

SILVER LAKES GOLFESTATE

march | 2017

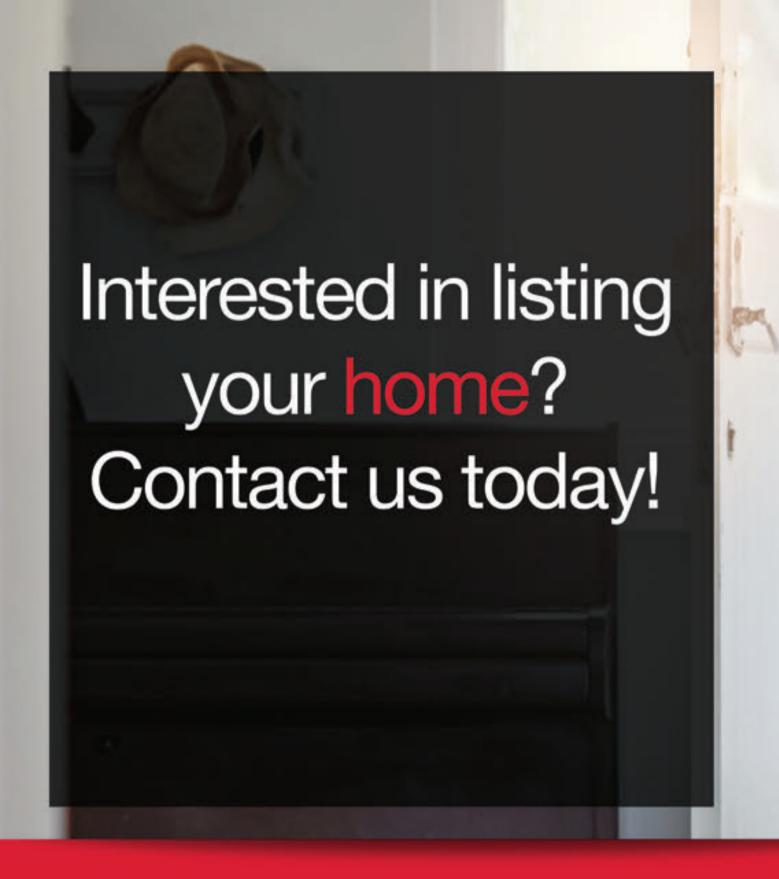
INTRA MUROS ESTATE NEWS | ENVIRONMENT | SPORT | TRAVEL | FAMILY LIFE











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DISCLAIMER

Intra Muros is a monthly magazine of the Silver Lakes Homeowners' Association (SL HOA). It is intended for the residents of Silver Lakes. It is published on behalf of the SL HOA by Estates in Africa (Pty) Ltd. Articles printed in the Intra Muros, do not necessarily reflect the opinions of the SL HOA or the Estate, the publisher, nor of the companies themselves. Neither the SL HOA, nor the publishers can be held responsible for the quality of the goods and services advertised in the Intra Muros. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form without prior written permission of the publisher.



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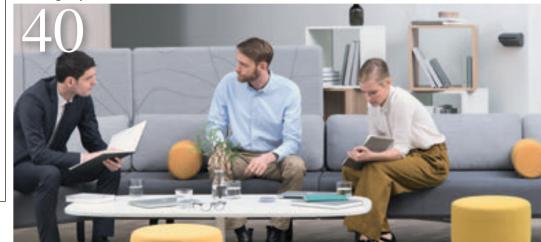
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SILVER LAKES

SHOAL CREEK 24, SILVER LAKES
Tel: 012 809 2787 Fax: 012 809 2583
www.lindabodenstein.co.za



Linda Bodenstei



Single storey townhouse in SILVER LAKES. Neat as a pin. Ideal for the elderly couple or a young couple starting in SILVER LAKES. The house consists of a separate kitchen with 3 bedrooms, large double entertaining area with covered patio and braai area. 2 full bathrooms, separate laundry, large linen cupboard and beautiful garden with outside toilet. Full north facing property. Light and bright and sunny.

Linda 082 567 7963



This is a real lock up and go property and will sell very fast. Single storey house with 3 bedrooms and 2 bathrooms. A must to view. Outside covered patio and lovely pool. Open plan living room, lovely kitchen with enough storage for a couple who need extra space.

Contact me for viewing.

Linda 082 567 7963



Buy a best seller! FAMILY HOME!!

Live in a home you can love. In the game area is this well planned open space family home. Top class finishes a spectacular view and lovely entertaining rooms linked to a patio and pool. Air cons throughout the house. Open plan kitchen with breakfast nook and scullery. 4 Large bedrooms, 2 beautiful bathrooms and lovely guest toilet. Large study and a playroom next to patio outside. Large stand. 3 Garages, outside store room and servants quarters. Natural garden in this popular game area Linda 082 567 7963

SILVER LAKES
Web Ref: 928460
R3 450 000
R3 450 000

Low maintenance face brick house in the heart of SILVER LAKES GOLF ESTATE. This is an impressive 3 bedroom house with 3 bathrooms. Spacious open plan kitchen with scullery and separate laundry as well as a pantry. On the top floor you will find a pyjama lounge and kitchenette. On the covered patio is a built in gas braai.

Linda 082 567 7963



This is the perfect home for the greater family with 4 entertaining areas, 4 bedrooms, 4 bathrooms, 3 garages, lovely layout. Light, bright and modern. A must to view. Braai area. Landscaping garden. sparkling heated pool. 4 air-conditioned bedrooms, servants quarters with bathroom. Borna as bonus to relax and enjoy. This so different house is near schools and shopping centres.

Linda 082 567 7963



EXTRAORDINARY AND IMMACULATE!! This captivating loveable sculpture offers 4 spacious bedrooms, 3 flawless bathrooms, a carefully planned kitchen with a separate pantry and scullery. Generous flowing reception rooms, quality craftsmanship, light and bright, North facing living areas and bedrooms. A sunny separate breakfast area linked to the open planned kitchen. A sparkling pool, a double automated garage.3 Luxury - sized bedrooms on the top floor with 2 full bathrooms and a sun-drenched guest room on the ground floor with an en-suite bathroom. A landscaped garden with all living rooms and entertaining areas overlooking the pool and private garden. Linda 082 567 7963

VISIT OUR WEBSITE www.lindabodenstein.co.za
FOR A VARIETY OF PROPERTIES. CLICK OR CALL.WE DO IT ALL!

IMPORTANT CONTACT **NUMBERS**

HOA OFFICE

Office hours: Monday to Friday 08:00 until 16:30 012 809 0142 info@silverlakes.co.za

Security access office: Hours as above Including first Saturday of every month from 08:00 until 11:00

SECURITY

Security Control Room (24 hours) 012 809 0424/5

G4S Security Shift Manager From 18:00 to 06:00, weekdays 24 hours Sat, Sun and public holidays 072 615 5862

CLUBHOUSE

Clubhouse 012 809 0281

Cafe 41 012 8091571

GOLF

Pro Shop 012 809 0430

EMERGENCY NUMBERS

Security Control Room (24 hours) 012 809 0424/5

Boschkop Police 012 802 1087/4

Netcare 911 082 911

Willows Hospital 012 807 8100

Life Medical Centre (near Hans Strijdom Entrance) 012 809 1004

Intercare Medical and **Dental Centre** (Hazeldean Centre) 012 809 6000

Fire Brigade 10111

Power Failure 012 339 9111

City of Tshwane Call Centre 012 358 9999

Water leaks: waterleaks@tshwane.gov.za Street lights: streetlights@tshwane.gov.za

Smart Meter Call Centre 012 943 9950 smartmeter@tshwane.gov.za



Fibre Is Finally Here

ith this, the second edition of the Intra Muros being published by Estates in Africa, our readers are hopefully settling in to the changes in layout, design and of course the return to home delivery of the magazine throughout the Estate. Your comments, suggestions and contributions to the magazine are welcomed to further enhance this publication that remains an important part of our communication system with residents, notwithstanding the digital age.

Our Golf Club Championships will take place in March and the Matkovich Group, our new golf course maintenance contractor, will no doubt be keen to impress with the course conditioning for this event. With them inheriting the unfortunate damage caused to the greens at the end of January due to an incorrect fertiliser application, Matkovich Golf Course Maintenance will have their hands full with aetting the course conditioning up to standard. We are confident that they will be able to deliver, and we wish good luck to all our golf members participating in this event.

A year ago we announced the commencement of the Telkom Fibre to the Home project and I rather optimistically stated that, by June 2016, all houses on the Estate would be able to access

this infrastructure. It is pleasing to announce that, after months of delays caused by a variety of reasons that included the rebuilding of most of the manholes in the Estate, sub-contractor changes and working carefully around the existing copper network, the Fibre network is now finally live in all three phases of our Estate. Please refer to our website for more details and application forms for Fibre services to experience the pleasures of true

March is also the last month of our financial year and we remain confident that we will be finishing off this financial year on a positive trend, notwithstanding the large water and utility bills levied by the City of Tshwane during the year that related to prior financial years. We firmly believe in delivering on our mandate from members to provide a safe and secure Estate, with a sustainable base of operations and a sound financial position.

I would lastly encourage Residents to communicate with me should there be any issues you would like to bring to our attention. Please feel free to make an appointment via my assistant Michele on (012) 809 0142 or email secretary@silverlakes.co.za.

Regards Jan



San-Karin Jacobs

Your fellow resident for the past 21 years!













My guest for the month... Cornel Bouwer



Cornel Bouwer
Attorney and Conveyancer
Prokureur en Aktevervaardiger
+27 (08)3 276 2007

San-Karin: Are there potential risks when buying a vacant plot to build your home?

Cornel: There are indeed potential risks, which should be managed and revised with your lawyer. Discuss the benefits, the advantages as well as the disadvantages of building a home on a vacant plot with your lawyer before you sign any type of agreement. There was a recent case in the High Court, which involved a developer who did not adhere to the allocated time frame in which the building should have been completed. He was faced with penalty levies and also stood the risk of losing the entire property in the process.

LIAISON MANAGER







Curriculum Vitae

Dawie Roodt





New Business Club

For Silver Lakes Residents

16 March 2017 19:00 at the Club

Guest Speaker: Dawie Roodt Topic: Uncertainty & Volatility:

Economics in 2017

R160 per person

(includes light meal & glass of wine)

Bookings no later than 12 March 2017 clubreception@silverlakes.co.za | 012 809 2110



adt is a founder, Director and Chief Sconamist of the Efficient Group.

ole is a nutrionally renowned economist, with 30 years' experience. He specialises in a Others in a numerically encounted inconcents, with Juryses' expensions, in a genuines in investment and policy and is involved with the immagament of closes susest portfolios. Sewer is nested the most referency economists in the operating and inconcent the prestigious ficonomists of the year assard by Tales Jst, a health house. He has been the arichor presenter of the tellinistion program Chillipticate for the post 12 years.

HIS CAREER INCLUDE THE FOLLOWING

- Macter's degree (com leade) in Scoro
- Economics at the South African Reserve Bank
- Prosested more than 900 television, and 2006-radio progra
- Economic editor at a financial magazine
- Columns to a number of publicat Member of BUSA as well as a NCOLAC
- Member of the Institute of Cirectors of South Africa

EVENENTS AND AFFILIATIONS

- Author of flax, Lies and find Tape, 2013
- National infours for powered paragiding
- nonorary member of Golden Key International Honour Society
- for of Child Welfare Bluemfortoin and ChildLine Free State
- Unitime honorary membership of the Zoological Society of South Africa

TROPE GAS STERRE

- Anatour ichthyslogist
- Actively takes part in a variety of sport locable diving, clay pigeon shooting, numing and ownness;
- Completed No. First Convoltes Marwillian in 2015, and No. second in 2016 Special Interest in studies about communium.
- on debut to "Babelor"

- Married to Marina, a veterinarian
- Oldest daughter, Canielle is currently busy with her PHD in Senet
- Son Kristoff, is studying Law at the University of Pretoria

Follow Streets on: (2)



CALENDAR OF **ANNUAL EVENTS** FOR 2017

Thursday 16 March **Business Talk**

Wednesday 3 May Workers get-together

Sunday 14 May Mother's Day Lunch

Friday 16 June Youth Day Fun Day Sunday 18 June Father's Day Lunch

Saturday 15 July Parent Talk

Tuesday 15 August Workers get-together

Saturday 9 September Spring Day Fun Day

Sunday 24 September Heritage Day

Tuesday 17 October Garden Competition

Tuesday 31 October Trick or Treat

Friday 24 November Christmas Celebration



INTRIGUING

Some homes arouse curiosity. A sense of wonder overcomes one to know what lies beyond lit doors and windows.

It captivates with its fascinating and compelling qualities and draws you into a world that is at once vibrant and comforting.

SEARCH FOR YOUR OWN "INTRIGUING" AT

sothebysrealty.co.za



Juanita du Plessis
082 322 3407
juanita@sirpretoria.co.za



Silver Lakes Property



Property Valuation Roll - Official public notice

We have received an official public notice from City of Tshwane, Group Financial Services Department, dated 31/01/2017. This notice is applicable to all Homeowners of our Estate. It is viewed as important and has been incorporated into this article for ease of reference. It is also communicated on our electronic systems.

Homeowners are urged to read the notice carefully – kindly note where the Valuation Roll is available, the invitation for objections, the closing date for objections and prescribed forms to use.



Our Nature Reserve Area

Awareness of our Nature Reserve Area with its dam. waterways and residential properties is important. This area is also referred to as our Game Reserve Area or Phase 3 of the Estate. (Title deed description and maps indicates it as Willow Acres Ext 3 & 4.) This area also contains a residential area within the Nature Reserve Area. Homeowners living within the Nature Reserve Area specifically invested there to experience living in a nature reserve.

There are also common areas for use by all Homeowners, and Residents of the Estate may also visit the Nature Reserve Area for game viewing, bird watching, angling, walking along the trails and appropriate picnics.

The protection of fauna and flora in the Nature Reserve Area is of paramount importance. Valid official permits are in place to keep certain types of game and to comply with the numbers allowed within the permitted 50 hectares. Our game ranger and environment director together with operations and security staff are constantly monitoring and maintaining the Nature Reserve Area.

Over the years, the vacant residential stands have been built up and the accessibility to some of the demarcated and/or common areas have become difficult. Vehicle travel is limited to the roadways only. Noise is to kept down to acceptable levels and all other forms of litter/pollution are not permitted.

The HOA is in the process of planning improved provisions for a dedicated parking facility at the u-shaped wall, with suitable walkways to the common areas at the dam.

Water Restrictions

As you are aware, the drought situation in our country necessitated the introduction of water restrictions and these have still not been lifted. In this regard, it has been difficult for all living on our Estate. We are very thankful for the welcome rainfall we have received over the past few months and our water reserves and dam levels are improving. We trust this will continue and that the restrictions may be lifted.

Thank you once again for your co-operation and for keeping the "Water Wise" awareness on our Estate alive, effective and meaningful. Remember, "Lead by example". We depend on each other.

STAND STATUS

2016			Phase 1					Phase 2			Phase 3						Summary					
	Α	Е	U/C N	U/C A	С	Α	Е	U/CN	U/CA	С	Α	Е	U/CN	U/CA	С	Α	Е	U/C N	U/C A	С	Total	
Jan	0	8	1	17	961	1	20	4	1	488	0	17	11	1	135	1	45	16	19	1584	1665	
Feb	0	7	3	13	964	1	20	4	1	488	0	17	11	1	135	1	44	18	15	1587	1665	
Mar	0	7	3	13	964	1	19	5	1	488	0	17	11	3	133	1	43	19	17	1585	1665	
Apr	0	7	3	15	962	1	19	5	2	487	0	17	11	3	133	1	43	19	20	1582	1665	
May	0	6	4	16	961	1	19	4	1	489	0	17	11	3	133	1	42	19	20	1583	1665	
Jun	0	5	3	16	963	1	19	5	3	486	0	17	11	4	132	1	41	19	23	1581	1665	
Jul	0	5	3	17	962	1	18	6	5	484	0	17	9	5	133	1	40	18	27	1579	1665	
Aug	0	5	3	17	962	1	18	5	5	485	0	17	9	4	134	1	40	17	26	1581	1665	
Sep	0	5	3	18	961	1	18	5	5	485	0	17	7	4	136	1	40	15	27	1582	1665	
Oct	0	5	3	14	965	1	17	6	2	488	0	17	7	4	136	1	39	16	20	1589	1665	
Nov	0	5	2	13	967	1	17	3	2	491	0	17	7	4	136	1	39	12	19	1594	1665	
Dec	0	5	2	10	970	1	16	3	1	493	0	16	7	3	138	1	37	12	14	1601	1665	

A	Abandoned											
Е	Empty Stand											
U/C N	Under Construction New											
U/C A	Under Construction Additions											
С	Completed											

2017	2017 Phase 1 Phase 2								Phase 3						Summary						
	Α	Е	U/C N	U/C A	С	Α	Е	U/CN	U/CA	С	Α	Е	U/CN	U/CA	С	Α	Е	U/C N	U/C A	С	Total
Jan	0	5	2	8	951	1	17	3	1	492	0	16	7	2	139	1	38	12	11	1582	1644

RAINFALL (UPDATE)

Rainfall Update

The information tabulated below has been recorded over the period (since January 1996 till January 2017) by a Homeowner residing in Phase 1 of our Estate. We appreciated receiving the rainfall data regularly for publishing in the Intra Muros.

Interesting, the average rainfall during all the January months was 148 mm – just below the average rainfall: 155 mm for all the December months over all these years.

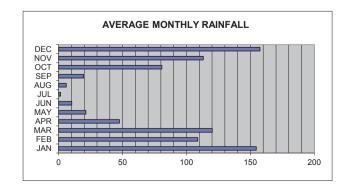
				RAII	NFALL D	DATA FO	OR PHAS	SE 1					23 Feb 17
YEAR						MON	ITH						TOTALS
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC	
1996	284	285	61	97	31	0	2	0	0	107	106	215	1188
1997	122	58	361	33	102	0	6	0	44	72	155	103	1056
1998	99	121	117	3	0	0	0	0	37	51	123	207	758
1999	123	31	86	37	37	20	0	0	4	50	88	216	692
2000	195	220	177	71	18	8	0	3	15	170	119	97	1093
2001	57	110	21	9	67	3	0	0	9	72	179	94	621
2002	76	70	18	42	11	38	0	25	5	68	29	156	538
2003	187	134	57	0	0	20	0	0	2	99	84	103	686
2004	134	255	246	53	13	11	4	0	0	29	121	286	1152
2005	236	40	66	81	0	0	0	0	0	18	117	81	639
2006	311	182	21	37	0	0	0	47	0	36	92	150	876
2007	58	41	4	61	0	38	0	0	68	197	57	147	671
2008	268	50	215	53	49	9	3	0	0	56	220	176	1099
2009	205	224	68	6	15	33	0	18	25	84	146	132	956
2010	112	78	94	151	58	0	0	0	0	32	42	255	822
2011	219	65	243	64	0	20	10	15	11	106	64	182	999
2012	56	61	96	18	0	0	0	0	112	176	72	172	763
2013	96	56	34	99	0	0	0	3	10	114	123	197	732
2014	107	140	316	14	1	2	0	14	1	40	135	172	942
2015	110	27	57	40	0	0	5	0	62	23	65	70	459
2016	191	37	165	29	46	13	2	0	5	95	239	95	917
AVERAGE	155	109	120	48	21	10	2	6	20	81	113	157	841

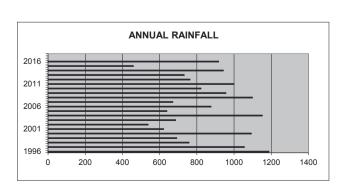
Total rainfall as recorded for January 2017 per Phase:

> Phase 1 148 mm

Phase 2 129 mm

Phase 3 110 mm





Telkom Fibre to the Home



Dear valued Silver Lakes Fibre to the Home customer

The role-out of the Fibre network in phases 2 and 3 on your estate has reached the point where the network has gone live. Some residents are already experiencing the capability of what Telkom Fibre can offer.

Phase 1 is expected to have gone live at the end of February.

Residents are encouraged to apply for their Fibre services as soon as possible.

To facilitate sign-up, the Telkom sales team will be available onsite at the clubhouse on the following dates.

Please bring along a copy of your ID and proof of residence. If you have an existing Telkom service, a copy of your Telkom account is also required.

Promotional offer

The submission of your application form for the promotional offer expires 6 March 2017. Please note that should you already have your Fibre connected and it's active, your two months' free promotional offer started at the date the service was installed. If you have already submitted your application for the free promotional offer but it has not yet been installed, you will still qualify for this offer

You will be contacted by one of our Fibre sales consultants before the two months have elapsed to assist you in making an informed decision going forward. If we are unable to contact you, we will send you an email and SMS with details to contact us.

However, please note that should we not be able to reach you by the time the promotional offer has expired, we will need to cease the service and migrate back to your old service.

You are also able to apply for the billable services by sending us an email to gcs@telkom.co.za for an application form.

Point of Entry (pipe from pavement into your home)

For Telkom to be able to install the Fibre into your home, a point of entry pipe into your home must be available from the Telkom demarcation box on the pavement. We will install the Fibre to one point in your home as long as the pipe reaches that point.

Providing this pipe is generally the responsibility of the homeowner; however, Telkom is offering to provide this service free of charge. This offer expires 15 March. We must already have your application form on file and we must be able to install the service before the expiry date.

T&Cs apply.

Week	Day	Date	Time
1	Thursday	16-Feb	16:00 - 19:00
	Friday	17-Feb	16:00 - 19:00
	Saturday	18-Feb	09:00 - 13:00
AGM	Monday	20-Feb	16:00 - 19:00
2	Thursday	23-Feb	16:00 - 19:00
	Friday	24-Feb	16:00 - 19:00
	Saturday	25-Feb	09:00 - 13:00
3	Thursday	02-Mar	16:00 - 19:00
	Friday	03-Mar	16:00 - 19:00
	Saturday	04-Mar	09:00 - 13:00

FAO

Q. Can you use your old DSL router on Fibre?

A. The router must have a WAN port and must be able to handle 100Mbps. Generally, most DSL routers are not Fibre-compatible. We will be providing a Fibre-compatible router with the installation.

Q. What happens to your existing service during the promotional period?

A. Your existing DSL and telephone service will be migrated over to Fibre from the onset of the promotional service, as long as your service is wholly Telkom, i.e. no other ISP provides you with a broadband service. Those residents who make use of another ISP need to inform their ISP that the copper network is being replaced with Fibre.

O. Can you still make use of your ISP for both broadband and data?

A. Should you wish to make use of the Fibre services, you will need to subscribe to Telkom for the broadband connection: however, you are welcome to make use of any ISP to provide you with data.

Q. Can you remain on the old copper network?

A. Your existing services will need to migrate over to Fibre as the copper network will no longer be maintained and should your service go out of order, it will not be

Q. Can you use Wi-Fi as your main connection source in your home?

A. Wi-Fi is a deregulated frequency and is mostly congested with all

sorts of wireless devices, so much so that the connectivity via Wi-Fi cannot be guaranteed. This is important to note as the location of your Wi-Fi router is vital in having a good connection.

Q. What forms part of the Fibre installation?

A. We will be installing a Fibre termination point, known as an Access Terminal Block (ATB). A Fibre pigtail is then connected from the ATB to an Optical Network Terminal (ONT), which converts the optical signal into a digital signal. A LAN cable is then connected from the ONT to the router. Your internet username and password is programmed into the router as this is what connects you to the internet. You can also set this router up to

provide you with a Wi-Fi connection. Both the ONT and the router require an electrical power point.

Who to contact

The following channels are available to you for the following scenarios:

- Fibre installation appointments and queries once you have received your Welcome to Telkom SMS Hendrik Schutte & team Landline: 012 665 0142 or 012 665 1194
- Billing and application queriesestatebilling@telkom.co.za
- General queries gcs@telkom.co.za

Telkom



MENLYN

nenprop@mweb.co.za | www. menprop.co.za



082 653 6615



SILVER LAKES GOLF ESTATE





ON THE GOLF COURSE!!!! STYLE AND ELEGANCE is what you experience entering this spotless Exclusive Property. 5 Bedrooms, (3 being en suite.) All the bedrooms lead to balconies, 4.5 Bathrooms. The Master bedroom suite with Private lounge is a dream to relax in. 5 Living areas, office/study. Real Entertainers dream. Gourmet Kitchen, scullery and laundry. 3 Garages plus parking for 4th Vehicle, Sparkling private Pool. Domestic Quarters, Aluminium Window Frames, Aircons, Underfloor Heating, Central Vacuum System.



PRICED TO SELL!!! Modern Finishes, Exclusive Tiles, 3 Spacious open plan living areas, ideal for the entertainer. The Living area has a beautiful Bar area and leads to the pool with stackable doors, ideal for Indoor-Outdoor living lifestyle. 3 Bedrooms, study, 2 Bathrooms. Double Garage plus storage area. Modern open plan kitchen with scullery. Aircons in all the bedrooms and entertainment area.



LOCATION LOCATION, ON THE GOLF COURSE. 4 Bedrooms, 2.5 Bathrooms, Study, 3 Spacious living areas, fireplace, open plan kitchen and big scullery. Covered patio with view on the golf course. Big balcony to enjoy the view. Double garage. Ample parking.



MODERN REFURBISHED SINGLE LEVEL FAMILY WITH LOTS OF LIGHT

4 BEDROOMS, 3 BATHROOMS, ALL EN SUITE. Winter and Summer Covered patios, Boma Braai, Sparkling pool, walled child-friendly treed garden. Open plan living areas to kitchen with Big Scullery and Big walk in Pantry, Gas stove, Fire place, Aircons, Skylites, Blinds. Double Garage plus Extra parking for Golf Cart, etc. JUST MOVE IN!!!!!!!!!!!!



NEED SPACE FOR THE KIDS??? On the golf course with big child friendly stand. 4 Bedrooms, 3 Bathrooms, Spacious open plan living areas, Entertainers Kitchen serving the patio and braai area. Sparkling pool in a walled Big Garden. Double Garage, Ample Parking. Domestic Quarters. Don't let this one slip away.

Silver Lakes Bird Club

PHOTOGRAPHER RICHARD DOWNING

since the Bird Club started last year, it has gone from strength to strength. We have had numerous speakers since its inception on 9 June when we had a presentation by Faansie Peacock on "Avian Awesome". Faansie has written six books. He is also a talented bird artist and his books feature more than 2 000 of his paintings.

On 2 February, the first meeting of this year, we had a remarkably interesting and informative presentation on "The Miracle of Bird Migration: Great Journeys of the World's Birds" by Philip Calinikos, the Chairperson of BirdLife Northern Gauteng.

This year, we are planning to have a couple of field trips. One will be at

Silver Lakes and the other possibly at Rietvlei Nature Reserve. All bird lovers or those who love being out in nature are welcome to join us on these fun-filled outings.

We have started a Facebook Page – Silver Lakes Bird Club – where all the information of the Bird Club's events will be posted.

We also have a Facebook Group – Silver Lakes Bird Club Group – that all avid birders are welcome to join. Feel free to make comments and upload your photographs. We look forward to hearing from you and seeing all your beautiful birding photos.

Kathryn Downing Chairperson Silver Lakes Bird Club

Southern masked weaver



Martin Hayward 083 452 5599 martin@ikonic.co.za



Zona-Lize Hayward 083 452 5588 zhavward@ikonic.co.za





Experience fine & exclusive Golf Estate Living in this luxurious and modern family home - designed with comfort in mind. Situated Experience fine & exclusive Goff Estate Living in this luxurious and modern family home - designed with comfort in mind. Situated in a prime position on the goff course with engaging views of the fairways. Featuring a dramatic and welcoming double volume entrance, 4 lavish and expansive reception areas – ideal for indoor and outdoor entertaining, private home theatre, study, fitted bar area and modern and spacious open plan kitchen. Frameless glass stacker sliders open onto sun splashed pool, private landscaped garden and patio area. Also on offer is 5 generous bedrooms, 4 well equipped and spacious bathrooms including a luxurious first floor master suite with private balcony and engaging views. Staff accommodation, 3 automated garages and storeroom. SPECIAL FEATURES: Air-Conditioning, Automated Irrigation, Established Kio pond

Zona-Lize 083 452 5588



The magnificent modern architecture of this family residence with special emphasis on light, space and stunning views of the fairways, echoes the spirit of uncompromised quality and the ultimate lifestyle. The house boasts flowing living areas, entertainer's patio, study with fire place and a gourmet kitchen equipped with state-of-the-art appliances and 4 en-suite bedrooms. This exclusive home is a symphony of glass and aluminium with custom made interior fittings that match the design.

Zona-Lize 083 452 5588



Enticing family home boasting stylish elegance coupled with loads of ambiance and quality finishes throughout. High ceilinged entrance welcomes you to large open plan reception areas with fold away doors on both sides opening seamlessly to a very private reception areas with fold away doors on both sides opening seamlessly to a very private and exclusive entertainment area with welcoming pool and built in barbeque – set in a beautifully manicured landscaped garden. Cosy and sunny dining room area with fireplace overlooks the private pool area. Modern open plan kitchen with ample cupboard space and separate scullery. Also on offer is 4 bedrooms and 3,5 beautifully finished bathrooms - consisting of a lavish main bedroom suite with stunning bathroom upstairs and guest suite downstairs. Staff accommodation and 3 automated garages with ample parking, Special Features, Air Conditioning, Two Fire Places, Irrigation



Beautifully maintained and well-presented family home, enhanced by loads of ambiance, character and attention to detail. Situated in a very quiet street in the heart of Silver Lakes Golf Estate, A comfortable family residence offering 5 spacious and flowing reception Golf Estate. A comfortable family residence offering 5 spacious and flowing reception areas, well fitted solid cherry wood kitchen with ample cupboard space and separate scullery. Boasting quality wood finishes throughout. Large enclosed entertainment area opens up with sliding doors to sun splashed heated pool, child friendly established garden and separate covered patio. Also on offer is 5 fully air-conditioned and spacious bedrooms with a private guest suite, 5 beautifully finished bathrooms (MES) and study. 3 Automated garages and staff accommodation. SPECIAL FEATURES: Air-Conditioning, Fire-Place, Automated Irrigation, Solar Geysers, UV Tinted Windows

Zona-Lize 083 452 5588



Enjoy peace and tranquility in this family inspired home. Beautifully presented throughout with modern fixtures and fittings. A double volume entrance welcomes you throughout with modern fixtures and fittings. A double volume entrance welcomes you to generous and flowing open plan reception areas, a study, an entertainer's patio with boma-like barbeque and a sun splashed pool set in a tranquil, private, secure and a child friendly garden. A modern kitchen with separate scullery and ample workspace. Also on offer are five spacious bedrooms (three en-suite) and 4,5 bathrooms, double automated garages, 2 storerooms, visitors parking and staff accommodation.

Martin 083 452 5599



PEACE AND SERENITY. A unique one-level family home (500 sqm) with loads of ambiance react and Section 1. A unique or inerver aimly notine boos apin, with loads or a library offering privacy with uninterrupted views of the game reserve area in the prestigious Silver Lakes Golf Estate. Situated on a large stand (1462 sqm). The home features 3 expa sive living areas, study nook, 4 spacious en-suite bedrooms and 4,5 beautifully finished bathrooms. Modern open plan kitchen with Caesarstone countertops, ample cupboard battilouins, mouter typen plant inclient with Casanstone Counter(type), anjue cupboaut space and separate scullery. Enjoy sundowners and game viewing on the large extended veranda that leads into a child friendly garden with sun splashed pool and boma. The property also offers 4 automated garages and staff accommodation.

Martin 083 452 5599



Enjoy a relaxed and secure lifestyle in this charming and spacious one level townhouse. Light and bright with spacious open-plan living areas, delightful and modern open plan kitchen with separate scullery, ample cupboard space and Ceasar stone counter tops. Covered patio extended by a wooden deck leads into small and private garden. Also on offer is two sunny bedrooms (MES) with two newly renovated bathrooms. Double automated garages

Martin 083 452 5599



Light and bright !!! Newly renovated one level townhouse. Situated in the exclusive Silver Laght and bright #: Newly relivorate of the even committees. Studies of the text success of the text succe (MES) and two full bathrooms. Double automated garages.

Martin 083 452 5599

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News From The Mature Golfers Playing At Silver Lakes

he Mature Golfers started 2017 off on a high note with 51 golfers arriving at Silver Lakes to play on the first Thursday in January 2017 this is a record attendance as we generally have between 35 and 45 golfers playing every Thursday morning. It is pleasing to report that we see new faces joining us on a regular basis and now we have 110 golfers as members of our social club.

The Mature Golfers are known to many as those old chaps playing in green shirts. Since that brand is no longer available, we have had to change and now also play in our great new blue shirts. Please look out for us on the golf course.

A few of our regular Mature Golfers have recently been elected to our Organising Committee. The committee members are now: Theo O'Neil, Eugene Visagie, Jannie van de Watt, Doep du Plessis and Sid Pretorius. The golfers who previously served on the committee, namely Steve Greyling, Danie Smit, Braam Venter and André Meij are thanked for their loyal service and valuable participation over the last few

Please note that the Mature Golfers play every Thursday morning at Silver Lakes. We do the draw at 06h45 and tee-off from 07h00 - from both the 1st and 10th tees. The competition remains healthy with different winners emerging every week. We play three different formats during each month, namely individual stableford, betterball and fourball alliance, to make the game more interesting. The Mature Golfers have supported Silver Lakes throughout the temporary green phase during January and will continue to promote the golf course as the best in Pretoria.

All senior male golfers over the age of 55 are welcome to join this social group of old boys for a weekly enjoyable and

competitive game of golf. You need not be a member at the Silver Lakes Country Club or reside at Silver Lakes to participate. No membership/joining fee is payable to become a member/regular player of the Mature Golfers group. The objective of our social club is to provide a rewarding golf outing to mainly the retired guys at a very reasonable green fee.

You need just put your name down at the Silver Lakes Proshop (012 809 0430) before midday on a Wednesday if you should wish to play on the Thursday of that week.

The Mature Golfers are planning some exciting events during 2017, so please do not miss out on the fun-filled challenges of this year.

Looking forward to another great golfing year.

Theo O'Neil - Captain of the Mature Golfers.

MATURE GOLFERS - 05 JANUARY 2017

NAME	PLACE	2-CLUB		
Jannie Jacobs / Johan Cilliers (46)	1st	Fernando Vieira		
Rolf Hauter /Jannie Duvenhage (42)	2nd	Klaas Heystek		
Eugene Visagie	NTP # 9	Francois Booyse		
Nobody	NTP # 13			
Fernando Vieira	NTP # 16			
Eugene Visagie	NTP # 18			
Johan Myburgh	NTP # 3			

MATURE COLFERG. 12 JANUARY 2015

MATURE GOLFERS - 12 JANUARY 2017				
NAME	PLACE 2-CLUB			
Doep du Plessis (54)	1st Jannie Jacobs			
Tim Toman (51)	2nd Rick Newson			
Jannie Jacobs (50)	3rd Klaas Heystek			
Doep du Plessis	NTP # 9 Doep du Plessis			
Rolf Hauter	NTP # 13 Leon Nolle			
Nobody	NTP # 15 John Barker			
Piet Skinner	NTP # 18			
Klaas Heystek	NTP # 3			

MATURE GOLFERS - 19 JANUARY 2017

NAME	PLACE	2-CLUB
Sakkie Kirsten / Derick Foster /	1st	Derick Foster
Rick Newsome / Tim Toman (122)		Danie Smit
Danie Smit / Pieter Grey /	2nd	Amie van wyk
FX Roome / Steve Greyling (114)		Doep du Plessis
Derick Foster	NTP # 9	Gunther Körfer
Doep du Plessis	NTP # 13	Hugo Pretorius
Nobody	NTP # 15	
Rolf Hauter	NTP # 18	
Derick Foster	NTP # 3	

MATURE GOLFERS - 26 JANUARY 2017				
NAME	PLACE	2-CLUB		
Niek Hollander (57)	1st	Braam Venter		
Rick Newsome (51)	2nd	FX Roome		
Vincent Mascini (49)	3rd	Manie de Clercq		
Braam Venter	NTP # 9	Fernando Vieira		
Nobody	NTP # 13			
Nobody	NTP # 15			
Fernando Vieira	NTP # 18			
Nobody	NTP # 3			

l am Silver Lakes & Surrounds

Please contact me should you wish a free market related valuation of your property.



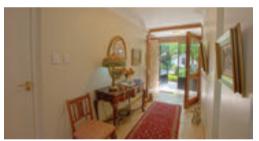




SILVER WOODS ESTATE / R7.9 million

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SILVER LAKES GOLF ESTATE / R3.9 million

4 Bedrooms / 3 Bathrooms / 3 Garages

This very neat, low maintenance home is completely wheel chair friendly and offers a stair lift and wider door openings. Rooms are spacious, offering a dazzling kitchen and an enchanted garden for year round pleasure.

I am **Inge de Klerk**

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Leopard Research Project

Here's some more information relating to the Shelanti Leopard Research Project, one of the main recipients of the fundraising golf day that will be held on 28 July 2017 at Silver Lakes.

BY CHRIS PIEARS

he leopard population at Shelanti has never been monitored or determined and no information regarding the genders is available. However, the conservation area has been turned into an ecotourism establishment. The protected area comprises 17 500 ha and is enclosed within an electrified fence. Free movement of leopards occurs to neighbouring farms and it is feared that some of these leopards could be used for trophy hunting despite the present moratorium that has been placed on leopard hunting. Leopards continue to be removed from surrounding areas and the effect of this on the core population will be monitored, as is already being undertaken in the Limpopo Leopard Conservation Project.

The Shelanti Leopard Project plans to provide data on leopards that exist within a conservation area consisting of mountains, flatlands and numerous drainage lines. The size of the reserve and the diversity of its habitats make it an excellent area for a representative survey and study on the existing wild leopard population.

As stated in the previous issue, no carnivore research has previously been conducted in this conservation area and recent comments by the DEA have shown that data on leopards in South Africa is lacking.

Under normal circumstances, wild felines make themselves unavailable for traditional research methods. Only lions and cheetahs, by virtue of a selection of open habitat, can be observed and studied directly. All other felines must be observed indirectly. The Shelanti conservation area has a variety of habitats in which leopards could live, thus making it an ideal environment for studies.

The members of the research team have previously been involved in a similar project in Namibia, and the knowledge and insights that were gained have provided conservationists with new information. The Shelanti project intends to follow similar protocols to the Namibian project, which has been in operation for a period in excess of 8 years.

According to Skinner and Chimimba (2005), leopards are solitary animals except while mating or when a female is accompanied by juveniles. This is the common understanding with leopards and there is little information regarding the influence solitary members have on the population, and on other solitary leopards as well as whether or not the interaction between the two is influenced by a relationship. According to Partner (1999), female leopards commonly stay close to the natal areas (where they were born) throughout their lives and males remain close to the

natal range for a while before moving away to set up a permanent range elsewhere. This information indicates that leopards may have a very tight social structure based on territorial behaviour. This is as yet not fully understood - the social structure could influence the balance of genetic diversity and survival rates within a population that could be negatively affected if an individual was for some or other reason randomly removed or dies.

Individual leopards identified and monitored must be placed into a category within the population to understand the population dynamics and behaviour of each animal. A classification system for these categories will be formulated and individual animals will be placed into these categories based on age and gender.

Each month an update will be published on the project and what we hope to achieve at the Golf Day Auction.



For further information, please visit; www.shelantileopardresearch.co.za





2017 Environmental Report

s it is still relatively early in the year, I would like to give you a brief summary of what happens on the Estate, and in particular in the Environmental Portfolio.



But before I start, I would like to share something personal. If there is one thing that I believe in life, it is "kindness is a language which the blind can see and the deaf can hear". Whenever I think about Silver Lakes and its people, it is mostly this kindness that I get to deal with since my portfolio deals with soft issues – thank you all!

Another 'little something' is that I listen to Susan Boyle when I write my articles. I do not know if any of you follow talent shows, but on Britain's Got Talent a few years ago a little 'old lady' in her church clothes got onto the stage and said she wanted to sing like Elaine Page and started singing 'I Dreamed a Dream'. This was the beginning of a recordbreaking singing career at the age of 50. Her story inspires me to write my articles since it is not something I am good at, but I believe I need to keep you all informed about what is happening in my portfolio.

Now, back to our Environmental Portfolio. From articles over the past years, you would have realised that the Environmental Portfolio is an immense portfolio that embraces the whole of Silver Lakes and its surrounding environments

When we do our work, we maintain, develop and investigate. We focus on:

- Developments around the Estate, such as the new Hazeldean node to the east of us:
- Entrances, roads and streetscapes inside the Estate:
- The golf course, the Estate gardens, the natural environment such as the game reserve and its animals, and our dams
- Interaction between our Estate and the developments around us, such as linking security efforts;
- Working together, such as on the Race of Faith;
- And, in my opinion, our most important assets – our people and social interactions

It is, therefore, with great humility that I say thank you to all the many people who help me do the work we get done in Silver Lakes. Thank you to all the HOA staff and all the members on the various committees. I really appreciate all your inputs and efforts to be part of the Estate in your personal capacity as caring members of our community.

At least we do not only work on the Environmental Team, we also have some fun! Ollie took our workers who had never seen the sea before to the coast for a weekend last year.

Feedback from last year's environmental activities, highlighting some of the work the Environmental Team does:

 Our team is continuing with the implementation of the <u>Environmental</u> <u>Management Plan</u> as set out at the 2016 AGM.



Some issues needed to be dealt with before full implementation of the proposed Environmental Management Plan could be rolled out in the different departments on the Estate. One of these was the **Estate's water usage application and licence.**This was successfully finalised with

This was successfully finalised with the Department of Water Affairs and Sanitation, and all water usage on the Estate now complies with the relevant legislation.





After receiving the report and with full assistance from the Department of Water Affairs and Sanitation, we could proceed agreed, a bit late in the season, but this will be rectified in 2017 – with erosion protection as well as cutting and removing the reeds in the

Our single most important matter at hand is to carefully monitor the **Silver** Lakes Outfall Sewer proposal by the City of Tshwane, which involves installing a new sewer line through the Estate, to ensure the Estate is not disrupted by such plans. After being told that we are not an 'interested party' since only phase 1 is currently being implemented, we have had several meetings with the municipality to establish the possibility of phase 2, the Silver Lakes outfall sewer, being built as well as the timelines and to establish that we ARE an affected party since implementing phase 1 logically leads to phase 2. We have appointed engineers and environmentalists to assist us with questions and issues we have regarding the implementation of the suggested outfall sewer. It is not only the available time we have to investigate, which might be very short, but also the environmental impact that worries us - the socio-economic impact might be enormous. What if the golf course has to close for a year or even up to 3 years? Will the golf course be closed? With a nearly 2-metre wide sewage line going through the Estate, the work area will ultimately be about 10 metres. This will then have an influence on the club, our experience of Silver Lakes, and much, much more. People will possibly lose jobs on the golf course, in the club, on the HOA. Our property values may also decrease.

For this we need to investigate ALL the avenues open to us to salvage our Estate from any negative impact, making sure the City Council has explored all means, routes and manners to minimise the impact on the whole area. We will positively investigate all routes open to us to make sure what is done is best for Silver Lakes.



We are monitoring **developments** around the Estate and the impact thereof on the Estate. This includes the above-mentioned Silver Lakes Outfall Sewer line and the off-ramp for the new N4 highway intersection, claiming a 0,3 ha portion of the game reserve on the north-eastern border. With the development of the Hazeldean Node, dubbed "The East Capital", this R44 billion project adopted and approved by the Tshwane Metropolitan District is being developed by the Hazeldean Consortium, comprising development giant Abland and Sable Homes. This issue has been brought to our attention and we have made calculations regarding the impact on the size of the game reserve. Even if it has no impact, we will negotiate to either leave our wall intact or erect a 'soundproof' wall. These negotiations have not yet begun, but we are constantly in touch with the parties involved.



Continuous maintenance and development of our **Estate gardens** are done with the assistance of The Garden Group. We have replanted several flower beds after the revamp of the entrance gate at Silver Lakes Drive and will continue with this revamp. We plan to upgrade the fountain at this entrance and replace all the non-themed plants with similar plants that form part of our existing planting theme. Normal maintenance and developments in the past year included finalising most of the gardens of the club, boulevards and entrances. The first of the corner signature planters and signage were installed at the Pebble Beach corners with Glen Eagles and the one in Muirfield is currently under construction. The rest will follow next year, together with some more upgrades of boulevards and the various entrances to and within the Estate as the first points of entry to the Estate. ClearVu-type fencing for the entrance gates are in the pipeline, together with replacing the fencing around the children's play areas.





As part of our programme of Renewal of Signage on the Estate you will see the first of the disclaimer boards and other signage going up as this Intra Muros is going into print. After going through the process of establishing the corporate colours and designs of signage on the Estate, these were made as a first priority. The rest of the signage will be coming up through the rest of the year.



As we are going into a third year of major developments on the Estate, we are nearing the last of the building and other necessary disruptions around the clubhouse and on the golf course. The last phase of the irrigation is due to be installed in 2017 and the halfway house, one tennis court and children's play area will be developed during 2017. At the same time, the final gardens around the club will be planted. For example, the always neglected islands in the parking area will be raised and erigeron and roses will be planted in these flower beds to match the rest of the clubhouse gardens. The swimming pool gardens will also be restored after the completion of the new halfway house.





The a new halfway house will be built in the position of the current, temporary halfway house as shown in the photos. The architecture is to match the view on the left – that of the existing restaurant. In the accompanying image you can see an architectural drawing of the proposed halfway house.





By the time you read this article, the new pergola on the upper terrace will also be installed and in use. As I always say, planning and excecution of a project takes time when one works with the funds of 1 645 people.

- In the **Game Reserve** we have made major inroads into seeding veldt grass and are trying to eradicate weeds. In just the first week or two of this year we have removed more than 400 large refuse bags of pom-poms – a Brazilian weed that was brought into the country in the 1970s as an 'ornamental' plant.

We will have another veldt report after our 3rd year of trying to improve our veldt conditions for our game. At the moment we have 119+ head of game:

- 11 Kudu
- 15 nyala (could be 17)
- 28 impala
- 17 springbuck
- 16 blesbuck
- 3 common reedbuck (maybe even 4)
- 7 mountain reedbuck (could be 8 as I suspect another small lamb is still hiding)
- 2 waterbuck (female visibly pregnant)
- 3 sable bulls

As Douw, our game ranger says: "The small stuff is very difficult to be accurate on as the number could be more. I therefore give you minimum numbers."

- 5 Bushbuck (could be as many as another 9 in Phases 1 and 2)
- 6 Steenbok
- 6 Grey duiker (at least 5 more in Phases

Part of the plans for the game reserve include developing the entrance gate and the dam wall area. This is an area used by the fishing club and people wanting to have some peace and quiet from the city life around us. Since the open stands where parking was allowed have now been built on, new plans will be made. All these issues will be discussed in open meetings with the homeowners of the game reserve, together with ANY other homeowner who wants to discuss this area. We will have meetings advertised and the issues discussed, either on the Environmental Committee or in an open forum.

- We have two standing committees:

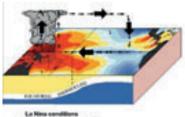
The Environmental Committee and the Architectural and Aesthetic Committee. These committees cover all the aspects of the portfolio and we want to urge homeowners to come and take part in the meetings. The committees sit once a month on the 1st and 2nd Tuesday of every month, with the exception of school holidays or public holidays.

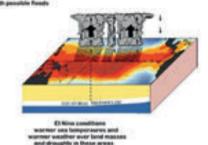
- Some curveballs this past year:

Everybody will remember the curveballs of the past year - first the drought and then the floods of 2016. Both these events caused



major costs, for example with repairing the damages of the floods and feeding the game. Some costs will be recouped from insurance, others not.





The high water and electrical bills of the past vear also cut into the development funds and some projects such as the tennis courts had to stand over until this year.

- As per the Master Plan of 2016, the following are still being developed around the clubhouse:



- Building of the **halfway house**
- One tennis court in 2017
- The **service road**
- Moving the **generator** away from the play area and the front of the club
- Developing the new children's play area.

Other projects:

- Finalising the $\underline{irrigation}$ and other projects on the golf course
- Working together with a new service

- provider, Matko, on the golf course Development of our **Streetscapes**
- And a project particularly close to my heart – developing the Workshop area. We have cleaned it up and painted it, but our staff accommodation is still not up to standard. This upgrade is not in the budget and I have put in a resolution to 'earn' R 50,00/month from each homeowner to be able to finish this project in 2017. Please support this resolution.





Social:

On the social calendar, we have our regular events such our very popular Valentine's Day, Mother's Day, Youth Day and Spring Day. Have a look at the calendar of events elsewhere in Intra Muros and join us at these events!



Our first ever Silver Lakes Charity day will

be held on 28 July! We are planning to have this event every year and therefore we want EVERYBODY to join in the fun. There will obviously be the usual golf day, but we also plan great fun for the whole family! There will be jumping castles, dancing and great food - and, of course, the auction to raise funds for our charities! We have had offers of memorabilia and weekends away, safari adventures, joining the team who tracks the leopards – all donated to be auctioned for the charities. Come and join us on Friday 28 July and enjoy the fun!

Clubs:

In 2016 we started a Bird Club which has had several very successful meetings already.

The Wine Club and Business Club will be kicking off in February/March of 2017.

Keep your eyes open for the articles in Intra Muros and our advertising at the gates!

Together, the Environmental Team will continue with the work of upgrading our streetscapes, more specifically below-standard sidewalks. It is therefore with great excitement that we as the Environmental Team look forward to 2017 to take on the challenges. finish some of the projects we are still busy with and implement the new ones.

Thank you to all Silver Lakers and our teams for making this a wonderful estate.

We'll help you to make the right move.



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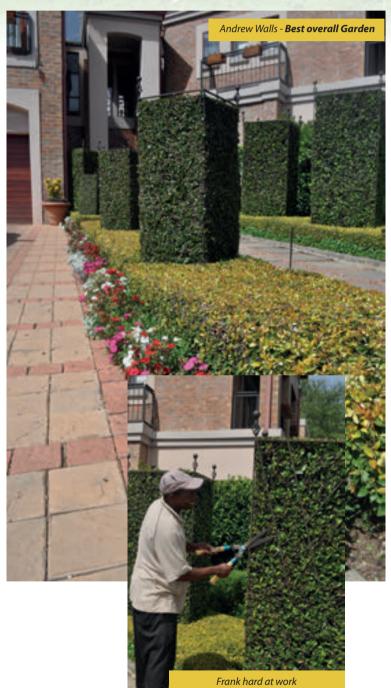
Gina Olivier 071 683 4765 gina.olivier@seeff.com





Silver Lakes Garden Competition Winners:

BY CORLIA MATHEWS













An Avid Gardener -Tannie Betsie Schoeman

BY CORLIA MATHEWS

hen talking about the Silver Lakes Garden Competition, it is synonymous with one person's enthusiasm for her garden. Tannie Betsie Schoeman has the beautiful aquamarine house with the luscious garden in Nicklaus Street. You can just lose yourself in her beautifully-manicured garden. She and her helpers have made this a garden of love.

When she was asked by the City Council to remove the concrete balls from her sidewalk, she used them as a feature in her garden. When a tree or branch dies in her garden, she uses the wood the same way. When she has an 'ugly' wall, she and her helpers build a little wall out of roof tiles to create a beautiful little colour garden! When she tried many years ago to plant a vegetable garden, only the insects and birds had fun eating all the wonderful goodies she had planted for them, she even managed to use the structure for a detailed garden within the main garden.

It is reminiscent of a 'fairy garden'. As I walked with Tannie Betsie through her garden, with her explaining all her love for every single area, I could almost envisage a little fairy perching on a branch, watching us.

It was no surprise to learn from Tannie Betsie just how important her family is to her. She lives for them. She has four married sons and her grandchildren visit every so often. I can just imagine how much fun they must have visiting this beautiful granny of theirs with her fairy garden and house full of memorabilia of her family.

Once you get inside Tannie Betsie's colourful house, you realise what is important to her. Family and colour. She has photos and paintings on nearly all the walls. Walking through, she can tell you the history and who's who of every photo.

She and her whole family are not only musical but also very artistic. Paintings and drawings by her mother and father, herself and Ruaan, one of her sons, are part of her wall décor. The piano has photos of her in choirs and performing with her sons. Certificates and medals of musical events suggest a person busy with all the finer things in life – art and music – but always with her family. Even now that all of them have married, if there is news, good or bad, they pop in to mom and dad to tell them the news personally.

To keep herself busy after her sons left home, Tannie Betsie sang in choirs until recently. She still organises reunions (she was head goal thrower of her korfball team at school) and tends to her beautiful garden.

We know her as part of our annual Garden Competition and, as with all the years before, Tannie Betsie has won another certificate for her beautiful garden. She already has 17 certificates and photos of her at the Silver Lakes prize-giving hang on a wall in her home – with another to be added soon.

Tannie Betsie met Oom Fanie, her husband, met on a blind date many years ago. They married in October 1958, had their four sons, of whom they are extremely proud of, and now live in Silver Lakes for as many years as we can remember. We would like to say thank you to them for taking part in our events and for sharing their story with us.

Written with love and hugs about a very special lady, Tannie Betsie Schoeman, by Corlia Mathews.





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The Beauty of Bulbs

Every gardener is familiar with these beautiful plants. Most of us probably have them in our own gardens!

BY ELIZE MALAN

nterestingly, the description "bulbs" can include corms, tubers and tuberous roots. Let's take a closer look at these beautiful plants.

South Africa has more than 2 000 different indigenous bulb species. The exotic bulbs planted in South African gardens are hybridised to produce the best blooms and are quite well adapted to the local climate. Some more bulbs, suitable for local gardens, will be discussed in part 2 next month.

SPRING BULBS

Buy your spring bulbs in autumn and keep them in the fruit drawer of the fridge until the soil temperature drops. Spring bulbs prefer to be planted in cool soil and have to be kept moist (not wet) at all times. Plant according to the instructions provided on the packaging (not too deep and not too shallow).

"Flower carpet" Daffodils

They can be planted in full sun to light shade and will flower from July to September. Due to our hot, wet summers, Daffodil bulbs need to be lifted after flowering and stored somewhere cool and dry. Even with careful handling, the results the following season can be disappointing. For this reason, I prefer to treat all spring bulbs as annuals and discard after flowering.

Ranunculus/Anemones/Dutch Iris

These prefer to be planted in full sun from April to June. The plants will produce flowers

from July until October, particularly the Dutch Iris. Grow some in the vegetable patch and use as cut flowers. Discard after flowering.

Tulips

These bulbs are only available towards the end of May. They are temperature treated and must be planted soon after receiving them. Cool, moist conditions with good light intensity will produce beautiful flowers. Discard after flowering.

SUMMER BULBS

These bulbs become available at the start of spring and can be planted from September onwards when frost damage is unlikely.

Dahlias

These flowers are once again all the rage and can be planted from late September. The flower size can be less than 2cm up to the size of dinner plates, depending on the variety. The corm is planted in well-composted, moist soil and will need full sun and at least 25mm of water per week to provide an abundance of flowers throughout summer.

Tuberous Begonias

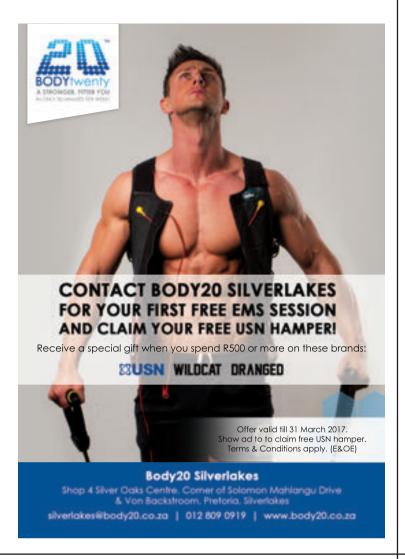
As flowering shade plants, these are star performers. Begonias will grow best in morning sun and afternoon shade. Keep water away from the leaves when irrigating and be careful of overwatering the plants. Tuberous Begonias are neat, often perennial plants and will flower throughout summer.

Amaryllis (Hippeastrum)

Do not confuse Hippeastrum with our indigenous Amaryllis belladonna (March Iily). Although both belong to the same family, they require different growing conditions and flower at different times of the year. Hippeastrum are easy and rewarding bulbs to grow. Originally from South America, they need moist, warm growth conditions to grow well. Within six weeks after planting, the bulb will produce a tall flower spike. The plant will continue to flower during summer for years to come. (My pink Hippeastrum bulbs have been growing in the same spot in the garden for seven years.)



the garden group





Dr. Marcel C. Niemandt

MBChB (Pret), FCOphth (SA)

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A Legend on Two Wheels

Famous for its premium status, high quality, eye-catching design and finishes, an Indian Motorcycle is in a league like few other.

BY LEANDRI VAN JAARSVELDT

t's for the rider who wants to stand out from the crowd. It's the embodiment of knowing yourself completely, of being comfortable with who you are and having nothing to prove to anyone else. It's for the rider who wants to "be his own legend."

This high-end, fully customisable brand of motorcycles boasts a state-of-the-art Ride Command system with large touchscreen display, an easy-to-use interface, customisable information displays, advanced vehicle data (such as being able to monitor individual tyre pressure, and much, much more), cell phone integration, Bluetooth audio - and the Indian Motorcycle is specially designed so that you can work all the switches and commands with your gloves on!

Five years ago, Leonard Myburgh, the man responsible for the beautiful artwork on our featured motorcycle, gave up his day job to pursue his passion – art and motorcycles. And he has done this in the most creative, most amazing way imaginable. He has managed to turn his passion into a business - Custom Studio!

When asked why he decided to do artwork on high-end motorcycles, he elaborated on his passion for them. He mentioned the freedom you feel when riding a motorcycle. He says that owning a bike says a lot about who you are – it can reveal much about your personality. Keeping in mind that he has the soul of an artist, it is easy to understand how he managed to combine his two interests. Using the design and the marketing skills he learned from his previous employment, he produces works of art according to what the customer wants - each art creation is completely unique and inspired by the customer.

Because he prefers the beauty and style of high-end motorcycles, he regularly does custom airbrush artwork for Cardinals/Indian Motorcycle. He uses the best quality products that he can get (such as IWATA airbrushes, and Standox, Repello and DNA paints) because, as he says, every motorcycle that he does contains a piece of his soul.

Background of Indian Motorcycle

Indian Motorcycle, originally known as the Hendee Manufacturing Company, was started in 1901, making it America's oldest motorcycle brand. It was the best-selling motorcycle brand in America in the first half of the 20th century. It was also the largest manufacturer of motorcycles in the world in the 1910s. The most popular models were the Scout and the Chief V-twins, which were introduced in the 1920s they had a reputation for strength and reliability, which persists to this day.

Indian Motorcycle, being associated with adventure and power, also has a heritage of racing. In 1911, IM's factory team took part in the world-famous Isle of Man TT race - and took 1st, 2nd and 3rd place!





Each bike can be individually customised with air brush art and numbered individually as seen on the tank of this Indian Scout.

Below are the specialised leather saddle bags that were chosen by the proud owner of this special Scout.



Indian Motorcycle today

In April 2011, Polaris Industries, the leading US manufacturer of the powersport industry, announced its intention to acquire Indian Motorcycle and production began on 5 August 2011. Indian Motorcycle was introduced into the South African market in 2014 by Stratus Motor Corporation, who are the distributors for Polaris Industries' motorcycle division in South Africa, headed up by Bryan Berger.

In March 2013, Indian Motorcycle unveiled their new 111 cubic inch Thunder Stroke engine, which they began selling in their Chief and Chieftain series in August of the same year. With the expansion of their range, they introduced the Dark Horse and the Roadmaster while also re-introducing the Scout - voted the 2015 Motorcycle of the Year by www.motorcycle.com. Other models currently available are the Chief Classic, the Chief Vintage, the Springfield, the Chieftain and the Scout Sixty. They will be launching new models this year to complement the existing range – so if you're a motorcycling enthusiast, make sure you don't miss out! From this year forward, there will be greater access to volumes of motorcycles previously impossible to acquire due to the global demand, especially for the Scout.

Why choose Indian Motorcycle?

Polaris and Stratus Motor Corporation are fully invested in the South African market, with services, parts, accessories and clothing readily available at any of their branches.

Indian Motorcycle has specific dedicated workshops that customise the motorcycles according your unique requirements. The customisation includes the colour and style of seats and backrests, luggage and racks, foot controls, handlebars, windscreens, audio kits and even personalised airbrush art for your motorcycle!

Living in South Africa, no one wants to end up stranded next to the road. Indian Motorcycle offers 24-hour roadside assistance throughout South Africa, and all their roadside support technicians are trained by internationally-renowned instructors! If this is not enough reason to join the Indian Motorcycle family, they also have a newly-established riders' group, enabling new and current riders to socialise and share common interests.

Indian Motorcycle intends to open boutique stores that showcase clothing and accessories in accessible urban spaces to help bring their products to their customers. They are also looking into opening a motorcycle rental business, where customers will be able to rent a motorcycle for a day, a week or even a month – convenient for a weekend trip if you have not yet bought your Indian Motorcycle!

011 823 8400 www.indianmotorcycle.co.za Indian Motorcycle will be at the South African Bike Festival at **Kyalami** from 26-28 May 2017 – why not come and test-drive one of their bikes for yourself?



About the Airbrush Artist

Leonard Myburgh is not just very talented when it comes to airbrush art on motorcycles, he also does fine art paintings! Truly a man with many talents! If you would like to see more of his work, have a look at the following websites: https://dainfernart.com/leonard-myburgh/ https://lonehillart.com/ and follow him on Facebook: Custom Studio. If you would like more information, please feel free to contact Leonard at 074 401 4840.









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Choosing to be happy

Let's face it, we all have those days when we don't feel happy.

BY DR ILSE RUANE PSYCHOLOGY

ircumstances and certain events in your life can change how you view people and events, but whether you are happy or not comes down to you.

The power of choice is one of the most extraordinary things that human beings have. You have the choice whether to be happy or sad. This is a choice you get to make every single minute of every day!

Let's take a look at 10 points that can assist you in becoming happier.

1. FOUR-STEP ACTION PLAN

If you are unhappy, you have two options: you can complain about it or you can set out to change. Follow this easy four-step action plan to start taking back your happiness.

- Determine why you are unhappy. There could be several reasons why you are unhappy. You could be working at a job that you don't like, working with people you don't enjoy being around or having a fight with a friend. There could be many different reasons and it's up to you to identify them. Whatever they are, know that you aren't going to find true happiness until you first single out what the problem is.
- Change your attitude. Negative thoughts breed negativity and unhappiness, while positive thoughts, conversely, breed positivity and happiness. When it comes down to it, we are all responsible for our own happiness. The only way you will

- be happy is by changing your attitude and understanding that you are in full control and fully capable of changing your situation.
- Create a plan to reach happiness. When you know why you are unhappy and have a positive attitude, you are in a better position to start devising a plan to achieve happiness. This is where many people hit a mental roadblock and selfdoubt enters their minds. Excuses are made to justify remaining unhappy. If you are serious about being happy, you need to push all self-doubt out of your mind and commit to developing a plan to become happy. Determine what your ultimate goal is and take the steps you will need to reach it.
- Take action and don't look back. With your plan outlined, it's time to move forward and not look back. Simply taking action doesn't guarantee results. Your journey to happiness could include mistakes, rejection and disappointment. But if you don't take action, there is only one guarantee – your situation will never improve and you will remain unhappy.

Happiness isn't going to happen overnight. You have to continue to push forward, regardless of how difficult it may appear.

2. THINK OF YOURSELF LESS

Exercise humility. Humility is not thinking less of yourself but thinking of yourself less. In other words, don't think less of yourself

as a person, but spend less time thinking of yourself. By focusing more on betterment of yourself as a person, you start working towards creating a happier space around you. A happier space around you attracts like-minded, happier people and tends not to allow negative and destructive thinking (and people) into that space.

Working on improving ourselves in relation to others affords us the opportunity to develop more realistic views and expectations of ourselves. It also allows us to develop a healthy self-esteem which in turn allows us to succeed in life. Those with low self-esteem find it exceedingly difficult to be successful as well as to function in relationships with others. Those who are successful tend to be happier in addition to having higher self-esteem and valuing themselves as people.

3. HAVE A FEW CLOSE RELATIONSHIPS AND BE PROACTIVE IN THEM

Relationships are the most important thing when it comes to overall life satisfaction, at least for most people. There is not much evidence in research suggesting more friends equals happier people, perhaps because the quality of the people in your life matters the most. Maintaining a small circle of close friends has been shown to make people happier. It is also important to remember that there are new friends to be made throughout our lives, so do not close yourself off to new friends and experiences.



tend to decline over time, especially when you let your relationship go into autopilot. Autopilot is when both parties know there is something to be worked on but politely, or not so politely, stand back and wait for the situation to blow over. There is, of course, a valuable time period to allow the dust to settle. However, the autopilot phase cannot go on indefinitely as it results in long-term damage to the relationship.

Some tips to being proactive in your relationships:

- Regularly check in with good friends.
- Celebrate the good things in their lives
- Don't only talk about yourself and your problems. Talk about theirs too.
- Taking care of yourself is a part of taking care of others. In this way, your working on improving yourself benefits both you and those around you.

4. MOVE BEYOND THE SMALL TALK

Small talk is obviously important for smoothing into social conversations, especially with new acquaintances. However, in the long term, a happier life seems to be gained from longer, more thoughtful conversations. In general, talking with others is a good thing for our happiness, but when the conversation is always superficial (or negative), it begins to take a toll. Happier people are more socially engaged with others and have conversations of more substance.

Deep conversations are often those we reserve for close friends and family, which again explains why close quality relationships are so important for our happiness.

5. PLAN FUN AND SPEND MONEY ON **EXPERIENCES**

While spontaneous fun is always a good thing, it's often the planning of future activities that adds to the fun. This ranges from planning a holiday to planning a dinner out. People experience more happiness in the planning of

Experiences, generally, trump goods for the following reasons:

Experiences improve over time: Physical items can get old quickly - the new Mercedes becomes not-so-new-anymore - but the experience of a holiday away can be relived and shared for years to come.

People revisit experiences more often:

Experiences tend to get recalled more often. You probably don't reminisce about that first bicycle you bought, but it's likely that you fondly remember your first riding lesson.

Experiences are more unique: People love comparing themselves to others, and they prefer to stand out if they're able. Since purchases are often so common, we tend to be more likely to compare what we buy with others. But experiences always have a bit of a unique twist to them, so we are far less likely to make comparisons and thus simply enjoy them as they are.

Experiences are social: As human beings are social, experiences get us out of the house and sometimes out of our comfort zone, which forces us to interact with others.

6. SHOW SOME APPRECIATION

It seems obvious to state that appreciating what we have and who we have in our lives adds to our happiness. The challenge comes in when we find ourselves in a negative space with negative people around us - focusing then on the positive elements we have to appreciate becomes difficult.

7. OBSERVE HAPPINESS AND CHANGE **PERSPECTIVE**

Very interestingly, happiness can be a chain reaction. By observing the happiness in people around us, we are able to be happier. Therefore, it becomes important to surround yourself with people that are happy and enrich your life.

It is also critical to change your perspective. The simple act of listing 3 good things that happened that day (no matter how small)

Furthermore, putting yourself in someone else's shoes really can make you feel better about your situation. Perhaps most interestingly, a change in view can have a really big impact on your overall happiness.

8. PICK A SKILL AND MASTER IT

As it turns out, regularly engaging in your strengths is a great way to feel better about yourself. The long and short of it is that you should find something to excel in, and do it as often as you can.

9. AIM HIGH

People with the ability to set objectives for themselves, both short-term and long-term, are happier. Goals really do seem to add a sense of meaning, direction and focus to life that can easily become absent if we don't have anything we are currently striving for.

Get in tune with your goals and vision. This is very important because people's unhappiness may come from short-term disappointments. This is why creating a vision for your life and having not only short-term goals but also long-term and life goals are vitally important.

10. EXERCISE

Exercise gives the biggest boost to happiness. The release of endorphins has an addictive effect, and more exercise is needed to achieve the same level of euphoria over time. Make short- and long-term exercise goals and revisit these often.

So, where does this all leave us? Don't let time slip away. Don't let one day blend into the next. Make a conscious effort to chase after happiness each and every day.

"One day or day one. You decide."

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can't help but notice these days that communication and relationships, whether business or private, are becoming more impersonal by the second. We function faster, speak fewer words and get to know people less. But when something personal (someone who talks to you about you, or actually regards your request or concern) happens in your day, suddenly there is a sort of relief that sets in. I reckon that, through the maze of everything we have to do, this is needed: Personal Engagement, Real-Life Trust and Relationship Building with the people around us.

These things, of course, do not come easy, because nothing worthwhile does.

In the last few years, the Shuttle Industry over the world, but particularly in South Africa, has changed. The source of change: UBER.

In spite of the awareness of anything that might be a safety risk, the efficiency and cost-saving elements have won over a big chunk of the South African market. Granted – who would not want to be able to call someone for a lift at a moment's notice and not pay a fortune to get where you want to go?

Be that as it may, a big part of the reason why UBER is so effective rests on a technology-

based approach and, as we all know, these days technology wins. This is all good in most instances for the company, but not necessarily for the client. When you sit in the shuttle that shows up so efficiently and which will not break your bank, will you have peace of mind and be happy with the service? That, unfortunately, has to be left to chance. There is no one to phone or speak to when things go terribly wrong. Yes, you can look at ratings on the app and rate the driver yourself, but there will not be anybody to speak to when the very well-rated driver has a bad day or hasn't slept in 24 hours.

At Corporate Shuttle we are acutely aware of the changes to the Shuttle Industry. The changes have had both a direct and indirect effect on smaller shuttle companies. Smaller shuttle companies will not be able to beat the low price or "on demand" convenience of UBER, but the personalisation, well, that might present differently. For a start, you know who made your booking and sent you the details, and he or she will definitely be there if you need to speak to the person you bought the service from. Who knows, that person might just ask you how you are doing...

Just know there are still companies, small and not so small, providing a service with actual

people as staff, who want to cater to your needs as a customer. It might be a bit more expensive and require a bit more planning from your side, but the peace of mind and active interaction will definitely be worth your while.

More about Corporate Shuttle: Corporate Shuttle was established in 2000. Our shuttle service fleet consist of Toyota Avanzas, which can seat up to 6 passengers, Toyota Quantums, which can accommodate up to 13 people, and a Mercedes Sprinter, which can seat up to 22 passengers.

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Through Enjoyment to Excellence



TYGER VALLEY COLLEGE: OPEN DAY

Pre-Preparatory

"Something needs to be done to make early years education fit for the 21st century"

At Tyger Valley College Pre-Preparatory impactful, relevant Early Childhood Education is established and thriving. Here you find a curriculum that is dynamic and flexible, taking into account the vital core skills our young children need now in order to succeed in the future. We continually strive to prepare children for an ever-changing path that is often filled with both challenges and opportunities beyond our imagination. The future is unpredictable and so an early childhood education has to be holistic and all-encompassing - a balance of old-fashioned traditions and expectations coupled with the changing needs that our children are faced with in a modern world.

At Tyger Valley College Pre-Preparatory we pride ourselves on creating a welcoming environment for all children; we set a high standard and our expectations encourage children to flourish. This is all done with gentle guidance, loving teachers who are gualified and accountable, and a leadership that walks the journey with staff and pupils in a common purpose. Our motto remains our focus because "THROUGH ENJOYMENT TO EXCELLENCE" is a possibility for all to strive towards.

We believe we help children to achieve what Niki Bush describes below:

"Today's children need to become drivers of their own career development because there are no free rides anymore in a world of few guarantees. They need to become their own source of internal security as they forge their unique paths into the future. There is no future in any job. The future lies in the person who holds the job."







for the 21st

Preparatory

The quality of any good school in not measured in the buildings, green fields, technology or other extravagant trimmings. The true measure of a great school is that it is a place where you are greeted by happy children, dedicated teachers and a community committed to the growth and development of every single child. At Tyger Valley Preparatory you will encounter a 21st century independent school preparing children for their future in an environment where their education is underpinned by old-school values and tradition. 'Good morning ma'am, good morning sir', doffing our hats or caps and taking pride in our school are some of the traits and qualities epitomised by every Tyger Valley pupil. Whether in the classroom, where our focus on teaching 21st century skills extends beyond the conventional curriculum, or on the sports field, in music class or on the performing arts stage, pupils develop at their own pace while discovering where their true interests and talents lie.

In our tenth anniversary year, we can reflect on the many milestones and successes achieved. We have celebrated in the swimming pool as a team to be reckoned with. Our senior cricket, soccer, hockey and netball teams enjoy a strong touring tradition, regularly competing against other established schools. The performing arts form an integral part of the Preparatory School offering, with school productions, music soirees and other cultural pursuits a fixture on our school calendar. Visitors to our campus are greeted by an attractive, peaceful and inviting environment. The welcoming sound of cheerful children in the classroom, bats on balls in the cricket nets and the melodies of a choir on stage on any day all combine to endorse our school motto of "Through enjoyment to excellence".

Mr Gavin Langley Principal: Preparatory School



Open Day: 4th March 2017 09h00-12h00





High School

A High School Preparing for Tomorrow

What does a world-class education look like in 2017? At Tyger Valley College, our pillars of excellence are Academic, Sport, Environment and the Arts, and we place a great deal of emphasis on all four of these. For a child to achieve in any one sphere, the other three need to be attended to and kept in equilibrium. At Tyger Valley College we believe that hard work in the classroom needs to be balanced with sport, culture and environmental awareness. This enhances the learning experience and allows our children to achieve their full potential.

This having been said, the primary reason that we send our children to school is to get the best possible education for them. The world is changing and evolving at such a rapid pace that it is becoming increasingly difficult (and essential) to keep up. One of our core objectives is to create a generation that is wise as opposed to knowledgeable. Knowledge is everywhere, but wisdom is found in the application of that knowledge. In this rapidly evolving world, we need to be different as a school – we need to think differently. This is sometimes difficult to grasp when seen from the traditional and linear educational model that was relevant to the past. It is said that an overwhelming majority of today's students will be employed in jobs that do not yet exist. Accordingly, we need to accelerate the evolution of the educational experience for our children. As an educational institution, we have the task of teaching students skills to solve problems we have never seen before and will not see for years. We need to give them the ability to apply wisdom, not just knowledge and facts. For this to happen, we encourage our teachers to push the creative and lateral thinking boundaries to the limit, thus keeping our children ahead of the curve. At Tyger Valley College we realise that we have to grow and nurture children to be wise, not merely knowledgeable.

In the astute words of Albert Einstein, "The true sign of intelligence is not knowledge but imagination."

Mr Clyde Mac Donald Principal: High School



he top global designers and brands in the office furniture sector gathered towards the end of 2016 at Orgatec, the leading international trade fair for office furnishing and technology that takes place annually in Cologne.

According to Isla Galloway-Gaul, CEO of Ditulo Office Engineers and an expert in office design with over two decades of experience in the industry, the exhibitors primarily concentrated on design that focuses on teamwork and flexibility. Technological solutions for the office of the future were also high on the agenda - with things such as intelligent high-tech furniture, cutting-edge media technology and smart surfaces making an appearance.

So what does the on-trend office for 2017 ahead look like? Galloway-Gaul highlights some of the primary trends that emerged.

FLEXIBLE LAYOUTS TO NURTURE **COLLABORATION**

"As reiterated at Orgatec, the boundaries between fixed workstations and communal areas are becoming more and more blurred and the shift of modern work environments towards

a culture of collaboration continues to be on the increase. This means that office furnishings need to be more multi-functional than ever before, with clever furnishing solutions that must adapt to meet given requirements. Developing areas that can be easily transformed to suit changing requirements, such as an impromptu brainstorming session or breakaway sessions with colleagues, is an essential element of workspace design in 2017 and beyond."

THE FLEXIBLE OFFICE MUST-HAVES

Galloway-Gaul advises that product lines such as FRAME_S from Austrian office furniture brand Bene and Epik™ Co-space by South African brand RAW have been created to address this trend. "Frame_S is a system of wall-mounted flexible workstations and shielded team zones that can be customised for a variety of spaces and settings, which allows for changing things up as and when you need to."

"Epik™ Co-space includes multi-functional semi-private pods which can be customised for brainstorming, meetings, and connected work; or changed for breakaway functions for groups and individuals."

COLOUR TRENDS - SEEING THE OFFICE THROUGH ROSE TINTED GLASSES

According to the NeoCon Furniture Fair 2016, which took place in Chicago last year, one of the dominant office space colours for the year ahead is pink.

"Whilst pink is one of those colours that some people are not sure about - particularly in a business environment – it does bring a fresh and optimistic feel to an interior," says Galloway Gaul. "Light dusty pink pairs beautifully with greens as well as with copper and gold. Dusty pink and charcoal colours make for a modern pairing, and warm wood furniture maintains an urban mood. On the other end of the scale, there is hot pink, which combines well with grey and really stands out in any décor scheme."

If painting the walls in your office pink is not an option, then Galloway-Gaul recommends accents of pink, which is an effective way to introduce this happy colour. "Pink feels right for today's less conventional, more quirky and welcoming office interiors," adds Galloway-Gaul.

DESIGN-EMBRACING TECHNOLOGY

Workspaces that take rapidly evolving



technology and its requirements into account are a design trend that is on the rise.

"We can expect to see wireless charging points for devices becoming commonplace. Office furniture with built-in power adapters and multimedia capabilities have been seen in well-designed and flexible work environments and, going forward, this will become the norm not the exception. Other technological revelations from Orgatec 2016 included desks with surfaces that charge cell phones and laptops via induction, a computer monitor that disappears without a trace into the desk top, and a new climate chair with a heating and ventilation function integrated into the seat and back."

TECHNOLOGY TREND MUST-HAVE

The Humanscale M/Connect is a USB, dualvideo docking station that is a unique innovation which merges ergonomics and technology. M/Connect sits on the desktop while the dock stays below the desk surface. The majority of cables are connected under the desk, providing a clean look and instant accessibility to high-speed charging ports.

PRIVATE SPACES WITHIN AN OPEN-PLAN OFFICE

Whilst the new breed of open-plan workspace is evolving and sees open-plan areas shared, in all working environments there is still the need for private break-away zones and quiet rooms.

"Acoustics play a role here as noise within open spaces can become a problem," advises Galloway-Gaul. "Orgatec reiterated this with much focus being placed on acoustic design and the use of modern noise-dulling materials."

PRIVATE SPACE MUST-HAVE

Bene has launched what is essentially a room

within a room called the NOOXS Think Tank. NOOXS has high sound absorption, integrated ventilation and lighting, complete technical infrastructure and a high degree of comfort – all of which creates effective temporary private areas in open spaces. Glass elements provide visual lightness, and curtains and blinds offer screening when needed.

Buzzispace has a range of acoustic solutions such as the Buzzitwist which is a soundabsorbing curved screen which serves as a free-standing room divider.

DESIGNED FOR EMPLOYEE WEALTH

"The office of 2017 will continue to focus on the well-being and health (WEALTH) of employees and things such as sit-stand desks, monitor arms and, of course, a quality chair remain ergonomic necessities," says Galloway-Gaul.





WELL-BEING AND PRODUCTIVITY MUST-HAVES

The Float, QuickStand and QuickStand Lite Sit/ Stand desks from Humanscale, as well as a Humanscale Monitor Arm, not only promote a clutter-free workspace, but also support a healthier, more ergonomic working posture.

OUTDOORS ARE IN

Galloway-Gaul says that bringing the outdoors inside is an office trend that she believes is here to stay. "With many people spending more than eight hours a day in the office, and with it forming a nucleus in most people's lives, there are clear benefits to bringing more natural elements into the workplace."

"The greening of our offices plays an increasingly huge role in our physical and psychological well-being. Plants can be especially important in open-plan offices because they can be used to help define space and create zones of calm - helping everybody to be more productive at work."

GREEN OFFICE MUST-HAVE

Buzzispace has produced design elements of the outdoors to be used in offices - such as the BuzziJungle with its soothing tropical palmfrond backdrop that allows employees to take some time out and to interact socially.





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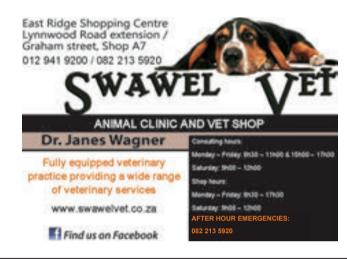
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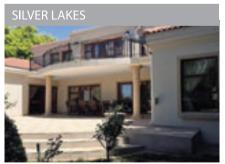
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Portugal – a Rhapsody in Blue

BY JAMES CLARKE
PHOTOGRAPHY BY PETER SULLIVAN

A secluded grotto along the route.

ur plan for yet another of our cycle rides in Europe was to cycle south from Lisbon and follow Portugal's Blue Coast until we reached the second most-westerly point in Europe – the most-westerly being quite near where we were at the time, northwest of Lisbon.

We chose Portugal for our seventh annual ride because the Atlantic coast is the sunniest and warmest stretch of Europe's coastline and has few hills. And partly because we like grilled sardines and Portugal is very good at grilling them. And also because Portugal is not very expensive. Oh yes, and partly because we would be accompanied by a little yellow bus filled with drinks and sandwiches, Band-Aid and cycle repair kits. We'd booked through a cycling company, Cycling Through the Centuries, which, the year before, had accompanied us through Andalusia.

We spent our first night in Sintra, a short drive north of Lisbon. It's an enchanting Romanesque town – a World Heritage Site – where a lot of writers and artists live. Grand houses are scattered among the deeply forested Sintra Mountains – a landscape sculpted by violent earthquakes. The last violent quake was a mere 261 years ago which, in geological time, is like last night. It destroyed Lisbon and wrecked towns down the Blue Coast.

A quaint blue-and-white home.

From Sintra, we set off south in the yellow bus which took us through Lisbon to the Hotel Club d'Azeitão, a magnificently-restored manor house set among fields and vineyards, where our hired bikes were waiting for a dawn departure.



Our route began by taking us away from the coast and up a rise before descending into the fishing village of Sesimbra, famous for its restaurants and Muscadel wine - just in time for lunch. We lunched at the Pedra Alto on chopped octopus tentacles, large clams and grilled fish - wonderful Portuguese fare. We needed the kilojoules.

Then it was down the coast to the minor port of Setúbal on the huge estuary of the River Sado. Setúbal was an important Roman port until a tsunami destroyed it. It is interesting how many catastrophic natural events have devastated Portugal's coastline.

Our rather cramped 4-star hotel, Albergaria Solaris, was literally sheathed in azulejos - the decorated glazed blue tiles so favoured by the Portuguese, who adopted the art from the Moors who once occupied this region.

We sat in brilliant sunshine looking out at the sea and eating vast quantities of perfectly grilled sardines. By eating a lot and cycling a lot we were getting neither fitter nor fatter.

Next day, we had a long kilojoule-shedding ride to Santiago do Cacem down the coast, passing through a one-street village, Comporta. Its chimneys had raised platforms for the storks to nest on. It was good seeing so many young birds, for stork numbers have been declining in Europe. The air was filled with the clattering of stork bills.

We cycled through a sunbleached, semi-arid landscape along a road bordered by shining mesambrianthimums and black-eyed Susans and other semi-desert species - a bit like the Karoo by the sea. Jimmy filled his water bottle with Coke. An hour later, forgetting he'd replaced the water, he emptied the bottle over his head. (When one is over 70 these things happen.)

Much of the route had a dedicated cycle lane. The Blue Coast's charm is that it is quiet and unspoilt with many secluded coves. Its rolling farmlands go right down to the sea.

Our next B&B was in a small valley and hidden by giant trees. It was formerly a manor house, the Pousada Quinta do Ortiga - a pousada being an inn. We crossed a courtyard of marble cobbles to reach its impressive entrance and found our upstairs rooms to be spacious, each having a balcony looking down on what used to be a farmyard.

Exploring the grounds at dawn, I came across a large swimming pool whose sheltering walls were richly decorated with azulejos. Many Portuguese believe, as did the Moors, that blue tiles ward off evil spirits. Many white-washed cottages that we passed had their windows framed in blue.

We used the bus for a 40km detour to the 2 200-year-old extensive Roman settlement of Mirobriga that had an incredibly advanced and still largely intact thermal bathhouse with basement furnaces and central heating. Its hippodrome, constructed for chariot racing, sat 25 000 spectators. The forum and even a shopping street were preserved.

The 70km route to Villa Nova de Milfontes was easy cycling. The small town had a village atmosphere and a jumble of ancient buildings at its centre. This is where the Rio Mira meets the sea and where Hannibal once sought shelter for his ships - Hannibal was the Carpathian general whose army crossed the Alps with elephants, greatly surprising the Romans.



Here we spent two nights in a moated castle and I was given the room at the top of Turret Number One from where I could watch out for Moorish invaders. We spent a day cycling in a wide loop looking at the sort of windmills that turned on Don Quixote, with rolling countryside on either side.

Tasting some of the local cuisine.

Next day, an 80km ride took us to the 'corner' of the Iberian peninsula where we had the choice of turning abruptly east or falling off the edge of Europe into the sea. This was the Algarve so beloved by sun-starved English tourists.

There were now more impressive historical sites and reminders that Portugal produced some of the most adventurous people on earth. Four centuries ago, this corner of Iberia produced many brilliant navigators who explored and helped develop several parts of the world. Their language is today the lingua franca of Brazil, Mozambique, Angola and parts of the Far East. Portugal retired from seafaring long ago to become Europe's quiet, bucolic uncle respected by all for having been there and done that.



TRAVEL

The Algarve provided leisurely cycling on smooth, safe roads but with scope for stronger cyclists to choose their own, more challenging deviations. Lots of amateur cyclists would welcome this but we were, after all, professionals who didn't need challenges and preferred grilled sardines.

We were now very near the epicentre of the catastrophic 1755 earthquake that destroyed most towns along the coast. The earthquake, caused by the Africa plate pressing up against southern Europe, happened on All Saints Day when the cathedrals and churches were full. The roofs and walls collapsed on top of their congregations. Lisbon itself was laid to waste. It was, I imagine, the worst natural disaster to hit Western Europe since Vesuvius buried Pompeii in AD 79, and it was much more recent.

This seventh expedition remains the most tranquil and leisurely of all our sorties into Europe.











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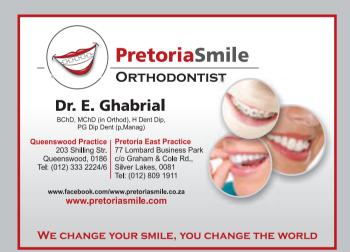
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gardeners

- Eric is looking for garden work on Fridays. He is very trustworthy. Please contact Eric directly on 074 449 4849 or contact Ockert Coetzee at 083 321 7603 for a reference.
- Isaac is looking for garden work. He is available on Fridays. Please contact Isaac at 082 818 7684. He has references.
- Steward is looking for work on Tuesdays, Thursdays and Saturdays. He is a hard worker, always on time and never asks for days off. Please contact Steward at 084 4647 7534.

accommodation

Young, smart lady (30 years old) looking for an inside or outside room in or around Silver Lakes to rent. Available any time from February. Please contact Rita at 082 662 3964 or Johanna at 076 151 8199.

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services offerred

- PAINTER Looking for a competent and trustworthy painter? Look no further. Simon is your man. Various references at Silver Lakes Golf Estate. He can be contacted directly at 084 318 4005. Alternatively contact Ockert Coetzee at 083 321 7603 for a reference.
- HANDYMAN Are you too busy or need a small job done in Silver Lakes? Please call Johan for anything from changing a light bulb or lock to painting, waterproofing, tiling, paving, ceilings, cornice, dry walling, small brick work and plaster - almost anything.

Contact Johan at 082 4110 451 or Protus at 061 0291 850.

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Please contact Cheriska for a pricelist, booking or any other information at 083 657 2939.

■ DOG WALKER

I am a third year law student. I love animals and seeing them healthy. I am available to walk your dog five days a week. Please contact Simone at 071 886 8205 or

Simonevanheerden44@gmail.com

domestics

- Christina Masingi is looking for domestic work on Mondays, Tuesdays and Wednesdays in Silver Lakes. Please contact Christina at 074 845
- Naledi Maoka is seeking full-time work as a domestic worker in Silver Lakes or surrounding areas. She is available immediately for either a sleep-in or sleep-out employment opportunity. She is reliable, trustworthy, honest and hardworking. Her skills include cooking and childminding. Please contact Naledi at 063 657 7733.
- Betty Makhoti is seeking full-time work as a domestic worker in Silver Lakes on a sleepout basis. She is available immediately. Please contact Betty on 076 809 4770. For a reference, please contact Salome Pitswane at 084 487
- Annah Matlou is seeking full-time work as a domestic worker in Silver Lakes on a sleep-in or sleep-out basis. She has a driver's licence and is available immediately. Please contact Annah on 072 595 8345. For a reference, please contact Francinah Aschendorf at 082 504 6207.
- Elsie is looking for part-time work as a domestic worker for Tuesdays and Thursdays. She is already working in Silver Lakes, but her previous employers emigrated. Please contact Elsie at 072 222 6437.
- Elizabeth, a stay-in/-out domestic worker, has worked at 1A Menion Close for 4 years, but we are relocating outside South Africa and she is seeking work from 1 February 2017. She is reliable, courteous, hard-working, passionate, responsible, and honest. She is competent in household duties such as laundry, ironing, childcare, aged care, cleaning, and housekeeping. She is very good with children and our kids love her so much that we occasionally leave them with her while we take time out at the Movie Theatre or go to dinner. I confidently believe she will be a proven asset to your family. Elizabeth's number is 076 808 9801 and I am also available for a reference dankinng@yahoo.com (+1 913 458 4764).
- Brenda is looking for work in the Silver Lakes area on Mondays, Wednesdays and Fridays. She is Zimbabwean, English-speaking and very reliable, she is trustworthy and hard-working. Please contact Brenda at 061 055 6041. Berndine Kruger can be contacted for a reference at 082 062 7934 or bkruger49@telkomsa.net. Tatie

Corte can also be contacted for a reference at 072 284 8855.

- Lerato is a domestic worker looking for work 5 days a week. Please contact Lerato at 076 084 1826.
- Jane is looking for part-time work on Tuesdays and Thursdays in Silver Lakes Golf Estate. She is from Malawi and is very hard-working, reliable and honest. We have known Jane for approx. 4 years and her husband has worked for us for the same amount of time. They stay with us in the Estate. Please contact Benson at 078 690 7771 or 074 501 2492 to discuss details, or please contact Kim at 078 537 4552.
- Martha, my domestic worker, is looking for sleep-out work in Silver Lakes for Tuesdays and Thursdays. She is currently working on Mondays, Wednesdays and Fridays and can start immediately. She has been with us for 2 years and is extremely hard-working and uses her own initiative around the house. She can speak Afrikaans and English, read and write, and is excellent with children. Contact Michelle at 079 632 5826 or Martha at 073 675 4988.
- Dudu is looking for full-time, sleep-out employment as a domestic worker/nanny. She is an English-speaking, energetic and reliable individual who is excellent with children. She is highly recommended! Please contact Annalize at 082 890 6109.
- Cindy Khumalo is looking for full-time domestic work. She is good with older people and children. She has references. Contact Cindy at 0027 73 297 0084 / WApp 00263 78 479 4834.
- Emma is a domestic worker looking for a fulltime job. Contact Emma at 076 158 2460.
- Mita is looking for full-time stay-in or -out domestic employment, Mondays-Fridays in Silver Lakes area. Please contact Mita at 076 226 9919.
- Patricia is looking for a piece job on a Friday and every second Tuesday. Please contact Angeline for reference 079 3166 009.
- Francina is looking for work on Mondays and Thursdays in Silver Lakes and can start immediately. She lives in Mamelodi. She is a reliable and honest person. She looked after our baby and read English to him. As a toddler, we placed him in crèche and there is no need

of her anymore. Please contact Francina at 071 589 8385 or Thea at 082 824 3455 for a recommendation.

- Fridah is looking for sleep-in domestic work 5 days a week. She has worked in Silver Lakes for 4 years and has references. She has proven to be reliable, hard-working and trustworthty, and she has lovely positive attitude. She is happy to take on all tasks and willing to learn new ways of doing things. She is a guiet, honest person with sufficient experience. Please contact Fridah at 076 234 0240 or William at 082 902 1131 for a reference
- Elizabeth Lekalakala is looking for full- or parttime employment in Silver Lakes or surrounds. She has been with me for the last 20 years, but due to divorce and downsizing I can no longer employ her. She is very reliable and trustworthy and can always be relied upon. She helped raise my two sons from birth. Please contact Elizabeth at 073 640 3773 or feel free to contact Shirley at 083 719 4595 for a reference.
- Christina is looking for work on Wednesdays and Fridays. She has been working for me once a week for the past 5 years. Christina is very reliable, trustworthy and hard-working. She lives in Mamelodi and is English-speaking. Please contact Christina at 078 537 4196 or Heila at 083 632 6639 for a reference.
- Beatrice is looking for sleep-in domestic work 5 days a week. She is originally from Zimbabwe and has a valid working visa. She was standing in for my domestic worker/nanny for the last year while she had to look after her sick mother. Beatrice is extremely reliable, trustworthy, hardworking and cleans very well. Please contact Saskia at 072 1233 129 for a reference.
- Bontle is looking for part-time or fulltime employment as a domestic worker/ housekeeper. She worked for me for 3 months at my questhouse while one of my housekeepers went on long leave. Bontle proved to be a diligent and reliable worker. She has a lot of potential to be trained because she is young and eager to learn. Please contact Bontle at 076 073 8754. For a reference, contact Carole at 082 787 7755.
- Joshua is currently working at the retirement village in Silver Lakes. He is looking for a day job on Wednesdays.

Please contact Joshua at 073 095 2521.

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No-mess Mango Eating Techniques

BY JAMES CLARKE

here I was, shirtless, with my face buried in a large mango over the kitchen sink (it's the only way to eat a mango) when the telephone rang. It is a toss-up which occupation is most likely to attract a telephone call - when one is in the bathroom or when one is eating a mango.

I ignored it.

I knew that one careless move and I would be responsible for a skinned mango being on the loose.

We are persistently told by the Mango Growers' Association that there are refined ways to eat a mango and the other day on their website I read that one way was to stab the mango with a fork while in an upright position (ie: the mango should be in the upright position – you are allowed to lay down if you like). Then you cut around the mango's meridian line (longitudinally, and not around its equator) and twist the two halves apart.

Ignore the yellow slime that now covers your hands and runs down your front. Place the pipless half on its back. Now cut into its flesh longitudinally down to the skin and then across. Then you turn the skin inside out so that all the little cubes you have created

stand out and can be taken off with a spoon. What about the half that still has the stone in it? My advice: don't touch it.

If you try to cut away the pip, you are likely to lose control. It is, as I have said so many times before, easier to grasp Einstein's Theory of Relativity than to grasp a mango

I read some time ago that South Africa exports a third of its mango crop and that another third is sold locally. There was no mention of the last third for one very good reason. They escape.

People peel them and then carelessly allow them to slide from their grasp and off they go with a mind of their own, slithering and sliding and glazing whole landscapes in a yellow slime - hence our mango-coloured sunsets at this time of the year.

Years ago, a reader invited me to watch her use a three-pronged fork designed for harpooning mangoes. She speared its stalk end and stripped away the peel as one would skin a whale. Then she sliced bitesized pieces off the mango and, hey Bisto, one could then eat it with decorum, or even with custard.

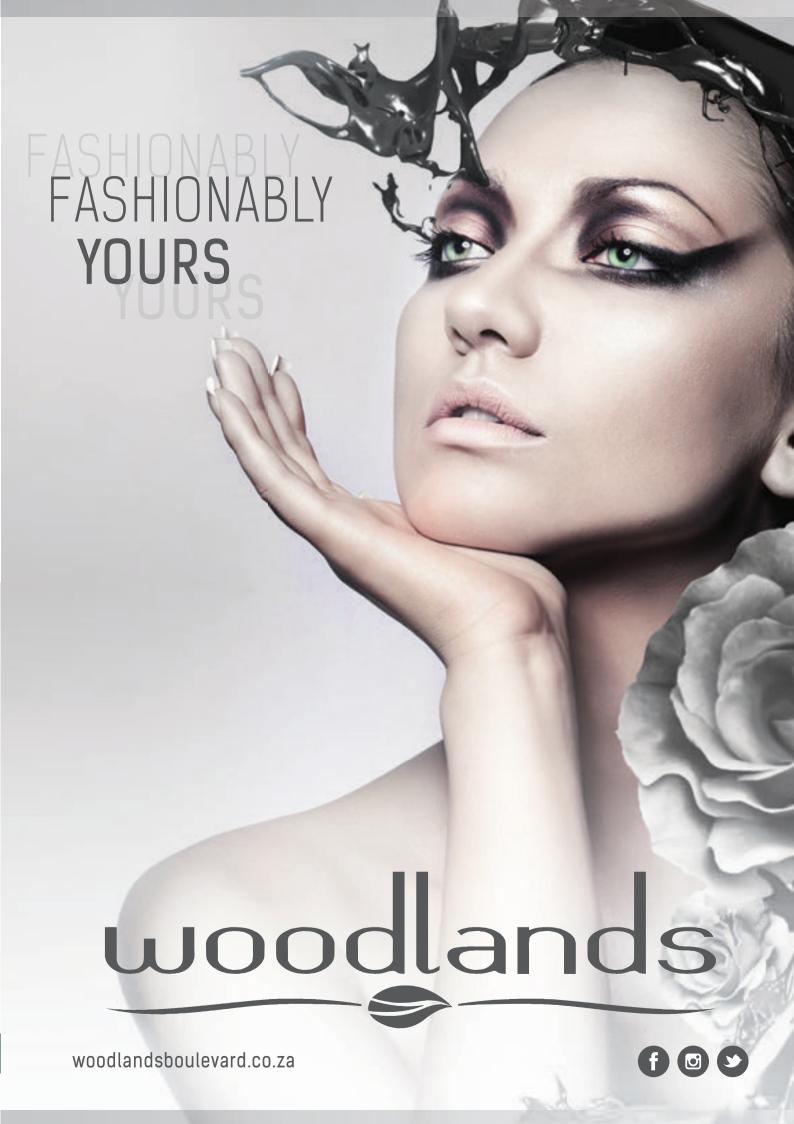
I was impressed. But when I asked her how to get the messy remains off the fork, she took it to the kitchen and tried to shake it off as one would try to shake off a determined fox terrier that had you by the person. The mango flew off the fork, hit the sink, rocketed up the side and then began to slime its way across the kitchen floor. An unseemly chase ensued but it quickly became a matter for Civil Defence.

Years ago, Tzaneen farmer and hotelier, the late Guy Matthews, who was then Chief Mangowurzle of the South African Mango Growers Association, threatened to take me before the Media Council over what he described as my 'defamatory remarks' about mangoes.

He reminded me of the mangoes' history and how Alexander the Great "knew the mango and ate one in the Indus Valley in 327 BC". This was just after Alexander had captured the Persian city of Media and put the entire council to the sword. So much for the Media Council.

But something really messy must have happened, otherwise why are they still talking about Alexander and his mango 23 421 years later and 9 456 kilometres away in Tzaneen? Answer me that.

For more James Clarke, visit Blogsite: http://stoeptalk.wordpress.com or www.jamesclarke.co.za





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