

## November Gardening

## How to Wow Overseas Visitors

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# CONTENTS

#### Estate News Message from the Editor 1 **KEHOA Registered Estate Agents** 2 Motoring **Bentley Bentayga Diesel SUV** 18 Isuzu KB Double Cab 20 Travel The Kgalagadi Transfrontier Park 4 8 James Clarke: How to wow overseas visitors Top 10 Travel Deals 32 Home Front Woodmead Commercial Park Feature 13 **Kyalami Estates Classifieds** 31 Business E&M: Third wave of convergence 15 Gardening November gardening 22 Today's Child **Test-a-Matics** 24 Lifestyle **Twisted Whiskers: Spring Grooming** 26 **Restaurant Competition** 30





EDITOR'S MESSAGE

## APPRECIATING OUR NATURAL TREASURES

In this issue, Anthony Cavanagh writes about the recent trip that he and Sue went on to the Kgalagadi Transfrontier Park and James Clarke discusses the various issues surrounding the categorisation of our wildlife according to their current stages of endangerment and how close some of the species are to extinction. It's an alarming thought that one day we won't be privileged to view some of these wonderful creatures in the flesh and in their natural habitats. Alarming and sad.

While keeping up with technology, as described in our article entitled **A third wave of convergence**, enjoying the improvements presented to us by the car manufacturers in our motoring section, and advising our kids how to cope with the challenges of writing tests detailed in our **Test-a-Matics** article are also integral parts of our busy lives, getting out there to see and appreciate – and hopefully come up with some solutions to protect and conserve - the treasures of our natural environment may be more important than we realise.

Enjoying the outdoors as we know it could well be something that we one day will look back on with nostalgia – but, hopefully, not with despair.

Best wishes, **Bev Hermanson** EDITOR



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Kyalami



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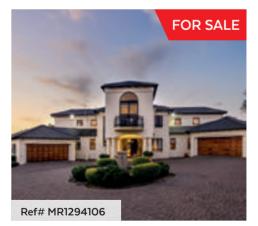
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Lanner Falcon with prey

# THE KGALAGADI TRANSFRONTIER PARK

**TEXT AND PHOTOS BY ANTHONY CAVANAGH** 

Kgalagadi means 'place of thirst' and aptly describes the semi desert terrain consisting of sparse vegetation, sand dunes and the dry riverbeds of the Nossob and Auob Rivers.



n May 2000 President Festus Mogae of Botswana and President Thabo Mbeki of South Africa formally launched the Kgalagadi Transfrontier Park that amalgamated the Kalahari Gemsbok Park and the Gemsbok National Park of Botswana into a single ecological unit. The total area of the park is 38 000km<sup>2</sup>, threequarters of which lies in Botswana.

Sue and I together with friends Gavin and Joan visited the park in August and, after driving for almost twelve hours, with an overnight stop over in Kuruman, we arrived at the park entrance at Twee Rivieren where we obtained our park permits and booked into our chalets. Gavin and I then went to the camp petrol station where we let down the tyres of our vehicles to 1,5 bar to provide better stability on the park's badly rutted and often very sandy roads.

The next morning, we set off for Mata Mata, the road to which follows the dry bed of the Auob River. Although the park's rivers flow only once in a lifetime, there is underground water, and windmill and solar powered borehole pumps situated every few kilometres along the riverbed provide water for the animals and birds. These boreholes were drilled during the First World War to provide water for South African troops stationed along the border with what was then the hostile state of German South West Africa. Interestingly, many of the waterholes have Scottish names such as Dalkeith, Montrose, Munro and Craig Lockhart, which are attributed to a Scotsman, Roger Jackson who was hired in 1914 to survey the area for farming.

Ground squirrels and meerkats were plentiful in the riverbed as were oryx (gemsbok), wildebeest and jackal. At the Auchterlonie waterhole, dozens of Namaqua and Burchell's sandgrouse soaked their breast feathers in the water before flying off back to their nests with the life-giving liquid. Other birds seen en-route included Pygmy falcon, Swallow tailed bee-eater and Black-throated and Yellow canaries.

The campsite at Mata Mata offers good game viewing and, after pitching our tents, we sat with our sundowners and watched tsessebe, oryx, jackal and Kori bustards walking on the other side of the fence. The temperature at night went down to minus 4°C so any water left outside was frozen solid and the gas cylinders too were difficult to light in the early morning. On drives from Mata Mata, notable sightings included African wild cat, leopard and bat-eared fox, while interesting bird sightings included Black-chested snake eagle, Tawny eagle, Bataleur, and Rock and Greater Kestrel. It was always fascinating to watch the very



industrious and sociable weavers to-ing and fro-ing around their huge nests.

From Mata Mata we drove some 60km back to the dune road that crosses the Auob riverbed and takes one on the roller coasterlike gravel road to the Nossob riverbed that forms the border with Botswana. We then followed the road north and were fortunate to see a cheetah that suddenly sat up as we drove by. Just south of Nossob is a waterhole named 'Marie se gat', so-called as the engineer tasked with drilling the borehole at this spot was often drunk so his wife Marie completed the job. At this waterhole we saw a young male lion that had a dislocated or broken jaw, no doubt the result of a kick by a large antelope. The lion was rather emaciated and was not likely to survive much longer, a reminder that even the king of beasts can find life difficult in this very harsh landscape.

Nossob has seen new chalets built since our last visit some years ago, and campers now also have the option of camp sites with private ablution facilities or equally large and shaded camp sites that have a communal ablution facility. The hide at Nossob overlooks a waterhole and here we had fine sightings of Eurasian Hobby and Brown snake eagle, while around the camp we noted Black-chested Prinia, Longbilled crombec, Yellow-bellied Eremomela, Chat flycatcher, and a Yellow-billed Kite.

On drives both north and south of Nossob we parked at waterholes and watched as Lanner falcons swooped down on unsuspecting Redheaded and Scaly feathered finches, not always with success but nevertheless scattering the small birds. Also seen on our drives were Booted eagle, Red-necked falcon, Northern black korhaan, Scimitarbill, Secretary bird and Shikra. Bat-eared foxes were seen very close to the camp and eland and red hartebeest were plentiful. The meerkats were always fun to watch, as they stood up in groups looking around inquisitively at their surroundings. Yellow and slender mongoose were also often seen, the latter being much more russet in colour than those found in the eastern parts of the country.

The road back to Twee Rivieren follows the dry Nossob riverbed and crosses the national border a few metres into Botswana before winding its way back into SA. Our last night was spent back at Twee Rivieren where we had a meal at the restaurant (the only restaurant in the park).

The Kgalagadi has a unique beauty, the desert-like terrain, the wildlife, the birdlife, the extreme temperatures and wonderfully clear night skies make this park one of Southern Africa's gems.







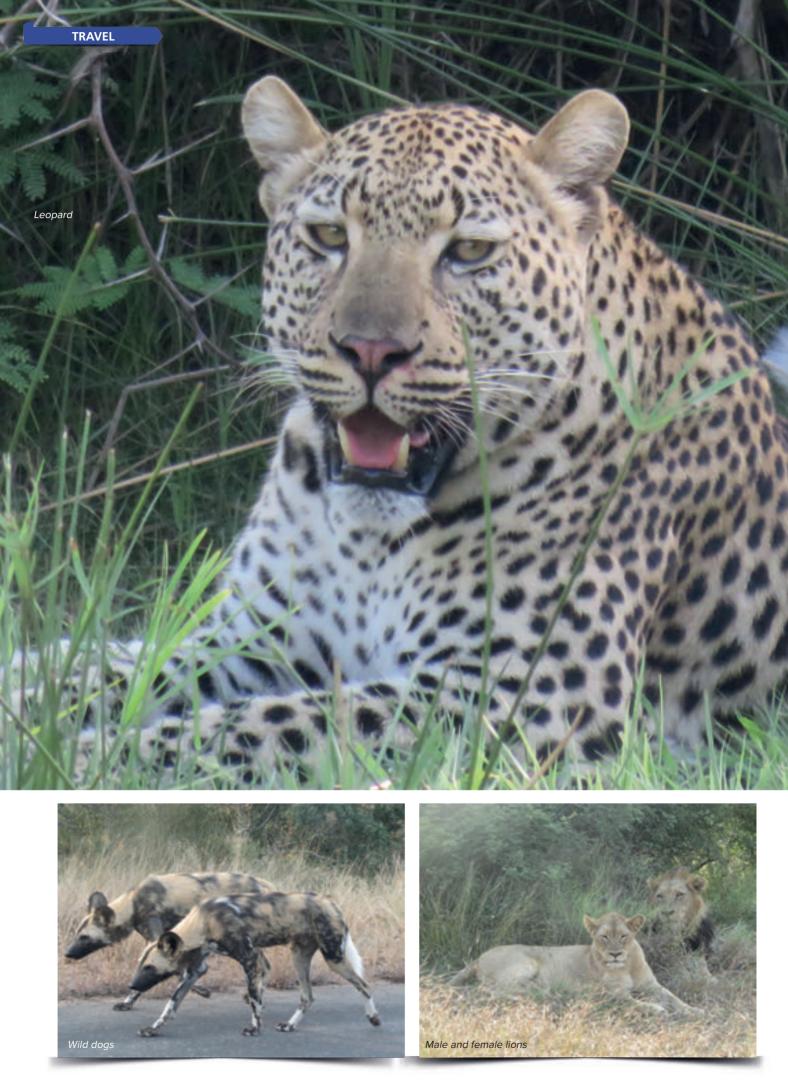


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# **OVERSEAS VISITORS**

HOW TO

BY JAMES CLARKE, IMAGES BY MARY BROADLEY

Visitors invariably experience a certain thrill of excitement and nurture expectations when arriving in Africa, of all places. One is obliged to take them somewhere and tell them about the most positive and alluring aspect of this country's odd character – its wildlife.

I don't necessarily mean wow them by cranking out 'facts-that-will-amaze' - like how the giraffe's heart is the size of a bucket or that old male lions eventually starve to death because there are no females to hunt for them. But, bearing in mind how most overseas visitors have read of the slaughter of Africa's elephants and rhino, they might be (and probably will be) surprised to know the situation here is quite different from the rest of Africa. Thanks to a comprehensive report by the Johannesburg-based Endangered Wildlife Trust (EWT), South Africa's situation can be regarded as far more optimistic than what exists elsewhere in Africa.

The EWT was the brainchild of an old friend, Clive Walker of the Waterberg. Clive, a game ranger turned artist, author and conservator, founded the EWT in 1973. It became Africa's most active and effective wildlife institution whose recent national survey has caused a stir.

Bear in mind that, apart from becoming extinct, the saddest fate to befall a wild animal species is to be categorised as 'extinct in the wilds'. Most visitors assume that our black rhino is in this



Those of us who live in the cosy, walled-in estates around Gauteng are sometimes visited by friends, relatives or business associates from foreign lands - and, if you are like me, you feel compelled to impress them with 'wow facts' about this much-criticised country.

#### TRAVEL

category and on the brink of oblivion. After all, it is now listed as 'critically endangered' by the IUCN (International Union for the Conservation of Nature). That's one notch above 'extinct in the wilds'. But the IUCN's trusted associate in South Africa, the EWT, says while the black rhino is on the brink from a global point of view, locally it is rated as 'vulnerable' - two categories more optimistic than being 'critically endangered'.

Not long ago, the EWT produced a 700-page report - *Red Data Book of the Mammals of South Africa: a Conservation Assessment.* It is possibly the most comprehensive wildlife status evaluation of any country in the world.

The global IUCN report says the elephant is in dire straits across Africa and is being poached for its ivory on a scale that cannot be sustained. Some countries have lost nearly all their elephants. By contrast South Africa has too many.

While poaching may be relieving the population pressure in say Kruger Park, the stress and widespread disruption caused by poaching is having traumatic effects on the elephants' extraordinary and quite admirable social structure.

The EWT points out that South Africa is the third richest country in the world in terms of its variety of animals and plants. From an international tourism point of view, it certainly has the most charismatic species and the most accessible places for viewing wildlife. An overseas visitor can practically be guaranteed to see a rhino in its natural habitat. There's the Pilanesberg National Park, 90 minutes from Johannesburg and Pretoria by car, which has both the rare and secretive black rhino as well as the much larger white rhino. There are at least 700 black rhino in South Africa with 230 in Kruger Park and 463 in the Zululand reserves according to the EWT's 2016 count. That's a good basis to grow the population.

In my book, *Overkill*, I recall how 50 years ago, the white rhinoceros was down to 437 in Zululand, its last refuge. Now there are thousands with a healthy population in Kruger Park despite the poaching for rhino horn (which, thankfully, is now declining). The EWT's chief executive, Yolan Friedmann and her allfemale executive, say South Africa is one of 12 countries that, among them, possess two thirds of the world's living species.

Here are some 'wow' facts to impress visitors: We have almost 300 different kinds of land and sea mammals ranging from the world's tiniest (the shrews) to the world's largest the blue whale. Among them we have the world's largest land mammal (elephant), tallest (giraffe), fastest (cheetah); the world's largest bird (ostrich) and the heaviest flying bird (kori bustard) - as well as other superlatives.

But it will need vigilance and intelligent management to stabilise our wildlife situation. Of the 295 mammal species, half (147) are currently doing fine in the category of 'least concern'. Ten are regarded as 'critically endangered'. Seven of these 10 critical mammal species are found nowhere outside South Africa and include two species of moles, two species of bats and the Ongoye red squirrel.

A couple of months ago Mary and I wrote of our stay in the Southwest Karoo where one of the 10 'critically endangered' species exists: the riverine rabbit. It is unique to that region. There may be as few as 1500 left. Its biggest threat is habitat destruction. We found that conservation has greatly improved in the region but the rabbit continues to decline.

The report makes the point that, while the potential loss of such species is not going to excite the public mind, "the ecological significance of these smaller mammals may nevertheless be important to the survival of other species. Any loss of a species reduces diversity and therefore threatens the whole."

As John Donne wrote: Never send to know for whom the bell tolls...\*

What will surprise many is to find that the lion and the cheetah are 'vulnerable'. There are fewer than 2500 lions in the wild in South Africa with 2000 in Kruger Park and its abutting reserves. The wild cheetah's population is 460.

\*An expression from a sermon by John Donne. Donne says that because we are all part of mankind, any person's death is a loss to all of us: "Any man's death diminishes me, because I am involved in mankind; and therefore never send to know for whom the bell tolls; it tolls for thee."



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# A THIRD WAVE OF CONVERGENCE

Africa's entertainment and media industry enters a dynamic new wave of convergence

he borders that once separated the entertainment, media (E&M), technology and telecommunications industries are blurring in the battle for the attention of the consumer in a world that is rapidly digitising.

As the mobile device cements itself as the pre-eminent source of the E&M experience, the most disruptive, forwardthinking companies are striving to create an integrated ecosystem suited to this consumer-driven dynamic. This is according to PwC's Entertainment and media outlook: 2018 – 2022: An African perspective released recently.

By 2022, total E&M revenue in South

Africa is expected to reach R177,2 billion, up from R129,2 billion in 2017. Internet (access and advertising) is expected to grow at a compound annual growth rate (CAGR) of 11,3% over the forecast period to reach R91,2 billion, up from R53,4 billion in 2017.

Overall, E&M growth will be less reliant on internet access revenue as organic growth opportunities in internet connections start fading towards the end of the forecast period. Internet advertising will greatly exceed TV advertising in terms of growth, leading the way with a 13% CAGR over the forecast period to reach R9,4 billion. Internet advertising will overtake TV advertising spend in 2022. The Outlook is a comprehensive source of analyses and five-year forecasts of consumer and advertising spending across five countries (South Africa, Nigeria, Kenya, Ghana and Tanzania) and 14 segments: internet, data consumption, television, cinema, video games, e-sports, virtual reality, newspaper publishing, magazine publishing, book publishing, business-to-business (b2b), music, outof-home (OOH) and radio.

Vicki Myburgh, Entertainment and Media Leader for PwC Southern Africa, says: "It's clear we're in a rapidly evolving media ecosystem that's experiencing Convergence 3.0. In Convergence 3.0, the dynamics of competition are evolving while a cohort of ever-expanding super competitors and more focused players strive to build relevance at the right scale. And business models are being reinvented so all players can tap into new revenue streams, by, for example, targeting fans and connecting more effectively with customers to develop a membership mind-set.

"The pace of change isn't going to let up anytime soon. New and emerging technologies such as artificial intelligence and augmented reality will continue to redefine the battleground. In an era when faith in many industries is at a historically low ebb and regulators are targeting media businesses' use of data, the ability to build and sustain consumer trust is becoming a vital differentiator."

South Africa's E&M industry faced a challenging year in 2017 amidst economic and socio-political uncertainty. Total E&M revenue rose at a comparatively low rate of 6,8% year-on-year to R129,2 billion. A bounce-back in 2018 sees an anticipated 7,6% year-on-year growth, while the CAGR to 2022 is forecast at 6,5%.

South Africa will see a strong CAGR of 7,6% for consumer revenue to 2022, moving from R93,9 billion in 2017 to R135,7 billion in 2022. Beyond revenue from the internet segment (buoyed by apps revenue) there are many success stories, most notably that of video games, which will surpass books, magazines and B2B to become the third-highest contributing consumer segment. There is a striking difference in growth between digital and non-digital revenue, which have CAGRs of 11,4% and 1,8% respectively. Put another way, digital revenue will add R41,3 billion and non-digital revenue R6,7 billion in absolute

terms to 2022. The non-digital elements of five different segments – books, magazines, newspapers, OOH and video games – will all decline to 2022.

#### **VIRTUAL REALITY**

Within this overall increase, the fastest revenue growth will be in the digitally driven segments. Virtual reality will lead the way, albeit from a low base, at a five-year CAGR of 55% to reach R671 billion in 2022, from R75 billion in 2017. "The exceptional growth in VR reflects the excitement in this space. VR devices and experiences are in the early stages of being accepted by the mainstream, as VR now emerges as a viable long-term platform for unique, immersive experiences, attracting major investment from media and technology companies eager to seize a share of this fast-growing market," Myburgh adds. After a breakthrough year, South Africa's total e-sports revenue is forecast to rise from R29 million in 2017 to R104 million in

2022, a CAGR of 29%. A host of high profile events in 2017 helped to propel e-sport further towards the mainstream, and a number of similar events have been and are being held this year.

#### **VIDEO GAMES**

A booming social/casual sector is driving strong growth in the video games segment. Total revenue is forecast to rise from R3,1 billion in 2017 to R6,2 billion in 2022, a CAGR of 15%. TV and video will continue to be a major driver of consumer spend. Following growth at 4,8% CAGR over the forecast period, the total TV market will be worth R40,8 billion by 2022.

The shift from physical to digital media has been one of the core drivers of the global and local E&M market for many years. But different media segments have experienced strongly contrasting patterns of digitisation. In some cases, consumers have been quick to drop physical formats and embrace digital alternatives at the first opportunity.

#### BOOKS WILL REMAIN POPULAR

Although the growth rate for physical books is moderate, it is notable that books are performing far better than any other non-digital sector. "Permanency and collectability may be the reason for this. Books are seen as collectibles often owned and displayed for many years, making the loss of their physical presence more significant,"

explains Myburgh. Although books currently seem to have the best prospects of any physical media format, they are, like every other media segment, just one disruptive digital competitor away from major upheaval.

Newspapers and magazines will see revenues decline over the next five years. In 2017, total newspaper revenue fell by – 2,9% to R8,6 billion. The forecast for the years ahead is for decline at -4% CAGR. By 2022, South African total newspaper revenue is expected to drop to R7 billion. Despite 24/7 access to media and entertainment, the appeal of shared, live experiences still attracts audiences. Music events still draw large crowds, with ticket sales set to see an 8,0% CAGR to 2022, helped by major tours from popular crowdpulling acts in 2018.

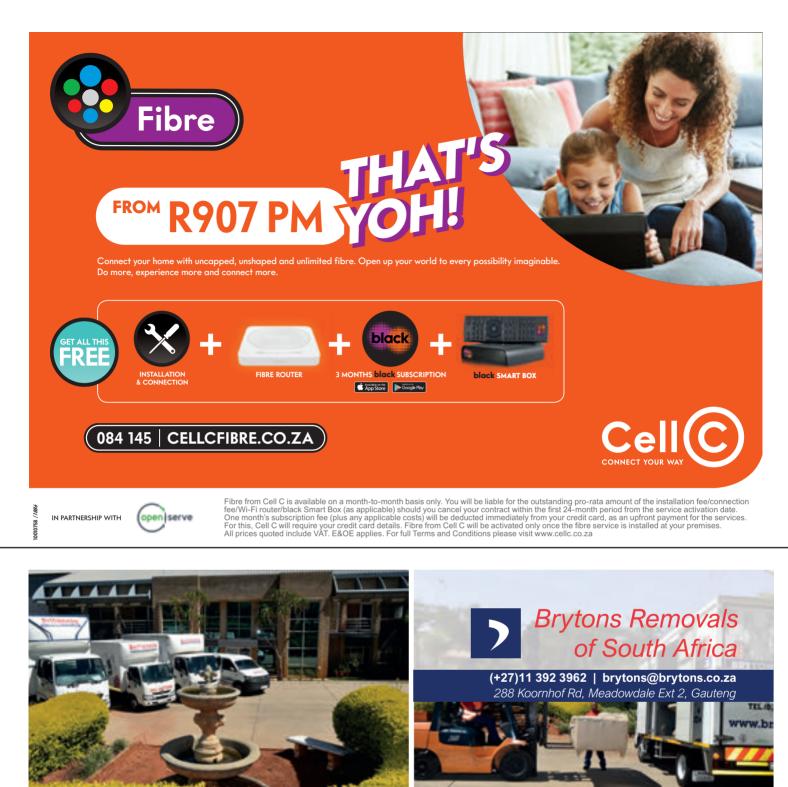
Recovering admissions and rising ticket prices together with improved offerings will see box office revenue deliver modest growth at a 3,5% CAGR through 2022. South African audiences are prepared to pay a premium to watch big-budget films with surround sound, vibrating seats, temperature change, strobe lights and so on. Radio continues to have a solid listener base in South Africa, with a weekly reach of 91%. Radio revenue is projected to rise 3,9% CAGR over the forecast period to surpass the R5 billion mark in 2022.

#### **CHAT APPS**

Chat apps and social platforms have become an increasingly important part of day-to-day life for consumers, both in South Africa and worldwide. As usage and entertainment rise, key players from across the E&M industry have teamed up with these platforms, growing them into 'onestop shops' for consumer needs.

The report shows that advertising in the E&M industry was mostly affected by South Africa's economic environment, with cautious growth of just 1,9% year on year. An improvement is expected to 2022, with a 3,3% CAGR bringing total advertising revenue to R41,5 billion, from R35,3 billion in 2017. New technologies and devices like artificial intelligence (AI), virtual and augmented reality, voice-based smart home devices and virtual assistants look set to drive innovation in online advertising on a global scale in the coming years.

"To succeed in the future that's taking shape, companies must re-envision every aspect of what they do and how they do it. It's about having, or having access to, the right technology and excellent content, which is delivered in a cost-effective manner to an engaged audience that trusts the brand. For those able to execute successfully, the opportunities are legion," Myburgh concludes.



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# BENTLEY LAUNCHES BENTAYGA DIESEL IN SA

DG66 OKO

**BY ALAN ROSENMEYER** 

he invitation to the launch made the very bold claim to experience the "World's best Diesel SUV". After a few hours behind the wheel, I believe that they may well be right.

With SUVs of all sizes taking over world markets over the last few years, it seems like every manufacturer is seeing the need to be represented in this category. Lamborghini has just launched their Urus in South Africa and even Rolls Royce are entering the fray with the Cullinan.

Bentley initially launched the Bentayga in V8 and W12 petrol versions and, so far, is the only ultra-luxury SUV with a diesel offering. Hence the bold claims!

The Bentayga is a large and extremely sumptuous SUV, designed to the highest levels and equipped to pamper royalty and that's just in standard form. You can even go further and specify the Mulliner bespoke versions that simply add to the luxury and class. Facts such as taking 9 hours to hand stitch each steering wheel and 38 hours to hand stitch each seat simply exaggerate the degree of craftsmanship involved in creating each vehicle.

The bold claim is largely based on the engine that powers the diesel version. It has a 4L V8 plus 2 turbos plus an electric supercharger to guarantee the smoothest possible power delivery of the 320kW and massive 900Nm of torque. Although the vehicle is massive, it still manages to harness all the power and handle like a far smaller and more nimble vehicle.

The launch drive included numerous mountain passes in the Western Cape and the Bentayga simply cruised at speeds that surprised without ever compromising on sheer comfort and cosseting of the occupants.



Watch our video on You-Tube https://www.youtube.com/ watch?v=joGVfzjaUuk

The engine is matched to an 8 speed automatic gearbox that is simply seamless irrespective of speed or driving conditions being experienced. I do not recall feeling a single gear change during the entire ride, but perhaps it was because of the levels of silence that one experiences in the vehicle. The only way to disturb this is by simply turning up the volume of the amazing sound systems that can be included in the package - once again, part of the bespoke manner in which the vehicles are built.

Options include over 100 choices of exterior colour, endless combinations of interior finishes and colours and attention to detail such as ensuring that the patterns of the wood trim on the doors are precisely mirrored from left to right. This is what creates a GREAT vehicle.

At a base price of R2,9m, the Bentayga Diesel is not cheap, but it is not meant to be. This is motoring craftsmanship at the highest level and the sky is the limit once you start adding your personal options.





Kyalami Schools (NPC) consist of three high-performing independent (private) schools, namely Beaulieu Preparatory, Kyalami Preparatory and Beaulieu College – all located in the north of Johannesburg in Kyalami, Midrand. Our two Preparatory Schools also each have their own Nursery School and the latest addition to our Brand of Schools is the affiliated Kya-Kids Crèche which is situated next to the indoor sport centre at Beaulieu College.

Community Cooping Clobal Activity of the second se

Our learners, the future leaders, are at the heart of every decision. Our profession and calling is to nurture and support children to develop and assist them to become the best they can be. Collectively, we are committed to the development of inquiring, lifelong learners. The fast change of pace in the world today, coupled with the doubling of the growth rate of knowledge every few years, means that our children will experience a very different world than the one we know. As such, we offer holistic learning programmes to support the most important capacities that young people now need, in order to make their way in the increasingly demanding world of the 21st century: the powers of creative thinking and problem-solving, moral and values-based education, and a strong academic base so they can become global achievers in whatever field they choose to work.





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espite the market upheaval created by the General Motors' withdrawal from SA last year, Isuzu's decision to go it alone and continue manufacturing was a brave move that already appears to be paying dividends.

August saw the double celebration of 40 years of KB production and the reaching of 600 000 units produced in SA, proof of the love and respect that this model has, especially among the farming community. The KB has to rank among the toughest 'Kannie Dood' vehicles available.

To coincide with these milestones, we recently had 2 versions of the KB on test giving us a good opportunity to sample what they are all about. Single and double cab versions are available with a choice between 2.5 and 3L diesel power. We had double cabs with both engine options.

It's my personal opinion that, in many cases, the highest powered bakkies are only necessary if you regularly carry heavy loads or if you are going to be doing a lot of towing. Bakkies, with a very few exceptions, are NOT sports cars built for racing. Even more so in diesel power, so why pretend?

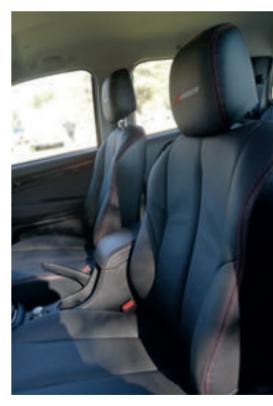
However, as double cabs have developed and become default family vehicles, many want the luxuries and extras that often only appear on the top models. In this regard, I think Isuzu have made a great move by adding 2.5 X-Rider versions to the range. Our first test was the full-fat 3L 4x4 with 5 speed auto transmission. With 130kW and 380Nm available and a lazy automatic gearbox, you immediately know that nothing will stop you in this one. LX spec means that all the luxuries are catered for as well. I got the opportunity to do a bit of 4x4 testing and it simply crawled its way over and around a rocky slope without missing a beat.

One point is that once you simply twist the dial next to the gear lever into 4 low, there is a constant beep to inform you of this fact. I'm sure many owners who regularly use 4 low will find a way to silence this most irritating sound. My other 'picky point' is the absence of a reverse camera on such a large vehicle.

Next up came the 2.5L in X-Rider trim, this time in 5 speed manual. X-Rider adds a number of visual and trim items, bringing the vehicle close to big brother in terms of spec and luxury. The choice between manual and automatic is a personal one - if you regularly commute in traffic then I have reached the stage where I will always go for an auto. Yet, I am constantly amazed at how light and easy the clutch and gearshifts have become on modern large bakkies and cannot term this a negative factor.

Pricing is always one of the biggest deciding factors. The X-Rider 4x4 costs R 454 100 with the 3.0LX Auto listed at R 585 700. A 5 year/90 000km service plan is included.

Use these links to view our videos of both versions: https://www.youtube.com/ watch?v=\_SFPI14wnS8 https://www.youtube.com/ watch?v=T2WW07B\_7ME



# **ISUZU KB DOUBLE CAB**







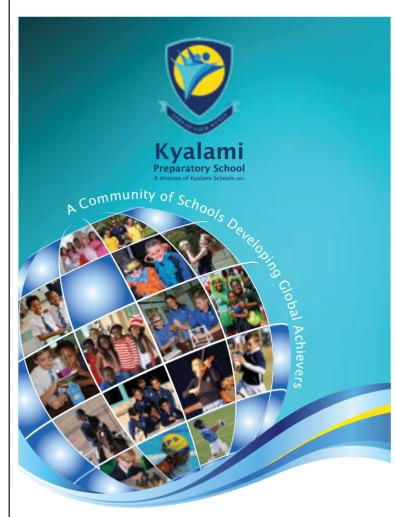
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Kyalami Preparatory School was established in 1998 as an English medium school for boys and girls and offers tuition from Grade 000 to 7. We have a nurturing, supportive environment with teachers and parents committed to working together to stimulate academic, cultural, spiritual and sporting excellence. Kyalami Preparatory School embraces the ethnic, cultural and social diversity of our country. We are proud of our committed and experienced teaching staff and our involved school community;

True to the Kyalami Preparatory School's motto of 'Spread your Wings', we encourage our pupils to reach their full potential in every aspect of school life and in what we believe is a relevant education programme in global terms. Intellectual curiosity is encouraged in all learning areas and our pupils are taught to think for themselves. It is our aim to ensure that our pupils have a positive work ethic and skills that will equip them for life in an ever-changing world. It is our aim to develop young people who are confident, independent and responsible. We work to encourage a curiosity in our pupils for the world around them and a passion for life-long learning.



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# **NOVEMBER GARDENING**



## FOR THE KITCHEN GARDENER

Continue planting seedlings of carrots, radishes, beans, and spring onions in small quantities every fortnight. Sow seeds of cabbages, tomatoes and basil in seed trays. Transplant seedlings of tomatoes, brinjals, lettuce, swiss chard and peppers. You can also put ORGsome on your vegetables. In November, Mother Nature goes into overdrive and turns the promise of spring into colourful wonder. This is the time when you enjoy the beauty around you, while feeding, pruning, watering, keeping a watchful eye on pests, and planting in earnest for summer.

Have a blitz on weeds before they take hold. Plant masses of hardy and drought-tolerant spreading groundcovers in your beds and borders. They'll require less feeding and watering than high-maintenance annuals. Mulch the whole garden to keep the soil cool and reduce evaporation so you need to water less often.

## FOR THE TIME-PRESSED GARDENER

## FOR THE PLANTS ENTHUSIAST

Store the seeds you've saved from spring annuals, like calendulas, poppies, forget-me-nots, Virginian stocks and indigenous flowers like Namaqualand daisies, in paper bags or envelopes and label them, add the date and keep them in a cool, dark area until sowing time. Continue feeding and watering your spring-flowering bulbs until the foliage has died down - you can leave indigenous bulbs in the ground providing the drainage is good. Stop pinching out the tips of fuchsias so they'll flower in 6-8 weeks; feed them fortnightly with fine or contour compost and boost with Turfnet's new ORGsomecolloidal nutrient formula for plants. Take cuttings of impatiens, trim them below the bottom node and put them in water in a clear glass bottle.

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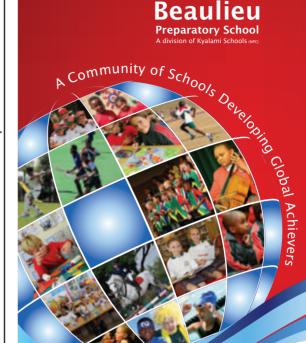
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RITE P

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Kyalami Beaulieu Grade 1 - 7





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# **TEST-A-MATICS**

Many people assume that test-writing involves only the ability to perform on the day of the test. However, the preparation that we put into play prior to the test performs an equally important role

BY KELLEY BLOEMINK

The ability to perform well in tests is a skill that requires consistent practise and hence, our students are tested on a regular basis. Tests are designed to assess students on a number of different levels and these include:

• What they know (the knowledge they bring into the test outside of what was studied);

• What they have learned (the content of the test);

• What they understand (of what they have studied);

• What they can apply (to show that they have truly learned the material);

• What they can deliver within a time frame (the ability to perform under time pressure).

These principles should be present in the design of all tests so that students are given an opportunity to perform on varying levels.

Questions should also be varied to allow for more concrete, knowledge-based questions as well as more interpretative application-type questions. A wellstructured test will incorporate all of these elements to give the student a chance to display his or her knowledge across a broad band of questions.

There are many elements at play in the build-up to test day. Essentially, I teach pupils HOW to prepare for tests so that they can perform optimally on the day. These guidelines are designed to assist students in applying a number of different procedures so that they are in a position to deliver their best.

**1. THE RIGHT SPACE.** Where you study is very important to how you will study. Work in a room that has fresh air, natural light, a comfortable chair and a desk that is at the right height. Ensure that all stationery is on the desk. Remove all distractions like cell phones, computers, etc. that are not necessary for study purposes. When working at night, place a desk lamp on the desk – one that displays light from the top down and spreads across the work space.

2. STUDY IN ADVANCE. Start preparing at least 3 - 4 days prior to the test so that your brain has time to adequately process the material. Avoid cramming at all costs. Cramming does not allow you to process the information, and often leads to students saying that they simply forgot the work, or experienced a block. Cramming also creates anxiety because there is not sufficient time to prepare thoroughly.

**3. CHUNKING.** Divide the study material into small, manageable pieces so that you are not overwhelmed by the volume of work. Also, allocate a timetable to your study sessions. When you are working from a schedule, it is much easier to chunk



your time effectively. Work through each section, one section at a time. Ensure that you understand what you are studying so that you can commit it to long-term memory. Use a study method that works for you and don't try new methods amidst the study session as this will simply confuse you and eat into your time.

**4. DISTRACTIONS.** Take action against possible distractions. Remove the distractions from the room so that you are not tempted to be distracted. Alert the people in your home to your study schedule so that they are mindful of your activities.

**5. READY-STEADY-GO.** Ensure that you have had a good night's sleep the night before the test and eat a hearty breakfast in the morning. Avoid stimulants such as coffee and energy drinks as they will simply spike your energy levels temporarily. Arrive at the test venue on time and avoid huddles of people discussing the test as this could expose you to unnecessary anxiety. Keep calm and focused.

**6. BE CONFIDENT.** Aim to do your best in the test and don't allow negative thoughts to cloud your mind. Focus on what you know and what you can do. Use positive self-talk to keep yourself on track during the test. Don't ever tell yourself"I can't do this". If you tell yourself you can't, you probably won't.

**7. QUESTION TYPES.** Be familiar with the different types of questions and the expectations thereof, e.g. multiple choice, true or false, fill-in, short questions and essay-type questions. Each of the questions posed to you requires knowledge of HOW to answer it and it is essential that you answer it correctly.

Familiarise yourself with the different types of question words that are used in tests, e.g. analyse, examine, explain, extrapolate, justify, etc., so that you answer the questions correctly.

#### 8. PUT THE HIGHLIGHTER DOWN. There

is no need to turn your question paper into a luminous work of art. Students often go overboard with the highlighter which disputes the point of extracting the relevant information. It can also be a very time-consuming activity.

**9. POSTURE POWER.** Maintain good posture whilst writing the test. Sit straight up in the chair with your feet flat on the floor. Try to keep your back straight. When you slouch, you squash your internal organs and this creates an uncomfortable work frame. Furthermore, avoid leaning your head on your hand whilst writing as it can make you sleepy. Drink water throughout the test to keep yourself alert and energised.

#### **10. KEEP YOUR EYE ON THE CLOCK.**

As soon as the test starts, note the time. Regularly check the clock or your watch so that you are constantly aware of the time. It is a good idea to divide the sections of your test into test frames so that you work to a schedule.

**11. KEEP CALM.** and don't freak out. When you get flustered, your thinking brain switches off and you can't easily extract the information you are looking for. If a specific question throws you off guard, close your eyes, take three deep breaths and carry on – if you don't know the answer to the question, move on to the next one. You cannot afford to waste time trying to 'find' the answers that don't pop up immediately.

**12. EDIT YOUR TEST.** If you know your work and work within time frames, you will finish the test. Tests are not designed not to be completed! Use the last 5-10 minutes to check your work.

The amount of time you put into preparing adequately for tests and the rules you follow on the day play a large role in your overall performance. Be mindful of the expectation of each test in each subject so that you can go full throttle in answering the paper. Tests naturally cause anxiety and uneasiness amongst students, but if you are well-prepared you will eliminate a large portion of the nervousness.

Back yourself and be confident – you've got this!  $\overline{\mathcal{K}}$ 

# TO SHAVE OR NOT TO SHAVE...

## The Long and the Short of Spring Grooming



"Pom Alopecia", irreparable hair loss due to excessive shaving of any double-coated breed.

Spring is one of the busiest times of the year at Twisted Whiskers Pet Spas. The warmer weather sees all our furry clients emerging from under winter jerseys and blankets, often transformed into mini Woolly Mammoths. Regular grooming is as important throughout the winter months as it is in summer, but is often neglected because petparents worry about their animals getting cold while being washed. This is never a cause for concern in our air-conditioned, cosy parlours at Twisted Whiskers Pet Spas.

#### WHAT'S THE DEAL WITH SHAVING?

While shaving the coat short is certainly one way to manage an overgrown winter coat, this option should be carefully discussed with your grooming team. Dogs with certain coat types should never be shaved if it's at all possible to avoid it, as cutting into the thick undercoat can cause irreparable damage and leave your pooch with a sparse, lack-lustre coat. While some pet-parents choose to shave after all, for ease of maintenance or because they insist their pet is hot and uncomfortable in his long coat, we always aim to educate our clients on the possible results of shaving down for summer.

Pekingese, Pomeranians, Chow Chows, Huskies and other double-coated breeds like Shepherds, Collies and Retrievers should be left natural, with minimal scissor trimming done to tidy the overall appearance, while the coat is brushed free of all dead undercoat.

### DOES SHAVING REALLY HELP TO KEEP THE PET COOL?

Absolutely not! While it may seem contrary to logic, longer-coated pets have a built in cooling system between the skin and the hair to help them cope with hot summer weather. Shaving the hair short exposes the skin to the sun's harsh rays and, according to studies, the skin temperature in shaved areas is actually higher than that which is protected by the coat. Dogs also primarily lose body heat through panting, not through their skin. The best thing to do for pets with longer coats is to ensure that they are thoroughly brushed out to remove excess hair, either professionally or by regularly using the correct tools at home, and to provide them with 'chill out points' in the garden. Set up a shallow kiddies' paddle pool (plastic shelltypes are marvellous for this) or buckets of cool water in a shady spot in your yard. You'll notice that your shaggy-coated kids will regularly dip their paws into the water to cool the pulse points just above their paws. This immediately helps to cool the entire body down. They might also enjoy lazing on the top step of the swimming pool on hot days.

Many people offer their pets large blocks of ice to lick throughout the day. The cool thing about this idea is that toys or treats can be frozen into the blocks – this not only helps your furkid to reduce his temperature, but provides hours of fun and interest as he strives to get at the goodies. Freeze pet-friendly fruits like berries or bananas, or a favourite toy, in an ice-cream container full of water for the coolest ever doggy treat! Cats can be offered smaller ice-blocks to chase along the veranda as they melt, cooling their paws, or place ice-blocks into a large water bowl for a fun 'fishing expedition'.

Shaving an 'aircon strip' on the tummy can be beneficial and many parents of dogs and cats with longer coats do this for their furballs in summer. A nude tummy doesn't affect the overall look of the pet, won't damage his coat, is not exposed to the



sun and is ideal for cooling off by stretching out on floor tiles or cooling pads.

## WHEN IS IT UNAVOIDABLE TO SHAVE THE COAT?

Sadly, if a long, gorgeous coat has been allowed to become matted, there may be no option but to shave the pet, even if he has a double coat. Mats that have turned into felt and lie close against the skin have to be shaved out. We see many pets each year where winter jerseys have caused months of friction and matting, or where clients have just not been able to keep up with the daily brushing that a long, thick coat requires.

Old hairs, that naturally fall out each day, get trapped amongst the healthy hairs and form a nasty clump that gets thicker and tighter until it literally forms a 'straightjacket' on the pet's skin, tearing healthy hair out at the roots, causing bruising and limiting movement. This is incredibly itchy and painful for the pet, and further damage is often caused either by twigs, thorns and parasites such as ticks, fleas and beetles getting trapped under the matted hair. Wounds are often caused when the pet scratches desperately to try and ease the discomfort. The underlying skin becomes dry and unhealthy and the pet cannot experience the sensation of being stroked and loved.

There is no way to save a coat in this condition and we have no choice but to shave the animal right down to the skin and allow the coat to regrow. By recommending the necessary grooming tools and demonstrating the correct way to brush the new coat growing out, our hope is that pet parents will find it much easier to maintain a regular home grooming routine. Even pets who are professionally groomed require home maintenance in between – in the case of longer coated dogs and cats, this needs to be done daily to avoid matting. If your dog is a keen swimmer or lies on dewy grass, daily brushing is of utmost importance, as wet knots and tangles tighten on drying, making them more difficult to remove.

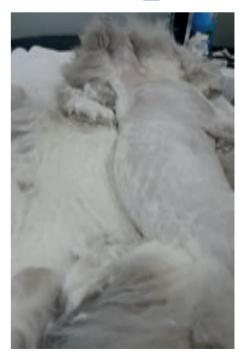
#### WHAT ARE THE GROOMING OPTIONS?

Most pet breeds have a standard breed style, based on the purpose the pet was originally bred for, and to highlight his best features. A perfect example is the French Poodle, originally bred as a water hunting dog. While most people find the pouffy pom-poms a little odd, they make perfect sense when one understands that the hair was specifically left longer around the joints to protect these areas in cold weather. The channels clipped in between the thicker areas of fur were to allow water to drain off easily as the dog emerged from his dip. Many other breed styles follow the muscle anatomy in order to accentuate powerful shoulders and haunches, a strong neck and so forth. The styling on the face emphasises your dog's innate personality traits: alertness, intelligence, courage, etc.

When it comes to cats, it is imperative to brush thick-coated, long-haired breeds daily to prevent matting. For many catparents, this is impossible (due to time constraints and to some cats' aversion to being brushed), and they opt to shave their kitty's hair shorter for ease of grooming, or have her groomed monthly. Many older cats also struggle to groom themselves as they develop arthritis and can no longer reach their 'nether regions' - shaving is also a good idea for these animals. The typical shaved styles for cats are a full body shave, leaving only the head fluffy (legs and tail optional), or the lion cut, which leaves a fluffy face and a mane covering either just the neck or the shoulders as well, fluffy booties on the legs and a pom-pom at the end of the tail (or a full, fluffy tail, if preferred). The rest of the body is shaved short.

Twisted Whiskers staff are fully trained to offer you advice on the style which will best suit both your and your pet's lifestyles. The long breed style may not work for a Yorkie who enjoys the 'rough-and-tumble' of outdoor life on a plot for example; either a cute teddy cut or short breed cut would be more practical in this case. Have a look at the basic breed style and discuss variations with your groomer to ensure that your pet is comfortable and that you are easily able to fit the home maintenance requirements into your schedule. Alternatively, why not book regular grooming appointments at Twisted Whiskers to ensure that your dog or cat always looks amazing and that you don't find yourself with a smelly, tangled, unhappy mess on your hands, instead of a fresh, adorable furball.

Whether or not you opt for regular professional grooming appointments for your dog or cat, always include home grooming too. Only brushing your pet when its coat is tangled makes for an unpleasant experience and will result in him heading for the hills when he sees the brush come out. Regular brushing helps maintain the salon look and pristine coat condition, and it's an ideal opportunity to pick up any bumps, scratches or abnormalities that might need veterinary attention. Most importantly, it provides special bonding time between you and each individual pet. You will benefit as much as your furkid does. 人



"Straitjacket" shaved off a cat in a single piece.

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## **RESTAURANT COMPETITION FOR NOVEMBER** DON'T FORGET TO ENTER OUR MONTHLY RESTAURANT COMPETITION.

#### Here is the question for this issue: *Q: Who is the Entertainment and Media Leader for PwC Southern Africa quoted in this issue?*

Please include 'Kyalami Estates Restaurant Competition' in the Subject line and send your answer along with your full name, your cell number and your stand number to: info@eiapublishing.co.za. The winner will be notified by email. The restaurants featured in this competition have been carefully chosen and, even if you aren't a winner, we hope that you'll enjoy visiting them whenever you are looking for a memorable culinary experience!

#### **Competition Winner for October**

Well done to the winner of our last competition! Congratulations to: **Samantha Bester** who receives a R500 meal voucher from one of our participating restaurants.

#### **Terms and Conditions:**

•Vouchers cannot be exchanged for cash. • Portions of the monetary value of the voucher cannot be refunded as "change". • Bookings need to be made in advance with the restaurant detailed on the voucher. • Service charges/gratuities are not included, regardless of any balance left over after the meal. • Vouchers will be numbered. Please provide your voucher number when you make your reservation. • The competition is open to readers over the age of 18. • Indemnity: The publishers, Kyalami Estates and other associated parties are not responsible for the fulfilment of the service from the restaurant once the prize has been awarded.





OUR SEASONAL 2-COURSE BUSINESS LUNCH FOR R130P/P Available Monday to Sunday 11am - 4pm.

#### **STARTERS**

Tomato soup topped with cream, served with 3 croutes on the side or Peri-peri chicken livers sautéed in sherry, garlic, onions, mixed herbs and cream, served with croutes or Tender fried calamari strips

#### MAINS

200g Rump/ Sirloin (Class A), served with traditional fries, mash or baby potatoes or Parmesan chicken served with mash or Fried calamari served with tartar sauce

Join us at Waterfall Corner | Shop 6, C/o Maxwell & Woodmead road, Midrand | Tel: (010) 594 5556









24A Kyalami On Main, cnr Woodmead Dr & Dytchley Rd, Barbeque Downs, Kyalami (Next to Rocomamas). Tel: 011 466 0283

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# SERVICE PROVIDERS



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Sunninghill Village Shopping Centre Maxwell Drive cnr Edison Crescent www.bodylogicphysio.co.za

#### 011 027 8526 / 072 624 6988

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Develop a solid foundation in Maths and English, Gr.00-Gr.7, Madelein at madeleinpretorius@yahoo.com

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#### Autosport Wheel & Tyre

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**BP Kyalami** is a 24/7, 365 day a year retail operation that consists of a petrol station, a Pick n Pay Express Store and the BP Award winning Wild Bean Café, providing delicious hot and cold snacks and fresh coffee. Email: bpkyalami@gmail.com

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#### Happy at home

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home. We have contactable references (Dainfern, Kyalami Estates, Fourways Gardens, Waterford Estate etc). Contact Henry and Deidre deidredevine89@gmail.com

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I am available to look after your beloved pets when you go on holiday. I am also a dog owner and a dog lover. Please contact Helen.

#### Furry Kidz

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**a** 082 339 5834

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1. Summer savings with Oaklands on the Knoll (Knysna). Rates from R736 per self-catering unit per night. Each unit sleeps four guests. Offer excludes flights and taxes. Valid between 1 November and 14 December 2018. For more information visit www.booking.com.

2. Early bird discount offer from Finfoot Lake Reserve. Rates from R2 360 per chalet per night. Offer is applicable for midweek stays, and includes one nights'

midweek stays, and includes one nights' accommodation, breakfast, dinner and two activities. Valid between 1 November and 13 December 2018. For more information visit www.finfoot.co.za; email: finfoot@dreamresorts. co.za or contact them on 060 605 5878 / 012 277 8900.

3. Unwind in Zanzibar this December with Rove Africa – Islands and Safaris. Rates from R22 050 per adult sharing. Offer includes return flights to Zanzibar, approximate taxes, return transfers, seven nights' accommodation at Sandies Baobab Beach Resort with breakfast, lunch, dinner and selected drinks daily, daily activities and more. Valid between 1 – 22 December 2018. For more information visit www.roveafrica.co.za; email: info@roveafrica.co.za or contact them on 011 453 2790.

4. Explore Thailand at a bargain with Perfect Destinations. Rates from R11 640 per person sharing. Offer includes return flights departing from Johannesburg, airport taxes, return airport transfers, 8 nights at the 4-star



Best Western Premier Bangtao Beach Resort & Spa in a deluxe room with breakfast daily. Valid between 1 May - 15 August 2019. For more information visit www.perfectdestinations. co.za: email: info@perfectdestinations.co.za or contact them on 021 250 0752.

5. Maldives all-inclusive offer from

**Starlight Holidays.** Rates from R21 930 per person sharing. Offer includes return flights departing from Johannesburg, approximate taxes, seven nights' accommodation with breakfast, lunch, dinner and selected drinks, bicycle hire for the duration and more. Valid between 24 November 2018 and 12 January 2019. For more information visit www.starlight. co.za; email: sales@starlight.co.za or contact them on 087 357 9133.

6. Tintswalo Safari Lodge & Manor House's 3 for 2 offer. Rates from R10 650 per person sharing per night. Rate includes one night's accommodation at the five-star Tintswalo Safari Lodge in Hoedspruit in an Explorer suite with all meals, selected drinks and game activities. Book two nights and receive a third night complimentary. Valid between 1 – 30 November 2018. For more information visit www.tintswalo.com; email: res1@tintswalo.com or contact them on 011 300 8888.

7. Explore the Mediterranean with MSC Cruises. Rates from R7 425 per person sharing. Offer includes seven nights' accommodation, all meals and entertainment. Offer excludes port charges, flights and taxes. Visit Italy, Malta, Spain and France. Set travel dates 26 January - 2 February 2019. For more information visit www.msccruises.co.za or contact them on 087 075 0850.

8. Experience Turkey over New Year with Azure Travel. Rates from R13 155 per person sharing. Offer includes seven nights' accommodation, selected meals, Englishspeaking guides and entrance fees. Offer excludes flights and taxes. For more information visit www. azuretravel.co.za; email: info@azuretravel.co.za or contact them on 011 678 1146.

#### 9. Enjoy a romantic break with aha Sefapane Lodges and Safaris in Phalaborwa. Rates from R6 000 per couple for five nights. Offer includes five nights' accommodation with breakfast daily. Available midweek only for South African residents. Valid until 15 December 2018. For more information visit www.aha.co.za; email: cro@aha.co.za or contact them on

010 442 5885.

**10. Affordable family skiing in Livigno, Italy with Pure Skiing.** Rates from R21 360 per person sharing. Offer includes return transfers, seven nights' accommodation in a three-bedroom apartment, six-day ski pass & hire, Christmas dinner, 10-day Bryte Travel Insurance and more. Offer excludes flights and taxes. Travel between Saturday 22 December – Saturday 29 December 2018. For more information visit www.pureskiing.co.za or contact them on 0861 123 754.



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