



SILVER LAKES

G O L F E S T A T E

October | 2018

INTRA MUROS

ESTATE NEWS | ENVIRONMENT | SPORT | TRAVEL | FAMILY LIFE



R 9 990 000



on golf course

Silver Lakes: 5 bedrooms | 5 bathrooms | 5 garages | House: 1160m² | Stand: 1723m²

R 6 730 000



Silver Lakes: 5 bedrooms | 4 bathrooms | 4 garages | House: 551m² | Stand: 2360m²

R 2 999 000



The Meadows: 3 bedrooms | 3 bathrooms | 2 garages | House: 285m² | Stand: 613m²

R 4 950 000



on greenbelt

Exclusive mandate

The Ridge: 4 bedrooms | 3 bathrooms | 3 garages | House: 450m² | Stand: 1163m²

R 3 100 000

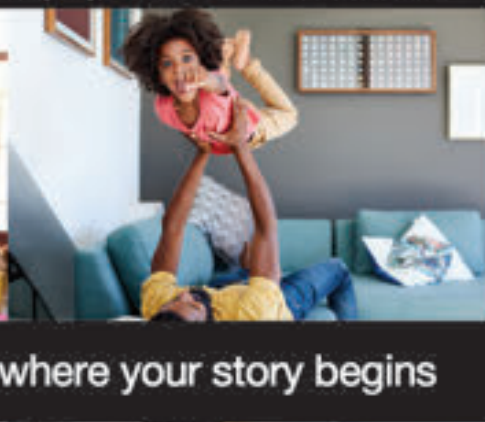


Olympus: 3 bedrooms | 3 bathrooms | 2 garages | House: 290m² | Stand: 451m²

R 7 450 000



Blue Water Creek: 4 bedrooms | 4 bathrooms | 2 garages | House: 660m² | Stand: 4950m²



home is where your story begins

R 5 990 000



Silver Lakes: 5 bedrooms | 4 bathrooms | 2 garages | House: 680m² | Stand: 1898m²

R 10 500 000



lake view

The Hills: 3 bedrooms | 3 bathrooms | 4 garages | House: 800m² | Stand: 2930m²

R 4 495 000



Silver Woods: 3 bedrooms | 3 bathrooms | 3 garages | House: 440m² | Stand: 950m²

R 3 350 000



The Meadows: 3 bedrooms | 2 bathrooms | 2 garages | House: 304m² | Stand: 817m²

R 6 995 000



Lombardy: 4 bedrooms | 3 bathrooms | 3 garages | House: 566m² | Stand: 1488m²

R 3 850 000



Lombardy: 4 bedrooms | 4 bathrooms | 2 garages | House: 379m² | Stand: 764m²

R 5 490 000



Silver Lakes: 5 bedrooms | 4 bathrooms | 3 garages | House: 550m² | Stand: 998m²

R 6 800 000



dual mandate

Blue Water Creek: 5 bedrooms | 4 bathrooms | 3 garages | House: 610m² | Stand: 2900m²

R 3 650 000



sole mandate

The Meadows: 4 bedrooms | 3 bathrooms | 2 garages | House: 323m² | Stand: 640m²

R 11 500 000



on greenbelt

Silver Lakes: 5 bedrooms | 4 bathrooms | 4.5 garages | House: 950m² | Stand: 2795m²

R 4 450 000

no transfer duties



sole mandate

Lombardy: 4 bedrooms | 4 bathrooms | 3 garages | House: 420m² | Stand: 849m²

R 4 750 000



The Hills: 4 bedrooms | 4 bathrooms | 2 garages | House: 477m² | Stand: 952m²

R 6 500 000



sole mandate

stand on golf course

Silver Lakes: Stand: 2200m² with building plans included

R 13 500 000



sole mandate

on lake

Silver Lakes: 4 bedrooms | 4 bathrooms | 4 garages | House: 1049m² | Stand: 2832m²

R 10 500 000



on golf course

Silver Lakes: 5 bedrooms | 5 bathrooms | 4 garages | House: 680m² | Stand: 805m²

R 5 150 000



sole mandate

The Ridge: 4 bedrooms | 4 bathrooms | 3 garages | House: 407m² | Stand: 1270m²

R 4 850 000



sole mandate

The Ridge: 4 bedrooms | 3 bathrooms | 2 garages | House: 400m² | Stand: 1059m²

R 4 500 000



Silver Lakes: 5 bedrooms | 3 bathrooms | 2 garages | House: 415m² | Stand: 997m²

www.facebook.com/redtableproperties
www.redtableproperties.co.za
Resident Agent **Kobus**: 082 903 9208

redtable
properties



CONTENTS

October 2018

ESTATE NEWS

From the CEO	4
From the Country Club	8
Mature Golfers	10
25 Year Celebration	12
Environmental Matters	23

LIFESTYLE

Birding: The Arrow-marked Babbler	26
Gardening	29
Interior Design: French Provincial décor	50
Book Reviews	52

ENVIRONMENT

Be Water-wise	37
Rainwater Harvesting	38
The Beef or not to Beef...	39

COMPETITION

Restaurant Competition	31
------------------------	----

FOOD & WINE

40

TODAY'S CHILD

In Hil's Head	43
Psychology: Off to Therapy	44
Funniest Tweets about Marriage	47

MOTORING

Lamborghini's SUV	32
-------------------	----

TRAVEL

James Clarke's Lake Picnic – Jewel of the Kruger Park	34
Top 10 Travel Deals	48



SILVER LAKES

GOLF ESTATE



SILVER LAKES

27 Muirfield Boulevard, Silver Lakes, 0081

PO Box 11106

Silver Lakes 0054

Tel: +27 12 809 0142

Fax: +27 12 809 1119

CONTRIBUTORS

Silver Lakes HOA

Silver Lakes Directors

Henk Booysen

Sid Pretorius

Dr Ilse Ruane

Corlia Mathews

Nienie Moolman

Elize Malan

Hilary Green

Madeleine De Wet

Nicoleen Davies

Brendon van Nieuwenhuizen

EIA PUBLISHING OFFICE - Tel: 011 327 4062 - www.eiapublishing.co.za

PUBLISHER - Nico Maritz - nico@eiapublishing.co.za

EDITOR - Debbie Walton - 082 928 1689 - debbiewalton30@gmail.com

GRAPHIC DESIGNER - Christo van Eeden - beyond@bdstudio.co.za

SALES MANAGER - Martin Fourie - 072 835 8405 - martin@eiapublishing.co.za

ADVERTISING SALES - Gerdie Murphy - 082 556 9863 - gerdie@eiapublishing.co.za

PRODUCTION CO-ORDINATOR & ASSISTANT EDITOR - Nicole Hermanson - nicoleh@nowmedia.co.za



DISCLAIMER

Intra Muros is a monthly magazine of the Silver Lakes Homeowners' Association (NPC). It is intended for the residents of Silver Lakes. It is published on behalf of the SL HOA by Estates in Africa (Pty) Ltd. Articles printed in the Intra Muros, do not necessarily reflect the opinions of the SL HOA or the Estate, the publisher, nor of the companies themselves. Neither the SL HOA, nor the publishers can be held responsible for the quality of the goods and services advertised in the Intra Muros. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form without prior written permission of the publisher.

LETTER FROM THE EDITOR

The past months have been tough for me personally. I won't go into the nitty gritty, but I can tell you what has helped me through: the love and support of my friends (a very small circle) and family and the kindness of strangers. And let's not underestimate the strength I find in myself when my little daughters wrap their arms around my neck...

It's so easy to get caught up in the rat race and the endless supply of negativity found everywhere. Facebook and Instagram used to be a picture book of happiness and humour. Now it's nothing but politics, crime, fake news (and fake lives). It's been a challenge for me to look inward for

happiness, as I believe it is for many of us. But sometimes, when you're lucky, you look up in the line at the grocery shop and the person next to you smiles really broadly, or the man in the parking ticket queue pays for your parking when you don't have enough coins to cover the bill. It's the little things that have made me realise what is important.

As I get closer to the dreaded 40, I find myself better understanding what it is that I need to be happy – and it's a lot less than I thought I would need. Once you've identified what makes you happy, spread the love! Let someone go in front of you in traffic, smile reassuringly at the mom at

the shops with the screaming child (we've all been there), spend an extra 10 minutes with your child at bedtime even though you've had enough by the end of the day; always smile big when your loved ones enter a room and remember, one small act of kindness to you is definitely something really big to someone else.

One thing has been made abundantly clear to me: Wherever you go, there you are...

Best wishes,

Debbie



SILVER LAKES

56 Bally Bunion, SILVER LAKES

Tel: 012 809 2787 Fax: 012 809 2583

www.lindabodenstein.co.za



Linda Bodenstein
082 567 7963

SILVER LAKES

WEB REF 653899

R8 950 000

DUAL MANDATE!!



WOW!! What a view!! This property is built for a king!! The entertaining is fit for a Queen!! Live in this very spacious mansion with all and everything you'll need to experience the ultimate lifestyle. Offering 4 bedrooms, 4 bathrooms, 4 living areas etc..... Luxurious, spectacular and outstanding finishes. The drama of space caters for any big function and hospitality. This family retreat is priced to sell and offers a lovely home for today's family. The highest spot in Silver Lakes overlooking the dams and the golf course.

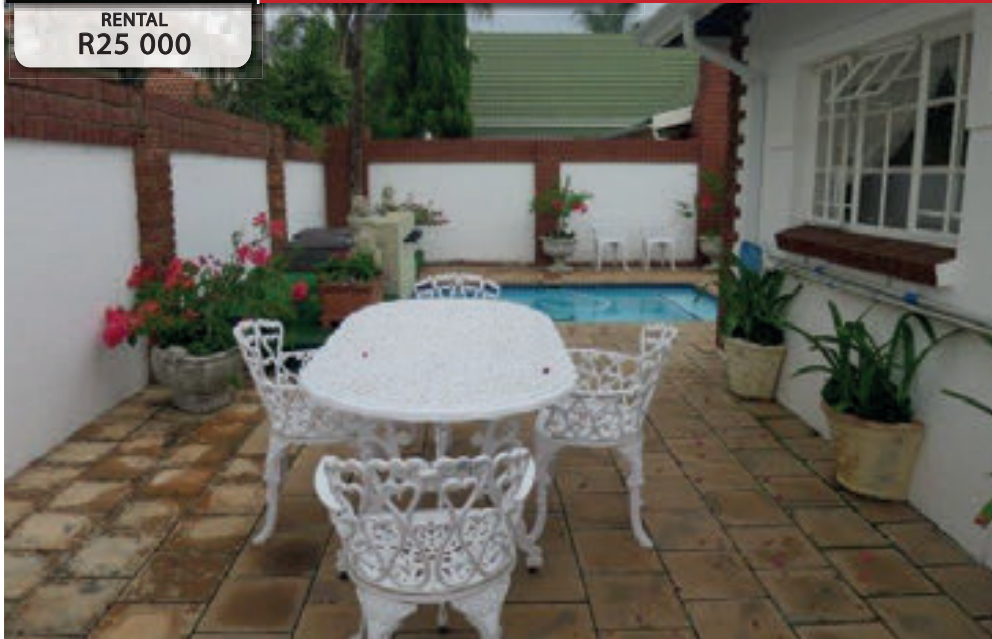
Linda 082 567 7963

SILVER LAKES

WEB REF 821918

**RENTAL
R25 000**

SINGLE STOREY!!



For a pensioners couple that is still young at heart or a young couple renting their first house! - Move into this single storey house with 3 bedrooms, 2 bathrooms and a double garage and enjoy living in this wonderful Golf Estate.

Linda 082 567 7963

**VISIT OUR WEBSITE www.lindabodenstein.co.za
FOR A VARIETY OF PROPERTIES. CLICK OR CALL. WE DO IT ALL!**

IMPORTANT CONTACT NUMBERS

HOA OFFICE

Office hours:
Monday to Friday
08:00 until 16:30
012 809 0142
info@silverlakes.co.za

WhatsApp Number
081 848 2787

Security access office:
Hours as above
Including first Saturday of every
month from 08:00 until 11:00

SECURITY

Security Control Room (24 hours)
012 809 0424/5

Bidvest Protea Coin Security
From 18:00 to 06:00, weekdays
24 hours Sat, Sun and public
holidays
072 615 5862

CLUBHOUSE

Clubhouse
012 809 0281

Café 41
012 8091571

Takeaways
012 809 0431 / 012 809 1484

GOLF

Pro Shop
012 809 0430

EMERGENCY NUMBERS

Security Control Room (24 hours)
012 809 0424/5

Boschkop Police
012 802 1087/4

Netcare 911
082 911

Willows Hospital
012 807 8100

Life Medical Centre
(near Hans Strijdom Entrance)
012 809 1004

Intercare Medical and
Dental Centre
(Hazeldean Centre)
012 809 6000

Fire Brigade
10111

Power Failure
012 339 9111

City of Tshwane Call Centre
012 358 9999
Water leaks: waterleaks@tshwane.gov.za
Street lights: streetlights@tshwane.gov.za

Smart Meter Call Centre
012 943 9950
smartmeter@tshwane.gov.za

ESTATE NEWS



HENK BOOYSEN
CEO

News from the CEO

We are going into the most beautiful month of the year in Pretoria and everything will soon be purple!

25 Year Celebration

What an amazing 25th Celebration we had on the weekend of 7th and 8th September. We have been asked by so many people when we are doing this again. The Organising Committee will be proposing to use National Braai Day on 24 September each year for a large gathering of our members to enjoy a bring-and-braai. We wish to thank every person who was involved in the process for their time.

Security matters

The changeover from G4S to Bidvest Protea Coin went well. In spite of training, some challenges were experienced, but the "older" staff that came across from G4S to Bidvest Protea Coin made a huge difference with the service levels and understanding of the processes.

We have introduced a new Visitors Management System, which should speed up the process at the gates and improve the service to our members. Hennie du Plessis has drafted a special communiqué addressing the system.

Challenges on the Estate

The following challenges are being experienced on the estate and members are kindly asked to ensure that their tenants and guests are aware of this:

- Picking up of dog faeces – please take a plastic bag along when you go for a walk.
- Walking on the golf course – you can use the pathways, but please refrain from walking on the course between 6h00 – 18h00.
- No tree may be removed on a side walk without the approval of the HOA.

Rules

This month we wish to focus on the rules applicable to pets in general. We have so many pets on the Estate and we need to thank our members for working with us in this matter. There are however a handful of members or tenants who disregard the Rules and this creates a problem for us in general. These and other points are all available in the Rules under Conduct Rules.

- 2.45 Local authority bylaws relating to pets shall be strictly enforced.
- 2.46 Residents may not keep more than three dogs or three cats on their property.
- 2.47 Poultry, racing pigeons, aviaries, rabbits, wild animals, livestock or the like shall not be permitted to be kept by residents in the Estate, whether as pets or otherwise.
- 2.48 Dogs shall at all times be kept on a leash when in communal areas of the Estate.
- 2.50 Pets found roaming common areas shall be removed to a pet facility at the Member's cost.

It is suggested that members arrange special tags to be placed on a collar on their pets to assist the HOA to identify the owner when a pet has wandered off, specifically with the upcoming lightning season. Some members have advised that their pets cannot wear a tag. The HOA has a special scanner which enables us to read a chip on an animal and return the pet to its family. We will arrange a day with a Veterinarian to assist with the chipping of pets and at the same time, provide tags at a nominal cost. Please be on the lookout for the announcement.

Please feel free to contact us at the office if you have any specific queries and one of our staff will assist you.

Kind regards

Henk Booysen

CEO

The following schedule of penalties are applicable to members who are not compliant:

TRANSGRESSION	1st Offence	2nd Offence	3rd Offence
Barking dogs. Pets becoming a nuisance in the Estate.	Written warning	R 250	R 500
Pets roaming the streets.	R 250	R 250	R 500
Dogs not on a leash.	R 250	R 500	R 750
Keeping more than three dogs or three cats.	Written warning (30 days to comply)	R 500 per pet per month	

San-Karin Jacobs

Your fellow resident in Silver Lakes Golf Estate for the **past 23 years!**

sankarin@remax.net

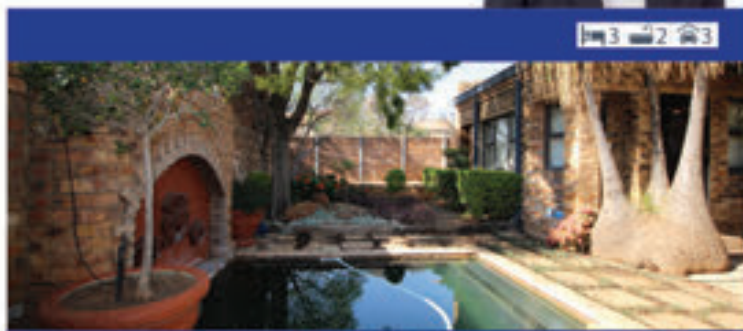
082 254 2504

www.remax.co.za



Property Link: bit.ly/2P5V6jy

R3 600 000



Property Link: bit.ly/2Q7ZdeO

R3 700 000

GOLF COURSE



EXCLUSIVE MANDATE



Property Link: bit.ly/5-950-000

R5 950 000

GOLF COURSE



TRIPARTITE MANDATE



Property Link: bit.ly/RXCD-5869

R 7 500 000

4 smart ways to save money during a recession

1. Set up a grocery budget

"Second to rent or bond repayments, food is one of the largest expenses of any household. Homeowners might have to change their shopping habits if they want to cut back on this expense," says Goslett.

Ditch the ready-made meals and buy ingredients in bulk instead. If you're short on time during the week, prep and

freeze your meals over the weekend so that you have cheaper homemade 'ready-meals' during the week.

2. Lower your electricity bill

Electricity is something we take for granted. When we come home, we expect there to be warm water in our taps, and with just one click of a button have all our appliances switch on.

"However, you can significantly lower your electric bill by turning off your geyser during the day and unplugging

all appliances when not in use so that they do not steal a phantom charge.

Filling your fridge and freezer to its recommended capacity, installing energy-saving bulbs and dimmers and washing your laundry in cold water are all useful ways to conserve electricity," says Goslett.

3. Reduce your cleaning supplies

Cleaning products are also an immense waste of household income. All you really need in your cleaning supply closet is bleach, vinegar, lemon juice,

bicarbonate of soda or baking powder and a bottle of vanilla or rosemary essence if you want that fresh scent you find in cleaning products.

4. Cut fuel costs

"Fuel prices are at an all-time high. Find ways to lower the amount of kilometres you rack up each month by finding shopping centres en route to work instead of driving out on a Saturday for bread and milk. Find ways to make spending the weekend at home interesting so that you don't feel tempted to go out and spend money.

Live the life, love the home

EXCLUSIVE MANDATE



Silver Lakes Golf Estate
Re-Invent your Senses

R 7 500 000
Web Ref: 3167358

In search of your dream home?

Visit our website www.ikonic.co.za
for a wide selection of exclusive
Silver Lakes Golf Estate properties

C: +27 (0)83 452 5599 - Martin
C: +27 (0)83 452 5588 - Zona-Lize
E: martin@ikonic.co.za
E: zhayward@ikonic.co.za

Follow us on:



VACANT STAND

Silver Lakes Golf Estate
Experience a luxurious lifestyle

R 5 200 000
Web ref. 13598712

EXCLUSIVE MANDATE



Silver Lakes Golf Estate
Loads of Ambiance

R 3 390 000
Web Ref: 13534973

CO-EXCLUSIVE MANDATE



Silver Lakes Golf Estate
Cozy & Charming One-Level

R 3 100 000
Web Ref: 13678790



UNDER OFFER

Silver Lakes Golf Estate
On The Golf Course

R 5 050 000

CO-EXCLUSIVE MANDATE



Silver Lakes Golf Estate
Elegant & Stylish

R 3 450 000
Web Ref: 13639983

Silver Lakes Golf Estate
Perfect Family Haven

R 4 495 000
Web Ref: 13670590

Silver Lakes Golf Estate
Perfectly Positioned

R 5 490 000
Web Ref: 13633786



EXCLUSIVE MANDATE



Silver Lakes Golf Estate
Spacious & Immaculate

R 2 680 000

Silver Lakes Golf Estate
Tranquility at best

R 9 850 000
Web Ref: 13586767



UNDER OFFER

Silver Lakes Golf Estate
One-Level Home

R 3 975 000
Web Ref: 13568825



UNDER OFFER

Silver Lakes Golf Estate
Spacious Family Home

R 2 900 000
Web Ref: 13367558



From the Country Club

Tennis

As you may have noticed the third tennis court has been repaired and is being booked regularly. Bookings are running smoothly but if you are still having difficulty with the system, please pop in to the Clubhouse and we will assist you.

Swimming pool

The pool is now open and ready to be enjoyed by our locals. Please do not leave your children unattended. Sunscreen is to be used at all times and if you are running out of sunblock, remember the Pro Shop stocks only the best.

General rules

Please note that residents and employees are not permitted to cross the golf course on foot or even ride a bicycle while golfers are playing on the course. The area in front of the Halfway House, crossing the bridge to get to the other side of the golf course, is still a problem area as people crossing are not visible to the golfers.

Golf carts

A reminder to all golf cart owners and users to please see that their carts are registered with a blue sticker purchased from reception at the Clubhouse.

Golf Course

We have completed the irrigation audit on both 9s and are very happy with the results. The green keepers are working hard to finalise the spring treatment in preparation for the presentation of our championship golf course.



Golf day season has begun, and we are averaging between two and three golf days per week until the end of November. For our 25th birthday celebration we introduced our new shoot-out box. It has proved to be loads of fun and was enjoyed by everyone.

The shoot-out box will be available for rental at the Club and will also be used for various golf days.

I hope our non-golfing residents have been to the course to try out the game of golf.

Happy golfing

Brendon van Nieuwenhuizen

Golf Manager



Ref# PT1395506

Silver Lakes Golf Estate / R6.995 million

Situated within the game reserve, with its own Garden of Eden. Modern kitchen and open plan living areas. This is a real family home with a playground for the kids but also a sophisticated property where you can lavishly entertain. With lots of parking space and domestic quarters.



Ref# PT1382587

Silver Lakes Golf Estate / R4.990 million

Bali inspired home with a rustic twist and spectacular views within the game reserve. This family home offers 3 -en suite bedrooms all on one level. With doors opening up onto the secluded wood deck and pool. With open plan living areas and a crackling fire place. Also offering 3 garages, a study and a room for the nanny.



Ref# PT1399086

Silver Lakes Golf Estate / R8 million

A great acquisition in an excellent location. Home for a family with spectacular views of the golf course and one of the dams. This neat family home offers 4 bedrooms and 4 bathrooms. The entertainment area with an exquisite build-in bar and the patio leads to a wooden deck and sparkling pool. Also offering 4 garages and a room for the nanny.



Ref# PT1397767

Silver Lakes Golf Estate / R4.450 million

Absolutely nothing to do but move in! A jewel of a home to build all on one level and completely renovated. A sense of flowing spaces in the spacious open plan kitchen and living area leading to the pool and the boma. This is a tension free home and offers a big stand for the kids to play and a room for the nanny.



I am Inge de Klerk - Gold Club Elite Agent

Inge 083 700 3911

pamgolding.co.za/inge-de-klerk

012 365 9000

inge.deklerk@pamgolding.co.za

Meet more of our people at pamgolding.co.za


PAM GOLDING
PROPERTIES

August results

MATURE GOLFERS

10th ANNUAL GOLF DAY FOR SENIORS

HOSTED BY: THE MATURE GOLFERS AT
SILVER LAKES

TO ALL SENIOR LADY AND MEN GOLFERS

The older and senior male golfers have a wonderful golf competition every Thursday morning at the Silver Lakes Golf Club which is open to all male senior golfers.

Prizes for this weekly golf competition are dependent on sponsorship and other funds raised at our annual GOLF DAY which is held for senior golfers. The Mature Golfers at Silver Lakes are extremely grateful for the wonderful support we received from our sponsors over the last 10 years.

Please join us for our 10th fundraising GOLF DAY for seniors to be held at the SILVER LAKES COUNTRY CLUB. Last year's golf day was a huge success with lots of wonderful prizes and trophies for various winners including the winning lady golfer. We are hoping to make this 10th annual event a great success and an enjoyable occasion for all those participating.

PARTICULARS FOR THE GOLF DAY

- DATE: 15th NOVEMBER 2018 with a shotgun start at 12h00
Check in from 11h00.
- ONLY players 50 years and older may enter and LADIES are also welcome. Sponsors may include players under the age of 50 in their fourballs – separate competition for the under 50's.
- COMPETITION FORMAT: IPS (separate competition for ladies).
- ENTRY FEE: R295 per player.

FEE includes green fees and an early dinner/prize giving.
Silver Lakes Gold Members only need to pay R175 per player.
Golf carts can be hired at R200 per cart.

We look forward to your support and participation in our special anniversary GOLF DAY and assure you of an enjoyable and friendly day in the companionship of the OLD BUDDIES. Call the Silver Lakes Golf Shop on 012 809 0430 to reserve your place and tee-box for the shotgun start.



02 AUGUST 2018		
NAME	PLACE	2-CLUB
Eugene Visagie / Jan Potgieter (48)	1st	Chris Greenland
Bertus de Klerk / Steve Greyling (47)	2nd	Fernando Vieira
Braam Venter	NTP # 9	
Phillip Molapo	NTP # 13	
Dawie Jacobs	NTP # 16	
Bertus de Klerk	NTP # 18	
Francois Booyse	NTP # 3	
Fernando Vieira	NTP # 3	

08 AUGUST 2018		
NAME	PLACE	2-CLUB
Cor Scheepers (40)	1st	Jannie v d Watt
Fernando Vieira (39)	2nd	
Jas Wasserman (38 c/o)	3rd	
Jannie v d Watt	NTP # 9	
Eugene Visagie	NTP # 13	
Eugene Visagie	NTP # 16	
Eugene Visagie	NTP # 18	
Fernando Vieira	NTP # 3	

16 AUGUST 2018		
NAME	PLACE	2-CLUB
Jan Potgieter / Daan Rouffe / Jannie v d Watt / Jannie	1st	Niek Hollander
Duvenhage (91)		Phillip Molapo
Bertus de Klerk / Hennie Coetzee/	2nd	
Phillip Molapo / Francois Booyse (88)		
Francois Booyse	NTP # 9	
Rian Swiegers	NTP # 13	
Lodewyk de Wet	NTP # 16	
Danie Jacobs	NTP # 18	
Rolf Hauter	NTP # 3	

22 AUGUST 2018		
NAME	PLACE	2-CLUB
Kobus Gouws (37)	1st	Kobus Gouws
Theo O'Neil (36 c/o)	2nd	
Lodewyk de Wet (36 c/o)	3rd	
Kobus Gouws	NTP # 9	
Jannie Duvenhage	NTP # 13	
Hennie Coetzee	NTP # 16	
Pieter Grey	NTP # 18	
Fernando Vieira	NTP # 3	

30 AUGUST 2018		
NAME	PLACE	2-CLUB
Phillip Molapo (41)	1st	Jan Potgieter
Nico Kriek (39)	2nd	Phillip Molapo (x2)
Eugene Visagie (39 c/o)	3rd	
Jan Potgieter	NTP # 9	
Phillip Molapo	NTP # 13	
Stefan Ferreira	NTP # 16	
Fernando Vieira	NTP # 18	
Phillip Molapo	NTP # 3	



LOCAL
OR OFFSHORE?
INVEST WITH THE
TOP



BOUTIQUE WEALTH
MANAGER IN SA, 2017
BRENTHURST WEALTH

BRENTHURST RANKED BEST BOUTIQUE
WEALTH MANAGER IN SOUTH AFRICA

CALL US TO DISCUSS YOUR FINANCIAL PLAN
YOUR FIRST CONSULTATION IS FREE

JOHANNESBURG +27 (0) 11 799 8100
SANDTON +27 (0) 10 035 1391
PRETORIA +27 (0) 12 347 8240



www.brenthurstwealth.co.za

Brenthurst Wealth Management is an authorized
financial services provider FSP No. 7833

JAWITZ

PROPERTIES

We're *Real*
about Real Estate

We know the
people you will
be selling to

To speak to your **#RealPartners**,
contact Jawitz Properties today.

Contact us



Anton Scheepers
083 227 1112
anton@jawitzsilverlakes.co.za



Amandie Scheepers
082 412 9421
amandie@jawitzsilverlakes.co.za



Elizma de Jager
083 652 0200
elizma@jawitzsilverlakes.co.za

012 809 0019
admin@jawitzsilverlakes.co.za
www.jawitz.co.za

25 Year Celebration

As Spring is in the air, it was the perfect time of the year to celebrate 25 years of Silver Lakes and to bring our community together. The celebration was held in and around the Silver Lakes Clubhouse on 7th and 8th September 2018.

Our organising committee and supporting teams were ready and excited when the day of the 25 Year Celebration arrived after months of planning and hard work. It started with a cold morning and a few rain showers followed, but as we held our breath the rain stopped in the afternoon and the bring-and-braai could continue as planned! People started to arrive with their chairs, gazebos, family and friends and the evening turned out to be a massive success with 620 people in attendance.



It was a lovely evening with live entertainment, music and dancing. The braai area, beer garden and patio of the Clubhouse was packed with people and there was a great atmosphere.

The golf night shootout event from the Clubhouse deck was very popular and

it was Jannie Rossouw who hit the ball closest to the pin and walked away with the prize.

Saturday morning started bright and early with spectacular weather, a 5km fun run and 10km cycle race through our beautiful Estate. People of all ages participated and

we even had some pawed participants. Congratulations to all the winners of the fun run and cycle race.

With the stunning surroundings of our driving range, I can't imagine a better place to have a large outdoor aerobics class! The participants enjoyed the fresh air, got a



Above - Longboard winners:
Francesco De Luca and Angelos Papadopoulos.



Fun Run winner: Gilles Raffle and his
dog: Dailey Raffle



Cycle Race winners: Michelle Van der Merwe, Carla Petersen, Reinhardt Lubbe

great workout with Absolute Pilates and had a lot of fun.

The sky diving event was spectacular to watch! The two sky divers came in at a rapid speed over the water in front of the clubhouse, touching the water and landed on the 9th tee. It was amazing and enjoyed by all!

The day was also filled with various other fun activities and entertainment

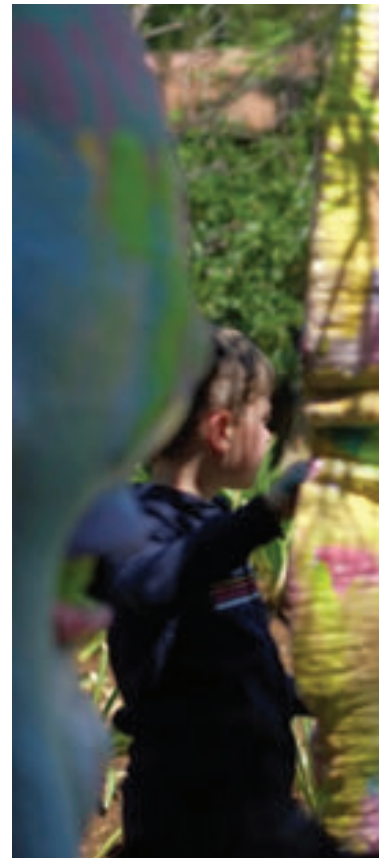
for the whole family. People could stroll through the food and craft stalls from art exhibitions to delicious food, try out some wine and gin at the free tastings or enjoy the wonderful atmosphere while sitting in the beer garden, listening to our live performances and Silver Lakes FM. There was lots of entertainment for the little ones, from a parachute rocket, mini slide, jumping castles, karts, ponies, skate board ramp to a climbing wall. There was also an art park event where the kids could paint

big masks, do chalk drawing on a graffiti wall, decorate a cupcake or have their faces painted. Our *bokdrol spoeg* competition was a hit and we had lots of people taking part. Derick van Greunen won the Kudu division, Sammy won the Impala division and Ami Zietsman the Duiker division.

For the golf enthusiasts a speed golf, hole in one and longest drive competition was held with the latest Titleist equipment and technology.



Potjiekos Competition winner: Grant Adam







CHANNEL 823

DSBv



**SOMETHING
FOR EVERYONE.**

www.mixfm.co.za



Get a sound night's sleep

with a Smartceiling from Saint-Gobain

Getting a good night's sleep is as vital to our health as drinking enough water and breathing clean air.

According to the American National Sleep Foundation, interrupted sleep can cause all kinds of ailments, from decreased attention spans, to increasing the possibility of getting depression or even Alzheimer's disease.

Most of us know that feeling of waking up in the morning knowing that you could still sleep for another hour or two. Perhaps you have a new baby that needs regular attention throughout the night, or your head is busy with plans for the holiday or you're worried about a presentation that you have to do the next day. These interruptions are inevitable, and cannot be fixed with a simple solution, but for distractions like external noise from a neighbor's party or a teenager in the room next door practicing their electric guitar skills, we have good news.

Saint-Gobain Gyproc and ISOVER manufacture solutions that will assist in the absorption of noise to make your home calm and serene. A simple solution like upgrading your ceiling with higher performing products can go a long way at keeping the peace in your home, and making sure that you get a good night's rest.



For a good night's sleep, you should maintain noise levels at around 40dB. With the right ceiling board, and well performing insulation, you could decrease the spread of noise by up to 20dB. Taking into account that noise levels in daily life reach around 60 to 70 dB, the Saint-Gobain solution will get you right into the perfect groove for having a peaceful night's sleep.

If you think you need to upgrade your ceiling, you can get in touch with us at smartceilings@saint-gobain.com for an obligation free assessment.

Gyproc and ISOVER is part of the Saint-Gobain group, one of the 100 most innovative companies in the world. Together with our sister brands, we demonstrate that it is possible to design, build and renovate buildings complying with our vision of sustainable habitat using our solutions to meet our customers' needs.

Contact us at
smartceilings@saint-gobain.com
for an obligation free quotation

EZGO

A Textron Company

www.ezgo.co.za



SUPERIOR INSIDE AND OUT

FREEDOM SERIES

Get more enjoyment wherever you're going. A quick jaunt down the block. Lunch at the club. Finishing the back nine. Everything's more fun with the Freedom RXV® and TXT®.

Since life is better with options, the Freedom series let you choose between a low-emissions, 13.5-hp petrol power engine and a quiet, zero-emissions 48-volt electric drivetrain. With innovative features like the RXV's highly efficient AC drive and automatically applied parking brake, you'll have more flexibility on the road. So climb in. And let the excitement begin.

- Huge variety of factory refurbished 2 & 4-seaters available
- Customize your cart with our complete range of genuine E-Z-GO accessories.



RXV



RXV 2+2



TXT



TXT 2+2

RANDBURG / NORTH RIDING (Head Office)
Tel no: +27 (11) 595 3600
Cell: +27 (82) 807 6694
Email: simon@ezgo.co.za

WE ARE
IMPERIAL

© 2013 E-Z-GO All rights reserved.



Annemarie Scholtz
annemaries@realnet.co.za
082 443 9251
www.realnet.co.za

RealNet
Elegance properties



SOLE MANDATE Silver Lakes Golf Estate

R1 425 000

WEB REF: #1154268

Retire in style with 2 bedrooms, 1 bathroom, open plan kitchen with dining/lounge area, patio with built in braai, courtyard, 1 lock up garage & large communal garden.

Building size: 107



EXCLUSIVE LIFESTYLE Silver Lakes Golf Estate

R 3 900 000

WEB REF: #1162879

Easy, open plan living with 3 bedrooms, 2 bathrooms, 3 living rooms, 1 study, a pool, separate flatlet, and 3 garages - all with a low maintenance exterior.

Building size: 375, Erf size: 1049

SMARTCEILING PRESTIGE



SAINT-GOBAIN

Upgrade your home with a SmartCeiling Prestige package from Saint-Gobain

Providing thermal efficiency that keeps you warm in winter and cool in summer. The SmartCeiling Prestige package includes RhinoBoard 9.0mm, Isover Aerolite 135mm, Gypframe N concealed ceiling-grid, jointing tape, decorative cornice and adhesive.

For more information visit us at upgrademyhome.co.za or email smartceilings@saint-gobain.com

The SmartCeiling Prestige package is sold in 3m x 3m units.

Everything you need for a comfortable and an elegant finish.







The winners also walked away with wonderful prizes sponsored by Titleist. The Longest driver winners were: Mens' division, Arno Smit (323.9m); Senior Division, Henry Roodt (307m); Super Senior Division Rolf Hauter (253m) and Junior Division, Willem van der Merwe (314m). The team winning the speed golf completed the Par 5 on hole 2 in a quick 1minute 15 seconds. The team included: Henry Roodt, Arno Smit, De Wet Roodt and Gary Pettit.

The *potjiekos* competition entries were truly remarkable, every pot was unique and delicious! Grant Adam walked away with the winning pot and was crowned our Potjiekos Master 2018. Despite the wind picking up at the end of the day it didn't stop people from attending the outdoor movie night, "The Greatest Showman", where families could enjoy their picnic baskets while watching the movie. A big thank you to all of our generous sponsors for contributing to the success of our event: Bidvest Protea Coin, FootJoy, Titleist, Status Hiring, Telkom, Café 41 Silver Lakes, Coastal Hire, Pick n Pay Waverley, Menlyn Auto, The Mathews family and Absolute Pilates.

We would like to thank every person who attended the Celebration and shared in the festivities. The Silver Lakes community is a bunch of lively, enthusiastic and wonderful people and it is a privilege to be part of this. We are looking forward to hosting more exciting events with our community in the future.



Best wishes,
Nienke Moolman
Marketing Manager

The **biggest** furniture manufacturer
in the **world**



Traemore Lounge Collection

**10%
OFF**

Present this advertisement in-store to receive **10% off** on your total purchase. Valid until **30 November 2018**.

*Terms & Conditions Apply. This 10% discount does not apply to products that are already discounted or on special.



Ashley
FURNITURE HOMESTORE



Nandero Lounge Collection

www.ashleyfurniturehomestores.co.za | Centurion | Tel: 012 749 3100



Environmental Matters: 25 years and counting

Our Estate is the oldest housing estate of this kind in the country, and the golf course turning 25 in 2018 and it culminates in this past month's celebration of 25 years of Silver Lakes. The amazing celebrations of the weekend of the 7th and 8th of September started with a bring-and-braai where 620 residents got together on the Friday evening and had a ball – even though the evening started out a bit wet with the first rains of the season arriving during the day. Thankfully the skies cleared out around 8pm and the party started in earnest! Koot and our environmental guys made 28 half-drum braais, filled them with wood and everything else needed for some real fires under our African sky! Smelling the woks, chicken and other home delicacies sizzling away above the coals, I realised just how lucky we are to not only live on our wonderful Estate, to braai under the stars, but to live in this great country of ours. We see all the mistakes, and obviously we all want to right all that is wrong in our Country, but still what an amazing place we live in. Our Environmental team stayed until the last person left, cleaned up and were ready for the next day's activities by the time I woke up the next morning! Thanks a million, guys!

Nice and early on Saturday morning, we begun with the cycling and running events. Even residents with baby prams and their pet dogs took to the streets to run and cycle. Everyone met back at the Clubhouse after an invigorating run or cycle, all smiles, ready to join us for the rest of the day's festivities. Amazing stalls, face painting, cupcake decorating, jumping castles, skateboard ramps and an absolute stunner of a skydiving performance – it was incredible.

You will see the photos of all the festivities as well as our winners of the competitions elsewhere in Intra Muros! Enjoy!

Happy Birthday Silver Lakes! I hope there are many more years of happy memories for all our residents and their families!

On the environmental side: This month we started planning for summer and the coming year. This involved budgeting for our next cycle of developments and the appropriate maintenance regimes for our beautiful Estate. Spring has sprung as well... it is warmer... finches are making nests all over the Estate and the clivias are flowering in abundance in our Silver Lakes gardens! Everybody was talking about the clivias in Mr Clyde Meintjies's garden in Spyglass Street.

They flowered magnificently. Wisteria blooms were raining down over pergolas. Estelle Dippenaar's house in Nicklaus Street was showered in purple! Strelitzias showing their beautiful bird-like features with pride in our own gardens have also bloomed and now we will be waiting for our roses to come alive, too! They have been pruned, treated and we hope to have them flower in all their beauty. October is rose season, but we are lucky to have Elize, the horticulturist of The Garden Group, take such good care of our roses. They keep flowering until deep into winter with several bursts of flowering as she treats them. Thanks a million Elize, they are beautiful!

It is not only the beautiful gardens we are looking after on our Estate. The dams and our streams are a priority, too. We ensure erosion protection by building gabions, or using rock packing and plants to stabilise embankments. All of this takes a lot of time and dedication by our wonderful environmental team. We are still busy with a programme to clear the hornwort weeds growing out of the dam on the 5th. We hope to see an improvement this year once our pump is installed and we can aerate the water with oxygen and get a flow going. Hornwort does not grow in flowing water.



One of our main efforts this year and in 2019 will be to plant more trees along the streets – especially on the old ‘rose corners’ where we now have lawn with the endemic (indigenous, but also of the specific area) trees of Silver Lakes. The plan is to have a canopy of trees that will become the binding element in our Estate with its variation of architectural styles. I therefore urge homeowners to please look after and care for our existing trees, some of them are older than 25 years old and were planted for exactly this reason. Pretoria being one of the cities with the most trees in the world, it was only apt to have this vision of a golf estate, nestled in-between beautiful trees. It is the reason we are so protective of all trees on our communal property in the Estate!

The past month has also seen Dr Douw Grobler and his team relocating a large number of the resident game in the 1st and 2nd phases of Silver Lakes. These duiker and bushbuck have been part of the ‘old’ Silver Lakes which was developed around the golf course many years ago, but now that all the stands are being built on they start using our gardens as grazing areas and eating the lekker little flowers we plant for a bit of colour.

Design-wise we are getting new-look designs for the interiors of the Club and our feature gardens at the gates. Well,


they’re not really a new look, but more a modernising and upgrading of the different areas. As the older homeowners will remember, where the ProShop is now, there was a sitting room, so the whole feel and focal points in the Clubhouse have changed. Through an upgrade of the design we would like to bring back the sumptuous feel you would like at the Clubhouse. The same with the Entrance gates. Many years ago we were the only estate or even buildings out in the veld! Now we are surrounded by many other developments, squeezing our entrance gates into something that does not really showcase our beautiful Estate. We would like to screen the entrances from the buildings around it with plants so that the focus of our entrances comes back to Silver Lakes! So that when we arrive, we can feel that “we have arrived”.

As you also know the Clubhouse has had lots of improvements over the past few years, but we would like to include the swimming pool area as part of the upgrade so that we can finalise the gardens surrounding the Clubhouse. The extension of the chapel with a wooden deck and doors opening into the new children’s play area will also be finalising this development. Then we can start planning for skateboard ramps and our bowling green. Finally, finalising all the areas such as the few bare patches

in and around the parking area at the Clubhouse.

We are also looking at cost-effective plans to upgrade our Silver Lakes Drive wall and sidewalk, together with that entrance and its outside, which is not a plus point in the look-and-feel stakes.

With the above, together with the efforts putting together the aesthetic guidelines in the past five years, we hope that our landscapes and homes become standardised and easy to maintain. At the AAC meetings we will endeavour to keep it simplified and uniform and with easy-to-follow guidelines. If you would like to be part of this process, please feel free to join us on the Architectural and Aesthetic Committee. We have meetings every 2nd Tuesday of the month at 8am.

We have, after many years and background investigations, compiled the report for the Board of Directors on the possible influence of the proposed outfall sewer on the Estate. In these reports we emphasised the influences and also investigated different options and will present the findings in a report to you, the homeowners, as well as to city council, for their perusal. If you want the in-depth reports they are available. I will give a short summary next month after the report has been presented to the Board. 



Corlia Mathews

Africa's Largest Selection of Patio Furniture & Accessories

PATIO
WAREHOUSE



Reno Corner Lounge Set

10%
off

Present this advertisement in-store to receive **10% off** on your total purchase. Valid until **31 November 2018**.

***Terms & Conditions Apply.** This 10% discount does not apply to products that are already discounted or on special.



Terni Dining Set

| 012 657 9400 | Centurion | www.patiowarehouse.co.za |





The Arrow-marked Babbler

by Debbie Walton

On the long weekend, we were invited by my parents to join them for a picnic at the Rietvlei Nature Reserve. I am a bush baby at heart and didn't need convincing, but my husband and children aren't overly enamoured with the lengthy drives to spot wildlife and they tend to lose focus about 30 minutes in... I'm irritated by the incessant cries from the kids: "I'm hungry... This is boring... When are we getting out?" My husband is no better, I can tell you, so you can imagine the apprehension I felt when accepting my parents' invitation...

But, I must say I was pleasantly surprised by my kids and my husband! When we arrived at the picnic site, my daughters (aged nine and seven) sat themselves down in the camping chairs, grabbed their grandparents' binoculars and begun looking for birds. My dad is an avid birder. Perhaps "avid" is too light a term. Obsessive birder more accurately describes it, and it wasn't ten minutes in that my husband and kids spotted the Arrow-marked Babbler in the branches above us and got their first bird lesson of the day.

"Ah, there's just one now, but the rest of the flock will be here shortly," my dad said. And within a minute, another five or so more Arrow-marked Babblers joined their mates.

The Arrow-marked Babbler is a medium-sized babbler, 22 to 25 cm in length and weighs between 56 and 85 grams. The common name for the species is derived from its plumage, which is brownish-grey above and lighter below, with white tips to the feathers on the throat, neck and head. The iris is bright red and the inner ring of the eye bright yellow or orange. The males and females are identical in appearance. Juveniles have brown eyes, and less arrow-shaped streaking on the breast.

This little Babbler lives in social groups of between 3 and 15 birds (six being the average) that defend large territories, with the size of the territory being dependent upon the number of individuals in the group. They feed on insects, spiders and sometimes snails and lizards, as well as fruits. Foraging occurs near the ground, sometimes in association with other babblers or bulbuls.

I can highly recommend a family day-trip to Rietvlei Nature Reserve. There are many species of buck to be seen and even the magnificent white rhino, cheetah and leopard, if you're very lucky. It's hard to believe that this 40 hectare nature reserve is in the middle of the city, right next to the R21. We had a wonderful time and will certainly be back.

For more information log on to <http://www.tshwane.gov.za/sites/tourism/NatureConservation/Pages/Rietvlei-Nature-Reserve.aspx>





**Home – where
Your story
begins..**

**Let Elliott make
your new beginning
stress-free!**



**Contact us today
for a quote**

Tel: +27 11 256 3000

**Email:
sales@elliottmobility.com**

**Website:
www.elliottmobility.com**

MOVING • STORAGE • RELOCATIONS

woodenways™
luxury furniture

🏠 Shop F27, Parkview Shopping Centre, Garsfontein, Pretoria ☎ 012 809 3677
✉ pretoria@woodenways.co.za www.woodenways.co.za

#fast #reliable #quick



+

GYS PITZER
★
MOTORING

=



WE WANT YOUR WHEELS

Andries Joubert: 082 372 0116 • www.gyspitzersilverlakes.co.za

Bed King

SLEEP SOLUTIONS

KEEPING
OUR
PROMISES
SINCE
1999



Comfort Solutions
LAB
Where technology meets sleep

Where technology meets sleep

Choosing a bed is an important decision as it impacts the quality of your sleep and your health for the next 8-10 years. The process of purchasing your mattress can be **confusing** and **frustrating**. Jumping from one bed to the next, **unsure** of which one is right for you. Now imagine a world where finding the right mattress is as simple as lying on **one** mattress. At Bed King, we've made this a reality. Our exclusive Comfort Solutions Lab® uses advanced pressure mapping technology that helps to determine your unique comfort and support needs based on your body composition and sleep position. By lying on one mattress, our Comfort Solutions Lab® determines the comfort and support you require in five minutes!

Find your Comfort Solution, not your comfort exchange!

Exclusive
offer!

Cut out this ad and get 5% off your purchase upon presentation

012 809 1218 - Willow Rock Value Centre, Solomon Mahlangu Drive (Opposite Kia Motors)
www.bedking.co.za | www.comfortsolutionsbeds.co.za

PLANT CHOICES: WHAT TO PLANT

WHERE

by Elize Malan



A British writer defined a plantsman as “someone who wants to grow what he can’t and preferably where it won’t”. This description is often true of keen gardeners.

We have all succumbed at one time or another to the temptation of buying a plant for its attractive foliage or beautiful flowers, without considering whether it is suitable for our conditions. We go home and then walk around the garden looking for any available gap.

The first thing to do before deciding on a plant is to assess your garden.

- Know the movement of the sun in your garden
- Take the direction of the prevailing wind into consideration. An exposed site can become sheltered by erecting hard landscaping to filter the wind
- Use the shelter from north-facing walls to grow plants that need protection from winter cold
- Accept the limitations of your site and choose your plants accordingly.

Look at your garden from a plant’s point of view.

- A plant that needs full sun will become spindly and will not flower without sufficient light
- Shade loving plants will turn yellow, show burnt spots, roll their leaves and eventually die when grown in full sun
- Seasonal changes, like deciduous trees, will allow sun to penetrate the soil in autumn and winter but form shady canopies during summer
- It is necessary to know the mature size of each plant that you intend to buy

Plant descriptions explain the correct conditions (natural habitats) needed:

- Alpine plants grow at high altitudes, require good drainage and air circulation
- Tropical plants need year-round warmth and adequate water
- Mediterranean plants (Cape Flora) prefer dry sunny areas with excellent drainage but need sufficient water in winter. This is often the reason why these plants do not thrive in Gauteng (summer rainfall region).

Soil plays a major role when choosing a plant.

- Few gardens have perfect soil and soil improvement will allow plants to grow stronger and be less prone to disease
- Soils are referred to being sandy, clay or loam:
 - Loam soils will give the best results
 - Sandy soils drain rapidly and nutrients tend to be washed away
 - Clay soils become sticky when wet and become compacted easily
- Most plants have an optimum range of acidity or alkalinity. Generally, sun-loving plants grow well in alkaline soil, while plants, which in nature grow in damp shady places, prefer acid soil. Soil testing kits are available from garden centres to determine the pH of your garden soil.

Global warming and climate change are a reality we can no longer ignore. Choosing indigenous plants endemic to Gauteng and suitable exotics that can withstand extreme climate conditions would be the responsible way to garden in these difficult times.





SUSHI NOW AVAILABLE

**BOOK YOUR YEAR END
FUNCTION WITH US!**

**5 STAR PRIVATE CATERING AVAILABLE
(PLATTERS, SPECIALIZED MENU'S, BUFFET)**



café

SILVER LAKES



41

La Quinta Street, Silver Lakes Golf Estate Pretoria, 0081

012 809 1571 | www.cafe41.co.za | orders.silverlakes@gmail.com

"Life is uncertain... Eat dessert first!"

Ernestine Ulmer



Enter every month and win a restaurant voucher for you and your family.

Answer the question below and send your name, contact details to info@eiapublishing.co.za to stand a chance to win. Please include SILVER LAKES in the subject line.

What is the name of the nature reserve we visited in this month's birding article?

CONGRATULATIONS to Margaret Lawrence for winning last month's competition. Your prize is on its way to you.

MALT BAR & GRILL

HOST YOUR YEAR END FUNCTION

BOOK YOUR FUNCTION TODAY

SILVER OAKS CROSSING, CNR VON BACKSTROM BLVD & SOLOMON MAHLANGU DR, EQUESTRIA
012 809 3330, [INFO@MYMALT.CO.ZA](mailto:info@MYMALT.CO.ZA)

BRAZA
Discover a World of Flavour

Great food inspired by Portuguese flavour

BRAZA - SILVERLAKES
TEL 012 809 2453
InShere Centre,
4 Graham Road, Silver Lakes
Pretoria



LAMBORGHINI ENTERS THE 'SUV' SEGMENT

By Alan Rosenmeyer

Motor historians will know that Italian tractor manufacturer Ferruccio Lamborghini suggested possible improvements to Enzo Ferrari when ordering a car. Ferrari responded by refusing to supply the car and Ferruccio declared that he would simply build his own, better, car.

Being a huge fan of bull fighting, Lamborghini named all of his subsequent cars after famous bulls... perhaps a lot of bull has followed but many have been worthy of posters on young boys' walls ever since.

In the world of sports cars, Porsche shook the market in 2002 by launching the Cayenne. Sacrilege from a sports car manufacturer! Yet, this went on to rescue Porsche and is now their largest selling model from a now highly successful company. Another strange fact in the world of big business is that both Lamborghini and Porsche are today part of the huge

Volkswagen group. Siblings, but fiercely independent rivals in the marketplace.

Now Lamborghini has entered this market segment with what they describe as the world's first SSUV (Super Sports Utility Vehicle), a bold claim until you see the Urus in the 'flesh'.

Lamborghini South Africa decided to have a double celebration and revealed the Urus at the opening ceremony of their new dealership in Cape Town. Sadly, we were deprived of the opportunity to drive the only Urus in SA at present. In fact, the car was only flown into the country days before the event. It was almost punishment being allowed to sit in the vehicle and even start that rumbling V8 without being allowed to drive it. Hopefully, that opportunity will come soon.

Simply looking at the mean, aggressive lines of the car, then hearing about the performance potential of a top speed in



excess of 300km/h, I believe the SUPER SUV claim. The interior reminds one of the cockpit of a jet fighter yet it is still filled with every possible luxury item at the same time.

The CEO of Lamborghini, Stefan Domenicali, was present and during his address stressed the fact that, although hybrid and electric power will feature in the future, this will only be to enhance

the power and performance of their existing V10 and V12 engines. In a world of being politically correct and eco-friendly, Lamborghini chooses to fly in the face of all and simply continue on its own wild path.

Looking to the future, Lamborghini plans to double its sales over the next few years with a lot of help from the Urus. Internationally, the launch of the Urus has been so successful that there is already a waiting list in excess of 12 months for orders. Amazingly, 70% of Urus orders so far have been from buyers who are new to the brand.

SA pricing for the Urus starts at R 3,5 mil. 🇿🇦

Use this link to view a video of the Lamborghini Urus: https://www.youtube.com/watch?v=ei_ywAuFfHs





Lake Panic

– jewel of Kruger Park

By James Clarke, Photographs by Mary Broadley



Cautious bushbuck checking for crocodiles.

It is South Africa's most famous bird hide and, in my estimation, the most rewarding hide in Kruger National Park – Lake Panic. It would rate highly among the world's best.

Tens of thousands of pictures of wetland birds published across the world in magazines and books have been taken at Kruger Park's Lake Panic. We were there, again, in August. It was noon and still winter – the worst possible time of day for birding and the worst time of year, too, because 18% of our bird species were still wintering in the north.

We first faced east in the L-shaped hide's interior, looking along the long arm of the lake. In one casual sweep we saw a green heron, a malachite kingfisher (almost within touching distance), a brown-hooded kingfisher successfully fishing, (neither of us had seen this bird fishing before, believing they were insectivores), a jacana, a darter, an unidentified martin,

Return Africa's Pafuri Camp where 2018 BBD Begins.

a grey heron, and cattle egret. For the first time that I recall, there were no thickknees on the nearby bank.

We then moved to face south and saw coot, jacanas, moorhens, the inevitable black crake, pied kingfisher, masked weaver, white-throated swallow and fish eagle flying towards us at 'zero feet'.

A truly massive crocodile lay on the beach – was it the man-killer that killed somebody upstream four years ago at Skukuza Golf Club?

Near the bend, a pod of maybe 25 tightly clustered hippo, with not a centimetre between them, looked like an outcrop of huge boulders.

A variety of mammals come to the dam. There's usually bushbuck. Friends recently saw a leopard. We saw hyena and impala.

About five years ago, I watched a herd of



Elephant outing to Lake Panic - Image: Glenn Havemann

about 20 elephants materialise out of the dense vegetation 70 metres away and then saw how deep Lake Panic was. The adults waded in almost up to the roots of their tails. Then came a baby of a few days old, still hairy and wobbly on its feet, and I wondered how it would manage to cross. No problem. It scrambled up the mountainous rump of its mother to cling with its front feet, while an aunt supported the baby's rear with her trunk.

Lake Panic is a photographer's dream . . . even without a telephoto lens. Waders walk around 2m away. Goliath herons come close, as do night herons.

In 1997 I flew down to Nelspruit with an old friend, Kenneth Newman, whom I'd known from his days as a commercial artist. Sappi, who sponsored the hide, had asked us to do an assessment of it.

Ken was, by then, Africa's best-selling author of bird books including *Birds of the Kruger National Park*, first published in 1987. Noticing the book was 10 years old, I asked Ken, during the flight, if, in those 10 years, any new species had been added to Kruger Park's list. He said: "Surprisingly, no."

We drove through Kruger Gate straight to the hide just 7km short of Skukuza.

It was empty.

Ken was facing east where a dead tree protruded from the water a few metres away when he suddenly exclaimed: "Good Lord! Good Lord!"

I asked what he'd seen. He said: "An hour ago you asked if any bird had been seen that was not in my book. Take a look at that!"

A pair of grey waxbills. They'd been suspected in the park but never confirmed for they are often seen further east in Mozambique and in KwaZulu Natal.

Why the name: Lake Panic? There are several stories but the true one dates back to 1975 when the earthen dam wall was completed across Mafunyana Creek, a kilometre or so from the club. The creek's

name commemorates Louis Steyn, warden of Kruger Park from 1953 to 1961, whose Shangaan nickname was Mafunyana – Shangaan for "one who eats with gusto". The wall had just been completed and the dam was filling nicely when the mother of all tropical thunder storms dumped several million tons of water into the catchment and the river rose within minutes to a height that alarmed everybody – especially those behind the project who were certain the dam would burst. The panic could have been measured on the Richter Scale.

But the dam held.



Talking of birding hotspots, Mary and I spent the annual Birding Big Day (BBD) 2017 at Return Africa's Pafuri Camp in the far Northeast of Kruger Park.

Teams of up to four people, each operating within a 50km radius, can take part.

We were three, including a superb guide, Tristan Phipps, and we chalked up 138 species in just 12 hours, giving in at sunset. The winning team, I seem to recall, saw about 180.

BBD 2018 is on the 24th of November, beginning at midnight on the 23rd. Return Africa has again offered an almost 50 percent reduction to members of BirdLife (contact bbd@birdlife.org.za). The rate is R2 500 a day, pp sharing.

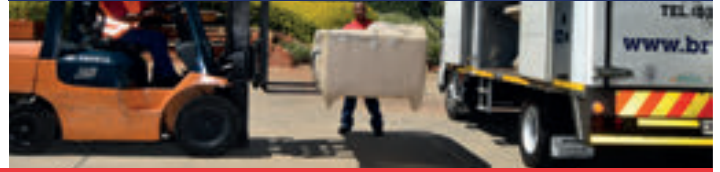


Lazy afternoon on Lake Panic's beach.



**Brytons Removals
of South Africa**

(+27)11 392 3962 | brytons@brytons.co.za
288 Koornhof Rd, Meadowdale Ext 2, Gauteng



Brytons, the Best International Moving Company | www.brytons.co.za

Brytons is part of a large global moving group, who pride themselves in offering only the best local and international relocation services.

RELOCATION SERVICES

Our extensive network of global movers ensures that there is no area we can't relocate you and your family to.

PACKAGING SERVICES

Brytons guarantee that you will have the smoothest transition when moving overseas, our group has been expertly trained to safely pack and transport your valuables.

STORAGE SERVICES

Brytons offer a secure, and purpose-built storage solution.



PROFESSIONAL PAINTING OF

HOMES, BUILDINGS & FACTORIES

ROOFS & WALLS

(INTERIOR & EXTERIOR)

ROOFS, HOMES, BUILDINGS

- **CRACK REPAIRS** • **DAMP PROOFING** • **CEILING REPAIRS** •
- **TREATING OF TIMBER** • **FACIA BOARD REPAIRS** •

PTA: 012 653 7227 - JHB: 011 708 7474



Be Water-Wise


We're heading into the dry months here in Gauteng. With not a rain cloud in sight and temperatures rising dramatically in the coming weeks, it's important to be mindful of how we use water in our homes and gardens. We don't want to land up as dire as Cape Town, do we?

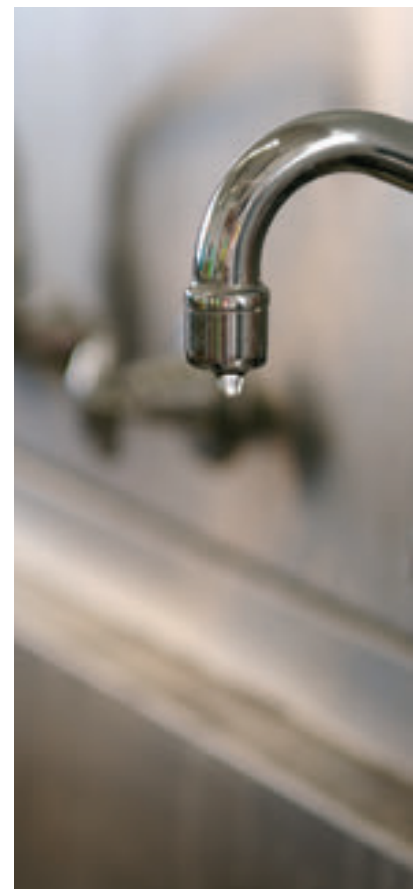
Here are a few tips on how to save water and get the most out the water you're using in your home:

- A running tap can waste 10 litres of water per minute! Be sure to switch off the tap when brushing your teeth and in between soaping and rinsing your hands!
- You could capture a bucket of water for the garden every time you have a shower! When waiting for the temperature to heat up, collect the cold water in the bucket and use it to water your pot plants! Imagine how much water you'll save.
- Check your toilets and taps for water leaks and drips!
- As mentioned before, running taps contribute to water waste! Running the tap to rinse fresh produce can use up

to 10 litres of water per minute! Avoid unnecessary waste by putting a plug in the sink or using a bowl when cleaning fruit and veggies. The water you collect can be used on your garden.

- Plant water-wise plants in your garden. For example, aloes and fleshy plants look lovely and only need occasional watering.
- Get a solid pool cover. This stops evaporation during the summer months and you won't have to top up your pool too often.
- If you have to water your garden, make sure to only water it after 6pm in the evenings and before 6am in the mornings.
- If you can, investigate installing rain water tanks. The water stored in the tanks (if it rains!) can be used to water your vegetable garden, wash your car or wash your dogs. This will save money on municipal water accounts too.
- Don't use a hosepipe to wash your car! Use the water you've collected in your shower bucket or from your rain tanks.

You can make a massive difference to the environment with these small ideas! Start saving water now. 





Water is our most precious natural resource and something that most of us take for granted although we all use it on a daily basis. We are becoming increasingly aware of the importance of water to our survival as well as the decline in water quality and reliability of supply.

Take a look at the advantages of rainwater harvesting and why one should consider it.

What is rainwater harvesting?

Rainwater harvesting is the collection, filtering, storage and distribution of rainwater. It can be used for irrigation, laundry, toilet flushing, pool top-up, wash bays and as an emergency supply of water or a complete off-the grid system. It can be stored in water tanks or reservoirs.



The benefits of rainwater harvesting

- It is an excellent source of water for irrigation
- It is relatively simple to install, depending on the application
- It reduces your water bill
- It supplies water during water outages
- It promotes water and energy conservation
- You have access to adequate water supply when needed
- Water fit for low-grade uses
- Water can be consumed if properly filtered
- It is very cost-effective
- It reduces the need to top-up swimming pools
- The systems are very easy to maintain.

Always remember "Prevention is better than cure".





To beef or not to beef...

By Elizabeth Becker

Vegetarianism is on the increase. Are you willing to give up your steak for the sake of the environment?

With a population of 7.6 billion people that are using up earth's resources quicker than it can be supplied – it is vital for us to strive to be conscious consumers. It is important to explore different aspects in which we can help the environment wherever we can – one of the biggest issues that we can address is the over-consumption of beef.

According to a study by Damian Carrington, published in The Guardian: beef's environmental impact dwarfs that of other meat including chicken and pork, new research reveals, with one expert saying that eating less red meat would be a better way for people to cut carbon emissions than giving up their cars.

The heavy impact on the environment of meat production was known but the research shows a new scale and scope of damage, particularly for beef. The popular red meat requires 28 times more land to produce than pork or chicken, 11 times more water and results in five times more climate-warming emissions. When compared to staples like potatoes, wheat, and rice, the impact of beef per calorie is even more extreme, requiring 160 times more land and producing 11 times more greenhouse gases.

Agriculture is a significant driver of global warming and causes 15% of all emissions, half of which are from livestock. Furthermore, the huge amounts of grain and water needed to raise cattle is a concern to experts worried about feeding an extra 2 billion people by 2050.

"The big story is just how dramatically impactful beef is compared to all the others," said Prof Gidon Eshel, at Bard College in New York state and who led the research on beef's impact. He said cutting subsidies for meat production would be the least controversial way to reduce its consumption. Eshel's team analysed how much land, water and nitrogen fertiliser was needed to raise beef and compared this with poultry, pork, eggs and dairy produce. Beef had a far greater impact than all the others because as ruminants, cattle make far less efficient use of their feed."

Prof Mark Sutton, at the UK's Centre for Ecology and Hydrology, said: "Governments should consider these messages carefully if they want to improve overall production efficiency and reduce the environmental impacts. But the message for the consumer is even stronger. Avoiding excessive meat consumption, especially beef, is good for the environment."

Seeing the alarmingly high environmental impact that beef has, leaves us with a question on how to change our eating habits accordingly. A very popular way in which people have addressed this issue is taking part in Meatless Monday – it is a very

simple way to lessen our environmental impact. Meatless Monday is a global movement with a simple message: one day a week, cut the meat. Meatless Monday is a non-profit initiative of The Monday Campaigns working in collaboration with the Centre for a Liveable Future (CLF) at The Johns Hopkins Bloomberg School of Public Health.





Pink is the new black!

L'ORMARINS BRUT ROSÉ

With shades of pink that match the spectacular African summer sunsets, this delicious sparkling wine from L'Ormarins from Anthonij Rupert Wyne, is the perfect pairing to shellfish...

Most of the soils suitable for farming in the Elandskloof valley are situated on steep slopes. The Altima vineyards – which make up the biggest part of the non-vintage blend soils for the Chardonnay and the Pinot noir – are planted on the following soils: Quartz sandstone, which belongs to the Table Mountain Sandstone group, is found on the higher-lying mountains. Good decomposed shale soils, from the Malmesbury group of soils, are predominant on the farm. These soils usually have dark brown topsoil, with a yellow-brown structure and less sandstone subsoil. They tend to have a high water-retention capacity, are high in organic matter and usually have no chemical limitation, resulting in vigorous growth. Lower in the valley and along the rivers

are dark alluvial soils, which also deliver very vigorous growth. These are not suitable for wine grape production, due to growth being too vigorous, coupled with a high risk of rot. The Pinot noir vineyards trellising system is unique. These are the only high-altitude Pinot noir vineyards in South Africa planted using the posted vine method ("stok by paaltjie"). The Chardonnay vineyards trellising system is vertical shoot positioning.

TASTING NOTES:

Eye-catching faint salmon pink hue. Bubbles rise in a consistent vigorous, lively stream. Gentle berry notes on the nose – strawberry and raspberry with a slight cream and biscuit nuance. The palate is vibrant and lively with crisp berry fruit flavours – raspberries and strawberries that are still a touch tart – but deliciously so. Lovely ruby grapefruit and lime zest flavour balancing the berries. The wine is rounded, fleshy and long with a zippy, well-defined finish.

76% Pinot Noir, 24% Chardonnay
COUNTRY: South Africa
SPECIFICATIONS: 12.50% alc vol
Type: Sparkling Rosé, Sparkling Wine
Cellaring Potential: 5-8 years
Origin: Overberg
Appellation: Elandskloof

Summer time, and the living is easy

Avocado Ritz

Nothing says summer quite like al fresco dining and bubbly. This week's pairing is perfect for early snacking just before the sun goes down... Avocado Ritz makes the perfect companion to a dry, pink bubbly rosé, too.



INGREDIENTS

16 large deveined, unshelled prawns
1 small gem lettuce (quartered)
2 avocados (halved and peeled)
2 limes
Sea salt and freshly ground black pepper,
to taste
Paprika, to taste

For the Marie Rose sauce, mix:

½ cup good-quality mayonnaise
2 T tomato sauce
1 T Worcestershire sauce
1 T lemon juice
1 t creamed horseradish
Sea salt and freshly ground black pepper,
to taste

COOKING INSTRUCTIONS

Steam the prawns in batches for 3 minutes on each side, or until firm. Divide the lettuce between four bowls and add the avocado. Top with the prawns and Marie Rose sauce. Squeeze over a little lime juice and season to taste. Sprinkle over the paprika.



TODAY'S

CHILD

Silver Lakes

COLOUR ME IN



Don't forget to enter! Have your kids colour in the picture, take a picture of it and send it to info@eiapublishing.co.za with "Today's Child" in the subject line. Be sure to include your name, your child's name and age as well as your contact number.

In Hil's Head

I'm a mom to two amazing kids – a 13-year-old daughter and a 15-year-old son. I've been married to my best friend for 17 years and we all live in a big, old house in the 'burbs with our two cats and two dogs. I work full-time in the insurance industry and when I'm not working, wife'ing or mothering, I'm studying towards a degree in marketing. And in the very few spare moments I have left, I blog, take horse riding lessons, run (slowly) and sleep! Please come hang out with me at www.inhilshead.co.za I'd love to have you visit!



#thehonestparentsclub

I'm thinking about creating a new social media space. I am still trying to come up with a catchy name, but the working title is #thehonestparentsclub. In an online world of picture-perfect families with genius kids, who also somehow happen to be future sports stars, I am proposing a safe space to get real.

We are all trying to raise our youngsters to become socially adept, productive members of society and it's a tough world out there! Growing up is hard work and growing them up is hard too. We could all do with a bit of support and to know that we're not alone in the struggle.

There have been times in the last fifteen years of parenting where I have felt completely alone. When my kids have royally screwed up and I felt like I needed to share and get some outside feedback. But hop onto any parenting forum or Facebook page and you will rarely find a parent posting about their child's failings. They're always the victim and never the instigator.

At the end of the school year, social media is almost bursting its virtual seams with #proudparent posts. Awards here and honours blazers there, distinctions are everywhere. Look, I'm not saying don't share the awesome achievements. Share and celebrate folks! You have every reason to be proud.

But having a space to share the darker stuff too would be wonderful. Am I the only parent who has wished I could post

something along the lines of "My kid made it through another school year with absolutely freaking average results and I am actually a bit disappointed"?

In #thehonestparentsclub you will find posts such as "My toddler bit his nap-time buddy!" You can tell us how you felt when you discovered that your kid had vampire tendencies and what you did about it. You might also read "I think my daughter might have mean girl tendencies – what do I do?". If you're stressing about your teenager's burgeoning love life and what is appropriate behaviour for a kid of their age, you're not alone. You're bound to find a post entitled "OMG, my kid has a hickie!" The post about how, after a massive argument about cage cleaning, someone in the family allowed the pet hamster, in his ball, to bounce down a flight of stairs, ending the hamster's life prematurely, might even go viral. And no one will accuse the family of animal cruelty because accidents happen. They will understand that the family was very sad and that they all learned a valuable lesson about

responsible behaviour. There will only be comments of condolence for the hamster and sincere support for the family.

In #thehonestparentsclub, every parenting fail and every moment of dark humour, or despair, is shareable, without fear of comments by the Judgie McJudgies in your social media network. So, what do you think? Will you sign up?

"In #thehonestparents-club you will find posts such as "My toddler bit his nap-time buddy!"

Disclaimer: All the above-mentioned posts are entirely fictional and do not relate in any way, shape or form to my family. We are all super high achievers and all of our departed pets died peacefully of old age. #blessed.



Off to Therapy... What to expect

Dr Ilse Ruane Psychology



Relationships, even psychotherapeutic ones, do not follow prescribed guidelines.

Starting therapy can be a challenging process. The therapeutic relationship is a different kind of connection between two people than most relationships. It requires careful nurturing over time. Quick fixes do exist but they tend to only address the symptoms of the larger issues which resurface time and again until we change how to relate to it.

There are however a couple of important things to know before going into the therapeutic process.

Finding the correct “fit”.

When it comes to finding a therapist, “fit” is tremendously important. It is in your best interest to find a psychologist who can best meet your needs. A good therapist will offer respect, kindness, compassion, and understanding to the people they are working with. So take your time looking through potential therapists before making an appointment. Ask around

and even make a once-off appointment. There is also nothing wrong with going for an initial appointment to get a “feel” of the psychologist and thereafter decide whether or not you feel comfortable committing to a therapeutic process with him/her.

Of course, if you are miserable in the first therapy session, find someone else. Apart from that, you and your psychologist should agree on a time frame. At this point you will discuss whether or not there has been any progress and in general how things are going. If a client is comfortable with me in the first session and wants to return, I tell her/him to come a couple of times, by then we should have a good idea what we will be discussing and how these conversations will proceed. S/he should have a sense of what a session feels like and what will happen, and that the conversations are different from what s/he experiences elsewhere in society. For example conversations with friends are very different from therapeutic conversations.

Commit to the therapy process.

Therapy is aimed at uncovering the issues that require your attention. Most people need more than a few sessions to get to the

root of the issues they are experiencing. While many people I work with do report feeling better after unloading everything in that initial session, this is only the starting point and you need to see the process through. Both time and consistency are necessary to unpack what you are struggling with.

Sporadic therapy sessions probably will not get you the results you are seeking. When you make a commitment to yourself to work through the tough stuff, you are starting yourself off on the right foot. To get an idea of what to expect, you can talk about a timeline with your psychologist.

What does progress look like.

When you first start seeing a psychologist, talk to them about how you will know if you are making progress (in and outside of your sessions). Things to look out for include: changes in how you are feeling, take note of any changes, and ask your therapist if he or she notices anything different (since we do not always see shifts in ourselves). These check-ins will help you stay motivated and develop short-term goals to work towards.

Also remember there might be times when there appears to be no progress



at all. These plateaus are often the best times in the therapeutic process and they require hard work and dedication to push through the barriers that are preventing the progress you are seeking.

Expect to feel uncomfortable at times.

Therapy sessions should feel intriguing. They may also be erratic, inconsistent, and full of resistance that makes you want to quit, but there should also be a sense of something new and interesting happening. You may find yourself getting curious about what is making you think, feel, and act the way you do and how various aspects and events of your life are related in ways you had not considered.

You also want to feel that you are getting to the truth of your role in the problem context; what you feel, how you act, and what you believe. Albeit not something comfortable to hear as it is often very difficult to hear how we contribute to creating our own problem situation.

What you want most from a session is the experience of insight. You will know when it happens. You will find yourself suddenly feeling clearer, more hopeful, more decisive, more energetic, and your symptoms will start to clear up. When you feel the things you have been trying not to feel; when you become aware of things

you have avoided, you feel better and you function better. If this is not happening, ask yourself what your expectations of psychotherapy are and how committed to the therapeutic process you really are. Often clients go through the motions of religiously attending therapy but never honestly surrendering to the therapeutic process and allowing change to happen.

Psychologists do not give advice.

I often get asked "What I should do?" I cannot necessarily tell you what is good for you. Knowing what is best for me in my life, does not mean my way is right for you. Advise is not what psychologists do. Therapists work to help you determine, explore, and understand your own values and beliefs in a way that will help move you forward. While I cannot tell you what to do, I might point out things you may or may not see for yourself in order to help you make the best decision for you. It is not always easy to hear this kind of feedback. But it can be an insightful part of the therapy process.

You can, and should, speak up if you do not agree with your therapist.

Therapy should feel like a safe space where you can say anything. This includes if you do not understand something, if you disagree with something, or if you are fearful of what he or she will say.

If you struggle with conflict avoidance or asserting yourself, this is a great opportunity to practice these skills. It also allows your psychologist to tailor treatment for your specific needs. For example, if you hate journaling and know you will not do it, let them know that before you miss a homework assignment.

The converse is also true. Sometimes we do not like to hear what someone has to say because of the fact that it is spot on or because we are not ready to hear it yet. Bring conversations that sit uncomfortable with you and discuss these with your therapist. However be on the lookout for allowing the opportunity of the discussed item to be revisited at a later stage. It may very well be that in allowing the item to marinate, will lead to great insight later. This is after all the point of going into therapy, to become aware of our blind areas that effect our behaviour, thoughts and relationships.

Do not ghost your therapist when it is not working.

Ghosting happens in relationships, when people just disappear. It also happens in the therapeutic relationship. This is often the most vital time in the therapeutic process, as it may be the point of change.

If you stop attending the therapy sessions, the point of change is lost and ultimately you forfeit some of the amazing work you have done until that stage. Do not give up on the therapeutic process without thoroughly interrogating the situation with your psychologist to see if this is not the point of change you have been working towards.

Stories take time to tell.

Be aware that it can take a long time to tell your story, even if you feel highly motivated to do so. Especially if you have never really told the entire story, warts and all, to someone before. This is more common than we like to admit, but it can be hard to let another person know your secrets. Meanwhile, it may appear to those outside a session that not much is happening and you may honestly be trying to talk, but the story is complex and convoluted. In many instances it may take several telling of the same story for it to be more complete. Therefore it can take a good deal of time to get the 'complete story' across.

Will therapy be easy? No. Will it be worth it? Absolutely!



Dr Ilse Ruane Psychology

- Marital, Couples & Family Therapy
- Counselling Children, Adolescents & Adults
- "Teen" Challenges
- Behavioural & Adjustment Challenges
- Stress-Related Challenges
- Adjustment to Depression & Anxiety
- Subject & Career Counselling
- Psychometric Testing

For an appointment please call
083 376 1995

Fees are charged according to Scale of Benefits

Practice Address: 27 Fish Eagle Street,
Silver Lakes, Pretoria

Pr. Nr. 0860000114022
Reg. No.: PS 0080543

We custom embroid shirts, caps,
jackets, bags and more!

da'Best
Embroidery

072 176 2676

hannelie@dabest.co.za

**Order from us your
Corporate, Safety, Promotional,
Sport and Team Clothing**

www.dabest.co.za



@DaEmbroidery



dabest.embroidery

Silver Woods Office Park



Dr. Marcel C. Niemandt
MBChB (Pret), FCOphth (SA)

OFTALMOLOG / OPHTHALMOLOGIST

DO YOU SUFFER FROM DRY EYES?



E-Eye

Dry Eye syndrome treatment

**The new revolutionary dry eye
treatment is finally here**

* To improve the feeling of dry eyes and meibomian gland dysfunction

* To improve dry eye syndrome treatment using intense regulated pulsed light technology (IRPL)

* Greater patient satisfaction

* Quick, easy and overall less cost than eye drops

* Perfect for all ages struggling with dry eye syndrome

* Fast results with a satisfaction rate of 90% within the first two treatments

* It should be noted that not all dry eye conditions can be treated with the E-Eye and therefore a consultation is needed beforehand to ensure a patient qualifies

CONTACT US NOW TO BOOK YOUR APPOINTMENT!

OFFICE: 012 809 6027

CELL: 078 456 1943

EMAIL: info@drmcniemandt.co.za

WEB: www.drmcniemandt.co.za



AFRICAN PRIDE
IRENE COUNTRY LODGE
IRENE, GAUTENG

AUTOGRAPH COLLECTION
HOTELS

Destination Irene



Now with a new look and feel. Break away from the city life - kick back at Irene Farm and African Pride Irene Country Lodge, AUTOGRAPH COLLECTION®. Both of these venues now boast some great new additions and are definitely worth a visit. Nestled in the historical village of Irene lies the Irene Farm. Those fortunate enough to have already visited will attest to the fact that these gorgeous venues are indeed best described as 'heaven on earth' - a fabulous escape from the hustle and bustle of city life. Irene Farm surely needs no introduction. A fully operational dairy farm since 1895 still owned and operated by the Van der Byl family, making it one of the oldest family-run businesses in South Africa, Irene Farm has never lost its old-world charm and welcomes visitors from near and far.



Tel: 012 667 6464 | Email: lodge@irenecountrylodge.co.za | Address: Nellmapuis Drive, Irene, Pretoria, 0062 | www.irenecountrylodge.co.za

Best Tweets about Marriage on Twitter

After two people have been married for some time, they know each other pretty darn well – their quirks, their triggers, their good habits and their not-so-great ones too. (We're looking at you, husband who never replaces the toilet paper roll.)

But some of those weird or annoying things your spouse does – whether it's screaming at the TV during football season or eating from your secret candy stash - are surprisingly universal.

mark

@TheCatWhisperer

My wife can spot me dropping a single crumb anywhere in our house from 50 feet away but her car looks like a Starbucks exploded inside of it.

2:41 PM - Sep 9, 2018

James Breakwell

@XplodingUnicorn

Wife: I'm behind on my sleep. I need to catch up.

Me: How much more do you need?

Wife: Just a year. Maybe two.

2:50 PM - Jul 17, 2018

Dad and Buried

@DadandBuried

No thanks, THIS IS US. If I wanted my wife to cry before going to bed, I'd remind her that she forgot to make the kids' lunches.

3:38 AM - Sep 7, 2018

karanbir singh

@karanbirtinna

Before getting married, I didn't know there's a wrong way to breathe.

4:48 AM - Jul 31, 2018

Lady Lawya

@Parkerlawyer

Me, "There's a warning light on in my car."

Husband, "What does it say?"

Me, "It's just a picture of an oblong thing."

H, "The engine?"

Me, "It looks more like a submarine."

H, "WHY WOULD THERE BE A SUBMARINE WARNING?"

Me, "Exactly what I thought. We are so connected."

8:16 PM - Sep 1, 2018

Boyd's Backyard™

@TheBoydP

What's it called when you agree to do something your wife asks you to do but still get in trouble for making the wrong facial expression when you agree to do it?

12:54 AM - Sep 3, 2018



Robert Knop

@FatherWithTwins

"Look, I'm wearing a shirt without holes in it"

- Me, trying to impress my wife

2:26 AM - Aug 30, 2018

Joel

@joeljeffrey

Dating: I would climb the highest mountain for you, swim the deepest ocean, etc..

Married: I love you, but not enough to change the toilet paper roll.

11:36 PM - Aug 20, 2018

Valerie

@ValeeGrrl

Husband finished lecturing the kids about keeping their windows shut cuz the AC was on and his cargo shorts sprouted 4 new pockets

1:48 PM - Sep 7, 2018

andrew

@AndrewChamings

wife: [watching the news] some idiot tried to fight a squid at the aquarium

me: [covered in ink] maybe the squid was being a d**k

1:05 AM - Aug 31, 2018

Jo

@Just_J0

Alexa, why does my husband ask me questions he could just ask you instead?

1:28 PM - Aug 21, 2018

Kent Graham

@KentWGraham

I told my wife I saw a huge spider crawl into our basement pantry so my secret stash of Twix should safe for a couple weeks.

12:13 PM - Sep 1, 2018

Lurkin' Mom

@LurkAtHomeMom

My husband claims I'm driving him to an early grave, which is clearly ridiculous because nobody has ever been early to anything I've driven them to.

4:25 AM - Sep 7, 2018

Simon Holland

@simoncholland

You'd think for \$40 they'd be able to cut anything but apparently my wife's expensive craft scissors are not for opening ice pops.

3:11 AM - Sep 5, 2018

Jon

@ArfMeasures

[After my wife ate my bag of M&Ms I was saving for later]

Wife: You're being so over-dramatic

Me *texting her back from motel room* am I

2:40 PM - Jul 23, 2018

TOP 10 TRAVEL DEALS



1 **Coral Lodge offer from Mozambique GSA.** Rates from R25 090 per person sharing. Offer includes return flights departing from Johannesburg, approximate taxes, return transfers, five nights' accommodation at the Coral Lodge with breakfast, lunch, dinner and selected drinks daily, snorkelling in the lagoon and more. Valid until 15 December 2018. For more information visit www.mozambiqueislands.com; email: info@mozambiqueislands.com or contact them on 083 299 4321.

2 **Vic Falls offer from Air Holidays.** Rates from R9 190 per person sharing. Offer includes return flights departing from Johannesburg, return transfers, three nights' accommodation with breakfast and dinner daily, guided

tour of the Falls and more. Offer excludes taxes of approximately R4 905 per person sharing. For more information visit www.airholidays.co.za; email: reservations@airholidays.co.za or contact them on 011 803 8223/4.

3 **Couples getaway at Protea Hotel by Marriott Cape Town Tyger Valley.** Rates from R1 350 per night. Offer includes one nights' accommodation with breakfast and sparkling wine upon arrival. Valid until 7 December 2018. Offer excludes flights and taxes. For more information visit www.marriott.com or contact them on 021 913 2000.

4 **Arusha Day Trip Arusha National Park offer from Ventures into Africa.** (Tanzania) Rates from R3 796 per

person. Explore Arusha National Park there are several alkaline lakes and the spectacular Ngurdoto Crater, a variety of animals to see. Hiking is allowed if accompanied by an armed guard and often gives the best views of Mount Kilimanjaro. Offer excludes flights and taxes. Valid until 30 November 2018. For more information visit www.venturesintoafrica.co.za; email: info@venturesintoafrica.co.za or contact them on 11 789 1681.

5 **Luxury offer from African Pride Melrose Arch, Autograph Collection.** Rates from R1 050 per night including one nights' accommodation and champagne breakfast. Valid until 22 February 2019. For more information visit www.marriott.com or contact them on 011 214 6666.



2



9

6 Last minute Asia offer with Discover the World. Rates from R26 999 per person sharing. Offer includes return flights departing from Johannesburg, approximate taxes, return transfers, twelve nights' accommodation, all meals and entertainment. Visit Bangkok, Kota Kinabalu, Nha Trang, Ho Chi Minh City, Bangkok and Koh Samui. Set departure date 8 December 2018. For more information visit www.discovertheworld.com; email: jnb@discovertheworld.co.za or contact them on 011 463 5251.

7 South Coast Reunion December beach stay offer from Travel 2 Reunion. Rates from R17 650 per person sharing. Offer includes return flights, approximate taxes, return transfers, five days car hire and seven nights' accommodation at the three-star Floralys with breakfast daily. Set travel date 9 – 16 December 2018. For more information visit travel2reunion.co.za; email: info@travel2reunion.co.za or contact them on 072 352 6830.

8 Britain & Ireland winter delight offer from Costsaver Holidays. Rates from R11 900 per person sharing. Offer includes seven nights' accommodation, breakfast daily, two dinners, transport between destinations and sightseeing. Visit Bath, Stratford-Upon-Avon, Windsor, York, Belfast, Cardiff. Dublin, Edinburgh, Glasgow, Kilkenny and Waterford. Offer excludes flights and taxes. Valid between November – March 2019. For more information visit www.costsavertour.com or contact them on 011 280 8440.

9 Best of Vietnam offer from Perfect Destinations. Rates from R19 790 per person sharing. Offer includes return flights departing from Johannesburg, approximate taxes, return transfers, two nights at the four-star Silk Luxury Hotel Hoi A, Tour of Tra Que Village, four nights at the four-star Eldora Hotel Hue, Hue Savours tour and twilight foodie tour. Valid between 12 February – 27 April 2019. For more information visit www.perfectdestinations.co.za;

email: info@perfectdestinations.co.za or contact them on 021 250 0752.

10 Finnish Wilderness Week tour from Earth Wanderer. Rates from R25 660 per person sharing. Offer includes seven nights' accommodation, breakfast daily, five lunches, seven dinners, local transport, tour leader throughout and specialist equipment. Offer excludes flights and taxes. Valid until December 2019. For more information visit www.earthwanderer.co.za; email: info@earthwanderer.co.za or contact them on 074 340 4587.

Let's go

LET'S GO is your online guide to South Africa's hottest events, attractions and travels. Visit www.letsgo.co.za

DISCLAIMER: Whilst Let's go takes reasonable measures to ensure that the content of the website is accurate and complete, Let's go makes no representations or warranties, whether expressed or implied, as to the quality, timeliness, operation, integrity, availability or functionality of the website or as to the accuracy, completeness or reliability of any information on the website. All prices, availability and terms should be checked with the sales agent for the relevant listing.





Nine ways to master French provincial style in your home

1. Think Paris

"Channel Parisian elegance with chairs, lounges and tables that feature cabriole legs or gracefully scalloped curves which will enhance quiet sophistication of a French home."

2. Add intrigue

"For the boudoir, add a layer of interest and design intrigue with natural linen buttoned bedheads. Tufted furniture with button detailing is a definitive feature of French provincial style, adding old world charm."

3. Texture from the ground up

"Introduce thickly woven rugs, like a sisal rug in your living room which frames your French Provincial space. Alternatively, choose light colours on the floor to allow for a feeling of space."

4. Velvet state of mind

"Lush and practical, add a touch of theatre by incorporating decadent velvet with a modern-day frame of mind."



5. Get the French colour-palette down pat

"Select a decadent muted colour palette of creamy whites, dove greys and ivory with splashes of duck egg blue and soft green."

6. Fresh flowers are key

"Get the look of a country farmhouse and keep flower arrangements unstructured as though they have 'just been picked', mix checks and floral fabrics and, for the final touch, add a collection of baskets."



7. Make it personal

"Step back in time and scatter antiques, memorabilia and family heirlooms throughout the home."

8. Linen, linen, linen

"Linen is one of the primary fabrics you'll find in a French provincial design and gives a room with an otherwise simple aesthetic a feeling of rich texture."

9. Stick to the theme

"The heart of French provincial decorating is the distinct look of furniture used to create that laid-back country feel, white-washed surfaces and natural oak with distressed textures deliver the ideal balance of shabby and chic in this interior styling theme."





Fair Game

By David Fleminger

Fair Game is the story of the hidden history and heritage of the Kruger National Park. It's an engrossing and little-known tale filled with boisterous personalities, twists of fate, unlikely heroes, stubborn perseverance, greedy villains and (luckily)

a very happy ending. So, prepare yourself for a grand historical safari as we recount the unlikely tale of an unwanted wasteland that grew into the one of the greatest game reserves in the world.

Price: R250.00

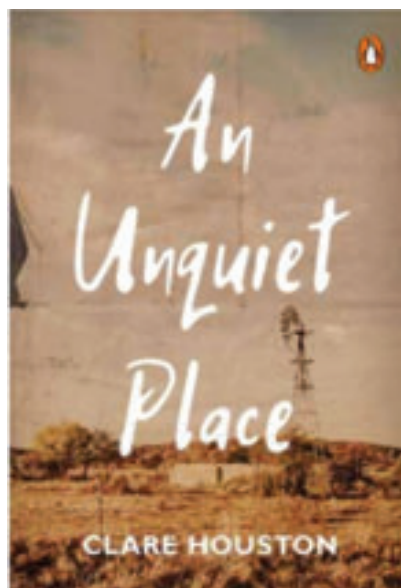
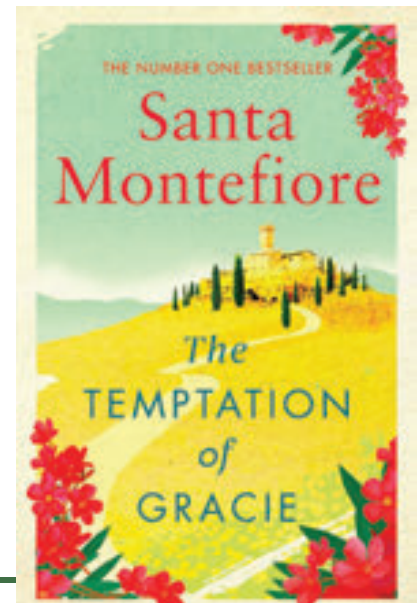
The Temptation of Gracie

By Santa Montefiore

Never give up on your dreams, no matter how long you hold on to them... When Gracie Burton stumbles upon an advertisement for a week-long cookery course in the heart of the Tuscan countryside, she cannot resist, and ploughs her life savings into the trip. Her only family – daughter Carina and granddaughter Anastasia – are hesitant about what has prompted this seemingly random venture. But they have no sense

of Gracie's past; of what could possibly be calling her to Italy. They have no idea that Gracie is harbouring the secret of an extraordinary life that preceded them... Bestselling author, Santa Montefiore, returns with an unforgettable tale of love lost and rediscovered, set across the beautiful landscape of Italy.

Price: R335.00



An Unquiet Place

By Clare Houston

Hannah Harrison escapes her stalled life in Cape Town for a small-town bookshop in the Free State. A Concentration Camp journal from the South African War, found in a dusty box of old stock, reveals the life of Rachel Badenhorst, a young girl separated from her family and enduring the crushing hardship of war. Hannah becomes obsessed with finding out what happened to Rachel.

Coveting the young girl's courage and endurance, she is compelled to uncover Rachel's story, never thinking it will lead her to pick open the wounds of a local farmer and dig up old tragedies, unearthing grief that even the land has held on to for over a century.

Price: R260.00



I'M A PSYCHIATRIST, LET ME THROUGH!

By James Clarke

In his autobiography *Youth*, JM Coetzee asserted that happy people are not interesting.

"Better to accept the burden of unhappiness and try to turn it into something worthwhile, poetry, or music, or painting," wrote Coetzee.

I have tried all three in my lifetime – as well as trying my hand at other things such as collecting pictures of Hillary Clinton and growing spinach. None has made me happy, so I am not sure if it was working for me.

There was a Muscovite (which I thought was a kind of duck until I discovered it was somebody who lived in Moscow) named Reuben Vardanian, a psychologist, who famously stated that money is not the source of happiness. He said, "Whether you have \$20 million or \$55 million makes no difference to your level of happiness".

I am sure this is true. I would be happy with a mere \$20 million. And I would certainly be more interesting. I'd even be happy with \$10 million. Even \$5 million come to think of it – or even \$1 million.

Yes, I accept: happiness does not move up and down with one's bank balance.

Years ago I reported on a lecture by the Liverpool University psychologist, David Bentall, in which he said very happy people suffer a form of mental instability that distorts their view of the world. Really happy people, he said, might sometimes be mentally ill but they would be "unlikely to seek treatment."

Lolly Brower, a retired Johannesburg librarian, telephoned me after reading of Bentall's theory in my newspaper column. "I am worried," she said with a little laugh that was immediately indicative of her condition. "Most of the time I am a happy person but now you tell me it's a form of insanity. What am I to do?"

First, I said, she must not believe everything she reads in the newspaper (outside of my own column that is).

Second, she must keep her happiness to herself. Many people might feel insecure at the thought of there being a happy person freely roaming the neighbourhood.

Third, she must seek professional help.

Lolly then asked, "What would the treatment do?"

It would, I told her, make her unhappy like the rest of us.

"But that's absurd," she said with a slightly louder laugh. I could now hear hisses in the background, presumably from people trying to doze in the library's reference section. They were no doubt pointing vigorously at the SILENCE and STILTE signs.

"You mean I would have to pay good money to a specialist until, eventually, I'm thoroughly depressed?"

"No," I said, "not thoroughly depressed. Just miserable. It's so easy. Think of it, there's so much to be unhappy about. There's the petrol price and the price of cheese; there's VAT; our politicians; Zimbabwe; government corruption; Eskom; crime; the constant din of taxis crashing. . ."

"Being normal doesn't necessarily rule out the occasional smile," I said. "But avoid actually laughing because, when you come to consider the state of the country, you could easily become hysterical and have to go around asking people to slap your face."

Too late. I could hear Lolly's laugh hitting high C. Above her shrieks and sobs I could hear people shouting "Silence! Stilte!" and "I'm a psychiatrist, let me through," and "What book is she reading? Because I want it next!"



Domestics, Housekeepers & Childminders

Blessing is well-spoken and English speaking. She is hardworking, reliable, trustworthy and very respectful. She has been working for the past 2.5 years. She works independently and does not need supervision. She is looking for work on Wednesdays and Fridays. Contact Blessing on 061 933 0683.

Chipo is looking for housekeeping/childminding work. Live in or live out. She is professional, punctual and is very adept at her duties as a housekeeper. She is fantastic with children- she is our little one's best friend and easily the best minder we've had. We would happily keep her on if we were not leaving the country and I cannot recommend her enough! She comes with excellent references. Contact Chipo on 073 653 8462. For a reference contact Zane on 076 725 7248.

Joyce is opsoek na huis skoonmaak werk Maandae tot Vrydae. Sy kan ook goed styk. Joyce kan Afrikaans en Engels praat. Sy sal graag in die Silver Lakes omgewing wil werk. Sy het 'n netjiese en aangename persoonlikheid en is baie hardwerkend. Salaris verwagting is R3200 per maand. Sy het ook 'n volledige CV wat haar vorige werksondervinding aandui. Kontak Joyce op 082 211 4390.

My domestic worker is currently working for me on Mondays and Thursdays, and on Tuesdays and Fridays for another Silver Lakes resident. She is looking for work on Wednesday as well. Samariah is an incredible worker; she works independently and uses her own initiative to complete tasks. She already has access to Silver Lakes from Monday to Friday and uses the shuttle. Contact Melissa on 083 278 0069.

Our domestic worker Makhosazana is looking for piece jobs on certain days. She is a hard worker and has 8 years experience. She is very reliable, a quiet person and very diligent in what she does. She is honest and can do almost everything related to house chores. She is good with children and always willing to help. Due to our financial constraints we can't afford to keep her. Contact Makhosazana on 076 709 0880/073 554 6326. For a reference contact Thando Modisha on 083 339 5108.

Patricia is looking for a domestic work three days a week. She is flexible and quick to pick-up a new skills. She has proven to be reliable and trustworthy. Contact Patricia on 072 085 9018. For a reference contact Riana on 082 822 6101.

Portia is looking for full-time domestic work, Monday to Friday sleep-in. She has been working for 3 years as a domestic worker. She is extremely hard working and trustworthy and good with kids. Contact Portia on 079 390 5367. For a reference contact Rebecca on 078 882 6699.

Salome is looking for a job as a domestic worker for three days a week. She has worked for 4 years as domestic worker. She is hardworking and trustworthy. Contact Thembi on 079 332 2266. For a reference contact Sikney on 072 1827 453.

Veronica is looking for work on a Tuesday and a Saturday. She is currently working in Silver Lakes on Monday, Wednesday, Thursday and Friday with references available on request. She is English-speaking, very hardworking, friendly and always reliable. Contact Veronica on 083 898 0227.

Gardeners

Aliase Phiri is energetic and a hard worker who can do garden work, domestic work as well as general painting and small jobs around the house and garden. He is looking for work on any weekday except Thursday. He can be contacted on 073 813 2328. For a reference contact Raymond Owen on 082 451 6380.

Alfred is looking for gardening work 3 times a week. He is reliable and a hard worker. Contact Alfred on 071 353 5277.

Eric is looking for garden work for 1 or 2 days a week. He has worked for me for more than 2 years. Contact Eric on 072 181 5984. For a reference contact Loraine Laesecke on 083 256 9350.

Lackson is looking for gardening work on a Monday, Thursday or Friday. He is hardworking and reliable Contact Lackson at 074 519 4051.

Pleasure Seroka is looking for additional garden work in the Estate or immediate environs. He has been working for us for multiple years - a hard worker, very trustworthy and reliable. Our garden has also won a category award in the past thanks to his good maintenance and garden manicure work. He is available on Mondays, Wednesdays and Fridays. He is also able to do some handyman work like painting and basic household electrical work. Contact Pleasure on 066 239 7906. For a reference contact André on 082 555 2424.

House & Pet Sitting

I am available to look after your beloved pets when you go on holiday. I am also a dog owner and I know how special our pets are to us. I stay in Silver Lakes. References are available upon request. Feel free to contact Helen on 082 552 3418.

For peace of mind whilst away from home contact Deon van den Berg on 084 084 0370. I am currently studying towards my BCom Honours Degree in Business Management at the University of Pretoria. I am very reliable, responsible, honest and friendly. References are available upon request.

For Sale

Proteus PMR-3000 Rower. Excellent condition
Antique Brass bed for sale
Contact Pieter Botha on 082 449 1339.

If you would like to advertise in the Silver Lakes Intra Muros Classifieds section, please email Nicole at nicoleh@nowmedia.co.za by the 15th of every month. The Classifieds section is only available to Silver Lakes residents and there is no charge for residents of Silver Lakes to advertise here. Please include your Silver Lakes stand number and contact details for references.

This Classifieds section is not for the use of businesses. If you would like to advertise your business in the Silver Lakes Intra Muros magazine, please email Martin Fourie at martin@eiapublishing.co.za.

All Classified advertisements will be removed monthly. Please inform us by email before the 15th of every month if you would like to repeat your previous advert.

Services Offered

Accurate and professional typing - If you have anything that you don't have time for (be it once-off or maybe regular reports/ minutes/theses, doctorates or whatever! -- including dictaphone typing), let me help out. Contact Babsie on 082 870 7093 or babsie.botha@gmail.com. I live in Silver Lakes.

Driver - Our driver is looking for work, he has a code 10 licence and he knows Pretoria and Johannesburg in and out. He is punctual, reliable and can also help with minor electrical and car mechanical work. His name is Thabo and he can be contacted on 082 088 8280/ 071 773 7345.

FTTV Services - Get a professional assessment on your internet, cctv ,Wi-fi, Dstv, Audio, Video, Home Theatre system. For best workmanship and reliability Call Now 083 654 0634 or 012 996 1947.

Handyman - Are you too busy or need a small job done in Silver Lakes, please call us. Anything from changing a light bulb or lock to painting, waterproofing, tiling, paving, ceilings, cornice, dry walling small brick work and plaster, almost anything. Call Johan on 082 4110451 or Protus on 061 0291 850.

Furniture Repairs - Lounge suits, seats, backs, arms, chairs, tables, riempies, cabinet doors and drawers. Contact Fien on 074 899 6600.

Shortening of pants, seams etc. Interested in sewing lessons. Contact Petra at 084 504 3464.

Do you need help with Tree Felling, Garden refuse removal or painting? Contact Reggie on 079 600 6525. For a reference contact 082 854 3074.

Painting & Waterproofing - Frans is an excellent painter and waterproofing specialist. Contact Frans on 084 677 3186. For a reference contact Allan on 082 378 4962.

Weight Control Clinic - (Dr Gauchè since 1974) Dr Arien & Anri van Rooyen. Contact - 0123622422

426 Cliffendale Dr, Faerie Glen
www.DrArien.co.za / info@DrArien.co.za





100% CERTIFIED TRUE ORGANIC PRODUCTS

- Grow & Wholesale
- Seasonal Vegetables
- Clean Weekly Delivery
- Completely Free of Chemicals
- **ANTI-SPRAYS**

• Free of All Pesticides, Herbicides, Fungicides, GMO's, Steroids
• Save on health bills by eating REAL, FRESH & NUTRITIOUS FOOD!
• Care about your family's well-being, and make the smart choice for a healthy tomorrow!
• Limited Supply, Don't miss out!

CONTACT US NOW TO PLACE YOUR ORDER
Call: 066 321 3833
Join us on Facebook: For Goodness Sake

FIT PIT
FIT FOR ALL

YOUR ULTIMATE TRAINING FACILITY IN PRETORIA EAST!

USE THE CODE WORD "FORFITSAKES" TO GET YOUR FREE SESSION AT FIT PIT

KICKBOXING | KIDS & CARBIO | ANTI-BULLYING | PILATES
CROSSFIT | MMA | SPINNING | DANCEFIT | SELF-DEFENCE

012 111 0704 | WWW.FITPIT.CO.ZA | SALES@FITPIT.CO.ZA

C/O SOLOMON MHLANGU & BENDISIAN RD, SILVERLAKES




McTaggart Incorporated
Attorneys and Estate Agents
KELLY MCTAGGART LLB(UP)
Director and Estate Agent

Tel: 079 873 4021
kelly@mctaggartinc.com

9B Norman Street
Silver Lakes
Pretoria

Areas of Speciality:
Commercial Law • Company Law
Contracts • Environmental Law
Evictions • Litigation
PAIA & POPI Compliance
Trusts • Wills

HOUSE SITTING / PET SITTING

Going away for a few days or on holiday? Are you concerned about the well-being of your beloved pets, the pool, the garden and the security of your home?

We are a retired couple with years of pet sitting experience that can resolve that concern and give you peace of mind by providing a home and pet sitting service in your home.





Deldre - 082 335 5096
Henry - 082 565 9317
deldredevine89@gmail.com
Contactable references available

FAIRWAYS REALTY

Resident estate agent for your buying and rental needs.

www.fairwaysrealty.co.za

mvr@fairwaysrealty.co.za

082 566 7332

012 809 2080



GUITAR, BASS, PIANO & DRUM LESSONS IN SILVER LAKES

- All Styles
- All Ages
- >20yrs Exp
- Energetic & Fun
- I will really help you!

Please call Joel on **082 462 9620**

ALL FORMATS
20 years experience
Perfect Job Every Time!!

VIDEO to DVD
0790377530

The Persian Carpet Cleaner

We repair Persian & Oriental rugs

I come personally to collect and deliver your Persians while offering you my knowledge and safeguarding your belongings
Tel Mike: 012 993 2854

Call today for our new Discount Prices



Quality service you can trust!

Talladega Auto Clinic
Six Fountains Adventure Centre
cnr Etienne & Bendeman Blvd
Six Fountains, Ext 6, Pretoria East
Tel: 012 809 4472 / 4469
Email: service@talladega.co.za

For everything your car needs.



home is where your story begins

specialists in the sale of luxury homes

redtable properties

www.redtableproperties.co.za
kobus@redtableproperties.co.za
082 903 9208 or 012 809 2341



Colon Hydrotherapy is a gentle way of cleaning your colon and reactivating its natural movement. This in return will help your body get rid of those toxins that have built up over time. It is a natural safe procedure that has been utilized since ancient times and over centuries.

Call Jeanette: 082 564 2526

jeanette@colonh2o.co.za
www.colonh2o.co.za

9 Nicklaus Street
Silver Lakes Golf Estate, 0081

CORPORATESHUTTLE
Professional. Punctual. Personal.

0861 50 60 88 / 082 450 6088

• Airport • Functions • Private • Events and more!

info@corporateshuttle.co.za www.facebook.com/corporateshuttle
www.corporateshuttle.co.za

We specialise in:

- Landscaping • Irrigation

Email: innolandscaping@yahoo.com
INNOLANDSCAPING
Cell: 083 795 7499

- Koi ponds • Water features • Building of walls • Painting • Electrical maintenance • Garden refuse and building rubble removal

PretoriaSmile Orthodontics

Dr. Enad Ghabrial
BScDent, MScDent (Orthodontics), MScDent (Dent. Clin. Res.), MScDent (Dent. Clin. Res.)
Member of Pretoria, Midva, and J. K. Smith

20 Years in Orthodontics

Queenswood Practice
208 Shilling St., Queenswood, 0196
Tel: (012) 333 2224/6

Pretoria East Practice
77 Lombardy Business Park, 5th Graham & Cote Rd., Silver Lakes, 0081
Tel: (012) 809 1911



FASHIONABLY
YOURS

woodlands

www.woodlandsboulevard.co.za



TEAM
Marieth

We SELL Silver Lakes Golf Estate

Your
BIGGEST
asset

Our
HIGHEST
priority



Marieth Kloppers

082 820 5549

076 150 8752

marieth@remaxinfo.co.za

Donavan van Rooyen

082 384 4858

donavan@remaxinfo.co.za



RE/MAX INFOGLOBE

#teammarieth #remaxinfoglobe #mariethkloppers

477 Mendelssohn Street, Constantia Park, 0181 | Office: 086 12 REMAX (73629)
www.remax.co.za | www.mariethkloppers.co.za

Each Office Independently Owned and Operated