



FOURWAYS GARDENS

Residential Estate

October 2018

THE GOOD, THE BAD AND THE UGLY — VERGES IN FWG

Security —

Fourways Gardens Estate
achieves first place nationally!

FWG Barn Dance

What the FWG kids do on the holidays

How to wow overseas visitors

Lew Geffen

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Cover photograph: Simone Osborne

IMPORTANT NUMBERS

Estate Office 011 465 7731
 (operating hours 08h00 - 16h00 Mon to Fri)
 info@fwg.co.za

Estate Security 24/7 011 465 5465/66
 Main Control Room

Emergency and 011 467 1400
 Medical Response 011 444 2237
 Netcare 911 082 911

Council Service 011 375 5555
 and Enquiries:

Clubhouse 011 465 0937

In case of emergency:
 Douglasdale Police Station 011 699 1300

ER 24 Emergency 084 124

Police/ Flying squad 10111

Life Hospital 011 875 1000

Eskom 086 003 7566

City Power 011 375 5555

Joburg Water 011 375 5555

Water/Sanitation/
 Sewer problems 011 375 5555

Fraud & Corruption Hotline 0800 002 587

JHB Metro Police 011 490 1600

Fire and Ambulance 10177

14



16



26





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MESSAGE FROM THE GENERAL MANAGER

THE GOOD, THE BAD AND THE UGLY – Verges in Fourways Gardens Residential Estate

AS PER LAST MONTH'S MAGAZINE, WE WOULD LIKE TO ILLUSTRATE SOME OF THE VERGES IN OUR ESTATE.

Camdeboo Road, leading into Phase 1 and Phase 2, is the "Window" to our estate. Please see below photos of Good and Bad verges throughout our Estate. The ugly truth is that this directly affects the value of properties in Fourways Gardens. *Continued on page 4*

Good Verges of FWG



Bad Verges of FWG



The Fourways Gardens Estate Magazine focuses on the Fourways Gardens Residential Estate. The magazine is distributed to all residents at the guardhouses. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd on behalf of Fourways Gardens Homeowners Association. The opinions of workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of the Fourways Gardens Residential Estate.

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Continued from page 3

These photos illustrate how important it is, for homeowners in Fourways Gardens, to improve, maintain, fertilise and water verges. Please take note, that during spring and summer, watering is allowed after 6pm and before 6am. A beautiful, low maintenance garden and verge, can be achieved by planting indigenous, water wise plants.

Surrounding estates in our area have lovely entrances, well maintained verges thereby creating a beautiful “window” to their estates. We, as the HOA together with Turfnet are

doing our best to improve the appearance of Fourways Gardens parks, gardens and entrances. As you can see from the above photos, we need your assistance as home owners to take ownership and responsibility of your own verge.

Please see below, photos of entrances and main roads of neighbouring estates. Please note that in these estates, the home owners are responsible for the maintenance and upkeep of their verges.



We wish to extend a big “thank you” to all the residents who do have beautiful verges. Please could we appeal to all residents to get on board and join us in upgrading the “Window” to Fourways Gardens Residential Estate.



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(Candidate Agent)
glenda@gcr.co.za



Sue

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sue@gcr.co.za

Section 1:

A winning team – Fourways Gardens Estate achieves first place nationally!

24/7 Security's patrolling officers were ranked the best performing team in the Bloodhound Silver Category in South Africa for the month of August 2018. It is a national ranking and 24/7 Security achieved 98.1%; the national average is 79.5% across all categories. The Silver Category represents sites with between 6 and 25 patrolling officers.

24/7 Security has nine patrolling officers who cover Fourways Gardens Estate with patrols starting at 18h45 and ending at 05h45. These officers conducted 1920 patrols between 1 and 31 August 2018. To ensure regular and effective patrolling of the 24/7 Security patrolling officers, 24/7 Security utilises the Bloodhound GPS Patrol System. The device, which resembles a cell-phone, offers two-way communication between the guard and the controller. GPS based patrols are pre-loaded and the device tracks these. In the event of a patrol not starting or being interrupted, an alarm is automatically triggered. The device also contains a panic button. The main feature of this system is that full reports are generated by Bloodhound SA daily and are sent to clients without input from the security company, thus ensuring full transparency.

Section 2:

Safety when Witnessing and Reporting Crime on the Roads

We sadly experience on our roads not only threats from irresponsible and bad drivers, but also threats to life and property from criminals targeting road users. Nearly every day we are warned of or hear about a protest action on a road somewhere, a hijacking or a cash-in-transit robbery.



But what can we do when witnessing criminal activity on our roads? Can we and should we assist our fellow road users when witnessing these incidents and what do we need to know about reporting such activities?

Personal safety is the first priority when reporting a crime:

- The Golden Rule is Personal Safety First!
- You firstly need to consider your safety – if this includes avoiding confrontation, that will be the way to go!
- Our instinct is often to help the victim(s) in question – yet, one should not get involved especially when criminals are armed.
- Do not try to be a hero, e.g. crashing into the car of the culprit or trying to make a private arrest, as this may endanger your life. No heroic gesture is worth your own life.
- Furthermore, the witness won't be any help to anyone should he/she sustain an injury.
- Pay attention to the road ahead, leaving enough distance between yourself and the position of the incident to ensure safety from explosive materials, broken glass or leaked fuel resulting from a cash-in-transit heist or bombing.
- A witness should never draw attention to themselves or antagonise the suspects by hooting, hollering, or be seen to be taking images/videos of the incident.
- If you are followed, consider forwarding a moving locator, if your phone is equipped with this app, to a friend or family member.
- If you are not driving, you may consider making an audio recording of what you see on your phone if it could be done inconspicuously. You may raise the threat to your safety if you are observed recording the crime.

Hijackings / Smash-And-Grab:

- When observing a hijacking or smash and grab attack, DO NOT exit your vehicle to try and assist the victim. No one is faster than a bullet, so don't put your life in danger.

- Make observations if at all possible, but your first objective is to stay safe.
- Make yourself a smaller target inside your vehicle by lowering yourself behind the dashboard and call for police assistance on the emergency number.

Hit-and-Run:

- A witness should never attempt to follow a hit-and-run vehicle. In the worst-case scenario, the witness could be the suspect's next victim.
- Without jeopardising your safety, attend to the victim, but try and memorise as much of the circumstances that took place and report to the authorities.
- Requesting immediate medical assistance and securing the scene to prevent a secondary collision into the victim would do far more for the victim than chasing after an offender.
- A witness should take note of the incident itself, assisting police officials with details of what has occurred.
- You may try to record the registration number, but it is also important to try remembering the make and model of the vehicle, and any other distinctive marks (advert on the window). If you are not fluent in identifying types of vehicles, try to remember a description thereof.

Damage to property such as crashing into traffic lights, theft of manholes/road barriers:

- Once again, do not confront the offending vehicle/driver. Take notes and report to the Police.
- Your chances of becoming a victim of road rage or worse is a risk not worth taking.

Stay in touch

We look forward to suggestions and recommendations via the General Manager, Gary Haynes, which we will address accordingly.

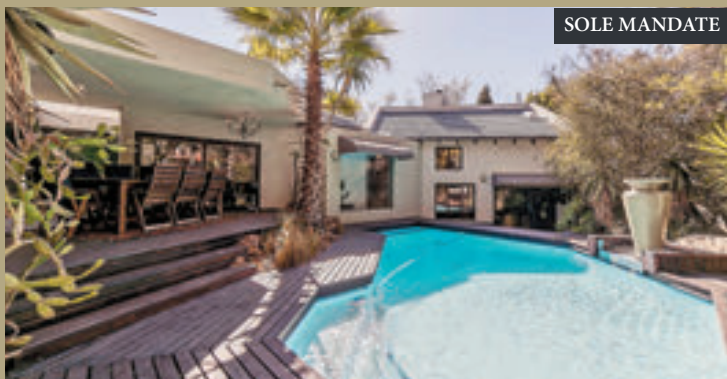
CENTURY 21

Lifestyle Team



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FOR SALE



SOLE MANDATE

R4 995 000

Web Ref: 21DN-2920

Spacious interior featuring a formal and informal lounge plus a private entertainers room with built-in wooden bar and TV lounge. Formal dining room opening onto the patio. Japanese styled garden courtyard off the study. A covered patio overlooks the large sparkling pool surrounded by wooden decking, set in a spacious private and walled garden. Modern fitted kitchen with breakfast nook including high-gloss fitted cabinets and granite work tops; space for a double-door fridge and a separate scullery. Upstairs rumpus room, home office or gym. A separate wing hosts the spacious 4th guest bedroom with Victorian en-suite bathroom. All family bedrooms are on the same level and the master en-suite bedroom has a sliding door opening onto the exterior. Large 3rd bedroom or optional granny flat, complete with kitchenette and en-suite bathroom. Double garaging, and off street parking for guests.

FOR SALE



SOLE MANDATE

R3 395 000

Web Ref: 21DN-2721

Hidden away behind a north facing walled 1129m2 stand, lies this inviting family home surrounded by a beautiful mature garden oozing tranquillity and harmony. The large entrance hall sets the tone for an elegant home and lead to the lounge with a wood burning fireplace with a dining room adjacent to the kitchen. The home comprises three spacious bedrooms and two full bathrooms. The kitchen lead off to a private sunny courtyard. North facing terrace overlooking the garden. Sash windows throughout the home. Separate laundry room. Double automated garage and ample secure off street parking for guests.

FOR SALE



R4 499 000

Web Ref: 21DN-2656

Spacious contemporary family home with lots to offer. Included are 3 bedrooms and a study or 4th bedroom, plus 3 bathrooms (MES). The master bedroom has a walk-in wardrobe and full bathroom plus access to a north facing balcony offering views of the surrounds. 3 Reception rooms consisting of a double volume lounge with sliders leading to the covered patio overlooking the large pool and mature garden; dining room adjacent to the solid wood built-in bar and a family lounge with sliding doors offering access to the garden. Modern eat-in kitchen with plenty of cupboard space with granite tops; double eye-level oven and a gas hob with overhead extractor fan and a separate scullery. Deluxe staff accommodation with kitchenette. Double automated garage with direct access to the home and ample off-street parking for guests.

FOR SALE



R3 800 000

Web Ref: 21DN-2879

Single storey home on a spacious stand of 1023 sqm with lots of opportunity to expand with reinforced foundations for double storey, allowing you to create your dream home! 3 Bedrooms and 2 full bathrooms (MES), with 3 reception areas. The large kitchen has been newly renovated with granite tops and lots of built-in cabinets, providing ample storage space. Separate scullery. This kitchen is adjacent to the dining room which opens onto the garden and pool. An outdoor gazebo/ games room with built-in bar and braai area, is ideal for outdoor entertainment. Sparkling pool set in a spacious private garden. Staff accommodation. Double automated garage and additional car port for 2 vehicles.

If you are considering selling or renting your property contact Century 21 Lifestyle Team for a qualified evaluation. We welcome your call and will be pleased to discuss your property needs at any time.

Our experienced team will provide you with the best professional service!

Tania Heurtaux 082 550 2222

Joep Rijntjes 083 462 2756

Tel: 011 460 1599 | Email: lifestyle@century21.co.za | www.century21.co.za

Monthly Draw – 31 August

Century 21 kicked spring off a day early with beautiful seedling flowers for each lady on the night!

The winner was Robert Noches from erf 1292 – 4 Crab Apple, but he was not in attendance. Therefore, the cash pot rolled over to **R9,000 for September!**

- Kid's prize: **R150 gift voucher** – Sarah Sinclair
- Second prize: **Champagne** – John Mackay
- First prize: **Champagne Hamper** – Joa Calkoen



Rules for the Monthly Draw:

Anyone in attendance stands a chance to win one of the lucky draw prizes. Simply complete your details on an entry form and you can win one of three beautiful lucky draw prizes.

Our cash prize is for homeowners only and all owners in good standing are automatically entered into the draw. You have to be in attendance on the night to claim your prize. If not, Century 21 will donate another R1,000 that rolls over to the next month!

Remember, you have to be there to win!

The Monthly Draw takes place on the last Friday of every month in the Clubhouse at 19h00!

PAY LESS

FOR YOUR HOME-OWNER'S INSURANCE!

You do not have to insure the structure of your house through the bank where your bond is held.



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FWG ACTIVITY PROVIDERS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:00	Outdoor Fitness Classes (8:00-10:00)		Outdoor Fitness Classes (8:00-10:00)		Outdoor Fitness Classes (8:00-10:00)
08:30	Rhona Williams 083 600 1868	Pilates - Tracey (8:30-9:30) 082 894 6096	Rhona Williams 083 600 1868	Pilates - Tracey (8:30-9:30) 082 894 6096	Rhona Williams 083 600 1868
09:00	Yoga - Wendy (9-10:15) 011 465 7155 083 400 6211				
09:30					
10:00					
10:30	Nunu's and Nannies (10:30 - 12:30) Vanjee Smith 079 1800 330 vanjeeleigh@gmail.com			Nunu's and Nannies (10:00-12:00) Vanjee Smith 079 1800 330 vanjeeleigh@gmail.com	
11:00					
11:30					
12:00					
12:30					
13:00					
13:30					
14:00					
14:30					
15:00			Helen O'Grady Drama Academy (15:00-18:00) Kerry Holbrook 083 410 2940 www.dramafrica.com	Ballet (15h00-15h30) Nicky Ridley 072 238 8063 nickyridley33@gmail.com	
15h30	Jazz (15:45-16:45) Debbie 082 425 6098				Yogabats (15:30-16:30) Desley White 011 465 1939 / 084 465 1939
16:00			Boxing lessons (16:00-17:00) Sean 076 854 8650		
16:30		Goju-Ryu (16:30-19:30) Stef and Roberta 083 384 3026 / 083 309 5352		Goju-Ryu (16:30-19:30) Stef and Roberta 083 384 3026 / 083 309 5352	
17:00	Flamenco Dance (17:00-18:00) Cristina 076 521 8750				Boxing lessons (17:00-18:00) Sean 076 854 8650
17:30					
18:00	Yoga (18-19:15) Wendy 011 465 7155 / 083 400 6211		FOR HOA AND AGM MEETINGS		
18:30		FWG Running Club secretary@frra.co.za Mandy 083 462 2725		FWG Running Club secretary@frra.co.za Mandy 083 462 2725	
19:00					
19:30					
20:00					

Clubhouse Phase 2 Outside Phase 2 Tennis Gazebo

All fees and times to be confirmed with the activity provider concerned.

SEEING IS BELIEVING

Come celebrate with us!



THE DOORS TO CELEBRATION RETIREMENT ESTATE IS NOW OPEN

For the past two years the site across the road from Northgate Mall has been a hive of construction activity gradually transforming from a bare piece of land into Celebration Retirement Estate – the largest upmarket lifestyle estate for over 50s in Gauteng.

Anticipation grew as the massive earth works started to give way to cranes going up and buildings slowly but surely rising from the ground. When the show house village opened in August 2017 and marketing started in earnest, the response from the public was overwhelming with 100 units sold in the first 14 days! To date an unprecedented 280 units had been sold.

After this long, exciting journey, the big day had finally arrived. On 1 August 2018 Celebration Retirement Estate proudly opened its doors to its first 181 residents, with the second phase of residents who moved in on 1 September. If you have been curious about what has been happening behind those construction barriers for the past two years, come see for yourself, because you won't believe your eyes!

Lifestyle facilities and frail care fully operational

Celebration Retirement Estate is Central Developments' 12th retirement estate and has the best facilities and services to date capitalising on all the lessons learnt at the previous 11 retirement developments. The magnificent 3 000m² lifestyle centre and 30-bed frail-care facility, is fully operational from phase one as promised. It consists of a restaurant and dining room, recreation hall, games room, indoor heated swimming pool, doctor's consulting room, hair and beauty salon, convenience store, coffee shop and deli, library and more – all within a beautifully designed and decorated space which will leave you feeling like you're in a five-star resort.



Besides these beautiful, world-class facilities, Celebration also offers 24-hour, state-of-the-art security and for added peace of mind each resident has a mobile panic button connecting them directly to the frail-care unit and guard house 24 hours a day.

60% SOLD OUT Next phase now selling



Celebration Retirement Estate's next phase is selling now still offering a choice of 19 different floor plans ranging from one and two-bedroom apartments to spacious two and three bedroom cottages and houses with quality finishes throughout. They are also packed with special new features which

were added due to lessons learnt at the previous developments, such as mid-level ovens, covered patios, low maintenance garden fences, PV thermal solar panels and LED lighting.

The largest upmarket lifestyle estate for over 50s in Gauteng

Other exciting new features include the fact that Celebration is the first retirement development in Gauteng to be registered for EDGE (Excellence in Design for Greater Efficiency) certification by the Green Building Council of South Africa. This will ensure 20% more energy savings than the norm resulting in lower water and electricity bills for you at the end of the month.

Furthermore the entire estate has fibre to each unit ensuring, fast, reliable and affordable internet connectivity enabling residents to easily work from home, stay connected with family and friends, make more affordable phone calls and enjoy the latest in internet entertainment services.

Units are selling from R820 000, but rentals starting from as low as R6 800 per month, are also available for those who don't want to buy, but would also like the care-free, active and secure retirement lifestyle that Celebration offers.

HUGE DEMAND, LIMITED SUPPLY, EXCELLENT INVESTMENT

The sales figures speak for themselves. There is a huge demand for these retirement properties due to the very limited supply, which also contributes to the fact that they are the best performing residential property investments in the market with achievable investment returns of up to 20% per annum (up to 8% rental return

and up to 12% capital growth). Since these are full ownership properties, and not life rights only, like most other retirement developments, the owner gets the full benefit of the property's capital growth. Many investors of all ages buy these properties and let them out until they themselves are ready to retire and live there, or purely to expand their investment portfolio.

Seeing, however, is believing, so come see for yourself why everyone is raving about this new flagship retirement estate in the north of Johannesburg and all its offerings. Come experience Gauteng's premier retirement estate first hand. You are invited to tour our brand-new lifestyle centre and show village and enjoy a lunch in our first class restaurant. Our show house village is open 7 days a week from 09:00 to 17:00. Do not delay. Secure your investment or future retirement property today!

Apartments selling from

R820 000

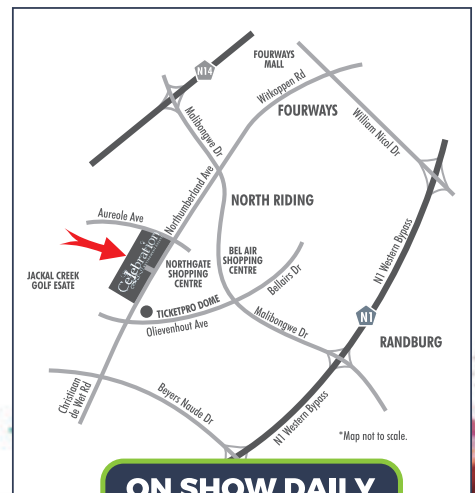
Free-standing houses from

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**ON SHOW DAILY
09:00 - 17:00**

INCREASE YOUR PROPERTY VALUE – ENHANCE YOUR GARDENS!

Landscaping remains one of the most important ways to increase your property's value quickly. Studies in the USA show that a beautiful landscape design can improve the value of your home by at least 5 to 11 percent. The best part about landscaping is that even though it's one of the most valuable home improvements you can make, it's also one of the easiest. If you're wondering how to turn your landscape into one of your home's most valuable assets, here are some tips to get you started.

1. Fit garden and verge design to style of house

The best way to get an excellent return on investment with landscaping is to make sure it fits with the style of your home. In this instance, you're much better off with a country or cottage-style landscape that blends in with the old-fashioned formality of your home.

The same holds true for more modern home styles. If your home falls into one of these categories, you'll want to stay away from square, formal gardens or a profusion of airy blooms. Instead, create a more modern landscape by relying on plenty of greenery and natural-looking beds that fit the contours of your property.

2. Choose a simple design

You'll need to have a good design. That means you shouldn't clutter the entire garden with various high-maintenance plantings, but you also shouldn't have plain grass with no landscaping.

Select a simple plan with some diversity among your plantings without taking it too far. The ideal landscape has a good mixture of shrubs and perennials, but it doesn't have one of every kind of plant that you can find at the nursery. Instead, it has a uniform look with just enough diversity to make it interesting, but not so little that it becomes boring. Avoid a design so complex that the thought of maintenance will chase away potential buyers.



3. Achieve Seasonal Balance

A profusion of spring blooms won't interest potential buyers who look at your home during other parts of the year. Think about ways to make your landscape attractive all year —pots or selected areas of blooming bulbs for spring, annual beds around the house during the summer, shrubs with brightly coloured leaves in the autumn, and evergreens and carefully planted up pots for the winter. Even though most buyers will be looking at your home during one season, they'll notice the balance you've created and they'll think about how beautiful the home will be as the seasons change. Small, neat vegetable and fruit kitchen gardens are currently highly popular and underline the care you take of your property and family.

4. Plant Trees

A few simple trees can make an enormous difference to the sale price of your home. In studies in the USA, simply living on a tree-lined street added between 10 to 15 percent to the sale price compared to neighbourhoods with fewer trees. So why are trees worth so much? Trees remove carbon dioxide and pollution from the air, so people view them as

an eco-friendly option. The shade helps keep neighbourhoods and homes cooler and more pleasant, which in turn cuts air conditioning costs. Trees are also a stress reliever — people enjoy relaxing in their shade or gazing at the leafy view. Just be careful to find out about selected trees rooting habits and growth potential to ensure you choose trees suitable for suburban gardens.

5. Maintain your garden and hard landscaping

Neatly edged healthy lawns give a great first impression. It shows prospective buyers how meticulous you have been concerning the property's upkeep. They'll know that if you're willing to keep the garden, braai area, tool shed and garden ornaments freshly painted and clean, generally looking nice, the rest of the property is likely in pristine condition, too.

6. Waterwise Gardening

We in South Africa are having to accept our country has a water scarcity. We are under water restrictions across the whole country. Choose indigenous plants and succulents which are drought hardy and also very colourful in your garden design. Also consider using hard landscaping including rocks, pebbles, gravel and driftwood which can add so much character.

7. Share Plants

In these times of economic challenge, try to share plants as much as you can with your neighbours. JOIN OUR GARDENING CLUB – our members have awesome gardens simply teeming with beautiful indigenous plants that we are happy to share!

By Francesca Beattie with thanks to the contribution of Rick Ryan, who is the president and owner of All Valley Landscaping.





YOUR RESIDENT Property Specialist!

*"I have been living and selling property
in Fourways Gardens for 14 years!
Your asset is important to me."
Francesca Beattie*

**DEAR RESIDENTS – PRIME SELLING PERIOD IS HERE.
PLEASE LET ME ASSIST IN THE SALE OR RENTAL OF YOUR
PROPERTY AT THE BEST PRICE POSSIBLE.**



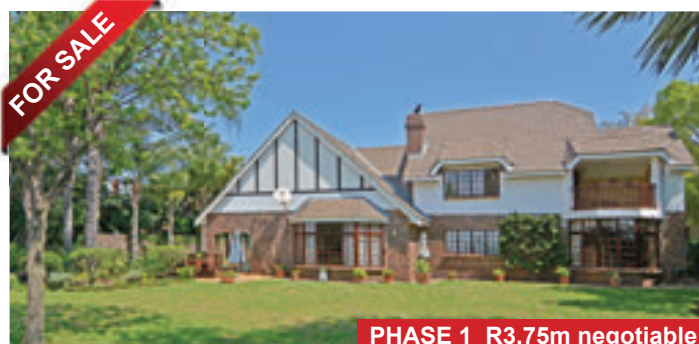
CAMDEBOO ROAD R4.850m/ R30 000pm



CAMDEBOO ROAD R6.65m



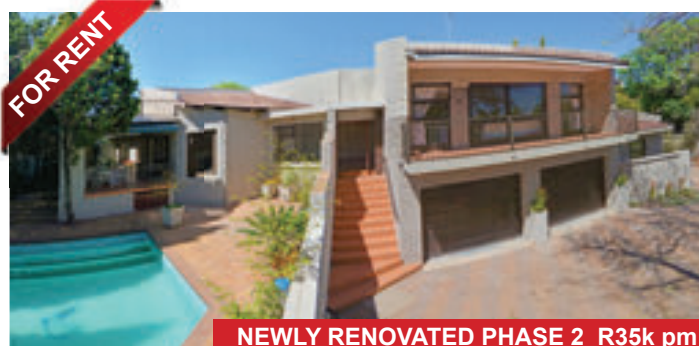
ON THE NATURE RESERVE! R5.5m



PHASE 1 R3.75m negotiable



PHASE 2 R3.9m negotiable



NEWLY RENOVATED PHASE 2 R35k pm

 **011 705 2384 / 083 678 8001**



info@fbproperties.co.za



www.fbproperties.co.za



FRANCESCA Beattie
properties



Spring Resolutions

Make it a spring resolution to bring back easy to grow garden flowers like cornflowers, godetia, cleome, sunflower, love in a mist and zinnias to your garden. Get down and dirty with direct sowing to create a meadow or beds filled with the controlled chaos of flowers to wander through and joy. All you must do is prepare the soil with our contour compost and vermiplus organic fertilizer pellets and make sure you follow the instructions on the back of the seed packets. The soil should never dry out after sowing. If necessary, give a light sprinkle of water twice a day. As soon as germination is complete, and the first true leaves show, you can give less water.



How to get your garden spring ready



• SPRING CLEAN YOUR SPRING GARDEN

Give your garden a proverbial spring clean which will pave the way for the warmer months. Start by raking up old plant litter and debris, de-weed where necessary,

prune and remove any dead vegetation and start preparing your beds for new plants. While you're preparing your garden don't forget to fill up the bird feeder too as many birds will need extra nourishment for the breeding season.

• GIVE YOUR LAWN A SPRING MAKE OVER

Your lawn will probably need quite a lot of attention after winter. Frost and dry air can wreak havoc on a lawn and leave it looking dead, ugly and even bare in some areas. One of the first thing to do to improve your lawn after winter is sweep away any dry, dead leaves which can block the sun from reaching it. Once your lawn is clear of leaves carefully spread a layer of our best lawn dressing.

Over the grass, water it profusely and re-seed areas which have died off. Using our lawn dressing will give the lawn a boost improves drainage and drought resistance and reduce the need of supplemental fertilizers.



1. ADVANTAGE

Growing plants from seeds is the cheapest way to garden and the seeds packets are available anywhere and everywhere – even at the corner café in small towns.

2. WHAT TO PLANT

Plant charming perennials in your spring garden like columbines, gauras, carpet geraniums, bearded iris, giant statice and sweet violets.

3. SPRAYING

Start spraying fruit trees against fruit fly and codling moth once about 75% of the blossoms have dropped off. Spray every 10-14 days.

4. COMPOSTING

It is time to think about composting, planting, making pretty and tooling up. A little help and encouragement such as layer of mulch and organic fertilizer will not go amiss and is a perfect way to prepare garden for the burst of growth and activity that will erupt throughout the spring months. Use our organic fertilizer to boost your garden in the early spring.



Compost, mulch and Fertilizer orders

Contact Turfnet on: 011 4695051/4

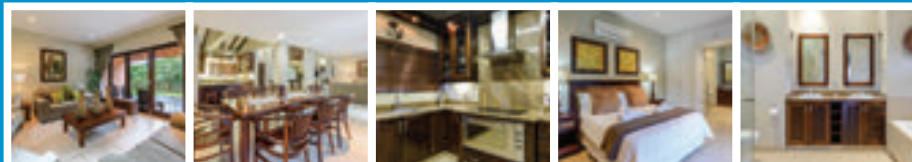
Or send an email to: jerida@mweb.co.za

Whichever way our help desk is always ready to help you and give you our friendly service
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FWG BARN DANCE

Our first Barn Dance was hosted on Saturday evening 1 September. What better way to welcome spring! Michele and Trish from Seeff, our co-sponsors, went all out on the night with beautiful décor which had everyone in the mood to party!

Our Clubhouse did not disappoint with real American food, served buffet style on the night. Thanks to Francois, Gracious, Clyde and the team for excellent service and food!

Gill, from Laugh Out Loud Photo booth had her stall with great props set up and were able to take pics, print and give the photos to all who were there on the night. This service is highly recommended for anyone hosting a big party!

Thanks to all the cowboys, cow girls, rednecks, Indians and Mexicans, who were dressed to the T, making the evening such a success! Our first couple to win as the best dressed, was Astrid and Kevin James, with this cow-girl leading her injured Mexican onto the dance floor in cuffs (Kevin was literally in a moon boot). A little later Kim and Lee Dawson arrived and swooped up the second prize for the evening. As a real American sheriff, Lee had the room in stitches!

This evening will definitely be repeated in the near future! Thanks to everyone who made the night such a success!





Estate News



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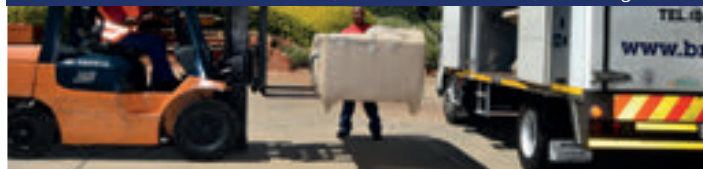
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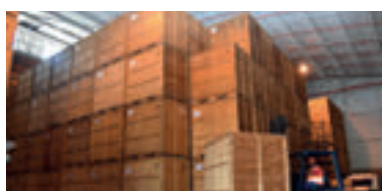
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WHAT FWG KIDS DO IN THE HOLIDAYS



8 different activities
16 different events
54 kids attending
90 attendances

(lots of kids attended more than one event)

During the August school holidays, the Fourways Gardens children were kept busy with an array of activities offered in the Estate by parents, teachers and other suitably talented and skilled willing individuals.

Grandpa Geoff taught the boys and girls how to wield a hammer and after the first session the Woodwork workshops were completely oversubscribed. They made trays and balance boards.

Nicky got them mixing and molding, the result some lovely soaps the kids took home. A great way to encourage bathing! They even made shampoo soap.

Bronwen got creative with Arty Crafty and the result was space rockets, cars and tanks from anti-waste collected, yummy Marie biscuit sandwiches and more.

Vincent kept the kids moving with Soccer and good old-fashioned games at the Phase 2 soccer nets. Those kids slept very well!

The Orienteering allowed our junior residents to explore the park and apply some map reading and problem-solving skills.

Like2Bike started off seriously with a bike safety check and getting to know your bike. Then the very serious matter of road safety was discussed, followed by skills drills and eventually the kids got to show off their newly learnt skills. Everyone received a goodie bag and a certificate upon completion.

Sean kept the kids busy "in the ring" and taught them some sparring and boxing techniques.

All in all, it was a very successful holiday program, with most events being booked at full capacity!



NATURE RESERVE YOUNG RESIDENT HEROES

On 15 and 16 August, City Parks had to do a block burn in the nature reserve in Fourways Gardens Estate, Phase 1. The purpose of these block burns are:

1. To burn grass to remove moribund (fuel load or tall grass).
2. To stimulate grass growth.
3. To reduce the amount of alien plants or encroaching plants.
4. To kill parasites that might be in the grasses.

Three of our young residents were made aware of what was planned and decided to offer their assistance to Phillip from City Parks. Mark and Alistair van Hilten and Caleb Webb, all aged 11, arrived early at the Nature Reserved, armed with burn shield and a good attitude and were welcomed by the team from City Parks.

The boys helped Phillip to get our Cranes out of harm's way and also managed to help 25 tortoises escape the blaze. Under the watchful eye of Phillip and the firefighters who were there, these three youngsters offered a big help on the day!

All three of them advised me that they plan to become game rangers, hopefully at The Kruger or Impodimo Game Lodge, owned by the two Van Hilton brothers' uncle. No wonder they have such a appreciation for nature.



Mark, Alistair and Caleb, we need more young heroes like you in the Estate!
Well done gents, we are proud of you!

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FOUND A BABY BIRD, WHAT NOW?

As spring arrives, once again my Natural Pet animal hospital is filling up with wild baby birds dropped off by well-intentioned people. These folks have come upon a baby out of its nest and felt their only option was to pick it up and take it with them.

Unfortunately, in many cases these baby birds weren't really rescued – they were kidnapped.

Is the Bird You Just Found an Infant or a Pre-schooler?

Young birds usually fall into one of two categories:

1. **Nestlings** are baby birds that are featherless, with pink skin. They can't move around much or fly and they still need to be in the nest.
2. **Fledglings** are juvenile birds that are actually old enough to be out of the nest, but still too young to be competent fliers.

What to Do If You Find a Nestling

Nestlings (the featherless baby birds) are sometimes blown out of their nest on a windy day or during a storm. And sometimes, the whole nest comes down. If you find a nestling, take the following steps:

1. Look around first to see if it fell from a nest that is still intact and in place. If the nest is still there, simply put the baby bird right back in it.
2. If the nest has been blown down or has fallen to the ground, you'll want to collect as much of the nest material from the ground as possible.

3. Next, get a plastic container the approximate size of the original nest or you can cut one to size. Put the nest material into the container and poke a few small holes in the bottom for drainage.

If there's no nest material left, you can substitute either an old wash cloth or other type of clean, dry cloth, or some clean paper towels.

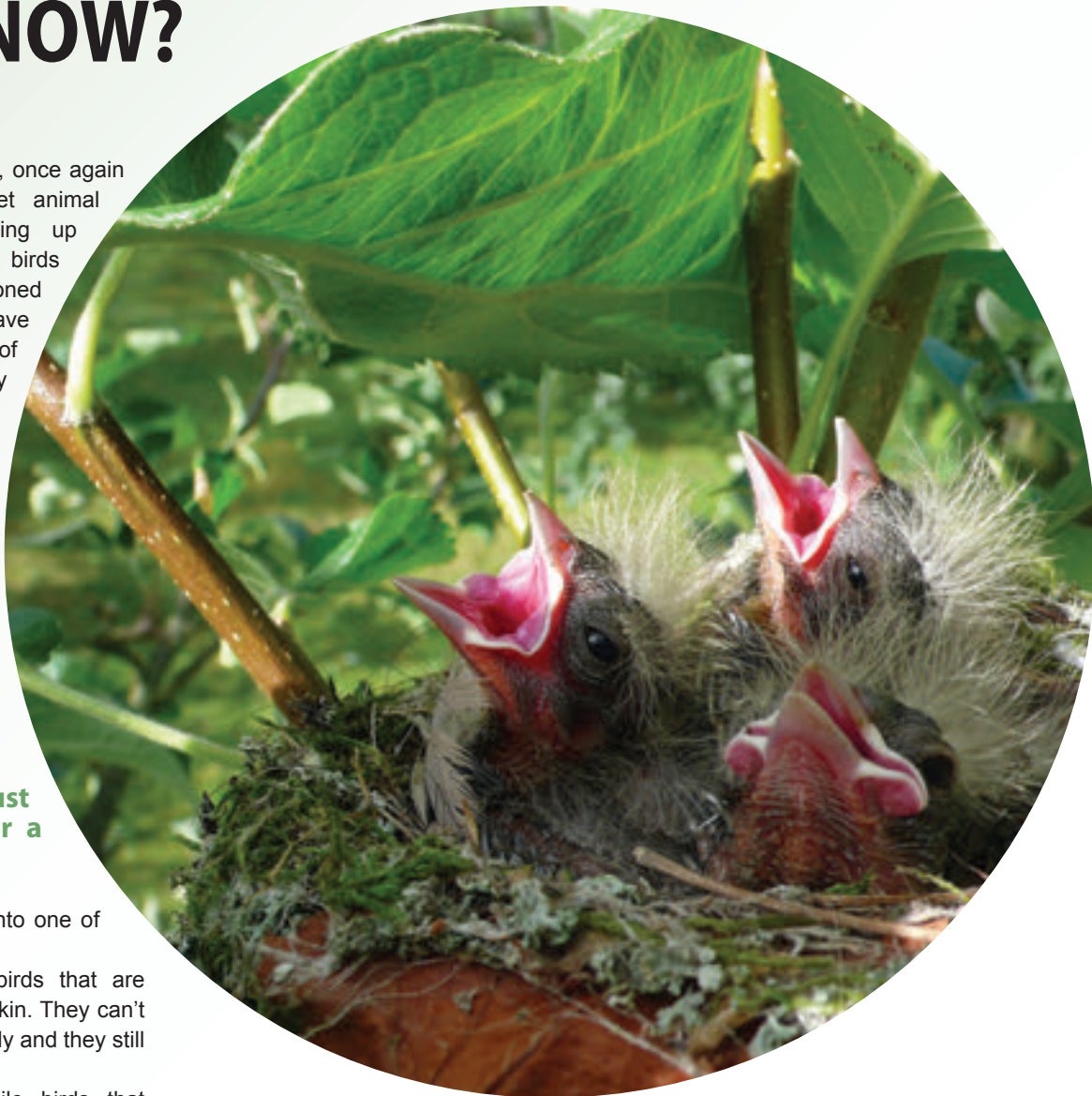
4. Nail your nest container high up in the tree closest to where you found the nestling, and gently place the baby bird back into the nest.
5. From a distance, watch your homemade nest very closely and wait for the mother bird's return.

Please understand it is a myth that mother

birds abandon baby birds touched by human hands. Birds (excluding vultures) have a very poor sense of smell, so mama bird isn't likely to pick up your scent on her nestling! Rest assured the mother bird has invested time and energy into raising her baby, and nature will prompt her to continue until the baby bird can survive on its own. You should feel very comfortable gently picking the nestling up and placing it back in the makeshift nest you've secured high up in the tree.

The Fledgling Stage

Instead of a little pink, featherless baby bird, you might run across one a bit older, a fledgling. These are young birds that have outgrown the nest. Flying from



the nest to the ground is instinctual in fledglings, but their landing and ground take off skills are still developing.

Fledglings spend several days to several weeks hopping around on the ground, learning hunting and foraging skills from their parents. During this period in the fledgling's development, the mother bird is usually within calling distance of her youngster. She will return intermittently to feed the fledgling while it learns how to find its own food on the ground and continues to mature.

What NOT to Do If You Encounter a Fledgling

Fledglings are more often than nestlings because people who find them hopping around on the ground alone assume they've been orphaned rather than blown out of their nest. If you see a fledgling, you might be tempted to capture it to get it out of harm's way.

You might look around for the young bird's parents, not finding them, you assume the baby is an orphan and you approach it. It's rare, but there is a slight chance you could be dive bombed by a mother or father bird as you get close to their baby. If that should happen, it's your cue to leave the fledgling alone.

In most cases, however, you won't see or hear the parents. If you capture the baby to remove it to what you believe is a safer location, what you're unintentionally doing is kidnapping the fledgling from its mother and interrupting its natural development. What you want to do

instead is simply keep pets and children away from the area where the fledgling is hopping about.

The mother and father will continue to support their young bird from a distance and within a relatively short time the fledgling will develop the breast musculature and feathers it needs to fly away to its life as an adult bird.

How to React in an Emergency

There are a few situations which are genuine emergencies and you'll need to intervene to save the life of the nestling or fledgling you've found. If you find a nestling, have followed the steps I outlined above, and the mother bird hasn't returned to the nest within a day or so, do the following:

- Prepare a shoebox with some soft nesting material (clean, dry cloths or paper towels).
- Retrieve the baby bird from the makeshift nest and gently place it in the shoebox. You may also be able to remove the homemade nest from the tree and place it with the bird into the shoebox.
- Put the shoebox in a warm, quiet area of your home. Don't attempt to feed the baby bird.
- Contact your veterinarian, your local humane society or federally licensed wildlife rehabilitator for further guidance. The National Wildlife Rehabilitators Association (NWRA) has a website at www.nwrawildlife.org where you can find links to directories for local wildlife rehab organizations or individuals.

If you find an injured baby bird or one that appears cold, weak, unable to move well or is otherwise debilitated, very carefully move it to a shoebox prepared as described above. Again, don't try to feed it, and contact a licensed wildlife rehabilitator immediately for further guidance.

Should You Keep It?

Many people who rescue a wild baby bird are tempted to keep it and raise it themselves. There are a few problems with that approach. First you need to be aware that not all birds are alike.

Nutritional requirements depend on what species the bird is. For example, some species of baby birds eat worms and bugs. But if the baby bird in your care is a seed-eater, worms can be toxic. (That's why I warn against feeding a bird you've rescued before you contact a licensed professional to determine next steps.)

It's crucial that you know not only the species of bird, but also its metabolic requirements and what it can safely eat. This is information you should only get from a licensed professional. Guessing at the species of a baby bird or what it can eat can quite literally be deadly. And did you know it's against the law to raise wildlife without a license? If you're interested in becoming a licensed wildlife rehabilitator, you can get more information on that subject, as well, at NWRAWildlife.org.

<https://healthypets.mercola.com/sites/healthypets/archive/2011/05/24/when-rescuing-a-baby-bird-is-not-the-compassionate-thing-to-do.aspx>



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Our Indoor Sports Centre, due for completion in 2019, caters for hockey, netball, basketball, and cricket on specialised matting, with an Astroturf alongside the court. A separate, climate-controlled Aquatics Centre features a 30m by 25m heated swimming pool will cater for year-round Water Polo, swimming events and training.

Sports Centre



BOARDING LIFE

Our boarding facilities are comprised of three buildings, catering for boys and girls. We strive to maintain a homely yet structured and supportive atmosphere, and students reside in boutique apartment style rooms, complete with en-suite facilities, private study areas and concierge services. We try to create a comfortable home-life by focusing on small details such as baking homemade treats for the students to enjoy, or arranging special cultural events. Facilities are modern, yet are underscored by old-fashioned values that include having good manners – being punctual, respectful of seniors and elders, as well as helpful and clean and tidy.



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run by Rose - rose18@westnet.com.au



The 4th Tuesday of each month:
Art & Ceramics at Morag's house
run by Morag - morag@vlaming.co.za



The 1st Wednesday of each month:
Wine Club at the clubhouse
run by Sharon - shabrini@mwebbiz.co.za



Every Friday:
Bridge at the clubhouse at 1pm
run by Norma - normandyjohnston@gmail.com



The 2nd Tuesday of each month:
Charity Group at the clubhouse at 3pm
run by Annie - abgrealy@iafrica.com



Every Thursday:
Tennis at the clubhouse courts at 7am
run by Ria - Ria@Treasures4U.co.za

THERE'S IT! A NEW COOKBOOK BY SUZELLEDIY HAS ARRIVED

Famous for her hilarious do-it-yourself videos, SuzelleDIY has released her very own cookbook, *Recipes*. Also available in Afrikaans, the pages are full of delicious recipes that Suzelle has gathered and created over the years, from her oma's old classics to her own creative ideas that will get everyone talking at their next dinner party!

Recipes by SuzelleDIY is a passion project put together by Suzelle and her team. This project has been a long time in the making and the Sketchbook team cannot wait to finally share the book with the world!

Readers will be tantalised with scrumptious desserts, easy dinners, fun and delicious twists on South African favourites (bobotie balls anyone?), as well as a few wonderful recipes from special guests who also wanted their recipes in the book, shame.

This cookbook is for everybody! So pop on your aprons people! It's time to use your own creativity and make some delicious kitchen magic happen.

DIY? Because anybody can!



ISBN 978-1-4314-2717-8
GENRE: Cookery
FORMAT: Paperback
SIZE: 250x190mm
EXTENT: 224pp
PRICE: R280
RIGHTS: World Rights
RELEASE: October 2018

CELEBRATING FAMILY, PAST AND PRESENT



Some of the Class of 2008 at their 10-year Reunion Dinner

It is always with much pride that Dainfern College welcomes back its alumni each year. It is wonderful to reconnect with the confident and successful young men and women who have matriculated from the College since the first Matric Class in 2001, and to celebrate their achievements in tertiary studies and the workplace as well as share the joy of their special life events.

While past students are always welcome to attend functions throughout the year - with winter sports derby days being particularly popular with former students - there are two special occasions each year where the connection with past students is celebrated.

The first is the annual Alumni Sports Day. Informal matches are held between alumni and the College first teams in cricket, netball, touch rugby and hockey. The old boys usually reign supreme in touch rugby, while the other sports are keenly contested between past and current students. The alumni particularly enjoy the opportunity to play on the College Hockey Astro as many of the older matriculants had left the College before it was built. The evening ends on a social note where alumni, staff and students share memories and catch up on each other's news.

The 10-year Reunion Dinner is the highlight of the alumni calendar. This year saw a record number of old boys and girls from the Class of 2008 attend the event, held at Jonny's Restaurant in Dainfern. Those attending took great pleasure in reconnecting with old school friends as well as the staff that attended. The evening was filled with 'Do you remember when...' and the slideshow highlighting their time at the College was cause for much laughter and nostalgia.





Touch rugby competition



Mixed hockey fun on the Astro



Hockey alumni and College boys



CJ Coetzee (far right) wore his old uniform to the Reunion Dinner

DAINFERN
College



For more information about Dainfern College, please contact marketing manager Mrs Deidré Proxenos on 011 469 0635 or dproxenos@dainferncollege.co.za.



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Fourways Gardens
Wine Club

FWG Wine Club – Groote Post, 5 September

Our September Wine Evening was hosted by Wimpie Borman, the Marketing Manager from Groote Post, who entertained the 113 guests in attendance. He was very knowledgeable about their wines and gave a light-hearted and informative presentation. Guests were fortunate to taste 10 of the Groote Post wines, including their Bubbly as a welcome drink, 5 white wines, 3 red wines and then The Old Man's Blend Red as the Dinner Wine.



Groote Post is an historic 18th century farm on the cool sea and south-facing Kapokberg in the Darling Hills on the Cape's West Coast. The Homestead was built in 1808 and the name is derived from its original status as the largest guarding post in the area, set up to protect cattle. Throughout its long history Groote Post has been associated with the improvement of livestock breeding and is now owned by Peter Pentz's Union Dairy Farms.

Peter Pentz bought the historic Groote Post farm in 1972 and in the early 1990's, a soil map was completed which identified 1000 hectares as suitable for growing high-quality grapes, 107 hectares have currently been planted. In 2001 the Pentz family decided to sell off their prize Holsten herd to concentrate solely on the production of world-class wine, proudly continuing the traditions established many years ago. The unique aspects and cool climatic conditions of the Darling Hills yield superlative fruit and their wines are produced to reflect the uniqueness of their vineyards, enabling them to produce award winning wines.

Groote Post has always been best known for its Sauvignon Blanc, but in recent years its other wines, notably Chardonnay, Shiraz and Pinot Noir, have gained greater recognition, from wine competitions and its widespread client base alike. Although Groote Post wines have received a steady stream of accolades and awards since its maiden 1999 vintage, co-owner Nick Pentz and winemaker Lukas Wentzel believe that the best has yet to come. While acknowledging that winemaking and, particularly, grape growing are a perpetual work in progress, they are confident that they now have the building blocks in place for a more mature phase in its life cycle.





**Upcoming tastings
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TO SHAVE OR NOT TO SHAVE...

The long and the short of spring grooming.

Spring is one of the busiest times of the year at Twisted Whiskers Pet Spas. The warmer weather sees all our furry clients emerging from under winter jerseys and blankets, often transformed into mini Woolly Mammoths. Regular grooming is as important throughout the winter months as it is in summer, but is often neglected because pet-parents worry about their animals getting cold while being washed. This is never a cause for concern in our air-conditioned, cosy parlours at Twisted Whiskers Pet Spas.

WHAT'S THE DEAL WITH SHAVING?

While shaving the coat short is certainly one way to manage an overgrown winter coat, this option should be carefully discussed with your grooming team.

Dogs with certain coat-types

should never be shaved if it's at all possible to avoid it, as cutting into the thick undercoat can cause irreparable damage and leave your pooch with a sparse, lack-lustre coat. While some pet-parents choose to shave after all, for ease of maintenance or because they insist their pet is hot and uncomfortable in his long coat, we always aim to educate our clients on the possible results of shaving down for summer.

Pekingese, Pomeranians, Chow Chows, Huskies and other double-coated breeds like Shepherds, Collies and Retrievers should be left natural, with minimal scissor trimming done to tidy the overall appearance, while the coat is brushed free of all dead undercoat.

DOES SHAVING REALLY HELP TO KEEP THE PET COOL?

Absolutely not! While it may seem contrary to logic, longer-coated pets have a built in cooling system between the skin and the hair to help them cope with hot summer weather. Shaving the hair short exposes the skin to the sun's harsh rays and, according to studies, the skin temperature in shaved areas is actually higher than that which is protected by the coat.

Dogs also primarily lose body heat through panting, not through their skin.

The best thing to do for pets with longer coats is to ensure that they are thoroughly brushed out to remove excess hair, either professionally or by regularly using the correct tools at home, and to provide them with "chill out points" in the garden. Set up a shallow kiddies' paddle pool (plastic shell-types are marvellous for this) or buckets of cool water in a shady spot in your yard. You'll notice that your shaggy-coated kids will regularly dip their paws into the water to cool the pulse points just above their paws. This immediately helps to cool the entire body down. They might also enjoy lazing on the top step of the swimming pool on hot days.

Many people offer their pets large blocks of ice to lick throughout the day. The cool thing about this idea is that toys or treats can be frozen into the blocks – this not only helps your furkid to reduce his temperature, but provides hours of fun and interest as he strives to get at the goodies. Freeze pet-friendly fruits like berries or bananas, or a favourite toy, in an ice-cream container full of water for the coolest ever doggy treat! Cats can be offered smaller ice-blocks to chase along the veranda as they melt, cooling their paws, or place ice-blocks into a large water bowl for a fun "fishing expedition".

Damage caused by matting

Shaving an "aircon strip" on the tummy can be beneficial and many parents of dogs and cats with longer coats do this for their furballs in summer. A nude tummy doesn't affect the overall look of the pet, won't damage his coat, is not exposed to the sun and is ideal for cooling off by stretching out on floor tiles or special pet cooling mats.

WHEN IS IT UNAVOIDABLE TO SHAVE THE COAT?

Sadly, if a long, gorgeous coat has been allowed to become matted, there may be no option but to shave the pet down, even if he has a double coat. Mats that have turned into felt and lie close against the skin have to be shaved out. We see many pets each year where winter jerseys have caused months of friction and matting, or where clients have just not been able to keep up with the daily brushing that a long, thick coat requires.

Old hairs, that naturally fall out each day, get trapped amongst the healthy hairs and form a nasty clump that gets thicker and tighter until it literally forms a "straightjacket" on the pet's skin, tearing healthy hair out at the roots, causing bruising and limiting movement. This is incredibly itchy and painful for the pet, and further damage is often caused either by twigs, thorns and parasites such as ticks, fleas and beetles getting trapped under the matted hair. Wounds are often caused when the pet scratches desperately to try



Extensive mats have ripped hair out all over a cat's body.



Sores caused by cat scratching at his itchy, matted coat.



Shaved completely as a result of matting all over body.



Severe facial matting



Dermatitis due to tears lying wet against skin under facial matting

and ease the discomfort. The underlying skin becomes dry and unhealthy and the pet cannot experience the sensation of being stroked and loved.

There is no way to save a coat in this condition and we have no choice but to shave the animal right down to the skin and allow the coat to regrow. By recommending the necessary grooming tools and demonstrating the correct way to brush the new coat growing out,

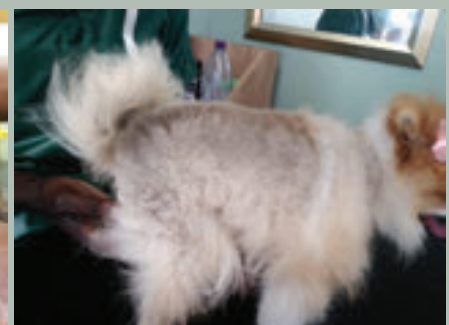
our hope is that pet parents will find it much easier to maintain a regular home grooming routine. Even pets who are professionally groomed require home maintenance in between – in the case of longer coated dogs and cats, this needs to be done daily to avoid matting. If your dog is a keen swimmer or lies on dewy grass, daily brushing is of utmost importance, as wet knots and tangles tighten on drying, making them more difficult to remove.



Alopecia



"Pom Alopecia", irreparable hair loss due to excessive shaving of any double-coated breed.



SO WHAT ARE THE GROOMING OPTIONS?

Most pet breeds have a standard breed style, based on the purpose the pet was originally bred for, and to highlight his best features. A perfect example is the French Poodle, originally bred as a water hunting dog. While most people find the pouffy pom-poms a little odd, they make perfect sense when one understands that the hair was specifically left longer around the joints to protect these areas in cold weather. The channels clipped in between the thicker areas of fur were to allow water to drain off easily as the dog emerged from his dip. Many other breed styles follow the muscle anatomy in order to accentuate powerful shoulders and haunches, a strong neck and so forth. The styling on the face emphasises your dog's innate personality traits: alertness, intelligence, courage, etc.

When it comes to cats, it is imperative to brush thick coated, long-haired breeds daily to prevent matting. For many cat-parents, this is impossible (due to time constraints and to some cats' aversion to being brushed), and they opt to shave their kitty shorter for ease of grooming, or have her groomed monthly. Many older cats also struggle to groom themselves as they develop arthritis and can no longer reach their "nether



regions"; shaving is also a good idea for these animals. The typical shaved styles for cats are a full body shave, leaving only the head fluffy (legs and tail optional), or the lion cut, which leaves a fluffy face and a mane covering either just the neck or the shoulders as well, fluffy booties on the legs and a pom-pom at the end of the tail (or a full, fluffy tail, if preferred). The rest of the body is shaved short.

Twisted Whiskers staff are fully trained to offer you advice on the style which will best suit both your and your pet's lifestyles. The long breed style may not work for a Yorkie who enjoys the "rough-and-tumble" of outdoor life on a plot for example; either a cute teddy cut or short breed cut would be more practical in this case. Have a look at the basic breed style and discuss variations with your groomer to ensure that your pet is comfortable and that you are easily able to fit the home maintenance requirements into your schedule. Alternatively, why not book regular grooming appointments at Twisted

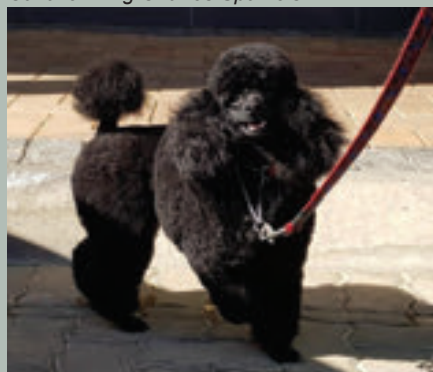
Breed styles



Lion Cut with neck mane and fluffy tail



Cavalier King Charles Spaniels



Pom-poms protect Poodles



Yorkie, full coat



Irish Setter



Chow Chow, double coat

Whiskers to ensure that your dog or cat always looks amazing and that you don't find yourself with a smelly, tangled, unhappy mess on your hands, instead of a fresh, adorable furball.

Whether or not you opt for regular professional grooming appointments for your dog or cat, always include home grooming too. Only brushing your pet when its coat is tangled makes for an unpleasant experience and will result in him heading for the hills when he sees the brush come out. Regular brushing helps maintain the salon look and pristine coat condition, and it's an ideal opportunity to pick up any bumps, scratches or abnormalities that might need veterinary attention. Most importantly, it provides special bonding time between you and each individual pet. You will benefit as much as your furkids do.

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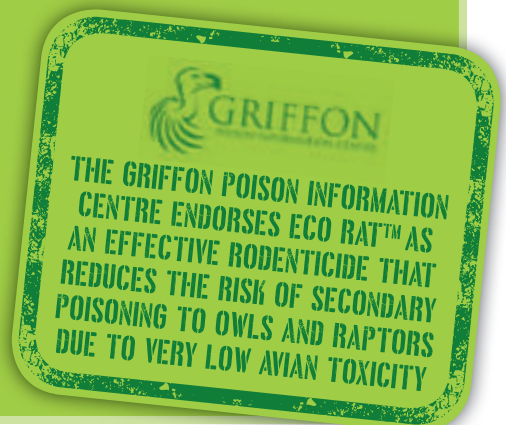


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GARDEN & HOME PEST CONTROL

HOW TO WOW OVERSEAS VISITORS

Scene – a leisurely drive away.

Those of us who live in the cosy, walled-in estates around Gauteng are sometimes visited by friends, relatives or business associates from foreign lands – and, if you are like me, you feel compelled to impress them with “wow facts” about this much-criticised country.

Visitors invariably experience a certain thrill of excitement and nurture expectations when arriving in Africa, of all places. One is obliged to take them somewhere and tell them about the most positive and alluring aspect of this country’s odd character – its wildlife.

I don’t necessarily mean wow them by cranking out “facts-that-will-amaze” – like how the giraffe’s heart is the size of a bucket or that old male lions eventually starve to death because there are no females to hunt for them.

But, bearing in mind how most overseas visitors have read of the slaughter of Africa’s elephants and rhino they might be (and probably will be) surprised to

know the situation here is quite different from the rest of Africa.

Thanks to a comprehensive report by the Johannesburg-based Endangered Wildlife Trust (EWT), South Africa’s situation can be regarded as far more optimistic than exists elsewhere in Africa.

The EWT was the brainchild of an old friend, Clive Walker of the Waterberg. Clive, a game ranger turned artist and author and conservator, founded the EWT in 1973. It became Africa’s most active and effective wildlife institution whose recent national survey has caused a stir.

Bear in mind that apart from becoming extinct, the saddest fate to befall a wild animal species is to be categorised as “extinct in the wilds”.

Most visitors assume that our black rhino is in this category and on the brink of oblivion. After all, it is now listed as “critically endangered” by The IUCN (International Union for the Conservation of Nature). That’s one notch above “extinct in the wilds”.

But the IUCN’s trusted associate in South Africa, the EWT, says while the black rhino is on the brink from a *global* point of view, *locally* (in South Africa) it is rated as “vulnerable” – two categories more optimistic than being “critically endangered”.

Not long ago the EWT produced a 700-page report – *Red Data Book of the Mammals of South Africa: a Conservation Assessment*. It is possibly the most comprehensive wildlife status evaluation of any country in the world.

The global IUCN report says the elephant is in dire straits across Africa and is being poached for its ivory on a scale that cannot be sustained. Some countries have lost nearly all their elephants. By contrast South Africa has too many.

While poaching may be relieving the population pressure in say Kruger Park the stress and widespread disruption caused by poaching is having traumatic effects on the elephants’ extraordinary and quite admirable social structure.





Rhino



Wild Dog

The EWT points out that South Africa is the third richest country in the world in terms of its variety of animals and plants. From an international tourism point of view it certainly has the most charismatic species and the most accessible places for viewing wildlife.

An overseas visitor can practically be guaranteed to see a rhino in its natural habitat. There's the Pilanesberg National Park, 90 minutes from Johannesburg and Pretoria by car, which has both the rare and secretive black rhino as well as the much larger white rhino. There are at least 700 black rhino in South Africa with 230 in Kruger Park and 463 in the Zululand reserves according to the EWT's 2016 count.

That's a good basis to grow the population. In my book *Overkill* I recall how 50 years ago, the white rhinoceros was down to 437 in Zululand, its last refuge. Now there are thousands with a healthy population in Kruger Park despite the poaching for rhino horn which is now declining.

The EWT's chief executive, Yolan

Friedmann and her all-female executive, say South Africa is one of 12 countries that, between them, possess two thirds of the world's living species.

Here's some "wow" facts to impress visitors: We have almost 300 different kinds of land and sea mammals ranging from the world's tiniest (the shrews) to the world's largest – the blue whale. Among them we have the world's largest land mammal (elephant), tallest (giraffe), fastest (cheetah); the world's largest bird (ostrich) and the heaviest flying bird (kori bustard) – as well as other superlatives.

But it will need vigilance and intelligent management to stabilize our wildlife situation. Of the 295 mammal species, half (147) are currently doing fine in the category of "least concern".

Ten are regarded as "critically endangered".

A couple of months ago Mary and I wrote of our stay in the Southwest Karoo where one of the 10 "critically endangered" species exists: the riverine rabbit. It

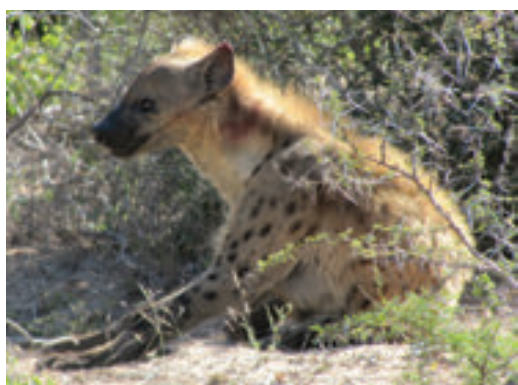
is unique to that region. There may be as few as 1500 left. Its biggest threat is habitat destruction. We found that conservation has greatly improved in the region but the rabbit continues to decline.

Seven of these 10 critical mammal species are found nowhere outside South Africa and include two species of moles, two bats and the Ongoye red squirrel.

The report makes the point, that while the potential loss of such species is not going to excite the public mind "the ecological significance of these smaller mammals may nevertheless be important to the survival of other species. Any loss of a species reduces diversity and therefore threatens the whole".

As John Donne wrote: *Never send to know for whom the bell tolls...*

What will surprise many is to find that the lion and the cheetah are "vulnerable". There are fewer than 2500 lions in the wild in South Africa with 2000 in Kruger Park and its abutting reserves. The wild cheetah's population is 460.



Spotted hyena



Young hippo



Kori bustard

Classifieds

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INTERNET & TELEPHONE: Need Faster Internet, contact Travis Copley@Centracom and get a free Feasibility done! Currently running promotions on Fibre, wireless and LTE services. Get a competitively priced quote across 15+ providers within 24hrs. Centracom manage services and implementation. Centracom Do Voip, Cloud Solutions and Connectivity services. Contact Travis Copley on 083 600 4439 / travisc@centracom.co.za

IRRIGATION – SOFT RAIN: I have gone solo after 4 year's and I have two partners each with over 12 years' experience. All sorts of irrigation from maintenance repairs to new installations call Isaac on 078 658 4371.

KARATE: Goju-Ryu Classes are conducted in a fun environment while learning a form of martial arts. Benefits are discipline, strength building, bilateral integration, co-ordination and focus to mention a few. As an instructor I have more than 15 years of teaching experience with Children through to Adults. Ages welcomed from 4 years to 18 + years. A Free Introductory lesson is provided should you be interested. Contact Sensei Roberta 083 309 5352 5th Dan Goju-Ryu Instructor.

MOKOPANE ELECTRICAL: Installation, Maintenance repairs: Energy efficient solutions, emergency call out, tripping problems, garden and security lights, Geysers – no hot water, Timer switching, Fault finding, Lights and Plugs, Pool & Spa motors. Certificate of Compliance, Under floor Heating, Call Ronald: 072 154 9735 / mokopane.electrical@hotmail.com

MOBILE PET GROOMERS: Soapy smooches – the best in town! Give us a try – we conveniently come to your home to pamper your pets in our fully equipped pamper van and animal loving, professionally trained, caring staff. Collect your loyalty smooches every time, 10th wash is free! All we require is a connection to an electricity point and a tap and then...a booking, call or WhatsApp us on 061 087 8247.

MGUNI GREEN FINGERS: Garden maintenance, Garden refuse removal, Tree felling service, call Isaac on 083 582 0636 / isaac@mgunigreenfingers.co.za / www.mgunigreenfingers.co.za

OUTDOOR CREATIONS & LANDSCAPES: Lawn maintenance, Irrigation, Home & Garden renovations, organic rich lawn dressing and Instant Lawn services, Garden revamping, contact the team that offers more than just a service but after service as well, contact Jared on 076 668 2188 / outdoorcreations@mailbox.co.za

OSAM CARPENTRY: Door Hanging, Wood laminate flooring, built in cupboards, Kitchens, Ceilings, Cornices, Skirting, Dry walls, Painting & Varnishing. Call Ozzy on 073 058 0464 / osamakwera@gmail.com

PAINTING / DAMP-PROOFING / WATERPROOFING: Owner supervision. All work guaranteed. Call 082 352 6382.

PAINTER: Really recommended! Excellent, experienced and very reliable painter available. Has done multiple jobs in FWG with only perfect results. Can also do water proofing. Call Matheus directly on 082 546 9077 or for reference call Toni on 011 467 1260. Don't delay, call Matheus today!

PATSONS PAVING: For all you're paving and tiling requirements – no job too big or small. Everyone is welcome. There are various designs available to suit your individual taste. Call Patson on 082 676-2668 or 084 288-6149.

PHYSIOTHERAPY: Vanessa Fourie Physiotherapy, 30 years of experience, treatment for headaches, neck and back pain, post op rehabilitation, sports injuries, home visits within 3 km, medical rates charged, 26 White Ash Street FWG, call Vanessa on 083 458 4720.

POOL SERVICES: Maintenance, repairs, re-marblelite, pumps, sand changes etc. For all pool requirements call Jackie or Martin on 072 132 5703.

POOL REPAIRS: Since 1989 / Winter is the best time to give your pool attention! We design and build new pools as well as renovate, repair and improve existing pools. We have a dedicated team and long standing suppliers which, together with our commitment to using only the best materials and proven techniques, enables us to create beautiful swimming pools and provide quality solutions we can be proud of. Contact Dereck Wood on 082 552 8470, you can also check HelloPeter to see what people say about us.

PLUMBER: (RC PLUMBING) Reliable professional local plumber for all your plumbing maintenance needs at reasonable rates. Please contact Ryan on 082 598 4881 or 011 465 5198.

PROFESSIONAL TAX PRACTITIONER (SA): Registered caring tax practitioner with a proven track record to sort out all your SARS problems and TAX returns, contact Sharon on 072 248 0198 / sharonaley@yahoo.com

Q.G CONSTRUCTION: Building renovation, pool renovation, painting, tiling, paving, call Givemore on 071 349 7486.

RELOCATING: Or just clearing your cupboards? Make cash from your second hand clothes, shoes, handbags, bed linen, towels, toys,

crockery, baby stuff, etc. We buy and collect. Please contact **Lindy on 072 656 0470 or email:** silindenid@gmail.com.

SIYAKHISIZWE BUILDERS: Available to do all alterations (major or small extensions) driveways, tiling, patios and rubble removal, and garden refuse guaranteed quality and professional workmanship. Please call Alfred on 082 407 7022 / 078 417 5151.

TENNIS FOR LIFE: Professional tennis coaching for beginners to advanced players, adults and children, individual and group lessons. Contact Ina on 082 859 8565 / info@tennisforlife.co.za or www.tennisforlife.co.za

WONDERS CONSTRUCTION & RENOVATIONS PTY LTD: NHBRC registered, we specialize with new construction, extensions & alterations, bathroom renovations. Contact: 011 050 7264 / 084 333 0267 / 073 110 3590 / emmanuel@wondersrenovation.co.za / www.wondersrenovation.co.za

FOR SALE: PEG PEREGGO PRIMO VIAGGIO SIP CONVERTIBLE BABY CAR SEAT FOR SALE!! Almost brand new! Comes with free stand. Contact Liza on 083 226 3687 – R 800

FOR SALE: Defy Tumble dryer R1500, All Weather Rattan 6 seater Patio Dining Set (including Cushions) R4000, contact Vivienne on 082 810 8420 to view.

DOMESTIC WORK:

Beauty: Is available on Tues & Thurs, a true angel, Beauty is brilliant at her job and a gifted child carer and very hardworking, she will quickly become an essential member of the family, call Gill for reference 079 477 8306 or Beauty on 083 952 4713.

Angelina: My fantastic helper is looking for part / full time work as a domestic, she is Malawian, hardworking, trustworthy and great friends with my dog, for a reference call Getter 072 992 1707 or Angelina 073 390 7324.

Joyce: Fabulous for all domestic work and highly recommended. Joyce will often notice what needs cleaning before I do, and will take initiative to get it done beautifully, she communicates well and is a pleasure, open to full or part time work, call Robyn for a reference on 083 324 1521 or Joyce on 084 397 6312.

Faith: Looking for work on Mon & Thurs, Faith has assisted in cleaning my home following the retirement of my full time house keeper, and is on contract basis with me since May 2018, call 083 267 3248 for more information.

Suzan: Unfortunately, we are moving and are unable to take Suzan with us, she is most house proud person who has ever worked for me and a very competent cook. She has also supervised my three children. Looking for a live in position, please call me for a reference and to set up an interview. Robb 082 375 4836.

Hendrietta: An absolute gem, due to downsizing I am looking for part time / full time live in position for my wonderful helper of 25 years, she is caring, loves animals, reliable and has a quiet happy nature, I am very sad to have to let her go, call Wendy on 083 604 0931.

Jess: Looking for part time work on Saturdays, have references, please call Jess on 063 2313784 or Cathy on 082 903 3968.

Zoleka: Our lovely nanny is available full time (live out) in September, she has 10 years of experience raising babies & toddlers for local and expat families, she is CPR certified, cook's yummy food and loves pets! Call her on 073 505 0670 – you will Love her.

Lindiwe: Available 4 days per week (Mon, Tues, Thurs, Fri) reliable, honest and dedicated. For a reference, call 076 527 1313.

Hilda: Due to relocation, Hilda is looking for new employment, she is friendly, trustworthy, independent and very patient with kids, she has basic CPR training and takes very good care of the house, she has been working in FWG for past 15 years with expat families, call Martha 079 017 6779 for a reference or call Hilda directly on 082 099 1080.

Suzan: Looking for work on Saturday only, she is honest and reliable worker, call Suzan on 084 479 1376 or Alison 083 327 4938.

Sarah: Looking for full time live in domestic work, her employer has relocated and she has been working in FWG for many years, she is very reliable and trustworthy, call Sarah on 084 531 4198 or call Vivienne on 082 810 8420 for a reference.

Vuyo: Looking for full or part time work, she is very good with cleaning, ironing and looking after children, call her on 078 282 5392 or for a reference call 083 417 6204 / 083 417 6205.

Elizabeth: Has worked for us for 22 Years. She is a South African citizen, Elizabeth is very honest, reliable and trustworthy, she is also very intelligent, computer literate, responsible, thinks on her feet, and is incredibly loyal. She has never missed a day's work, our children, now grown up, love and respect Elizabeth very much and I never had a moments concern when leaving them in her care, she can cook family meals, follow a recipe and enjoys basic baking, she is great with our pets and I could not recommend her more highly. Please contact Elizabeth on 083 646 2033 / Napolizabeth7@gmail.com, for a reference call Lynn 083 609 7225 / Ldensham@mweb.co.za

Blessing: My domestic worker is looking for part time domestic work on Tues and Thurs, she is a wonderful lady to have around, she is trustworthy, hardworking, thorough and is always smiling. Very good with children, please call Blessing on 078 196 1331 or myself Sonnet on 082 349 5252 for a reference.

Loveness: Has worked for me for 3 x days a week for 2 yrs and also for my daughter Mrs Lisa Els 2 x days a week for 2 yrs, she is hardworking, trustworthy and honest, capable working on her own and uses her own initiative, she can control and execute all aspects of home care and home maintenance, she is also a good cook and can prepare meal, has a valid work permit and visa, highly recommended, call Melanie 063 293 4829 for a reference or Loveness on 083 882 1620.

Sharon: Looking for full or part time work as a nanny or housekeeper, she was working for me for 3 months while my nanny was on maternity leave, Sharon filled our full time live in nanny/ housekeeper position with ease. Fantastic with my children, house and dogs, sad to have to say goodbye but glad I can comfortably promote her ability to work. Please call Natasha for a reference on 071 869 8165 or Sharon directly on 074 919 8990.

Thokozile: Looking for domestic work any day of the week, she is reliable, honest and hardworking, call 073 687 9372 / Liz for a reference on 083 280 6400.

Emma: My wonderful domestic worker of 12 years is looking for additional work (live out) on Tues & Thurs, Emma is extremely reliable and trustworthy, she cleans and irons beautifully, call Jenny on 082 620 8838 or Emma 078 066 8203.

Christine: Mature lady looking for clients who need alterations of male and female clothes, curtains or linens. Also looking for domestic work on Tues & Fri, contact Christine on 084 650 6661.

Annastacia: Has worked for me for 10 years & is available for Tues, Wed, Sat, is SA citizen, honest & reliable, I would recommend her without hesitation, please call Sharon Caradoc 082 560 7042 or Annastacia on 078 188 6016.

Tendayi: Zimbabwean, honest & hardworking with more than 5 year's experience in child minding and domestic work, looking for work on Tues, Wed & Sat, for a reference please call Virusha on 072 500 7215.

Elizabeth: Extremely hard working, looking for work on Tues, Thurs & Sat, highly recommended, call 083 646 2033 or call Tony on 079 690 7682 for a reference.

Lindiwe: My domestic needs part / full time work, she has worked for me for 3 years, always punctual and very reliable, will be an asset in any home, for a reference call Pat on 076 321 6432 or call Lindiwe on 072 677 0696.

GARDENERS:

Frank: Looking for extra jobs, a reliable and thorough person, who is filling in during my gardener's absence. References from H Enoch 083 276 3369 or Kristina 082 900 7238, or Frank on 083 359 7270.

Christopher: Gardener or Handyman requires work on Thurs, Fri, Sat. Reliable competent and hardworking, references available, call Christopher on 083 359 7270 / Wendy 083 604 9331.

Bongani: Available Fridays, working in FWG for longer than 10 years now, for a reference call Gordan on 082 784 7135 or call him directly on 084 629 5226.

George: Malawian looking for part time work on Wed & Thurs as a gardener or houseman, call him directly on 078 320 0553 or Mrs Moore on 082 330 5768.

Gripsy: Malawian looking for gardening work on Tues, Thurs & Fri, can also do house work as well, call Gripsy on 071 792 8058 or Jess on 083 274 4821.

Geoffrey: Looking for work on Fridays, employer relocated overseas, worked for landscaper and then a family for several years, needs no supervision, hard worker, highly recommended, for reference call Vivienne 082 810 8420 or Geoffrey 084 824 7747.

Andrew: A reliable, hardworking gardener, has been helping me 3 x per week while my gardener took 6 weeks leave, he is now looking for week and is available Mon to Sat, call Nikki on 082 418 6681.

Muzamo: Honest, motivated gardener looking for work on Thurs & Sat, very good with my children & dogs, call Natasha on 071 869 8165 for a reference or Muzamo on 084 590 9362.

Joseph: Extremely hardworking, honest and reliable Malawian available Mon to Fri or Sunday, call Joseph on 078 442 5492 or Debbie on 083 253 1414 for a reference.

Giddias: Is a hardworking, honest & reliable person available on Mondays, call Gill for a reference on 079 477 8306 / 078 576 7446.

Cannan: Works in FWG and is looking for work on Thurs, Fri & Sat, please call 060 349 5077 / 060 745 7282 for a reference.

Damiso: Malawian, looking for work as a gardener or house keeper, good with pets, call 081 014 8731 available on Wed, Thurs & Fri, for a reference call Mrs Van Staden on 082 979 0733.

Stanley: Looking for part time work as a gardener, he is an honest & dedicated person and comes highly recommended, available on Mon, Wed & Sat, call Stanley on 083 371 0495 or Neil on 083 281 1871 / Doreen 078 188 0786, for a reference.

Nicholas: Looking for drivers work in FWG and surrounding areas, has been working with kids for 10 years, looking for part time or full time, call 078 300 2796 / 083 627 8891 or call Mrs Yawilli on 083 284 0285 for a reference.

Morris: Gardener looking for work on Wed and half day on Sun, can also do painting if required, call 073 561 3225 or 082 344 4801 for a reference.

Zondi: Malawian, experienced gardener, great with animals and also has domestic work experience therefore can assist around the house, hardworking and kind, looking for extra work on Tues, Wed, Thurs & Sat, call 083 293 5463 for a reference.

Augustine: Malawian with SA driver's license is an excellent driver seeks either full / part time work Mon to Fri, he has proved to be a capable and proactive driver / gardener, he is friendly, kind and honest person, if someone else or you are looking for a driver / gardener please call him on 061 726 0078, for a reference call John on 083 267 2938.



APPROVED ESTATE AGENTS FOR 2017/2018

Please remember that only Fourways Gardens Approved Estate Agents are allowed to list and sell houses in Fourways Gardens.
You may contact any of the following agencies to sell or let your home:

Agency	Agent	Cell Number	E-mail	Website
	Tania Heurtaux Joep Rijntjes	082 550 2222 083 462 2756	tania.h@century21.co.za joep.rijntjes@century21.co.za	www.century21.co.za
	Brian Falconer	082 651 7890	brian.falconer@everitt.co.za	www.chaseveritt.co.za
	James Le Bihan	082 777 3543	james.lebihan@engelvoelkers.com	www.engelvoelkers.com
	Geoff Mander	073 251 1206	geoff.m@fineandcountry.com	www.fineandcountry.com/sa
	Ingrid Manni Maureen James	083 601 5521 082 882 0228	info@fourwaysgardensrealty.co.za	www.fourwaysgardensrealty.co.za
	Francesca Beattie	083 678 8001	info@fbproperties.co.za	www.fbproperties.co.za
	Denalee Droskie	082 874 5828	denalee@frankiebells.co.za	www.frankiebells.co.za
	Gaye Cawood Susan de Boer	083 601 1593 082 452 0086	gaye@gcr.co.za sue@gcr.co.za	www.gcr.co.za
	Philip Myburgh	079 241 1245	philipm@sothebysrealty.co.za	www.sothebysrealty.co.za
	Kyle Ebben Tracey-Lee Savage (rentals)	082 483 5861 083 654 2729	kyle.ebben@pamgolding.co.za traceylee.savage@pamgolding.co.za	www.pamgolding.co.za
	Charmaine Rousseau	071 331 5944	charmaine@remaxexec.co.za	www.remaxexecutivegroup.co.za
	Michele Zuccollo Trish Walton	082 850 8356 082 442 9112	michele.z@seeff.com trish.walton@seeff.com	www.seeff.com
	Dee Thomas Sally d'Hotman	083 375 5646 082 442 7693	dee.thomas@tysonprop.co.za sally.dhotman@tysonprop.co.za	www.tysonprop.co.za

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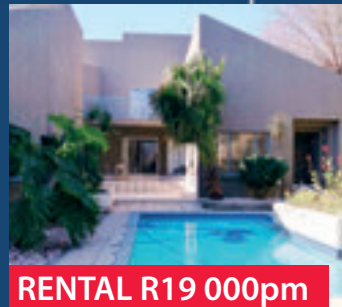
FOR SALE R5,2mil



RENTAL R17 000pm



RENTAL R18 000pm



RENTAL R19 000pm



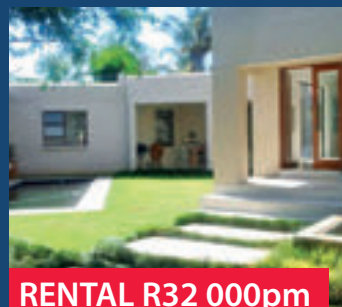
FOR SALE R7,5mil



RENTAL R21 500pm



RENTAL R25 000pm



RENTAL R32 000pm



FOR SALE R8,3mil

THE GOWN OF HUMILIATION

Some hospitals just haven't got it. Sensitivity I mean.

Author, Janet Hurst-Nicholson, tells me how she went to have a mole removed but had to take everything off and put on one of those gowns that are specially designed to humiliate. To begin with, they tie up at the back but no matter how you tie them you know your backside is on view and there you are in the out-patients' area filled with people who have nothing better to do than watch.

Janet described the embarrassment of having to answer all the medical

questions within the hearing of the audience. “Fortunately I don’t have any embarrassing conditions but I did hear a few from others and I was able to compare my blood pressure with everyone else’s.”

"I had taken a pen, crossword and glasses and was happily filling in the answers when they took me off in the wheelchair and said I would be in the theatre waiting area for about 10 minutes. They curtained me off except for a small gap and everyone who walked past looked in and gave me a friendly smile and some asked if I was OK. And there I sat, and sat."

"To make matters worse, I now had nothing to read. There weren't even any posters; not even instructions on the various mysterious machines. Just a cupboard marked 'Blankets'. I was going to meditate but I knew if I closed my eyes they'd ask, even more earnestly, if I was all right."

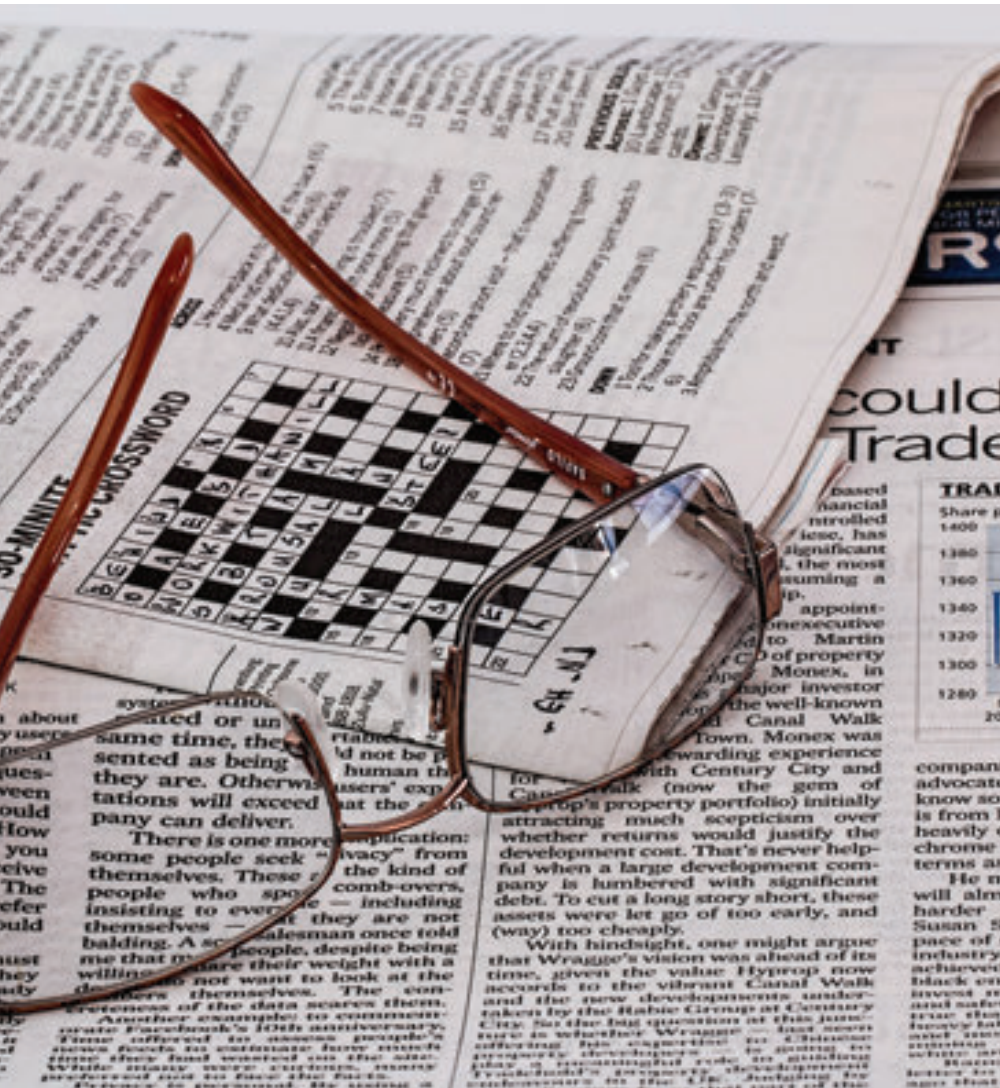
"The ten minutes went to about 15 and they were bringing people back from the theatre. Then the doctor came to explain there would be a delay of another 20 minutes - which would entail sitting staring at the curtain. Eventually someone took pity on me and brought me a newspaper – but I didn't have my glasses!"

I can certainly sympathise. In the past, I have, a few times, had to wear that Gown of Humiliation. The gown was designed in mediaeval times when convicted witches were forced to parade in them.

And I too have sat in a small cubicle with only the curtain to look at – and experienced an acute dose of stage fright. I could hear a large crowd outside and dreaded the curtain being pulled aside and having to face the public in my vestal virgin outfit.

When eventually my curtain call came, there, a metre away, was a well-known business leader on a stretcher. That, I thought, was even worse – to lay there looking up at the throng. I thought of greeting him but then I would have had to ask, “How are you?” which would have been a silly question seeing he was lying on his back waiting for somebody to stick a knife in him. And he would have had to ask me how I was and with all these people around I would have had to tell him of my imminent undignified procedure.

I've never been lucky enough to be in for, for instance, an interesting compound fracture.



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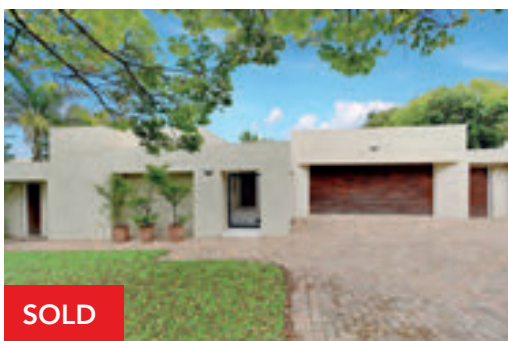
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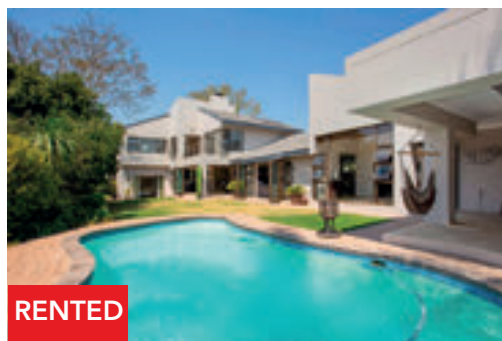
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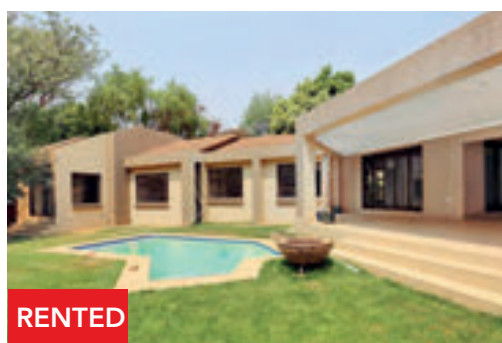
Camdeboo R3 200 000



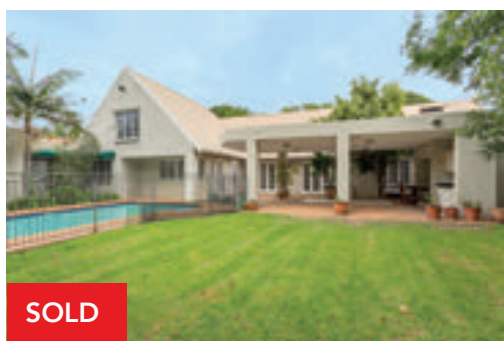
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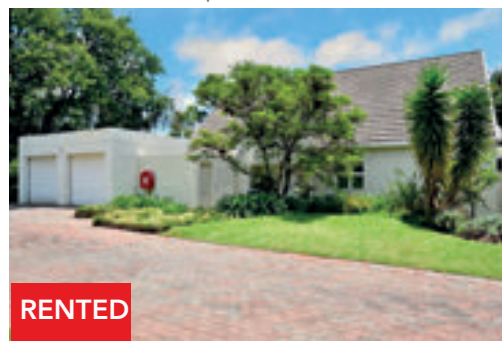
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Contact us for any residential Sales, Rentals and Market Related Estimates



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