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116

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Bidvest McCarthy Suzuki Menlyn 248 Garsfontein Drive Love is patient, love is kind. It does not envy, it does not boast, it is not proud.

It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

Love does not delight in evil but rejoices with the truth.

It always protects, always trusts, always hopes, always perseveres.

Love never fails.

1 Corinthians 13:4-8

Happy Valentines Day

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DISCLAIMER

Intra Muros is a monthly magazine of the Silver Lakes Homeowners' Association (SL HOA). It is intended for the residents of Silver Lakes. It is published on behalf of the SL HOA by Estates in Africa (Pty) Ltd. Articles printed in the Intra Muros, do not necessarily reflect the opinions of the SL HOA or the Estate, the publisher, nor of the companies themselves. Neither the SL HOA, nor the publishers can be held responsible for the quality of the goods and services advertised in the Intra Muros. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form without prior written permission of the publisher.



Editor's Letter	6
HOMEOWNERS' ASSOCIATION Message from the Chief Operating Officer Chairman's Report Estate Manager's Message Calendar of Events Social Clubs	8 10 14 16 16
Important Contact Numbers Classifieds	8 58
GOLF Mature Golfers	18
ENVIRONMENTAL MATTERS Our Streetscapes	21
ESTATE NEWS Golf Day & Auction in aid of Leopard Research Fishing in Mozambique Café 41	28 30 34
GARDENING Gardening in the Shade	27
OUT & ABOUT What's on in Pretoria in 2017	60
TRAVEL iSimangaliso Wetland Park	40
HOUSE PROUD Security shutters with Beauty and Brawn	45
INTERNATIONAL NEWS Tesla's new Solar Roof Tiles	48



Relationship Challenges	32
Online Shopping for Valentine's Day	36
Body 20: EMS Training	38
Tyger Valley College: 2016 Matric Results	50
School Readiness Checklist	53









Linda Bodenstein ESTATE AGENTS

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This is a lovely house in the SILVER LAKES GAME RESERVEI. 180° view over the bush. Animals graze in the open veldt in front of your house, having all the bucks like Kudu, Springbucks and Impalas playing in front of your patio. What a gift from nature! This house is a single storey with four bedrooms all en-suite and 4 large living areas Lovely gourmet's kitchen with gas stove. Separate laundry: 4 Garages and servant guarters. Linda 082 567 7963

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WHO ARE WE?



There's nothing better than starting a new year with fresh and rewarding challenges. We are delighted to have been appointed publishers of the Silver Lakes Intra Muros magazine and we look forward to compiling a top quality publication for you to enjoy.

The publishers, Estates in Africa (Pty) Ltd, are specialists in the field of producing dedicated lifestyle magazines for residential estates and they are backed by their holding company, Now Media (Pty) Ltd. A well-established media business now being run jointly by the second and third generations of the Marsh family, Now Media has a proud history spanning more than 60 years.

Founder, John Marsh, who initially was Shipping Editor for The Argus newspaper in Cape Town, started the company using the proceeds of his best-selling book, Skeleton Coast, which he'd written about a shipwreck on the coast of South-West Africa (now Namibia) during the Second World War.

Today, Now Media continues to disseminate freight and travel news in the form of weekly and monthly newsletters and magazines. The company also has a substantial electronic presence which includes the electronic booking platform, Travel Info (launched in 1989), that the majority of travel agents countrywide use as an integral part of their businesses.

As many of Now Media's business-to-business titles were (and in many instances still are) short-run publications, it made good fiscal sense to invest in printing and collating machines. John Marsh purchased their first printing machine many years ago when the company was based in Auckland Park and, today, the bulk of the company's print publications are still produced using the in-house print shop located in Illovo, Johannesburg.

As a subsidiary of this well-entrenched company, Estates in Africa (EIA) enjoys the benefits of the infrastructure and shared expertise which includes the services of designers, editors, journalists, production, administrative and accounts staff. The company subscribes to the CCARE values – Confidence in Christ, Authoritative, Resourceful, Enthusiastic - and staff are encouraged to add value wherever possible.

Like John Marsh, I spent my formative years in publishing working at The Argus in Cape Town. Those were the days when one could

hear the chants of the newspaper vendors in the streets in the evenings and the newspaper was often so thick and heavy it was difficult to pick up!

After re-locating to the City of Gold in 1992, I joined Avonwold Publishing in Rosebank and worked on their interior design and architectural publications which included Planning, Building, the Professions and Projects Register and SA Home Owner magazine. Thereafter, for a short stint, I worked on a technology magazine for Primedia Publishing before joining forces with a colleague to launch our own magazine dedicated to the interior design and architectural professions.

Having sold my shares in this innovative venture, I established a joint venture with Now Media in 2003 to publish a variety of show guides for Decorex and Grand Designs as well as an annual magazine for FEDHASA (the hospitality association), namely the Imvelo Responsible Tourism magazine.

When Now Media acquired 100% ownership of Estates in Africa (Pty) Ltd, it was a natural progression to become part of the editorial complement that compiles the content for the estate magazines. It has, to date, been a most interesting journey as each estate has a completely different 'personality' with a different vision and its own unique viewpoint of what is expected from its custom-designed and dedicated estate magazine.

We, at Estates in Africa, understand that, for most estates, their magazine is not only a way to communicate with residents – it's an excellent opportunity to grow and enhance the brand and the ethos of the estate. Potential buyers and estate agents, as well as other interested members of the public, view the quality of an estate magazine to be a reflection of the estate itself – and we are well aware of the impact and value of these magazines, which is why we strive to present the best visual experience that we can.

Please feel free to email me at any time if you have any suggestions and/or exciting news that you would like to share with us.

Wishing you all a spectacular year ahead.

Warm regards BEVERLEY HERMANSON EDITOR



San-Karin Jacobs

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IMPORTANT CONTACT NUMBERS

HOA OFFICE

Office hours: Monday to Friday 08:00 until 16:30 012 809 0142 info@silverlakes.co.za

Security access office: Hours as above Including first Saturday of every month from 08:00 until 11:00

SECURITY

Security Control Room (24 hours) 012 809 0424/5

G4S Security Shift Manager From 18:00 to 06:00, weekdays 24 hours Sat, Sun and public holidays 072 615 5862

CLUBHOUSE

Clubhouse 012 809 0281

Cafe 41 012 8091571

GOLF

Pro Shop 012 809 0430

EMERGENCY NUMBERS

Security Control Room (24 hours) 012 809 0424/5

Boschkop Police 012 802 1087/4

Netcare 911 082 911

Willows Hospital 012 807 8100

Life Medical Centre (near Hans Strijdom Entrance) 012 809 1004

Intercare Medical and Dental Centre (Hazeldean Centre) 012 809 6000

Fire Brigade 10111

Power Failure 012 339 9111

City of Tshwane Call Centre 012 358 9999 Water leaks: waterleaks@tshwane.gov.za Street lights: streetlights@tshwane.gov.za

Smart Meter Call Centre 012 943 9950 smartmeter@tshwane.gov.za



JAN DE WET SILVER LAKES CHIEF OPERATING OFFICER

CHIEF OPERATING OFFICER

The February 2017 issue of Intra Muros marks the first edition published by Estates in Africa, an established publisher of several estate magazines across the country. We are looking forward to working with them and members and readers are encouraged to submit comments and suggestions regarding the new-look magazine that remains an important means of communication for our Estate.

2017 also marks the 25th anniversary of our Estate and we will be planning several commemorative events over the course of the year.

The Silver Lakes Homeowners Association's Annual General and Constitutional General Meetings are scheduled for Monday, 20 February 2017.

Members of the Association are urged to attend these important meetings where the tone is set for the coming year through the approval of the budgets and the appointment of directors. These meetings provide an ideal opportunity for members to participate in debate, obtain information and provide comment on the functioning of the Association and the Estate. There is no substitute for being present at these meetings in order to make informed decisions, but should a member not be able to attend, proxies may be submitted prior to the meetings at the HOA offices. The Constitutional General Meeting will consider the Association's Memorandum of Incorporation as well as amended rules for the Estate. Monthly working group meetings were held again over the past year to consider all submissions and proposals from members that attended and all that is left now is to approve these documents, with or without further amendments that have been some five years in the making.

As usual, several important administrative functions such as the approval of the 2016 financial statements and election of directors in the Financial, Security and Vice-Chairperson portfolios will also be attended to at the Annual General Meeting. The capital budget that will be presented for approval also represents the last year of the three year capital development fund, with the course irrigation, halfway house and security upgrades being the most significant budget items to be approved by members.

Residents are encouraged to communicate with us should there be any issues you would like to bring to our attention or questions that you may have. Please feel free to phone or e-mail me at ceo@silverlakes.co.za or make an appointment via my assistant Michele on (012) 809 0142 or secretary@silverlakes.co.za.



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Silver Lakes Property



Juanita du Plessis



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Juanita du Plessis 082 322 3407 juanita@sirpretoria.co.za

CHAIRPERSON'S REPORT



2016 Chairperson's Report

'TOGETHER WE SUCCEED'

t is with pride that I present the 23rd annual Chairperson's Report in respect of the period that ended 31 March 2016.

The Association has enjoyed another year of prosperity and the saying 'If everyone is moving forward together, then success takes care of itself' bears testimony to the importance of being part of the Silver Lakes family.

The Association's solvency has seen another healthy improvement, with total assets of R53m (2015: R49m) comfortably exceeding total liabilities of R24m (2015: R32m), being mainly the balance of the purchase price for the clubhouse and golf course.

The deficit inherited from previous years was further reduced to R5.9m (2015: R7.7m) and we are confident of further strengthening our financial position over the next few years. As for the performance of the individual operations, the HOA ended the year with a surplus of R3.6m and most inefficiencies have now largely been eliminated. The golf club and clubhouse operations have understandably been negatively affected by the major construction disruptions that lasted most of the year and thus ended the year with deficits of R745k and R1.1m respectively.

The Board responsibly ensured that overall performance remained well within budget with a net operating surplus for the year of R1.7m. With only the disruptions of the remainder half of the golf course irrigation and halfway house to contend with over the next year or so, these facilities are approaching a position where they can start delivering sustainable positive returns in years to come. We express our gratitude to Theo O'Neil (Finance Director), our finance team and Audit & Risk Committee for their continued prudence in dealing with our finite funds. The clubhouse food and beverage operations have now been successfully outsourced to the owners of the Café 41 franchise and the feedback received from Members has been overwhelmingly positive. The Board welcomes the owners, husbandand-wife team Helen and Minas to our Silver Lakes family and look forward to a lasting, mutually rewarding relationship.

The Board will continue with its concerted efforts to enhance the returns on these investments, with renewed emphasis now turning to the golf club to match the improved performance of the outsourced clubhouse. We are acutely aware of the frustrations of golfers due to the incomplete facilities, especially a proper halfway house, and the Board is prioritizing the outstanding work, including the eagerly awaited deli. A little more patience and we will soon again enjoy the warm hospitality of the golf club we have become accustomed to over the years. RE/MAX

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CHAIRPERSON'S REPORT

It is worth again reflecting that the Board has managed to continue with the turnaround strategy in spite of levies only increasing by 1% over the last 2 years (previous 2 years: 28%) and the Board remains confident that levy structures will remain favorable going forward to ensure we comfortably remain in the bottom half of levies of comparable estates.

and the

The Board is mindful of the low growth economic environment prevailing in our country, and hence will propose a 50% reduction in Board costs at the AGM, whilst keeping a watchful eye that other costs do not exceed inflation. The Board is succeeding in continuously strengthening the capacity of our managers and staff to enable the Board to be less operationally involved, whilst effectively carrying out its crucial oversight responsibilities. The Board is satisfied with the performance of our Chief Executive, Jan de Wet, and has renewed his 2-year contract, subject to continuance of above-expectation performance. We are confident that he will continue to steer our estate to ever greener pastures.

Security remains a top priority for all of us and there were no major criminal incidents in the estate and no breaches of our perimeter security. The smartphone App-based Visitor Management System is proving to be a huge success in securely speeding up the entry and exit of the more than 1000 visitors per day. Securely extending this protocol to registered contractors is under review. We thank Frikkie Geyser (Security Director), the staff in the security department and G4S for their commendable achievements.

Corlia Mathews (Environment Director) and her team are continuing with the implementation of the comprehensive Environmental Management Plan. The Estate's water use application was finalised and all water usage in the Estate complies with the relevant legislation. Corlia is also carefully monitoring the Silver Lakes Outfall Sewer proposal by the City of Tshwane to install a new sewer line that currently cuts through the heart of our Estate and the Board will take all necessary steps to ensure our estate is not disrupted with such plans.

The Association has continued with being a responsible corporate citizen and this function has been strengthened by the newly constituted Social, Ethics & Governance Committee. Our commitment to impeccable corporate governance remains, whilst fostering amongst our staff a pervasive culture of personal growth and ethical behaviour. We sincerely thank Frankie Alessio and Alida Kromhout who serve on this committee as resident volunteers.

Living in a heavenly community such as ours comes with numerous privileges, but at the same time it comes with individual responsibilities to ensure the harmonious living of all our residents. Having a few flies in the ointment is unfortunately a reality of life, and regrettably, the Association is not spared from being dragged into unpleasant disputes, ranging from blatant disregard for the Rules, non-payment of debt and even ill-considered legal challenges to the security of our estate. The Board reaffirms its commitment to ensure the safe, peaceful and full enjoyment of our estate by all our residents. The wisdom and legal expertise of our Vice-Chairperson, Eugene Kruger in these challenging matters are much appreciated.

After another year of monthly working group sessions, the Board will again present the draft Memorandum of Incorporation (MOI) and Rules for approval. A 5-year inclusive effort with substantial participation of legal experts and Members has gone into the compilation of these documents to make them compliant with the new Companies Act, and the Board urges Members to carefully study the documents so they can be approved, with or without further amendments, at the CGM.

Noteworthy events after year-end:

Golf Environment Organization (GEO) Certified© – Silver Lakes Golf Estate became the first and only estate in Africa to be awarded the prestigious internationally recognised ecolabel for sustainability designating our golf facility to meet a stringent set of standards in the areas of nature, water, energy, supply chain, pollution control, and community. Appreciation goes to our Director of Golf, Andrew McKenna for his efforts in securing this accolade.

- Matkovich Golf Course Maintenance appointed as golf course maintenance contractor.
- Activation of the first phase of the new golf course irrigation system.
- New golf cart paths on the 2nd, 6th,
 7th and 8th holes.
- Revamp of the Lynnwood Road gate house with a new emergency entrance.
- Addition of high specification cameras on our high-risk boundaries (Hazeldean Farm and Six Fountains).
- Practical completion of the much awaited open-access fibre optic network.

With the portfolios of vice-chairperson, finance and security up for grabs this year, we look forward to another year of reaching for new heights in strengthening brand Silver Lakes. Members are urged to attend the General Meetings in person to participate in the crucial debates and decisions and guard against apathy unintentionally leaving our destiny in the hands of a few individuals with mass proxies.

In closing, I wish to sincerely thank all our Members, fellow directors, management, staff and service providers for their muchappreciated contributions to achieving the past year's theme of "Together we Succeed".



DR STEVEN PRETORIUS (Dip Pharm; MBChB; ACLS; PALS; IME) Chairperson 18 January 2017

PROPERTIES





082 653 6615

083 227 5429



WHITE AND BRIGHT ENTERTAINERS DREAM upgraded single level family home.4 bedrooms, 3 Bathrooms, All en suite. 4 open plan Living Areas, Entertainment Room, Two patios, Sparkling pool, Boma braai, walled child friendly garden Double Garage, Domestic quarters, porcelain tiles, air con, gas stove, fireplace, Blinds and much more. Ref.No.PRIVATE PROPERTY T 1159260



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ESTATE MANAGER



Making use of this opportunity...

trust that you all had a restful year end break? Making use of this opportunity, I would like to wish all our Residents and their families a prosperous 2017! The year is already in full swing and it will certainly be an interesting year with its challenges and opportunities. Congratulations to all those who wrote exams and finished the year of studies successfully. Those who completed their school careers achieved a milestone ... everything of the best for your future careers or further studies. For those who were not so fortunate – you have a second chance; try again and better luck next time. Furthermore, a special thought and best wishes to all the senior citizens living on our estate.

Water Restrictions

As you are aware, the drought situation in our country necessitated the introduction of water restrictions and these have still not been lifted. In this regard, it has been difficult for all living on our estate. We are very thankful for the welcome rainfall we have received over the past two months and our water reserves (dam levels) are improving. We trust that the rains will continue and that the restrictions may be lifted.

Thank you once again for your co-operation and keep the "Water Wise" awareness on our estate alive, effective and meaningful. Remember, "Lead by example". We depend on each other...

Rainfall Update

The information tabulated below has been recorded over the period (21 year indicated – since 1996 till December 2016) by a Homeowner residing in Phase 1 of our estate. We appreciate receiving the rainfall data regularly for publishing in the Intra Muros. It's interesting, comparing the individual rainfall of each November month over the past 21 years. The rainfall during November 2016 was 239 mm – the highest rainfall of all the November months. Also the average rainfall during December 2016 was 95mm – but well below the average rainfall (156mm) for all the December months.



	RAINFALL DATA FOR PHASE 1							27 Jan 17					
YEAR						MON	TH						TOTALS
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
1996	284	285	61	97	31	0	2	0	0	107	106	215	1188
1997	122	58	361	33	102	0	6	0	44	72	155	103	105
1998	99	121	117	3	0	0	0	0	37	51	123	207	75
1999	123	31	86	37	37	20	0	0	4	50	88	216	69
2000	195	220	177	71	18	8	0	3	15	170	119	97	109
2001	57	110	21	9	67	3	0	0	9	72	179	94	62
2002	76	70	18	42	11	38	0	25	5	68	29	156	53
2003	187	134	57	0	0	20	0	0	2	99	84	103	68
2004	134	255	246	53	13	11	4	0	0	29	121	286	115
2005	236	40	66	81	0	0	0	0	0	18	117	81	63
2006	311	182	21	37	0	0	0	47	0	36	92	150	87
2007	58	41	4	61	0	38	0	0	68	197	57	147	67
2008	268	50	215	53	49	9	3	0	0	56	220	176	109
2009	205	224	68	6	15	33	0	18	25	84	146	132	95
2010	112	78	94	151	58	0	0	0	0	32	42	255	82
2011	219	65	243	64	0	20	10	15	11	106	64	182	99
2012	56	61	96	18	0	0	0	0	112	176	72	172	76
2013	96	56	34	99	0	0	0	3	10	114	123	197	73
2014	107	140	316	14	1	2	0	14	1	40	135	172	94
2015	110	27	57	40	0	0	5	0	62	23	65	70	45
2016	191	37	165	29	46	13	2	0	5	95	239	95	91
AVERAGE	155	109	120	48	21	10	2	6	20	81	113	157	84



Total rainfall as recorded for December 2016 per Phase

•	Phase 1	95mm
•	Phase 2	90mm
•	Phase 3	84mm

Some Homeowners as well as our estate experienced some serious storm water difficulties and damage due to rain storms since the rain commenced. Our operations & maintenance team has been working very hard to remedy and correct damages at strategic points. Working in such wet and inclement weather conditions made remedial work difficult. In some instances correction work was damaged again by follow-up rain storms. However, we managed to make progress. Our security personnel also promptly attended to



ensure the safety of our estate and game during these situations. Thank you for your understanding, assistance and co-operation during these difficult periods. Some updated images tell the story.

Administration AGM/CGM

We have been working hard on the preparation of the administration documentation (e.g. MOI and Rules amendments, finalising of budgets, etc.) for the upcoming AGM and CGM scheduled during February 2017. The required documentation will be circulated to all members for perusal and will be presented at the meetings for consideration and approval.



ESTATE MANAGER

VISIT OUR SHOWROOM TO SEE MORE: 8 WATERVAL CRESCENT SOUTH, WOODMEAD EXT 5, SANDTON

LIAISON MANAGER

CALENDAR OF ANNUAL EVENTS FOR 2017



Tuesday 14 February Valentine's Day Dinner

Thursday 16 February Wine Tasting

Thursday 16 March Business Talk

Wednesday 3 May Workers get-together

Sunday 14 May Mother's Day Lunch

Friday 16 June Youth Day Fun Day

Sunday 18 June Father's Day Lunch

Saturday 15 July Parent Talk

Tuesday 15 August Workers get-together

Saturday 9 September Spring Day Fun Day

Sunday 24 September Heritage Day

Tuesday 17 October Garden Competition

Tuesday 31 October Trick or Treat

Friday 24 November Christmas Celebration n the Social side, the Club and its restaurant are becoming a haven for walking and just chilling on these beautiful evenings of summer for golfers and non-golfers alike! Enjoy!





WINE CLUB



BUSINESS CLUB



Valentine's Day Dinner 14 February 2017 18:00 at the Club R185 per adult

R70 per child under 12 years Come enjoy a family evening out.

Jumping Castle available for the kids. Bookings no later than 10 February 2017 012 809 2110 |clubreception@silverlakes.co.za



BAISINESS A DESCRIPTION

Business Talk 16 March 2017 19:00 at the Club Guest Speaker: Davie Roadt Topic: Uncertainty & Volatility - Economics in 2017 R160 per person (includes light meal) Bookings at clubreception()silverlakes.co.zo or 012 809 2110





Blood Drive 15 February 2017 Time: 14:00 - 19:00 Chapel at the Clubhouse

8

Menu Welcome Drink - Pink Bubbly

STARTER Tropical Smoked Chicken Salad or Bruschetta with Grilled Mushroom & Holloumi Cheese

MAIN COURSE - BUFFET Crumbed Chicken Breast Stuffed with Spinach & Cheddar topped with Cheese Souce • Roast Beef Roll with Gravy • Roast Pototoes • Mediterranean Vecetables

DESSERT Parma cotto with Berries of the Forrest Souce or Chocolate Mousse Delight

Kids Menu MAIN COURSE Sausage & Chips or Chicken Fingers & Chips or Pizzo

> DESSERT Ice Cream with Chocolate Sauce



Martin Hayward 083 452 5599 martin@ikonic.co.za









Tranquil opulence refreshes your soul in this inviting and modern architectural masterpiece that combines luxury with state of the art finishes. Abundant light and volume radiantly enhances 4 flowing reception rooms, study or home office with own entrance, home cinema, large entertainment area with built-in gas barbeque and bar. Statek doors open up to inviting pool area with sou deck and boma surrounded by a private landscaped garden that fuses with the exclusive greenbelt area in the nature reserve of Silver Lakes Golf Estate. Also on offer is a gourmet open plan kitchen, separate scullery and laundry with all the amenities that any serious cook can wish for. 5 Well appointed bedrooms with tranquil views of the garden and pool area and 4,5 beautfully finished bathrooms. Staff accommodation, 4,5 automated garages, storeroom and ample parking. SPECIAL FEATURES: Air-conditioning, Surround sound, Under floor heating, Solar geysers, Automated irrigation, Alarm system with beams, 2 X 5000L Jojo tanks for rain water and garden irrigation.



Enjoy peace and tranquility in this family inspired home. Beautifully presented throughout with modern fixtures and fittings. A double volume entrance welcomes you to generous and flowing open plan reception areas, a study, an entertainer's patio with boma-like barbeque and a sun splashed pool set in a tranquil, private, secure and a child friendly garden. A modern kitchen with separate scullery and ample workspace. Also on offer are five spacious bedrooms (three en-suite) and 4,5 bathrooms, double automated garages, 2 storerooms, visitors parking and staff accommodation. Martin 083 452 5599

Zona-Lize 083 452 5588



Enticing family home boasting stylish elegance coupled with loads of ambiance and quality finishes throughout. High ceilinged entrance welcomes you to large open plan reception areas with fold away doors on both sides opening seamlessly to a very private and exclusive entertainment area with welcoming pool and built in barbeque – set in a beautifully manicured landscaped garden. Cosy and sunny dining room area with fireplace overlooks the private pool area. Modern open plan kitchen with ample cupboard space and separate scullery. Also on offer is 4 bedrooms and 3,5 beautifully finished bathrooms - consisting of a lavish main bedroom suite with stunning bathroom upstairs and guest suite downstairs. Staff accommodation and 3 automated garages with ample parking. Special Features, Air Conditioning, Two Fire Places, Irrigation

Zona-Lize 083 452 5588



Newly Renovated with quality finishes. Boasting spacious and flowing open plan living areas with fire place that caters for a relaxed and comfortable lifestyle. Double doors open up to lush and private landscaped garden with boma. Main house all on one level with a separate bachelors flat let with its own entrance above the garages. Modern open plan kitchen with ample cupboard space, bay window breakfast nook, pantry and scullery. Also on offer is 3 light and bright bedrooms (2 en-suite) with 3,5 bathrooms. Double automated garages with carport.

Zona-Lize 083 452 5588



Beautifully maintained and well-presented family home, enhanced by loads of ambiance, character and attention to detail. Situated in a very quiet street in the heart of Silver Lakes Golf Estate. A comfortable family residence offering 5 spacious and flowing reception areas, well fitted solid cherry wood kitchen with ample cupboard space and separate scullery. Boasting quality wood finishes throughout. Large enclosed entertainment area opens up with sliding doors to sun splashed heated pool, child friendly established garden and separate covered patio. Also on offer is 5 fully air-conditioned and spacious bedrooms with a private guest suite, 5 beautifully finished bathrooms (MES) and study. 3 Automated garages and staff accommodation. SPECIAL FEATURES: Air-Conditioning, Fire-Place, Automated Irrigation, Solar Geysers, UV Tinted Windows

Zona-Lize 083 452 5588



A beautiful family home with space to enhance your living pleasure. Large child friendly landscaped garden (1 980 sqm) featuring an inviting sun splashed designer pool - ideal for the avid entertainer. A versatile and expansive floor plan caters for comfortable living. Boasting 4 flowing and generous living areas, spacious open plan kitchen with ample workspace and cupboards, 4 spacious bedrooms (3 en-suite) with 4 bathrooms. Also on offer is 3 automated garages and staff accommodation. Special Features: Irrigation, Fire Place, Wood Barbeque

Zona-Lize 083 452 5588



Tucked away in beautiful and private surroundings on a 1100 sqm stand – this modern and spacious family home (624 sqm) offers ample accommodation for the extended family. Impressive double volume entrance and dining area with quality and stylish finishes throughout. Boasting flowing and expansive reception areas, large bar and indoor entertainment area that opens onto the private garden with lovely views of the sun splashed pool. Also on offer is a modern open plan kitchen with sparate scullery and ample cupboard space, executive study, 5 spacious bedrooms with blaconies (4 en-suite) and 5,5 beautifully finished bathrooms. Staff accommodation and ample parking for friends and family.

Zona-Lize 083 452 5588



Building Plans Included Built your dream family home on this 1644m² exclusive vacant corner stand. Situated in the game reserve area of Silver Lakes Golf Estate. Approved building plans included of an exceptional modern home. One of the last few available. Call today or miss out on a fantastic opportunity.

Martin 083 452 5599

IN SEARCH OF YOUR DREAM HOUSE VISIT OUR HOME WWW.IKONIC.CO.ZA FOR A WIDE SELECTION OF EXCLUSIVE SILVER LAKES PROPERTIES



www.ikonic.co.za



e had an extremely successful and enjoyable annual GOLF DAY on 17 November last year. Thank you to the Silver Lakes Country Club for enabling the Mature Golfers to host this wonderful 9th annual event.

A special thanks to all our wonderful and generous sponsors, who are listed below. The total value of prizes exceeded R30 000. Please go out of your way to support these wonderful sponsors as we Mature Golfers most certainly do. Also, thank you to all those golfers, both ladies and gentlemen, who shared the golf day with the Mature Golfers. We are also indebted to those Mature Golfers who supported the Golf Day with donations and various prizes. In particular, a special thank you to Sid Pretorius who sacrifices so much of his time to organise all the activities for us. It is a blessing that we again had a field of 108 players, and half the field went home with prizes.

Congratulations to all the winners, with a special mention to Nick Hollander who won the first prize for the day with 37 stableford points. He can be seen receiving his trophy in the top right photograph. The ladies' winner was Shirley Handford on 35 points.

Prizes were also handed out to those Mature Golfers who won the various competitions held during the year. Of particular note was our singles knockout champion for the year, Jannie Jacobs, who knocked out Theo O' Neil in the final. The highest stableford eclectic champion for the year, carrying the yellow ribbon for most of the year, was Rolf Hauter on 63 points. The lowest gross eclectic champion with the green ribbon was Fernando Vieira on 59 shots.

The photographs also reveal some of the proceedings during the Golf Day as well as during the dinner and prize-giving. The Mature Golfers eagerly donated a portion of

their takings to the Kungwini Home for the disabled.

This year has really kicked off with a bang. Our number of golfers continues to increase with new senior members joining the group monthly. The competition remains healthy with a different winner emerging every week. Of huge interest will be the singles knockout championship which begins in March. The guys are keen to topple Jannie Jacobs, our champion for 2016.

Please note that the Mature Golfers play every Thursday morning at Silver Lakes and all senior male golfers over the age of 55 are welcome to join this social group of old boys for a weekly enjoyable and competitive game of golf. You need not be a member at the Silver Lakes Country Club or reside at Silver Lakes to participate. Just put your name down at the Silver Lakes Proshop (012 809 0430) before midday on a Wednesday should you wish to play.

We do the draw at 06h45 and tee-off from 07h00 – from both the 1st and 10th tees. No membership/joining fee is payable to become a member/regular player of the Mature Golfers' group – a very reasonable green fee is payable, which is competitive with all other Pretoria golf courses. We presently have over 100 members on our database, of which around 40 to 50 play every Thursday morning.

The Mature Golfers are planning some exciting events during 2017, so please do not miss out on the fun-filled challenges starting in January this year. Looking forward to another great golfing year,

Kind regards Sid Pretorius

MATURE GOLFERS SILVER LAKES SPONSORS FOR THE 2016 ANNUAL GOLF DAY

Talladega Auto Clinic (Silver Lakes) Makro (Silver Lakes) Ackermans Build It (Silverton) The Garden Group **Gt Auto Customs Silver Lakes Golf Shop Tyremart Autowiel (Silver Lakes)** Pick N Pay (Waverley) The Lawnmower Shop (Silver Lakes) Sparkling Auto Care (Hazeldean) Mica Hardware (Silver Lakes) **Renault Route 24 (Rick Scott) Promac Paints** Seawork (Silver Lakes) **Dimension Hair Design Divine Skin & Beauty**

9th ANNUAL MATURE GOLFERS GOLF DAY – 2016 LIST OF WINNERS

Mature Golfer Winner Ladies Winner Ladies 1ST Runner-Up Ladies 2ND Runner-Up **Under 50 Male Winner Under 50 Runner-Up** Longest Drive (Hole 7) Nearest to the Pin (Hole 3) Nearest to the Pin (Hole 9) Nearest to the Pin (Hole 13) Nearest to the Pin (Hole 16) **MG Knockout Trophy Champion MG Knockout Plate Champion** Highest Eclectic Stableford Points **Lowest Eclectic Gross Score** Highest Average Stableford Score

Nick Hollander (37 Points) Shirley Handford (35 Points) Bernice Hendriks (34 Points) Brigid Cheyne (31 Points) Sarel Marx (34 Points) Fanus Heystek (28 Points) Paul Human André Meij Kobus Coetzee Kobus Gouws Hans Schoeman Jannie Jacobs Kobus Gouws Rolf Hauter (63) Fernando Vieira (59) Eugene Visagie (33,6)

SILVER LAKES MATURE GOLFERS



MATURE GOLFERS - 03 NOVEMBER 2016

NAME	PLACE	2-CLUB
Fernando Vieira (38)	1st	Jas Wasserman
Nick Hollander (35 c/o)	2nd	
Colin Heath (35 c/o)	3rd	
Phillip Molapo	NTP # 9	
Cor Scheepers	NTP # 16	5
Eugene Visagie	NTP # 18	3
Jas Wasserman	NTP #13	
Nick Hollander	NTP # 3	

MATURE GOLFERS - 24 NOVEMBER 2016

NAME	PLACE	2-CLUB
Kobus Gouws / Hennie Coetzee (44)	1st	Hugo Pretorius (x2)
FX Roome / Steve Greylong (43)	2nd	
Hugo Pretorius	NTP # 9	
Kokkie Martin	NTP # 16	5
Koos Risseeuw	NTP # 18	3
Jannie v d Watt	NTP #13	
Hennie Coetzee	NTP # 3	

MATURE GOLFERS - 01 DECEMBER 2016

NAME	PLACE	2-CLUB
Pieter Botha / Dudley Gradwell (45)	1st	Nobody
Klaas Heystek / Wim Boshoff (43)	2nd	
Arthur Ketcher	NTP # 9	
Leon Nolle	NTP # 13	
Arthur Ketcher	NTP # 16	
Eugene Visagie	NTP # 18	
Pieter Botha	NTP # 3	

MATURE GOLFERS - 08 DECEMBER 2016

NAME	PLACE	2-CLUB
Eugene Visagie (37)	1st	Rolf Hauter
Danie Taljaard (35)	2nd	Jannie Jacobs
Gunther Körfer (34 c/o)	3rd	
Kobus Coetzee	NTP # 9	
Rolf Hauter	NTP # 13	
Klaas Heystek	NTP # 16	
Arthur Ketcher	NTP # 18	
Jannie Jacobs	NTP # 3	

MATURE GOLFERS - 15 DECEMBER 2016

NAME	PLACE	2-CLUB
Kobus Coetzee / Fernando Vieira /	1st	Fernando Vieira
Tim Toman / Kokkie Martin (82)		Albert Kotze (x2)
Rolf Hauter / Nick Hollander /	2nd	
Johan Grobbelaar / Pieter Grey (81)		
Francois Booyse	NTP # 9	
Fernando Vieira	NTP # 13	
Doep du Plessis	NTP # 16	j -
Fernando Vieira	NTP # 18	6
Francois Booyse	NTP # 3	

MATURE GOLFERS - 22 DECEMBER 2016

NAME	PLACE	2-CLUB
Fernando Vieira (41)	1st	Rolf Hauter
André Meij (36 c/o)	2nd	
Daan Venter (36 c/o)	3rd	
Eugene Visagie	NTP # 9	
Eugene Visagie	NTP # 13	
André Meij	NTP # 16)
Rolf Hauter	NTP # 18	;
Tienie Wessels	NTP # 3	



Willow Acres Estate / R3.35 million

4 Bedroom / 2 Bathroom / 2 Garages

Exquisite French style property with proper wooden beams and a Master Chef kitchen. The perfect, cosy family home with lots of flair or for the executive who likes to impress.



Silver Lakes Golf Estate / R2.9million (Excl. VAT)

3 Bedroom / 2 Bathroom / 2 Garages

A neat home offering an exclusive family lifestyle. Beautiful classical facade with a pool and undercover entertainment area at the back. In a quiet street with easy access to the main routes. The living areas are open plan, yet still private.



The Meadows / R2.65 million

2 Bedroom / 2 Bathroom / 2 Garages

A brand new unit, just finished within the retirement village. Finishes of the best quality. Corner unit with a bigger garden and more private covered patio. Lots of extras.





Silver woods estate / R7.9 million

4 Bedroom / 4 Bathroom / 4 Garages Classic elegance styling at its authentic best! This exquisite home must be the best when it comes to finishes and layout within the Silverlakes surroundings. Well planned family home offering 4 very spacious full en-suite bedrooms with thick and luxurious carpets.



Silver Lakes Golf Estate / R8.9 million 8 Bedroom / 9.5 Bathroom / 10 Parkings Make this 8-bedroom mansion your home. Lots and lots of potential. The location alone is worth a few million Rand.



I am Inge de Klerk

Inge 083 700 3911 pamgolding.co.za/inge-de-klerk 012 365 9000 inge.deklerk@pamgolding.co.za Meet more of our people at pamgolding.co.za





CORLIA MATHEWS ENVIRONMENT, SOCIAL & ETHICS DIRECTOR

- ENVIRONMENTAL DIRECTOR

WELCOME BACK TO ALL OUR HOMEOWNERS AND WELCOME TO ALL NEWCOMERS TO THIS BEAUTIFUL ESTATE OF OURS.

ENVIRONMENTAL MATTERS

hat a wonderful place to come back to after one's holiday! It does not matter where in the world or on what exotic holiday one went, coming back to your home, it is always 'home'. As the saying goes, home is where the heart is. There is no better place to have a home than Silver Lakes – coming back to this beautiful green estate and having the luxury of relaxing on the pathways and walkways of our wonderful estate is a treat. The golf course has more than 7 km of pathways and if you include a stroll through the game reserve you can push your exercise up to 10 km! Enjoy the estate!

Coming into the new year after such a long break, one has new visions and lots of energy for the job ahead. But, as mentioned last year, our focus this year is to finish projects such as the revamp of our standardised signage and the street corner planters.

In this article, I look into the **psychology of our environment and the influence it has on our decisions, especially in connection with buying property.**

We will be launching a big effort to tidy up our sidewalks. We do not have the luxury of other estates where the gardens of the whole estate are done by one company, with one theme, thereby creating a unified look and feel for the estate. In Silver Lakes, all homeowners look after their own sidewalks, sometimes creating barriers and untidy, hard-to-maintain areas. This creates an uncomfortable imbalance on the estate, leaving one with a feeling of untidiness in some instances. We will try to engage with homeowners to help us set a standard of tidy and friendly sidewalks – sidewalks that will create pleasing streetscapes and in turn will enhance our property values.

We are in the process of getting our rules in place so that we can assist the City of Tshwane in their efforts to help in the process.

From last year's articles, you would have gathered that the topic of neater streetscapes is one that is close to my heart and that I have been trying to work towards. You will also remember that the overall look and feel of streetscapes have a large impact on the salability of your home. Thus, these efforts are NOT only for aesthetics, they are also to support the value of our properties. We all have one big asset that sells our properties – our estate! Silver Lakes Golf and Wildlife Estate sells our properties for us.

As also mentioned in last year's articles, I believe there is one aspect that is the 'stepchild' of all things: in Silver Lakes – **our streetscapes.** This includes and starts at our security entrances to the estate. These will be upgraded as well. The entrance gates to our estate are the first points of entry that sell our properties and, that make people decide to invest their money on our estate or elsewhere. We do not have the luxury of mountains and other natural elements that sell our estate. Therefore, the streetscapes are of the utmost importance!

"Some of us do not really care too much about the outside of our properties." This was a statement I made last year, and yes, it is true, but only for a small minority. By far the largest majority of homeowners do care about the environment around them. It is for these few cases that we will try and work towards a neater look and feel on the estate.

As I mentioned, being the Environmental Director, this is one of the most important parts of my portfolio.

- How does it feel to enter our gates and drive through our streets?
- What is the impact of the Silver Lakes streetscapes on our estate, and ultimately on our pockets, when we sell our houses?







You will remember from the previous article that I went and did some research on the effect the streetscapes of a neighbourhood have on the property prices. Here are some repeats from that article to show JUST HOW IMPORTANT I believe it is to upgrade our streetscapes.

Firstly, if one googles beautiful streetscapes, each and every picture has lots of green – lots of plants!

As you will remember, I found some studies that showed that there are mostly **6 factors that influence the selling price of your property:**

- Location (or position) This is not new news. We all know this is possibly the 1st, 2nd and 3rd reason! The positive side includes proximity to services such as shopping centres, schools, churches and public transport. The negative side includes busy, noisy roads. So, what do we have in Silver Lakes? About everything a realtor can wish for to sell properties! Tranquillity AND now, after 25 years, the proximity to just about everything one can wish for, especially with the new developments to the east of us. We are close to highways and schools, shopping centres, hospitals, even offices for working closer to home. What an awesome estate!
- Demand In Silver Lakes we have a large estate with many houses for sale and many properties for rent, so it will be hard to compete with smaller, more exclusive estates. On the other hand, since we have a larger-than-normal estate and population, we have other selling points such as more that 10 km of hiking, jogging and cycling routes. We have the luxury of an extensive club house with an upmarket restaurant and convenience store on the premises. We also create a community vibe through all our events that we organise. Thus, we must create a *seller's market*, which means high volumes of buyers and high prices for the seller, through advertising and getting our estate in pristine condition. We can stay away from a *buyer's market*, which means sellers only buy property after careful consideration. They must feel they WANT to buy in Silver Lakes!

- **Comparison** Very few buyers buy the first home they see or do not investigate further by comparing price, size, look and feel, etc. It is therefore important that we KEEP THE BUYERS INSIDE Silver Lakes; that they compare INSIDE Silver Lakes. Therefore, I believe the look and feel of the estate is of the utmost importance. And part of that – the streetscapes...
- **Perception** This is described in the Oxford dictionary as an 'intuitive recognition' of truth or facts and aesthetic perceptions. Here, for example, the location of a presumably positive element such as a park can be perceived as a negative when related to security. Since the security of our estate is impeccable, this is not relevant and parks and other open spaces have a positive influence. The same goes for the beauty of the streets and golf course. Many trees and plants enhance the 'feel-good' effect on the estate.
- Condition A buyer will pay more for a smaller unit that is in perfect condition that for a larger house with maintenance problems. If one sees anything negative such as peeling facia boards or fences, one immediately wonders what else is wrong. It is therefore important not only to keep the inside of your property in pristine condition, but also the outside. The sidewalk outside your property is the first point of entry for all new buyers. It is therefore of the utmost importance for us to have streetscapes that are well cared for and tidy. I will therefore not be doing my job as Environmental Director well if I do not try and rectify the current untidy look and feel of some properties. Hard elements such as rocks and concrete balls are unfriendly and off-putting. It might be chasing potential buyers away.
- Accommodation (or the size of your home) This depends a lot on what the buyer needs – a larger, slightly less impressive house for more money or a smaller, more compact perfectly designed home. In the end, it all depends on the price and on how much space one needs. This also extends to 'extras' such as Jacuzzis and saunas. They are just add-ons that may sell your home more easily but not necessarily for more. However, it is up to you to make the coffee and bake the cookies so that the buyers might change their minds and rather buy your slightly smaller but friendlier home.

As you would have gathered, I am connecting the above factors to the **neighbourhood or streetscape** for which we are ultimately responsible as a Board – Silver Lakes. It is very important that the environment in which our properties are situated is perceived as welcoming. If it is dilapidated and not 'friendly' (in its condition), in the back of one's mind (perception) one stores this information as negative.

It is therefore of the utmost importance that the estate as a whole (streetscapes, buildings and gardens) is in immaculate condition. Having well-cared-for real estate already creates calm and relaxation. With good design we can enhance what we already have. I have been working hard with **the environmental team the past 3 years towards this goal and we will continue to do so with the help of our homeowners.** According to a Peard Real survey:

- Nine out of every ten buyers make their initial decision to purchase a property based on the **outside presentation** of the home.
- The number of properties listed for sale traditionally surges during the **summer months**, especially in the coastal areas. In our area, it is the end/beginning of the year when people change work or lifestyle. This symbolises just how much our environment impacts on our decisions. If we feel good, as we do in summer, we buy stuff – even new houses – and we try out new things. In Silver Lakes we must make our homeowners feel safe, at home and welcome. This will all work to greater value for our properties.
- A VIEW sea and other water views, views into valleys, forests, mountains, etc. – also increase the salability of a property. On our estate, it will be the view onto the golf course or the game reserve. This applies to about 30% of the homes. For the rest of us, the exterior view means our streetscape – another reason why it is important to exploit the tidiness and development of the streetscapes to the fullest. It is all we have. We do not have mountains and the sea. We have only our beautiful estate within the walls of our security complex. We must make it beautiful and tranquil within Gauteng. Do the best we can with what we have!

According to Stuart Cox, *Managing Director of the Peard Real Estate Group*: "If you are therefore selling a home, our survey shows that the key issue you should consider is the streetscape where the home is located. The streetscape of a home is very important to potential buyers because it is the first impression they get. Whilst you may not be able to judge a book by its cover, buyers certainly judge a home by its streetscape. The thought process is usually if it is untidy or unpleasant from the outside, it must be untidy or unpleasant on the inside."

This fact that similar homes in the same suburb can vary significantly in price depending on the overall presentation of the streetscape is true.

- A home that is better presented from the outside (maintenance) usually sells faster and for a higher price than a similar home that is poorly presented.
- Gardens together with the outside maintenance form part of the streetscape that, if in poor condition, might give an indication that the overall home is in poor condition.

This comes back to the streetscapes of the estate. Uncared for sidewalks, street views and boundaries reflect badly on the WHOLE estate and therefore have an impact on all the homes.



You would therefore have noticed we are slowly but surely tidying up the estate. Flowerbeds are revamped and even though we have done a lot in the past few years, there are still much to do! We will do our best to help upgrade what is already quite beautiful to even more beautiful, with the help of our homeowners.

Slowly but surely we are cleaning up the look and feel of our estate – why not help us in this effort?

If one is looking to improve the presentation of one's home, or as our Environmental Team does for Silver Lakes as a whole for ALL our homes, one should take a step back and look at one's home and estate from a buyer's viewpoint.



Some beautiful alternatives right here on our estate.



- How does it look?
- How does it compare with other homes, streets and estates?
- Would you stop and go inside to have a look if you were a buyer?
- Even more important: if YOU were a visitor, would Silver Lakes stick in the back of your mind as a positive? Would it be an option if you wanted to buy a new home?
- If people arrive at our estate entrance gates, will they come back because the experience was awesome and beautiful?

I know for a fact that our security staff try their utmost to welcome people to our gates. Therefore, it is our Environmental Team's work to create the welcoming environment. A long-time effort and continued maintenance is all we can offer, but we will try our best!

'One does not get a second chance to make a first impression' – this saying, just as in life, is also true for real estate! What is the first you see on your way into Silver Lakes (be it a home or the Club, the entrance gates or the streetscapes)?

Hard elements such as concrete balls, dump rock and rocks do not help to 'soften' our streetscapes or create a friendly atmosphere. Neither do untidy sidewalks. This is what we will ALL have to work on. So, the samples below illustrate the standard we would like to have on the estate, and what we ALREADY have on the estate.

In a paper given at the 16th Annual European Real Estate Society Conference in Stockholm, Sweden in 2009, Professor Chris Eves of the Queensland University of technology explains the study he did on the impact of streetscapes on residential property. It basically comes to fruition that streetscapes DO have a positive impact – no matter which socio-economic sector of the property market one is looking at.

Professor Eves analysed specific streets in a suburb of Christchurch, New Zealand to determine:

- If streetscapes have an impact on property prices.
- If market changes (buyer's seller's markets) have an influence and make a difference.

He looked at a period which included a buyer's and sellers' market. He also divided the streets of the same suburb in Queensland into 3 categories:

- Main street = busy
- Poor streetscape = no or nearly no street trees
- Good streetscape = beautifully maintained street trees.



- The capital return performance of houses in these specific locations and street appeal factors have shown that it did not vary significantly for houses in the poor streetscape location or the main road frontages (7,75% and 7,56% respectively), but the average annual return from houses in good streetscape locations were significantly higher at 9,11%. Not only did these residential properties have a greater capital return but also a similar volatility to housing in the poor streetscapes, and a lower volatility compared to houses on main road locations.
- The **Median House Price** for the study period of 1992 - 2008 in the good streetscape locations was higher than in main road and poor streetscape locations. However, the trend in prices was relatively consistent for all three classifications, meaning that the trends were universal (what kind of market it was etc.). *If you wanted to sell your house, it sold more easily at a higher price in a 'good streetscape street' than its twin on a main street or in a 'poor streetscape' street.*
- People in the 'good streetscape'
 streets generally pitched their prices
 higher than what they would have
 in another street, and in the 'buyer's
 market' phases they would actually
 get their higher prices, as well as get
 them quicker. On the other hand, in
 the seller's market' phases, they would
 still pitch their prices higher, but
 would have to come down to sell their
 houses.
- After having read and analysed the above and other articles, it seems that if all other parameters are equal, such as the age of the house, size, construction and location, and there are no external features such as views of parks, water, mountains or rural landscapes, then simple factors such as tree planting in a street can have a significant impact on house prices.









I want to urge everyone to have another look at our street frontages. To those of us on the golf course, remember that we have a 'second street frontage' on the golf course side as well.

Just see what a difference suitable materials and maintenance can make in similar applications. Answer these questions:

- Does the look and feel of my house reflect well on the rest of the estate as a whole?
- Does my property enhance my neighbourhood?
- What can I do to make my home AND our estate look even better?
- Do I really still need the concrete balls? To protect what? (They are in any case prohibited in Tshwane municipality and on the estate.) Why do I not make my side walk a bit friendlier?

Have a wonderful 2017 and may we all enjoy our wonderful estate to the fullest!



Corlia Mathews, Board Member for the Environment Cell : 083 448 9441 or mathews@iafrica.com

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GARDENING

Gardening in the Shade is unthinkable

In South Africa, a garden without shade is unthinkable. However, it often occurs that too many trees are planted, usually too close together.

BY ELIZE MALAN







the garden group

aking better choices when starting a new garden will prevent costly corrections fifteen to twenty years down the line. Choose slow-growing as well as quick-growing specimens.

Once the trees mature, the garden changes to a shade garden. This on its own would not be a problem, but trees have roots to anchor them and supply food to the beautiful green canopy. All trees shed flowers, seeds and leaves (evergreen trees do so throughout the year), and shady areas under trees require regular maintenance.

Growing plants or lawn under these big trees with dense shade becomes a challenge.

Try and work with nature:

- Where possible, do not remove the fallen leaves.
- Edge the area with wooden sleepers or Loffelstein blocks to prevent leaves from spreading.
- The leaves will make excellent mulch to keep the tree roots cool and enrich the soil.
 - The composting mulch will create a growth medium for Clivia, Aechmae Bromeliads and different species of ferns. These plants prefer a chunky, well-drained soil and have fleshy roots or runners that will not compete with tree roots.
- Seasonal shade-loving bulbs can be added to create your own forest floor habitat.

Correct the amount of shade:

Tree canopies covering the garden area completely will result in a dark

environment unsuitable for lush plant growth.

- Selective removal of a few trees will usually resolve the problem and root competition will decrease.
- Thinning out trees and reducing the canopy by removing a few branches should be done regularly. This is part of general tree maintenance but requires a skilled operator. Try and keep tree canopies away from house walls and gutters by doing regular maintenance.

Use containers:

- Plants in containers are an option for areas with serious root competition.
- The containers can be decorative and filled with shade-loving annuals such as Primula, Impatiens, Primroses and Aquilegia, or use perennials or shrubs like Fuchsia, Azalea and Hydrangea.
- Cheating by using sunken pots is another option. Dig holes the size of big plastic pots (30cm size or bigger).
 Place the pots into the holes with the rim at soil level and fill with good potting soil. Although the plants will have the appearance of an ordinary garden plant, they should be treated like pot plants when fertilising and watering.

Hard landscaping for shady areas:

- Outdoor entertainment areas with paving blocks or pebbles will bring interest to any garden.
- Create a shady play area for children with the use of artificial grass. The tree canopy will also keep play equipment cool in summer and prevent sunburnt kids.

Golf Day and Auguon in ald of Leopard Research

In conjunction with the Environmental Committee of Silver Lakes as well as the Silver Lakes Golf Club, a golf day and auction will be held on 28 July 2017 to raise funds for the Shelanti Leopard Research Project and other charitable causes.

ther than in the Kruger National Park, there is no other worthwhile project that studies leopards in the northern part of Southern Africa. The leopard species remains "near threatened" and in 2016 the Department of Environmental Affairs placed a ban on all leopard hunting in Southern Africa.

The aims and objectives of the Shelanti Leopard Research Project include:

- 1. DETERMINATION OF THE POPULATION DENSITY AND IDENTIFICATION OF INDIVIDUAL LEOPARDS ON THE RESERVE An attempt will be made to conduct a population census survey, to determine the number of leopards on the Shelanti Reserve and to further categorise them into male/female and adult/sub-adult/juvenile.
- 2. MOVEMENT PATTERNS OF LEOPARDS ON THE RESERVE It is the intention of the study to monitor the movements of all leopards on the reserve. With the assistance of neighbouring reserves, the hope is to identify if animals remain on the reserve or if they move between neighbouring reserves. Furthermore, the study will try to identify what determines their movement patterns.

BY CHRIS PIEARS

3. MATING HABITS

The Shelanti Project aims to determine if the trends and habits identified in a Namibian research project remain the same for the leopards in the Shelanti Reserve while also trying to obtain more scientific data regarding the mating habits of leopards.

4. INTERACTION BETWEEN GENDERS By monitoring the movement of both genders and juveniles, it is hoped to better understand the family concept and interactions of the species in Limpopo. The project also aims to determine a leopard's specific role within the population as well as the genetic diversity within that specific population. It is vital that not only the entire population be understood but that the behaviour of each individual is monitored and fully understood.

5. COMPARING DATA

Various other projects and studies have been undertaken and completed in Limpopo and it is hoped to obtain more in-depth data from the Shelanti Project to be able to compare it with data obtained on other leopard projects.

Each month an update on the project will be published as well as what we hope to achieve at the golf day auction.

For further information, please visit: www.shelantileopardresearch.co.za.









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ESTATE NEWS

Fishing in Mozambique

DEEP SEA FISHING ADVENTURE IN MOZAMBIQUE BECKONS FOR MEMBERS OF THE SILVER LAKES FISHING CLUB

f you think you would enjoy a trip to the white beaches of Mozambique, stay in air conditioned luxury in chalets where, if you step out of your bed and the tide is in, you may very well stand ankle deep in water, well, now you have no more excuses ! And during a fishing excursion on a well-equipped boat you may just catch an elusive marlin, tussle with a grumpy giant kingfish, or be amazed at the aerial acrobatics of a sailfish!

Two members of the Silver Lakes Fishing Club now offer fellow members the opportunity to experience this adventure at an affordable price. It's so affordable, in fact, that there is no reason why the whole family should not tag along.

There are two venues from which to choose. At Vilanculos, there are 3 self-catering chalets available, and each of these can accommodate 6 - 8 people. At Bazaruto, a single luxury fully-catered beach house can accommodate 8 people. Fully-equipped boats are available at each of the venues, and experienced skippers will ensure a memorable fishing experience.

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Relationship challenges

EVERY RELATIONSHIP HAS CHALLENGES. LET'S UNPACK SOME OF THE MOST COMMONLY REPORTED RELATIONSHIP CHALLENGES THAT PEOPLE EXPRESS IN THERAPY.

BY DR ILSE RUANE

COMMUNICATION IS KEY

The most commonly reported relationship challenge by far is communication. In my experience as a therapist, it is evident that in many relationships the interest seems to lie primarily in getting one's own point of view heard and understood rather than having an interest in hearing and understanding the others' point of view. Herein lies the irony. If people took the trouble to actually listen and hear the other person with as much interest as he or she wished the other would listen to them, both would end up receiving exactly what they are looking for.

Often, communication challenges in relationships can stem from unresolved baggage from one's youth. For example, if a person grew up in a loud, violent or abusive environment, that person's response to conflict, arguing, or confrontation would be significantly different compared to that of a person whose home environment was healthy and where conflict resolution was effective.

There are many conscious and unconscious forms of baggage that we carry, including our preconceived ideas and experiences regarding sexuality, the proper way to raise children, how to relate to and handle money, and self-esteem issues. The best way to overcome these tensions is through open and honest communication about our expectations or preconceived ideas regarding various issues.

EXPECTATIONS

We often have preconceived expectations of what marriage and relationships are supposed to be like. Having unrealistically blissful expectations of marriage or any relationship guarantees disappointment. It helps to be totally honest and discuss your feelings, your expectations, and your weaknesses long before marriage.

Partners may have very different role expectations, i.e. who does the cooking, deciding, working outside the home, etc. Make these decisions jointly, don't just hope that the husband will do half the cooking and that the wife will stay home with the kids. Research indicates, contrary to popular belief, that the wife's working outside the home does not increase marital problems or harm the children's development.

Although your mom and dad may not have told you, research suggests that it is an unreal expectation that marital satisfaction increases after having children. In fact, the opposite tends to be true – marital satisfaction goes down for most couples after children are born. The workload becomes much greater. Parents frequently disagree about how to raise and discipline children. There are jealousies and criticisms: "You do too much for them" or "You don't do enough!"

The biggest problem with expectations in general is that you may know what your expectations are, but it is unlikely that your partner does. Even more frustrating is when you have these expectations and even you can't name them, yet you expect your partner to fulfill them. It is important to remember that it is not the other person's responsibility to fulfill your expectations. It is your job to learn to fill yourself up and then offer all you can to the relationship.

SEX AND INTIMACY

Sex is one of the most common areas of conflict in many relationships. Ruling out any physical or medical causes of difficulty, it is usually in some way a reflection of whatever state the relationship is in. For instance, if communications have become hostile, withholding that hostility can manifest itself sexually as well.

To further complicate matters, sexual interactions mean something different to men than they do to women. Women like to feel emotionally connected before they become physically connected. Men, on the other hand, often use sexual activity to get connected in the first place.

The main issue here is that it is a mistake to hold your partner responsible for your needs. Rather, you would do better to look at how desirable you've made yourself to your partner in terms of your own behaviour and attitudes.



INFIDELITY

Infidelity can occur as a result of the breakdown of the relationship, rather than being the cause of the breakdown. Affairs are often used as a way to escape from the difficulties of the current relationship and to abandon the responsibility one has to work on the troubles in one's relationships.

If your connection to your partner is missing something, start by looking at what you are contributing to the relationship. Looking for comfort elsewhere only adds more pain and suffering to the challenges already existing. If you are the one who strayed, you carry the responsibility for failing to face your part in contributing to the unsatisfying relationship in the first place. If your own relationship was where you put your energy, instead of with someone else, then your own relationship would have received the benefit of your efforts.

Relationships can heal from this betrayal, but responsibility, remorse and complete commitment to self-development is at the foundation for the healing to start taking place. You must be willing to do whatever it takes to rebuild the trust that's been lost. Not many people have the courage or character to take this on. If you do, you have the chance to create an even deeper and more meaningful relationship.

RESENTMENT

Resentments crop up very quickly once communication has died. Expectations are not met and old hurts begin to be triggered by relationship issues in the present. Triggers are current experiences that resemble the ways in which you've been hurt, abandoned or treated in the past. They are often not consciously connected to what's happening in your present relationship, but when they are shown to you in therapy, they become visible.

Resentments lead directly to loss of respect for the other person. Loss of respect leads to sexual problems, more bad feelings, blame and distancing and so it spirals out of control. The truth is, we can never really respect ourselves unless we show the willingness to take responsibility for what we bring to the relationship, our own baggage so to speak. Once the old hurts lose their power and each person has shown the willingness to own their part in the situation, then the relationship can move forward.

CONCLUSION

Working with each one of these issues in therapy affords you the opportunity of discovering a wealth of intriguing information about yourself and your loved one. This can open the door to a quality of relationship you have not previously known. Don't be fooled, it is hard work to uncover the hidden, and not-so-hidden, aspects of yourself which are impacting your relationship, but it is so worth the time and effort to do so.



For an appointment at Dr Ilse Ruane Psychology, please call 083 376 1995.



café 41

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The cuisine is creative, balanced and full of flavours, aromas and textures. Cafe 41 has received the Diners Club Gold Award for Best Wine List of the year 2007 – 2010 and received the Diners Club Platinum Award for Best Wine List of the year in 2011 - 2012 and in 2013 we were awarded the Diners Club Gold Award for Best Wine List of the year. We have also been effusively praised as one of Pretoria's top seven restaurants.

Celebrating our first year at Silver Lakes Golf Estate, we look forward to making many more memories with you.

Valentine's Day @ Café 41 – 14 Feb. For enquiry contact us at 012 809 1571. Open: Tuesdays to Sundays



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Our take away menu is available at Fairways Restaurant and our Facebook page. Free delivery from Tuesdays to Sundays within Silver Lakes (T&C's apply).

Fom birthday parties to family get-togethers, conferences and business meetings, Fairways Restaurant offers a beautiful venue and delicious catering to your needs.

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LIFESTYLE

Romance is in the Air

Valentine's Day is the one day of the year when good planning and careful consideration are essential.

When it comes to deciding on Valentine's gifts, the online websites have lots of really super gift ideas that you can select and pay for from the comfort of your favourite armchair. Some even offer free delivery.

Firstly, here are some important tips about

ordering online:

• Make sure you place your order and pay for it well in advance. This gives the suppliers enough time to ensure they have enough stock and to order more, if necessary.

• Decide what you want to say in the card before you place your order. Trying to come up with a quick note while the seconds are ticking away is not the best way to decide on the most appropriate and thoughtful message. Perhaps write a love poem or "borrow" some lines from a well-known poem to express your feelings.

• When giving the delivery address, try to choose an address where someone will be available to accept the delivery during office hours, if possible and supply at least two phone numbers. This will help to ensure that your gift is delivered on time.

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INTRA MUROS FEBRUARY 2017 37



Try EMS Training to Get Fit Without *the Fatigue*

oor dietary choices that provide bulk but often lack much nutritional value, sedentary occupations that keep us bound to a desk throughout the day, and evenings spent as a couch potato have all combined to take their toll on our health and fitness. In an effort to reverse the ravages of the 21st century lifestyle, many South Africans have taken to jogging in suburban avenues and parks, while others choose to take their chances among the traffic. riding bicycles to their places of work rather than driving. Still others elect, instead, to sign up at their local gym in the hope that this may be a safer and more convenient means for them to get fit again.

One of the challenges that such routines are faced with, however is that the same busy lifestyle, makes finding the time needed for such practices with the regularity that is essential for success difficult, if not impossible. There can be few lists longer than those which carry the names of the men and women who have purchased gym memberships but have managed to attend only one or two sessions. In too many cases, it is not a lack of willingness that is responsible for this failure, but insufficient time for exercise whilst also attempting to meet both work and family obligations.

In practice, if there were a way in which one could achieve those desired results in a fraction of the time, far more people would both adopt and stick with whatever steps were necessary in order to ensure that they get fit.

The other aspect of exercise that can be a deterrent is that many people simply find it too tiring. This, of course, is partly due to their lack of initial fitness, but also because conventional resistance training must be quite strenuous if it is to be effective.

In recent years, a new form of training, once used mainly in applications such as physiotherapy for sports injuries, workouts for professional athletes and even to prevent muscle atrophy in astronauts, has now found its way into the public domain. Known as EMS (Electro-Muscular Stimulation), it employs specialised equipment designed to deliver a pulsed electrical current to selected areas on the body. The purpose is to invoke the same muscular response experienced during resistance training, without the effort involved in overcoming the load. In practice, EMS may be used alone or in conjunction with weights, and is around 5 times as effective as resistance training alone.

The good news is that Body20 can personalise an EMS training programme that, in just 20 minutes a week, could get you fit without the fatigue.

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South Africa's miracle game park

'iSimangaliso' implies a miracle or wonder and comes from a Zulu legend. The name fits so well with what happened there in the 1990s.

> BY JAMES CLARKE PHOTOGRAPHY BY MARY BROADLEY

iSimangaliso's Lake Sibaya and the Indian Ocean in the background







Rare Eurasian Oystercatcher



Buffalo in front of vegetated sand dunes

iSimangaliso elephants on Eastern Shores

e were cruising along the recently tarred road from St Lucia to Cape Vidal in what is now the iSimangaliso Wetland Park – one of Africa's most fascinating wildlife reserves. As we drove along, I saw on my left a flotilla of pinkbacked pelicans drifting on the gradually broadening neck of Lake St Lucia – Africa's biggest estuary.

In the open grassland between the road and the lake waterbuck were grazing. On my right was an expanse of grassland and bush - a paradise for buffalo, reedbuck and other creatures. Beyond it was a long range of forest-covered hills. They were sand dunes - arguably, the highest forested dunes on earth and certainly the richest in terms of birds and mammals. Their bases sloped down to the intertidal zone of the Indian Ocean, home of marine species quite as varied as the animals on the land. Here, you will find humpback whales and southern right whales, dolphins and a huge variety of fish including 'old four legs', the coelacanth that was around when dinosaurs existed.

My mind went back to 1990 when I spent some time in this area. In those days, each side of the road was bordered by a sterile, kilometres-deep belt of governmentplanted pine trees. You could barely see the dunes. In any event, the dunes seemed to be doomed. Richards Bay Minerals (RBM) had been given Ministerial permission to remove them down to bedrock to extract titanium. The mine owners promised to pile the sand up again, saying the indigenous forest would regrow – one day.

The government saw absolutely no use for the estuary. It had, in vain, drilled for oil there. Two decades earlier it handed the northern part of Lake St Lucia to the Army for testing its missiles. On the western shores of the lake vast areas were cleared of bush and planted with crops.

RBM's open-cast mining would continue 24 hours a day, using floodlighting at night. The company said it would create hundreds of jobs. I think the figure was 300. Maybe 600. It doesn't really matter. Today the park employs thousands.

In 1990, the Environmental Minister was quite enthusiastic about it all. I interviewed him in his Cape Town office in what turned out to be more of a confrontation. He showed me an obviously hastily drawn map crudely inscribed in freehand: 'The Greater St Lucia Wetland Park'. He invited me to join him the next day in the St Lucia dunes, where he would announce his idea.

The first his staff, including the Director General, knew of his idea was when they saw their Minister on television, standing on the dunes.

The public was incensed.



White rhino – one of iSimangaliso's Big Five

Ten years before, I started a petition to stop coal mining in Kruger Park – the biggest petition in the country's history. The 1990 petition to 'Save St Lucia' was many times bigger. This was despite the Endangered Wildlife Trust and the Wildlife Society sympathising with the mining company – RBM being their biggest donor. The latter eventually joined the protest.

That year saw revolutionary changes worldwide: the Berlin Wall had just come down, communist Russia collapsed, totalitarianism was under attack across the globe. That was the year South Africa ditched apartheid, 'unbanned' the ANC and released Nelson Mandela. Thousands of exiles and activists like Andrew Zaloumis – currently the chief executive of the iSimangaliso Wetland Park – could now live normal lives.

The ANC's manifesto prioritised conservation. The interim government quashed the mining plan and stated that Lake St Lucia and its dune forest were, ecologically,



Bull elephants frolick in the Lake St Lucia Narrows, watched by tourists hosted by Dennis Robert Shoreline Boat Safaris

not just of national importance but of international importance. The Environment Minister went back to farming and RBM's CEO found himself mining in the Far East. There followed the daily sound of chainsaws as 14 000 ha of alien pines were cleared. The seepage from the dunes, no longer sucked up by the pines, once again flowed into the natural system and the native vegetation, like the exiles, returned.

The 332 000 ha iSimangaliso Wetland Park was proclaimed. In 1999 it became South Africa's first World Heritage Site. No other estuary, as far as I know, has quite such a dynamic set of interacting ecosystems – eight in all. It has Africa's largest estuarine system; South Africa's largest freshwater lake (Sibaya) with its own unique living system. In fact, it has three major lake systems. It has a coastal dune ecology and an intertidal ecology along its 220 km of coastline.

Along its coast one can watch the world's largest turtle – the leatherback that weighs more than a family car – hauling itself ashore at night to lay its eggs. One can also watch, depending on the time of year, its hatchlings, each the size of a computer mouse, racing towards the breakers. The smaller loggerhead turtle is also unfazed as people stand around with

TRAVEL



Shoreline barge



Andrew Zaloumis, left, with James Clarke

torches watching it scraping a hole and depositing its eggs.

On this trip we did not have time to explore Sodwana Bay nor iSimangaliso's northern regions up to Kosi Bay and the Mozambique border. There's a chain of lakes up there and one can snorkel along a reef. It is a wonderland of birds. The entire reserve has as many bird species as Kruger Park's 2-million hectares – well over 500 species.

One afternoon on the estuary, just outside St Lucia town, we spent time on a barge, birding and watching hippo pods up close. We walked kilometres along the beach and found one of the rarest of birds in South Africa, the Eurasian Oystercatcher.

The megafauna in the wetland comprises many superlatives such as the world's biggest land mammal (elephant weighing up to 7 tons); the second largest, the 2,5 ton white rhino (the hippo doesn't fall far short); the tallest giraffe); and the fastest (cheetah) and, soon, the world's largest antelope, the eland, will be reintroduced.

The park does not fall under the South African National Parks Authority and nor does it fall under the provincial game reserves system. It falls under its own authority – the iSimangaliso Wetland Park Authority – and has a government appointed board. Its chief executive, Anthony Zaloumis, is the son of a dentist and dedicated naturalist, Dr Nolly Zaloumis, who played a pivotal role in the 1990 battle to save St Lucia. While Zaloumis senior was campaigning, his son, a town planner by training but a conservationist



A yawning hippo

by preference, was, as an anti-apartheid activist, living for seven years in a hut in KwaDapha (Kosi Bay) near the border with Mozambique. His association with Mozambicans is proving most useful for he envisages, one day, the St Lucia Wetlands will become contiguous with Mozambique's Maputo Elephant Reserve as well as reserves in Swaziland – resulting in a great land and sea international reserve. All three areas are already preparing high grade roads towards this eventuality.

Zaloumis' extraordinary touch is evident everywhere. For instance, each viewpoint and picnic site has the cleanest toilets I have come across in any reserve in the world. They looked new but have been there for three years. Maintenance in the reserve is of a high order. There are wheelchair ramps at various sites. Each site has its own unique knee-high signpost individually named – 'Bejane' for black rhino; 'uMkhombe' for white rhino; 'iNyathi' for buffalo; etc – and each is inscribed with its GPS co-ordinate and code for those with iPods who want, there and then, to get more information. The posts are designed bearing in mind the tendency for rhino and elephant to destroy them or, at least, to use them as scratching posts.

I also saw a 'photo-site': a discreet offthe-track space where one can park at a water hole and have a dark background to enhance the image of whatever is at the water.

Although there are cabins at Cape Vidal, we chose to stay in a delightful B&B (Eco Lodge) in St Lucia – a clean and neat little town with a population of 800. Half the houses offer B&B. The town is unique in that it is owned by its inhabitants and is totally surrounded by the wetland's virgin forest and it's not unusual for a hippo to be seen wandering down the main street.



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ccording to the South African Police Service's 2015 crime statistics report, 'robbery at residential premises' has increased by more than 100% in the last decade, with a 5,2% increase from 2014 to 2015. "Over the last few years we have seen the demand for security shutters increase significantly," says Duncan Snyman, managing director of AMERICAN shutters[®]. "Interior designers and homeowners are looking for reliable security barriers that will provide safety without compromising the aesthetic value of a property."

It was this ever-increasing market demand and their pioneering spirit and

HOUSE PROUD



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focus on ongoing product development that prompted AMERICAN shutters® to design and manufacture a premium, more affordable and improved range of security shutters.

AMERICAN shutters[®]' new and innovative Aluminium Security Shutter range offers homeowners the same style and beauty of traditional wooden shutters with adjustable louvres, streamlined appearance, smooth operation and custom-fit, but it includes the industryfirst 'Gear Tilt' operation. Hidden in the aluminium framework, the 'Gear Tilt' design is unique to AMERICAN shutters[®].

Besides presenting improved aesthetic shutter contours, the 'Gear Tilt' system

notably nullifies the need for unsightly tilt bars to allow unobstructed views. The new system has undergone stringent tests and results prove consistent, efficient, smooth and problem-free operation over an equivalent period of ten years' of daily opening and closing of the louvres.

Although designed for beauty, these shutters are built for security, and boast some impressive safety features. The shutters are fully secured with a key lock which operates a steel bolt that locks the top and bottom of the shutter panel simultaneously. "The louvres of the 'Gear Tilt' system are secured from both sides into the shutter framework for improved security and strength of construction" says Duncan.

The shutters are suitable for interior as well as exterior use and are manufactured from powder coated architectural grade aluminium with stainless steel components to ensure longevity, and to guard against corrosion.

Additional improved design elements such as overlapping frame details and ultra-close-fitting louvres deliver excellent privacy and light-block, and the finish options from Satin White to custom colour powder coating put AMERICAN shutters[®]' Aluminium Security Shutters in a league of their own, and ensure they provide both beauty and brawn.





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SILVER LAKE



R3 999 000 STURDY SPACIOUS HOME.

Classic period home on the golf course. Entrance hall, formal lounge, dining room, open plan sun-drenched kitchen with breakfast nook, living areas opening onto veranda overlooking an easily maintained garden. Private formal lounge, 3 lovely en-suite bedrooms, spacious master bedroom with large dressing room and en-suite bathroom. Private study with golf course view, double auto garage plus double carport and staff accommodation.

INTERNATIONAL NEWS



Founder and CEO of Tesla, Elon Musk announced the launch of a new Tesla solar roof product amid much fanfare on 28 October 2016.

far cry from the retrofitted solar panels applied to traditional roofs, Tesla's new solar roof tiles add a distinctive style to a house.

The solar roofing comes in four styles that Tesla presented at the launch: Textured Glass, Slate Glass, Tuscan Glass, and Smooth Glass. Each of these achieves a different aesthetic look, but all resemble fairly closely current roofing material styles. Each is also transparent to solar, but appears opaque when viewed from an angle.

"The current versions of the tiles actually have a two percent loss on efficiency compared to traditional solar panels, so they achieve 98 percent efficiency," says Elon Musk. "But the company is working with 3M on improved coatings that have the potential to possibly go above normal efficiency, since they could trap the light within so that it refracts, resulting in less energy loss overall."

Musk says that, generally, a Tesla roof will cost less than the combined cost of a traditional roof on a house using grid electricity. He declined to provide specific pricing, as there are a number of variables and it will depend on installation costs on a per home basis. Standard roofing materials do not provide fiscal benefit back to the homeowner post-installation, apart from enhancing the value of the home based on appearance. Tesla's product does that, by generating enough energy to fully power a household, with excess power designed to be stored in Powerwall 2.0 battery units so that homeowners can keep a reserve in case of the need for top-ups.

Tesla plans to start with installations in the US sometime next year, rolling out one or two of its four tile options to begin with, and gradually expanding the range over time. Visit www.tesla.com for more info.







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yger Valley College, launched in 2007 with just 69 pupils as a part of the Centurus Brand, is now a flourishing College of over 1000 pupils. TVC is a three term, IEB school for children from Grade 000 – Grade 12 in the Silver Lakes Area.

At Tyger Valley College, we provide a holistic education and we do this within a spiritual, social, intellectual and physical milieu. In addition, we strive towards the development of the community and the College as an integral whole and part of that community.

Tyger Valley College is part of the ADvTECH group of schools. We now operate alongside AdvTECH's other school brands namely Crawford Colleges, Trinity Schools, Maragon Schools, Abbotts Colleges, Junior Colleges and College Academies. This association brings together many minds and practices and helps us develop our school to be the best.



Kathryn Geldenhuys (3)



LOOKING FORWARD

Tyger Valley College has launched its school transport system to school in the mornings and routes can be found in the Moreleta, Equestria and Silver Lakes areas.

In 2017, TVC High School will join the Blue Bulls Small Schools League for our Winter Sports and we look forward to positive results.

Tyger Valley College will be celebrating its 10th anniversary in 2017 and with that we will be hosting many celebratory events. We do hope that you will join us and experience the welcoming family atmosphere that TVC has to offer.



"I would like to extend my heartfelt congratulations to the Tyger Valley Matric group of 2016 on another year of wonderful results. I am pleased that we have maintained our record of 100 % pass rate. I would like to thank my staff and the parents of the class of 2016 for all their efforts throughout the year." -Clyde Mac Donald – TVC High School Principal.

Open Day: 4th March 2017 09h00-12h00



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LIFESTYLE

School Readiness Checklist

I'm generally not a big fan of checklists – I believe that each child should be allowed to develop at his or her own pace and that it is primarily the function of education and parenting to support the child wherever he or she is in his or her development. But, I also understand that every now and again it is re-assuring to have a guide, a general idea of where a child might be in his or her development and which areas might require more attention. For this reason, I have compiled a school readiness checklist for you.



Keep in mind that the list is merely a guide and should never be used on its own to determine whether a child is ready to start formal schooling - if you have any doubt as to your child's school readiness, have him or her undergo a comprehensive school readiness assessment so that all aspects that might impact on his or her readiness to learn might be evaluated.

BY ANEL ANNANDALE



LIFESTYLE

School readiness checklist

INDEPENDENCE

- Is your child able to cope independently with toilet routines?
- Can your child dress independently? (Tie laces, fasten shoes, do/undo buttons, etc.)?
- Is your child able to get ready for school (get dressed, pack lunch) with minimal assistance from you?
- Is your child able to handle responsibility? Does he or she have chores at home such as feeding pets, watering plants, etc.?

SOCIAL AND EMOTIONAL SKILLS

- Can your child willingly share his/her toys and possessions with other children?
- Is your child able to wait his/her turn?
- Does your child remember to say "please" and "thank you"?
- Can you rely on your child to convey short messages accurately?
- Can your child be corrected without being reduced to tears?
- Does your child persist with challenging tasks?
- Is your child confident enough to approach a teacher or other adults when he/she does not understand an instruction or when something is wrong?
- Is your child able to separate from you for a short period without becoming tearful?
- Is your child able to resolve minor conflicts with peers without adult intervention?

PHYSICAL FACTORS

- Does your child have a set bedtime routine and get sufficient sleep each night?
- Does your child have healthy eating habits?
- Is your child physically strong enough to carry his/her own schoolbag or take part in physical play with his/her peers?
- Is your child able to maintain a good posture at his/her desk for sufficient periods of time?
- Is your child able to manipulate a pencil or pair of scissors effectively?

LISTENING AND LANGUAGE

• Can your child follow two-part instructions, such as "pack away your toys and go and bath"?

- Does your child understand the concept of opposites such as high/low, less/more, early/ late, etc.?
- Can your child classify objects (e.g. fish, sharks, whales, dolphins, seals as sea creatures)?
- Can your child retell a story in the correct, logical sequence?
- Can your child initiate and maintain a conversation?
- Does your child have a sufficiently large vocabulary and is his/her speech and pronunciation clear and easy to understand?
- Does your child show an interest in stories and reading?
- Is your child able to memorise simple nursery rhymes?
- Is your child able to find rhyming words?
- Is your child able to synthesise sounds such as "c.a.t." into a word (cat)?
- Is your child able to identify the beginning and end sounds of simple words such as dog, bat, lamp, etc.?

NUMBER AND QUANTITY CONCEPT

- Is your child aware of numbers in everyday situations?
- Does your child use mathematical terms such as "equals, divide, add" in his/her everyday conversation?
- Is your child able to count quickly and correctly to 20?
- Does your child understand the one-to-one concept of object counting?
- Is your child familiar with quantitative concepts such as "less, more, longest, shortest," etc.?
- Is your child familiar with positional concepts such as "first, last, second, middle," etc.?

BASIC KNOWLEDGE

- Does your child know his/her birthday, home address and parents' telephone numbers?
- Can your child name and identify different parts of the human body?
- Can your child recognise and name basic colours and shapes?
- Does your child know what day of the week it is and what day tomorrow will be?

Anel's practice is in Cape Town and she can be contacted by visiting www.childpsych.co.za.



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Digital Camera Panasonic Lumix FT5 in Blue: Extremely tough digital camera. Take it anywhere, even up to 13 m under water. Leica lens with 4.8 optical zoom (+ digital zoom). 16 MP, 3-inch screen, full HD video, excellent image stabilisation, WiFi, NFC. Bought in September 2016, few pictures taken, never used under water. Includes battery and charger: R 4 000,00. Contact Paul at 072 686 3816.

Leather Lounge Set: 1- / 2- / 3-seaters, beige, in good condition, very neat. R4 800,00.

Contact Paul at 072 686 3816.

Chandelier: Wrought iron with gilded deco, about 1.6 m high, for 5 candles, in excellent condition. Several available. R 1800.00. Contact Paul at 072 686 3816.

gardeners

Luckson Ndou is looking for garden work 2 days a week. He is a good and honest worker and has worked in Silver Lakes since 2003. He can also assist with painting, varnishing and small building jobs, and his work is very neat.

Contact Luckson at 072 343 5085 or contact Juanette at 083 4100 444 for a reference.

Simon is looking for gardening work on Mondays, Tuesdays and Thursdays.

Please contact him at 084 6899 877.

John is a reliable gardener as well as a handyman. His current employer is relocating and he is looking for garden work

on Mondays and Fridays as from February 2017. He is fluent in Afrikaans and English. Please contact him at 071 201 5096.



German Tutor Needed Family in Silver Lakes is currently looking for a German Tutor to teach their 3 children German. Please contact Kerry at 083 445 1028 for more information. Tutor fees negotiable.

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 Please contact Ryan at 063 138 2991 for more information.

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■ Johannes Mokonyane has matric, a driver's licence C1 (code 10) and a public licence (PDP). He is available for any work. Contact him at 071 589 2227 / 082 999 4499.

■ Handyman Are you too busy or need a small job done in Silver Lakes? Please call Johan for anything from changing a light bulb or lock to painting, waterproofing, tiling, paving, ceilings, cornice, dry walling, small brick work and plaster – almost anything. Call Johan at 082 411 0451 or Protus at 061 029 1850.

■ Helen is available to look after your beloved pets when you go on holiday. She is a dog owner and a dog lover. Please contact Helen at 082 552 3418.

■ Art classes in Silver Lakes for children aged 5 – 12 years. Contact Vanessa at 082 575 3599.

CLASSIFIEDS

domestics

■ Percy is an experienced nanny/helper looking for a full-time position in Silver Lakes. He has 10 years' experience cleaning and looking after children from newborns to teenagers. Comes with excellent references and is hard-working, trustworthy and reliable and experienced in cooking, cleaning, and supervising homework. References available on request. Please contact Percy at 062 872 9699.

■ Miriam Kruger, our domestic worker, is looking for work on Mondays, Wednesdays and Thursdays in Silver Lakes. She currently works for us on Tuesdays and Fridays. She is hard-working, friendly, reliable and honest. She has been working as a domestic worker for many years. I would gladly recommend her to anyone. Please contact Miriam at 079 291 9392. For a reference, contact 078 427 4830.

■ Samuel is an English-speaking Malawian male seeking work on Tuesdays and Thursdays as a domestic helper. He is hard-working, helpful, loyal, reliable and excellent with pets. He is always on time and is efficient. He is honest and trustworthy. He likes to work independently and needs little supervision. Please contact Dr Melanie Oelofsen at 084 4404 069 for further information, or

contact Samuel directly at 074 421 5144.

■ Majorie currently works in Silver Lakes Estate 3 days a week and is looking for more days to add to her work schedule. She has Wednesdays and Fridays available for ironing and cleaning. Majorie is gentle, soft-spoken and very reliable. She has never missed a day's work in the year she has been working for us. Please contact her at 084 721 5751.

■ Bee is looking for part-time, sleep-out domestic work on Tuesdays, Thursdays and Saturdays from January 2017. She is extremely reliable, trustworthy and a hard worker. She speaks fluent English. Bee has worked for me for the last five years, and she always friendly and well mannered. I would gladly recommend this soft-hearted person to anyone. Please contact Bee at 071 015 4748. For a reference, please contact 082 8077 619.

■ Pauline Mahlangu is looking for sleepin domestic work. She has 10 years' experience and references. She can cook. Available to start January 2017. Please contact Pauline at 079 054 8080.

■ Gedrude is a reliable, friendly and hard-working domestic worker. Her current employer is relocating. She seeks domestic work for Mondays, Tuesdays, Wednesdays and Fridays as from the middle of January or the start of February 2017. She is fluent in Afrikaans and English. Please contact her at 073 539 5894.

Elizabeth, a live-in/-out domestic worker, has worked for us for 4 years, but we are relocating outside South Africa and she is seeking for work from 1 February 2017. She is reliable, courteous, hardworking, passionate, responsible, and honest. She is competent in household duties such as laundry, ironing, childcare, aged care, cleaning, and housekeeping. She is very good with children and our kids love her so much that we occasionally leave them with her while we take time out at the movie theater or go to dinner. I confidently believe she will be a proven asset to your family. Elizabeth's number is 076 808 9801 and I am also available for a reference - dankinng@yahoo.com (+1 913 458 4764).

■ Fridah is looking for sleep-in domestic work 5 days a week. She has worked in Silver Lakes for 4 years and has references. She has proven to be reliable, hardworking and trustworthy. Fridah has a lovely, positive attitude and she is happy to take on all tasks. She is willing to learn new ways of doing things. Please contact Fridah at 076 234 0240, or contact William at 082 902 1131 for a reference.

■ Rose is looking for full-time, stay-in domestic employment, Mondays to Fri-

days, in the Silver Lakes area. She is very reliable, hard-working and honest. Please call: 076 566 8991 / 079 2323 126.

■ Herminah is an English-speaking helper seeking work on Tuesdays and Fridays. She is hard-working, helpful, reliable and excellent with pets. She is always on time and efficient. She is honest and trustworthy. She likes to work independently and needs little supervision. Please contact Dr Melanie Oelofsen at 084 4404 069 for further information or please contact Herminah directly at 076 063 7470.

■ Loyal, smart and friendly domestic lady is seeking work in Silver Lakes. Agnes "Aggie" Mohale has been with me for 6 years and has never disappointed. She is already registered on the gate system. I only need her 1 day a week as I am a bachelor. Please contact Arne at 071 354 1707 or Aggie at 078 247 5137.

■ Our domestic lady is looking for fulltime, live-out work for 4 or 5 days a week in Silver Lakes and surrounding areas. She has been working for me for around 20 years and has excellent references. Please contact Melanie at 083 794 0509.

■ Elizabeth is looking for a housekeeping job. She currently works for us on Mondays. Her duties include: washing, drying, ironing, surface cleaning, mopping, vacuuming, dusting, and cleaning bathrooms. Elizabeth often assists with the kids while I am working. Please contact me at 084 877 8880.

■ My domestic worker Veronica is looking for three additional days of work within the estate. She is very reliable. Please feel free to contact me for a reference. Please contact Michelle at 079 383 4631 or Veronica directly at 079 261 8688.

■ Lettie Mthimunye is looking for domestic work in Silver Lakes for Thursdays. She has been with her current employer in Silver Lakes, 3 days a week, for about 17 years. Please contact Lettie at 072 735 5868.

If you would like to advertise in the Silver Lakes Intra Muros Classifieds section please email Nicole at nicoleh@nowmedia.co.za by the 15th of every month. The Classifieds section is only available to Silver Lakes residents and there is no charge for residents of Silver Lakes to advertise here.

This Classifieds section is not for the use of businesses. If you would like to advertise your business in the Silver Lakes Intra Muros magazine, please email Martin Fourie at martin@eiapublishing.co.za.

All Classified advertisements will be removed monthly. Please inform us by email before the 15th of every month if you would like to repeat your previous advert.

Not-to-be-missed events in Pretoria in 2017

BY LEANDRI VAN JAARSVELDT

don't know about you, but I found that the first month of 2017 just flew by. Taking stock of the rest of the year ahead, we've discovered that there are loads of exciting events taking place in Pretoria this year to keep you active and entertained. Here are some of the highlights:

Starblazer MTB Night Trail Series

This unique mountain biking experience takes place on 10 February at the Wattle Springs MTB trail (corner of M30 – Grasfontein Rd – and R25) near Babsfontein. Whether you want to test your skills or just have fun with the family, this a not-to-bemissed event with more still to look forward to as Heat 2 will take place on 22 April, Heat 3 on 30 June and Heat 4 on 25 August. Enter at http://starblazermtb.weebly.com.



Sarafina

This Broadway hit musical will be brought to life in the South African State Theatre in Pretorius Street from 28 February – 25 May. The show features songs performed in the tradition of Mbaqanga, fused with jazz, rhythm, blues and gospel. Due to its local and international success as well as the importance of the story it tells, this is a must-see stage production, so make sure you make a note of this in your diary. *Tickets for the event can be booked through Computicket. Visit http://www.statetheatre.co.za for more information. Sarafina artwork by Sanmari Marais.*

Tshwane Open Golf Tournament

Taking place at the Pretoria Country Club in Waterkloof from March 2 – 5, this highly anticipated 72-hole stroke play championship will see 156 professional golfers participating. The Tshwane Open forms part of the Sunshine Tour and is co-sanctioned by the European Tour. Some of the best local and international players will compete for the R18,5m prize money. *Tickets for the tournament will be available through Ticketpro. Visit https://www.tshwaneopen.co.za for more information.*

The Grand White Pretoria

Spend an extraordinary afternoon and evening dressed in all white with just a touch of green together with friends and family on 8 April. This year's location is still to be announced, but based on its success last year, this prestigious event will undoubtedly again be an event not to be missed! During the afternoon and evening there will be delicious food, live music, speeches, comedy, entertainment, the chance to enjoy each other's company, and much more. This year will also feature a new concept, which promises that this will be an unforgettable event. Guests are welcome to bring their own picnic baskets and drinks, but they will also be able to purchase food and refreshments at the event. Tickets for the event can be booked through Nutickets. Visit https:// grandwhitedinner.nutickets.co.za for more information and to book your seat.

Pretoria National Botanical Garden Park Run

Taking place every Saturday morning, this 5km timed run is perfect for not-so-lazy Saturdays. Registration is free – all you need to do is register before your first run and after that, just bring your printed barcode with you every time that you take part. If you do not bring it with you, it's no problem, but you will unfortunately not be timed. It is ideal for the entire family and you can run or walk at your own pace – it is not a competition. For this particular park run, though, no dogs are allowed, as many animals like guinea fowl and hyraxes call the gardens their home. *Register at* http://www.parkrun.co.za/register.

More events in Pretoria:

- South African Wine Course (at Casa Toscana)
- Market @ the Sheds (at 012Central)
- Antique and Collectables Fair (at the Voortrekker Monument)
- Military Fair (at the Voortrekker Monument)
- Banting Food Market (at the Pretoria Botanical Garden)
- Cowhouse Market (Hazeldean, Pretoria East)
- Deep Roots Market (at CBC Old Boys Club)
- Friends of the Rail (from Hermanstad, Pretoria)





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