

WELLNESS CENTRE

TREATMENT MENU

GLORIOUS MASSAGE COLLECTION

FULL BODY SWEDISH MASSAGE

Enjoy a soul reviving full body massage designed to enhance, relax and restore the body.

R720

FULL BODY DEEP TISSUE MASSAGE

This specialised massage focuses on the deeper layers of muscle tissue. It releases Tension, removes toxins, while relaxing and soothing the muscle.

R765

RELAXING BACK, NECK & SHOULDER MASSAGE

A combination of massage techniques to ease back ache and relieve muscular tension, while the gentle flowing movements help to calm, relax and soothe the senses.

R495

DEEP TISSUE BACK, NECK & SHOULDER MASSAGE

A massage focused on the deeper layers of muscle tissue which releases tension, removes toxins, while relaxing and soothing the muscles.

R595

KAROO NECK, FACIAL & SCALP MASSAGE

Deep relaxing face and head massage to de-stress mind and scalp.

R495

GLORIOUS MASSAGE COLLECTION

BACK CLEANSE

Pamper your back with an exfoliation and deep pore steam cleanse, followed by a relaxing back, neck and shoulder massage.

R560

BODY COLLECTION

SALT GLOW

Perfect for the summer, this treatment includes a full body exfoliation to get rid of those winter layers your skin has built up. Followed by a moisturizing full body massage, leaving you with a summer glow.

R1040

COUPLES MASSAGE COLLECTION

Enjoy a couple's massage of your choice with your loved one or friend in the exclusive multiple treatment facility

COUPLES RELAXING BACK NECK & SHOULDER

R900

COUPLES SWEDISH MASSAGE

R1380

EXPRESS COLLECTION

- Head & Shoulder Massage
- Karoo Foot & Leg Massage
- Hand & Foot Massage
- Foot Soak & Massage
- Karoo Scalp Massage
- Express Manicure
- Express Facial

30 MINUTES AT R300 PER TREATMENT

DEEP TISSUE BACK, NECK & SHOULDER MASSAGE

A massage focused on the deeper layers of muscle tissue which releases tension, removes toxins, while relaxing and soothing the muscles.

R595



FACIAL COLLECTION

ANTI-AGING FACIAL

This rich rejuvenating facial will reduce the signs of ageing by regenerating the skins natural collagen and elasticity. The healing active ingredients also help retard the signs of ageing.

R780

DEEP CLEANSING FACIAL

A clarifying facial for oily/problematic skin using a special brush to rid the skin of oil and impurities, followed by a lymph drainage massage

R755

ADD ON

- Lash Tint **R100**
- Brow Tint & Shape **R130**
- Lash & Brow Tint & Shape **R150**

TEEN & KIDS COLLECTION

JUNIOR FACIAL

A clarifying, express facial to refresh and cleanse the skin from any impurities.

R330

GROWING PAINS MASSAGE

School and sports just take it out of kids these days, so here is a great way to put a little relaxation back in. For a special treat, or for sore, stiff muscles, this one will get them going again.

R375

EVERGREEN SPECIAL

- For guests 65 years of age and older
- Book any treatment and receive a complementary Scalp Massage.
- Complementary vouchers do not apply.

HAND AND FOOT COLLECTION

CLASSIC MANICURE

R420

LEGACY MANICURE

R495

CLASSIC PEDICURE

R450

LEGACY PEDICURE

R560

Includes a moisturizing paraffin wax dip

KAROO FOOT RITUAL

R360

Enjoy a relaxing foot soak followed by an exfoliation, revitalizing foot mask and massage.

ADD ON

Nail Shape & Paint

R110

FEET & HANDS

- Teen Manicure **R250**
- Teen Pedicure **R300**
- Shape & Colour Varnish **R70**

SPA ESSENTIALS

- **Spa Facilities:** Kuzuko Wellness Centre offers packages and programs to all guests. Keeping the atmosphere peaceful is of utmost importance therefore we request that all cell phones need to be on silent.
- **Punctuality:** Guests are requested to arrive 10 minutes prior to their treatment, in order to complete a consultation card. Please alert your therapist of any medical conditions or allergies you may suffer from.
- **Safety:** Please ensure all valuables are locked away in your Safe in the room.
- **Disclaimer:** Any person entering the Spa facilities does so entirely at their own risk and agrees that Kuzuko Lodge (therapists and management) shall not be held liable for any loss, injury, damage and/or compensation of any nature.
- **Spa Treatments:** All treatments are subject to therapist availability. Prices are subject to change without notice and are inclusive of VAT.

WELLNESS RETAIL PRODUCTS

ALCARE ALOE

With Alcare Aloe, we offer you a range of wellness products. These products harness the powerful properties from the Aloe ferox succulent. These products contain the best of what nature has to offer and up to 80% of the active ingredients present originates from the gel found in the Aloe ferox.

ALOFÉ

Alofé is a skin care brand developed and manufactured in South Africa and contains mostly natural ingredients. The ingredients within all Alofé products will noticeably increase your skins elasticity therefore making your skin look and feel healthier.

WILLA KRAUSE SKINCARE

Willa Krause Skin is research based, result orientated skin care with active ingredients, formulated in South Africa specifically with the Southern African climate in mind.

