethic, if you or someone you know require a driver please contact him on 071 853 0646 or 062 250 6613.

Danny: Malawian, looking for domestic work on Mon, Fri & Sat, call Danny on 081 014 8731, for a reference call Van Staden on 082 979 0733.

Maxmos: Malawian seeks work as a gardener / welder on Mon, Tues, Wed, Fri & Sat, call 060 891 2488 / 074 970 4845.

Gripsy: Malawian looking for gardening work on Mon & Thurs, does house work as well, good with pets, call Gripsy on 071 792 8058 or call Jessogan on 083 274 4821 for a reference.

Steve: Malawian, looking for work on Tues, Fri & Sun, can do gardening, painting & irrigation, call 064 042 9295.







FOURWAYS GARDENS Residential Estate

APPROVED ESTATE AGENTS FOR 2016/2017 Please remember that only Fourways Gardens Approved Estate Agents are allowed to list and sell houses in Fourways Gardens. You may contact any of the following agencies to sell or let your home:

You may contact any of the following agencies to sell or let your home:				
Agency	Agent	Cell Number	E-mail	Website
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Lifestyle

Dashing forward headlong into uncertainty – with optimism

I remember from about the age of eight becoming gripped by a continuously evolving news story...

'The Space Race.'

s a story it had really begun years before, when the Americans brought the Second World War to an end, with a devastating show of atomic power.

Unleashing such unbridled energy kick started a whole chain of events, one of which was to push the then boundaries of rocket propulsion further than ever imagined.

As the scientists aligned to these technologies flourished, simultaneously so did the imaginations of writers who were passionate about the wonders of outer space.

All sorts of comic books, novels and movies reignited science fiction in so many innovative ways. Supported by a spike in UFO sightings, conspiracy theorists, and the mastery of plastic injection moulding. My imagination was certainly fired up – big time.

I recall redesigning one of my less favourite cowboy cap guns into a state of the art space age laser weapon, by attaching a few spring wire add-ons and then simply wrapping the whole thing in tin foil.

My mum wasn't too impressed with my liberal use of this expensive new age kitchen resource. She reprimanded me often, reminding me that it was only for very special occasions. So, I took to using her recycled scraps for the many other space paraphernalia I would require on my imagined journeys into other worlds.

I became a slave to the weekly *Eagle* comic, here I followed the heroic adventures of Dan Dare 'pilot of the future' as he sought to overcome his archenemy the 'Mekon' who was this

green, super intelligent creature (think big extended forehead) whose singleminded evil objective was to overthrow humans and occupy Earth.

Around this time too, I was also hugely motivated to secure additional cash to purchase a small desktop sized telescope. I had seen such an instrument in one of the postal order catalogues that were popular at the time; its marketing promise was...'To gaze into the magic of distant galaxies and beyond'.

Who wouldn't want to do that?

Until I raised sufficient monies I would turn, night after night, to the well-worn page, my mind obsessed with owning it. I studied the magnification details at length and tried to picture the implications of using such technology. After many cold and wet mornings delivering newspapers I was able to

Lifestyle

secure it and was confident I could check on the comings and goings of any alien space activity that maybe be going unnoticed, by the rest of humanity.

And when Kennedy announced that the Americans would be the first to put a man on the moon, it was game, set and match.

I was addicted to space – and all it held.

Today I still have a deep curiosity for the scale and unknowingness of space and great appreciation for all the new insights that emerge from our continual growing understanding.

But what I find so powerful, and valuable, from our curiosity of space, is the vast number of wildly fictitious ideas that have gone on to become everyday objects in our lives.

Household items that would never be here were it not for the rambling imaginations of countess young minds, unburdened and free to dream.

Our collective fascination, obsession and even the power struggle to master and control the vacuum of space, also drove a raft of aligned industries to experiment, try, fail and ultimately give birth to so many of the technologies we take for granted today.

Satellite TV, laptops, cordless power tools, smoke detectors, 3D graphics, virtual reality, non-reflective screens, GPS and perhaps the most amazing of all – are the numerous vital health and medical devices we now never question and use as the norm daily.

Would these everyday tools be with us today, were it not for our drive to enquire about space? Perhaps, we would have found them in other ways, but maybe not as quickly or not at all?

The explosion of imaginative power on the back of Kennedy's dream gave birth to industries that hadn't been invented to that point in time.

If you connect the dots between the products above and the careless

imagines of the curious and deep questioning minds assigned to the Apollo missions – then it is no 'giant leap' to realise that the tech giants of today – Amazon, Apple, Cisco, eBay, Microsoft, Google, IBM, Intel and the many more recent offspring, are simply the grandchildren of childish space fantasies.

Consider also the discoveries born in the international space station.

Water purification, which today is a critical technology in areas around the world where access to drinkable water is a matter of life or death. Were it not for the inquisitive minds that sought to hurtle mankind into space in a large tin can, it would not be with us.

Eye surgery, prevention of bone loss, vaccination innovations, weather mapping, the study of fluids, air quality, the list of advancements are simply stunning.

By unleashing our imaginations and supporting the outcomes with trial, we have propelled humanity further along an advancing evolutionary path.

Some agree, confirming how wonderful our technological advancements are, many will argue that these technological breakthroughs have come at great cost to other aspects of our humanness.

Perhaps correctly so, our slavish behaviour to certain tech tools is already flagged as an addiction. Our consciousness about Ai development and the potential of unprecedented unemployment is also very real.

But it needn't be a case of either or, there is a beautiful middle ground, between the idea that tech advancement will overwhelm us, and the never-ending pursuit of the next big app breakthrough.

Now as before, directly in front of us is a present opportunity to once again unleash our collective imaginations.

This time we need to be even more pronounced in our science fiction thinking, we need to dream big, imagine deeply and aim higher than ever before. We need to motivate ourselves by remembering that many of the simple tools and practices that we take for granted today, were science fiction a mere 30 years ago.

The gaps between idea development and their manifestations have systematically become shorter and shorter. This trend won't cease, it will quicken.

As we imagine the tech applications of tomorrow, we need to incorporate the humanitarian impact as well.

We have proved to ourselves already tech has bettered the lives of many. There remains the potential to apply our greater imaginations to go further for humanity than ever before.

Let's generate fundamentally new business models and growth opportunities that enable and empower more people to become economically independent.

Consider also the impact when Google's hot air balloons connect the most rural and underdeveloped areas to universal high-speed Internet, or micro-drones deliver medical supplies after natural disasters, we can start to imagine a world where the ultimate resource technology amplifies is our imagination to believe anything is possible and to help others in doing so.

So, fire up that dreamer in you, abandon the doubt and the negative clutter, prepare your self to go where no mind has gone before – I invite you now to grow up and start thinking like a child.

Till next time.

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