



The **Villager**

Issue 8 • 2016

**Doggy Day
2016 pics**

Recycling in IFV

**Khomani
Outreach**

Photo Competition Winners



STANDING TALL IN OUR COMMUNITY

Pam Golding Properties Pretoria achieved new heights in the first 6 months of 2016 by recording a phenomenal **R760 million in sales** from January to June.

We acknowledge that like the iconic Jacaranda tree, to stand tall you need strong roots. Ours are planted firmly in the community with an extensive network and agent support system accounting for the success we have had.

If you want to set new records and be a part of our family tree, please contact Retha Schutte 012 365 9000, retha.schutte@pamgolding.co.za

Contents

The Villager focuses on Irene Farm Villages. The magazine is delivered to the home of each resident on the Estate. The magazine is co-ordinated and published by Estates in Africa (Pty) Ltd on behalf of the Home Owners' Association of Irene Farm Villages. The opinions of workers and personnel of Estates in Africa (Pty) Ltd do not necessarily reflect those of the HOA of Irene Farm Villages.

Publisher

Nico Maritz
E-mail: nico@eiapublishing.co.za

Editor

Kathy Thersby
E-mail: kathy@eiapublishing.co.za

Sales Manager & Advertising

Martin Fourie - Cell: 072 835 8405
E-mail: martin@eiapublishing.co.za
Office: 012 348 2001

Sales

Michere Siefe - Cell: 082 389 6899
E-mail: michere@eiapublishing.co.za

Production Co-ordinator

Pam Moodley
E-mail: pamm@nowmedia.co.za

Graphic Design

Diane van Noort
E-mail: d2vn@mweb.co.za

TEL: 012 348 2001 | FAX: 086 619 0763
84 Glenwood Road | Lynnwood Park | Pretoria
www.eiapublishing.co.za

Deadline for advertisements and editorial contributions:
12 September 2016.



- 2 From the Estate Manager
- 6 Outreach to the Khomani
- 8 Security
- 10 July Financial Statement
- 13 Doggy Day 2016
- 16 Photo Competition Winners
- 19 Recycling in IFV
- 24 Stress Gone!
- 28 Humour
- 28 Listings
- 30 Smalls/Classifieds
- 31 Accredited Agents
- 32 Listings

Cover Photograph by Marthinus Horak

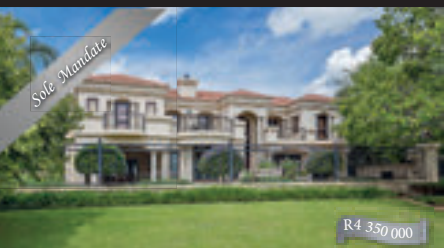


SUPERIOR REALTY

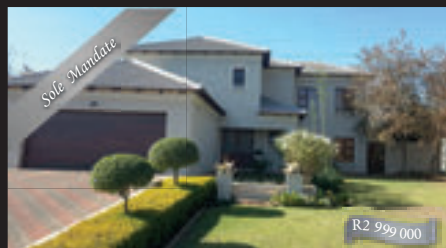
jonathan@superiorrealty.co.za ♥ www.superiorrealty.co.za

Jonathan Koen

073 206 3877 ♥ 012 662 5663



Devine design meets exceptional finishes and unmatched build quality in this dream property. Open the front door and this stately home reveals finishes that will take your breath away, from the solid wood kitchen, imported porcelain tiles, modern bathrooms, underfloor heating and gas fireplace. The designs of the living areas are the perfect setting for entertainment, open plan that incorporates the kitchen, 2 lounges, and dining room. Sliding door opens up to a patio with built in braai overlooking the garden and adjacent park. All bedrooms are upstairs – the main suite radiates style and provides the occupants with enough cupboard space and a beautiful en suite bathroom. One more bathroom and 3 bedrooms with a landing/study area. In addition to the majestic look and feel of this home, it also offers the owner practical features like: 3 garages with enough space for a work bench, servant quarters with bathroom, automated sprinkler system and a generous stand for the kids to play. Situated in the award winning Irene Farm Villages.



Situated in a quiet part of this award winning estate, this property offers everything and more. The location is perfection, adjacent to a green belt with natural veld grass overlooking the roaming wildlife guarantees tranquility and privacy, as there is no neighboring properties overlooking the entertainment area and pool. The home offers an open plan design that consists of 2 lounges, a dining room and stunning kitchen all with porcelain tiles. Study with built in cupboards is the perfect setting for working from home. On the first floor there are three bedrooms – the main bedroom offers an en suite bathroom with bath and shower. Enjoy your morning coffee from the balconies overlooking the green belt. The two rooms share a guest bathroom with bath and shower. The light and airy property also features a guest toilet, servant's quarters, double garage and air conditioning in the main bedroom.



Completed renovated beauty. Come and experience top notch finishes perfectly combined with an open plan layout that will please even the most discerning buyer. Step into the front door and be greeted by a spacious lounge area with air-conditioning. The open plan kitchen features granite tops and a separate scullery. Adjacent the dining room is a sunny, spacious entertainment area. Another lounge area with stack doors invites in the landscaped garden or provides the family with an informal living space to kick back and relax. The patio area features a built in braai overlooking the garden. Upstairs, the layout for family living is perfection. 4 bedrooms, 2 en suite bathrooms and a family bathroom. The main suite offers a Juliet balcony with the look and feel of an expensive hotel room, the en suite bathroom features both bath and shower with double vanities. The family bathroom and the other en suite bathroom both have beautiful finishes and gorgeous layout. Other features include double garage, servant's quarters, sprinkler system, air-conditioning units and a street appeal second to none.



If sold is what you want, it's Jonathan you call!

Message from

the Estate Manager



At van Niekerk

Dear Residents

You will recall that earlier this year, in one of my articles, I mentioned the name of Wayde van Niekerk, who amongst others, was gearing himself for the Rio Olympics. To win the gold medal was a huge achievement, but to break the 17-year-old 400m men's record, was the ultimate achievement one could have dreamed of. Wayde's achievement makes me a proud South African.



The Irene Farm Villages HOA appointed architects, Marais 4 Architects, have, for the third year, donated wheelchairs to pupils with disabilities, as part of the company's bi-annual fundraising initiative. Architect Eben Marais said: "We got involved and donated

wheelchairs as we are passionate about caring for the community." Eben Marais is part of the Aesthetic Sub-Committee ("ASC"), which is tasked with the reviewing and approval of building plans in the Estate. The ASC meets regularly on Wednesdays at the Estate Office to review the building plans.



Pupil Diketso Sempe and fellow pupil Ashley Sambo from Hope School and Eben Marais of Marais 4 Architects (standing).

An interesting judgment has come to my attention. In the matter of Blair Atholl HOA and The City of Tshwane, the HOA and the developer in an upmarket residential estate disputed why they were required to pay rates equivalent to property owners outside the estate, as they maintain their own services in the estate. The Supreme Court of Appeal found that it was not inequitable for the property owners to be charged rates equivalent to the rates of differently situated ratepayers.

Our annual Doggy Walk on Saturday the 30th July, sponsored by the Pam Golding Property Group, took place in a very relaxed atmosphere with over a hundred dogs taking their owners on a brisk walk. I would like to thank all those who were part of this special event. All the donations went towards the Wet Nose Animal Rescue Centre. Wet Nose plays a very strategic role

when it comes to the rescue of animals in distress. You are invited to sponsor a kennel at Wet Nose. For more information, you are welcome to contact Ingrid Bonne, their Public Relation Officer, at (013) 932-3941.

Our Residents were invited to take part in the July 2016 holiday photo competition. The aim was to share your holiday experience with the other residents. We would like to thank Christa Janse van Rensburg and André Nel who participated in this competition; please see their lovely pictures in this issue. The HOA Marketing Sub-Committee nominated Christa as the winner and André as the runner-up. Residents are invited to share their holiday experiences with us on our Facebook, <https://www.facebook.com/IreneFarmVillages>.

News from the office is that Simon's wife gave birth to a boy on the 11th July. The boy's name is Prosper. We would like to congratulate Simon and trust that the new born will bring many more happiness to him and his family.



The date for the Annual General Meeting ("AGM") has been set for Wednesday 26th October 2016 at 18h00 in the auditorium at Cornwall Hill College. Please diarise this very important date. If you cannot attend, please give a proxy to someone you know, or one of the Directors, or myself.

It is important, that you indicate on the proxy your vote on the various resolutions that will be presented at the AGM. The HOA notice will be sent out via electronic mail (e-mail) in accordance with the decision that was taken at the 2015 AGM.

In the last *Villager*, I mentioned that the HOA Board had approved the drilling for water in the South West open veld area of the Estate. The Board reviewed its decision on this matter and decided not to proceed with the drilling of a

pilot hole. This decision was based on the challenge to find usable water at a depth of 160m to 250m, the costs to extract water at this depth and the fact that it may be difficult to obtain a licence for using the ground water. The Board requested me to investigate the storage of water in tanks. Feedback on this matter will follow later.

The second stage of the walking trail has been marked out and residents will be informed as soon as the path has been cleared with a brush cutter. You

are again reminded of the weekly family walks, which start on every Saturday at 08h00 at the Estate post office.

One of the main objectives of both the HOA and the Directors is the provision and preservation of a high-quality lifestyle for its Members. To achieve this objective, one of the key factors is the status of the neighbourliness in the Estate in general. Neighbourliness means:

- To consider your neighbour at all times;
- Not to engage in an activity or hobby that could cause aggravation, a nuisance or a disturbance;
- Adhere to the speed limit;
- Adhere to all the traffic rules and regulations;
- Have your pet under control at all times;
- Relaxation of buildings encroaching onto the building line;
- Maintain a clean, tidy and attractive garden;
- A high standard of property maintenance.

The above neighbourliness will ensure the high-quality lifestyle of Irene Farm Villages.





The landscaping at the main entrance is progressing well. The irrigation system has been installed. The planting of the succulent plants has commenced. A number of indigenous trees and tree aloes will also be planted.

The Estate Office is in constant contact with the Tshwane City Council with regard to some of the following services:

- Water leaks at water meters;

- Blocked sewer lines;
- Street lights;
- Water disruptions;
- Potholes;
- Traffic lights;
- Sinkholes
- Rates and taxes accounts.

The Estate Office tries to assist the Residents as far as possible, mainly by reporting any faulty or disrupted service to the City Council. A list of useful e-mail addresses is inserted here.

City Of Tshwane – Useful Email Addresses

By-Laws	bylaws@tshwane.gov.za
Complaints and Enquiries, Accounts	customercare@tshwane.gov.za
Meter Readings	meterrecords@tshwane.gov.za
Metro Police	TMPDComplaints@tshwane.gov.za
Potholes, Storm Water Drainage, Road Surface	pothole@tshwane.gov.za potholes@tshwane.gov.za
Region Hotlines – Centurion	Region4hotline@tshwane.gov.za
Street Lights	streetlights@tshwane.gov.za
Traffic Lights	Trafficsignalfaults@tshwane.gov.za
Water Quality	drinkingwater@tshwane.gov.za
Waterleaks	Waterleaks@tshwane.gov.za



The annual Fun Day will take place on Saturday, the 3rd December 2016 from 09h00 until 13h00, when Santa Claus will once again visit us with presents for the kids. Please diarise this date and make sure you bring along your family on the day for a lot of fun.

We wish you a lovely spring time.

Best regards

Estate Manager





FOR ALL YOUR EYE CARE NEEDS!

- On-site lab; speedy turnaround time
- Professional service

T: 012 662 0188

E: info@precisionvision.co.za

Ryneveld Lifestyle Centre, Van Ryneveld Avenue
Pierre van Ryneveld, Centurion, 0157

COOL kids CABS

By Old School Cool cc

The safest way to transport
your child from "A" to "B"



NOW IN CENTURION!

TRACKING

All vehicles are tracked in real time from our offices.

SMS

notifications to keep you informed of pick up, drop off and any delays.

CAMERAS

All vehicles are fitted with on board cameras. Footage is monitored regularly.

TRAINING

All our lady drivers are trained in:

- First Aid
- Advanced Driving
- Hi-jack Prevention
- Car Seat Installation



info@oldschoolcool.co.za



011 262 2511



[/oldschoolcoolcc](https://www.facebook.com/oldschoolcoolcc)



www.oldschoolcool.co.za



[@CoolKidsCabs](https://twitter.com/CoolKidsCabs)



Léane Graaff

"YOUR TRUSTED PROPERTY PROFESSIONAL"

Léane Graaff Properties

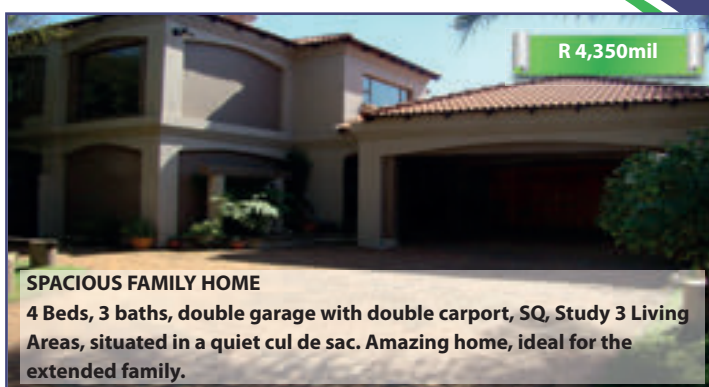
NEW LISTING

R4,8mil



LIVE LIKE A CELEBRITY

Stunning spacious home with 4 Beds all en suite bathrooms, 3 Garages, SQ, Pool, adjacent to park 4 LA, office and lots more!



R 4,350mil

SPACIOUS FAMILY HOME

4 Beds, 3 baths, double garage with double carport, SQ, Study 3 Living Areas, situated in a quiet cul de sac. Amazing home, ideal for the extended family.

JUST LET



JUST LET





OUTREACH TO THE KHOMANI – 1- 6 October 2016

A great big thank you to all who donated so unselfishly to this worthy cause. Your substantial contributions have enabled us to pack hundreds of packs of clothing for individual members of the Khomani San community. These families live in extreme poverty in Andriesvale in the Northern Cape, which is about 200km from Upington on the way to the Kgalagadi National park. This initiative is supported by the IFV Community Investment Committee.

The contributions received from the Irene Farm Villagers allow the outreach team to provide each of the almost 800 San people with a parcel of clothing that is packed specifically for them. The age, size and gender are taken into consideration when we pack these items.

Once your contributions have been received at the gates, the items are collected and taken to a central store where the various items are sorted and packed into parcels for individuals. During the month of September the family boxes will be packed and labelled, ready for delivery to the homes of each of the 220 families.

We are planning to take 120 solar charged LED lights to the Khomani community during October this year. There is a great demand for these lights because the community does not have access to electricity. To date, generous donations received from private individuals and companies made it possible to purchase and distribute a total of 240 solar charged lights in the community during 2014 and 2015. Any financial contribution towards the lights to be purchased for the the October outreach this year will be greatly appreciated and well utilised.

Irene Farm village has been well represented on previous outreaches and we invite you to accompany the outreach team during October this year. Please contact Marthinus 084 555 2489 or Gail 083 651 1957 for more information.

Discover the mystique of ancient China for yourself.

THE TERRACOTTA ARMY and the FIRST EMPEROR OF CHINA the exhibition

ONLY AT CENTURION MALL



3 September – 26 November 2016
TICKETS AVAILABLE FROM WEBTICKETS

Over **300** astounding clay models of China's GREATEST ARMY on display.

CENTURION
MALL

Security

Dear Residents

I had a few queries from Residents in the Estate about the patrolling Security staff that work night shifts and also what they are wearing during the winter.

The Bidvest Protea Coin Security officers are issued with beanies, jackets and hand gloves for the winter. The Estate Management and Bidvest Protea Coin Management have come to an agreement that the night shift Security staff can make use of the private thicker jackets during the winter period.

Another question that I recently received from one of the Residents was: "How many Security staff are on duty at night?" We have a total of 15 Security staff members on duty a night, ten of whom are patrolling officers who patrol the perimeter fence. There are two Security officers at the Main gate entrance and exit side and one Security officer (Controller) who manages the Security guard room and attends to inbound calls from Residents. One Armed Reaction officer patrols the Estate inside and outside and also attends to client call-outs, such as barking dogs and load music. Finally, we have a Duty Manager who ensures the smooth running of the security operations.

Residents would have noticed that the exit and entrance lanes at the security gates are closed from time



Marchell Galant

to time to allow technicians to service the equipment. Bidvest Protea Coin Technical department undertakes weekly and monthly scheduled maintenance on the booms and spikes at our security gates. All mechanical parts are checked, cleaned and greased. The weekly maintenance includes the testing of the electric perimeter fence and the biometric finger print system as well as making sure that the CCTV system is fully functional.

Residents are reminded to abide to Rule 4.6.5.1

All members shall ensure that their contractors, project managers, sub-contractors or suppliers of services are registered with the HOA. Application for registration is done by filling out an application form to be submitted to the Estate Manager for approval. Security recently experienced a situation in

which a Resident wanted to drive contract workers into the Estate without following the registration procedures. Residents are also reminded to notify the HOA on completion of building works.

I would like to thank Mrs van der Merwe for the donation of Bibles to the Security staff. The staff especially appreciated the fact that each person received a Bible in his or her own language.



Kind Regards

Marchell Galant

Contract Manager
EPS Irene Farm Villages
Tel: +27 12 665 5602
Mobile: +27 82 300 1835
E-mail: galantm@proteacoin.co.za

remember

Make Sure

- That all vehicles that are parked in driveways must be locked and all valuables (e.g. laptops, wallets, handbags and GPS navigators) must be removed from the vehicle.
- That alarm systems must be activated and in a working condition. Please test your alarm system regularly to ensure that it is in a good working condition and that it does

- send out a signal when activated.
- To be vigilant at all times in the Estate and report any suspicious activities directly to the Bidvest Protea Coin Security.
- To be law abiding citizens and prevent crime, register all domestic workers and gardeners and make sure that they have IDs or valid passport documents.

Residents can contact me directly should they be interested in having an alarm system linked to our Protea Coin 24hrs Call Centre in Highveld Techno Park.

Marchell Galant • galantm@proteacoin.co.za • 082 300 1835

IMPORTANT NUMBERS

24HR SECURITY GUARD ROOM:
012-662-1688

24HR CONTROLLER:
082-947-7610

24HR SHIFT MANAGER
082-838-7779

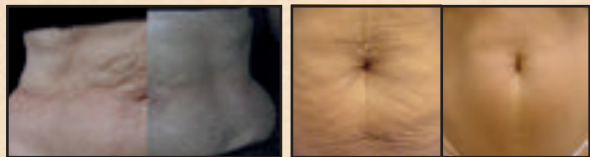
SECURITY MANAGER
082-300-1835

THE MUMMY TUMMY

After pregnancy, the skin and muscles stretch and the tummy has extra fat rolls due to protective fat-storage.

To improve the appearance of the "mummy tummy" is a 3 step process:

- 1) Permanent fat cell destruction by LipoDissolve injections or by Fat Freeze treatments
- 2) Tightening of loose skin by Percutaneous Collagen Induction Therapy (PCI-T)) and tightening the fat by tightening injections
- 3) Strengthening the muscles with targeted exercises and Prolothera py Prolotherapy for minor muscle tears.



For more info and bookings: 012 347 4006/082 325 7541
50% off first consultation on presentation of this advert



**Fat Freeze Wednesdays treatments
are half price!** Deposit payable

**PURE CLEAN WATER IS PART
OF A HEALTHY
LIFESTYLE**



**YOUR NEW WATERSHOP
AT VAN RYNEVELD LIFESTYLE SHOPPING CENTER
(NEXT TO CHEERS RESTAURANT)**

NOW OPEN

**SPECIALISING IN BOTTLED, REFILLED WATER
&
WATER SYSTEMS**



OTHER PRODUCTS AVAILABLE IN STORE

sales@atfresh.co.za

www.atfresh.co.za

072 117 5803

707264

**BMW
Financial Services**

www.bmwfinance.co.za



**Sheer
Driving Pleasure**

LOOKING FOR YOUR DREAM BMW?

DRIVE IT ON YOUR OWN TERMS WITH BMW SELECT.

Now you can drive your dream BMW on your own terms. With BMW Select, you select the deposit amount, payment duration, mileage parameters, and what to do when your contract expires. Stay at the forefront of innovation by trading in your current vehicle for the latest model. Alternatively, take ownership by settling or refinancing the outstanding balance, or simply return your vehicle to us. With the inclusion of a Guaranteed Future Value (GFV) that delivers your vehicle's end-of-term value upfront, you'll also be shielded from unexpected depreciation.

Leo Haese Centurion

2023 Lenchen Avenue South, Centurion, Tel. 012 683 4000, www.bmw-leohaesecenturion.co.za

BMW Select available through BMW Financial Services (South Africa) (Pty) Ltd., an Authorised Financial Services and Registered Credit Provider (NCRCP2341). Terms and conditions apply.



IRENE FARM VILLAGES HOME OWNERS' ASSOCIATION Summary Income Statement July 2016

	July 2016		Year to Date		YTD Variance	
	Actual	Budget	Actual	Budget	Value	%
Operational Income						
<i>Levy Income</i>						
Normal Levies	912 212	910 648	4 556 619	4 553 240	3 379	0.1%
<i>Other Income</i>						
Interest Received	10 446	10 000	162 735	50 000	112 735	225.5%
Contractors Permits	5 380	10 000	77 845	50 000	27 845	55.7%
Estate Agent Registration	(10 830)	0	129 960	129 960	0	0.0%
Post Box Annual Fee	1 250	2 500	9 340	12 500	(3 160)	-25.3%
	918 458	933 148	4 936 499	4 795 700	140 799	2.9%
<i>Operational Expenditure</i>						
<i>Professional /Administration</i>						
Accounting Fees	33 000	33 000	165 000	165 000	0	0.0%
Audit Fees	0	0	874	62 500	61 626	98.6%
Bank Charges	4 498	2 500	16 402	12 500	(3 902)	-31.2%
Insurance	9 978	8 655	47 173	43 265	(3 908)	-9.0%
Legal & Professional Fees	2 193	10 000	20 812	50 000	29 188	58.4%
<i>General Office</i>						
Office Equipment	0	1 200	3 360	5 800	2 440	42.1%
General Expenses	0	1 500	8 213	17 500	9 287	53.1%
Office Refreshment	633	1 000	1 578	5 000	3 422	68.4%
Printing & Stationary	0	3 500	14 999	16 500	1 501	9.1%
Telecommunication	4 077	4 000	23 025	20 000	(3 025)	-15.1%
<i>Operational Expenses</i>						
Municipal Charges	62 317	50 000	163 008	250 000	86 992	34.8%
Recycling	8 247	8 662	41 237	43 312	2 075	4.8%
Donations	0	5 000	0	25 000	25 000	100.0%
Meetings	221	750	1 691	4 750	3 059	64.4%
Salaries & Wages	98 718	99 000	493 803	495 000	1 197	0.2%
<i>Security</i>						
Access Control (ClickOn)	19 591	22 000	98 776	110 000	11 224	10.2%
- ClickOn Recovery	(9 404)	(12 000)	(45 175)	(60 000)	(14 825)	24.7%
Equipment Maintenance SLA	21 641	19 500	108 203	97 500	(10 703)	-11.0%
Security Maintenance	19 477	7 000	40 160	35 000	(5 160)	-14.7%
Guarding Services	476 406	470 182	2 357 135	2 350 910	(6 225)	-0.3%
<i>Repairs & Maintenance</i>						
Equipment Maintenance	0	0	0	0	0	100.0%
Fuel	1 481	3 000	15 389	15 000	(389)	-2.6%



IRENE FARM VILLAGES HOME OWNERS' ASSOCIATION

Summary Income Statement July 2016

	July 2016		Year to Date		YTD Variance	
	Actual	Budget	Actual	Budget	Value	%
General Maintenance	1 200	9 250	22 748	47 850	25 102	52.5%
Infrastructure Maintenance	1 560	3 000	17 189	15 000	(2 189)	-14.6%
Park Facing Boundary Walls	1 375	12 500	76 389	62 500	(13 889)	-22.2%
Park Maintenance	0	4 500	16 197	22 500	6 303	28.0%
Park Maintenance Contract	114 492	108 012	553 019	540 060	(12 959)	-2.4%
Vehicles	120	1 500	8 942	8 200	(742)	-9.1%
	871 821	877 211	4 270 147	4 460 647	190 500	4.3%
Operating Profit / (Loss)	46 636	55 937	666 352	335 053	331 299	
Non-Recurring Revenue						
Special Levies	0	0	0	0	0	100.0%
Estate Penalties	0	0	19 150	0	19 150	100.0%
Late Building Penalties	7 750	0	53 250	0	53 250	100.0%
Late Payment Penalties	3 100	0	19 400	0	19 400	100.0%
Expense Recovery	0	0	350	0	350	100.0%
Other Income	0	0	0	0	0	100.0%
Plan Fees	750	0	24 542	0	24 542	100.0%
Sale to Members	4 555	0	4 160	0	4 160	100.0%
Non-Recurring Expenses						
Debt Write-off	0	0	0	0	0	100.0%
Water Risk Management	0	0	23 180	100 000	76 820	76.8%
Traffic Management	0	0	73 918	75 809	1 891	2.5%
Social Development Projects	0	0	42 966	45 000	2 034	4.5%
Park Development	455	0	34 200	110 000	75 800	68.9%
Historic Tshwane Accounts	0	0	1 375	408 000	406 625	99.7%
Environmental Development	0	0	60 571	153 500	92 929	60.5%
Cash Provision	0	15 000	22 732	75 000	52 268	69.7%
Stand Sales	0	0	35 786	0	(35 786)	100.0%
Net Positive/ (Negative)	15 700	(15 000)	(173 875)	(967 309)	793 434	
Net Profit / (Loss)	62 337	40 937	492 476	(632 256)	1 124 732	

Account Ability

Office Address:

Sovereign Drive,
Route 21
Corporate Park

Accounting Office

Hours

8:00 to 13:00
Monday to Friday

Office Tel:

082 780 0059

Accounts Email:

accounts@aams.co.za

IFV Accounts:

Winnie Boshoff

Summary Income
Statement by
Account Ability

“We are conscious of the difficulties we face. Our resilience as a nation, black and white, can propel us to a better future if we make the right choices.”

– Pravin Gordhan

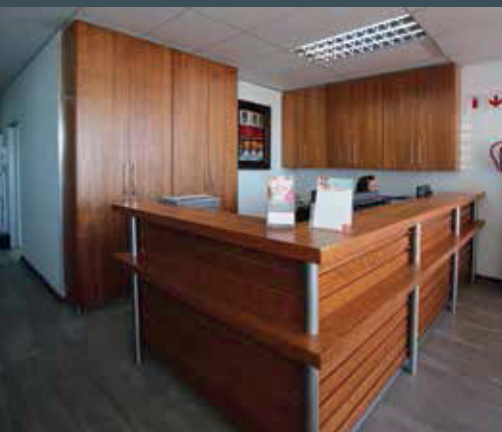




The family friendly
dental practice on
your doorstep



Smiles4All DENTAL STUDIO



Crowns • Fillings • Oral hygiene • Teeth Whitening

SMILES 4 ALL has just been appointed as a registered agent for the DaVinci Teeth Whitening System! Kindly contact us for prices and special offers!

... your special SMILE is just minutes away!

Smiles4All Dental practice	Highveld Park Shopping Centre		
Suite 11 (Ground Floor), Centurion	t: 012 665 1631	c: 082 443 1008	
e: smilesforall@iafrica.com	w: www.smilesforall.co.za	fb: smiles4all	





Doggie Day 2016







16 & 17 Sept '16

15 Sept
Official Opening Night
pre-bookings at
DSP only

More Fest for the whole Family!

Deutsche Internationale Schule Pretoria

"Die Frankenräuber" – oompah band flow in from Germany

Tickets available at DSP reception,
web tickets online and at gate.

Thursday: 18 – 23h00 • R160 (pre-sale only)

Friday: 17 – 24h00
R80 (pre-sale) R100 (gate)

Saturday: 10 – 23h30
R100 (pre-sale) R120 (gate)

Pensioners: R50 (pre-sale only)
Children 0-12 years free
Gates close at 21h00
(in case tickets are not sold out beforehand)

- Merry-go-rounds
- Arts- and Craft Market
- Alley of games for the young ones
- Brezel, Lebkuchen, Eisbein, Kassler, Schnitzel and more
- A variety of live entertainment in all tents and beer garden

www.dspretoria.co.za
Tel 012 803-4106/7/8
Simon Vermooten Str, The Willows

**Thu & Fri
AMOR
VITTONE!**



DSP
Deutsche
Internationale
Schule
Pretoria









Residential Sales and Rentals

To view all our properties, visit our website:
www.buysellsa.co.za

BuySell Office : Nelmapius Drive, Cornwall Hill Tel/Fax : 012 667 5381

IRENE FARM VILLAGE & CORNWALL HILL



Nina - 082 963 1994
PRINCIPAL



Eunice - 071 676 5940
RENTALS



IRENE FARM VILLAGE R3.350 MILL (NEG)

BEAUTIFUL HOME - 3 BEDROOMS, STUDY, 2 BATHR, 3 OPEN PLAN LIVING AREAS, KITCHEN, SCULLERY, DBL GARAGE, COVERED PATIO

NINA 082 963 1994 WEB REF 960



IRENE FARM VILLAGE R3.395MILL (NEG)

CONTEMPORARY STYLE HOME - 4 BEDR, 3 BATHR (2 ENSUITE), 3 L/A, CHERRY WOOD KITCHEN, ENCLOSED ENTERTAINMENT ROOM WITH BRAAI, POOL, JACUZZI, AUTOMATED DOUBLE GARAGE.

NINA 082 963 1994 WEB REF 951



CORNWALL HILL R3.65 MILL (NEG)

LOW MAINTENANCE...CLOSE TO SCHOOL - BEDROOMS, 2 BATHROOMS, 3 LIVING AREAS, KITCHEN, SCULLERY, SELF-CONTAINED FLATLET, DBL GARAGE AND OUT!!

NINA 082 963 1994 WEB REF 967



CORNWALL HILL R3.4 mill

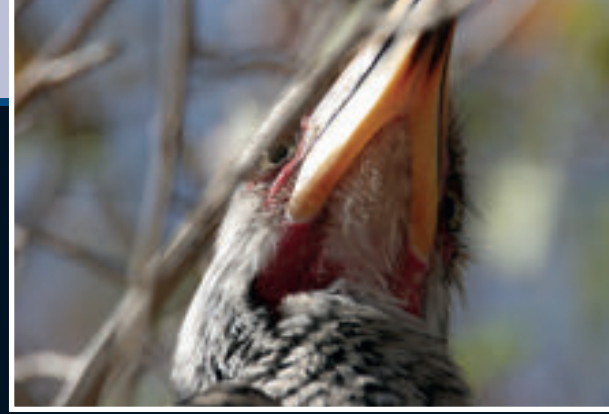
HOME WITH FLATLET - 3 BEDROOMS, 2 BATHROOMS, KITCHEN, SCULLERY, 2 L/AREAS, STUDY, DBL GARAGE, DBL CARPORT, LARGE COVERED PATIO + BUILT IN BRAAI + 1 BEDROOM FLATLET

NINA 082 963 1994 WEB REF 969

WINNER – CHRISTA



Christa Janse van Rensburg identified an interesting theme ('The eyes of the Kruger') to select five pictures from a large number of pictures taken on holiday in Kruger National Park.



Can you spot the eyes watching the buffalo?

RUNNER-UP – ANDRE



The pictures of Andre Nel illustrate the beauty of the Mabuasehube Game Reserve in Botswana, but also show that our mere presence has an impact on wild animals in a conservation area.





"Our **more than 52 Years** of property sales

EXPERIENCE

makes us the obvious choice when buying or selling"

Samuel Seeff - Chairman

Seeff

Irene Farm Village

R3 395 000



A piece of perfection!

Beds 4 Baths 3 Garages 2

WEB 391550

Come home to stay. Light & bright. Fireplace. Underfloor heating. Jacuzzi. Wood & gas braai. Patio.

TRACY KEYTER 082 928 8219 (O) 012 667 2167

Irene Farm Village

R28 600 p/month



Great views!

Beds 3 Baths 2 Garages 2

WEB 387791

Available 1 Aug 2016. Beautiful kitchen. Patio with braai. Irrigation system. Study. Great security.

SYLVIA MENEELY 084 010 8504 (O) 012 667 2167

Dreaming of owning your own Volkswagen?



NEW VEHICLES - AFTER SALES SERVICE

Autohaus Centurion

1016 Lenchen Ave North
Centurion, Pretoria
Tel : 012 942 1567
hopem@autohaus.co.za



Recycling has become an important component in preserving our natural resources. It also contributes towards improving and maintaining a sustainable environment. Our landfill sites are approaching their end of life with many becoming fully utilized and unable to accommodate any further waste.



Recycling is important and how we can help

South Africa generates about 108 million tons of waste annually. The bulk of this, almost 90%, ends up in landfill. Recycling rates differ for different waste materials. National government is exploring ways to reduce the amount of waste going to landfill. This will include additional charges for waste to landfill and possible incentives for recycling.

What can we do to help?

Households and the public can become more aware of our environment and actively involved in recycling. We can prioritize the need to re-use and recycle our waste.



WHAT CAN BE RECYCLED?



1. METAL

- Cold drink and beer cans
- Food tins
- Metal lids of glass jars
- Aluminium cans (e.g. Red Bull)
- Foil and foil packaging



2. GLASS

- Beverage bottles
- Food jars such as tomato sauce, jam and mayonnaise bottles
- Light bulbs – ordinary and energy-saving compact fluorescent lights (CFLs) – and fluorescent tubes. These contain mercury, a toxic metal that can leach into the soil and groundwater if not disposed of properly. Take your old CFLs to the drop-off points
- Standard fluorescent tubes – it is important not to break them. These should also be taken to drop off points



3. PAPER

- White office paper
- Magazines and books (as long as nothing is laminated)
- Newspaper
- Cardboard (e.g. boxes, cereal boxes, etc.)



4. PLASTICS

Much of the plastic packaging we use every day is recyclable:

- Ice cream tubs and containers
- Milk containers,
- Fabric softener bottles,
- Plastic bags
- Cling wrap.

The easiest way to determine whether a plastic product is recyclable is by looking for its recycling logo. There are seven plastic recycling logos and most plastic packaging is imprinted with one of them. The logos tell you what type of plastic a container is made of. Each type of plastic is recycled separately in the plastic recycling facilities.

Some helpful hints for recycling at home

Residents in our Estate can take the lead in promoting recycling. It takes just a little effort to make a big difference. Wash empty waste containers and tubs before putting into the recycle bin. This will avoid contamination and unnecessary odours.

Have separate bins for recycling and non- recycling material. As we throw away our waste we should take the time to separate the waste according to their material type, thus making the sorting process easier for recycling companies.

Recyclers collect recyclable sorted

material. This material is then processed and reused to manufacture various products. Paper and cardboard is reused in manufacture of recycled paper and cardboard products.

Plastic is reprocessed to manufacture new plastic products. Some of the plastic products manufactured using recycled material include irrigation pipes, carrier bags, refuse bags and wheelie bins.

Glass is recycled to make new glass products like vases. Metal is recycled into metal sheets which are used in the manufacture of steel products.

The Irene Farm Villages HOA contracted a recycling service for collection of recycling material on a Thursday (green bins and bags) and our general waste on Monday by the Tshwane Municipality. Additional drop-off sites are available from mywaste.co.za. We can all become part of this positive initiative by recycling our waste. When you refuse to reuse it's our Earth you abuse. Let us recycle each and every day, instead of throwing paper and plastic away.



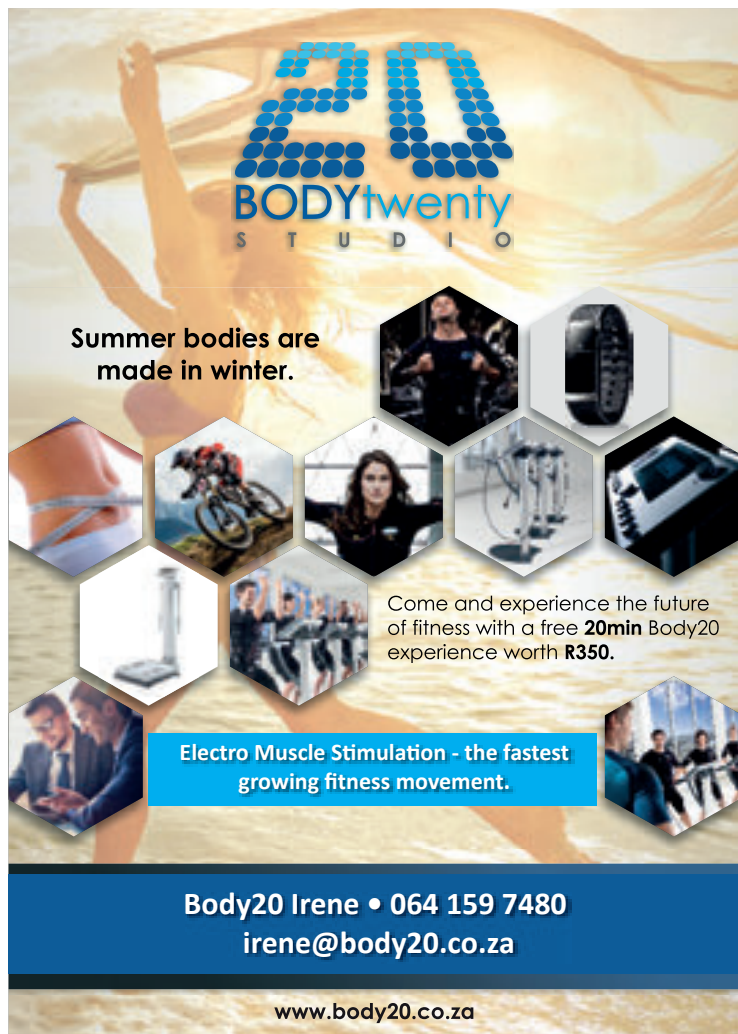
The Fashion Capital




WOODLANDS
BOULEVARD



www.woodlandsboulevard.co.za



20
BODYtwenty
STUDIO

Summer bodies are made in winter.

Come and experience the future of fitness with a free **20min** Body20 experience worth **R350**.

Electro Muscle Stimulation - the fastest growing fitness movement.

Body20 Irene • 064 159 7480
irene@body20.co.za

www.body20.co.za



Blooming Gorgeous
B·O·U·T·I·Q·U·E

EXCLUSIVE STOCKISTS OF:

AYALABAR

EXCLUSIVELY AVAILABLE AT BLOOMING GORGEOUS BOUTIQUE
Shop 76, Irene Mall, Pretoria | Tel. 012 662 0383



woodenways
luxury furniture



Parkview Shopping Centre, Garsfontein Road, Pretoria

012 940 6807 / 012 809 3677



pretoria@woodenways.co.za

www.woodenways.co.za

THE FUTURE OF FITNESS

A STRONGER, FITTER YOU IN AS LITTLE AS 20 MINUTES PER WEEK

A new exciting fitness craze to come to South Africa is Electro Muscular Stimulation (EMS) and we have a studio in Irene Village Mall offering this training concept. The Body20 studio is all about providing the ultimate training experience and achieving unmatched results.

Bronwynn Futchter, the studio manager, has a profound passion for fitness and health. After her first Body20 EMS training session she was hooked. For her, the experience ticked all the boxes of the modern day fitness enthusiast – maximum, measurable results in the minimum amount of time, personalized to the client's specific goals and enjoyed in a private, leading-edge studio.

Her fitness career started 15 years ago at Health and Racquet Menlyn and she has been fervent about health and fitness ever since. Over these years she has seen how the industry has evolved and incorporated technology to achieve the best results in the least amount of time. Gone are the frustrating gym days of waiting for equipment, standing in queues and hardly seeing results.

She is also a certified Life Coach and firmly believes in setting specific, measurable goals to achieve life changing results. In this respect she regards the InBody Body Composition Analysis device as such an important feature as it tracks each client's progress and facilitates staying on course to achieve the desired goals.

The exciting thing about EMS training is that it is a full body workout in just 20 minutes. EMS uses the natural principle of our central nervous system that constantly sends electrical impulses to control our muscle action and intensifies the contraction to reach deeper muscle layers, which are hard to effectively activate through conventional training.



Bronwynn with one of her clients, Samantha Blignaut

The training vest is integrated with multiple electrodes which stimulate all major body parts simultaneously, working the arms, chest, back, quads, hamstrings and glutes.

Usain Bolt and other elite athletes like top footballers Frank Lampard and Lionel Messi first used the technology as a rehabilitation aid and have since incorporated it into their regular training programs to give them the performance edge. Although first designed as a rehab intervention, the technology has since garnered a reputation as an effective weight-loss and muscle tone improvement solution.

Founded in 2013 by South African Bertus Albertse, a successful body builder and fitness athlete in both national and international arenas, Body20 is a rapidly growing franchise and the fastest growing fitness movement in SA.

There are many benefits to EMS training:

- Training which is easy on the joints reducing strain and injury
- Correction of muscular imbalances
- Strengthening of core and abdominal muscles
- Isolation of target muscle groups
- Increased overall strength and endurance
- Improvement of posture
- Reduction in cellulite
- Weight loss
- Relief of back pain
- Increased muscle definition
- Circulation stimulation
- Promotes capillary density
- Fully customizable to reach personal fitness goals
- One-on-one sessions with a personal trainer

The Inbody Body Composition Analysis device measures body weight, skeletal muscle mass, total body water, percentage body fat, waist hip ratio, basal metabolic rate (the resting energy usage) and detects muscle imbalances. This information is used to specifically target certain problem areas and to customize training for maximum results.



Contact Bronwynn at 064 159 7480 or email her at irene@body20.co.za to schedule a trial session



Bridget Edwards

Being an entrepreneur can be exciting, gratifying, challenging and of course, stressful too. The freedom of having your own business, being your own boss, making decisions may be rewarding but the responsibility is stressful. More especially when there is more month than money, staff, suppliers and bills to pay with little left over for your needs. Entrepreneurs are renowned for juggling multiple roles, pushing the envelope, and squeezing the most out of any resource.

12 TIPS TO REDUCE ENTREPRENEURIAL STRESS

Relentless stress can seem insurmountable, but the choice is entirely yours. Can you afford to let stress continually grip, and tighten its hold over you, your business, and ultimately your success? No, of course not! Managing entrepreneurial stress is vital for your health and well being, your family as well as the success of your business, particularly when others also rely upon you.

In South Africa alone, the stress related statistics are alarming:

- South Africa is the 2nd most stressed country in the world. This is according to a Bloomberg study conducted in 2013. Well before the Rand tanked, food and fuel prices shot up.
- Although a shocking 49 murders take place in SA daily, a whopping 210 people die every day of heart disease. Stress is a large contributor towards heart-related disease.
- Stress alone is responsible for approximately 90% of all illness and disease according to the medical fraternity.
- Absenteeism costs corporate SA approx R19 billion annually. This is largely due to staff burnout as a result of unresolved stress-related issues.

What is stress costing you and your business? Are you a potential candidate and statistic in the making? Hard-hitting shocking question I know, but most people are in complete denial of their stress, and worst still, oblivious to the real dangers of stress. Instead, many proudly wear their stress like

a 'badge of honour' erroneously thinking stress and success go hand in hand. There's a bizarre modern-day belief that the more stressed one is, the more successful one is likely to become. Utter bollocks! It's a well known fact that far more productivity is achieved when one is calm and clearheaded. Although stress can be life threatening, playing martyr certainly isn't worth it. Crucial attention is required to adequately manage your stress levels, if not for your own sake, then at least for your loved ones.

Reducing, better still preventing, entrepreneurial stress is not only vitally important but it is imperative. Stress can erode your state of being. This can lead to serious health consequences and psychological problems, which affect you, and everything you hold dear, including your business.





12 Tips to Reduce Entrepreneurial Stress

1. **Self care**, look after yourself first. As an entrepreneur you are the biggest asset in your

business, and entrepreneurial stress can impact your ability to look after yourself. Ralph Waldo Emerson said, 'The first wealth is health.' Self care is vital, especially as you're the breadwinner. Ensure you get

sufficient quality sleep, eat healthy and nutritious food, maintain proper hydration by drinking plenty of still water, and get moderate exercise at least 3-4 times a week. Avoid all stimulants such as caffeine, energy drinks, sodas, sugar and alcohol, which can exacerbate stress by putting more strain and pressure on your body's health and well being. If you're experiencing sleeping problems, not eating properly, feeling fatigued, exhausted and overwhelmed, seek professional help.

2. **Plan the day**. Planning your day helps reduce daily stress. Keep a diary and prioritised 'to-do-list', and update both daily. This prevents a scattered mindset, reduces forgetfulness, and improves performance whilst freeing your mind for productivity, creativity and planning. Planning each day the night before eliminates chaos and reduces unnecessary stress and pressure. While sleeping, the subconscious mind helps prepare for the day's tasks ahead. This simple step can significantly improve performance,

Die Vrede van God is op jou toegewens

QUALITAS VERF WERK

GRATIS KWOTASIES

PLEASE REMEMBER

YOUR PROPER DOCTOR

Dulux **PLASCON** **PROMINENT PAINTS**

- **QUALITY WORK**
- **HONEST & RELIABLE WORKMANSHIP**
- **BEST & AFFORDABLE PRICES**
- **PAINTING IS OUR DAILY**
- **LOTS OF REFERENCES AVAILABLE**

WE BELIEVE IN WORD OF MOUTH
qualitaspaintwork@gmail.com

MR EDIAS
071 801 1161

APPLICANT

HOUSE PAINTERS

WOOD TREATMENT

WATERPROOFING

PAINTING



Stress Gone!

productivity and creativity, and when combined with visualisation is known to dramatically improve sales and income.

3. **Dreaded tasks.** Instead of procrastinating, handle the most difficult dreaded task first thing in the day when you are fresh. This simple step frees you from carrying unnecessary stressful burdens for the rest of the day. Just get it done! Also ensure you handle what is important before it becomes urgent.
4. **Get organised,** routine reduce stress. Routine is critical for a well managed business. This helps one cope with stress more effectively. Maintaining a daily routine removes that dreadful 'rush', reduces unnecessary stress, but more importantly gives you more leisure time. Your routine can include the time you wake up and go to sleep, exercise, eat meals, check e-mails, make phone calls, plan your diary etc. The body clock prefers routine, and orderly behaviour reduces cognitive and physical stress.
5. **Dress codes.** Successful individuals like Barack Obama,

Steve Jobs and Mark Zuckerberg all settled on simple wardrobes for very specific reasons. Fewer decisions. Reduced decision fatigue. Less energy and time wasted. Less expense. Less stress. More peace of mind. More time and energy available for creativity, productivity, and focus on important tasks. Keep it simple, and stylish if you must.

6. **Progress not perfection.** Perfection doesn't exist expect in your own mind. Perfectionism disguises fears and insecurity. It's now time to root this out, free up your time, and live a little. Success is determined by incremental small steps. Too many people get trapped by the fear of a goal, fear of failure, fear of success, fear of the unknown, and thus, procrastinate. Just do it. Action and constant progress ensures success. Letting go of perfection releases unnecessary stress.
7. **Delegate.** Entrepreneurs usually take on multiple roles which can be tiring and stressful because they're cramming too many tasks into a day. If you have employees, apportion your workload to them.

Delegate, or better still, outsource. Invest in business partnerships and suppliers who can probably be far more cost-effective long term. This will make your business more profitable, more efficient and effective, but most importantly, reduce your stress exponentially. If you have school-going children, a great way to maximise your time efficiently is to use a service like Uber to help you manage your children's busy schedules.

8. **Learn to say No.** This may be hard especially if you're a people pleaser. Learning to say 'No' is about being assertive, whilst clearly defining boundaries. This can be particularly helpful for reducing stress because it reduces an unnecessary workload while also freeing your time up for more important tasks at hand. Perhaps, it's time to toughen up and become more assertive, purely for the sake of your own health and well being.
9. **Laugh more.** Laughter is a great stress reliever because it stimulates oxytocin, 'the bliss hormone' which counters the negative effects of stress chemicals. Stop taking life so seriously. Make a concerted effort to have fun, and enjoy your day no

Mix 'n Match Curtains & Blinds

Wide Range of:

- Fabrics
- Upholstery
- Sheets
- Linen
- Ready-made curtains

Free Quotes *Best Prices*

Tel: 012 345 2852
Cell: 083 306 4444

ELARDUSPARK SHOPPING CENTRE
KNITTINGWOOL ON SPECIAL

**WE STOCK A HUGE RANGE OF
CROCHET, KNITTING WOOL AND ACCESSORIES**

**10% DISCOUNT ON ALL
WOODEN BLINDS**
on presentation of this advert



**WE DO
UPHOLSTERY**

Stress Gone!

matter what. Choose to laugh at yourself and life's quirks, instead of feeling miserable and down. Laughter, like stress, is contagious. Besides, what you think about, you bring about, and what you focus on expands. Smile at others – they'll wonder what you've been up to! Laughter and smiling cost nothing, and you'll feel better.

10. Don't be afraid to talk to someone if you need help.

Talking to someone relieves stress. If you're struggling, call and talk to a friend or family member. A problem shared is a problem halved. If your stress is serious, make an appointment with a professional who will provide objective sound advice. If necessary, seek a 2nd and 3rd opinion before making a decision. Find a coach or mentor. Every successful entrepreneur has one or both.

11. Gratitude.

Practising gratitude every day helps put things into perspective, releases happy hormones, and makes one feel positive. This reduces stress exponentially. Keep it simple. Look for opportunities to continually show gratitude. Be thankful and always bless people who help, support, serve, love, and work for you. Continually repeat gratitude statements throughout the day, using opportunities when driving, cooking, cleaning, bathing etc. A grateful mind is a peaceful mind.

12. Take time out, and switch off.

Be disciplined and make a date with yourself – every day at 7pm switch off your phone, kick back and relax for 2 to 3 hours before going to sleep. Give your mind time to unwind. At least once a week take time out for



something special for your benefit and enjoyment – something as simple as a movie, dinner, a picnic, bicycle ride in the park or sunset walk.

In closing, have you noticed aircraft safety procedures always ask passengers to take care of their own needs first, before attending to others, including children. This is for valid reason – you can only help another if you've helped yourself first. You are important. Value and appreciate yourself by taking crucial

but simple steps to reduce your stress levels. Life will be far more enjoyable as a result.

If necessary, seek professional help – I am your stress expert, let's chat.

Bridget Edwards – Stress Expert.
Author of Stress Gone!
www.Bridget-Edwards.com

intrigue

New Spring Fashion Arrival 2016

Shop 43 Southdowns Shopping Centre
John Vorster Drive and Karee Street, Irene
Ext 54, Centurion | Tel: 012 665 2189

ALIENS?

Ponder for a moment the SKA ("Square Kilometre Array"), that mass array of telescopes nearing completion near Carnarvon in the Karoo to probe deep space. And consider too the goings on near San Francisco where the Americans have installed into the sides of a dish-shaped wide valley, almost 400 signal-detecting dishes enabling them to transmit into deep space and to receive signals from alien sources.

It is known as the "Alien-hunt Facility". The whole programme is called SETI – the Search for Extra-Terrestrial Intelligence. It worries me sick. I am pleased to see that, last month, Steven Hawking agreed.

What should we earthlings do if we receive an intelligent message from an alien planet?

My advice four years ago was: "FOR PETE'S SAKE, DON'T ANSWER IT!"

Hawking says we'd be out of our minds if we did.

A group of scientists has advised that "no response should be sent until appropriate international consultations have taken place".

Since space probing by radio waves began in 1959 the most intelligent signal received so far has been a voice repeating over and over, "Your call IS important to us but all our agents are currently busy". After a great deal of excitement and a hurried meeting at the White House, at the United Nations and frantic consultations in Europe and Asia it was discovered that a SETI antenna had toppled against a telephone line and had connected through to the Standard Bank.

The agreement to delay any response to a message from extra-terrestrials is a big relief because the last thing we want is for Planet Earth

to attract the attention of some giant planet which might then send double-decker space buses filled with toothy lizard-men, 10m high in their eight stockinged feet. I can picture them, poking around in frustration seeking the supposedly intelligent life that sent out the messages and trampling all over us thinking we are merely parasitic organisms.

Even if the reply comes from an itty-bitsy planet it might still precipitate an invasion by a life-form of inquisitive little flea-like beings with, instead of proboscises, laser drills capable of injecting under our skins 50 000 eggs a second that develop into larva that eat us from the outside .

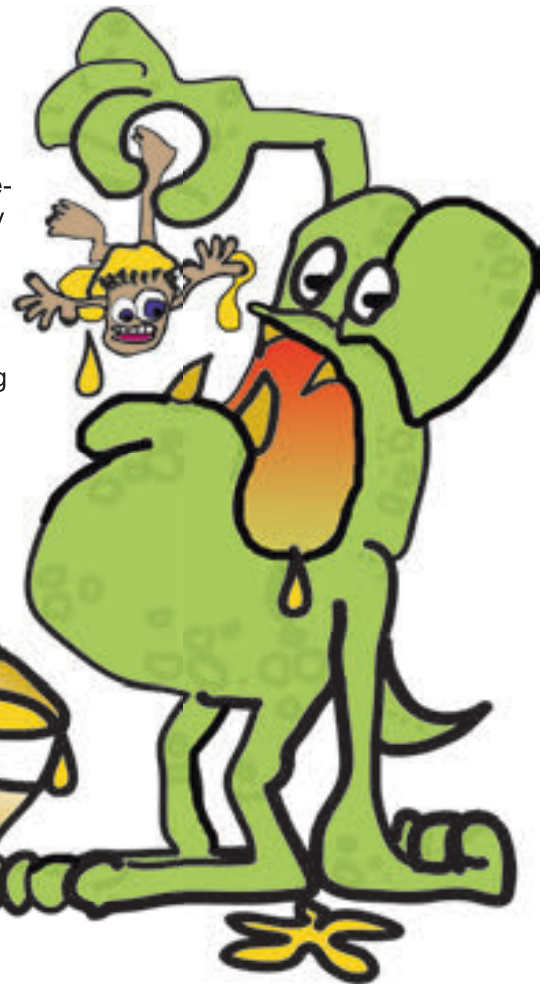
Ever since scientists set out to communicate with deep space I have pleaded with them to rather adopt a KOHDASU policy: Keep Our Heads Down and Shut Up.

Who knows what's out there?

There might well be extra-terrestrial creatures every bit as mean as humans: aliens that discover human noses are a great aphrodisiac and harvest them, with pinchers. Or they might be monsters the size of road graders and scoop us up to sell back at Planet X-13 to be eaten with cheese dip.

What if they are truly colossal and carry our skyscrapers and railway trains back with them for their mountain-sized kids to play with – after first shaking out all the funny little wriggling two-legged things.

Or they might be cold, slimy, creatures smelling like soiled wet



nappies but with hearts overflowing with affection and who'd crawl into our beds at night seeking warmth, eager to snuggle.

It is very likely there is life out there. The Hubble telescope indicates there are 70 000 000 billion visible stars each being a sun, some with associated planets.

The one ray of hope is that most are zillions of light years away and, if we do receive a signal, it will probably be millions of years old by the time it reaches us.

On the other hand, what if these aliens can travel a million times faster than light and they send remote controlled vacuum cleaners to suck up a sample of our planet – like Pretoria?

For more James Clarke, visit Blogsite:
<http://stoepstalk.worldpress.com>
or www.jamesclarke.co.za



Smiles4All welcomes
our new

Oral Hygienist

Betsie Schoeman

DipOH (Pret)

Oral hygiene, bleaching,
gum guards and fissure sealants

012 665 1631/2 | www.smilesforall.co.za

Practice mobile no: 071 611 8329 / 50

**SPECIAL
launch
offer for the
Opalescence
bleaching
system!**

Only R 1500,00 for chair procedure or
professional home kit!



Highveld Park Centre | Suite 11 (Ground Floor) | Centurion
t. 012 665 1631 | e. smilesforall@iafrica.com

Smiles4All
DENTAL STUDIO



BE SPORT READY!

Make sure your child's teeth
are protected with a **mouthguard**

Get your custom-made mouthguard in a variety of colours
from **Smiles4All** within a day! Contact us on 012 665 1631



Highveld Park Centre | Suite 11 (Ground Floor) | Centurion
t. 012 665 1631 | c. 082 443 1008 | e. smilesforall@iafrica.com

Smiles4All
DENTAL STUDIO

SMALLS

DOMESTIC WORKERS:

Very reliable and hardworking gardener working in the Estate is looking for extra days work (Tuesdays and/or Saturdays). References available from current employers. Please contact Innocent on 073-349-7526.

Johanna Baphelile Mthombeni (ID Number: 580219 0486 08 8) seeks domestic work on Mondays and Fridays.

Johanna is extremely trustworthy, hardworking, competent and reliable. She already works in the estate 3 days a week. Please call me for a reference on 082-491-4951 and/or email me at sharon@sententia.org.za.

GARDENING, PAINTWORK, BRICKLAYING AND GENERAL TASKS: Givemore is looking for work within the Estate. Very reliable and works quickly. Phone 061-246-3927.

GARDENER: We have a very hardworking gardener looking to fill his week. He had been working for us for 2½ years and is also working for other families in the estate. For more details and a reference please phone me Susan 082-851-5711.

Very reliable and hardworking gardener working in the Estate is looking for extra days work (Tuesdays and/or Saturdays). References available from current employers. Please contact Innocent on 073-349-7526.

BEAUTY: U-Tan!!! Sunbed @ 25 Country Club Ave - Spring Offer, R280 for 10 sessions. Bookings, contact Melandi on 083-644-1133.

BEAUTY: Full Set of Lashes, including 2 week fill. R500 TILL END OF SEPTEMBER 2016
phone Charmaine for an appointment on 082 552 5278.

THE VILLAGE TRAINING SQUAD:

Outdoor exercises presented by a qualified Biokineticist. Join us to improve muscle strength, endurance and general fitness and health. Phone Etresia 083-352-2089.

PETSITTING: Your pets are cared for when you are away! Whether for one day or many days. Contact me any time: Michiel Brand 0710160913 / www.mypetcare.co.za (You are welcome to phone any of my clients for references).

CLEANING: We do professional deep clean carpets, Lounge suits (material and leather), Mattresses, Windows, Pre-occupation cleaning and Pest Control. Phone Alta for an appointment 082 395 6449.

INTERNET

Are you tired of your unreliable Internet?
Contact Starbright IT Solutions today to hear how we can help you with an affordable and reliable Internet connection!
Tel: 012 004 0080; info@starbright.co.za; www.starbright.co.za

QUALIFIED ELECTRICIAN

I offer the following services:
Maintenance/repair work/new installations
Installation of generators into main supply
Energy efficient solution to reduce electricity bills ie
1. Timer switches on geysers
2. Energy saving lighting

Rates very reasonable. Please contact Peet Erasmus 082 892 4203



KIDS PARTY: Jumping castle hire and helium balloons
Contact Werda 082 822 8659

STUDY SKILLS:

Academic progress is one of the most important aspects of any child's development and much emphasis is placed on school and learning in our society. Poor school performance is not only an academic problem, but can influence your child's self-esteem, social integration in the school environment, confidence in his abilities and potential, resilience and optimism: i.e. his happiness. Top 10 Study skills programme is a combination of academic and emotional skills presented in IFV. We put into practice learning skills like mind maps, memory tools, summaries, key words, preparation for exams, stress and anxiety, brain training, concentration etc.

Let us guide and support your child in maintaining a well-balanced life that is conducive to good concentration, listening, a healthy learning attitude and general self-awareness accompanied by goal setting relevant to his or her academic areas of need.
Contact Christa on 083-304-0303 or christa@kidslifestudio.com

**KINDLY NOTE: ALL SMALLS ADVERTISEMENTS
NEED TO BE RESUBMITTED EVERY MONTH.**

If you would like to advertise in our
smalls section, please contact us:

Tel: 012 662 3505

E-mail: admin@irenefarmvillages.co.za

COMMUNITY • CHARACTER • COURAGE

JOIN US EVERY SUNDAY

07:00AM | 08:30 AM | 10:00 AM

8 JAN SMUTS AVE, IRENE

A vibrant multicultural church purposed with a mission to serve the nations of Africa. This cutting edge organisation founded by Pastors Bert and Charne Pretorius, has become a source of inspiration for millions across the nations of Africa proclaiming a message of hope, healing and restoration.

@my3c_
 3C
 @my3c_
 www.my3c.tv
 086 111 2345



APPROVED ESTATE AGENTS



Principal: Yolanda Barnard
Agent: Yolanda Barnard
Cell: 082 941 2002
Office: 012 003 3242
E-Mail: yolanda@yb-law.co.za
Web: www.yb-law.co.za



BUYING * SELLING * LETTING
CLEANING * MAINTENANCE



Lenie Visagé &
Liesl van Staden
083 259 5342 & 084 870 1465
lenie@appleproperty.co.za
liesl@appleproperty.co.za
www.appleproperty.co.za



Principal: Nina Antoniou
Agent: Nina Antoniou
Cell: 082 963 1994
Agent: Eunice
Cell: 071 676 5940
Office: 012 667 3692
Fax: 086 617 0516



Jana Brink and Frank Roos
Cell: 0724020181/
Cell: 0825550466
Office: 0126675201
jana.centurioneast@justresidential.co.za
frank.centurioneast@justresidential.co.za
www.justpropertygroup.co.za



Principal: Leane Graaff
Agents: Leane Graaff
Cell: 083 457 3184
Office: 012 689 2018
Fax: 086 698 6210
Email: lgstates@absamail.co.za



Franchise Manager: Deon van Zyl
Agent: Steven Kruger 082 699 4881
steven.kruger@leapfrog.co.za
012 348 1940

www.leapfrog.co.za



Principal: Retha Schutte
Office: 012 644 8300
Fax: 012- 664 6790
Agent: Peter Varrie
Cell: 082 457 7416
peter.varrie@pamgolding.co.za



Jeanne Minnie
082 092 9947
jeanem@realnet.co.za



Machelle Henning-Walker
Kantoor: 071 657 7555
Cell: 082 789 7888
Epos: machelle@rmrealtors.co.za
PO Box 61740
Pierre van Ryneveld
0045
Stand 2185, Halfmoon Drive,
Irene Farm Village



Principal: S.J. van Wyk
082 454 9813
Tracy Keyter: 082 928 8219
Tracyk@seeff.com
Sylvia Meneely: 084 010 8504
sylvia.meneely@seeff.com
Office: 012 667 2167
Fax: 012 667 3566
www.Seeff.com



Jonathan Koen
Cell: 073 206 3877
www.superiorrealty.co.za
jonathan@superiorrealty.co.za

IMPORTANT NUMBERS

Police Emergency10111
Lytelton Police Station012 664 8600
Pierre van Ryneveld
Community Policing Forum079 528 1630

Security at Gates012 662 1688
Guard House Main Gate42831
Guard House North Gate42832
Security Manager.....082 300 1835
Protea Coin Shift Manager.....082 838 7779
Irene Farm Controller.....082 947 7610

Fire Emergency.....10177
Medical Emergency.....082 911

Irene Farm Villages:

Estate Office012 662 3505/5601
Estate Manager.....079 525 9281

Managing Agent:

Account AbilityTel: 082 780 0059
.....Fax: 086 671 9798
.....info@aams.co.za

Cleaning Carpets is as easy as 1 2 3

Owner Supervision on Every Job

At Chem-Dry we offer convenient appointments and quick professional service. Call us for a deep cleaning on carpets and upholstery. Carpets dry within 1-2 hours. Owner Supervision.

We Also Do
Tile & Grout
Cleaning



Contact Chantel du Plessis
At Chem-Dry Centurion
Cell: 082 372 4999
Tel: (012) 663 8531



MEDICAL SERVICES

DENTAL CARE

Irene Village Care, General dentistry and more. Irene Village Mall. Call: 012 662 0302 / 079 069 4607 info@irenecare.co.za www.irenecaredentist.co.za

DR CHRISTA ROCHER

Your GP in Irene Village Mall Family Health, Child Health, Women's Health
Call: 012 662 0305
Info@christacare.co.za
www.christacare.co.za

PHARMACY

Rynepark Pharmacy Beauty salon, stockist of Environ, clinic services, baby clinic, Discovery Vitality checks 012 662 1705

QUALIFIED IRIDOLOGIST / LIVE BLOOD ANALYSIS

Achieve optimal health by identifying your hidden imbalances. Contact Willemien du Toit 082 789 3929 dutoitwillemien@gmail.com www.lumeniq.co.za Irene, Pretoria

GENERAL SERVICES

CLEAN PURIFIED WATER

Visit the @FRESH WATER SHOP at Ryneveld Lifestyle Center. Pierre van Ryneveld.
We do: Refills, Sell bottled water, containers, dispensers & other products.
Contact us @: sales@atfresh.co.za or on 072 117 5803.

LOOKING FOR A PHOTOGRAPHER?

See my portfolio here at www.ivanmullerphotography.com. If you like what you see, contact Ivan at 082 454 8487 or ivanmuller@icon.co.za. I also have a large format photo quality inkjet printer that can print on canvas and fine art paper up to size A0. My studio is at 579 Broadbury Circle, Cornwall Hill Estate. I am also available for any type of location photography.

GENERAL SERVICES

LITTLE EINSTEIN'S PLAYSCHOOL:

Beautiful environment with exceptional educational resources. Highly qualified educators and an outstanding grade 0 year. Grade 000 to 0. Sharon 082 904 8157 or 012 667 5524

HOME SERVICES, BUILDING & MAINTENANCE

EVENTS & DÉCOR

Unlimited Events Décor Décor, sound & lighting, photography, balloons, treat & eats 012 664 1114

EASYSKLEIN PRODUCTS AND SERVICES

Protect your shower glass, upholstery, carpets, tiles and windows with patented nanotechnology products. No more harsh chemicals required and surfaces will stay easy-2-clean for years to come. free quotation with up to lifetime warranty offered. Contact Martin 012 004 0700. www.easyskleingroup.co.za www.facebook.com/easyskleingroup email: protect@easyskleingroup.co.za

CHEMDRY

Convenient appointments, deep cleaning on carpets & upholstery. Chantel 012 663 8531 / 082 372 4999

PLUMBING – PLUMB AVID

Drains, leaks, maintenance, installations. 012 654 2513

CENTURION PEST CONTROL

We will beat any written quotation. Call us for free quotation 012 751 6522 / 072 395 1959

PAINTWISE CENTURION

Expert advice, free technical advice, expert colour advice, free delivery. 012 653 8521

HOME SERVICES, BUILDING & MAINTENANCE

HASSLE-FREE POOL SERVICES

Weekly pool maintenance for R 500 including chemicals. Contact Mark Venter at 082 601 6868 or e-mail me at markventer67@gmail.com

GARDENING AND LANDSCAPING

MELIA GARDENS

Would you like to have a beautiful garden? Our professional, reliable garden service company can assist you. We have over 16 years' experience and also offer pool maintenance services. We will be working full steam over the December holiday period for your convenience. Contact us for a quotation and see how we can maintain your garden and make it flourish! Amelia - 0833264210 gardenlady@mweb.co.za

MONAVONI NURSERY

Landscaping, irrigation, nursery. 012 668 1261

LIFESTYLE HOME GARDEN

Indegenous and exotic plants, home decor and restaurants. 011 792 5616

MADISON FLOWERS

Fresh floral arrangements. 012 667 1802 / 082 873 3797

GRASSNYER KLINIEK/ LAWNMOWER CLINIC PRETORIA

Sales, accessories, parts & repairs on mowers, lawn tractors, brushcutters, pressure washers, vacuum cleaners, chainsaws and more. Best brands, amazing service, top deals. Every time! Tel 012-323-1833. www.lawnmowerclinic.co.za

RESTAURANTS

MEADOW GREEN RESTAURANT.

012-667-6464

IRENE FARM VILLAGES

Machelle Henning-Walker Principal/Owner • Cell: 082 789 7888 • Office: 071 657 7555
2185 Halfmoon Lane Irene Farm Villages • machelle@rmrealtors.co.za

R18 000/month



JUST LET

Stunning 3 bedroom home in Irene Farm Villages.

This home has a good amount of space and offers 2 open plan living areas and a massive loft upstairs that can be used as a guest room to entertain your future guests. 2 immaculate bathrooms, Double garage, Neat garden, Patio with built-in-braai and much much more! Call me to view today.

R4 800 000



FOR SALE

This immaculate home is in the beautiful. Irene Farm Villages Estate, which has the Irene Village Mall right across from the estate and is also close to 2 illustrious schools in the area: Southdowns College and Cornwall Hill College. This home boasts of 4 stunning bedrooms and 2 bathrooms; the main bedroom has a dressing room and a jacuzzi bath in the bathroom. Immaculate garden with swimming pool and a patio with enclosed built-in-braai to entertain your guests, 3 living areas, Study, Guest toilet. Servants quarters and much more! Call me to view this spectacular home today!

R3 299 000



FOR SALE

Irene Village View

Stand Size: 712 m², House: 411 m², 4 Bedrooms, 3 bathrooms (2 en-suite), Separate guest toilet downstairs 5 Living Areas (Dining Room, Lounge, Formal Lounge, Pajama Lounge Upstairs and one more large 24 m² room to be used), Servants quarters with Shower and toilet, Baby Pool with deck, Large under cover patio with Built-in Braai, own prep bowl and serving hatch to Kitchen, Double Garage, Alarm, Underfloor heating, Lots of closet space. Automated Irrigation.

R13 500 000



FOR SALE

To Buy In Cornwall Hill Estate. This Exquisite property in Cornwall Hill - The

ultimate lifestyle - A magnificent family home. Double volume entrance with mahogany staircase that welcomes your. Spacious living areas - Koi pond. Large indoor entertainment area with a rosewood fitted bar - sitting area with a gas fireplace, dining area with a built in braai, 4 - en-suite bedrooms opening onto balconies with lovely views. 6 Stables - lunging and jumping area, paddock groomers room and tack room open- air boma with pizza oven. Security cameras, alarm and beams. Situated in Cornwall Hill Country Estate. Easy access to the R21 and N1. Close to Irene Mall. Next to Cornwall Hill Collage

R3 250 000



SOLE MANDATE

Irene Farm Village. 322 m², 745 m²
3 bedrooms, 2.5 bathrooms, Gas fire place, 2.5 garages, Pool, Patio, Flat/ domestic quarters, Borders a park.

R10 750 000



FOR SALE

Cornwall hill

6 Bedrooms, 7 Bathrooms, 3 En-suite, 4 Garages, 5 Lounges, Alarm, Electric Fencing, Intercom, Kitchen, Patio, Pool, Staff Quarters, Study



RM REALTORS

PROPERTY BUYING • SELLING • RENTALS • DEVELOPMENT LAND AND COMMERCIAL



List your property with RM Realtors and when sold successfully you will receive a free house cleaning.

Squeaky Clean
Cleaning Services
Where it's all about you.
• Offices
• Homes
• Newly Built Houses

RM Realtors has different agents in different areas – all rental stock, for sale stock, commercial stock welcome!



leapfrog

PROPERTY GROUP

Steven

082 699 4881

Idea

**Park your car
in your garage**

**Call 0861 18 18 18 and get one
month's complimentary storage***



Stor-Age Sunninghill now open!



van rental



we sell packaging



you keep the key



you lock

*T's & C's apply

0861 18 18 18
www.stor-age.co.za



stor-age
self storage