



The Villager

Issue 11 • 2016

**Special
Levy**

Fun day

Pet Registration

***Travel:
Portugal***

I am Irene Farm Villages & Centurion Golf Estate agent

Peter Varrie 082 457 7416, pamgolding.co.za/peter-varrie

Office: 012 644 8300



I am
Peter Varrie

Irene Farm Villages &
Centurion Golf Estate



SOLD



Ref# CN1283486

UNDER OFFER



Ref# Cn1279587

I can do the same for your property too.
Please feel free to contact me for your sales and rental requirements.

Wishing you a safe and peaceful holiday period.

Contents

The Villager focuses on Irene Farm Villages. The magazine is delivered to the home of each resident on the Estate. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd on behalf of the Home Owners' Association of Irene Farm Villages. The opinions of workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of Irene Farm Villages.

Publisher

Nico Maritz
E-mail: nico@eiapublishing.co.za

Editor

Kathy Thersby
E-mail: kathy@eiapublishing.co.za

Sales Manager & Advertising

Martin Fourie - Cell: 072 835 8405
E-mail: martin@eiapublishing.co.za
Office: 012 348 2001

Sales

Gerdie Murphy - Cell: 082 556 9863
E-mail: gerdie@eiapublishing.co.za

Production Co-ordinator

Pam Moodley
E-mail: pamm@nowmedia.co.za

Graphic Design

Diane van Noort
E-mail: d2vn@mweb.co.za

TEL: 012 348 2001 | FAX: 086 619 0763
84 Glenwood Road | Lynnwood Park | Pretoria
www.eiapublishing.co.za

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- 2 From the Estate Manager
- 6 Security
- 8 October Financial Statement
- 10 Outreach to the Khomani 2016
- 14 SA's Got Talent
- 17 Travel: Portugal
- 22 Life Talk
- 24 Smalls/Classifieds
- 25 Accredited Agents
- 26 Irene Service Providers
- 28 Humour

Cover Photograph by stock



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jonathan@superiorrealty.co.za ♥ www.superiorrealty.co.za

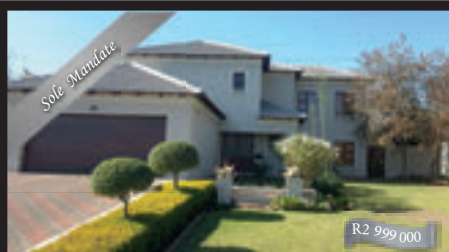
Jonathan Koen ♥ 073 206 3877 ♥ 012 662 5663



SOME AGENTS LIKE TO TELL YOU HOW GOOD THEY ARE, I PREFER TO SHOW YOU



Divine design meets exceptional finishes and unmatched build quality in this dream property. Open the front door and this stately home reveals finishes that will take your breath away, from the solid wood kitchen, imported porcelain tiles, modern bathrooms, underfloor heating and gas fireplace. The designs of the living areas are the perfect setting for entertainment, open plan that incorporates the kitchen, 2 lounges, and dining room. Sliding door opens up to a patio with built in braai overlooking the garden and adjacent park. All bedrooms are upstairs – the main suite radiates style and provides the occupants with enough cupboard space and a beautiful en suite bathroom. One more bathroom and 3 bedrooms with a landing/study area. In addition to the majestic look and feel of this home, it also offers the owner practical features like: 3 garages with enough space for a work bench, servant quarters with bathroom, automated sprinkler system and a generous stand for the kids to play. Situated in the award winning Irene Farm Villages.



Situated in a quiet part of this award winning estate, this property offers everything and more. The location is perfection, adjacent to a green belt with natural veld grass overlooking the roaming wildlife guarantees tranquility and privacy, as there is no neighboring properties overlooking the entertainment area and pool. The home offers an open plan design that consists of 2 lounges, a dining room and stunning kitchen all with porcelain tiles. Study with built in cupboards is the perfect setting for working from home. On the first floor there are three bedrooms – the main bedroom offers an en suite bathroom with bath and shower. Enjoy your morning coffee from the balconies overlooking the green belt. The two rooms share a guest bathroom with bath and shower. The light and airy property also features a guest toilet, servant's quarters, double garage and air conditioning in the main bedroom.



Completed renovated beauty. Come and experience top notch finishes perfectly combined with an open plan layout that will please even the most discerning buyer. Step into the front door and be greeted by a spacious lounge area with air-conditioning. The open plan kitchen features granite tops and a separate scullery. Adjacent the dining room is a sunny, spacious entertainment area. Another lounge area with stack doors invites in the landscaped garden or provides the family with an informal living space to kick back and relax. The patio area features a built in braai overlooking the garden. Upstairs, the layout for family living is perfection. 4 bedrooms, 2 en suite bathrooms and a family bathroom. The main suite offers a Juliet balcony with the look and feel of an expensive hotel room, the en suite bathroom features both bath and shower with double vanities. The family bathroom and the other en suite bathroom both have beautiful finishes and gorgeous layout. Other features include double garage, servant's quarters, sprinkler system, air-conditioning units and a street appeal second to none.



If sold is what you want, it's Jonathan you call!

Dear Residents

Suddenly we all find ourselves in the final straight of 2016. For some of us it was a year that brought sadness. For others, it was a year of happiness and success. Regardless of your experience during 2016, it was a special privilege for us as the Irene Farm Villages Estate Management Team to have been part of your household.



At van Niekerk

My heart goes out to all the Residents that lost loved ones this year. I hope that you will find peace in knowing that they are with our Father.

Congratulations to the new Board. I believe that by working together we can just build on the success of the Estate.

At the end of 2016 I just want to wish all the Residents and their families a blessed Festive Season.

The office staff congratulate At and Lynette on their marriage and wish them all the happiness in the world.

Madeleine Du Plessis



To all Residents and co-workers, my family and I wish you all a nice holiday and a prosperous festive season. We wish you a Merry Christmas and a Happy and prosperous 2017. Thank you for all your support throughout 2016.

Hennie Van Wyk

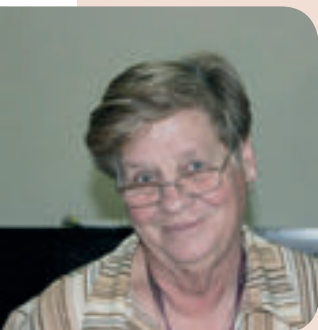
Wow 2017, what happened to 2016?

I want to congratulate and wish the newly appointed board of directors all the best for the new year. A big thank you to everybody who helped us do our work properly to the benefit of every person living in Irene Farm Villages.

Wishing you all the joys and wonders of Christmas. May this festive season fill your life with bright and precious moments.

Merry Christmas and a wonderful New Year.

Christine Venter



The Annual General Meeting ("AGM") took place on the 26th October 2016. Seven Directors were appointed. At the first Board meeting on the 3rd November 2016 Mr Tshepo Phiri was appointed as the Chairperson and Mrs Elna Hirschfeld as the Vice-Chairperson. The Board assigned the following portfolios to the Directors:

HR and Security:	Willem Richter
Digital:	Jaco Oosthuizen
Environmental:	Marthinus Horak
Infrastructure, Aesthetics and Property Development:	Tshepo Phiri
Legal, Ethics and Social:	Elna Hirschfeld
Finance: Operational and Projects:	Hennie Cronje
Marketing and Communications:	McKay Matsebanane



Tshepo Phiri
- Newly elected IFV HOA chairman for 2016/2017, having served as the co-chair in the previous

2015/2016 financial year. A proud resident of the IFV Estate that prides itself with bird life, tranquillity and friendly residents.

I have over 20 years' technical and Project Management background in the Multi-disciplinary Capex Projects and currently heading the Infrastructure, Aesthetics and Property Development portfolio. Our vision is to uphold and maintain a high set of developmental and architectural standards on the Estate while continuously seeking innovative ways to add value to the HOA members' assets residing in the Estate.



As Vice-Chairperson
Elna Hirshfeld

will focus her input on providing support to the Chairperson both in his governance and project leadership roles. Elna is responsible for the Ethics and Social Development portfolio under which the IFV Community Investment Committee (CIC) resorts. The CIC focuses on a range of potential projects that assist in the development of the full community of IFV, including our workers and assistants as well as the residents per se. Importantly, the principle adopted by the Board is one where at most seed funding is provided to initiate such projects. The general principle is not that such initiatives be a drain on HOA finances, but add value to the full HOA community by identifying and facilitating opportunities and your engagement is key.

Elna is a social scientist by training who has worked in the field of land ownership and usage as well as community development for the past 22 years. Over the course of her career Elna has worked in the social development, research and policy spheres with a focus on land and rural development; education and child related matters especially the situation of vulnerable children as well as the monitoring and evaluation (M&E) of development programmes. Elna is an experimental gardener (in her back yard) and enjoys reading crime and related fiction and to set time aside to travel about with her husband Ian. Jointly they have visited some 28 African countries alone.

Marthinus and Elna are also responsible for the portfolio Marketing and Communication – focusing on inter alia, HOA Communications, The Villager content and HOA event sponsorship.

You are invited to make contact with any of the Board members should you be interested to become a member of any of the sub-committees by forwarding your details to admin@irenefarmvillages.co.za.



Jaco Oosthuizen

Mr Jaco Oosthuizen is responsible for the Digital Infrastructure portfolio of the HOA. The network coverage of the respective cellular service providers and the Fibre to the Home (FTTH) projects form part of this portfolio. Emerging applications are demanding unprecedented access to the internet and the legacy technologies that bring these services to our homes are unable to support this demand. FTTH infrastructure based

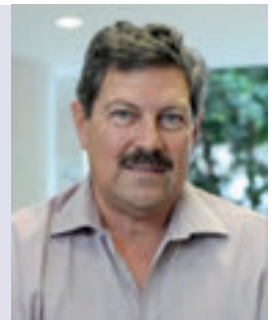
on passive optical network infrastructure has had a tremendous impact in delivering high speed bandwidth at an economical price while alleviating the bottleneck caused by access networks. The infrastructure which is about to be installed in the estate will provide future access to high speed data to the residents.

Jaco is a systems engineer by training and the Chief Operating Officer of an engineering company based in Johannesburg. Leisure time is spent mountain biking and marvelling at the splendours of our Milky Way as an amateur astronomer.



Marthinus Horak leads the Environmental Management Committee of IFV. The EMC advises the HOA Board on issues that can enhance and protect our natural environment, a significant and unique asset of IFV. The planting of indigenous trees, development of walking trails, rehabilitation of neglected areas and protection of the wildlife in the Estate are current projects that will continue during 2017. The EMC is also tasked to advise the Board from time to time regarding the maintenance of private gardens in the Estate to comply with the HOA Rule.

Hennie Cronje is responsible for the Finance portfolio on the Board of the Irene Farm Villages HOA. This role includes having responsibility and oversight of the financial functions, operational and capital expenditure budget, tracking and reporting financial performance to the Board and HOA members. Hennie moved to the estate 6 years ago and has been a member of the Finance committee for the last 6 months. His qualifications include a degree in Commerce, certifications in banking, marketing and project management. He has worked in the financial industry for the last 28 years and currently holds the role of Transitions Manager with one of the local banking groups. Hennie will be using his experience to uphold the solid management of the estate's financial affairs in partnership with all stakeholders.



Hennie and his wife Alta enjoy the outdoors and are avid overlanding travellers who venture into all parts of South Africa and our neighbouring countries.

McKay Matsebanane

– Director Marketing & Communication

Have over 20 years of diversified service experience in retail, mining, tourism and logistics companies settings. Having an accounting background, with highly developed analytical, technical and problem solving skills, highly motivated with the ability to work independently or within a team setting. I currently run a car & van rental franchise with one of the major international brands. I'm married to my lovely wife, Rosemary. We have a son, Tiisetso and daughter, Tebogo. We have been happily living in the Estate for the past six years.



At the AGM, the following decisions (already communicated to all the Members via bulk e-mail) were adopted:

- The Memorandum of Incorporation ("MOI") was amended, to provide for the appointment of the Directors for a two (2) year term, instead of one year;
- Members and Tenants can only have two (2) dogs and two (2) cats; cats must be sterilized; all pets must be registered at the Estate Office by the 31st January 2017; the feeding of feral cats and other wild animals in the Estate, except birds, is prohibited;
- The approval of the Infra-Structure Development Plan ("IDP") with the CCTV-project. The approved IDP includes the construction of a new maintenance (operational) yard at the main gate, the alteration and additions at the main gate buildings and the additions and alterations at the North gate;
- The special levy of R11,280 per Member payable over thirty-six (36) months with the first payment on the 1st December 2016 to fund the IDP.

Considering the decisions taken at the 2016 AGM, the following developments will take place within the Irene Farm Villages during the next few years:

- The Fibre-To-The-Home ("FTTH"): Still await the final approval by the Tshwane City Council for the micro-trenching in

the roads. Once the approval from Tshwane is received, the trenching will commence. It will include the trenching around the perimeter fence (in total about 4,2km), which will provide for the fibre and power cabling to the CCTV project.

- The CCTV project includes the installation of an estimated thirty-five (35) thermal cameras around the perimeter fence and connected to a central control room at the main gate. The FTTH and the CCTV-project will run concurrently.
- The IDP project will follow the following process:
 1. The submission of the building plans to the HOA and Tshwane City Council for approval;
 2. The appointment of the professional team, consisting of the architect, the quantity surveyor ("QS"), the engineer and the project manager;
 3. Drafting of the bill of quantities by the QS;
 4. Tender process;
 5. Appointment of the building contractor;
 6. Planning for the temporary accommodation of the Estate Office and personnel during the construction period;
 7. Communication to Residents;
 8. Construction to commence.

All the required and useful documentation of the HOA is available on the web-page at www.irenefarmvillages.co.za. This includes the registration forms for household workers (domestic workers, gardeners, au pairs, drivers, etc).



Willem Richter

I have been living in the Irene Farm Villages since 2011 and previously served on the HOA Board as the Director of Security. I worked in the Information Technology industry for 25 years and in the IT Security for three years.

I have a passion for the Community Police Forum ("CPF") and is directly involved with the local CPF, namely Sector 3 of the Pierre van Ryneveld and adjacent areas. I regularly take part in SAPS operations and meet frequently with Members of the CPF Exco.

I am happily married to Rene and we have two daughters and also have one grandchild, named Richter.

I retired two months ago, which will enable me to spend more time with my family and to look after the Security and HR portfolios as one of the newly elected Directors. Residents are very welcome to contact me. Your support to our Security and Office personnel is highly appreciated.





Residents are reminded of the annual donation towards the Security and Garden Services Personnel (55 in total). The donations can be handed in at the Estate Office. Residents are invited to pay cash donations into the bank account of the

HOA with the following bank details (same as the levy account payments):

Account Name: Irene Farm Villages HOA;
Account No. 052 586 413;
Reference No. 4DONAT (important to quote this reference number).

It has come to the attention of the Estate Management that debris, mainly garden refuse, is swept or dumped into the storm water gulleys in the Estate. The debris is then swept down the storm water main-lines when it rains, causing a blockage at the outlets. The main suspects are the garden workers. Residents are requested to address this matter with their gardeners or garden services.



Unfortunately some residents have their driveways painted without first obtaining pre-approval from the HOA Board. The specific rule prescribes, that:

"In the instance where the condition of an existing driveway has deteriorated to such an extent that maintenance is required, the painting of the driveway as a last resort will be allowed by the Board with the following conditions:

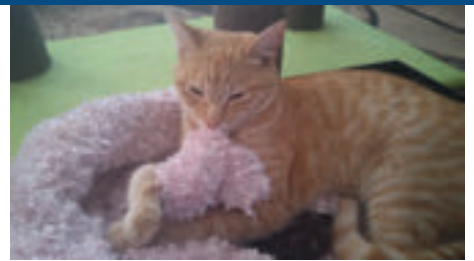
1. Pre-approval for the painting of driveways must be obtained from the Board in writing;

2. Only earth like matt colours shall be approved by the Board;
3. Only commercial recognised paving paint shall be allowed;
4. The painting of kerb stones is strictly prohibited."



At the time of writing this article the Community Investment Committee ("CIC") of the HOA and the Estate Office are very busy with the planning of the 2016 Fun Day, which takes place on Saturday, the 3rd December from 09h00 until 13h00 in Prim Rose Park. Santa Claus is scheduled to arrive at 12h00. Residents are welcome to hand the presents for the kids in at the Estate Office by latest on Friday afternoon 2/12/2016 at 14h00. There will be lots of fun for old and young. Refreshments will be sold. Residents are encouraged to bring along their family and friends and to have a great picnic in the park

The drive by 4th Avenue Properties for the sterilization of cats during September and October was well received by our residents. We would like to make use of this opportunity to thank Christa for her initiative and all her efforts to get this project off the ground, as well as the residents that took part in this exercise. Further information in this regard will be communicated to Residents. Residents



are reminded of the new HOA rule that prescribes the sterilization of cats and that the sterilization certificate must be handed in at the Estate Office with the Pet Registration form.

Two of the Irene Farm's Japan Shotokan members performed excellently at the 2016 National SA JKS black belt gradings. Hugo Coetzee (right in photo) graded shodan 1st dan. Tiaan Geldenhuys (left in photo) graded shodan junior 1st dan. Both kids joined the club about ten years ago at the age of five years and won several medals during their careers. Two years ago Hugo was awarded JKS colours for participating in the world championships. The Dojo Head Sensei ("Owner Instructor") is Christo Müller (in the centre of the photo), who is a resident of the Estate. We congratulate the two youngsters and Sensei Christo on their achievements.



In closing, I wish all our Residents a very joyful festive season and a blessed 2017.

*Best regards.
Estate Management.*

Security

Dear Residents

It feels like just the other day when we all greeted each other with Happy New Year and all of the Best for the New Year. The time has arrived where we need to start saying Merry Christmas again. Yes people, the year is drawing to an end and I can honestly say that this one passed very quickly. We have said goodbye to some Residents that relocated out of the Estate and we have said welcome to some Residents that moved into our beautiful Estate during the year. For those Residents that will be going on holiday, please drive safely and enjoy your well-deserved holiday with the family.

We have requested in several articles that Residents must report any suspicious activities to Security. I want to thank all those who have taken the time and effort to report such situations to Security. One of the most frequent reports we receive concern vehicles that don't stop at stop streets. It is important to make sure that you provide correct information, e.g. make, model, colour and if possible a registration or even partial registration number to Security. This will make it easier for the guilty party to be brought to book.



Marchell Galant

Security also receives complaints about barking dogs during the day as well as after hours. The reason why we treat this as a serious report is because we will never know when an incident

is occurring and why the dogs are barking. We often get Residents who get upset when the Security arrives at their property after receiving a barking dog report.

It would appear that there is still a problem when it comes to Residents arranging for contractors to do work at their properties. Security often deal with contractors that do not have Identification with them and when asked for identification, they confirm that our Residents have not told them to bring identification with them. Dear Residents, I would just like to remind you that you need to inform your contractor to bring identification in the form of an ID, valid driver licence or valid passport.

Residents should please start preparing for the re-registration of household workers. The form can be found on the Estate website but please feel free to contact the HOA office should you experience a problem to locate the forms. Please do not postpone this task to the last minute to prevent problems when your household worker has to enter the Estate next year.

Kind Regards

Marchell Galant

Contract Manager
EPS Irene Farm Villages
Tel: +27 12 665 5602
Mobile: +27 82 300 1835
E-mail: galantm@proteacoin.co.za



remember

Make Sure

- That all vehicles that are parked in driveways must be locked and all valuables (e.g. laptops, wallets, handbags and GPS navigators) must be removed from the vehicle.
- That alarm systems must be activated and in a working condition. Please test your alarm system regularly to ensure that it is in a good working condition and that it does send out a signal when activated.
- To be vigilant at all times in the Estate and report any suspicious activities directly to the Bidvest Protea Coin Security.
- To be law abiding citizens and prevent crime, register all domestic workers and gardeners and make sure that they have IDs or valid passport documents.

Residents can contact me directly should they be interested in having an alarm system linked to our Protea Coin 24hrs Call Centre in Highveld Techno Park.

Marchell Galant • galantm@proteacoin.co.za • 082 300 1835

IMPORTANT NUMBERS

24HR SECURITY GUARD ROOM:

012-662-1688

24HR CONTROLLER:

082-947-7610

24HR SHIFT MANAGER

082-838-7779

SECURITY MANAGER

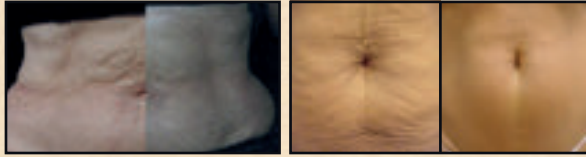
082-300-1835

THE MUMMY TUMMY

After pregnancy, the skin and muscles stretch and the tummy has extra fat rolls due to protective fat-storage.

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- 2) Tightening of loose skin by Percutaneous Collagen Induction Therapy (PCI-T)) and **tightening the fat by tightening injections**
- 3) Strengthening the muscles with targeted exercises and Prolotherapy for minor muscle tears.



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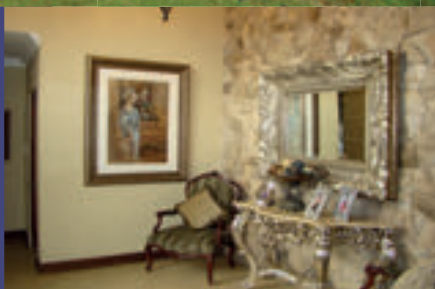
Léane Graaff

Léane Graaff Properties

Wishing all my loyal clients a happy
holiday and blessed festive season.



CRÈME DE LA CRÈME!
4 Bedrooms with en suite
bedroom on ground
floor, pool, SQ,DG, Study,
Immaculate finishes. A must
see!



FOR THE ENTERTAINER AND
EXTENDED FAMILY.
This spectacular spacious home
adjacent to a park has all the
bells and whistles from CCTV to
heated pool. Offers 5 bedrooms
one on ground level with en suite
bathroom, study, bar room with
built in bar, huge kitchen with gas
stove entertainment patio with
built in cupboards, 2 lounges and
lots more.





IRENE FARM VILLAGES HOME OWNERS' ASSOCIATION Summary Income Statement October 2016

	October 2016		Year to Date		YTD Variance	
	Actual	Budget	Actual	Budget	Value	%

Operational Income						
<i>Levy Income</i>						
Normal Levies	913 317	910 648	7 297 532	7 285 184	12 348	0.2%
<i>Other Income</i>						
Interest Received	48 417	10 000	354 638	80 000	274 638	343.3%
Contractors Permits	12 700	10 000	102 095	80 000	22 095	27.6%
Estate Agent Registration	0	0	129 960	129 960	0	0.0%
Post Box Annual Fee	0	2 500	11 970	20 000	(8 030)	-40.2%
	974 434	933 148	7 896 195	7 595 144	301 051	4.0%
Operational Expenditure						
<i>Professional /Administration</i>	48 818	54 155	468 115	512 830	44 715	8.7%
Accounting Fees	33 000	33 000	266 280	264 000	(2 280)	-0.9%
Audit Fees	0	0	58 703	62 500	3 797	6.1%
Bank Charges	2 561	2 500	21 562	20 000	(1 562)	-7.8%
Insurance	11 064	8 655	93 193	86 330	(6 863)	-7.9%
Legal & Professional Fees	2 193	10 000	28 378	80 000	51 622	64.5%
<i>General Office</i>	7 381	11 200	74 451	97 900	23 449	24.0%
Office Equipment	0	1 200	4 197	9 400	5 203	55.4%
General Expenses	1 902	1 500	10 015	22 000	11 985	54.5%
Office Refreshment	281	1 000	3 842	8 000	4 158	52.0%
Printing & Stationary	1 584	3 500	19 661	26 500	6 839	25.8%
Telecommunication	3 615	4 000	36 735	32 000	(4 735)	-14.8%
<i>Operational Expenses</i>	174 844	165 413	1 158 075	1 320 300	162 225	12.3%
Municipal Charges	32 694	50 000	261 097	400 000	138 903	34.7%
Recycling	8 909	8 663	66 641	69 300	2 659	3.8%
Donations	35 000	5 000	35 000	40 000	5 000	12.5%
Meetings	0	2 750	2 391	9 000	6 609	73.4%
Salaries & Wages	98 241	99 000	792 946	802 000	9 054	1.1%
<i>Security</i>	553 546	553 700	4 101 397	4 147 493	46 096	1.1%
Access Control (ClickOn)	0	22 000	139 152	176 000	36 849	20.9%
- ClickOn Recovery	11 394	(12 000)	(52 039)	(96 000)	(43 961)	45.8%
Equipment Maintenance SLA	0	19 500	129 844	156 000	26 156	16.8%
Security Maintenance	6 134	7 000	50 923	56 000	5 077	9.1%
Guarding Services	536 018	517 200	3 833 517	3 855 493	21 976	0.6%
<i>Repairs & Maintenance</i>	142 672	152 964	1 157 076	1 160 295	3 219	0.3%
Equipment Maintenance	0	0	0	0	0	100.0%
Fuel	1 457	3 000	24 636	24 000	(636)	-2.6%
General Maintenance	6 664	9 650	37 985	77 200	39 215	50.8%

IRENE FARM VILLAGES HOME OWNERS' ASSOCIATION

FINANCIAL OCTOBER



IRENE FARM VILLAGES HOME OWNERS' ASSOCIATION Summary Income Statement October 2016

	October 2016		Year to Date		YTD Variance	
	Actual	Budget	Actual	Budget	Value	%
Infrastructure Maintenance	8 922	3 000	29 306	24 000	(5 306)	-22.1%
Park Facing Boundary Walls	4 683	12 500	105 561	100 000	(5 561)	-5.6%
Park Maintenance	2 303	4 500	41 827	36 000	(5 827)	-16.2%
Park Maintenance Contract	114 492	118 814	896 496	885 695	(10 801)	-1.2%
Vehicles	4 149	1 500	21 266	13 400	(7 866)	-58.7%
	927 261	937 432	6 959 113	7 238 818	279 705	3.9%
Operating Profit / (Loss)	47 174	(4 284)	937 083	356 326	580 757	
Non-Recurring Revenue						
Special Levies	0	0	0	0	0	100.0%
Estate Penalties	500	0	26 650	0	26 650	100.0%
Late Building Penalties	0	0	53 250	0	53 250	100.0%
Late Payment Penalties	(225)	0	30 069	0	30 069	100.0%
Expense Recovery	0	0	350	0	350	100.0%
Other Income	0	0	0	0	0	100.0%
Plan Fees	0	0	46 140	0	46 140	100.0%
Sale to Members	130	0	3 082 531	0	3 082 531	100.0%
Non-Recurring Expenses						
Debt Write-off	0	0	0	0	0	100.0%
Water Risk Management	0	0	23 180	100 000	76 820	76.8%
Traffic Management	0	0	73 918	75 809	1 891	2.5%
Social Development Projects	2 700	0	46 155	45 000	(1 155)	-2.6%
CCTV Project	0	0	42 739	0	(42 739)	100.0%
Park Development	439	0	48 428	110 000	61 572	56.0%
Historic Tshwane Accounts	0	0	1 375	408 000	406 625	99.7%
Environmental Development	0	0	70 976	153 500	82 524	53.8%
Cash Provision	0	15 000	0	120 000	120 000	100.0%
Stand Sales	0	0	35 786	0	(35 786)	100.0%
Net Positive/ (Negative)	(2 734)	(15 000)	2 896 432	(1 012 309)	3 908 741	
Net Profit / (Loss)	44 440	(19 284)	3 833 515	(655 983)	4 489 498	

Account Ability

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Accounting Office Hours
8:00 to 13:00
Monday to Friday

Office Tel:
082 780 0059

Accounts Email:
accounts@aams.co.za

IFV Accounts:
Winnie Boshoff

“Actual year to date income exceeds the budgeted income by R301,000. This is mostly as a result of interest received on the investments from the sale of 4 stands and the cash reserves held by the HOA. Operational expenses for the first 8 months are R279,000 below budget which, together with our excess income resulted in an operating profit of R937,000 for the year to date. Our operational financial position is healthy with good control evident over spending and income”

Summary Income
Statement by
Account Ability

“From a commercial point of view,
if Christmas did not exist it would
be necessary to invent it”
– Katherine Whitehorn





KALAHARI OLYMPICS AND OTHER FUN ACTIVITIES



When thinking about what activities to do with the young folk in the Kalahari during the October 2016

Khomani San outreach, we decided to embrace the excitement and pride we all felt during the Olympics. We were fortunate to have Irene Farm Villages' own Christa Janse van Rensburg as part of our team and she agreed to co-ordinate the activities.

We know Christa for her excellent organization and presentation of "Boeresport" for the fun days in Irene Farm Villages and we were delighted that she took the lead in presenting an afternoon filled with much fun, laughter and a healthy dose of competitive spirit.





Estate News

Activities for our Kalahari Olympics (otherwise known as “Boeresport”) included tug of war, hula-hoops, skipping, “wheelbarrow” races, sack races, water balloons and a yo-yo competition!

Once again a big thank you to every single person and each company that contributed to the success of our outreach. The major portion of the clothing and other items donated to the Khomani San came from our generous IFV family. To observe the excitement and gratitude from the recipients of the gifts is indeed a gift in itself.

Thank you to our generous sponsors that include the following companies and individuals:

- **Residents** of IFV for the contribution of clothing and other items.
- **EIA Publishing** for the donation of 250 boxes for packing of the family boxes.
- **Monument Park Spar** for groceries.
- **Tip Top Pets, Centurion**, for sponsoring ropes, leashes and bowls for the animal project.
- Children and parents at **Louis Leipoldt primary school** in Lyttleton, and **other individuals** for the donation of pet food.
- **Ian Hirshfeld of Coca Cola** for the donation of yo-yos for the yo-yo competition.
- **Financial contributions** from many individuals made it possible to purchase and distribute 120 solar lights to the community.

Gail Horak



A great big thank you to EIA Publishing

For many years the Khomani Outreach team has packed clothing and other items for the almost 800 community members in Andriesvale in the Kalahari and every year it was a challenge to get the boxes to pack the parcels. It was a time-consuming and frustrating task to collect used cardboard boxes being discarded by various shops in our area and these were of poor quality and all shapes and sizes.

The donation of 250 stock 4 boxes and parcel tape for these parcels by EIA Publishing changed everything!

It has made the lives of those packing the parcels significantly easier. The uniform sized boxes, once packed and labelled are easily stacked in the storeroom and in a trailer for transportation to the Kalahari. This was a logistical nightmare previously but now it

is a pleasure. During the outreach, these boxes are sorted by family name and by location and are stored in the community hall. This makes it easy for the team to distribute the parcels to the beneficiaries.

Thank you Estates in Africa Publishing, your contribution to this worthy cause over the last three years is truly appreciated and well utilised.



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TWO OF OUR VERY OWN CROWNED 2016 SA'S GOT TALENT WINNERS!!



Kryptonite Dance Academy was victorious on Sunday the 06th November in the Grand Finale of SA's Got Talent. The 2016 Winners beat five other finalists with an electrifying performance! They won the hearts of Mzansi audience and brought the judges Shado Twala and DJ Fresh Silwane to tears!

The six finalists included Jesse Govender, Derek Plaatjies, Phoenix, The Professionals and Manila von Teez. Derek Plaatjies and Manila von Teez made it to the top three but Kryptonite Dance Academy walked away with the R500 000 after gaining the most public votes.

The Kryptonite Dance Crew that won this competition is made up of 27 dancers. Two of these 2016 SA's Got Talent winners, Teana and Ryan Chiba, both Southdowns College students, hail from our very own Irene Farm Village. Teana, aged 16 and Ryan, 14 have a passion for Hip Hop dance and



Teana and Ryan Chiba.

started dancing at a very early age. They have already represented South Africa on the National Hip Hop Team in Austria in 2011, Germany in 2012, Denmark in 2013, and Italy in 2015. They have brought home a total of five gold medals in this period and were crowned Hip Hop World Champions in 2011 in Austria.

The motivation for entering SA's Got Talent this year was that so much has already been achieved internationally but it doesn't really paint a picture for South Africa as the international competitions are not televised. When Kryptonite Dance Academy entered the competition it was never about winning. It was about showcasing local talent and the beauty of dance.

The crew leader and founder of Kryptonite Dance Academy is humbled by the win and said, "We cannot believe that we made it this far and being crowned the winner is a dream come true. Our supporters are the ones we need to thank; they brought us this far. The dedication our team has shown throughout this competition is out of this world. Some of them are in the middle of exams at the moment and they managed to pull this off."

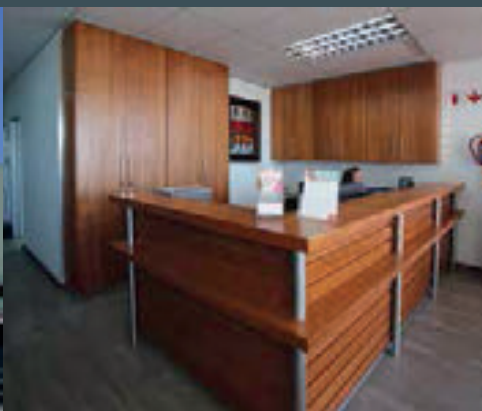
The judges said Kryptonite Dance Academy was in it to win it – and they did with an unforgettable epic performance!



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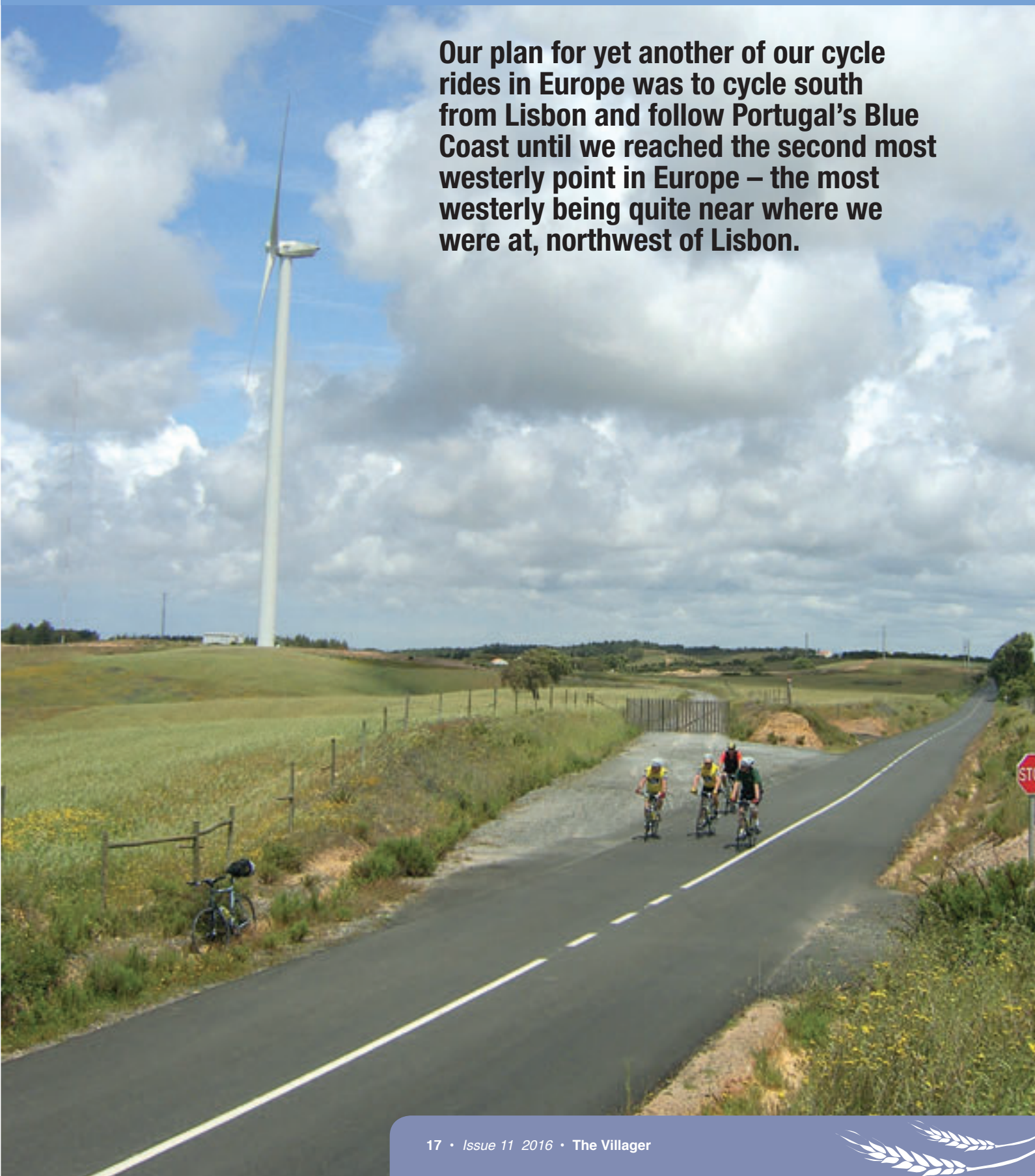


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“PORTUGAL – A RHAPSODY IN BLUE”

Our plan for yet another of our cycle rides in Europe was to cycle south from Lisbon and follow Portugal’s Blue Coast until we reached the second most westerly point in Europe – the most westerly being quite near where we were at, northwest of Lisbon.



We chose Portugal for our seventh annual ride because the Atlantic coast is the sunniest and warmest stretch of Europe's coastline and had few hills. And partly because we like grilled sardines and Portugal is very good at grilling them. And also because Portugal is not very expensive. Oh yes, and partly because we would be accompanied by a little yellow bus filled with drinks and sandwiches, Band-Aid and cycle repair kits. We'd booked through a cycling company, Cycling Through the Centuries, which, the year before, had accompanied us through Andalusia.

At home we went into training, eating sardines and drinking Periquita.

We spent our first night in Sintra, a short drive north of Lisbon. It's an enchanting Romanesque town – a World Heritage Site – where a lot of writers and artists live. Grand houses are scattered among the deeply forested Sintra Mountains – a landscape sculpted by violent earthquakes. The last violent quake was a mere 261 years ago which,



Sixpack

in geological time is like yesterday last night. It destroyed Lisbon and wrecked towns down the Blue Coast.

From Sintra we set off south in the yellow bus that took us through Lisbon to the Hotel Club d'Azeitão, a magnificently restored manor house set among fields and vineyards where our hired bikes were waiting for a dawn departure.

Our route began by taking us away from the coast and up a rise before descending into the fishing village of Sesimbra famous for its restaurants and Muscadel wine – just in time for

lunch. We lunched at the Pedra Alto on chopped octopus tentacles, large clams and grilled fish – wonderful Portuguese fare. We needed the kilojoules.

Then it was down the coast to the minor port of Setúbal on the huge estuary of the River Sado. Setúbal was an important Roman port until a tsunami destroyed it. It is interesting how many catastrophic natural events have devastated Portugal's coastline.

Our rather cramped 4-star hotel, Albergaria Solaris, was literally sheathed in azulejos – the decorated

Sardinhas cooking



Stork chick



Pulpos





Wine-sipper

glazed blue tiles so favoured by the Portuguese, who adopted the art from the Moors who once occupied this region.

We sat in brilliant sunshine looking out at the sea and eating vast quantities of perfectly grilled sardines. By eating a lot and cycling a lot we were getting neither fitter nor fatter.

Next day we had a long kilojoule-shedding ride to Santiago do Cacem down the coast passing through a one-street village, Comporta. Its chimneys had raised platforms for the storks to nest on. It was good seeing so many young birds for stork numbers have been declining in Europe. The air was filled with the clattering of stork bills.

We cycled through a sun-bleached, semi-arid landscape along a road bordered by shining mesembrianthimums and black-eyed susans and other semi-desert species – a bit like the Karoo by the sea.

Jimmy filled his water bottle with Coke. An hour later, forgetting he'd replaced the water, he emptied the bottle over his head. (When one is over 70 these things happen.)

Much of the route had a dedicated cycle lane. The Blue Coast's charm is that it is quiet and unspoiled with many secluded coves. Its rolling farmlands go right down to the sea.

Our next B&B was in a small valley and hidden by giant trees – a former manor



Lisbon Copsicles

house, the Pousada Quinta do Ortiga. A pousada being an inn. We crossed a courtyard of marble cobbles to reach its impressive entrance and found our upstairs rooms to be spacious, each having a balcony looking down on what used to be a farmyard.

Exploring the grounds at dawn I came across a large swimming pool whose sheltering walls were richly decorated with azulejos. Many Portuguese believe, as did the Moors, that blue tiles ward off evil spirits. Many white-washed cottages that we passed had their windows framed in blue.

We used the bus for a 40km detour to the 2 200-year-old extensive Roman settlement of Mirobriga that had an incredibly advanced and still largely



Quaint Blue Home

intact thermal bathhouse with basement furnaces and central heating. Its hippodrome, for chariot racing, sat 25 000 spectators. The forum and even a shopping street were preserved.

The 70km route to Villa Nova de Milfontes was easy cycling. The small town had a village atmosphere and a jumble of ancient buildings at its centre. This is where the Rio Mira meets the sea and where Hannibal once sought shelter for his ships – Hannibal, the Carpathian general whose army crossed the Alps with elephants greatly surprising the Romans.

Here we spent two nights in a moated castle and I was given the room at the top of Turret Number One from



Pushing Seventy



We sat in brilliant sunshine looking out at the sea and eating vast quantities of perfectly grilled sardines. By eating a lot and cycling a lot we were getting neither fitter nor fatter.

where I could watch out for Moorish invaders. We spent a day cycling in a wide loop looking at the sort of windmills that turned on Don Quixote with rolling countryside on either side.

Next day an 80km ride took us to the “corner” of the Iberian peninsula where we had the choice of turning abruptly east or falling off the edge of Europe into the sea. This was the Algarve so beloved by sun-starved English tourists.

There were now more and impressive historical sites and reminders that Portugal produced some of the most adventurous people on earth. Four centuries ago this corner of Iberia produced many brilliant navigators who explored and helped develop several parts of the world. Their language is today the lingua franca of Brazil, Mozambique, Angola and parts of the Far East. Portugal retired from seafaring long ago to become Europe’s quiet, bucolic uncle respected by all for having been there and done that.

The Algarve provided leisurely cycling on smooth, safe roads but with scope for stronger cyclists to choose their own more challenging deviations. Lots of amateur cyclists would welcome this but we were, after all, professionals who didn’t need challenges and preferred grilled sardines.

We were now very near the epicentre of the catastrophic 1755 earthquake that destroyed most towns along the coast. Lisbon itself was laid to waste. It was, I imagine, the worst natural disaster to hit western Europe since Vesuvius buried Pompeii in AD 79, and so recent.

The earthquake, caused by the Africa plate pressing up against southern Europe, was on All Saints Day when the cathedrals and churches were full. They collapsed on top of their congregations.

This seventh expedition remains the most tranquil and leisurely of all our sorties into Europe.



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PROACTIVE PARENTING: THE IMPORTANCE OF PARENTS AS ROLE MODELS


When you hear someone say, “Your child is a mini-you” or “The apple doesn’t fall far from the tree” or “Like father, like son” – doesn’t that make you feel so proud? But, have you ever really thought, as a parent, about your impact as a role model, in your children’s lives?

Research indicates that children grow up to be a lot like their parents. Children, who live in homes where parents smoke, are more likely to become smokers. The same applies to other substances such as alcohol or drugs and, even to domestic abuse – these are cycles that tend to repeat themselves from one generation to the next. Sadly too, parents with low self-esteem, often raise children with low self-esteem.

On the flip-side, children who come from happy homes tend to be happy adults; when they are exposed to love, care and support growing up they tend to demonstrate those same characteristics towards others.

Role modelling

By definition, a role model is a person whose behaviour, example and success others admire and then want to emulate. From a very young age, our children do just that, they take their cues from us, watching our every move. Whether it be through direct interactions with us, or observing how we conduct ourselves, how we behave in certain situations, how we deal with stress or anxiety, and even how we love and treat those around them. Our children learn from our examples and are very likely to follow in our footsteps. And role models aren’t just parents – they can be any significant adults in your children’s lives. That is something to be aware of – especially if that person doesn’t



share your value system and you don't want them influencing your children directly.

Why is this so important?

We all want to raise well-adjusted children we can be proud of and, as they reach the teen years, that they are young people with the ability to make good decisions in the face of many challenges and temptations. As parents we can directly influence this and as our children grow, our roles as parents also change, all the while presenting opportunity to integrate learning activities. It is really vital that we are aware and cognisant of the influence we can be having on our children's perceptions of acceptable and appropriate behaviour.

But, we also know it is impossible to be perfect all the time and in fact, it's totally unrealistic. Allowing our children to see that parents and adults are also human, and flawed and can make mistakes is really important. In these situations, how we deal with difficulties and how we recover, is the real life lesson.

Be as aware as possible, in the presence of your children, of how you deal with disappointment or anger, the way you treat others in terms of honesty or respect, tolerance and kindness and perhaps even the way you socialise (how much you drink, smoke or swear and behave). These are all aspects which can fundamentally affect the young people you are raising.

Day-to-day situations make for wonderful active learning opportunities.

Positive outcomes

Day-to-day situations make for wonderful active learning opportunities. These suggestions might be valuable to consider:

- Show your child how to behave – there is no better way! Walk your talk and lead by example!
- Discipline yourself – especially when children are around. That's a tough one but it's a reality. We can't really expect our children to stay off their devices and communicate with us when we don't do it ourselves. How often does your child try to get your attention but you are busy replying to messages or are on Facebook?
- When it comes to decision-making, include your children in the discussion. Let them observe how you and your spouse discuss things and make decisions. If appropriate, you can even ask them what they think and guide them in this.
- Be aware of what you say, especially in a more volatile situation. Try to control your anger and aggression. According to experts at the KidsHealth website, children who display aggressive behaviour often learnt this from their role models in the home environment.
- With matters relating to tolerance, respect and kindness, they can learn those skills simply from the way you treat them and each other in the home. Do try to demonstrate this outside of the home – so that they

know that other people also matter.

- Actively decide on the positive aspects of life you would like to role model for your family. This could be diligence, happiness, compassion, patience, respect and even self-respect. You could consider monthly themes for the whole family to participate in, to actively encourage thinking about behaviour and its impact.
- Live with positivity – it can be very energising.

So, despite the fact that our children may mimic some of our less-than-favourable traits, good parenting can go a very long way. It's up to us as parents to break any negative cycles that may exist within our families and to raise strong, resilient children through effective parent role modelling.

Maybe this can be the real gift you give your children this upcoming year – the gift of good role models with sound values and positive behavioural traits. You can actually shape your children's behaviour in doing so.

In parting, if you have a moment, watch the YouTube clip on this link – it really does say it all! <https://youtu.be/OOhGmaJt5kE> Kids copy our Behavior! Beware of your impact on future generations!

For more advice on these and other topics, purchase this book at www.lifetalk.co.za or email Forum@lifetalk.co.za. Proceeds assist our NPO in continuing our vital work in schools and communities countrywide.

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<http://kidshealth.org>
<http://raisingchildren.net.au/articles/role-modelling.html>

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THE MIND OF A SAUSAGE DOG

According to a veterinarian, a quarter of dachshunds will suffer crippling back problems because they are too fat.

I remember years ago a dog food manufacturer inviting pet owners to enter a competition to see whose overfed pet could lose the most weight. The prize was a holiday for two in Mauritius – not including the dog.

To make sure competitors didn't starve their animals in order to win, owners had to consult a vet throughout...

Herr Kaiser von der Strafzettel, a glossy dachshund with a pedigree almost as long as himself, came down the hallway. His fat, pink belly made a squeaky noise as it dragged over the floor tiles.

He looked at his dish and then at Roland, his owner. Roland was making himself some toast. Then Kaiser looked at his dish again. Instead of the customary dish of liver – which was sometimes in pâté form and spread on buttered toast – there was just a little lump of pale meat.

"Vot!" said Kaiser. "No liffer?" Then he looked at his auxiliary dish. "Und no schteak! Und verr iss mein melk?" (Dear reader, I am not asking you to believe that Herr Kaiser von der Strafzettel actually articulated these words, but just take it from me that dachshund owners can interpret exactly what their dogs are saying simply by looking at them.)

Roland was clearly uncomfortable as he buttered his own toast. He told his dog: "I am doing this for YOUR sake, Kaiser. I have entered you for the Pet Slimmer of the Year award. You are obscenely overweight and your veins must be solid cholesterol."

"Und vat do I get out of zis competischun, ja?"



"Well, for a start you will get slim and healthy and your stomach will not drag along the ground."

"I see!" (Herr Kaiser said this with all the sarcasm that a dachshund can muster, which is quite a considerable amount.)
"Und vat do YOU get out of zis, ja?"

"Well, um, I get a holiday in Mauritius."

"Und I get put into kennels?"

"Well, you can hardly stay here on your own."

"Vat ist zis stuff in mein bowl?"

"It's low calorie rabbit, the favourite food of your Bavarian ancestors... Your ancestors were thin enough to crawl down rabbit holes – you are so fat you couldn't even crawl down a train tunnel."

"Look here Kaiser, according to this dog food company, 30 percent of dachshunds have obesity problems which can lead to painful and even life-threatening illnesses – arthritis, disc problems, ruptures of joint ligaments, heart...?"

"Giff me mein liffer und I vill decide vich disease I vant."

"Und take a peepinlooken at yourself! Vot if I entered YOU for a competischun and cut off YOUR food supply. Vot would you say, ja? Vell? Vot?"

"I am NOT cutting off your food. I have to take you to the vet for a regular check to see that you are properly nourished..."

"Senk guttness for zat!" said Kaiser, rolling his eyes in exaggerated fashion.

"And no more titbits at the table, I'm afraid," said Roland as he spread liver pâté, quite thickly, on his toast. It was a thoughtless thing to have done under the circumstances.

As Roland raised a piece of toast to his mouth, Kaiser gave an involuntary whine and raised his big brown eyes in a beseeching manner exposing lots of white beneath. It is a singular talent that dachshunds have.

And so it was that man and his best friend sat on the kitchen floor and shared liver pâté on hot buttered toast and Roland never mentioned Mauritius again.

For more James Clarke, visit Blogsite:
<http://stoepstalk.worldpress.com>
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